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NEW this week

THE PLOT AGAINST AMERICA
A powerful drama imagines a fascist US

NEW this week

CURSED
The King Arthur legend retold

BRITISH DRAMA PREVIEW

Keeley Hawes in Honour heads our line-up of great new shows

JAMES NESBITT
Bloodlands

RUSSELL TOVEY
The Sister

DAVID TENNANT
Des

HotList This week's 28

Saturday 11

Athletics: Inspiration Games

***ATHLETICS** BBC1 HD, 1.15pm*

Highlights of a competition between Europe, the USA and the Rest of the World. Scotland's Laura Muir was among the athletes expected to compete.

The Voice Kids

***ENTERTAINMENT** ITV HD, 7.25pm*

Paloma Faith takes over from Jessie J in the red chair as she joins will.i.am, Pixie Lott and Danny Jones in the hunt for the next big child star. Will she be impressed? *See feature, page 11*

Natalie Wood: What Remains Behind

***DOCUMENTARY** Sky Documentaries HD, 9pm*

A profile of actor Natalie Wood – who tragically died aged just 43 – told through home movies, photographs and diaries.

The Queen: Duty Before Family?

***DOCUMENTARY** Channel 5 HD, 9.15pm*

A new documentary examines how the Queen has dealt with family crises during her reign, including the death of Diana and Prince Andrew's recent troubles.

■ Full listings start on **p35**

Sunday 12

F1: Styrian GP

***MOTORSPORT** Sky Sports F1 HD, race starts 2.10pm*

Formula One is at the Red Bull Ring in Austria for the second of its back-to-back races. Max Verstappen has a great record at this circuit. *See sport, page 28*

Premier League

***FOOTBALL** Sky Sports Main Event HD & Premier League HD, kick-off 4.30pm*

José Mourinho's Tottenham Hotspur take on Mikel Arteta's north London rivals Arsenal in the pick of this weekend's Premier League games.

One Day: Sport's Super Sunday

***DOCUMENTARY** BBC2 HD, 8.30pm*

Looking back at 14 July last year, when England's cricketers beat New Zealand to lift the World Cup, and Novak Djokovic won Wimbledon after five hours of tennis.

Misadventures from My Sofa

***TRAVELOGUE** BBC2 HD, 9pm*

Romesh Ranganathan relives some of his *Misadventures* in Zimbabwe, Bosnia and the Sahara, catching up with his co-hosts to share experiences.

■ Full listings start on **p45**

Monday 13

Unraveling Athena

***DOCUMENTARY** Amazon Prime Video*

A new documentary explores the lives of tennis' greatest women players, with contributions from Billie Jean King, Chris Evert, Martina Navratilova, Martina Hingis and Victoria Azarenka.

University Challenge

***QUIZ SHOW** BBC2 HD, 8.30pm*

Jeremy Paxman hosts a new series of the student quiz – the 27th since its return in 1994 – with the University of Glasgow taking on the University of Exeter in the opening round.

Miracle Workers

***COMEDY** Sky Comedy HD, 9pm*

EDITOR'S CHOICE Daniel Radcliffe returns for a new series, now in medieval times. All 10 eps will be on Sky Box Sets/NOW TV from Mon 13 July. *See feature, page 8*

Once Upon a Time in Iraq

***DOCUMENTARY** BBC2 HD, 9pm*

A new series looks at the gamble taken by Britain and America in invading Iraq. Here, Iraqi families, US and British soldiers, and families who lost loved ones tell their stories. *See documentaries, page 20*

■ Full listings start on **p55**

Tuesday 14

Amazing Hotels: Life Beyond the Lobby

***DOCUMENTARY** BBC2 HD, 8.30pm*

Monica Galetti and Giles Coren join staff working in some of the most unusual hotels around the world, starting in the Chinese gambling capital of Macau.

Lost on Everest

***DOCUMENTARY** National Geographic HD, 9pm*

The story of an expedition to locate the body of mountaineer Andrew Irvine, who died on Everest in 1924. *See documentaries, page 21*

The Plot Against America

***DRAMA** Sky Atlantic HD, 9pm & 10.10pm*

EDITOR'S CHOICE Winona Ryder stars in this drama imagining the US' turn towards fascism. All six eps will be on Sky Box Sets/NOW TV from 14 July. *See feature, page 6*

The Rise of the Murdoch Dynasty

***DOCUMENTARY** BBC2 HD, 9pm*

A new documentary explores the reach of Rupert Murdoch's media empire, covering 1997 to 2012 and looking at issues such as privacy and scandal.

■ Full listings start on **p65**

Facebook.com/TVSatelliteWeekMagazine

best shows

PROGRAMME DISRUPTION
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

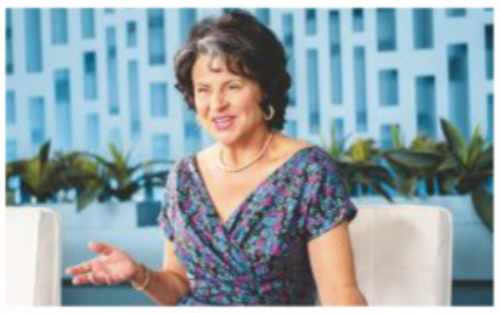
Wednesday 15

For the Love of Dogs: Back in Business

DOCUMENTARY *ITV HD, 8pm*
Paul O'Grady returns to Battersea Dogs & Cats Home to see how staff coped during one of the most extraordinary episodes in its history – the coronavirus pandemic.

Bears About the House

DOCUMENTARY *BBC2 HD, 8pm*
In the first of a two-part series, conservationist Giles Clark travels to a bear sanctuary in Laos, where he looks after sun bear cub Mary and learns about the misery of bear farms.



Mrs America

DRAMA *BBC2 HD, 9pm & 9.45pm*
In this week's double bill, the focus is on two feminist icons – writer Betty Friedan (Tracey Ullman, above) and congresswoman Shirley Chisholm (Uzo Aduba). *See feature, page 12*

Condor

DRAMA *Sky One HD, 9pm*
Max Irons faces demons from his past – and the Russians – when he returns as CIA operative Joe Turner in the second series of the explosive spy thriller. *See feature, page 12*

■ Full listings start on **p75**

Thursday 16

Doom Patrol

SUPERHERO DRAMA *STARZPLAY*
The DC Universe's outcast group of superheroes return to save the world, and this time they must protect the newest member of the family, whose powers remain a real threat.

England v West Indies: Second Test

CRICKET *Sky Sports Main Event HD & Sky Sports Cricket HD, 10.30am*
Day one of the Second Test at Old Trafford, with England's James Anderson and Jos Buttler playing at their home ground.

Stephen Lawrence: Has Britain Changed?

DOCUMENTARY *ITV HD, 8pm*
In the wake of the protests triggered by the killing of George Floyd, Rageh Omaar and Anushka Asthana host a live debate on racial equality in the UK.

The Hunt for Cleopatra's Tomb

DOCUMENTARY *Channel 5 HD, 9pm*
A new documentary looks at the search for the tomb of Queen Cleopatra, which experts believe is to be found at a mysterious site on the Nile Delta.

■ Full listings start on **p85**

Friday 17

Cursed

FANTASY DRAMA *Netflix*
EDITOR'S CHOICE Katherine Langford plays the Lady of the Lake, who is forced to flee when her village is destroyed.
See Your Watchlist, page 14

Ad Astra

SCI-FI *Sky Premiere HD, 11.10am & 8pm*
Brad Pitt stars in this space adventure as astronaut Roy McBride, who is on a mission to uncover the truth about his father. *See review, page 23*

Jack Whitehall's Sporting Nation

COMEDY *BBC1 HD, 8.30pm (times vary)*
In this week's episode, Whitehall looks at British sporting heroes, including David Beckham, and how this country likes to build them up and knock them down.

NCIS: New Orleans

CRIME DRAMA *FOX HD, 9pm*
As the crime drama returns for its sixth series, Pride (Scott Bakula) has to cut his holiday short when Hannah is suspended for breaking protocol during a joint investigation with the FBI.

■ Full listings start on **p95**

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Keeley Hawes is among the stars of a host of great new British dramas coming soon

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Alternate-history drama *The Plot Against America*, Daniel Radcliffe returns in new *Miracle Workers*, spy drama *Condor* is back, and the return of *The Voice Kids*

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Including King Arthur tale *Cursed* and Tom Hanks in *Greyhound*

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: JOSS BARRATT/ITV, BBC, ITV, NETFLIX. HOTLIST WORDS: JIM FONE. HOTLIST PHOTOS: ALAMY, GETTY, PA IMAGES

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Best of British

Your complete guide to the very best thrillers, true-crime dramas and family sagas heading to our screens over the coming months...

Emmett J Scanlan and Emily Reid

THE DECEIVED Channel 5 HD

This four-part drama about lust, manipulation and betrayal stars Emily Reid as English student Ophelia, who falls in love with her married lecturer. But when their affair results in a shocking death, Ophelia finds herself trapped in a world where she can no longer trust her own mind. Emmett J Scanlan plays charismatic lecturer Dr Michael Callaghan, with Catherine Walker as his wife Roisin. Other co-stars include Eleanor Methven as Roisin's overbearing mother, and Ian McElhinney is Michael's father.

Saskia Reeves and Tom Hollander star as the Petersens

US BBC1 HD

Douglas Petersen (Tom Hollander) is stunned when his wife Connie (Saskia Reeves) tells him that she's not sure she wants to be married to him any more. When Connie agrees to still go on a grand tour of Europe together, Douglas vows to win back his wife and repair his troubled relationship with their son Albie (Tom Taylor). The four-part drama is adapted by David Nicholls from his hit novel of the same name.

Serial killer Nilsen is played by David Tennant

DES ITV HD

The real-life crimes of Dennis Nilsen are revisited in this drama, starring David Tennant as the serial killer – known as Des – who claimed at least 12 lives in the 1980s. The three-parter is told through the eyes of Nilsen, DCI Peter Jay (Daniel Mays) and crime writer Brian Masters (Jason Watkins) and explores how the murders went undetected for five years before he was convicted.

LIFE BBC1 HD

This six-part drama follows the residents in a large house in Manchester that has been divided into flats. Among the characters is Gail (Alison Steadman), married to Henry (Peter Davison), but a chance encounter throws her whole life into question. Meanwhile, David (Adrian Lester) is happily married to Kelly (Rachael Stirling), but faces temptation when he meets Saira (Saira Choudhry) on holiday. It's created and written by Mike Bartlett, who penned *Doctor Foster*, and also stars Victoria Hamilton and Elaine Paige.

Gail (Alison Steadman) questions her life

WORDS: RICHARD MCCLURE, CAREN CLARK. PHOTOS: ALAMY, BBC, C4, CHANNEL 5, ITV

DCI Goode (Keeley Hawes) fights for justice in *Honour*

HONOUR ITV HD

A heartbreaking true story is the subject of this two-part drama, which stars Keeley Hawes as real-life detective Caroline Goode, who is assigned the case of missing 20-year-old Londoner Banaz Mahmod. As Goode investigates, she is shocked to discover that Banaz had been to the police five times to report threats to her life from members of her own family. As detectives learn that Banaz has been murdered on her family's instructions, Goode fights tirelessly to bring the killers to justice.

FINDING ALICE ITV HD

Hawes also stars in this six-part darkly comic series about a woman, Alice, whose husband's sudden death unearths secrets, debt and criminal behaviour.

Amrita Acharia, Russell Tovey and Bertie Carvel star

THE SISTER ITV HD

If you're looking for edge-of-the seat thrills, check out this psychological drama, adapted by *Luther* creator Neil Cross from his own novel. The four-parter stars Russell Tovey as Nathan, who has spent his life hiding a dark secret following a traumatic incident years before. But his world is turned upside down when Bob (Bertie Carvel) arrives on his doorstep. Can Nathan deal with the devastating fallout from his web of lies?

ADULT MATERIAL C4 HD

There's an all-star cast for this adult drama about porn performer Jolene Dollar (Hayley Squires), who befriends Amy (Siena Kelly), a newcomer to the industry. The series follows mum-of-three Jolene as Amy's personal choices put a strain on their friendship, causing Jolene's own career and home life to unravel. Rupert Everett also stars, playing Jolene's friend Carroll Quinn.

Porn star Jolene Dollar's life unravels

Jenna Coleman and Tahar Rahim

THE SERPENT BBC1 HD

Based on real events, this eight-parter follows the case of Charles Sobhraj (Tahar Rahim), who became the prime suspect for a series of murders of young Western travellers in India, Nepal and Thailand in the mid-1970s. Despite being wanted across the globe, Sobhraj – nicknamed The Serpent – proved to be an elusive quarry. Filmed in Thailand, the drama features Jenna Coleman as Canadian tourist Marie-Andrée Leclerc, who falls for Sobhraj's charms and becomes his accomplice.

ANTHONY BBC1 HD

Hillsborough writer Jimmy McGovern is behind this moving drama about teenager Anthony Walker, who was murdered in a racist attack on Merseyside in 2005. As well as depicting the events surrounding his death, the one-off film will also imagine what might have happened had he not died, and depict what his mother Gee describes as his 'unfulfilled dreams and potential'. Toheeb Jimoh plays the title role.

Toheeb Jimoh as Anthony Walker

James Nesbitt and Charlene McKenna (inset) track down a killer

BLOODLANDS BBC1 HD

James Nesbitt's latest project is a twisty crime thriller filmed in Northern Ireland. It's executive-produced by *Line of Duty* creator Jed Mercurio, and sees Nesbitt as cop Tom Brannick, who faces a challenging case when a car is pulled out of Strangford Lough in County Down and a possible suicide note is discovered. When Brannick spots a potential connection to a cold case with which he has deep personal links, he embarks on a dangerous quest to track down a terrifying killer known as Goliath.

NEW DRAMA

The Plot Against America

Tuesday, Sky Atlantic HD, 9pm & 10.10pm

President EVIL

Winona Ryder and John Turturro star in a wartime drama that imagines a far-right regime in the White House

David Simon and Ed Burns won a host of awards for their visceral portrayal of inner-city drug culture in *The Wire*, and now the acclaimed writers are tackling fascism in a dystopian new series based on a novel by Philip Roth.

The unsettling, alternate-reality tale begins in 1940 with America looking on in horror as the Nazis cut a brutal swathe across Europe. Meanwhile, real-life US aviator Charles Lindbergh, who completed the first solo flight across the Atlantic, is planning a similar far-right regime on American soil.

The nightmare scenario is put in motion after Lindbergh defeats Franklin D Roosevelt in the 1940 presidential election and moves into the White House.

'In real life, Lindbergh had great boyish charm, he was a brave aviator, and was regarded as the greatest American hero of his generation,' reveals Simon. 'But he was also fundamentally a proto-fascist, and he very much admired Adolf Hitler.'

PREJUDICE

As Lindbergh's presidency ushers in a wave of anti-Semitism, Jewish Americans are forced to choose how they should react in the face of intolerance.

'Every one of the characters struggles with that question of, how do you respond when the norms of your society are being challenged in the most basic way?' says Simon. 'Where do you stand? Do you resist? Run? Fight?'

The six-part drama is told through the eyes of a Jewish family in New Jersey. Herman Levin (Morgan Spector) and his wife, Bess (Zoe Kazan), are concerned for their community's future, and the safety of their two young sons and orphaned nephew. However, Bess' older sister, Evelyn (Winona Ryder), is less aware of the looming danger.

In the first of this week's two episodes, Evelyn meets charming Rabbi Lionel Bengelsdorf (John Turturro), who's backing Lindbergh despite the politician's anti-Semitic policies, and who becomes a mouthpiece for the administration.

Winona Ryder stars as Evelyn

'Lionel is misguided,' says Turturro, 63. 'But he's not the villain of the piece. He's someone who thinks you can negotiate with others and find the middle ground, instead of drawing a line in the sand.'

However, events begin to spin out of control as the Ku Klux Klan roam the streets and Jewish-owned shops are destroyed by mobs. Evelyn begins to question where her loyalties lie, and her relationship with Lionel causes a rift between her and Bess.

'Evelyn is a lonely woman,' says Ryder. 'Her infatuation with Lionel blinds her to Lindbergh's policies and how they might affect her country and her family. There are so many things swirling round for her – denial, fear and arrogance. There's this terrible feeling things are going off-kilter as the story develops.'

As a big fan of the novel and someone who lost members of her family in the Holocaust, Ryder, 48, says the drama felt incredibly personal.

'I'm a Roth fanatic and read the book in one go,' explains the *Stranger Things* star. 'I lost relatives in World War Two, including my grandfather, who fought the Nazis, and others in the concentration camps. So it's impossible not to feel moved by the tale.'

RELEVANCE

Simon, whose other TV credits include *Treme*, *Generation Kill* and *The Deuce*, was first offered the chance to adapt the novel for TV in 2012, but initially turned the opportunity down.

'I came back to it a few years ago and now is the right time for this story,' he says. 'It's about what happens to a country when it is led astray by right-wing populism and the rhetoric of fear. The parallels between that imagined time and today are pretty profound – and pretty scary.'

Charles Lindbergh
Ben Cole
The right-wing politician promises America will not join the fight against Hitler if he wins the 1940 election.

BOX SET

All six episodes will be available on Sky Box Sets and NOW TV from Tuesday 14 July.

WORDS: SEAN MARLAND. PHOTOS: SKY

The Levin family face an uncertain future

Rabbi Lionel Bengelsdorf
John Turturro
The widowed, conservative rabbi seizes the reins of history to become a key figure in the emergent Lindbergh administration.

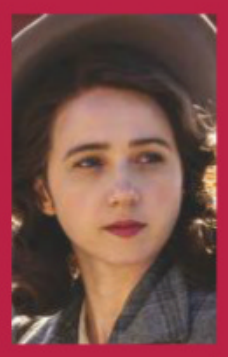
Evelyn is swayed by Rabbi Lionel

WHO'S WHO?

Herman Levin
Morgan Spector

The successful insurance agent tries to maintain a sense of normality for his family even as his country slips into fascism.

Bess Levin
Zoe Kazan



Herman's wife, a stay-at-home mother, fears for the future as she tries to protect her family from escalating intolerance and prejudice.

Evelyn Finkel
Winona Ryder

Bess' unmarried older sister is struggling to find her place in the world and exhilarated by the attentions of Rabbi Lionel Bengelsdorf.

Sandy Levin
Caleb Malis

The Levins' artistic teenage son rebels against his family's wishes and develops a growing admiration for Lindbergh.

Philip Levin
Azhy Robertson

The Levins' youngest son becomes ever more anxious as he watches a world that seems to be collapsing around him.

Alvin Levin
Anthony Boyle

Herman's angry and intelligent orphaned nephew goes on a journey from street crime at home to the battlefields of Europe and back.

Prince of *fools*

Daniel Radcliffe stars as a royal buffoon in a medieval comedy described as *Blackadder* meets Monty Python

NEW COMEDY

Miracle Workers: Dark Ages

Monday, Sky Comedy HD, 9pm

The last time we saw Daniel Radcliffe on our screens, he was playing an English prince in the interactive finale of *Unbreakable Kimmy Schmidt*. This week, he returns in another royal role – but it couldn't be more different.

The Harry Potter actor is back in Sky Comedy's *Miracle Workers*, which returns for a second season with the same cast, but an entirely new setting and storyline.

In the first season, Radcliffe played angel Craig, working in the afterlife for a disillusioned God (Steve Buscemi). The new season focuses on a group of villagers during the Middle Ages who are trying to stay positive in a time of inequality, pestilence and violence.

Show creator Simon Rich says the series has been inspired by some classic British comedy.

'Obviously, everybody will bring up *Blackadder* and *Monty Python and the Holy Grail*, and they should,' he explains. 'Those are direct influences – you'll find references and homages throughout.

'It's about a group of characters who are as screwed as they could ever be, and as trapped and as doomed as possible. But we want the story to take them on a path to hope and redemption.'

LEARNING CURVE

Radcliffe plays Prince Chauncley, a pampered royal who prefers playing with his pet ducks to being a murderous tyrant like his warlord father, King Cragnoor the Heartless (Peter Serafinowicz).

'At the beginning, Chauncley is psychotically stupid. He has no empathy or self-awareness,' says Radcliffe, 30.

'It's not that he's a bad person – he has lived in such a bubble of privilege that he doesn't even really know ordinary people's lives are different from his. But we watch him become more human as the series goes on.'

Chauncley is helped on his journey of self-discovery by his whip-smart royal adviser Lord Vexler (Karan Soni) and forward-thinking peasant Alexandra (Geraldine Viswanathan).

'Alexandra begins to open Chauncley up to a new world,' says Radcliffe. 'She helps him learn he does not have to follow in his tyrannical father's footsteps.'

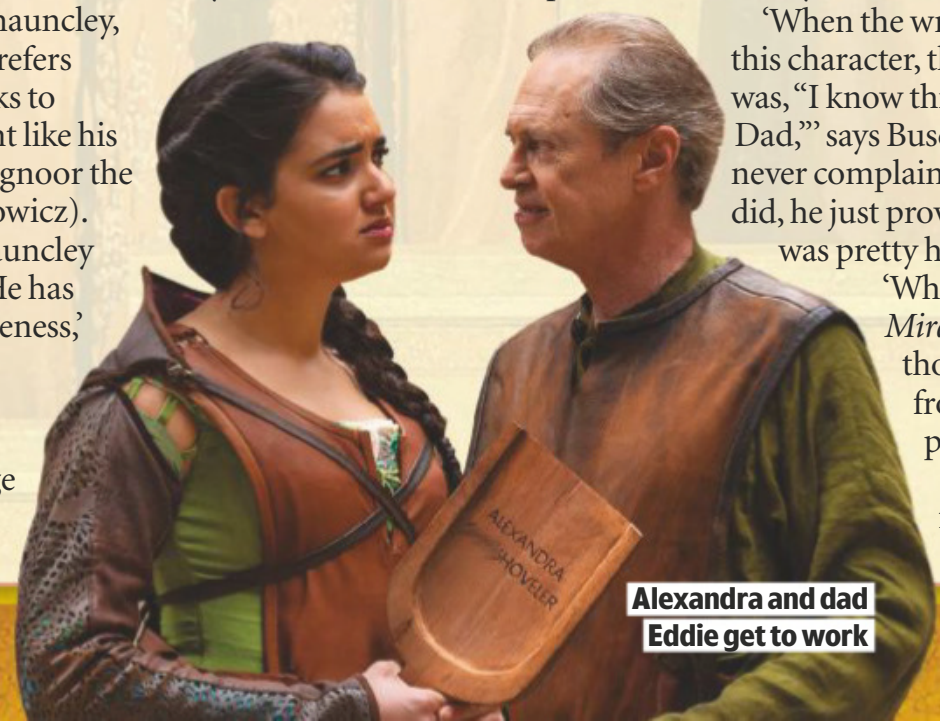
Joining the cast this time is *Stath Lets Flats*' Jamie Demetriou as the town crier, while Lolly Adefope is back to play Alexandra's best friend Maggie, and Steve Buscemi is Alexandra's father – the local excrement remover, who goes by the name of Eddie Sh**shoveler.

Buscemi based the character on his father, John, who was a sanitation worker for 30 years and, like Eddie, took pride in his work and wanted his son to take up the family business.

'When the writers told me about this character, the first thing I said was, "I know this guy – that's my Dad,"' says Buscemi, 62. 'My father never complained about what he did, he just provided for us and he was pretty humble about it.

'When I signed up for *Miracle Workers*, I never thought I would go from playing God to playing a peasant.'

The show was filmed before lockdown on set in



Alexandra and dad Eddie get to work

WORDS: RICHARD MCCLURE, ALISON SLADE. PHOTOS: BBC, ITV, SKY

Karan Soni, Daniel Radcliffe, Steve Buscemi and Geraldine Viswanathan are all back

Radcliffe and Buscemi in the first season of *Miracle Workers*

Prague, and Radcliffe was impressed by the sheer scale of the new series.

'It's the biggest set I've been on since Harry Potter,' he says. 'I'd walk through a door expecting it to end, but it was just another part of the castle. It went on and on and on.'

TRAINING DUCKS

For Radcliffe, the most challenging part of filming were the scenes when Chauncley is hanging out with his pet ducks.

'Originally it was going to be geese, and they were like, "No, geese are a nightmare. That's not going to happen,"' he smiles.

'But you can't really train a duck either. You can train them to sort of stand still and eat food off a spoon, but that's about it. They also smell worse than you'd expect. There was a lot of duck pooh going on, and I even ended up with some in my eye during one scene.'

'I never thought I'd go from playing God to playing a peasant'

STEVE BUSCEMI

BOX SET

All 10 episodes will be on Sky Box Sets/NOW TV from Monday 13 July.

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Geoff talks to an officer at the police station

CORONATION STREET

Geoff wants to drop the charges against Yasmeen

» **Having stolen Alya's** phone and intercepted a call from Yasmeen to her granddaughter, abusive Geoff tries to claw back control of his wife, who is on remand for stabbing him in self-defence. Declaring his love, he says he'll drop the charges if she agrees to be his wife again. He then heads to the police station to do just that – only to be told that that's up to the CPS.

Alya's baffled when she learns of Geoff's actions, and when Yas calls and suggests that it's a sign Geoff is genuinely sorry, she's horrified; knowing her gran is considering taking him back.

Meanwhile, back at the prison, Yasmeen's cellmate Lucie hands her a burner phone and urges her to call Geoff and show him who's boss. Geoff's stunned to hear Yas' voice, and promises that when she comes home, he'll seek professional help.

Will Yasmeen give him another chance, or realise that this twisted leopard isn't going to change his spots?

Lucie hands Yasmeen a phone

» **PLUS** Carla takes back the reins at Underworld, Adam gets closer to the truth about Gary, Leanne gives Toyah her blessing to foster, Kevin tells Abi that her twins are emigrating to Australia, and Peter is suspicious of Scott.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Andrea blackmails Jamie over his hit-and-run (above), Cain keeps a vigil at Moira's bedside, Malone breaks off his affair with Harriet, Kim finds out about Nate's partnership with Rhona, and Nicola has a proposition for Bob.

EASTENDERS

» The show is temporarily off-air, but fans can see Tony Clay and Max Bowden (Callum and Ben, both right) in *EastEnders: Secrets from the Square*, plus there's another chance to see the Walford Pride episode from July 2019.

"I was constantly tired and struggled walking, but not anymore."

Farmer returns to normal active life using the power of magnets!

Trevor Bond says that he feels cured due to the effects of magnetic therapy.

By BRIAN WARD

TREVOR BOND, aged 68, has been running his family farm for the last 40 years. He was always fit and healthy however, 3 years ago everything changed. "I had a stroke and lost the use of my right arm, my right leg, and my face dropped a mile. My life fell apart."

"When I came out of hospital, I was completely useless at home and around the farm. I really couldn't hack taking all the medication, it just made me feel worse. It was a very frustrating time for me."

Three years later he was still in poor health, he said "My mouth was still droopy, I didn't have full control of my arm, I couldn't sleep and was constantly tired."

Then everything changed, "I received details of the Bio-Mag Therapy Bracelet in the post. I must admit I was a bit sceptical. I had tried other magnetic products in the past but they made no difference. But I thought it was worth a try."

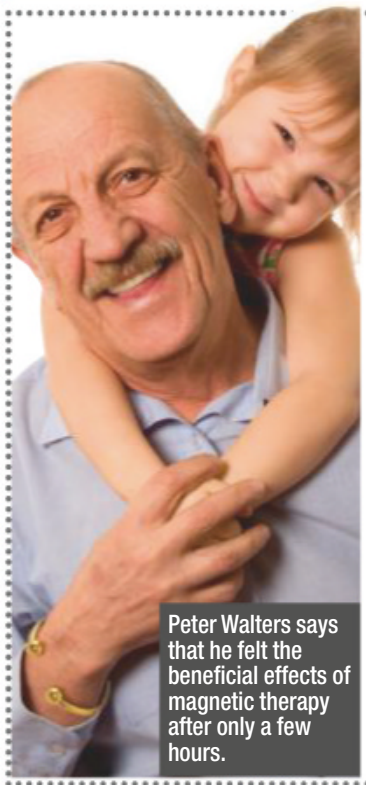
"Before I got the bracelet I had difficulty doing normal everyday things. My right arm had never been able to reach up to wash my back. But after only a few days of wearing the bracelet I could reach all the way to my shoulder. I couldn't believe what a difference it made in such a short space of time especially after struggling for years."

"People may say it is a placebo, but for me it was like a door opening to a new life, I felt so well, I had more mobility in my arm and the other major difference it made to my life was being able to have a good night's sleep, it is incredible."

"Whatever metals are in this bracelet, I don't care, I feel cured, it's lifted me to a different life!"

He now wears his Bio-Mag Therapy Bracelet every day. "All I say to people is there is only one way to find out if it works, and that is to try it for yourself."

The Bio-Mag Therapy Bracelet is available exclusively from UK Direct Shop. You can order on their freephone number 0808 156 4998.



Peter Walters says that he felt the beneficial effects of magnetic therapy after only a few hours.

"Knee pain...GONE!"

PETER WALKER had been struggling with knee pain since retirement and it had been getting steadily worse. He resigned himself to a much less mobile life until his son made him try something he would never normally bother with.

"I ordered a Bio-Mag bracelet just to keep my son happy, he's big into things like that! Well what a surprise I got. I put it on as soon as it arrived and to be honest forgot I was wearing it and went to bed as normal. The next morning I didn't feel the stiffness in my knees that I was so used to. I left it on, still telling myself that it couldn't possibly work. But a few days later, I walked up stairs, and realised that I had no pains in my knees and that was the first time in months.

The cynical side in me still said it was a placebo, so I took it off for a few days, to test it out! I couldn't believe it – the pain returned! Needless to say, I never take it off now. I thanked my son and even told my mates down the local pub about it, some of them laugh and tell me I'm mad. Who knows, it may be a placebo, but all I know is that it works for me. It made me feel like my old self again.

It's so good to wake up in the mornings pain-free and know that I won't have to struggle to get down the stairs. I've started to get out and about more and I've even cleaned up my old bicycle and started going out on bike rides along the coast. It feels so good to live a normal life again. I've been wearing it for five months now and feel better than ever, no more aching joints and I feel like I've got more energy."

"I'm now full of energy"

JILL had ridden horses since childhood but after a riding accident 5 years ago, she had to give it up.

"Thankfully no broken bones, but a few weeks later I started to get lower back pain. I shrugged it off at first but then the pain was more frequent and excruciating. I tried all kinds of pills, creams, physiotherapy, acupuncture, but nothing would give me long-term relief.

My sister helped with daily chores when the pain was bad. She read an article about how the Bio Mag Bracelet helped some people with their joint pain, so she bought me one. As it was magnetic we were hopeful that it would help my back problems.

A week later I remember feeling really good and full of energy, then realised that I'd had no back pain all week. I didn't put it down to the bracelet and thought it was probably a coincidence.

I've been wearing it for almost 5 months now and I've not had a single day of back pain. I truly believe that I my back pain has vanished due the powerful magnets in the Bio Mag bracelet. There is no way I am taking it off!"

CORONAVIRUS NOTICE: STAY SAFE... The fastest and safest way to order is to call our FREEPHONE orderline

Bio-Mag Therapy Bracelet

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- Discreetly concealed powerful magnets
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3 Bio-Mag Therapy Bracelets	£41.85 ~~£89.85~~				
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The coaches: (From left) will.i.am, Paloma Faith, Pixie Lott and Danny Jones

Paloma's musical youth

Paloma Faith joins the coaches to find the next pint-sized pop star

NEW ENTERTAINMENT

The Voice Kids

Saturday, ITV HD, 7.25pm

When *The Voice Kids* returns this week, there's a familiar face sitting in one of those big, spinning red chairs as Paloma Faith joins the ITV talent show as its newest coach.

Having carried out coaching duties on *The Voice UK* in 2016 when the show was on BBC1, the singer-songwriter and actor now takes her seat alongside resident panellists Pixie Lott, Danny Jones and will.i.am as the search kicks off once more to find the next young pop star.

As the pre-recorded blind audition shows begin, we chatted to Faith, 38, to find out more about the joys of mentoring talented tots…

Why did you want to join as a coach on *The Voice Kids*? I just love children. My mum was a primary-school teacher and, from the age of 14 until I was about 25, I'd do voluntary work. I'd either go into my mum's school to help out or, as I was trained as a contemporary dancer, I'd hold dance workshops with kids who were deaf or blind.

As a coach, how does *The Voice Kids* compare to *The Voice UK*? I prefer it. I feel like the main show gave me a lot of anxiety, but this just gives me joy. You genuinely feel like you're helping these kids. They come in with this pure talent that knocks the spots off us coaches. They are infinitely more talented than us – and probably more mature, too!

Stars of the future: Singers George and Victoria

With so much talent to choose from in the show, would you like to turn your chair for every singer? I would, but happily they take the outcome really well and, if they don't get a turn, they tend to be like, 'Well, thanks for this opportunity anyway. I'm just happy to be here.' They're really enjoying the experience. I find myself sitting there and thinking, 'I wish I could be more like that.' I'm learning more from these kids than I do from adults.

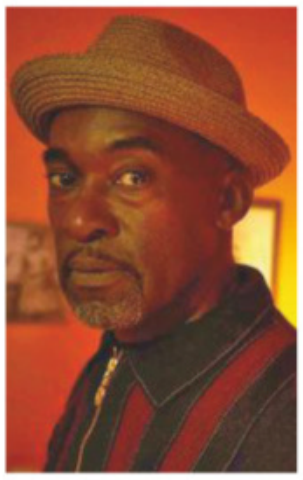
Will we see any fierce competition between you and your fellow coaches as the blind auditions start? Oh, no, they've been so nice. It's just good vibes and there's no competition. We're so happy for the children. We're in agreement that they're all brilliant and really brave. I wouldn't have done something like this when I was their age.

Do you think you'll struggle when it comes to whittling your team down for the battle rounds and final [which look likely to air later this year]? It's really hard – there are so many good performers. I just have to consider who's going to get the most out of this show… Or whoever's mum or dad gives you the cash! Ha, ha! Just kidding.

You liked…

Sitting in Limbo on BBC1

The one-off Windrush drama was based on a true story and starred Patrick Robinson and *National Treasure*'s Nadine Marshall as Anthony and Janet Bryan. Anthony, originally from Jamaica, was detained as an illegal immigrant, despite having lived in Britain since he was a child.



Now try this…

Mangrove on BBC1

Line of Duty's Rochenda Sandall and *Black Panther*'s Letitia Wright (right) star in this upcoming drama, co-written by Oscar-winning film-maker Sir Steve McQueen. It tells the true story of the Mangrove Nine, a group of black British activists tried at the Old Bailey in 1970 for inciting a riot during a protest against the police's targeting of a restaurant in London's Notting Hill.

WORDS: HANNAH DAVIES, VICTORIA WILSON. PHOTOS: BBC, ITV

Look Who's Back...

A familiar face appearing in a new show this week

Felicity Montagu

Celebrity MasterChef

Wednesday-Friday, BBC1 HD, times vary

2002

Leeds-born comedy actor Felicity Montagu is best-known as Alan Partridge's personal assistant Lynn (left). She began playing the character in 1997's *I'm Alan Partridge*, and most recently reprised the role last year in *This Time with Alan Partridge*. Her other TV credits include DJ Caroline in *Doc Martin*, raunchy vicar's wife Sue 2 in *Nighty Night*, and gang queen Barbara Du Prez in *Suburban Shootout*. Her film roles range from bossy colleague Perpetua in *Bridget Jones's Diary* to Mrs Mainwaring in *Dad's Army*.

HER NEW APPEARANCE

This week, Montagu, 59, attempts to impress *Celebrity MasterChef* judges John Torode and Gregg Wallace with her roast chicken with a mushroom-and-tarragon cream sauce, among other dishes. She'll be up against presenter Jeff Brazier, musician Lady Leshurr, *The One Show*'s Gethin Jones and *Travelling Blind*'s Amar Latif. 'When my kids found out I was doing *MasterChef*, they didn't stop laughing,' says Montagu. 'I've got stuck in a rut with my cooking, so I would like to push myself further.'

Felicity Montagu on *Celebrity MasterChef*

WORDS: CAREN CLARK, IAN MACEWAN, RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: C4, BBC, CBS, FOX, ITV, SKY

In from THE COLD

Max Irons takes on the Russians as spy thriller *Condor* returns

NEW DRAMA

Condor

Wednesday, Sky One HD, 9pm

When we last saw CIA analyst Joe Turner (Max Irons), he had fled to Europe after surviving a massacre at his workplace and stumbling across a terrorist plot that threatened millions.

As the Sky One spy thriller *Condor*, loosely based on the Robert Redford film *Three Days of the Condor*, returns for a second season, Joe has pitched up in Budapest, intent on leaving his CIA career behind. That, however, is going to prove difficult.

'Joe's moving on and doing what he thinks is best, for the people and the country he loves,' explains Irons. 'Consequently, he's hopping from city to city, rather lost. And then he gets dragged back in by the very forces that pushed him out in the first place.'

While season one focused on terror threats in the US and Middle East, the new series has Eastern European locations and a new plot involving the Russian secret service.

CHESS GAME

'It's much more of a slow burn – a chess game,' explains Irons, 34. 'I have a long-running fascination with the Cold War, and Russia in general, and the new season looks at some of their battlefield techniques, like active measures [political warfare], psychological campaigns, and asymmetric warfare [between combatants of hugely differing strengths].'

As Joe reluctantly returns to his old life in Langley, Virginia – home of the CIA – he is caught up in the search for a traitor, but he is still wrestling with his conscience and dealing with trauma from the death of loved ones.

'He finds himself, morally and ethically, between a rock and a hard place,' says Irons, who played Egyptologist Howard Carter in ITV's 2016 series *Tutankhamun*. 'It's the old question: do you let one person be hit by a train to avoid 10 people being hit by the same train further down the track?'

Season one had a strong female cast, including Kristen Hager as the wife of Joe's CIA colleague Sam, Mira Sorvino as Terrorism Task Force leader Marty and Leem Lubany as assassin Gabrielle. This season, *House of Cards*' Constance Zimmer joins as FBI agent Robin Larkin.

'Everyone has an agenda, and all is not as it seems,' teases Irons. 'Joe is always kept in a state of never knowing whether what he is doing is ever really right. Also, can he trust anybody in this game of cards?'

One of a kind

Tracey Ullman on playing it straight in *Mrs America*

Tracey Ullman as Betty Friedan

DRAMA

Mrs America

Wednesday, BBC2 HD, 9pm & 9.45pm

Tracey Ullman is widely recognised as one of Britain's funniest women, but she reveals that her long comedy career almost worked against her when it came to auditioning for a role in BBC2's US drama *Mrs America*.

'I was the last person to be cast,' recalls Ullman. 'I knew I could do the part, but the producers gave me such a tough time during auditions. One person even said, "Oh, we don't want a comedian doing an impersonation." That kind of broke my heart. I don't just do impersonations. I want to understand people, and get under their skin.'

'He finds himself, morally and ethically, between a rock and a hard place'
MAX IRONS

Kristen Hager as Mae and Eric Johnson as CIA agent Tracy

Joe tries to escape his old life

Happily, Ullman was given the chance to do just that in *Mrs America*. In this week's double bill, we see her character, US feminist Betty Friedan, continue her battle with conservative campaigner Phyllis Schlafly (Cate Blanchett) over the Equal Rights Amendment.

LIVE DEBATE

As the women's liberation movement makes a pact not to engage with Phyllis, Betty agrees to a live debate with her at Illinois State University.

'Betty really called it early on with Phyllis Schlafly,' says the former *Three of a Kind* star. 'She figured out she was a threat to them, and she would build her base of housewives. Betty knew these kind of women. She knew their power of organising.'

Last year, Ullman, 60, became a grandmother and she has spent much of the past few months looking after her grandson.

'I feel very fortunate,' she says. 'I'm riding through this with my family and hunkering down. I get to see my grandson every day and I just feel lucky I'm not on my own as I know some people are.

'Being with a toddler is a real asset because they have no sense of the pandemic and no regards to social distancing. So I have had the joy of my grandson to distract me and I feel very fortunate.'

Cate Blanchett plays Phyllis Schlafly

What else can I watch?

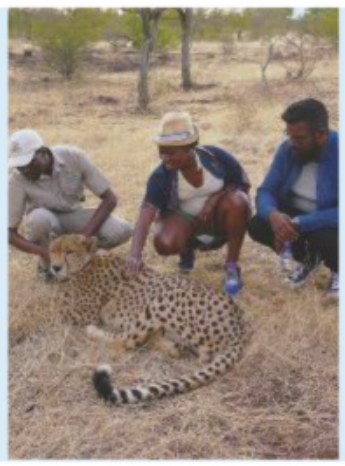
We search the TV schedules to uncover the shows you might have missed...

Hannah (Necar Zadegan, right) is suspended

NEW NCIS: New Orleans

Friday, FOX HD, 9pm

As Dwayne Pride (Scott Bakula) and the team return to investigate more cases in the Big Easy, this week's opener finds Hannah in hot water following a joint operation with the FBI to take down a white supremacist. Meanwhile, Pride visits his mother, who is living with Alzheimer's. Later in the run, a Navy pilot claims she saw a UFO and a private immigration detention centre is found to be the source of a sex-trafficking ring. Pride continues to suffer from insomnia as traumatic memories from his kidnapping take over, and LaSalle faces danger when he goes to Alabama to locate his brother.



NEW Romesh Ranganathan: Misadventures from My Sofa

Sunday, BBC2 HD, 9pm

Mongolia, Colombia and the Arctic were among the destinations that the comedian visited for his travelogue *The Misadventures of Romesh Ranganathan*. Now, in a new three-part series, he relives some of his highlights. First to feature are his trips to Zimbabwe, Bosnia and Morocco.

NEW Paul O'Grady's For the Love of Dogs: Back in Business

Wednesday, ITV HD, 8pm

How has Battersea Dogs & Cats Home coped during lockdown? In a special episode of his series, Paul O'Grady follows the team as they temporarily close their sites for the first time in 160 years while trying to rehome their animals.

NEW Black Dynamite

From Fri 17 July, 10 eps as a box set, All 4

Returning for a second season, this US adult animation, set in the 1970s, pays tribute to blaxploitation cinema with Michael Jai White reprising his big-screen role as former CIA agent Black Dynamite. This season's voice artists include Mel B, *Curb Your Enthusiasm*'s JB Smoove and Samuel L Jackson.

Katherine Langford as Nimue

Sword and *sorcery*

Katherine Langford plays the mystical Lady of the Lake in a new version of the Arthurian legend

NETFLIX Cursed

NEW *Genre:* **Fantasy drama** *Available:* **Friday 17 July**
Season: **1** *Episodes:* **10** *Runs:* **47-60min**
TVSW says: **A fantastic female-led spin on a classic**

The legend of King Arthur has been told countless times, but this new fantasy drama shows there is plenty of life left in the ancient tale by reimagining it from the perspective of the ill-fated Lady of the Lake.

Adapted from an illustrated novel, the story follows Nimue (*13 Reasons Why*'s Katherine Langford) – a young woman with powerful magical abilities – who is forced to flee when her village is destroyed and her mother is killed by the puritanical Red Paladins.

'Nimue embarks on an epic journey,' says Langford, 24. 'On one hand, she's going through great personal loss and growth, and then she also has the greater challenge of overcoming adversity.

'For me, Nimue represents courage. She's a hopeful beacon and also an interesting heroine.'

Peter Mullan stars as the leader of the Red Paladins, Father Carden

DANGEROUS JOURNEY

Nimue's mother's final act is to entrust her with a sword that must be delivered to Merlin, but having this sacred artefact puts an even bigger target on Nimue's back.

On her journey, she also runs into Arthur (Devon Terrell), a scruffy knight who isn't exactly the kingly figure of legend.

'The story is mainly about the fight for survival of your culture and your people,' reveals Terrell, 27. 'And it's about discovering the depths of your true power and your destiny.'

Willing to help Nimue with her task, Arthur offers to hide her with a friend, Sister Igraine (Shalom Brune-Franklin), in a convent for safety.

'Igraine is bold, brash and a bit mysterious at the beginning,' says Brune-Franklin, 25. 'When we first meet her, we don't quite understand where she fits into the story, but it starts to make sense by the end of episode three. She has an amazing journey throughout the series.'

Shalom Brune-Franklin as Sister Igraine

Devon Terrell plays Arthur

Gustaf Skarsgård as Merlin

Filming for the series mainly took place in Wales and England, where the cast had to brush up on their medieval skills.

NEW SKILLS

'I had to learn how to ride a horse, which is quite difficult,' admits Brune-Franklin. 'The stunt team taught us everything we needed to know, but I was so nervous up there. I kept expecting the horse to just take off. Luckily, it never happened because they are so well-trained.'

'I worked extremely hard with my sword training and archery,' adds Terrell. 'I just wanted people to believe that I could fight and look the part, so I did most of my stunts. One time I insisted on doing a stunt that involved me jumping out of a carriage. I got completely covered in mud, but it was a thrill.'

What we're watching...

A sneak peek at what's being watched by our team

Drama

The Americans

Seasons: **1-6** *Episodes:* **75** *Runs:* **42-69min**

Matthew Rhys, currently starring in 1930s-set *Perry Mason*, also steps back in time for this intelligent spy series. He and Keri Russell play Soviet spies posing as an American suburban couple in the 1980s.

Period drama

New Nurses

Seasons: **1-2** *Episodes:* **12** *Runs:* **39-42min**

In this charming 1950s-set Danish drama, a hospital with a shortage of nurses makes the controversial move to recruit men. One of them is ex-soldier Erik, whose decision is met with disapproval from his family and friends.

Crime drama

Strike

Seasons: **1-3**
Episodes: **7**
Runs: **57min**

The detective novels of JK Rowling, which she wrote under the pseudonym Robert Galbraith, have been turned into thoroughly entertaining crime drama series. There are excellent performances from Tom Burke as brooding war veteran turned private detective Cormoran Strike and Holliday Grainger as his sardonic but trusted receptionist and assistant Robin Ellacott.

Documentary

Britain's Forgotten Slave Owners

Season: **1** *Episodes:* **2**
Runs: **59min**

Presented by David Olusoga, this series looks at how slavery helped drive the British economy for two centuries. And what happened when it was abolished in the 1830s.

Comedy

Crazy Ex-Girlfriend

Seasons: **1-4** *Episodes:* **62** *Runs:* **42min**

With musical theatre off the agenda for now, this romantic satire in which the characters regularly burst into song could help fill the gap. Rebecca Bunch (Rachel Bloom) decides to follow an ex-boyfriend from 10 years ago from New York to California.

What we're listening to...

The podcasts the *TVSW* team are tuning into

Slow Burn

This podcast takes a deep dive into a wide range of subjects. Previous series have explored the Watergate scandal and the impeachment of Bill Clinton. The current series explores the political rise of Nazi sympathiser and former Klansman David Duke, culminating in his election to Louisiana's House of Representatives.

Talking Sopranos

The Sopranos stars Michael Imperioli and Steve Schrippa, who played Christopher Moltisanti and Bobby Baccalieri, host the show's definitive rewatch podcast. Featuring interviews with other cast members, writers and many more, the pod follows the show episode by episode, sharing insights and stories from the set.

How to get podcasts

1. On your smartphone go to the app store and type 'podcast app'.
2. Download one of the podcast players (you may find there's one pre-installed on your phone).
3. Open the player and type in the name of a podcast or an area that interests you – for example, 'comedy'.
4. Choose a podcast and press play.

WORDS: JUDY EWENS, SEAN MARLAND, STEVEN PERKINS. PHOTOS: ALAMY, BBC, C4, NETFLIX

Watch it or dodge it

What the critics are saying about the latest releases...

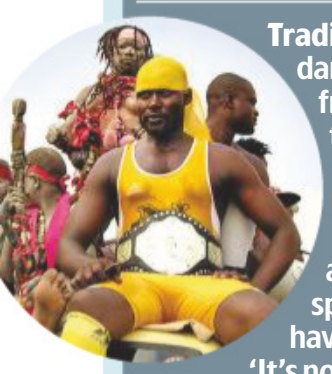
NETFLIX Athlete A

Genre: Documentary Runs: 104min

For 29 years, Larry Nassar was the USA's women's gymnastics team doctor. During that time, he sexually assaulted hundreds of girls and young women in his care, including Maggie Nichols (left). How the story of his abuse finally broke after being covered up by the sport's governing body is told in this documentary, which has been widely praised for 'amplifying the voices of the survivors'.

NETFLIX Home Game

Genre: Documentary Season: 1 Episodes: 8 Runs: 23-36min



Traditional, tough and often dangerous sports ranging from freediving without oxygen in the Philippines to racing water buffalo in Bali are profiled in a documentary series that has impressed critics. 'It is a fascinating snapshot of sports that you might not have heard of,' said one, adding, 'It's not for the faint-hearted.'

NETFLIX Eurovision Song Contest: The Story of Fire Saga

Genre: Comedy Runs: 122min

The votes haven't exactly been rolling in for this Eurovision comedy starring Will Ferrell and Rachel McAdams as small-town Icelandic singing duo Fire Saga, who get the unexpected chance to represent their country at the contest. It has been called 'a sometimes funny, sometimes crude spoof' and 'a *Saturday Night Live* sketch that's been stretched out to two hours' as well as 'a comedy that gets stuck between silly and sincere'.

For fans of thrillers...

prime Absentia

NEW *Genre: Drama Available: Friday 17 July Season: 3 Episodes: 10 Runs: 41-46min*

Stana Katic returns as FBI agent Emily Byrne, with events in the third series of the mystery drama opening three months after the last one left off. Emily's suspension from the FBI is ending, but then a big new case threatens the family she's trying desperately to hold together.

If you like Ninja Warrior...

NETFLIX Floor Is Lava

NEW *Genre: Game show Available: Now Season: 1 Episodes: 10 Runs: 25-38min*

Fans of epic obstacle courses should enjoy Netflix's new game show. Teams compete for a $10,000 prize by trying to get across rooms without falling on to the floors, which are flooded with 'lava', by leaping from chairs, hanging on to curtains and swinging from chandeliers.

Shrunken superheroes in *Doom Patrol*

STARZPLAY Doom Patrol

NEW *Genre: Superhero drama Available: Thu 16 July Season: 2 Episodes: 9 (first three on 16 July, then weekly) Runs: 49-55min TVSW says: Original and entertaining*

This DC Universe show follows a team of superhero misfits, who last season faced off against supervillain Mr Nobody, after he kidnapped Niles 'The Chief' Caulder (Timothy Dalton) – the man who brought them together.

As the show returns for a second run, the team end up miniaturised and Caulder calls on occult detective Willoughby Kipling for help. 'We'll be diving into the pasts of these characters who have lived so long to see how they became this way,' says showrunner Jeremy Carver.

● *STARZPLAY is available on Amazon Prime Video, Virgin TV and other platforms at an added cost*

Nia Long stars with Omar Epps

NETFLIX Fatal Affair

NEW *Genre: Thriller Available: Thu 16 July Runs: 89min TVSW says: Old-fashioned suspense*

If you enjoy classic thrillers, you won't want to miss this chilling Netflix film starring Nia Long.

The *Fresh Prince of Bel-Air* and *Empire* actor plays Ellie, who finds herself in jeopardy after a brief encounter with a person from her past, David (*House*'s Omar Epps). When she discovers that David is more dangerous and unstable than she'd realised, what impact will it have on her marriage to husband Marcus (Stephen Bishop)? 'It's a story about a woman who discovers someone she thought was a friend might have more malevolent intentions for her and her family,' says director Peter Sullivan, who also directed *Secret Obsession* for Netflix. 'I think there is a real desire for thrillers out there. Going back to the late 1980s and 1990s, the cinemas used to be full of them – movies like *Fatal Attraction*, *Basic Instinct* and *The Hand That Rocks the Cradle*. Hopefully we're tapping into a fan base that has felt neglected.'

The cruel sea

Tom Hanks writes and stars in a tense World War Two drama about an Atlantic convoy under attack

tv+ Greyhound

NEW *Genre:* ***Drama*** *Available:* ***Friday 10 July*** *Runs:* ***91 min*** *TVSW says:* ***Heart-stopping thriller led by an impressive cast***

From starring in the likes of *Saving Private Ryan* to executive producing *Band of Brothers* and *The Pacific*, Tom Hanks has long been fascinated by World War Two. Now, in Apple TV+'s *Greyhound*, the Hollywood star turns his attention to one of the most gruelling phases of the conflict – the Battle of the Atlantic.

The powerful, action-packed film, written by and starring Hanks, is inspired by real events and is also based on CS Forester's 1955 novel *The Good Shepherd*. It examines the battle through the eyes of US naval commander Ernest Krause, played by Hanks, who, in 1942, is given command of his first ship – the destroyer *USS Keeling*, which has the call sign Greyhound.

Krause soon finds himself under huge pressure when he and his crew have to lead a convoy of boats, containing much-needed Allied soldiers and vital supplies, across the Atlantic. But as German U-boats target the flotilla with their deadly torpedoes, can Krause get all the ships to safety?

ISOLATED

'It's the middle of the Atlantic, the relentless sea, only a horizon – and amid all that, the unseen enemy,' says Hanks. 'This happened to human beings who were just like us. They had soul-crushing stresses put on them. It's timeless drama.'

The movie – which co-stars Elisabeth Shue as Krause's wife, Evie, and Stephen Graham as one of his crew – was partly filmed on the real-life destroyer *USS Kidd*, and shows Krause fighting to overcome his self-doubt and prove himself during the hazardous mission.

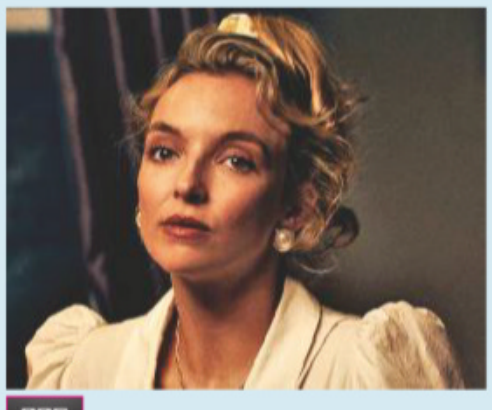
Hanks says he took on the project because he was intrigued by what men like Krause endured. He was also drawn to this crucial phase of the war, just months after America had joined the Allies, but when Germany showed no sign of being defeated.

'I'd been looking for material that would explore that period of "hang fire" when no conclusion to the war was in sight,' he explains. 'There was a real sense of stasis during that period. Time and history came to a standstill.'

Tom Hanks as Commander Ernest Krause

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

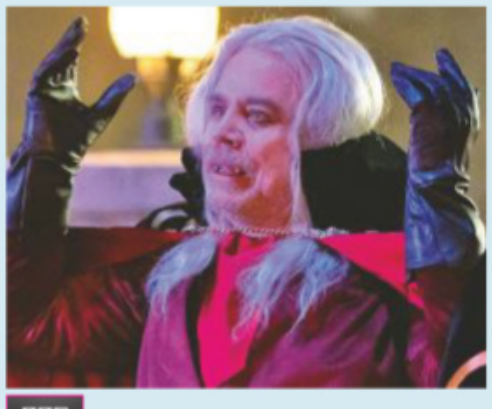


BBC iPlayer Talking Heads

Everyone's talking about... Jodie Comer's fabulously retro 1980s wardrobe, complete with shoulder pads, as budding thespian Lesley in BBC1's remake of Alan Bennett's monologues.

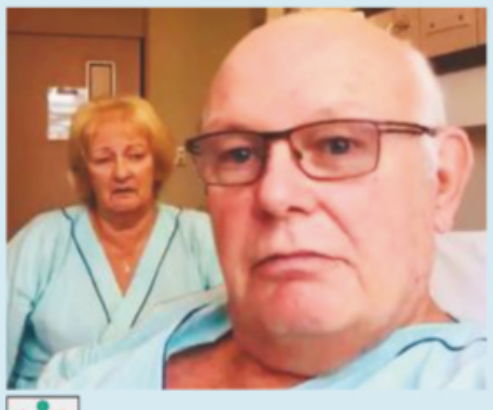
Sky box sets / NOW TV Penny Dreadful: City of Angels

Everyone's talking about... Natalie Dormer's demon, Magda, effortlessly shape-shifting into a range of eclectic characters in Sky Atlantic's gritty horror spin-off.



BBC iPlayer What We Do in the Shadows

Everyone's talking about... the brilliant guest turn from Star Wars' Mark Hamill in the BBC2 comedy as a vengeful vampire who's the nemesis of Laszlo (Matt Berry).



ITV Billion Pound Cruises: All at Sea

Everyone's talking about... the powerful testimony in ITV's documentary from David and Sally Abel, who contracted coronavirus on a cruise in the South China Sea.

WORDS: CAREN CLARK, JUDY EWENS, RICHARD MCCLURE. PHOTOS: AMAZON PRIME VIDEO, APPLE TV+, BBC, ITV, NETFLIX, SKY, STARZPLAY

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NEW releases

The best of the week's new shows...

SUNDAY 12 JULY

P-Valley STARZPLAY* *(released weekly)*

Drama about a strip club deep in the Mississippi Delta. Starring Brandee Evans and Nicco Annan.

Hayley Goes... BBC3 ONLINE

Twenty-something Hayley Pearce, the tea lady in the 2013 fly-on-the-wall series *The Call Centre*, looks at more lifestyle choices affecting her generation.

MONDAY 13 JULY

Unraveling Athena AMAZON PRIME VIDEO

Documentary about some of tennis's most successful women players, including Chris Evert and Martina Navratilova.

The Sommerdahl Murders ACORN TV

Danish crime drama set in the coastal town of Helsingør, where detective Dan Sommerdahl and his best friend, Flemming Torp, investigate complex murder cases.

TUESDAY 14 JULY

The Business of Drugs NETFLIX

In this documentary series, a former CIA analyst investigates the economics of six illicit substances.

We Are One NETFLIX

A documentary following activists around the world as they fight injustice by making a music video.

Urzila Carlson: Overqualified Loser NETFLIX

The New Zealand comedian riffs on sex-tape regrets and boxed-wine hangovers in a new stand-up show.

WEDNESDAY 15 JULY

Dark Desire NETFLIX

Married Alma spends a weekend away that ignites passion and ends in tragedy in this Mexican drama.

Hotel Del Luna NETFLIX

South Korean hotel-set drama series where all staff and guests are ghosts.

The Players NETFLIX

A collection of Italian comedy vignettes featuring the relationship experiences of several men.

Skin Decision: Before & After NETFLIX

Nurse Jamie, a skin and beauty expert, and plastic surgeon Dr Sheila Nazarian use the latest cosmetic procedures on a variety of men and women.

False Hope? Alternative Cancer Cures BBC3 ONLINE

Journalist Layla Wright looks at the story of Sean Walsh, who lost his battle with cancer after turning to controversial alternative treatments.

THURSDAY 16 JULY

Fatal Affair NETFLIX

Thriller starring *Empire*'s Nia Long. See page 16.

Doom Patrol STARZPLAY* *(first three episodes, then weekly)*

Second season of the DC superhero series. See page 16.

Any Human Heart BRITBOX

Sam Claflin, Matthew Macfadyen and Jim Broadbent play novelist Logan Mountstuart at different ages in this 2010 drama, which follows Mountstuart's life from 1920s Paris, through 1950s New York and to 1980s London.

Indian Matchmaking NETFLIX

Matchmaker Sima Taparia helps clients in the US and India navigate the process of arranged marriages.

Murder on the Home Front BRITBOX

Murder on the Home Front

This 2013 crime drama is set during the London Blitz of 1940 with criminals using the blackout and the city's devastation to hide their activities. *Mrs Wilson*'s Patrick Kennedy and *The Tudors*' Tamzin Merchant star.

MILF NETFLIX

French comedy about three best friends in their 40s who embark on affairs with much younger men.

FRIDAY 17 JULY

Cursed NETFLIX

A fresh take on the Arthurian legend. See page 14.

Black Dynamite ALL 4

Season two of the American adult animation. The show, set in the 1970s, is a tribute to blaxploitation cinema.

Kissing Game NETFLIX

Teens in a cattle-ranching town in Brazil panic when they are threatened by the outbreak of a contagious kissing disease.

Absentia AMAZON PRIME VIDEO

As the crime drama returns, the third season picks up the action three months on as Emily Byrne (Stana Katic) is nearing the end of her suspension from the FBI. However, everything is upended when one of ex-husband Nick's criminal cases threatens the family.

US tennis star Chris Evert features in *Unraveling Athena*

ALSO AVAILABLE

Say I Do NETFLIX

In this reality show, a team of experts create surprise dream weddings for couples in less than a week.

Jim Jefferies: Intolerant NETFLIX

Stand-up special from the Australian-American comedian, who talks about the problems of being lactose-intolerant.

Love/Hate BRITBOX

All five seasons of the Irish crime series set in Dublin come to BritBox. *Project Blue Book*'s Aidan Gillen and *The Umbrella Academy*'s Robert Sheehan star. Available from Thursday 9 July.

The Protector NETFLIX

Season four of the Turkish series about an Istanbul shopkeeper who discovers he has a connection to an ancient secret order. Out on Thursday 9 July.

Birdsong BRITBOX

Englishman Stephen Wraysford (Eddie Redmayne) falls in love with married Frenchwoman Isabelle Azaire (Clémence Poésy) in 1910, but the couple are torn apart by World War One in this 2012 drama. Out on Thursday 9 July.

Hello Ninja NETFLIX

More adventures with Wesley and Georgie in the animated kids' series. Out on Friday 10 July.

The Epic Tales of Captain Underpants in Space NETFLIX

New animated spin-off of the *Captain Underpants* series. Out on Friday 10 July.

Down to Earth with Zac Efron NETFLIX

The Hollywood actor travels the world looking for healthy and sustainable ways of living. Out on Friday 10 July.

Last chance to see...

The big shows leaving streaming services this week

MONDAY 13 JULY

BBC iPlayer — David Bowie: Finding Fame

Beginning in 1966, this feature-length film charts David Bowie's rise to fame as Major Tom and Ziggy Stardust, including interviews with former bandmates and family members.

TUESDAY 14 JULY

NETFLIX — Knowing Me, Knowing You with Alan Partridge

Steve Coogan's iconic chat-show host makes his TV debut in this 1994 series featuring a variety of guests, including a terrible ventriloquist.

WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: BRITBOX, GETTY, BBC, ITV. *STARZPLAY IS AVAILABLE ON AMAZON PRIME VIDEO, VIRGIN TV AND OTHER PLATFORMS AT AN ADDED COST

Documentaries

Saddam Hussein's statues were toppled

Baghdad was taken by the Americans in 2003

In the firing line

Civilians and soldiers reveal the true cost of the **2003 invasion of Iraq**

Natalie Wood: What Remains Behind

Saturday, Sky Documentaries HD, 9pm

Natasha Gregson Wagner explores the life and career of her mother, Hollywood star Natalie Wood, who drowned in 1981 while on a boating trip. Wood's ex-husband, actor Robert Wagner, appears in the film, speaking on camera about her death for the first time.

Amazing Hotels: Life Beyond the Lobby

Tuesday, BBC2 HD, 8pm

Chef Monica Galetti and restaurant critic Giles Coren sample some of the world's best hotels, starting with the MGM Cotai, a luxurious, high-tech hotel and casino resort in Macau, the gambling mecca on the south coast of China that's known as the Las Vegas of Asia.

The Rise of the Murdoch Dynasty

Tuesday, BBC2 HD, 9pm

A three-part look at the creation of Rupert Murdoch's media empire, including the stable of British newspapers that allowed him to enjoy considerable influence over British politics and help bring Labour's Tony Blair to 10 Downing Street in 1997.

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: ALAMY, BBC, NATIONAL GEOGRAPHIC, HBO/SKY

NEW HISTORY

Once Upon a Time in Iraq

Monday, BBC2 HD, 9pm

Waleed Neysif grew up in Iraq under Saddam Hussein's brutal regime, dreaming of the America of blue jeans, skateboards and McDonald's that he'd seen in the movies. Then, in 2003, when Neysif was 18, American troops invaded Iraq and the tanks rolled into Baghdad.

'I was infatuated with the West,' admits Neysif. 'When we started to hear the murmurs we were about to be invaded, I was excited. I thought we were about to become a land of dreams.

'I was pro-war. There was a genuine sense of hope, and then when we saw the statue of Saddam Hussein fall, the belief became more and more cemented that this was actually happening.'

However, as the documentary series *Once Upon a Time in Iraq* reveals, the dream quickly turned into a nightmare for both the Iraqis and their invaders…

Narrated by Andy Serkis, the series tells the story of the Iraq War through the eyes of the journalists, soldiers and civilians like Neysif who lived through the invasion and the years of chaos that followed, and asks whether the war was a costly mistake that helped sow the seeds of ISIS.

Before the war, Baghdad was considered one of the most liberal and cosmopolitan cities in the Middle East, despite 24 years of Hussein's regime.

But within weeks of the invasion, any glimmer of hope that the Iraqi people had about a new era of freedom and democracy vanished.

Soon the whole country became a chaotic power vacuum, with no infrastructure, police or utilities, and there was mass looting of government buildings, schools and hospitals.

Waleed Neysif

'I remember watching the city burn, Baghdad just ripped to pieces, and thinking we're never going to put this back in the bottle,' says journalist Dexter Filkins. 'The Americans dug themselves into a terrible hole.'

Neysif got a job as a translator, earning $50 a month – the same amount as his father earned in six months. But witnessing first-hand what war was like changed his views, and the initial hope felt by him and many fellow Iraqis dwindled as the fighting rumbled on.

'We were all hopeful at the beginning, but soon after, the myth we were sold unravelled itself into this nightmare, and I got to see the true face of invasion,' he says.

'We were free enough during Saddam's time to go back and forth without worrying about car bombs or Islamic groups. That's what Saddam provided to Iraq. He was safety and security from everyone else.'

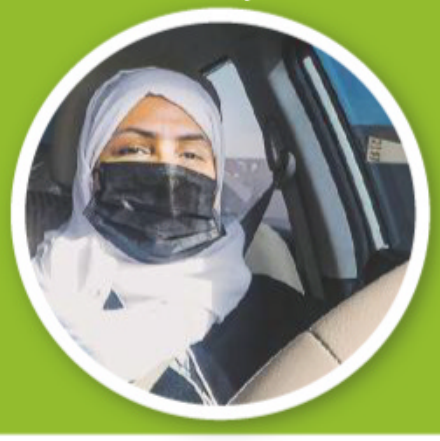
Bears About the House

Wednesday, BBC2 HD, 8pm

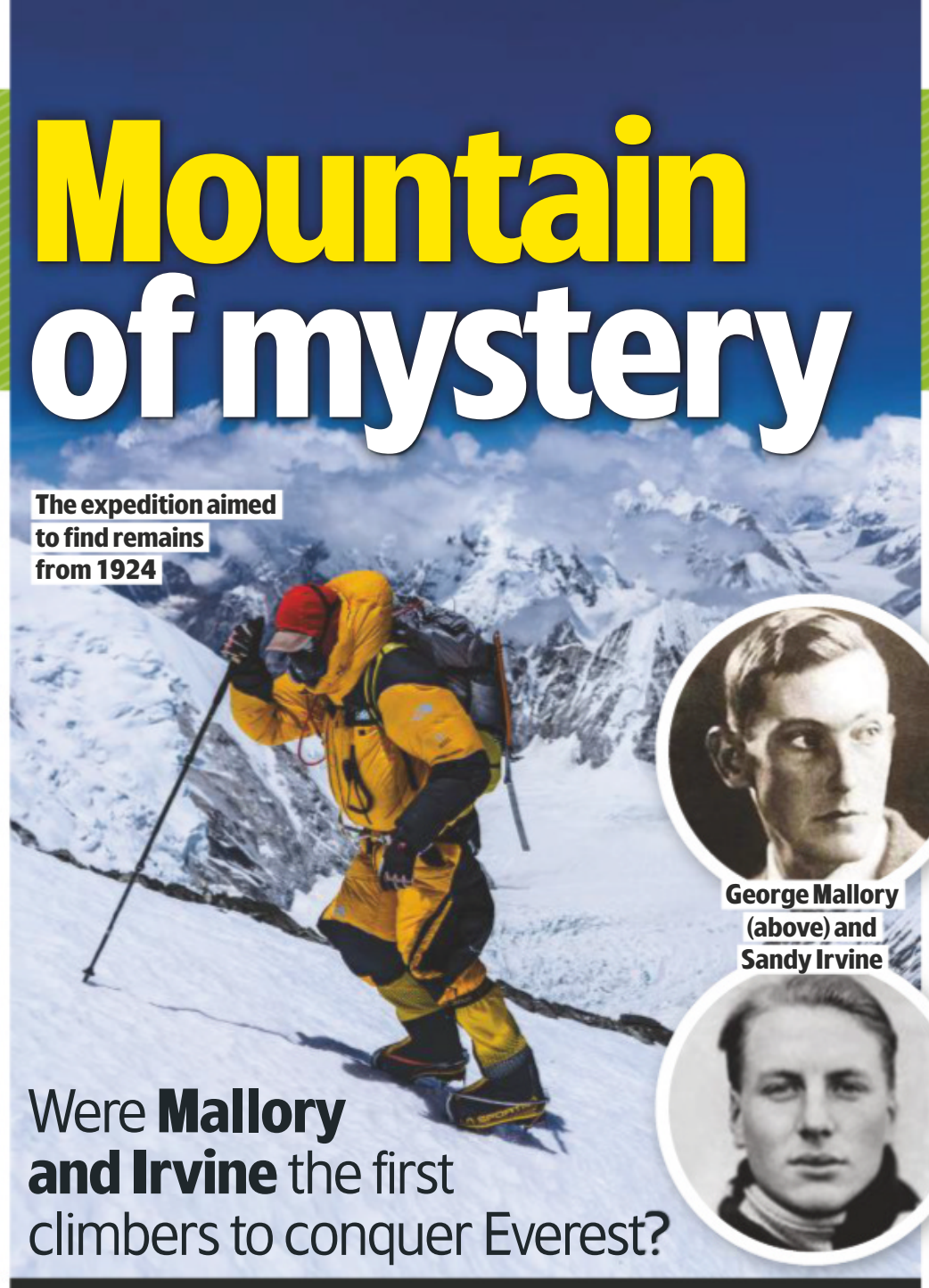
In this two-parter, conservationist Giles Clark travels to a bear sanctuary in Laos, Southeast Asia, where he helps to look after adorable sun bear cub Mary, who was spotted being sold, and learns more about bear farms that cater for the shocking and illegal trade in the animals' body parts.

DID YOU KNOW?

Women in Saudi Arabia have only been allowed to drive since 2018. **Saudi Women's Driving School (Tuesday, Sky Documentaries HD, 9pm)** follows a number of female learners as they get behind the wheel at a driving school in Riyadh that caters exclusively for women.



Mountain of mystery


The expedition aimed to find remains from 1924

George Mallory (above) and Sandy Irvine

Were **Mallory and Irvine** the first climbers to conquer Everest?

NEW FACTUAL

Lost on Everest

Tue, National Geographic HD, 9pm

It's one of Mount Everest's most enduring mysteries. Did George Mallory and Sandy Irvine reach the summit in 1924?

The British climbers were last seen a few hundred metres from the top in bad weather, before disappearing. Mallory's body was discovered in 1999, but not his camera, which might have answered the question once and for all.

Now, *Lost on Everest* follows a bid to locate the body of Irvine, and establish whether Sir Edmund Hillary and Tenzing Norgay were the first men to conquer Everest in 1953, or if Mallory and Irvine beat them to it by nearly 30 years. Even with the latest clothing and equipment, scaling the world's highest peak is a dangerous and gruelling undertaking, says film-maker and expedition member Renan Ozturk.

'I can't believe those guys did this with no modern gear,' he says. 'The tents were draughty, the sleeping bags inadequate, the stoves weak, and they were dressed in tweed and hobnail boots. It's mind-boggling.'

Experienced mountaineers, Ozturk and the team were well aware of the challenges of the climb. As well as waiting for a weather window, they had to deal with the queue of climbers preparing to go up and the dangers of 'the death zone'.

'It's the zone above 8,000m where it's a point of no return,' explains Ozturk. 'Even with oxygen, it's so hard to function. You start to see dead bodies.'

The climber ran into serious trouble when the regulator on his oxygen supply started leaking.

'It was close for me,' he recalls. 'I was literally crawling to the top and worried that I wasn't going to be able to get down because I was losing motor function.'

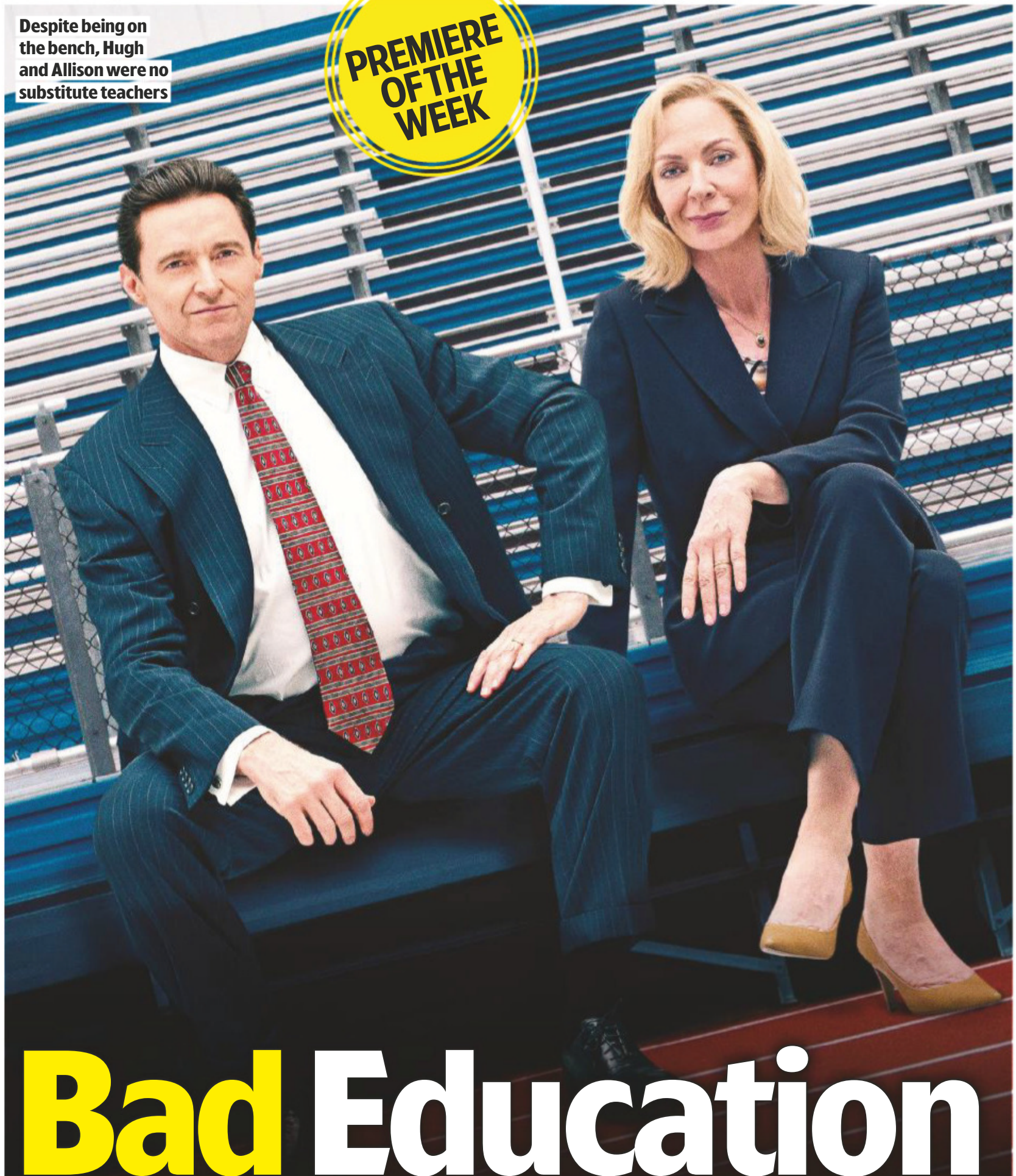
In the end, his team did not find Irvine, but Ozturk thinks they have closed one chapter of the story.

'I hope our trip puts an end to people continuing to search for Irvine's body,' he says. 'But I like to imagine that they did reach the summit – just because of their willpower, and the difficulties they had already overcome. I want to perpetuate that belief.'

The last known photo of George Mallory and Sandy Irvine

Films This week's

reviewed by **Jason Best, Liz Milroy, Nigel Pizey and Heidi Rice**



Despite being on the bench, Hugh and Allison were no substitute teachers

PREMIERE OF THE WEEK

Bad Education

Hugh Jackman and Allison Janney are a class act in a true story

COMEDY DRAMA

Saturday, Sky Premiere HD, 10.15am & 8pm ★★★★

The title may not be sharp, but this razor-edged movie certainly is. It is an outrageous true story of school funds embezzlement that ended up being a huge scandal in the US.

In a superlative turn, Hugh Jackman plays school district superintendent Frank Tassone, a charmer of an educator who seems to put it all on the line for the students, aided by his second-in-command Pam Gluckin (a terrific performance by Allison Janney). When an accounting discrepancy crops up, though, it seems Gluckin has been committing fraud.

But, considering these are real events, what occurs next is simply extraordinary, and director Cory Finley finds plenty of humour in the various situations without ever resorting to cheap laughs. It really is quite a tale. 2019, 15, 108MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

ROMANTIC DRAMA

Olympic Dreams

Wednesday, Sky Premiere HD, 11.40am & 8pm ★★★

At the 2018 PyeongChang Winter Olympics in Korea, Alexi Pappas's 22-year-old cross-country skier is fulfilling a lifelong dream of competing, while Nick Kroll's 37-year-old American dentist has just broken up with his fiancée.

Not much happens in this slight but endearing drama, but the stars (who co-wrote the script with director Jeremy Teicher) share a natural chemistry and it is a big bonus that the movie was made on location at the real Games. 2019, 12, 85MIN

DRAMA

The Parts You Lose

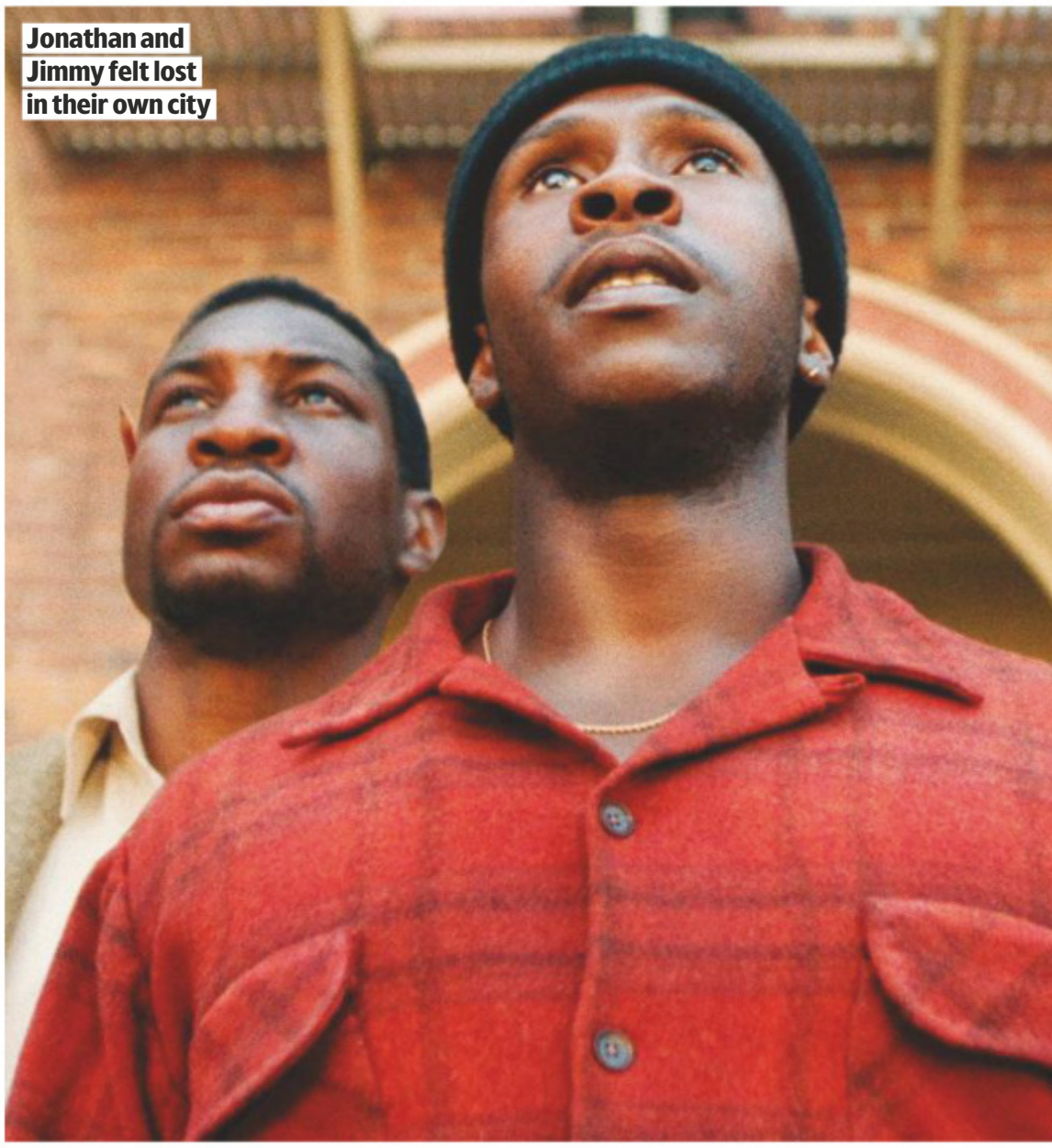
Tuesday, Sky Premiere HD, 11.20am & 8pm ★★★

Set in a snowbound South Dakota, this darkly compelling mix of thriller, drama and coming-of-age saga stars Danny Murphy as a young hearing-impaired boy who befriends an escaped bank robber (*Breaking Bad*'s Aaron Paul) and hides him in a barn.

It's a familiar enough scenario, but this thoughtful drama adds something new to the mix, not least in young deaf actor Murphy's intelligent and nuanced performance. 2019, 12, 94MIN

NEW RELEASE EVERY DAY

premieres



Jonathan and Jimmy felt lost in their own city

DRAMA

The Last Black Man in San Francisco

Sunday, Sky Premiere HD, 9.45am & 6.50pm ★★★★

Considering it is director Joe Talbot's debut feature, this strange, beautiful drama is a masterful piece of work.

The languid, shaggy doggish narrative follows Jimmy Fails, an African-American who is a third-generation San Franciscan, but is finding it increasingly difficult to find his place in a city where money and hipsters have invaded every corner. It is also the story of his relationship with an eccentric budding playwright and artist (Jonathan Majors), with whom he shares a tight bond that is explained as the film progresses.

With a wonderfully eclectic soundtrack and visuals that veer toward cinematic poetry, this semi-arthouse love letter to the Californian city is as captivating as it is singular. 2019, 15, 121MIN

COMEDY DRAMA

The Guardian

Monday, Sky Premiere HD, 10.45am & 6pm ★★★

In Puerto Rico, Andy Garcia's struggling used-car salesman Rafa has a week to pay a gambling debt. Then sassy 11-year-old neighbour Ana (Dafne Keen) enters his life after her mother is hauled off to jail.

The pair head off on a road trip to find her father, a journey that reveals Ana is a natural-born hustler. This comedy drama wavers in tone, but Garcia is excellent and Keen (Lyra in *His Dark Materials*) lights up the screen. 2019, 12, 102MIN

SCI-FI THRILLER

Ad Astra

Friday, Sky Premiere HD, 11.10am & 8pm ★★★

Writer-director James Gray sent Robert Pattinson deep into the Amazon rainforest in 2016's beguiling *The Lost City of Z*, but he has less success dispatching Brad Pitt into outer space in this ambitious but disappointing sci-fi adventure.

Pitt is an astronaut travelling to the furthest reaches of the solar system to find his missing father (Tommy Lee Jones), a mission on which, it appears, the very survival of mankind hangs. Gray is reaching for transcendence but, despite some stunning images, the philosophical script is too slow moving to get us on board. 2019, 12, 123MIN

Brad began to feel a bit like a goldfish

There must be a fur, fur better thing to watch

ANIMATED ADVENTURE

Two Tails

Thursday, Sky Premiere HD, 8am & 4.45pm ★

Kids deserve much better than this poor slice of CGI animation from Russia. Looking more like out-takes from a video game, this sees a beaver and a cat join forces to take on some pesky aliens.

A wit-free, clunky script doesn't help, but neither do the voice actors, who all seem to be phoning in their parts. Even the youngest of kids will probably find this sorry mess pretty boring and unengaging. 2018, U, 75MIN

PAY-PER-VIEW HIGHLIGHTS

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

CRIME DRAMA

Arkansas

Available all week

Based on John Brandon's novel, this rural crime thriller is set deep in redneck country, where two petty drug dealers, played by Liam Hemsworth and Clark Duke (who also directs), stray from their comfort zone and into the clutches of John Malkovich's vicious drug lord. Vince Vaughn and Vivica A Fox also star in a fragmented portrait of the seamy side of the American Dream. 2020, 15, 117MIN

ACTION COMEDY

Charlie's Angels

Last chance soon ★★

Sex ●●● Violence ●●● Language ●●●

The 1970s TV series gets another reboot with Kristen Stewart, Naomi Scott and Ella Balinska. It's great to see female spies taking charge in a typically macho genre, but it's a shame that the results in this action comedy are so glossily vacuous. 2019, 12, 118MIN

THRILLER

The Good Liar

Available all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Together on screen for the first time, Ian McKellen and Helen Mirren spar beautifully in a twisty thriller about a career con artist who sets his sights on a wealthy widow. Based on the book by Nicholas Searle, this engrossing, sinuous mystery springs surprises on top of surprises. 2019, 15, 109MIN

FilmFinder The pick of the week at a glance

Comedy

Monsters University ★★★★

Saturday, BBC1 HD, 5.15pm (regions vary)

Scaremongers Sulley and Mike (John Goodman and Billy Crystal) return in a belated Pixar prequel that sees them enrol at college. 2013, U, 110MIN

How to Marry a Millionaire ★★★★

Thursday, Sony Classic, 7.05pm

This good-humoured story of a trio of gold-diggers on the prowl in New York stars Betty Grable, Lauren Bacall and Marilyn Monroe. 1953, U, 95MIN

The Other Guys ★★★★

Thursday, Sky Cinema Comedy HD, 9.40pm

Two pen-pushing detectives (Will Ferrell and Mark Wahlberg) find themselves on the frontline in this delightfully daft crime caper. 2010, 12, 107MIN

The Naked Gun ★★★★

Friday, Sky Cinema Comedy HD, 7pm

Playing things wonderfully deadpan, Leslie Nielsen reprises his role as the inept police detective Frank Drebin from the short-lived TV comedy series *Police Squad!*. 1988, 15, 85MIN

Thriller

48 Hrs ★★★★★

Saturday, Sky Thriller HD, 3.30pm

One of the great buddy movies, this superheated, quirky action thriller teams Nick Nolte as a bigoted cop and Eddie Murphy (in his film debut) as a swaggering convict. 1982, 15, 97MIN

Buried ★★★★

Tuesday, Film4 HD, 11.10pm

Playing on your worst nightmare, this heart-stopping thriller never loses its grip as Ryan Reynolds' kidnapped truck driver wakes up inside a box with just a lighter and a mobile phone. 2010, 15, 95MIN

Chinatown ★★★★★

Thursday, Sky Greats HD, 8pm

Jack Nicholson is brilliant as laconic LA private eye Jake Gittes in director Roman Polanski's near seamless film noir, which grips both as a romantic thriller and a political drama. 1974, 15, 131 MIN

Escape Plan ★★★

Thursday, Film4 HD, 11.35pm

It is the withering banter between veteran action heroes Sylvester Stallone and Arnold Schwarzenegger that makes this rousing prison break caper worth a look. 2013, 15, 115MIN

Drama

Cleopatra ★★★★

Sunday, Sony Classic, 4.05pm

Though dismissed by many as yawn-inducing tosh, this costly historical epic is one of a kind, and put Elizabeth Taylor and Richard Burton on the throne of Hollywood royalty. 1963, PG, 243MIN

20th Century Women ★★★★

Friday, BBC2 HD, 11.20pm

Annette Bening, Elle Fanning and Greta Gerwig play very different women in an engrossing portrait of changing attitudes and changing times. 2016, 15, 118MIN

EDITOR'S CHOICE

Macbeth ★★★★

Monday, Film4 HD, 11.10pm

Michael Fassbender and Marion Cotillard are absolutely riveting as Shakespeare's power-hungry couple in a screen adaptation that is bold, insightful and bracingly cinematic. The pair convey their characters' tormented inner lives with soul-scouring intensity, while from the very first frame, director Justin Kurzel brings Medieval Scotland to life with merciless, bleakly beautiful authenticity. 2015, 15, 113MIN

Horror & Sci-Fi

It: Chapter Two ★★★

Saturday, Sky Premiere HD, 12.15pm & 10pm

Pennywise the killer clown returns to wreak vengeance on the inhabitants of Derry, Maine, in a drawn-out sequel to the 2017 fright-fest. 2019, 15, 169MIN

Deadpool ★★★★

Tuesday, Film4 HD, 9pm

With witty asides to the camera, Ryan Reynolds has great fun as the irreverent and morally ambiguous costumed hero of this recklessly buoyant comic-book adventure. 2016, 15, 108MIN

The Pact ★★★★

Friday, Horror, 9pm

Seeking a reason for her sister's disappearance, Caity Lotz's biker chick suspects paranormal goings-on in a suspenseful ghost story that also stars Casper Van Dien. 2012, 15, 89MIN

The Dark Knight Rises ★★★★

Friday, Sky Blockbusters HD, 10.35pm

Christian Bale dons the black cape one more time in the stunning conclusion to director Christopher Nolan's superlative Batman trilogy. 2012, 12, 164MIN

Films may be edited for television. The running times given are those of the original cinema releases.

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Weekend movies

Saturday 11 July

DRAMA

The Goldfinch

Sky Premiere HD, 3.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Adapted from Donna Tartt's 2013 doorstopper of a novel, this similarly weighty movie features *Baby Driver* star Ansel Elgort alongside Nicole Kidman, Jeffrey Wright and Luke Wilson. The decades spanning story is a twisting tale of a young man's quest for redemption that ripples out from a bomb explosion in New York's Metropolitan Museum and the theft of the 17th-century painting of the title by Dutch artist Carel Fabritius. It is beautifully filmed and acted, if not quite as gripping as you might hope. *Also on Sunday & Monday.* 2019, 15, 149MIN

Nicole made sure Ansel was sitting comfortably

ANIMATED COMEDY

Monsters University

BBC1 HD, 5.15pm (regions vary) ★★★★

Sex ●●● Violence ●●● Language ●●●

Pixar's 2001 animated gem *Monsters, Inc* was so hilariously inventive and original that it is hardly surprising this prequel can't quite recapture its magic. It is, though, still a terrific film, with plenty of witty dialogue, sly visual gags and boisterous action to savour as we are taken back to the days when Billy Crystal's green eyeball Mike and John Goodman's furry blue beastie Sulley enrol at college. 2013, U, 110MIN

COMEDY DRAMA

X+Y

BBC2 HD, 12.05am (regions vary) ★★★★

Sex ●●● Violence ●●● Language ●●●

This warm-hearted British comedy drama about an autistic teenage maths whiz never becomes formulaic, thanks to an imaginative script, deft performances and striking photography. Asa Butterfield is convincingly naive and awkward as the emotionally withdrawn youth and he gets warm support from Sally Hawkins as his widowed single mother and Rafe Spall as his MS-stricken teacher. 2014, 12, 112MIN

LEGAL DRAMA

Erin Brockovich

5Star, 11.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on a true story, this legal drama casts Julia Roberts as a blowsy single mother who mounts an impassioned campaign against industrial pollution in a small backwoods town. Although Roberts won the Oscar for Best Actress, the top acting honours really go to veteran Albert Finney as her long-suffering boss. It is certainly very enjoyable, but you have to wonder if it really deserved all the plaudits lavished on it. 2000, 15, 133MIN

Also on Saturday

The 39 Steps
BBC2 HD, 1.15pm ★★★★★
Robert Donat goes on the run with Madeleine Carroll.

Birdman of Alcatraz
Sony Classic, 3.10pm ★★★★
Burt Lancaster feathers his nest.

48 Hrs
Sky Thriller HD, 3.30pm ★★★★★
Nick and Eddie team up.

Frozen II
Sky Premiere HD, 6pm ★★★★
Anna and Elsa catch a chill.

Bad Education
Sky Premiere HD, 8pm ★★★★
Hugh Jackman has money troubles. See review, page 22.

Full listings start on p35

Sunday 12 July

ANIMATED COMEDY

The Lego Movie 2: The Second Part

Sky Hits HD, 8.55am & 7.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The sequel to 2014's joyously entertaining *The Lego Movie* isn't quite as awesome as its predecessor, but it still provides a blitz of rapid-fire jokes and send-ups. Chris Pratt's cheery Lego everyman Emmet and Elizabeth Banks' rebel fighter Lucy are back, but their world is now a *Mad Max*-like desert dystopia. Yet worse is to come when a set of candy-coloured space invaders appear and abduct Lucy… As the adventure unfolds, a layer of big brother-little sister sibling rivalry is added to the movie's exploration of play 2019, U, 107MIN

Emmet was a real chip off the old block

FAMILY CHOICE

COMEDY

The Festival

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE For anyone pining for more puerile antics by those lads from *The Inbetweeners*, this comedy should ease the ache. At the helm is Iain Morris, co-creator of the C4 series and its spin-off films, and the star is Joe Thomas, better known as *The Inbetweeners'* lovelorn Simon. His jilted character here is dragged off by his best friend (Hammed Animashaun) to an epic music festival. Stand by for lowbrow jokes galore, and gallons of mud. 2018, 15, 96MIN

CRIME CAPER

Now You See Me 2

C4 HD, 10.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Swaggering bank-robbing magicians the Four Horsemen are back for a sequel to 2013's flashy heist thriller that finds the quartet – illusionist Jesse Eisenberg, hypnotist Woody Harrelson, cardsharp Dave Franco and new recruit Lizzy Caplan – coerced by Daniel Radcliffe's dodgy tech tycoon into pulling off the theft of a new data-mining device. The sleight of hand can't disguise the fact that there's little of substance underneath. 2016, 12, 129MIN

FACT-BASED DRAMA

Mum's List

BBC2 HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Rafe Spall and Emilia Fox are touchingly down to earth in a first-class weepie based on Somerset paramedic St John Greene's best-selling book about his late wife Kate's battle with breast cancer and the list of hopes and plans she wrote for her two young sons in the weeks before she died. Writer-director Niall Johnson handles the story with deft care, and the result is a film that is moving without being mawkish; sweet without being sentimental. 2016, 12, 101 MIN

Also on Sunday

Stuart Little 2
C4 HD, 1.55pm ★★★★
There's a mouse about the house.

Hot Shots!
Sony Movies, 3.20pm ★★★★
Charlie Sheen gets his wings.

The Ipcress File
BBC2 HD, 3.45pm ★★★★★
The Swinging Sixties are tense times for Michael Caine.

Cleopatra
Sony Classic, 4.05pm ★★★★
Richard and Liz go Roman.

The Last Black Man in San Francisco
Sky Premiere HD, 6.50pm ★★★★
Jimmy Fails is California dreaming.

Full listings start on p45

MOVIES ON NETFLIX & AMAZON

Our pick of this week's films

SCI-FI ADVENTURE

prime Ready Player One

Showing all week ★★★★

Sex ●●● Violence ●●● Language ●●●

An adventure tale whose plot revolves around the pleasures of losing yourself in fantasy worlds, director Steven Spielberg's film is an exuberantly entertaining thrill ride – and you don't have to be a geek to enjoy it. The setting is 2045, and Tye Sheridan's young orphaned hero and his friends are trying to solve a fortune-bestowing puzzle hidden inside a virtual reality world called the Oasis. 2018, 12, 140MIN

DRAMA

NETFLIX Revolutionary Road

Showing all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Sam Mendes' classy 1950s-set drama inhabits a world where men troop off to dull jobs in the city while their wives go quietly bonkers at home. *Titanic* stars Leonardo DiCaprio and Kate Winslet play a young couple who begin to lash out bitterly at each other when their dreams turn sour. 2008, 15, 119MIN

HORROR THRILLER

NETFLIX Unfriended: Dark Web

Showing all week ★★★

Sex ●●● Violence ●●● Language ●●●

Colin Woodell's young software developer discovers that his new laptop contains some chilling secrets. This effective chiller ditches its predecessor's supernatural nemesis in favour of a shadowy cabal of hackers lurking on the dark web. 2018, 15, 93MIN

Weekday movies over page

Weekday movies

Monday 13 July

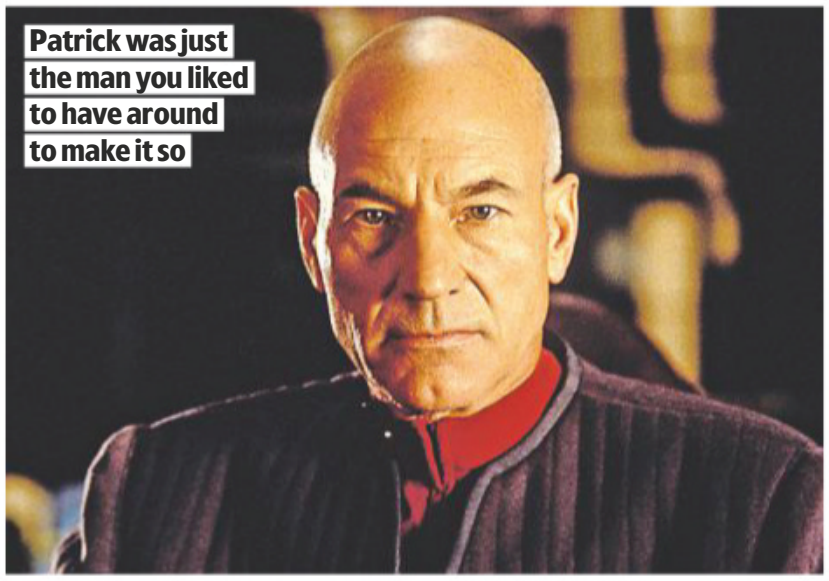
SCI-FI ADVENTURE

Star Trek: First Contact

Sky Sci-Fi & Horror HD, 7pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The eighth big-screen *Star Trek* outing is one of the best in the series, pitting Patrick Stewart's Picard and the *Next Generation* crew of the newly commissioned USS *Enterprise* against the fascistic Borg in a hugely enjoyable adventure that spans both time and space. The scenes within the Borg hive are as scary as anything in the *Alien* movies and the film gets an unexpected frisson with the introduction of Alice Krige as the Borg queen. Director and co-star Jonathan Frakes handles the intelligent, not-too-complex plot with aplomb. 1996, 12, 110MIN



Patrick was just the man you liked to have around to make it so

COMEDY

What About Bob?

Sony Movies, 6.55pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Bill Murray plays Bob, a walking nightmare who has a phobia about touching things and going places, and thinks his bladder is about to explode. Richard Dreyfuss is a pious shrink wallowing in self-control, self-satisfaction and self-glory who sees all three disintegrate when Bob pursues him to his holiday home. Delightfully manic performances from Murray and Dreyfuss keep us laughing towards the climax of this very funny film. 1991, PG, 99MIN

ACTION THRILLER

Homefront

Channel 5 HD, 11.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

Sylvester Stallone adapted Chuck Logan's novel for this competent action thriller. Jason Statham dishes out the meat-headed violence as a tough-nut DEA agent who goes up against a vicious meth-dealer and his drug-crazed sister in the Louisiana bayou. It is all fairly routine, but Statham is as strapping as ever, while James Franco and an against-type Kate Bosworth provide entertaining support as the villainous siblings. 2013, 15, 100MIN

CRIME DRAMA

Summer of Sam

Sony Movies, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

In his best film since 1989's *Do the Right Thing*, director Spike Lee uses the real-life reign of terror of serial killer David 'Son of Sam' Berkowitz in the summer of 1977 as a catalyst to explore the rifts in modern America. As the fabric of New York society begins to fall apart and gangs of vigilante thugs prowl the streets in search of the killer, the film's various themes and characters are gradually being knit ever more tightly together. 1999, 18, 142MIN

Also on Monday

The Guardian
Sky Premiere HD, 6pm ★★★
Andy Garcia does the hustle.

Macbeth
Film4 HD, 11.10pm ★★★★★
Michael Fassbender and Marion Cotillard are full of sound and fury.

Summer Camp
Horror, 11.20pm ★★★★
There's much pain in Spain.

Corpus Christi
Sky Drama HD, 12.20am ★★★★
Bartosz takes holy orders.

Satanic Panic
Sky Sci-Fi & Horror HD, 12.45am ★★★
Rebecca Romijn makes sacrifices.

Full listings start on p55

Tuesday 14 July

COMEDY

Motherhood

Sky Drama HD, 12.25pm & 10.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Christina Hendricks and Alysia Reiner go head to head with entertainingly spiky results in this smart, satirical, emotionally barbed comedy. Former art school friends, imperious conceptual artist Tina (Reiner) and eight-months-pregnant trophy wife Karen (Hendricks) meet up for a reunion of one-up-womanship and passive-aggressive sniping in which different conceptions of motherhood come under prickly scrutiny. The film is undeniably stagey, but the writing and acting are so good you won't mind. 2017, 15, 83MIN

Trouble was the last thing Christina was expecting

COMEDY

Family

Sky Cinema Comedy HD, 6.20pm ★★★

Sex ●●● Violence ●●● Language ●●●

Taylor Schilling plays a tightly wound career woman who begins to loosen up after being left in charge of her socially awkward 11-year-old niece (Bryn Vale). It's a familiar enough set up, but this comedy makes it work afresh thanks to its engaging cast and to a left-field plot strand that sees the niece run off to join a bunch of other outsiders and misfits, fans of the rap group Insane Clown Posse. 2018, 15, 85MIN

SCI-FI THRILLER

The Matrix

Sky Blockbusters HD, 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The first of the *Matrix* trilogy is also easily the best. Black-clad Keanu Reeves is super-cool as Neo, the potential saviour of the world from the machines that have enslaved mankind in a state of virtual reality. Moving with the dream logic of a computer game, the flashy visuals and state-of-the-art special effects in this brain-bombing sci-fi adventure make up for any deficiencies in the screenplay. 1999, 15, 136MIN

THRILLER

Buried

Film4 HD, 11.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This tense thriller never loses its grip from its opening scene – when Ryan Reynolds' truck driver in Iraq wakes up inside a coffin – to its brilliant closing moment. The film focuses entirely on Reynolds and his predicament as he discovers he has been kidnapped and uses the only things at his disposal – a lighter and a mobile phone – to try to get help before his air runs out. The film is compelling and clever and Reynolds does it full justice. 2010, 15, 95MIN

Also on Tuesday

Dirty Harry
Sky Greats HD, 8pm ★★★★★
Clint Eastwood shoots them up.

The Parts You Lose
Sky Premiere HD, 8pm ★★★
Aaron Paul needs a hiding place.

The Colony
Sony Movies, 9pm ★★★
Eamma Watson's coming to the rescue of Daniel Brühl.

Deadpool
Film4 HD, 9pm ★★★★
Ryan Reynolds Wades in.

The French Connnection
Sky Greats HD, 9.45pm ★★★★★
Gene Hackman's Popeye is determined to get his man.

Full listings start on p65

Wednesday

COMIC-BOOK ADVENTURE

Ant -Man

Sky Blockbusters HD, 6pm ★★★

Sex ●●● Violence ●●● Language ●●●

Possessing a special suit that enables the wearer to shrink to the size of an insect might seem a comically puny superpower to give a hero, yet Paul Rudd's miniscule Ant-Man punches well above his weight – and so does this surprisingly

Something about Michael began to bug Paul

SCI-FI ADVENTURE

Star Trek

Film4 HD, 6.35pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Star Trek makes a triumphant return with a gorgeously gleaming prequel. Chris Pine and Zachary Quinto are perfectly cast as the young space adventurers Kirk and Spock, true to their forebears while making the parts their own. The film has plenty of action, a serious baddie in the shape of Eric Bana's Nero (a Romulan who is planning to destroy the Earth) and a great turn by Leonard Nimoy as an elderly Spock. 2009, 12, 127MIN

THRILLER

Crimson Tide

ITV4 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Tony Scott abandoned many of his usual stylistic devices for this engrossing and hugely entertaining adventure. Much of the film's success is down to authoritative performances by Gene Hackman as a trigger-happy nuclear submarine commander and Denzel Washington as his more measured first officer, who enter into a war of wills over instigating a nuclear strike against a group of Russian army dissidents. 1995, 15, 116MIN

15 July

engaging Marvel Comics adventure. The film makes the most of the humour inherent in the perils the miniaturised superhero faces, although the plot is mostly standard action-thriller stuff. Rudd gets terrific support from Michael Douglas, Evangeline Lilly, Michael Peña and Corey Stoll. 2015, 12, 117MIN

PERIOD DRAMA

Downton Abbey

Sky Hits HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Julian Fellowes' posh period drama makes the jump to big-screen grandeur, bringing with it many of the series' favourite characters, including, of course, Hugh Bonneville's patrician Lord Grantham, Maggie Smith's waspish Dowager Countess and Michelle Dockery's haughty Lady Mary. Whether upstairs or downstairs, they are all in a flutter over an impending royal visit by King George V and Queen Mary. 2019, PG, 122MIN

Also on Wednesday

Olympic Dreams
Sky Premiere HD, 8pm ★★★
Alexi and Nick are good sports.

Dirty Dancing
5Star, 9pm ★★★★
Partrick Swayze shows Jennifer Grey the moves.

The Misfits
Sony Classic, 9pm ★★★★
Clark Gable and Marilyn Monroe bow out in style.

The Gunman
Film4 HD, 11.45pm ★★★
Sean Penn gets trigger happy.

The Dark Red
Sky Sci-Fi & Horror HD, 12.05am ★★★★
Is April Billingsley making it all up?

Full listings start on p75

Thursday 16 July

CRIME CAPER

Logan Lucky

ITV4 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A world away from the slick heists of his *Ocean's* films, director Steven Soderbergh delivers an unabashedly scruffy, appealingly laid-back crime comedy. The movie revolves around an elaborate raid on the Charlotte Motor Speedway – during the biggest Nascar race of the season – which has been cooked up by Channing Tatum's Jimmy Logan. Tatum has Adam Driver, Riley Keough and Daniel Craig on his team, and the engaging supporting cast includes Katie Holmes, Hilary Swank and Seth MacFarlane. 2017, 12, 116MIN

Channing worried his plans were a non-starter

HORROR

It: Chapter Two

Sky Premiere HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Twenty-seven years after defeating the diabolical killer clown menacing their small New England town, the grown-up members of the so-called Losers' Club – now played by the likes of James McAvoy, Jessica Chastain and Bill Hader – reunite to take on their shape-shifting evil foe once more. Sadly, the second part of this supernatural horror thriller based on the Stephen King story isn't a match for its predecessor. *Also on Friday*. 2019, 15, 169MIN

ACTION COMEDY

The Other Guys

Sky Cinema Comedy HD, 9.40pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Despite having the flimsiest of plots, this splendid farce is a triumph. Will Ferrell and Mark Wahlberg form a great comedy double act as mismatched, disgraced New York City detectives who have to step up to tackle the baddies when something happens to the city's top cops (Samuel L Jackson and Dwayne Johnson). There is plenty of action and the film is often hilarious, with big laughs throughout. 2010, 12, 107MIN

PRISON DRAMA

Escape Plan

Film4 HD, 11.35pm ★★★

Sex ●●● Violence ●●● Language ●●●

After teaming up briefly in the *Expendables* movies, Sylvester Stallone and Arnold Schwarzenegger get thrown together for a longer stretch in this hokey jailbreak caper. Stallone is an escapologist who is paid to wriggle out of supposedly escape-proof prisons to expose flaws in their security, while Schwarzenegger is the enigmatic fellow inmate he turns to after he is duped and banged up in a high-tech secret prison. 2013, 15, 115MIN

Also on Thursday

300
Sky Action HD, 6pm ★★★★
Gerard Butler leads a Spartan life.

How to Marry a Millionaire
Sony Classic, 7.05pm ★★★★
Betty Grable, Lauren Bacall and Marilyn Monroe dig for gold.

Chinatown
Sky Greats HD, 8pm ★★★★★
Jack Nicholson has a nose for trouble in 1930s LA.

Gladiator
Sky Action HD, 10pm ★★★★
Russell Crowe is out for revenge.

Batman Begins
Sky Sci-Fi & Horror HD, 11.10pm ★★★★★
Christian Bale dons the cape.

Full listings start on p85

Friday 17 July

HORROR

The Ritual

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

This atmospheric horror thriller sends four ex-university friends – including Rafe Spall's guilt-wracked everyman and Robert James-Collier's macho alpha male – on a hiking trip in northern Sweden. When they attempt a short cut through a forest, they inevitably get more than they bargained for. In the hands of director David Bruckner, the deep, dark woods are scary enough on their own, but hallucinatory psychological terrors and grisly physical dangers also lie in wait for the ill-fated quartet. 2017, 15, 94MIN

Next year, Rafe was planning on a staycation

DRAMA

Good Will Hunting

5Star, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

There may not be much in this academic character study you won't have seen before, but it is supremely well-acted and won many awards, including a Best Original Screenplay Oscar for co-authors Matt Damon and Ben Affleck. Damon plays Will Hunting, a mathematical genius whose intellectual promise doesn't gel with his working-class roots until he strikes up a friendship with an unconventional therapist (Robin Williams). 1997, 15, 126MIN

HORROR MYSTERY

The Pact

Horror, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Part ghost story, part whodunit, this horror thriller delivers some well-timed shocks and scares as Caity Lotz's biker chick investigates her sister's mysterious disappearance from their dead mother's house. With laptops, Skype and GPS crucial to the plot, the haunted-house movie genre comes right up to date. The film can't sustain the same level of suspense all the way through, though it makes good use of the drab California locations. 2012, 15, 89MIN

COMEDY DRAMA

20th Century Women

BBC2 HD, 11.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A re-imagining of writer-director Mike Mills' teenage years in late-1970s California, this comedy drama centres on a bohemian, slightly ramshackle household in Santa Barbara where Annette Bening's 55-year-old divorcee is raising her son (Lucas Jade Zumann). Greta Gerwig and Elle Fanning also star in a sometimes funny, always charming film that isn't just a well-acted portrait of a fascinating woman, but of an era, too. 2016, 15, 118MIN

Also on Friday

Lethal Weapon
Sky Greats HD, 6pm ★★★★
Mel Gibson's a loose cannon.

The Naked Gun
Sky Cinema Comedy HD, 7pm ★★★★
Leslie Nielsen is straight from the files of *Police Squad!*

Ad Astra
Sky Premiere HD, 8pm ★★★
Brad Pitt blasts off.

The Dark Knight Rises
Sky Blockbusters HD, 10.35pm ★★★★
Saving Gotham City.

Carrie
TCM HD, 11.05pm ★★★★
School's out for Sissy Spacek.

Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

Current champion Lewis Hamilton

F1: Styrian Grand Prix

Austria's Red Bull Ring hosts its second **back-to-back Grand Prix**

THE MAIN EVENT

Max Verstappen in his Red Bull

LIVE MOTORSPORT

Sunday, Sky Sports F1 HD, race starts 2.10pm

There's an unusual name in the Formula One calendar on Sunday when the Red Bull Ring stages its second race of the season.

After hosting the season-resuming Austrian Grand Prix on 5 July, the circuit is now staging the first, and probably only, Styrian Grand Prix – with the race named after the state of Austria where the Red Bull Ring is located.

Here, former F1 driver and Sky Sports expert Martin Brundle, 61, tells us what to expect from the season…

Martin Brundle

I've been involved in F1 for 36 years and I have never seen anything like this season... It's a very compressed calendar featuring wall-to-wall racing, so it will have a different flavour to it. We still don't know how many races there will be, so the drivers will have to approach things differently.

I think F1 has done amazingly well to get the show back on the road... The drivers will be happy to be racing again. They might still be a bit rusty after just one race back, and they might be a bit clumsy in combat, but they know what they have got to do.

Mercedes' Valtteri Bottas

The Red Bull Ring is an odd circuit, with very few corners... It will be about who can carry the speed without making the errors. I like the fact that there is a bit of peril, while speed and accuracy are rewarded.

Max Verstappen won the Austrian Grands Prix in 2018 and 2019... so I expect Red Bull to start the season strongly. The first two races at their home circuit will play into their hands.

A seventh world title won't be a shoo-in for Lewis Hamilton this year... This condensed season will be all about speed and reliability, and that points to Lewis and Mercedes having another successful year. But I expect his teammate, Finland's Valtteri Bottas, to be a major contender, and Ferrari and Red Bull will also be strong.

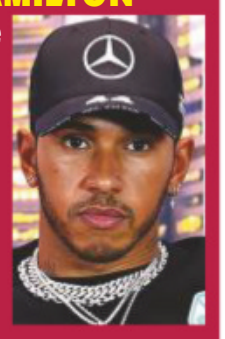
● *Watch every race live on Sky Sports F1 HD and NOW TV*

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES, SKY

BRITS ON THE GRID

Former F1 driver and Sky Sports expert Johnny Herbert, 56, gives his verdict on 2020's four British drivers...

LEWIS HAMILTON

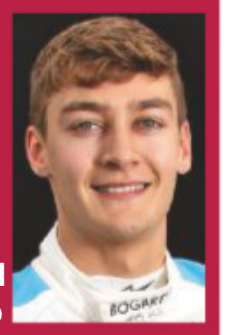


'Lewis is the best driver I have ever seen. His race craft has got better and better and he is probably now at his peak. He is always exciting to watch and has an amazing mental strength.'

LANDO NORRIS

'Points are on the cards for Lando this season. His McLaren car isn't dynamite, but it's OK. His teammate, Carlos Sainz Jr, is moving on to Ferrari next season, and that will only be good for Lando in terms of motivation.'

GEORGE RUSSELL



'I like George's demeanour – he's very confident and mature and has the right mental approach to his racing. His Williams car isn't massively challenging but it's a better car than he was driving last year.'

ALEXANDER ALBON

'It was a big deal for the London-born driver when he moved up from Toro Rosso to the Red Bull team last year. He has a very strong mind, and driving alongside Max Verstappen will draw the best out of him.'

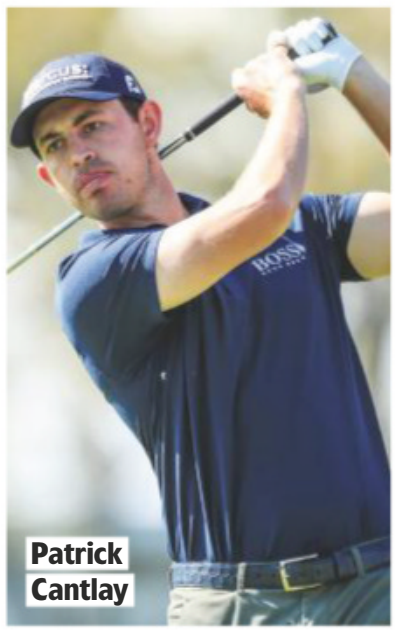
West Indies' John Campbell and England's James Anderson

LIVE CRICKET

England v West Indies: Second Test

From Thu, Sky Sports Cricket HD & Sky Sports Main Event HD

Following the end of the first Test in Southampton over the weekend, the sides reconvene on Thursday for the first of two Tests at Old Trafford. Lancashire's James Anderson and Jos Buttler will be back on home soil, while captain Joe Root is expected to return to England duty after the birth of his baby. It's the first time that the teams have played a Test match in Manchester since the 2007 series.



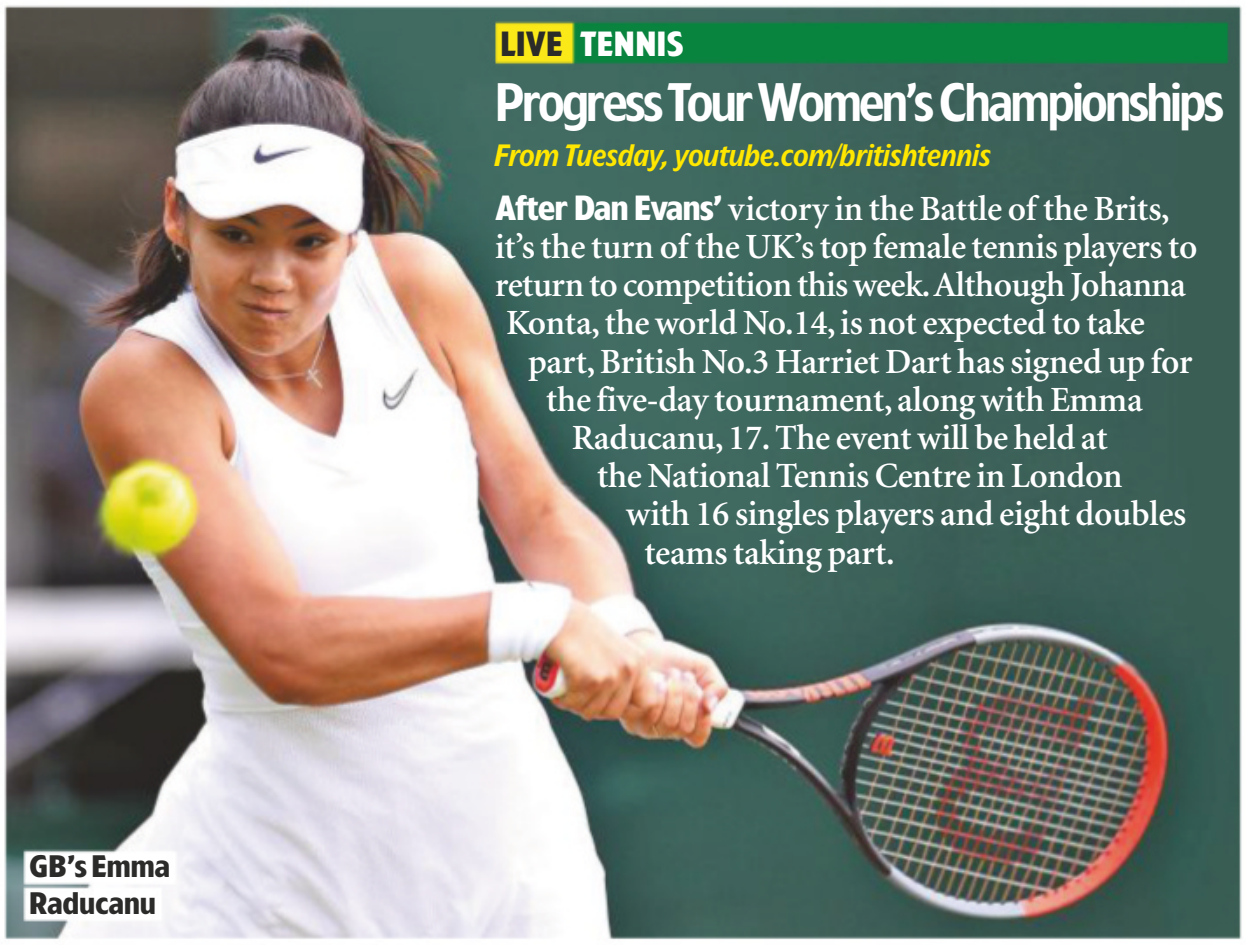
Patrick Cantlay

LIVE GOLF

The Memorial Tournament

From Thursday, Sky Sports Golf HD & Sky Sports Main Event HD

Another step in the return to sporting normality comes on Thursday when the Memorial becomes the PGA Tour's first event to allow spectators back on the course. The Muirfield Village Golf Club in Dublin, Ohio, is preparing to allow a maximum of around 8,000 fans in the gallery at any one time. Last year's contest was won by America's Patrick Cantlay, ahead of Australia's Adam Scott and Germany's Martin Kaymer.



GB's Emma Raducanu

LIVE TENNIS

Progress Tour Women's Championships

From Tuesday, youtube.com/britishtennis

After Dan Evans' victory in the Battle of the Brits, it's the turn of the UK's top female tennis players to return to competition this week. Although Johanna Konta, the world No.14, is not expected to take part, British No.3 Harriet Dart has signed up for the five-day tournament, along with Emma Raducanu, 17. The event will be held at the National Tennis Centre in London with 16 singles players and eight doubles teams taking part.

Laura Muir

NEW ATHLETICS

Inspiration Games

Saturday, BBC1 HD, 1.15pm

Highlights of the three-team event as 30 athletes compete simultaneously in different venues across the globe, with a European side taking on the USA and the Rest of the World. Great Britain's Laura Muir is expected to race for Europe in a three-way distance race against world champion Sifan Hassan and Jenny Simpson, while the USA's 200m Olympic and world champion Allyson Felix runs in a very competitive women's 150m.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE This week's sport on TV

Due to the ongoing coronavirus outbreak, sporting events are subject to disruption or cancellation

ATHLETICS

Inspiration Games
Sat 1.15pm BBC1
Coverage of the innovative track and field team competition. See p29.

AUSTRALIAN RULES

LIVE Essendon Bombers v Western Bulldogs
Sat 10.30am BT Sport 2

LIVE Carlton v Sydney Swans
Sun 6.30am BT Sport 2

LIVE North Melbourne v Richmond
Sun 9am BT Sport 2

LIVE Essendon Bombers v Hawthorn Hawks
Thu 10.30am BT Sport 1

LIVE Geelong Cats v Collingwood Magpies
Fri 11am BT Sport 1

BASKETBALL

LIVE The Basketball Tournament
Sat 7pm, 9pm; Sun 9pm, 11pm; Tue 12.01am BT Sport/ESPN
Conclusion of the winner-takes-all knockout tournament in Ohio.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 1am BT Sport 1

LIVE Kamaru Usman v Gilbert Burns
Sat 3am BT Sport 1
Coverage of the UFC welterweight bout in Abu Dhabi, plus undercard.

LIVE UFC Fight Night Prelims
Wed 1am BT Sport 2

LIVE Calvin Kattar v Dan Ige
Wed 3am BT Sport 2
A featherweight UFC title bout.

CRICKET

LIVE England v West Indies
Sat & Sun 10.30am Sky Sports Cricket; Sat 10.30am, 3.35pm Sky Sports Main Event
The First Test concludes. Highlights: Sat 7.15pm, Sun 7.30pm BBC2; Sat & Sun 8pm Sky Sports Cricket.

LIVE Dream11 ECS Cricket
Thu 7.55am, 9.55am, 11.55am, 1.55pm, 3.55pm, 5.55pm; Fri 7.55am, 9.55am, 11.55am, 2.55pm FreeSports
The latest matches from the European T10 competition.

LIVE England v West Indies
Thu & Fri 10.30am Sky Sports Cricket & Sky Sports Main Event
Coverage of the first two days of the Second Test at Old Trafford in Manchester. Highlights: Thu & Fri 7pm BBC2; Thu & Fri 8pm Sky Sports Cricket. See p29.

GOLF

LIVE Workday Charity Open
Sat & Sun 12.45pm Sky Sports Golf; Sun 10pm Sky Sports Main Event
Coverage of days three and four in the PGA Tour event at Muirfield Village Golf Club in Dublin, Ohio. Highlights: Sun 7am; Mon 10am Sky Sports Golf.

LIVE The Memorial Tournament
Thu & Fri 11.45am Sky Sports Golf; Thu 10.45pm, Fri 10pm Sky Sports Main Event
The first two days of the PGA Tour event at the Muirfield Village Golf Club in Ohio. Highlights: Fri 6am Sky Sports Golf. See p29.

HORSE RACING

LIVE Racing from Newmarket
Sat 1.25pm ITV
Coverage of the 4.10 July Cup and support races at 3.00 and 3.35. Plus four races from Ascot, including the 2.40 Summer Mile.

MOTORCYCLING

LIVE Superbikes: MotoAmerica
Sat & Sun 8pm Euro2
Coverage of the third round of the season in Monterey, California.

LIVE Czestochowa v Lublin
Sun 3.30pm Premier Sports 2
Polish speedway action.

LIVE FIM CEV Repsol International Championship
Mon 10.45am BT Sport 1
Action from the first race of round two in the Algarve, Portugal.

LIVE MotoGP
Fri 8am, 12noon BT Sport 2
Practice sessions ahead of the Grand Prix of Spain in Jerez.

LIVE Rybnik v Czestochowa
Fri 5pm FreeSports
Polish speedway coverage.

LIVE Lublin v Grudziadz
Fri 7.30pm Premier Sports 1
Speedway action from Poland.

MOTORSPORT

LIVE Styrian F3 GP
Sat 9.20am; Sun 8.45am Sky Sports F1
Two races in the Formula 3 season.

LIVE Styrian F1 GP
Sat 10.45am, 1.30pm Sky Sports F1; Sat 1.30pm Sky Sports Main Event
Practice and qualifying sessions for the Styrian Grand Prix.

LIVE Styrian F2 GP
Sat 3.35pm; Sun 10.10am Sky Sports F1
Coverage of two races in the second round of the Formula 2 season.

LIVE Indycar
Sat 10pm Sky Sports F1
Race one of the REV Group Grand Prix at Road America in Wisconsin.

LIVE Porsche Supercup
Sun 11.15am Euro2
Coverage of the second round at Red Bull Ring in Spielberg, Austria.

LIVE Formula 1: Styrian GP
Sun 2.05pm Sky Sports F1
The second round of the season. Highlights: Sun 6.30pm C4; Sun 9pm Sky Sports F1. See p28.

LIVE World RX eSports
Sun 3pm BT Sport 1
Pro rally drivers compete virtually against YouTubers and eSports stars.

LIVE NASCAR
Sun 7.30pm; Wed 12m't, 1am Premier Sports 2
The Quaker State 400, 2020 All-Star Open and 2020 All-Star Race.

NETBALL

LIVE Steel v Stars
Sat 6am Sky Sports Mix
ANZ Premiership coverage.

LIVE Stars v Magic
Sun 6am Sky Sports Mix

LIVE Tactix v Mystics
Sun 8am Sky Sports Mix & Sky Sports Main Event

LIVE Tactix v Magic
Mon 8am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

LIVE Mystics v Stars
Fri 8am Sky Sports Mix

RUGBY LEAGUE

LIVE Cronulla-Sutherland Sharks v Penrith Panthers
Sat 6am Sky Sports Arena

LIVE Brisbane Broncos v Canterbury-Bankstown Bulldogs
Sat 8.30am Sky Sports Arena

LIVE Canberra Raiders v Melbourne Storm
Sat 10.35am Sky Sports Arena

LIVE Newcastle Knights v Parramatta Eels
Sun 7.05am Sky Sports Arena

LIVE St George Illawarra Dragons v Manly-Warringah Sea Eagles
Sun 9.30am Sky Sports Arena

LIVE Sydney Roosters v Canberra Raiders
Thu 10.50am Sky Sports Arena

LIVE Melbourne Storm v Gold Coast Titans
Fri 9am Sky Sports Arena

LIVE Wests Tigers v Brisbane Broncos
Fri 10.55am Sky Sports Arena

LIVE St George Illawarra Dragons v Canterbury-Sutherland Bulldogs
Fri 5.55am Sky Sports Arena

RUGBY UNION

LIVE Crusaders v Blues
Sat 7.30am Sky Sports Action

LIVE Hurricanes v Highlanders
Sat 4am Sky Sports Action & Sky Sports Main Event

LIVE Reds v Western Force
Fri 10am Sky Sports Action

TENNIS

LIVE Ultimate Tennis Showdown
Sat & Sun 4pm, 5.15pm Euro2
Round five of the invitational event in France, with 10 top male players going head to head each week.

LIVE Progress Tour Women's Championships
From Tuesday, youtube.com/britishtennis
A five-day tournament in London featuring the UK's top female players, streaming live on the LTA's YouTube channel. See p29.

Tennis
Will Stefanos Tsitsipas triumph in the Ultimate Tennis Showdown?

Football planner »»

Australian rules
North Melbourne take on reigning AFL champions Richmond

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100062	Blooming Fast Superior Soluble Fertiliser - **SAVE £2!**	£7.99		
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Due to the ongoing coronavirus outbreak, football matches are subject to disruption or cancellation

Saturday 11

LIVE Kawasaki Frontale v Kashiwa Reysol
10.55am FreeSports (kick-off 11am)
Coverage of the Japanese top-flight match at Todoroki Stadium.

LIVE Norwich City v West Ham United
12noon BT Sport 1 (kick-off 12.30pm)
The Canaries face-off against the Hammers in the Premier League at Carrow Road.

LIVE Watford v Newcastle
12.30pm Amazon Prime
The crucial Premier League clash from Vicarage Road.

LIVE Liverpool v Burnley
2.30pm BT Sport 1 (kick-off 3pm)
Champions Liverpool host Burnley in their latest Premier League outing at Anfield.

LIVE Osasuna v Celta Vigo
4pm LaLiga TV

LIVE Lazio v Sassuolo
4.10pm Premier Sports 2 (kick-off 4.15pm)
Coverage of the Italian top-flight encounter from the Stadio Olimpico in Rome.

LIVE Legia Warsaw v Cracovia
4.25pm FreeSports (kick-off 4.30pm)
Coverage of the match from Poland's top-flight at the Polish Army Stadium.

LIVE Sheffield United v Chelsea
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Action from the top-flight encounter as the Blades host Chelsea at Bramall Lane.

LIVE Real Valladolid v Barcelona
6.30pm LaLiga TV

LIVE Brescia v AS Roma
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage of the Italian top-flight clash from Stadio Mario Rigamonti.

LIVE Brighton & Hove Albion v Manchester City
7.45pm Sky Sports Main & Sky Sports Premier League (kick-off 8pm)
Action from the top-flight clash at the Amex Stadium.

LIVE Juventus v Atalanta
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight clash from Allianz Stadium.

LIVE Atlético v Real Betis
9pm LaLiga TV

LIVE Atlanta United FC v New York Red Bulls
1am FreeSports
Coverage of the American MLS Group E clash from ESPN Wide World of Sports Complex in Florida. The tournament is intended to be a one-off event, held in place of the MLS regular season. The group stage concludes on 23 July and will be followed by a knockout stage.

LIVE Cincinnati v Columbus
3.30am FreeSports
Action from the MLS Group E encounter from Florida.

Sunday 12

LIVE Shimizu S-Pulse v Gamba Osaka
9.55am FreeSports (kick-off 10am)
Coverage of the Japanese league match at IAI Stadium.

LIVE Wolves v Everton
11.30am Sky Sports Main Event, Sky Sports Premier League, Sky One & Pick TV (kick-off 12noon)
Action from the Premier League fixture at Molineux.

LIVE Espanyol v Eibar
1pm LaLiga TV

LIVE Piast Gliwice v Jagiellonia Bialystok
1.55pm FreeSports (kick-off 2pm)
Coverage of the encounter from Poland's Ekstraklasa.

LIVE Aston Villa v Crystal Palace
2pm Sky Sports Main Event & Sky Sports Premier League
All the action from the Premier League match at Villa Park.

LIVE Levante v Athletic Bilbao
4pm LaLiga TV

LIVE Genoa v SPAL
4.10pm Premier Sports 1 (kick-off 4.15pm)
Coverage of the Italian top-flight clash from Stadio Luigi Ferraris.

LIVE Tottenham Hotspur v Arsenal
4.15pm Sky Sports Football, Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Coverage of the Premier League North London Derby, which comes from Tottenham Hotspur Stadium.

LIVE Udinese v Sampdoria
Sun 6.25pm Premier Sports 1 (kick-off 6.30pm)
Action from the Italian top-flight clash at the Dacia Arena.

LIVE Leganés v Valencia
6.30pm LaLiga TV

LIVE Bournemouth v Leicester City
6.30pm Sky Sports Main Event, Sky Sports Premier League, Sky One & Pick TV (kick-off 7pm)
All the action from the Premier League tie at the Vitality Stadium.

LIVE AGF v FC Midtjylland
6.55pm FreeSports (kick-off 7pm)
Coverage of the Danish Superliga match at Ceres Park.

LIVE Napoli v AC Milan
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight clash from Stadio San Paolo.

LIVE Sevilla v Mallorca
9pm LaLiga TV

LIVE Sporting Kansas City v Minnesota United FC
1am FreeSports
Coverage of the Group D match from ESPN Wide World of Sports Complex in Florida.

LIVE PREMIER LEAGUE

Norwich City v West Ham United

Saturday, BT Sport 1 HD, kick-off 12.30pm

David Moyes' men will want to take all three points from their trip to Carrow Road as the Hammers scrap for Premier League survival following a poor restart to the season. Norwich have been rooted to the bottom since December.

LIVE PREMIER LEAGUE

Tottenham Hotspur v Arsenal

Sunday, Sky Sports Football HD, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm

The north London rivals have fallen short of expectations this season. Harry Kane clocked up his 200th league appearance for Spurs against West Ham last month.

LIVE LEAGUE ONE

Play-off Final

Monday, Sky Sports Football HD, kick-off 7.30pm

A place in next season's Championship awaits the winner of the League One play-off final at Wembley. The semi-finals had yet to be decided as we went to press, with Portsmouth, Oxford, Fleetwood and Wycombe all in contention for promotion.

LIVE Real Salt Lake v Colorado
3.30am FreeSports
All the action from the Group D match in America's MLS.

Monday 13

LIVE La Liga
6.30pm LaLiga TV

LIVE League One Play-off Final
7pm Sky Sports Football (kick-off 7.30pm)
A place in the Championship is at stake in the League One Play-off Final at Wembley Stadium.

LIVE Manchester United v Southampton
7.30pm Sky Sports Premier League, Sky Sports Main Event, Sky One & Pick TV (kick-off 8pm)
All the action from the Premier League clash at Old Trafford.

LIVE Inter Milan v Torino
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the clash from Italy's Serie A as Inter host Torino at the San Siro.

LIVE Granada v Real Madrid
9pm LaLiga TV

LIVE Los Angeles FC v Houston Dynamo
1am FreeSports
Coverage of the Group F match.

LIVE Los Angeles Galaxy v Portland Timbers
3.30am FreeSports
The MLS Group F match at ESPN Wide World of Sports Complex.

Tuesday 14

LIVE Inter Miami CF v Chicago Fire
2pm Sky Sports Football
Coverage from the MLS Group A.

LIVE Premier League
5.30pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE Premier League
8pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE Atalanta v Brescia
8.40pm Premier Sports 1 (kick-off 8.45pm)
All the action from the Italian top-flight encounter.

LIVE Benfica v Vitoria de Guimaraes
9.25pm FreeSports (kick-off 9.30pm)
All the action from the Portuguese top-flight fixture.

LIVE Philadelphia Union v Nashville SC
1am FreeSports
The MLS Group A match.

LIVE Orlando City SC v New York City FC
3.30am FreeSports
All the MLS action with a Group A match from Florida.

Wednesday 15

LIVE Premier League
5.30pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE Bologna v Napoli
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage of the Italian top-flight tie.

LIVE AC Milan v Parma
6.25pm Premier Sports 2 (kick-off 6.30pm)
Coverage of the Italian top-flight clash from San Siro.

LIVE Match of the Day
6.55pm BBC1 & red button
All the action from another crucial Premier League fixture.

LIVE SC Braga v Belenenses
7.10pm FreeSports (kick-off 7.15pm)
Top-flight Portuguese action at the Estadio Municipal de Braga.

LIVE Premier League
8pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE La Liga
8pm LaLiga TV

LIVE Sassuolo v Juventus
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight clash from Mapei Stadium.

LIVE Udinese v Lazio
8.40pm Premier Sports 2 (kick-off 8.45pm)
Action from Italy's Serie A.

LIVE FC Porto v Sporting Lisbon
9.25pm FreeSports (kick-off 9.30pm)
Portuguese top-flight action.

LIVE Montreal Impact v Toronto FC
1am FreeSports
Coverage of the MLS Group C tie.

LIVE Vancouver Whitecaps v San Jose Earthquakes
3.30am FreeSports
MLS action with the Group B meeting from in Florida.

LIVE Atlanta United v FC Cincinnati
2pm Sky Sports Football
Action from the MLS Group E.

Thursday 16

LIVE Torino v Genoa
6.25pm Premier Sports 1 (kick-off 6.30pm)
The Italian top-flight clash.

LIVE Premier League
5.30pm BT Sport 1
Action from the Premier League.

LIVE Premier League
5.30pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE Premier League
8pm BT Sport 1
Action from the Premier League.

LIVE Premier League
8pm Sky Sports Main Event & Sky Sports Premier League
Action from the Premier League.

LIVE SPAL v Inter Milan
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight meeting from Stadio Paolo Mazza.

LIVE DC United v New England
1am FreeSports
Coverage of the MLS Group C match from Florida.

LIVE Columbus Crew v New York Red Bulls
3.30am FreeSports
Action from the MLS Group E at ESPN Wide World of Sports.

Friday 17

LIVE Sporting Kansas City v Colorado Rapids
1am FreeSports
Group D action from the MLS.

LIVE Real Salt Lake v Minnesota
3.30am FreeSports
Another MLS Group D encounter live from Florida.

PHOTOS: GETTY

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Saturday

11 July

Evening Planner

Athletics

Inspiration Games
BBC1 HD, 1.15pm
Highlights of the games in which track-and-field stars competed around the globe, including Allyson Felix in the 150m

Entertainment

The Voice Kids
ITV HD, 7.25pm
Emma Willis hosts, and Paloma Faith joins Danny Jones, Pixie Lott and will.i.am to be a coach to more talented youngsters

Documentary

Natalie Wood: What Remains Behind
Sky Documentaries HD, 9pm
Natasha Gregson Wagner offers an insight into her mother's life and career

Documentary

The Queen: Duty Before Family?
Channel 5 HD, 9.15pm
How Her Majesty has dealt with domestic crises, such as Princess Diana's death

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1		7.10 Celebrity...	7.40 Pointless Celebrities	8.25 Casualty	9.15 Peter Crouch: Save Our...		10.00 News	10.20 Match of the Day
102 BBC2		7.15 Today at the Test: England v West Indies		8.15 British History's Biggest Fibs with Lucy...	9.15 When Harvey Met Bob			
103 ITV	◂ 6.25 Ninja...	7.25 The Voice Kids			9.00 Film: From Russia with Love			
104 CHANNEL 4	◂ 6.30 Formula 1 Styrian Grand Prix...		8.00 How to Build British: Aston Martin		9.00 Film: Mechanic: Resurrection			
105 CHANNEL 5		7.15 Great River Cruises with Jane McDonald			9.15 The Queen: Duty Before Family?			10.15 When TV Goes Horribly...
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Judge Dredd			
ENTERTAINMENT								
116 BBC4	7.00 This Farming Life		8.00 Earth's Natural Wonders		9.00 The Young Montalbano			
118 ITV2	◂ 6.35 Film: Green Lantern				9.00 Love Island: Australia			10.20 Celebrity Juice
136 MORE4	◂ 6.55 Four in a Bed		8.00 The Queen's Lost Family		9.00 24 Hours in A&E			
135 E4	◂ 6.10 Film: The Hunger Games: Catching Fire				9.00 Film: Bad Neighbours 2			
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 Blue Bloods	
108 SKY ATLANTIC	7.00 CSI				9.00 Band of Brothers			
110 GOLD	◂ 6.50 Only Fools and Horses					9.25 Michael McIntyre's Comedy Roadshow		10.25 Mrs Brown's Boys
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out Christmas Special		9.00 Not Going Out...	9.40 Mock the Week		10.20 Big Zuu's Big Eats
119 ITV3	◂ 5.15 Midsomer Murders							
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Film: City Slickers: The Legend of Curly's Gold					10.10 Film: National Lampoon's...
112 COMEDY CENTRAL	7.00 Friends		8.00 Film: Beetlejuice				10.00 Film: Get Hard	
152 SYFY	◂ 6.00 Film: 100 Degrees Below Zero		8.00 Pandora		9.00 Film: Bad Boys II			
109 W	◂ 6.40 Outnumbered		8.00 Inside the Ambulance				10.00 The Catherine Tate Show	
113 SKY COMEDY	7.00 30 Rock				9.00 Betty	9.35 Insecure		10.10 Chris Rock: Kill the Messenger
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 APB		10.00 Family Guy	
122 SKY ARTS	◂ 6.30 Paul Simon: Live at Hyde...	7.45 The Rolling Stones Return to Hyde Park – Sweet...			9.00 Kings of Leon: Live at the O2			
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Divers		8.00 G.A.S. Extreme Customs		9.00 Outback Truckers		10.00 Secrets of Seal Team 6	
162 ANIMAL PLANET	7.00 Nature's Strangest Mysteries: Solved		8.00 Saved By the Barn		9.00 The Zoo		10.00 Legends of the Wild	
129 NAT GEO	7.00 Seconds from Disaster		8.00 No Man Left Behind					
123 SKY HISTORY	7.00 Forged in Fire		8.00 Brunel: The Man Who Built Britain		9.00 Jesse James' Hidden Treasure			
155 YESTERDAY	7.00 Sounds of the Sixties				9.00 Royal Murder Mysteries		10.00 Royals on the Frontline	
166 EDEN	7.00 Jungle Planet		8.00 Crazy Creature Costumes		9.00 The Zoo			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Frozen II		8.00 Bad Education				10.00 It: Chapter Two	
303 HITS	◂ 6.50 Godzilla				9.00 Godzilla: King of the Monsters			
304 GREATS	◂ 6.00 The Twilight Saga: Breaking Dawn...		8.00 Ocean's Twelve					10.10 Fury
305 DISNEY	◂ 6.00 Toy Story 4	7.45 Cars				9.45 The Little Mermaid		
306 FAMILY	◂ 6.20 Polar Squad		8.00 Aladdin					10.10 Bean
307 ACTION	◂ 6.00 Ant-Man		8.00 Stuber			9.35 Lethal Weapon 2		
308 COMEDY	◂ 6.00 The Longest Yard		8.00 Pokémon Detective Pikachu				10.00 Buffaloed	
309 THRILLER	◂ 5.20 Papillon	7.35 The Shawshank Redemption					10.00 The Green Mile	
310 DRAMA	◂ 5.55 Grease 2		8.00 Yesterday				10.00 Saturday Night Fever	
311 SCI-FI	7.00 Gemini Man				9.00 Captain Marvel			
302 BLOCKBUSTERS	◂ 6.30 Aquaman				9.00 Fast & Furious Presents Hobbs & Shaw			
313 FILM4	7.00 Fantastic Four				9.00 Star Trek			
315 TCM MOVIES	◂ 6.45 Sherlock Holmes and the Secret...		8.00 Gremlins					10.15 The Shepherd
SPORT								
401 MAIN EVENT	◂ 5.00 Premier League – Live: Sheffield United v Chelsea (Kick-off 5.30); Brighton & Hove Albion v Manchester City (Kick-off 8.00)							10.30 News
402 PREMIER LEAGUE	◂ 5.00 Premier League – Live: Sheffield United v Chelsea (Kick-off 5.30); Brighton & Hove Albion v Manchester City (Kick-off 8.00)							10.30 Gary Neville's...
403 FOOTBALL	7.00 EFL Play Off Finals Highlights						10.00 SPFL Greatest...	10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	◂ 6.30 Bundesliga...	7.30 UEFA...	8.00 The WRC...	8.30 Bundesliga...	9.00 WWE Friday Night SmackDown			10.30 UFC...
414 BT SPORT 2	◂ 6.30 BT Sport Fight Night			8.30 Daniel Dubios...	9.00 UFC: Inside the...	9.30 UFC Countdown: 251		10.30 WWE NXT...

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

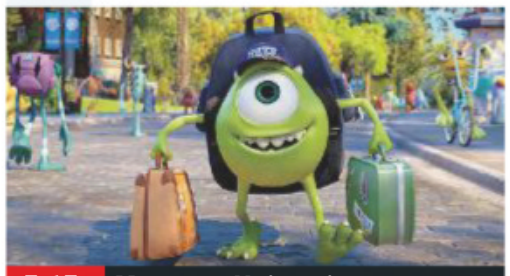
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Saturday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Martin Kemp. (S)
11.30 NEW TO BBC1 **The Great Food Guys** 1/8. Asian fusion food. *Previously on BBC Scotland.* (S)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 NEW **Athletics: Inspiration Games** Action from the event that saw 30 athletes compete in different venues around the world. (S)
2.15 **Wimbledon: The Greatest Championships** New edition A panel of experts select the best 10 ladies' finals of the Open era. (S)
5.15 FILM **Monsters University** Animated comedy prequel with the voices of Billy Crystal, John Goodman and Steve Buscemi. (S)(AD) (2013, U, 95min) ★★★★


5.15 Monsters University

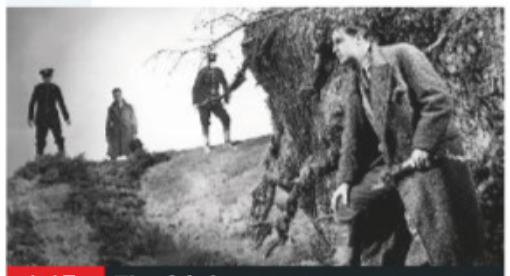
6.50 **BBC News** (S)
7.00 **Local News** (S)
7.10 **Celebrity Mastermind** 2/10. Bronagh Waugh, Darren Harriott, Adam Pearson and Riyadh Khalaf compete. (S)(R)
7.40 **Pointless Celebrities** 4/23. A journalism-themed edition of the quiz, with Owen Jones, Paris Lees, Kay Burley and Adam Boulton. (S)(R)
8.25 **Casualty** Jade meets her birth mother for the first time, Charlie throws himself back into work, and Dylan pushes Faith away. (S)(AD)
9.15 **Peter Crouch: Save Our Summer** New edition 6/8. With Tinie Tempah, Mo Farah, Jessica Ennis-Hill and Ellie Goulding. (S)
■ Repeated on Monday
10.00 **BBC News** (S)
10.20 **Match of the Day** Highlights of the latest Premier League matches, including Sheffield United v Chelsea. (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm
11.25 **Hot Property** New edition 5/8. Filly meets his match with larger-than-life student Adam. (S)
12.05 AM FILM **X+Y** Comedy drama with Asa Butterfield and Rafe Spall. (S)(AD) (2014, 12, 105min) ★★★★
1.50 **Weather for the Week Ahead** (S)
1.55 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Marrying Mum and Dad** (S)(R)
7.15 **Wild & Weird** (S)(R)
7.30 **All Over the Place: UK** (S)(R)
8.00 **Blue Peter** (S)(R)
8.30 **Deadly 60** (S)(R)
9.00 **Extreme Mountain Challenge** (R)
10.00 **Big Cats** (S)(R)(AD)
11.00 **Wild West: America's Great Frontier** (S)(R)(AD)
12.00 NOON **Nadiya's British Food Adventure** (S)(R)(AD)
12.30 PM **My Life on a Plate** (S)(R)(AD)
1.15 FILM **The 39 Steps** Hitchcock's thriller. (S) (1935, b/w, U) ★★★★★
2.40 **Hitchcock's Leading Actors: Talking Pictures** (S)(R)
3.10 **Coast** Dramatic coastlines. (S)(R)
3.45 **Greatest Escapes to the Country** Series finale Remote homes. (S)
4.15 **The Fens: A Wild Year** (S)(R)(AD)
5.15 **Inside Central Station** (S)(R)(AD)


1.15 The 39 Steps

6.15 **A House Through Time** 2/4. David Olusoga focuses on the 1850s to the 1890s, revealing how a widow changed the Liverpool dwelling into a boarding house. (S)(R)(AD)
7.15 **Today at the Test: England v West Indies** Isa Guha presents highlights from the fourth day's play of the first Test in the three-match series, held at the Ageas Bowl in Southampton. (S)
8.15 **British History's Biggest Fibs with Lucy Worsley** 2/3. Historian Lucy Worsley debunks the so-called Glorious Revolution of 1688, when Prince William of Orange invaded the British Isles. (S)(R)(AD)
9.15 **When Harvey Met Bob** Feature-length drama telling the story of the relationship between Boomtown Rats singer Bob Geldof and concert promoter Harvey Goldsmith, as they brought about *Live Aid*. Stars Domhnall Gleeson and Ian Hart. (S)(R)(AD)
10.45 **I Love 1985** Grace Jones presents a look back at a year when *Live Aid* took the world by storm. (S)(R)
11.15 **Top of the Pops: 1985 Big Hits** Memorable hits of the year, featuring Wham!, The Smiths, a-ha, Eurythmics, The Cure, Dead or Alive and Bonnie Tyler. (R)
12.15 AM **Top of the Pops: The Story of 1985** Recalling the year of *Live Aid*, when a-ha, King and Dead or Alive competed for attention with passionate politicos Billy Bragg and The Style Council. (S)(R)
1.15 **to 6.20** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **James Martin's Saturday Morning** With Kate Thornton and Lucy Alexander. (S)(R)
11.35 **John and Lisa's Weekend Kitchen** New edition A taste of the Mediterranean. (S)
12.40 PM **James Martin's American Adventure** (S)(R)(AD)
1.10 **ITV News** (S)
1.25 LIVE **ITV Racing** Coverage of the 4.10 July Cup from Newmarket and support races at 3.00 and 3.35. Plus, four races from Ascot, including the 2.40 Summer Mile. (S)
4.30 **Tipping Point: Best Ever Answers** Memorable answers. (S)(R)
5.00 **ITV News** (S)
5.20 **Local News** (S)
5.30 **The Masked Singer US** New edition Singing contest. (S)

5.30 The Masked Singer US

6.25 **Ninja Warrior UK** 6/8. Competitors test their strength, speed and courage in part two of the semi-final, hosted by Ben Shephard, Rochelle Humes and Chris Kamara. (S)(R)(AD)
7.25 NEW SERIES **The Voice Kids** Emma Willis presents the fourth series of the junior singing contest, with Paloma Faith joining Will.i.am, Danny Jones and Pixie Lott on the coaching panel, as youngsters between the ages of seven and 14 display their musical talents. *See feature, page 11.* (S)
■ Repeated tomorrow
9.00 FILM **From Russia with Love** James Bond adventure starring Sean Connery and Daniela Bianchi. British secret agent 007 is assigned to help a Russian woman to defect via Istanbul with a valuable cipher machine. However, the woman is an unwitting pawn in the hands of international crime organisation SPECTRE. With Robert Shaw. (S)(AD) (1963, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 **ITV News** (S)
11.35 **Play to the Whistle** 1/6. Host Holly Willoughby and team captains Frank Lampard and Bradley Walsh are joined by guests John Terry, Jonnie Peacock and Rachel Riley. (S)(R)
12.30 AM **Ideal World**
3.00 **Babushka** Game show hosted by Rylan Clark-Neal. (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.05 AM **Everybody Loves Raymond** 6-8/25. (S2) (S)(R)(AD)
7.20 **The Big Bang Theory** (S)(R)(AD)
9.00 **The Simpsons** (S)(R)(AD)
11.50 **Couples Come Dine with Me** From Manchester. (S)(R)
12.50 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.25 **Celebrity Snoop Dogs** A snoop inside the homes of a pug and a Maltese – two small dogs with big personalities. (S)(R)(AD)
3.55 **A Place in the Sun** A pair of keen cyclists search for a Spanish holiday home that they and their five children can enjoy. (S)(R)
4.55 **Grand Designs** Kevin McCloud meets Mark and Candida, who are building a home in the shape of a plough on their 17-acre smallholding in Devon. (S)(R)(AD)

9.00 Mechanic: Resurrection

6.00 **News** (S)
6.30 **Formula 1 Styrian Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for pole position ahead of the second round of the season, held at the Red Bull Ring in Spielberg, Austria. (S)
8.00 **How to Build British: Aston Martin** New edition Documentary charting the process of the construction of a DBS Superleggera luxury grand tourer sports car. (S)(AD)
9.00 FILM **Mechanic: Resurrection** Action thriller sequel starring Jason Statham. Hitman Arthur Bishop is blackmailed into committing three assassinations when his arch-enemy kidnaps his girlfriend. With Jessica Alba. (S)(AD) (2016, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.50 FILM **Commando** Action thriller starring Arnold Schwarzenegger. (S) (1985, 18, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Ramsay's Kitchen Nightmares USA** The chef visits a restaurant in California. (S)(R)
1.20 **Hollyoaks** (S)(SL)(R)(AD)
2.15 **The Supervet** A Labrador is helped to stand again. (S)(R)(AD)
3.10 **Animal Airport** Deputy manager Ross inspects 50 falcons. (S)(R)
4.05 **Animal Rescue School** (S)(SL)(R)
5.00 **to 6.00** AM **Grand Designs Australia** (S)(R)(AD)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.55 **SpongeBob SquarePants** (S)
10.10 **Ryan's Mystery Playdate** (S)
10.25 **Access** Showbiz news. (S)
10.30 **Friends** 3-7/24. (S1) (S)(R)
1.00 PM **Friends** 8/24. (S1) (S)(R)
1.30 FILM **Legally Blonde** Comedy starring Reese Witherspoon as a seemingly ditzy blonde who enrols at Harvard Law School and proves she is anything but dumb. With Luke Wilson. (S) (2001, 12, 120min) ★★★
3.30 FILM **Mrs Caldicot's Cabbage War** Comedy starring Pauline Collins. A widow is tricked into an unpleasant retirement home by her scheming son. (S) (2002, 12, 140min) ★★★
5.50 **Alan Titchmarsh's Treasures of the National Trust** (S)(R)

3.30 Mrs Caldicot's Cabbage War

Alan Titchmarsh's Treasures of the National Trust (started at 5.50pm)

7.10 **News** (S)
7.15 **Great River Cruises with Jane McDonald** Highlights of the singer's first river cruise, which was along the Danube on board the *SS Maria Theresa*, as well her trip along the Douro in Portugal. (S)
9.15 NEW **The Queen: Duty Before Family?** Examining how the Queen has dealt with family crises, including denying Princess Margaret permission to marry Peter Townsend and the death of Princess Diana. (S)
10.15 **When TV Goes Horribly Wrong** A compilation of TV mishaps, including Michael Crick looks back at an encounter with an angry MP. (S)(R)
12.10 AM **Greatest Ever Movie Blunders** Elis James points out mistakes in movies. (S)(R)
1.05 **21.co.uk Live Casino Show**
3.05 **Access** Showbiz news. (S)
3.10 **Bargain-Loving Brits in Blackpool** (S)(R)
4.00 **House Doctor** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **The Wonderful World of Puppies** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
9.00 **Modern Family** (S7) (S)(R)
11.00 **Soccer AM** Football magazine.
12.00 NOON **NCIS: Los Angeles** 12/24. Callen goes undercover to foil an arms dealer. (S)(R) **1.00** PM 13/24. A US ambassador is caught up in a terrorist attack. (S)(R) **2.00** 14/24. Callen and Sam try to find the source of an anthrax poisoning. (S6) (S)(R)
3.00 **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football action.
5.30 **The Simpsons** *Homer and Apu:* Apu is fired from the store for selling rancid meat that puts Homer in hospital with food poisoning. With the guest voice of James Woods. (S)(R)

9.00 Judge Dredd

6.00 **The Simpsons** *Lisa v Malibu Stacy:* Featuring the guest voice of Kathleen Turner. (S)(R) **6.30** *Deep Space Homer:* Homer is sent into space as a publicity stunt. (S)(R)
7.00 **The Simpsons** *Homer Loves Flanders:* Homer makes peace with Flanders. (S)(R) **7.30** *Bart Gets an Elephant:* Bart wins an elephant, which the family adopt. (S)(R)
8.00 **A League of Their Own** Tracey Neville, Mo Farah and Rob Beckett take part in the quiz hosted by James Corden, with Jamie Redknapp, Andrew Flintoff and Romesh Ranganathan. (S)(R)(AD)
9.00 FILM **Judge Dredd** Sci-fi action thriller based on stories from the cult comic *2000 AD*, starring Sylvester Stallone, Armand Assante and Max von Sydow. (S) (1995, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.50 FILM **The Hurricane Heist** Action thriller starring Toby Kebbell and Maggie Grace. (2018, 12, 103min) ★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **The Force: North East** What appears to be a standard chase takes a sinister turn when police search the fugitive's abandoned vehicle. (S)(R)
2.00 **Road Wars** (R)
3.00 **Brit Cops: Frontline Crime UK** Officers in west Wales deal with a domestic incident. (S)(R)
4.00 **to 6.00** AM **Stop, Search, Seize** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
5.15-6.50pm Scrum V Classics (S) **11.25** Mavericks: Sport's Lost Heroes (S)(R) **12.00m't** FILM X+Y (S)(AD) (2014, 12, 100min) ★★★★ **1.40am** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
3.10pm Coast (S)(R) **3.40** Greatest Escapes to the Country Series finale (S) **4.10** Inside Central Station (S)(R)(AD) **5.10** FILM Monsters University (S) (AD) (2013, U, 95min) ★★★★ **6.45-7.15pm** Go Fish! with Will Millard (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Cefn Gwlad (AD) **11.00** Cwpwrdd Epic Chris **11.30** Cegin Bryn: Yn Ffrainc **12.00noon** Ffermio **12.30pm** Cymry ar Gynfas **1.00** Dan Do **1.30** Cynefin **2.30** Y Fets (AD) **3.30** Codi Hwyl **4.00** Sgwrs Dan y Lloer **4.30** Caru Siopa (AD) **5.00** Ynys Adra **5.15** Olobobs **5.20** Crwbanod Ninja **5.45** Gêm Gartre **6.15** Clwb Rygbi **7.15** Newyddion S4C a'r Tywydd **7.30** C'mon Midffild **8.00** Miwsig Fy Mywyd New edition (AD) **9.00** Gala Cor yr Eisteddfod **10.30** Elis James – 'Nabod y Teip **11.00-11.35pm** Galw Nain Nain Nain

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **This Farming Life** 6/12. On the Isle of Lewis, a crofter assesses the damage to his croft after one of the worst storms on record.
8.00 **Earth's Natural Wonders** 3/3. Shedding light on spirit-pleasing rituals among the Kamayura people.
9.00 **The Young Montalbano** *Seven Mondays:* 6/6. The town of Vigata is shaken by the murder of a rich old man. Subtitled. (S1)
10.55 **Sicily: Wonder of the Mediterranean** 2/2. Michael Scott concludes his history of Sicily, sharing how the Christian Byzantine Empire was swept aside.
11.55 **Great Continental Railway Journeys** Michael Portillo heads to Gargnano to visit the romantic hideaway of DH Lawrence.
12.25 AM **This Farming Life**
1.25 **Top of the Pops: 1989** Performance by 808 State.
2.30 **to 3.30** AM **Earth's Natural Wonders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun: Winter Sun** Triple bill.
12.30 PM **Location, Location, Location** From Essex.
1.35 **Bake Off: The Professionals**
2.40 **Come Dine with Me** Five dinner parties in Swindon.
5.20 **Four in a Bed** The contest begins at the Vale of Berkeley Guest House.
5.50 **Four in a Bed** In Cornwall. **6.25** The doors are opened at the Edenfield Guest House in Blackpool. **6.55** The fourth day of the competition takes place. **7.25** The winner is crowned.
8.00 **The Queen's Lost Family** The story of the Royal Family over three decades, from the 1920s to the end of World War Two.
9.00 **24 Hours in A&E** A 74-year-old man is flown in by air ambulance after falling from a ladder. **10.00** Emergency consultant Aydigul rushes to save the life of a woman who has an aortic aneurysm.
11.05 **Father Ted** 3/8. Dougal becomes Craggy Island's new milkman. **11.40** 4/8. Dougal and Ted bump into an actor. (S3)
12.15 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.25 **Ellen DeGeneres Show**
9.55 **Dress to Impress**
11.55 **Take Me Out**
1.15 PM **Celebrity Catchphrase**
2.15 **You've Been Framed! Gold** Comical clips.
2.45 FILM **Daddy Day Care** Comedy with Eddie Murphy. (2003, PG, 92min) ★★★
4.35 FILM **Casper** Fantasy comedy with Christina Ricci. (1995, PG, 96min) ★★★★
6.35 FILM **Green Lantern** Superhero adventure starring Ryan Reynolds, Mark Strong and Blake Lively. A maverick test pilot is recruited by aliens to help defend the galaxy against a mysterious evil force. (2011, 12, 113min) ★★
9.00 **Love Island: Australia** As finale week continues, tensions between the couples reach an all-time high when a power struggle erupts over a dumping.
10.20 **Celebrity Juice** Quiz hosted by Keith Lemon, with celebrity guests answering questions on showbiz news.
11.05 **Family Guy**
12.05 AM **American Dad!**
1.00 **The Cleveland Show**
1.55 **Don't Hate the Playaz** Hip-hop comedy panel show.
2.45 **to 3.10** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Don't Tell the Bride**
11.05 **The Goldbergs**
1.05 PM **The Big Bang Theory** Ten episodes including at: **4.35** 1/24. Sheldon is interested in an upcoming paintball competition. (S5) **5.05** 23/24. Sheldon and Amy's relationship takes an unexpected turn. **5.35** 24/24. Leonard is offered an exciting job. (S6)
6.10 FILM **The Hunger Games: Catching Fire** Fantasy adventure sequel based on the best-selling novel by Suzanne Collins, starring Jennifer Lawrence, Josh Hutcherson and Liam Hemsworth. A plucky teenager sparks flames of rebellion in a totalitarian future nation. (2013, 12, 143min) ★★★★
9.00 FILM **Bad Neighbours 2** Comedy starring Seth Rogen and Zac Efron. A couple seek the aid of a former rival in fighting back against the raucous college sorority. (2016, 15, 90min) ★★
10.50 **Celebrity Gogglebox USA** With Tyra Banks.
11.50 **Gogglebox**
12.55 AM **First Dates**
3.05 **Gogglebox**
4.00 **to 6.00** AM **Don't Tell the Bride**

+1 hour 235 | 146 | 28 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **UK Border Force**
8.00 **The Real A&E**
9.00 **Children's Hospital**
10.00 **999 Frontline**
12.00 NOON **Sun, Sea and A&E** A British tourist starts having convulsions in Magaluf.
1.00 PM **Nothing to Declare UK** Double bill following the work of customs officers in the south of England.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

11.00 Law & Order: SVU

7 PM

7.00 **Blue Bloods** *Bad Company:* 18/22. Eddie faces a new challenge when she goes on her first undercover operation.

8 PM

8.00 **Blue Bloods** *Through the Looking Glass:* 19/22. Danny acts as a mentor to a troubled teenager. (S5)

9 PM

9.00 **9-1-1** *Malfunction:* 8/18. A self-driving car is involved in an accident, and a fulfillment warehouse robot malfunctions. (S3)

10 PM

10.00 **Blue Bloods** *Family Secrets:* 19/19. A major family secret is unearthed for the Reagans as Sean turns detective. (S10)
11.00 **Law & Order: Special Victims Unit** 14/23. (S16)
12.00 M'T **Law & Order: Special Victims Unit** 15/23. (S16)
1.00 AM **Law & Order: SVU** (S16)
2.00 **Blue Bloods** As 7pm & 8pm.
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Elementary** (S1)
9.00 **Blue Bloods** (S1)
12.00 NOON **Blue Bloods** (S1)
1.00 PM **Blue Bloods** 21/22. (S1)
2.00 **CSI** Five episodes, including at: **4.00** 22/25. Marg Helgenberger stars alongside her real-life husband Alan Rosenberg. **5.00** 23/25. A body is found in a crop circle. **6.00** 24/25. The first of the two-part season finale, directed by Oscar-winner Quentin Tarantino. (S5)

9.00 Band of Brothers

7.00 **CSI** *Grave Danger – Part Two:* 25/25. The forensic team continue to search for Nick. (S5)
8.00 **CSI** *Bodies in Motion:* 1/24. Grissom looks into an explosion at a trailer park that leaves two people dead. (S6)
9.00 **Band of Brothers** *Carentan:* 3/10. Two days after D-Day, Easy Company is sent to take the town of Carentan.
10.10 **Band of Brothers** *Replacements:* 4/10. A group of inexperienced paratroopers join Easy Company. (S1)
11.20 **The Sopranos** 13/13. Tony takes desperate measures to keep the peace. (S5) **12.30** AM 1/21. Tony receives a retirement request. (S6)
1.40 **Dexter** 11&12/12. (S4)
3.50 **Life Itself: Special**
4.05 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **The Green Green Grass**
8.00 **Porridge**
8.35 **Are You Being Served?**
9.15 **dinnerladies diaries**
10.20 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Nine episodes, including at: **4.50** Uncle Albert falls into the cellar at the Nag's Head. **5.30** The Trotters dog-sit. **6.10** Del pays a stripper to attend a party with Rodney. **6.50** Del sees a chance to make a quick profit involving Denzil's redundancy money.

9.25 Michael McIntyre's...

7.30 **Only Fools and Horses** The Trotters meet a pregnant German woman who is in need of help. **8.05** Del Boy buys a new manual to show him how to make positive decisions, but it only succeeds in helping the Trotters brothers' finances hit an all-time low.
9.25 **Michael McIntyre's Comedy Roadshow** With Shappi Khorsandi, Tom Stade, Steve Hughes and Paul Tonkinson.
10.25 **Mrs Brown's Boys** Agnes' children suspect one of them is adopted.
11.10 **I'm Alan Partridge** Alan tries to join Norwich's social elite. **11.50** Alan prepares for a James Bond film marathon.
12.30 AM **I'm Alan Partridge**
1.05 **Michael McIntyre's Comedy Roadshow** As 9.25pm.
2.05 **to 4.00** AM **I'm Alan Partridge**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **That's My Boy**
6.30 **Agatha Christie's Marple**
8.30 **Coronation Street**
9.55 **Agatha Christie's Poirot**
11.00 **A Touch of Frost**
1.05 PM **Agatha Christie's Poirot**
3.10 **Agatha Christie's Marple**
5.15 **Midsomer Murders** *The Killings of Copenhagen:* The murder of biscuit factory boss Eric Calder leads Barnaby and Nelson to Copenhagen. The pair join forces with a pair of local female detectives in the hunt for the killer.

11.00 A Touch of Frost

7.05 **Midsomer Murders** *The Made-to-Measure Murders:* When local woman Sonia Woodley is stabbed to death in the churchyard two years after the death of her husband, bespoke tailor Gerald, Barnaby and Jones investigate.
9.00 **Midsomer Murders** *Blood on the Saddle:* A land dispute escalates during a cowboy fair run by the Wild West Society. Barnaby and Jones are called in when the feud leads to murder during the Wild West-style shoot-outs at the event.
11.00 **A Touch of Frost** *True Confessions:* A body is pulled from the river, reminding Frost of a previous case.
1.10 AM **Barging Round Britain with John Sergeant**
1.40 **Agatha Christie's Poirot**
2.50 **to 3.25** AM **That's My Boy**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Football Rivalries**
6.10 **Only When I Laugh**
6.35 **The Saint**
7.30 **The Big Fish Off**
8.25 **Monster Carp**
9.30 **LIVE ITV Racing**
10.30 **The Big Match Revisited**
11.35 **River Monsters**
12.05 PM **World of Sport**
12.20 **The Professionals**
1.30 **FILM Shalako** Western. (1968, PG, 118min) ★★
3.45 **FILM Battle of the Bulge** Drama. (1965, PG) ★★★

8.00 City Slickers: The Legend...

7.00 **Tour de France ReCycled: Geraint's Tour** New edition A chance to see the action from the 188km 14th stage.
8.00 **FILM City Slickers: The Legend of Curly's Gold** Comedy Western sequel starring Billy Crystal and Daniel Stern as city dudes who head West in search of hidden gold. (1994, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.10 **FILM National Lampoon's European Vacation** Comedy. (1985, 15, 94min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.15 AM **Car Crash Global: Caught on Camera** Documentary featuring dash-cam video footage of a host of astonishing accidents.
1.15 **The Sweeney**
2.20 **to 2.50** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Beechgrove Repotted** The transformation of Edinburgh's Saughton Park from a neglected site into a model educational facility with a physic garden.
7.30 **The Social Presents.** A relaxing wander around the outdoors with talent from BBC The Social.
8.00 **Corner Shop Cook-Off** Chefs compete to make the best three-course meal for £15 with food from a corner shop.
9.00 **TRNSMT Takeover** New edition A look back at highlights from 2017, featuring Radiohead. **10.00** Edith Bowman presents highlights from the TRNSMT music festival 2018.
11.00 PM **to 12.00** M'T **TRNSMT Takeover**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Triple bill.
10.00 **The Dog Whisperer**
1.00 PM **The Dog Whisperer**
3.00 **Stargate SG-1** (S5)
7.00 **Stargate SG-1** *Between Two Fires:* 9/22. The Tollans share their technological secrets with High Chancellor Travell. (S5)
8.00 **Manifest** *Icing Condition:* 13/13. Michaela and Ben risk it all in a brave rescue attempt. (S2)
9.00 **The Blacklist** *Cornelius Ruck:* 12/18. Secluded on a private island, Red reunites with an old flame. (S7)
10.00 **Ross Kemp: Extreme World** Ross investigates elephant poaching in Mozambique. **11.00** Ross investigates Colombia's drug trade.
12.00 M'T **A League of Their Own** Five editions of the sports-based quiz.
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Brit Cops: Law & Disorder**
2.00 PM **Air Ambulance ER**
4.00 **Caught on Dashcam**
6.00 **Highway Cops**
7.00 **Caught Red Handed** A man in a wig turns serious at a jewellers'. **7.40** A thief attempts to steal a bicycle. **8.20** Grab-and-dash thieves target a Jersey department store.
9.00 **War on Britain's Roads** An insight into the daily conflict between motorists and cyclists.
10.00 **Road Wars Special**
11.00 **Banged Up Abroad**
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: War on Crime**
2.00 **Banged Up Abroad**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **Top Gear**
9.00 **Rick Stein: From Venice to Istanbul**
10.00 **American Pickers**
12.00 NOON **Storage Hunters**
1.00 PM **Storage Hunters**
2.00 **Border Force: America's Gatekeepers**
3.00 **Border Interceptors**
4.00 **Top Gear** Double bill.
6.00 **Would I Lie to You?**
8.00 **Not Going Out Christmas Special**
9.00 **Not Going Out Bloopers Special**
9.40 **Mock the Week**
10.20 **Big Zuu's Big Eats**
11.00 **Mock the Week**
11.40 **Have I Got a Bit More News for You**
12.40 AM **Dave Gorman: Modern Life Is Goodish**
1.40 **Jon Richardson: Ultimate Worrier**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Most Ridiculous Party Crashers**
8.35 **Most Ridiculous Dangerous Dads**
9.00 **Friends** (S4)
12.00 NOON **FILM Masters of the Universe** Sci-fi with Dolph Lundgren. (1987, PG, 106min) ★★★
2.00 PM **FILM Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
4.00 **Naughty Toddlers Caught On Camera**
5.00 **Friends**
8.00 **FILM Beetlejuice** Fantasy starring Michael Keaton, Geena Davis and Alec Baldwin. (1988, 15, 92min) ★★★★
10.00 **FILM Get Hard** Comedy with Will Ferrell, Kevin Hart and Craig T Nelson. (2015, 15, 100min) ★★
12.00 M'T **Al Murray One Man, One Guvnor**
1.50 AM **South Park**
3.20 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **The Real Housewives of Atlanta**
1.05 **Buying and Selling** Four editions including at: **3.00** With three growing boys, Samantha and Justin need more space. **4.00** A man whose growing family has created space problems.
5.00 **Dinner Date**
8.00 **FILM How to Lose a Guy in 10 Days** Romantic comedy starring Kate Hudson and Matthew McConaughey. (2003, 12, 116min) ★★★
10.25 **Botched** A reality star seeks help to fix her botched breasts.
11.20 **Vanderpump Rules**
12.20 **to 12.50** AM **Unboxed**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Miss Marple** As 5.20pm.
12.30 PM **Death in Paradise** (S1)
3.10 **Inspector Alleyn Mysteries** *Death at the Bar:* A barrister dies of cyanide poisoning.
5.20 **Miss Marple** *The Mirror Crack'd from Side to Side:* A film star arrives from America and throws a summer garden party for the entire village of St Mary Mead – where one of her fans drinks a poisoned cocktail and promptly drops dead.

7.55 Death in Paradise

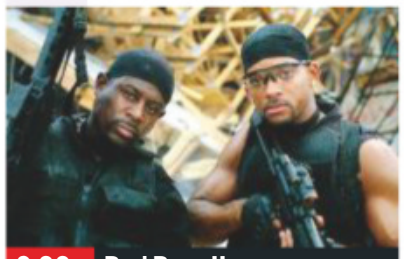
7.55 **Death in Paradise** *Predicting Murder:* 3/8. Richard investigates when a voodoo priestess who predicted her own murder is found dead in the local school. Guest stars Mona Hammond. **9.10** *Missing a Body?* 4/8. A woman confesses to shooting dead her husband. With guest stars Miranda Raison and Neil Stuke. (S1)
10.30 **Inspector George Gently** *Gently and the New Age:* The detective takes on his final case.
12.30 AM **The Coroner** 7/10. Lighthaven are stunned when a teenage girl appears to return from the dead. **1.35** 8/10. The patriarch of the local aristocratic family is found stabbed to death. (S1)
2.30 **to 4.00** AM **The Coroner**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **FILM The 12 Disasters of Christmas** Disaster drama. (2012, 12, 120min) ★★
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files** Dimensional shifts.
12.00 NOON **FILM Earthstorm** Action drama. (2006, PG) ★★
2.00 PM **FILM My Pet Dinosaur** Adventure. (2017, PG) ★★
4.00 **FILM Cloudy with a Chance of Meatballs** Animation. (2009, U, 89min) ★★★
6.00 **FILM 100 Degrees Below Zero** Thriller. (2013, PG) ★



9.00 Bad Boys II

FILM 100 Degrees Below Zero (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Pandora** *Under the Red Sky:* 8/13. Xander enlists Jax on a mission in which she must reconnect with an old flame. (S1)
9.00 **FILM Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union, Jordi Mollà and Joe Pantoliano. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **FILM Guardian** Horror thriller. (2000, 15, 86min) ★
1.40 AM **FILM Sharknado 5: Global Swarming** Horror comedy. (2017, 15, 90min) ★★
3.30 **Future Man** 1/13. (S2)
4.10 **to 6.00** AM **FILM Geo-Disaster** Sci-fi. (2017, 12, 110min) ★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **The Bill**
11.00 **Tipping Point**
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes** A couple want a layout that works for their family. **5.00** Creating a space that is perfect for entertaining and raising a family.
6.00 **Outnumbered** Karen tries to decide which religion she would like to lead. **6.40** Ben is determined to enter a school talent contest.

10.00 The Catherine Tate Show

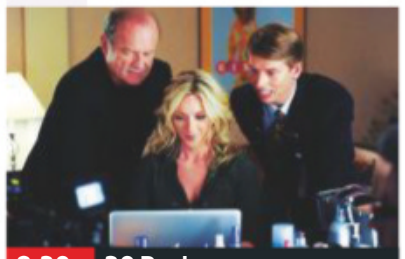
7.20 **Outnumbered** Another guest arrives to stay as the family try to get rid of Auntie Angela.
8.00 **Inside the Ambulance** Nic and Adam help an elderly lady who has been struggling to cope since her husband passed away.
9.00 **Inside the Ambulance** Sam and Hannah assist police with a man they suspect has taken the drug 'Monkey Dust'.
10.00 **The Catherine Tate Show** Guest stars Patsy Palmer and Gargy Patel. **10.40** Nan appears on Paul O'Grady's chat show.
11.20 **The Catherine Tate Show** Guest stars Sheila Hancock.
12.00 M'T **Stacey Dooley Investigates**
1.00 AM **The World According to Kids** Children's thoughts on right and wrong.
1.50 **to 3.00** AM **Top Chef**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 385

8.00 AM **Everybody Hates Chris**
10.00 **The Mindy Project** (S6)
1.00 PM **The Mindy Project** (S1)
1.30 **30 Rock** Eleven episodes of the sitcom, including at: **5.00** 19/22. Liz investigates Jenna's new boyfriend. **5.30** 20/22. The cast and crew of *TGS* have to deal with visits on Mother's Day. **6.00** 21/22. Jack's love triangle with Avery and Nancy grows increasingly complicated. **6.30** 22/22. Liz meets the man of her dreams. (S4)



8.30 30 Rock

7.00 **30 Rock** 1/23. Jack tries to help Liz maintain her relationship with Carol. **7.30** 2/23. Liz tries to charm a video editor. (S5)
8.00 **30 Rock** 3/23. Jack represents NBC in Washington DC. **8.30** 5/23. Jack helps Liz get to New Jersey. (S5)
9.00 **Betty** 5/6. Kirt turns to alternative medicine to heal her friendships. (S1)
9.35 **Insecure** 3/10. Issa and Ahmal ditch their Thanksgiving plans. (S4)
10.10 **Chris Rock: Kill the Messenger** A compilation of the comedian's performances.
11.50 **Girls** 7/10. Jessa takes Hannah along when she goes to visit her estranged father, his new-age girlfriend and their teenage son. Guest stars Rosanna Arquette. (S2)
12.25 AM **Girls** (S2&3)
3.30 **The Mindy Project** (S6)
4.30 **to 5.00** AM **Everybody Hates Chris**

FOX

124 124 821 | 157 199

8.00 AM **Bull** (S2&3)
11.00 **Bones** 12–14/22. (S10)
2.00 PM **The Mentalist** (S4)
4.00 **Bones** 15/22. Booth risks falling back into his old ways when the death of a high-stakes gambler sends him back into the world of poker. **5.00** 16/22. Brennan and Booth investigate their favourite restaurant. (S10)
6.00 **NCIS: New Orleans** 24/24. Part two of two. Pride is separated from the team and faces grave danger. (S5)

8.00 NCIS

7.00 **NCIS: New Orleans** *Desperate Navy Wives:* 12/24. Gregorio joins a social club for military wives. (S5)
8.00 **NCIS** *Institutionalised:* 6/20. After a petty officer's son is murdered, evidence suggests Kasie's best friend is guilty. (S17)
9.00 **APB** *Hate of Comrades:* 3/12. A group of robbers kill a security guard who was a former police officer. (S1)
10.00 **Family Guy** 11/23. Brian dates a blind girl. **10.30** 12/23. Lois tries to save the life of Stewie's new best friend. (S10)
11.00 **American Dad!** 10/16. Stan and Roger exchange lives. **11.30** 11/16. Francine opens a muffin shop. (S2)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S10&11)
3.00 **American Dad!** (S2)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Saturday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Hart to Hart**
12.00 NOON **Hart to Hart: Home Is Where the Hart Is** Mystery drama.
4.00 PM **Murder She Wrote: South by Southwest**
6.00 **Due South** 1&2/24. Feature-length pilot episode with Paul Gross. **7.50** *You Must Remember This:* 13/24. Vecchio sets out to track down the woman of his dreams. (S1)
8.50 **Sony Movie News Extra**
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Murder, She Wrote: The Celtic Riddle**
3.30 **Agatha Christie's Partners in Crime**
4.20 **The Agatha Christie Hour** 6/10. (S1)
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **John Williams by Anne-Sophie Mutter: Across the Stars**
7.30 **Tales of the Unexpected**
10.00 **Discovering**
1.00 PM **Discovering**
3.00 **Chris Rea: Live at Baloise Session**
4.45 **Freddie Mercury: The Tribute Concert**
6.30 **Paul Simon: Live at Hyde Park**
7.45 **The Rolling Stones Return to Hyde Park – Sweet Summer Sun** The veteran band's 2013 London concerts.
9.00 **NEW Kings of Leon: Live at the O2** The US rock band perform.
11.00 **New Order: Live In Glasgow**
1.15 AM **Depeche Mode: Live in Berlin**
3.30 **Festival No 6**
5.00 **to 6.00** AM **Judy, Frank & Dean: Once in a Lifetime**

4seven

137 143 203 47 127

9.00 AM **Jamie's Quick & Easy Food**
9.30 **Come Dine with Me**
12.00 NOON **Sun, Sea and Selling Houses**
5.00 **Ramsay's Kitchen Nightmares USA** The chef visits a Cuban cafe. **6.00** A steakhouse in Queens, New York. **7.00** The chef visits a Danish restaurant. **8.00** Gordon Ramsay visits a Japanese restaurant in California.
9.00 **Celebrity Gogglebox** Britain's best-loved personalities appraise the week's television.
10.00 **Naked Attraction** A 57-year-old breast cancer survivor.
11.05 **Celebrity First Dates Hotel for SU2C** With Ulrika Jonsson.
12.10 AM **The Man with the 10-Stone Testicles**
1.15 **Kevin's Grandest Design**
2.20 **to 4.50** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Nine editions of the drama, including at: **8.05** *A Fashionable Way to Die:* 1/22. Jessica looks into the death of a loan shark. **9.05** *When Thieves Fall Out:* 2/22. Jessica investigates an old murder case. (S4)
10.05 **Law & Order: Special Victims Unit** *Assaulting Reality:* 21/23. A contestant on a reality dating show claims to have been raped. **11.05** *Intersecting Lives:* 22/23. A corrections officer is accused of sexually assaulting his female charges. **12.00** M'T *Depravity Standard:* 9/23. Barba seeks to prosecute a child abductor. (S17)
1.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Two and a Half Men**
11.25 **FILM Steel Magnolias** Comedy drama. (1989, PG, 115min) ★★★★
1.50 PM **FILM Practical Magic** Supernatural romantic comedy. (1998, 12, 102min) ★★
4.00 **FILM What Happens in Vegas** Comedy starring Cameron Diaz. (2008, 12, 94min) ★★
5.55 **FILM 2012** Epic disaster movie with John Cusack. (2009, 12, 151min) ★★
9.00 **FILM Good Will Hunting** Oscar-winning drama. (1997, 15, 126min) ★★★★
11.35 **FILM Erin Brockovich** Drama starring Julia Roberts. (2000, 15, 133min) ★★★★
2.10 AM **Iceland: Britain's Biggest Budget Supermarket**
3.05 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **Where the Heart Is**
9.00 **Lovejoy**
11.00 **Sharpe**
1.00 PM **Shakespeare & Hathaway – Private Investigators**
2.00 **As Time Goes By**
6.00 **The Brokenwood Mysteries** *Blood and Water:* 1/4. A New Zealand farmer suffers a mysterious demise. (S1)
8.00 **Father Brown** *The Resurrectionists:* The priest investigates a case of body-snatching.
9.00 **New Tricks** *Left Field:* A paedophile confesses to the murder of a child 25 years previously.
10.20 **Men Behaving Badly** Gary frets about not having slept with enough women as he prepares to marry Dorothy.
11.00 **Silent Witness**
1.20 AM **Where the Heart Is**
3.10 **to 4.00** AM **Lovejoy**

+1 hour 243 226

CBS Drama

147 197 67 134

7.30 AM **Tomorrow's World**
8.00 **The Key of David**
8.30 **Teleshopping**
9.00 **Walker, Texas Ranger**
2.00 PM **Medical Detectives**
4.00 **Judge Judy**
9.00 **Psychic Private Eyes** The team unpick a web of dark family secrets.
10.00 **Medium** *Girls Ain't Nothing But Trouble:* 5/16. Allison takes a job with a defence lawyer. **11.00** *Aftertaste:* 6/16. Allison dreams about a Devalos supporter. **12.00** M'T *Burn Baby Burn – Part One:* 7/16. Allison works on an arson case. **1.00** AM *Burn Baby Burn – Part Two:* 8/16. Allison tries to find the link between her and Ariel's dreams. **2.00** *Wicked Game – Part One:* 9/16. Allison uncovers secrets from Cynthia's past. (S4)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Father Dowling Mysteries** Double bill.
11.00 **Perry Mason**
12.00 NOON **FILM A Twist of the Knife** Mystery. (1993, PG, 100min) ★★
2.00 PM **NCIS** (S5)
7.00 **Scorpion** *Kenny and the Jet:* 21/22. A boy is stuck in the wheel well of an airborne plane. **8.00** *A Lie in the Sand:* 22/22. Team Scorpion head to Northeast Africa. (S4)
9.00 **CSI: NY** *Live or Let Die:* 18/24. Stella and Lindsay investigate the rape and murder of a 22-year-old hostess. **10.00** *Super Men:* 19/24. A man dressed in a superhero costume is found dead. (S2)
11.00 **CSI: NY**
1.45 **Matlock**
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **Total Wipeout**
9.00 **Wheel of Fortune**
11.30 **Dale's Supermarket Sweep** Seven editions..
3.00 PM **Strike It Lucky** Quiz show in which three teams of two compete to answer questions and move across a series of screens, while avoiding the dreaded Hot Spots.
5.00 **Blankety Blank** Comedy quiz show with celebrity guests. Hosted by Terry Wogan.
7.00 **The Chase** Quiz show hosted by Bradley Walsh.
8.00 **The Chase Celebrity Special** Dan Lobb, Jodie Prenger, Chris Packham and Jennie McAlpine try to win thousands of pounds for charity by outwitting one of The Chasers.
9.00 **The Chase**
11.00 **Bullseye**
4.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **The Middle**
12.10 PM **Bob's Burgers**
3.20 **The King of Queens**
8.00 **Friends** 10/24. Chandler sets up Rachel with one of his workmates. **8.30** 11/24. Phoebe's half-brother makes an announcement. **9.00** 12/24. Phoebe learns the result of her pregnancy test. (S4)
9.30 **Friends**
12.00 M'T **South Park**
1.00 AM **Russell Brand – Messiah Complex** The comedian takes on icons, corporations, commercial exploitation, cult of personality, celebrity worship, sex, drugs and hypocrisy.
3.00 **Now That's Funny!**
3.45 **The Middle**
5.15 **to 6.00** AM **Friends**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
8.00 **Urban Secrets**
10.50 **Hollywood Couples**
1.50 PM **Irene's Ghost**
3.30 **Jane Fonda In Five Acts** An intimate look at the life and work of Jane Fonda.
6.00 **In Vogue: The Editor's Eye** Behind the scenes of the fashion magazine.
7.15 **FILM The September Issue** Documentary following *Vogue* editor Anna Wintour. (2009, 12, 86min) ★★★
9.00 **NEW Natalie Wood: What Remains Behind** A unique insight into the movie star's life.
10.45 **FILM Listen to Me Marlon** A portrait of Marlon Brando. (2015, 15, 100min) ★★★
12.45 AM **Ava Gardner: Alegria and Decadence**
1.50 **The Trade**
4.00 **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Wildest New Zealand**
9.00 **Wildest New Zealand** New editions
11.00 **Rewilding**
1.00 PM **Monkey Island**
4.00 **Bear: Koala Hero**
5.00 **David Attenborough's Kingdom of Plants**
7.00 **David Attenborough's Kingdom of Plants**
8.00 **Africa's Claws and Jaws** New edition Seldom-seen snakes.
9.00 **Valley of Flood and Fire** Series finale
10.00 **Wild Tales from the Farm** Spring is in the air.
11.00 **Amazing Animal Friends**
12.00 M'T **Africa's Hidden Kingdoms** Africa's most amazing landscapes.
1.00 AM **Dogs: An Amazing Animal Family**
2.00 **Africa's Claws and Jaws**
3.00 **Valley of Flood and Fire**
4.00 **to 6.00** AM **Over Australia**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Second Wives Club**
12.00 NOON **Model Squad: Preview Special**
1.00 PM **Model Squad**
2.00 **Botched**
6.00 **Total Bellas** A newly single Nicole goes on a date with a model.
7.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his supernatural gift.
9.00 **True Hollywood Story** Famous female hip-hop stars recall breaking into a male-dominated industry.
10.00 **Keeping Up with the Kardashians**
2.00 AM **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Rob & Chyna**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Burgers, Brew & 'Que**
1.00 PM **Burgers, Brew & 'Que** In Baton Rouge.
1.30 **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen's Cake Diaries** Double bill.
3.00 **James Martin: Home Comforts** Double bill.
5.00 **Jamie and Jimmy's Friday Night Feast**
7.00 **Rachel Khoo's Simple Pleasures** Double bill.
8.00 **James Martin's United Cakes of America**
9.00 **Man v Food** New editions A huge BBQ challenge in Austin. **9.30** Casey Webb visits San Antonio, Texas.
10.00 **Man v Food**
12.00 M'T **Mystery Diners**
1.00 **to 3.30** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
8.45 **Property Virgins**
12.15 PM **19 Kids & Outnumbered: Bringing Up Bates**
5.00 **The Real Housewives of Beverly Hills**
7.00 **Storage Wars**
8.00 **Hero Ink** Two police officers get a lion tattoo. **8.30** An officer shares his story of survival.
9.00 **Ghost Hunters** A visit to the Original Springs Hotel in Okawville.
10.00 **My Ghost Story: Caught on Camera** An old opera house in Florida rife with paranormal activity from its past performers.
10.55 **Psychic Kids**
11.50 **Ghost Hunters**
12.45 AM **My Ghost Story: Caught on Camera**
1.40 **Psychic Kids**
2.35 **Storage Wars**
3.30 **to 4.00** AM **Property Virgins**

Paramount Network

150 187 150 31 132

9.00 AM **The Gadget Show**
10.00 **WWE SmackDown Highlights** New edition
11.00 **Extreme Weather: Caught on Camera**
1.55 PM **FILM King Solomon's Mines** Adventure spoof. (1985, PG, 100min) ★★★
4.00 **FILM The Devil's Brigade** War drama. (1968, PG, 126min) ★★
6.35 **FILM The Bridge at Remagen** Drama. (1968, PG, 116min) ★★★
9.00 **FILM Code of Silence** Action thriller. (1985, 18, 101min) ★★
11.00 **FILM The Shooter** Thriller. (1995, 18) ★
1.05 AM **19-2**
3.00 **Mobs & Yobs: Caught on Camera**
4.00 **Star**
4.45 **Now That's Funny!**
5.35 **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
1.00 PM **UK Border Force**
2.00 **Brit Cops: Law & Disorder** Four editions.
6.00 **Snapped** Double bill.
8.00 **World's Most Evil Killers** German serial killer Fritz Honka. **9.00** The crimes of cannibal serial killer Richard Chase.
10.00 **A Killer Uncaged** Documentary series following convicted murderer Dale Wayne Sigler's reintroduction into society.
10.45 **Britain's Most Evil Killers** Four editions.
3.00 AM **World's Most Evil Killers** As 8.00pm.
4.00 **Brit Cops: Law & Disorder** Double bill.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
5.00 PM **Unsolved Mysteries**
7.00 **Medical Detectives** The disappearance of a young woman. **7.30** The sudden death of a rich woman.
8.00 **Click for Murder** Focusing on the case of Kayleigh Haywood.
9.00 **Ice Cold Killers** The case of a serial killer who targeted young women in the city of North Pole in Alaska. **10.00** A man who embarked on a murderous rampage.
11.00 **Voice of a Serial Killer** A criminal on probation embarks on the killing spree of ex-lovers.
12.00 M'T **Voice of a Serial Killer Special**
1.00 AM **Ice Cold Killers**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Four editions.
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **Cops UK: Bodycam Squad** Double bill.
4.00 **Helicopter ER**
9.00 **Ghost Adventures: Quarantine** The crew quarantine themselves inside Zak's museum.
10.00 **Ghost Brothers: Haunted House Party** The team look back at their scariest, most insane and outrageous moments.
11.00 **Kindred Spirits**
12.00 M'T **Watching with the Osbournes: Portals to Hell**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Cops UK: Bodycam Squad**

Blaze

164 216 63 162

6.00 AM **UFO Hunters**
8.00 **Forged in Fire**
9.00 **WW2 Treasure Hunters: WW1 Special**
10.00 **Auction Hunters**
2.00 PM **Pawn Stars**
7.00 **American Restoration** Bodie is commissioned to restore a very rare 1948 Davis Divan.
8.00 **Counting Cars** The Old Man from *Pawn Stars* has a job for the team. **8.30** A couple want the team to make a ghost hunting vehicle.
9.00 **Alaska Off-Road Warriors** A race across Alaska from the Pacific to the Arctic ocean.
10.00 **In Search Of**
12.00 M'T **Search for the Lost Giants**
1.00 AM **Barbarians Rising**
2.00 **Swamp People**
3.00 **Storage Wars Canada**
4.00 **Wicked Tuna**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.30 **Say Yes: Wedding SOS**
11.30 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Curvy Brides Boutique** Double bill.
3.00 **Dr Pimple Popper**
5.00 **Say Yes... UK**
6.00 **Say Yes... America**
7.00 **Say Yes to the Dress: Lancashire** Gok helps plus-size bride Shireen to see herself differently.
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Dr Pimple Popper**
11.00 **Say Yes to the Dress: Lancashire** As 7.00pm.
12.00 M'T **Say Yes to the Dress**
1.00 AM **Say Yes... UK**
2.00 **Dr Pimple Popper**
3.00 **Say Yes... Atlanta**
5.00 **to 6.00** AM **Say Yes: Wedding SOS**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **The Dog Rescuers with Alan Davies**
12.05 PM **The Yorkshire Vet**
3.00 **Springtime on the Farm** Three editions.
6.00 **Springtime on the Farm** A shepherdess reveals how she trains sheepdogs.
7.00 **The Highland Vet** Shondie is on call as shepherdess Susan and then farmer Meri arrive.
8.00 **This Week on the Farm** Rob and Dave assist the police in dealing with a road accident on the M1 involving a deer.
9.00 **Cher: The Highs, the Lows & All the Hits** Detailing the highs and lows of the singer's career in showbusiness.
11.00 **Cliff Richard: Britain's Bachelor Boy**
12.30 AM **The Dog Rescuers with Alan Davies**
3.30 **to 4.00** AM **Criminals: Caught on Camera**

Quest

144 144 831 169 12 114 172

6.00 AM **Border Control: Spain** Double bill.
7.00 **HMS Ark Royal**
8.00 **Wheeler Dealers**
3.00 PM **Plane Reclaimers**
4.00 **Gold Divers**
5.00 **Aussie Gold Hunters**
6.00 **Vintage Voltage**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters** A tartan design in honour of Elvis Presley.
9.00 **EFL on Quest** Colin Murray introduces highlights from the EFL.
10.30 **Wheeler Dealers: Stripped Down** Mike finds a rare DeSoto.
11.00 **Gold Divers**
12.00 M'T **Jungle Gold**
2.00 AM **Secrets Underground**
3.00 **Ultimate Airport Dubai**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **Hoarding: Buried Alive**
9.00 **Evil Online**
10.00 **Welcome to Killer Town** The murder of 14-year-old Christie Mullins in Ohio.
11.00 **The Murder Tapes** Series finale
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

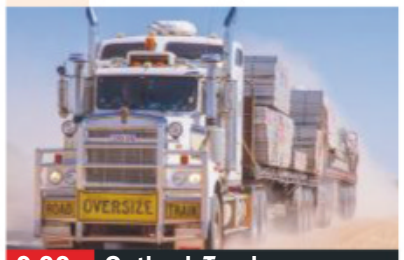
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Texas Metal**
12.00 NOON **Outback Truckers** Six editions, including at: **2.00** PM Steve contends with a malfunctioning clutch. **3.00** Nick and Jo's loaded road-train's engine fails. **4.00** Mark delivers a fragile electrical control room to a remote mine. **5.00** Jeff faces a treacherous pass in wet conditions.
6.00 **Deadliest Catch** Series following the work of Alaskan crab fishermen.



9.00 Outback Truckers

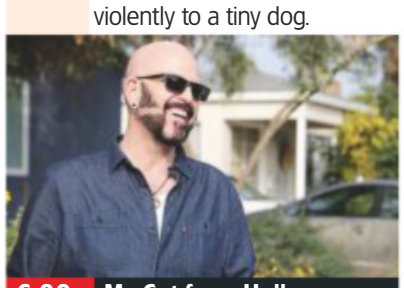
7.00 **Gold Divers** After the storm, Ken learns the *Myrtle Irene*'s fate, and Shawn uses a new tool to hunt for new hotspots.
8.00 **G.A.S. Extreme Customs** Beau Boeckmann and the crew resurrect a Pantera hot-rodded by Carroll Shelby.
9.00 **Outback Truckers** Australia's toughest drivers hit the open road and reveal the adventure of trucking.
10.00 **Secrets of Seal Team 6** The US Navy team that killed Osama bin Laden, including interviews with former operators.
11.00 **SAS: Who Dares Wins** Chief instructor Ant and his elite team of directing staff return to put 25 new hopefuls through SAS recruitment tests.
12.00 M'T **Outback Truckers**
1.00 AM **Wheeler Dealers: Dream Car** Five editions.
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Pit Bulls & Parolees**
12.00 NOON **Animal Cops Houston**
1.00 PM **Animal Cops Houston** Investigating allegations of neglect at an animal sanctuary. **2.00** Investigators rescue roosters kept for fighting. **3.00** Ferrets are abandoned in freezing temperatures.
4.00 **My Cat from Hell** A cat threatens a woman's livelihood. **5.00** A cat that is disrupting two women's friendship. **6.00** A cat that reacts violently to a tiny dog.



6.00 My Cat from Hell

7.00 **Nature's Strangest Mysteries: Solved** Why a shark hugged a diver. **7.30** What narwhals use their tusks for.
8.00 **Saved By the Barn** The team welcome a blind goat and two ducklings, while a goat embraces her new prosthetics.
9.00 **The Zoo** Two sickly newborn fawns form an unbreakable bond as they are hand-reared by the zoo's staff.
10.00 **Legends of the Wild** Damian Duffy and Matt Hoffman investigate ridley sea turtles turning up dead in Costa Rica.
11.00 **Pit Bulls & Parolees** Tania and Mariah are sent to New Orleans to help a pit bull tied to a metal post, but the pair are forced into an unusual rescue.
12.00 M'T **Pit Bulls & Parolees**
4.40 AM **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Ice Road Rescue: Highway Havoc!**
12.00 NOON **Battleground Brothers** Triple bill.
3.00 PM **Seconds from Disaster** The crash of Japanese Airlines Flight 123 in 1985. **4.00** An investigation into the train crash in Amagasaki, Japan, in 2005. **5.00** The 1994 crash of an RAF Chinook helicopter. **6.00** A reconstruction of the Deepwater Horizon oil spill in the Gulf of Mexico.

8.00 No Man Left Behind

7.00 **Seconds from Disaster** An insight into the events that followed when a tsunami hit Japan's Fukushima power plant.
8.00 **No Man Left Behind** True stories of warfare, beginning with the Battle of Mogadishu and a pilot who was held captive.
9.00 **No Man Left Behind** A pilot shot down during the Vietnam War is held in a prison camp for three months.
10.00 **No Man Left Behind** The story of two DEA agents who flew into Colombia to investigate drug cartels, only to be held hostage.
11.00 **Rescued** A caver is trapped in a flooding passage and two spearfishermen are stranded in shark infested waters.
12.00 M'T **Rescued**
2.00 AM **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Ancient Aliens**
8.00 **Architects of Darkness**
10.00 **Brunel: The Man Who Built Britain** The work of engineer Isambard Kingdom Brunel.
11.00 **Black Patriots: Heroes of the Revolution** Black heroes of the American Revolution.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Mystery Weapons** A look at death rays, laser beams and force fields.
2.00 **Lost Relics of the Knights Templar** Five editions.

9.00 Jesse James' Hidden...

7.00 **Forged in Fire** Following the initial heats, the two remaining smiths return home to forge the Darb Sri Gun Chai sword.
8.00 **Brunel: The Man Who Built Britain** Brunel's pinnacles of ship design, the *SS Great Britain* and the *SS Great Eastern*.
9.00 **Jesse James' Hidden Treasure** America's most notorious outlaw, Jesse Woodson James, robbed his way to over half-a-billion dollars. This documentary questions the motivations for his extent of theft.
11.00 **Deadliest Warrior** Asking who would win a fight between an Apache and a gladiator.
12.00 M'T **Brunel: The Man Who Built Britain** As 8.00pm.
1.00 AM **Jesse James' Hidden Treasure** As 9.00pm.
3.00 **to 6.00** AM **Lost Relics of the Knights Templar**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Churchills**
7.10 **Stonehenge: Walking Through History**
8.00 **Sounds of the Sixties**
10.00 **Steam Train Britain**
1.00 PM **David Attenborough's Natural Curiosities**
2.00 **Planet Earth II**
3.00 **Wild China** Exploring the country's diverse wildlife. **4.00** Yunnan Province. **5.00** The lives of animals inhabiting the Tibetan plateau.
6.00 **Blue Planet II** Footage of animals that live on the coast.

9.00 Royal Murder Mysteries

7.00 **Sounds of the Sixties** Featuring music by Tom Jones and The Kinks. **7.30** Music by Bob Dylan and Leonard Cohen.

7 PM

8.00 **Sounds of the Sixties** Music by Procol Harum and the Bee Gees. **8.30** Music by The Crazy World of Arthur Brown.

8 PM

9.00 **Royal Murder Mysteries** The death of the Duke of Kent, which led to rumours of the Royal Family erasing him from history.

9 PM

10.00 **Royals on the Frontline** An unprecedented insight into the Royals and the armed services that fight in their name.

10 PM

11.00 **Abandoned Engineering** A grim gulag in Croatia and a Louisiana plantation caught up in the aftermath of the American Civil War.
12.00 M'T **War Factories**
1.00 AM **The Churchills**
2.00 **to 3.00** AM **Stonehenge: Walking Through History**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Prehistoric**
8.00 **Expedition Unknown**
10.00 **Mysteries at the Museum** Triple bill.
1.00 PM **Mysteries at the Museum** Double bill.
3.00 **Cooper's Treasure** Eight editions, including at: **7.00** Darrell focuses on a wreck tied to Sir Francis Drake. **8.00** Darrell and the team head to a mysterious island. **9.00** A dangerous storm threatens to shut down the operation. **10.00** The team find ornate artefacts that indicate the location of a captain's quarters.
11.00 **World War II: Witness to War** Double bill.
1.00 AM **Edge of War**
2.00 **Gunslingers**
3.00 **to 6.00** AM **Cooper's Treasure**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
11.30 **Jungle Planet**
1.00 PM **Jungle Planet**
2.00 **Crazy Creature Costumes** As 8.00pm.
3.00 **The Zoo**
5.30 **Jungle Planet**
8.00 **Crazy Creature Costumes** The most bizarre 'costumes' of the animal kingdom.
9.00 **The Zoo** A giraffe's health takes a dip. **9.30** Helen visits the Republic of the Congo. **10.00** Ken and John say goodbye to a rhino.
10.30 **The Zoo**
11.30 **Jungle Planet**
2.00 AM **Crazy Creature Costumes** As 8.00pm.
3.00 **Jungle Planet**
4.40 **Crazy Creature Costumes** As 8.00pm.
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Stranger Than Nature: Unhinged**
12.00 NOON **Monster Fish** Ten editions, including at: **4.00** PM Zeb Hogan tracks down some of the world's most bizarre freshwater beasts. **5.00** A search for the Mongolian terror trout. **6.00** Zeb searches the rivers of Thailand for a giant stingray. **7.00** Investigating the Asian carp invading America's waterways. **8.00** Marine wildlife in Brazil's Rio Roosevelt. **9.00** Searching for fish near Khone Falls, Laos.
10.00 **Antarctica** The field teams have one last chance to gather information before the end of the season.
11.00 **Legend of the Giant Squid**
12.00 M'T **to 5.00** AM **Monster Fish**

Sky History 2

163 163 894 272 330 390

8.00 AM **Biography: Darwin**
9.00 **Jesus: His Life**
10.00 **Monsterquest**
1.00 PM **Ancient Impossible** Seven editions of the series, including at: **5.00** The technology behind the Greeks' Trireme war vessels. **6.00** Investigating the true power and scale of the Romans' ingenuity. **7.00** Examining how oil was obtained from the ground without modern drills.
8.00 **Lost Worlds** The development of airship transport.
9.00 **Pirate Island** Digging for treasure in and around the coral ringed Isle Saint Marie.
11.00 **Patton 360**
12.00 M'T **Biography: Darwin**
1.00 AM **Jesus: His Life**
2.00 **Pirate Island**
4.00 **to 5.00** AM **Lost Worlds**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 **Distracted While Driving** As 1.35pm.
9.40 **The Stuarts**
1.00 PM **Beautiful Serengeti**
1.35 **Distracted While Driving** Documentary follow the lives of eight motorists over a six month period.
2.45 **The Dust Bowl**
7.25 **The Stuarts** Clare Jackson examines the history of the royal family and charts the origins of the United Kingdom. **8.35** Examining the impact of the Wars of the Three Kingdoms. **9.45** How Scotland lost its sovereignty and became part of Great Britain in 1707.
11.00 **The Poison Squad**
1.25 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer in Plain Sight**
11.00 **Motive to Murder**
12.00 NOON **Fear Thy Neighbour** Double bill.
2.00 PM **Crimes That Shook Britain** The 1989 *Marchioness* disaster.
3.00 **Nightmare in Suburbia**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Buried in the Backyard**
7.00 **Accused: Guilty or Innocent?**
8.00 **Murder Masterminds**
9.00 **Sex, Lies and Murder**
10.00 **Cruise Ship Killers**
11.00 **50 Ways to Kill Your Lover**
12.00 M'T **Police Patrol**
2.00 AM **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain** As 2.00pm.
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **The Runaways** Drama. (2019, 12, 113min) ★★★
8.00 **The 2020 Top Ten Show**
8.15 **Frozen II** As 6.00pm.
10.15 **PREMIERE Bad Education** As shown at 8.00pm.
12.15 PM **It: Chapter Two** As shown at 10.00pm.
3.15 **The Goldfinch** Drama. (2019, 15, 149min) ★★★
5.45 **The 2020 Top Ten Show**
6.00 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

8.00 Bad Education

8 PM

8.00 **PREMIERE Bad Education** Drama starring Hugh Jackman. The superintendent of a New York school district and his staff become suspects in a school embezzlement scandal. (2019, 18, 108min) ★★★
See review, page 22
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **It: Chapter Two** Horror starring Jessica Chastain and James McAvoy. Twenty-seven years after their first battle, the Losers Club return to fight the evil Pennywise once more. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.50 AM **Sprinter** Drama starring Lorraine Toussaint, David Alan Grier and Bryshere Y Gray. (2018, 15, 114min) ★★★
2.50 **Blood on Her Name** Thriller. (2019, 15, 85min) ★★★
4.20 **to 6.00** AM **Okko's Inn** Japanese animated fantasy. (2018, PG, 94min) ★★★

Sky Cinema Disney

305 305 846 405 505

7.10 AM **Snow White and the Seven Dwarfs** As 11.15pm.
8.45 **Cars** As shown at 7.45pm.
10.50 **Toy Story 4** As 6.00pm.
12.45 PM **The Little Mermaid**
2.25 **Hercules** Animated musical. (1997, U, 92min) ★★★★
4.05 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★
6.00 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★
7.45 **Cars** Animated comedy. (2006, PG, 121min) ★★★

7.45 Cars

Cars (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Little Mermaid** Animation with the voice of Jodi Benson. A young mermaid runs away to dry land and makes a pact with a witch to turn her tail into legs. (1989, U, 87min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Snow White and the Seven Dwarfs** Disney's classic first feature cartoon based on the Brothers Grimm fairy tale, featuring the voices of Adriana Caselotti and Harry Stockwell. (1937, U, 82min) ★★★★★
12.45 AM **Ice Princess** Teen drama starring Michelle Trachtenberg. (2004, U, 92min) ★★★
2.30 **Hercules** As 2.25pm.
4.10 **to 6.05** AM **Ralph Breaks the Internet** As 4.05pm.

Sky Cinema Family

306 306 847 406 506

7.15 AM **Strike** Animation. (2018, PG, 100min) ★★★
9.10 **Herbie Goes Bananas** (1980)
10.55 **Polar Squad** As 6.20pm.
12.40 PM **Aladdin** As 8.00pm.
2.50 **Bean** As shown at 10.10pm.
4.35 **Charlotte's Web** Adventure starring Dakota Fanning. (2006, U, 97min) ★★★
6.20 **Polar Squad** Animated comedy adventure featuring the voice of Jeremy Renner. (2019, U, 92min) ★★★

6.20 Polar Squad

8.00 **Aladdin** Live-action re-imagining of the classic animated Disney adventure, starring Will Smith. A street urchin unleashes the power of a genie, sparking a magical adventure. With Mena Massoud. (2019, PG, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bean** Comedy starring Rowan Atkinson and Peter MacNicol. (1997, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Look Who's Talking Now** Family comedy sequel starring John Travolta and Kirstie Alley. (1993, 12, 95min) ★
1.45 AM **Charlotte's Web** As shown at 4.35pm.
3.35 **Mean Girls 2** Teen comedy sequel starring Meaghan Jette Martin. (2011, 12, 92min) ★
5.25 **to 7.15** AM **Herbie Goes Bananas** Comedy adventure sequel with Cloris Leachman. (1980, U, 93min) ★

Sky Cinema Action

307 307 848 407 507

6.35 AM **Escape Plan 3** As 1.50am.
8.15 **Stuber** As shown at 8.00pm.
9.55 **Lethal Weapon 2** As 9.35pm.
11.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★
1.55 PM **The Mummy Returns** Adventure with Brendan Fraser. (2001, 12, 129min) ★★★★
4.05 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
6.00 **Ant-Man** Fantasy adventure. (2015, 12, 117min) ★★★

6.00 Ant-Man

8.00 **Stuber** Action comedy starring Dave Bautista. A wild journey ensues for a mild-mannered Uber driver when he picks up an aggressive cop who is on the hunt for a killer. (2019, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Lethal Weapon 2** Thriller sequel starring Mel Gibson and Danny Glover as LA cops on the trail of a murderous South African drug trafficker. (1989, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **White House Down** Action thriller starring Channing Tatum and Jamie Foxx. (2013, 12, 128min) ★★★
1.50 AM **Escape Plan 3** Action thriller sequel starring Sylvester Stallone and Dave Bautista. (2019, 15, 97min) ★
3.35 **Final Score** Action drama starring Dave Bautista. (2018, 15, 104min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.05 AM **The Flip Side** As 3.30am.
8.40 **The Longest Yard** As 6pm.
10.40 **We're No Angels** As 1.40am.
12.30 PM **Buffaloed** As 10.00pm.
2.15 **Pokemon Detective Pikachu** As shown at 8.00pm.
4.05 **Step Brothers** As 11.45pm.
6.00 **The Longest Yard** Comedy starring Adam Sandler. An American Football quarterback is sentenced to three years in a brutal penitentiary. (2005, 12, 113min) ★★

8.00 Pokemon Detective...

8.00 **Pokemon Detective Pikachu** Fantasy starring Justice Smith and featuring the voice of Ryan Reynolds. A student sets out to find his missing detective father by teaming up with a wise-cracking Pikachu. (2019, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Buffaloed** Comedy with Zoey Deutch. A New York hustler wages war with a debt-collecting kingpin. (2019, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Step Brothers** Comedy with Will Ferrell and John C Reilly. (2008, 15, 97min) ★★★★
1.40 AM **We're No Angels** Action comedy starring Robert De Niro and Sean Penn. (1989, 15, 106min) ★★
3.30 **The Flip Side** Romantic comedy starring Eddie Izzard. (2018, 15, 90min) ★★
5.05 **to 6.55** AM **The Bromley Boys** British comedy. (2018, PG, 106min) ★★★

primetime

Sky Cinema Hits

303 403 503

7.20 AM **Smallfoot** As 5.05pm.
9.10 **Avengers: Endgame** Fantasy. (2019, 12, 181min) ★★★★
12.20 PM **Batman v Superman: Dawn of Justice** Adventure. (2016, 12, 164min) ★★
3.00 **The Lion King** Animation. (2019, PG, 118min) ★★★
5.05 **Smallfoot** Animated adventure featuring the voice of Channing Tatum. (2018, U, 96min) ★★★

6.50 **Godzilla** Thriller remake with Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly rampage. (2014, 12, 123min) ★★★
9.00 **Godzilla: King of the Monsters** Fantasy starring Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. (2019, 12, 132min) ★★★

11.15 **The A-Team** Action thriller. (2010, 12, 117min) ★★
1.20 AM **Night School** Comedy. (2018, 15, 111min) ★★
3.20 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★
5.10 **to 7.25** AM **The Legend of Zorro** Adventure. (2005) ★★★

Sky Cinema Greats

304 304 845 404 504

7.20 AM **Ocean's Twelve** As 8pm.
9.30 **Twilight** Fantasy. (2008) ★★★
11.35 **The Twilight Saga: New Moon** Fantasy. (2009, 12) ★★★
1.50 PM **The Twilight Saga: Eclipse** Fantasy (2010, 12) ★★★
4.00 **The Twilight Saga: Breaking Dawn – Part 1** (2011) ★★
6.00 **The Twilight Saga: Breaking Dawn – Part 2** Fantasy sequel. (2012, 12, 110min) ★★★

8.00 **Ocean's Twelve** Caper thriller with George Clooney, Brad Pitt and Matt Damon. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal. (2004, 12, 125min) ★★★★
10.10 **Fury** Drama starring Brad Pitt and Shia LaBeouf. An American tank crew undertake a final dangerous mission behind enemy lines during World War Two. With Logan Lerman. (2014, 15, 131min) ★★★

12.30 AM **Inglourious Basterds** World War Two action thriller. (2009, 18, 152min) ★★★★
3.05 **Weird Science** Fantasy comedy. (1985, 12, 94min) ★★★
4.45 **to 6.30** AM **Indiscreet** Romantic comedy drama. (1958, PG, 100min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **Sherlock Holmes and the House of Fear** (1945) ★★★
8.15 **Darby's Rangers** (1958) ★★★
10.50 **The Maltese Falcon** (1941)
1.00 PM **Son of a Gunfighter** Western. (1965, U, 92min) ★
3.00 **The Oklahoman** Western. (1956, U, 80min) ★★
4.45 **Sierra** Western. (1950, PG) ★★
6.10 **Off Set** With Jamie Cullum.

6.45 **Sherlock Holmes and the Secret Weapon** Mystery thriller starring Basil Rathbone, Nigel Bruce and Kaaren Verne. (1942, b/w, PG, 68min) ★★
8.00 **Gremlins** Comedy horror fantasy starring Zach Galligan and Phoebe Cates, about an unusual pet that spawns a horde of vicious monsters. (1984, 12, 106min) ★★★
10.15 **The Shepherd** Action thriller starring Jean-Claude Van Damme. (2008, 15, 91min) ★★

12.10 AM **The Blue Dahlia** Thriller. (1945, b/w, PG, 99min) ★★★★
2.10 **Hollywood's Best Directors**
4.40 **Off Set** With Ben Miller.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Malta GC** Documentary.
6.25 **The Next of Kin** (1942) ★★
8.30 **Sir Francis Drake** 4/26. (S1)
9.00 **Anything To Declare?** (1938)
10.30 **Hawkeye & the Last of the Mohicans** 17/39. (S1)
11.00 **Devil Girl from Mars** (1954) ★
12.35 PM **Glimpses**
12.55 **South of Panama** (1941) ★★
2.05 **The Moonraker** (1957) ★★★
3.45 **The Huggetts Abroad** (1949)

5.30 **The Adventures of Sir Lancelot**
6.00 **The Eternal Sea** Fact-based drama starring Sterling Hayden. (1955, b/w, U, 103min) ★★
8.05 **The Man Who Could Cheat Death** Hammer horror starring Anton Diffring and Christopher Lee. An artist achieves eternal youth by replacing a gland in his body. (1959, 12, 83min) ★★
9.50 **The Amorous Adventures of Moll Flanders** Drama with Kim Novak and Angela Lansbury. (1965, PG, 126min) ★★

12.25 AM **Little Fauss and Big Halsy** Drama starring Robert Redford. (1970, 15, 95min) ★★
2.25 **The Night Visitor** Psychological thriller. (1970, 18, 102min) ★★
4.30 **Up In The Air** Comedy mystery. (1940, b/w, PG, 61min) ★★
5.45 **to 6.00** AM **Matinee Idols**

Horror

317 149 70 138

8.00 AM **Mega Shark vs. Giant Octopus** Monster thriller starring Deborah Gibson. (2009, 15, 90min) ★
10.00 **First Wave** 5-9/22. (S3)
3.00 PM **Martian Land** Sci-fi drama starring Alan Pietruszewski. (2015, PG, 90min) ★
4.45 **Lava Storm** Apocalyptic disaster thriller with Ian Ziering. (2008, 12, 92min) ★★★

6.40 **The Lost Future** Sci-fi starring Sean Bean and Corey Sevier. (2010, 15, 87min) ★★
8.30 **Tales from the Darkside** *I'll Give You A Million:* A pair of wealthy old men with an eye for a wager get in over their heads when one offers to buy the other's immortal soul.
9.00 **Rupture** Horror thriller starring Noomi Rapace. A divorced single mother is kidnapped and kept for experimentation. (2016, 15, 102min) ★★

11.00 **No One Lives** Horror thriller. (2012, 18, 86min) ★★
12.45 AM **Splice** Sci-fi thriller. (2009, 15, 103min) ★★★
2.45 **to 4.30** AM **Retreat** Thriller. (2011, 15, 86min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.35 AM **48 Hrs** As 3.30pm.
8.25 **Papillon** As 5.20pm.
10.50 **The Shawshank Redemption**
1.25 PM **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
3.30 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★
5.20 **Papillon** Prison drama. (2017, 15, 133min) ★★★
7.35 **The Shawshank Redemption** Drama with Morgan Freeman. (1994, 15, 142min) ★★★★★

5.20 Papillon

The Shawshank Redemption (film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Green Mile** Supernatural drama starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. With Bob Gunton. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.05 AM **Midnight Express** Prison drama starring Brad Davis. (1978, 18, 120min) ★★★
3.15 **Another 48 Hrs** Action thriller. (1990, 18, 95min) ★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 851 410 510

6.00 AM **The Young Messiah** Drama. (2016, 12, 111min) ★★
8.00 **Always** As shown at 3.50am.
10.05 **Grease 2** As 5.55pm.
12.05 PM **Yesterday** As 8.00pm.
2.05 **The Mustang** Drama. (2019, 15, 96min) ★★★
3.55 **Berlin, I Love You** Romantic anthology with Keira Knightley. (2018, 15, 120min) ★★
5.55 **Grease 2** Musical sequel starring Michelle Pfeiffer. (1982, PG, 109min) ★

10.00 Saturday Night Fever

8.00 **Yesterday** Musical comedy starring Himesh Patel and Lily James. A musician wakes up after being hit by a bus to discover he is the only person in the world who remembers The Beatles. With Ed Sheeran. (2019, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Saturday Night Fever** Dance drama with John Travolta as a working-class Brooklyn youth who is the dance king of his local disco. With Karen Lynn Gorney. (1977, 18, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Berlin, I Love You** As shown at 3.55pm.
2.05 **We Have Always Lived in the Castle** Mystery thriller starring Taissa Farmiga. (2017, 15, 90min) ★★★
3.50 **to 6.00** AM **Always** Steven Spielberg's romantic fantasy. (1989, PG, 122min) ★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **The Wave** Sci-fi drama. (2018, 15, 90min) ★★★★
7.40 **The Head Hunter** Horror. (2018, 15, 72min) ★★★★
9.05 **Gravity** Space thriller. (2013, 12, 91min) ★★★★
10.50 **Glass** Thriller. (2019, 15) ★★★
1.10 PM **Captain Marvel** As 9pm.
3.20 **Ma** As shown at 11.20pm.
5.15 **Brightburn** Superhero horror. (2019, 15, 90min) ★★★
7.00 **Gemini Man** Action drama. (2019, 12, 117min) ★★

9.00 Captain Marvel

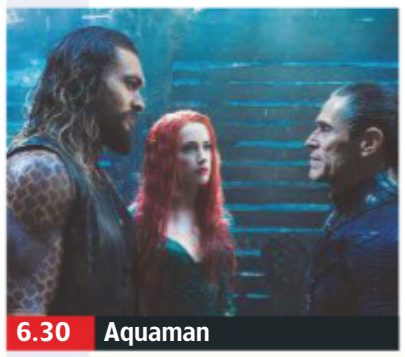
Gemini Man (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Captain Marvel** Fantasy starring Brie Larson and Samuel L Jackson. An alien warrior crashes on Earth and joins forces with agent Nick Fury in an attempt to solve the mysteries of her past. With Ben Mendelsohn. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Ma** Horror starring Octavia Spencer and Juliette Lewis. (2019, 15, 97min) ★★★
1.15 AM **Halloween** Horror thriller starring Jamie Lee Curtis, Judy Greer and Andi Matichak. (2018, 18, 106min) ★★★★
3.15 **Halloween** John Carpenter's classic shocker with Jamie Lee Curtis and Donald Pleasence. (1978, 18, 92min) ★★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

7.30 AM **Star Wars: Episode I – The Phantom Menace** (1999)
9.50 **Star Wars: Episode II – Attack of the Clones** (2002)
12.15 PM **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★
2.45 **Bumblebee** Sci-fi fantasy. (2018, PG, 114min) ★★★★
4.45 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
6.30 **Aquaman** Fantasy adventure. (2018, 12, 143min) ★★★



6.30 Aquaman

Aquaman (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Gladiator** Ridley Scott's historical epic starring Russell Crowe and Joaquin Phoenix. A betrayed Roman general becomes a gladiator, intent on avenging his murdered family. (2000, 15, 154min) ★★★★
2.10 AM **Man of Steel** Fantasy adventure starring Henry Cavill and Amy Adams. (2013, 12, 143min) ★★★
4.45 **to 6.45** AM **Bumblebee** As shown at 2.45pm.

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Young Sherlock Holmes** Fantasy with Nicholas Rowe. (1985, PG, 109min) ★★★
1.10 PM **Carry On Teacher** Comedy starring Ted Ray. (1959, b/w, U, 86min) ★★★
2.55 **Rio 2** Animated comedy. (2014, U, 99min) ★★★
4.55 **Home Alone** Comedy. (1990, PG, 100min) ★★★★
7.00 **Fantastic Four** Adventure. (2015, 12, 100min) ★★

7.00 Fantastic Four

Fantastic Four (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Trek** Sci-fi adventure prequel with Chris Pine and Zachary Quinto. Rebel Starfleet graduate James T Kirk falls foul of young Vulcan officer Spock when he joins the new Starship *Enterprise*. (2009, 12, 121min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Kiss the Girls** Thriller starring Morgan Freeman and Ashley Judd. A forensic psychologist strives to catch a kidnapper. (1997, 18, 115min) ★★★
1.40 **to 3.40** AM **Sinister 2** Horror starring Shannyn Sossamon and James Ransone. A mother tries to protect her two sons from an evil spirit. (2015, 15, 95min) ★★★

+1 hour 314 430 45 301

8 PM | **9 PM** | **10 PM** | **11 PM**

Sony Movies Classic

319 424 50 303

6.00 AM **Dive Bombers of WW2** War documentary.
6.55 **Road to Bali** (1952) ★★★★
8.50 **Road to Rio** Musical comedy. (1947, b/w, U, 100min) ★★★★
10.55 **Murderers' Row** Spy spoof. (1966, PG, 108min) ★★
1.05 PM **You Must Be Joking!** Comedy. (1965, U) ★★★
3.10 **Birdman of Alcatraz** Drama. (1962, b/w, PG, 148min) ★★★★
6.15 **The Day of the Jackal** Thriller, based on the novel by Frederick Forsyth, starring Edward Fox as a cold-blooded assassin hired to kill French president Charles de Gaulle. With Michael Lonsdale. (1973, 15, 142min) ★★★★★
9.00 **The Blue Lagoon** Romantic adventure starring Brooke Shields and Christopher Atkins as two children cast adrift from their ship who must fend for themselves on a desert island. (1980, 15, 101min) ★
11.10 **The Last Hurrah** Drama. (1958, b/w, U, 121min) ★★★
1.30 AM **The Gorgon** (1964) ★★★
3.10 **Machine-Gun Kelly** (1958) ★★
4.35 **to 6.00** AM **Tomorrow We Live** Drama. (1942, U) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Gone Missing** Thriller. (2013, 12, 80min) ★★
10.40 **Inspired to Kill** Drama. (2017, PG, 88min) ★★
12.20 PM **Just Go With It** Romantic comedy. (2011, 12, 116min) ★
2.30 **A Good Year** Comedy drama. (2006, 12, 117min) ★★★
4.50 **Picture Perfect** Romantic comedy with Jennifer Aniston. (1997, PG, 106min) ★★★
6.55 **The Truman Show** Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney and Natascha McElhone. (1997, PG, 99min) ★★★★
9.00 **Indecent Proposal** Romantic drama starring Robert Redford, Demi Moore and Woody Harrelson. An enigmatic gambler offers a yuppie couple $1 million if the wife will sleep with him. (1993, 15, 117min) ★★
11.20 **Girl, Interrupted** Drama. (1999, 15, 127min) ★★★
1.55 AM **Edge of Winter** Thriller. (2016, 15, 89min) ★★
3.45 **to 6.00** AM **Autumn in New York** Drama. (2000, 15) ★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Return of the Bad Men**
7.50 **Age of the Gunslinger** (2009)
10.05 **A Lawless Street** (1955) ★★
11.45 **They Rode West** Western. (1954, U, 97min) ★★
1.30 PM **Utah Blaine** Western. (1957, U, 75min) ★★
3.10 **Buffalo Bill** Western. (1944, PG, 90min) ★★
5.00 **Broken Arrow** Western. (1950, PG, 93min) ★★★★
6.55 **The Legend of the Lone Ranger** Western starring Klinton Spilsbury, Michael Horse and Christopher Lloyd. The sole survivor of an ambushed group of Texas Rangers seeks justice. (1981, PG, 98min) ★★
9.00 **Pistol Whipped** Action thriller starring Steven Seagal. A former cop is offered an escape from his gambling debts when a stranger approaches him with an offer he cannot refuse. (2007, 15, 96min) ★★★
11.05 **The Art of War III: Retribution** Thriller. (2009, 18, 88min) ★★
12.50 AM **Second in Command** Thriller. (2006, 15, 91min) ★★
2.35 **to 4.00** AM **Criminal Intent** Drama. (2005, 15, 85min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas with a View** Drama. (2017, PG, 120min) ★★
9.00 **Picture a Perfect Christmas** Drama. (2019, PG, 90min) ★★
11.00 **Christmas at Graceland** Festive romance. (2018, U, 85min) ★★
1.00 PM **The Christmas Club** (2019)
3.00 **Once Upon a Christmas Miracle** Drama. (2018, PG) ★★
5.00 **Christmas Next Door** Family drama. (2017, U, 86min) ★★
7.00 **Romance at Reindeer Lodge** Drama starring Nicky Whelan and Josh Kelly. Two people who have sworn off Christmas get stuck at a holiday-themed ranch. (2017, PG, 90min) ★★
9.00 **A Twist of Christmas** Romantic drama starring Vanessa Lachey, Brendon Zub and Corina Akeson. Two single parents' toy purchases get muddled in a busy shop, and they must work together to salvage Christmas (2018, PG, 90min) ★★
11.00 **Hometown Holiday** Romantic drama. (2017, PG, 84min) ★★
1.00 AM **Road to Christmas** Festive romance. (2018, U, 120min) ★★
3.00 **to 5.00** AM **Christmas at Holly Lodge** Drama. (2017, U) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.00 PM **100 Degrees Below Zero** *Syfy* Disaster movie. ★
6.10 **The Hunger Games: Catching Fire** *E4* Fantasy. ★★★★
6.35 **Green Lantern** *ITV2* ★★
6.35 **The Bridge at Remagen** *Paramount Network* ★★★
7.15 **The September Issue** *Sky Documentaries* ★★★
8.00 **City Slickers: The Legend of Curly's Gold** *ITV4* Comedy. ★
8.00 **Beetlejuice** *Comedy Central* Fantasy comedy. ★★★★
9.00 **From Russia with Love** *ITV* James Bond adventure. ★★★★
9.00 **Mechanic: Resurrection** *C4* ★★
9.00 **Judge Dredd** *Sky One* ★★
9.00 **Bad Neighbours 2** *E4* ★★
9.00 **Good Will Hunting** *5STAR* Oscar-winning drama. ★★★★
9.00 **Bad Boys II** *Syfy* Comedy. ★★★
9.00 **Code of Silence** *Paramount Network* Action thriller. ★★
10.00 **Get Hard** *Comedy Central* ★★
10.10 **National Lampoon's European Vacation** *ITV4* Comedy. ★
10.45 **Listen to Me Marlon** *Sky Documentaries* ★★★
10.50 **Commando** *Channel 4* ★★★
10.50 **The Hurricane Heist** *Sky One* ★

SATURDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **7.30** **LIVE Super Rugby Crusaders v Blues.** From Orangetheory Stadium. Kick-off **8.05am**.
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of day four of the first Test in the three-match series, held at the Ageas Bowl in Southampton.
- **1.30** PM **LIVE Formula 1** The Styrian Grand Prix qualifying session. Start-time **2.00pm**.
- **3.35** **LIVE Test Cricket England v West Indies.** Further coverage of day four of the first Test.
- **5.00** **LIVE Premier League Sheffield United v Chelsea.** The top-flight encounter from Bramall Lane. Kick-off **5.30pm**.
- **7.45** **LIVE Premier League Brighton & Hove Albion v Manchester City.** All the action from the top-flight clash at the Amex Stadium. Kick-off **8.00pm**.
- **10.30** **Sky Sports News** A round-up of the day's talking points.
- **4.00** **to 7.00** AM **LIVE Super Rugby Hurricanes v Highlanders.** Coverage from Sky Stadium. Kick-off **4.35am**.

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Premier League Preview**
- **9.30** **Premier League World**
- **10.00** **Gary Neville's Soccerbox**
- **11.00** **Soccer AM** Football magazine.
- **12.00** NOON **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's action.
- **5.00** PM **LIVE Premier League Sheffield United v Chelsea.** The top-flight encounter from Bramall Lane. Kick-off **5.30pm**.
- **7.45** **LIVE Premier League Brighton & Hove Albion v Manchester City.** All the action from the top-flight clash at the Amex Stadium. Kick-off **8.00pm**.
- **10.30** **Gary Neville's Soccerbox** Gary sits down for a chat with Liverpool legend John Barnes
- **11.00** **Best PL Goals: Solo Goals**
- **12.00** M'T **PL Retro** Manchester United v Tottenham Hotspur from the 1998/1999 season.
- **2.00** AM **Premier League Years**
- **4.00** **Best PL Goals 93/94**
- **5.00** **Best PL Goals: Merseyside Derby** Memorable strikes.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Bielsa: El Loco & Leeds**
- **11.00** **Soccer AM** Football magazine.
- **12.00** NOON **LIVE EFL**
- **3.00** PM **Gillette Soccer Saturday**
- **5.30** **Bielsa: El Loco & Leeds**
- **6.00** **EFL Greatest Games**
- **6.30** **SPFL Highlights**
- **7.00** **EFL Play Off Finals L1 17/18**
- **8.00** **Retro Championship Playoff Final 2012** West Ham United v Blackpool from 2011/2012.
- **10.00** **SPFL Greatest Games**
- **10.30** **SPFL Highlights**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **Best Goals of the Carabao Cup 18/19** Memorable strikes.
- **12.30** AM **Best Goals: Carabao Cup 2019/20** Memorable goals.
- **1.00** **Play Off Final C'Ship 18/19**
- **2.00** **EFL Play Off Finals L1 18/19**
- **3.00** **Championship Review 14/15**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Captain's Log**
- **7.00** **Masterclass: Curtly Ambrose**
- **7.30** **The Cricket Lockdown Vodcast**
- **8.30** **Test Cricket** England v West Indies: Action from the third day of the first Test at the Ageas Bowl.
- **9.30** **Cricket Debate**
- **10.15** **Test Cricket Bitesize**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of day four of the first Test in the three-match series, held at the Ageas Bowl in Southampton.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on day four of the first Test between England and West Indies.
- **8.00** **Test Cricket** England v West Indies: Highlights of the fourth day of the first Test in the three-match series, held at the Ageas Bowl.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize**
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize**
- **12.00** M'T **Captain's Log**
- **1.00** AM **Vitality T20 Blast Cricket**
- **4.45** **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **Chronicles of a Champion Golfer** A profile of Nick Faldo.
- **6.30** **European Tour Golf** Action from the 2015 Scottish Open.
- **7.30** **European Tour Golf** Action from the 2016 Aberdeen Asset Management Scottish Open.
- **8.30** **PGA Tour Golf** Action from day two of the Workday Charity Open.
- **11.30** **British Masters Masterclass**
- **12.00** NOON **PGA Tour Profiles** A look at the career of Rory McIlroy.
- **12.15** PM **Golf Pass with Rory McIlroy**
- **12.45** **LIVE PGA Tour Golf** Coverage of the featured groups on day three of the Workday Charity Open, taking place at Muirfield Golf Club in Dublin, Ohio.
- **6.00** **LIVE PGA Tour Golf** Further coverage of day three of the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio.
- **11.00** **The Greatest Solheim Cup** Action from the 2019 event.
- **1.00** AM **European Tour Golf** The final round of the 2017 Aberdeen Asset Management Scottish Open.
- **2.00** **European Tour Golf** Day four of the 2018 Aberdeen Standard Investments Scottish Open.
- **3.00** **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Premier League Preview**
- **6.30** **Premier League Match Pack**
- **7.00** **PL 100: Robin van Persie**
- **7.30** **ESPN FC** Football news.
- **8.00** **WWE NXT Highlights**
- **9.00** **WWE Friday Night SmackDown**
- **10.30** **Premier League Preview**
- **11.00** **Early Kick-Off**
- **12.00** NOON **LIVE Premier League Norwich City v West Ham United.** The top-flight clash from Carrow Road. Kick-off **12.30pm**.
- **2.30** PM **LIVE Premier League Liverpool v Burnley.** Coverage of the top-flight encounter from Anfield. Kick-off **3.00pm**.
- **5.30** **Backstory – The Decision**
- **6.30** **Bundesliga Special**
- **7.30** **Champions League Magazine**
- **8.00** **The WRC Magazine**
- **8.30** **Bundesliga Special**
- **9.00** **WWE Friday Night SmackDown**
- **10.30** **UFC Countdown: 251**
- **11.30** **SC: UFC Fight Camp**
- **12.00** M'T **UFC Live 251 Preview**
- **1.00** AM **LIVE UFC** All the action from the UFC 251 Prelims.
- **3.00** **to 7.30** AM **LIVE UFC** Coverage of UFC 251 at the UFC Fight Island facility on Yas Island, Abu Dhabi, United Arab Emirates.

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **Ligue 1 Goals of the Season**
- **7.00** **Bundesliga Special**
- **8.00** **Premier League Preview**
- **8.30** **BT Sport Fight Night**
- **10.30** **LIVE AFL Essendon v Western Bulldogs.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **10.40am**.
- **1.30** PM **The WRC Magazine**
- **2.00** **E:60 Profile: Sammy Sosa**
- **3.00** **WWE Ruthless Aggression**
- **4.15** **Arnold's Blueprint**
- **4.30** **What Went Down: Joe Calzaghe** A look back at some of the biggest and most memorable fights involving Joe Calzaghe.
- **6.30** **BT Sport Fight Night** Action from Brad Foster v James Beech.
- **8.30** **Daniel Dubois – KO King**
- **9.00** **UFC: Inside the Octagon**
- **9.30** **UFC Countdown: 251** A look ahead to UFC 251.
- **10.30** **WWE NXT Highlights**
- **11.30** **The WRC Magazine**
- **12.00** M'T **Tim Richmond: To the Limit**
- **1.00** AM **30 for 30: Broke**
- **2.30** **30 for 30: Benji**
- **4.00** **30 for 30: No Mas**
- **5.30** **to 6.00** AM **ESPN Films: Two Points, One Title**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **FIH Hockey Pro League Magazine** Four editions.
- **8.00** **AFL** Action from Collingwood Magpies v Brisbane Lions.
- **10.00** **The WRC Magazine**
- **10.30** **FA Cup Classics**
- **11.30** **Ligue 1 Goals of the Season**
- **12.00** NOON **Bundesliga Special**
- **1.00** PM **FA Cup Final Classics**
- **3.00** **Classic Bundesliga**
- **3.30** **MotoGP Classics: Donington 1994** The British Grand Prix.
- **4.30** **Gearing Up**
- **5.00** **Ligue 1 Goals of the Season**
- **6.00** **UEFA Champions League Goals Show Retro** A look back at the 2000/2001 match between Leeds United and Lazio.
- **7.00** **AFL** Action from Collingwood Magpies v Brisbane Lions.
- **9.00** **AFL** Action from Essendon Bombers v Western Bulldogs.
- **11.00** **Gearing Up**
- **11.30** **Badminton Unlimited**
- **12.00** M'T **Bundesliga Special**
- **1.00** AM **Fishing: On The Bank**
- **2.00** **FIH Hockey Pro League Magazine** News and action.
- **2.30** **The WRC Magazine**
- **3.00** **WRC Review**
- **4.00** **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **Super Rugby Classics**
- **7.00** **Rugby Stars Quiz: Heaslip v Habana** Rugby union quiz.
- **7.30** **LIVE Super Rugby Crusaders v Blues.** Coverage of the match from the fifth round of fixtures, taking place at Orangetheory Stadium. Kick-off **8.05am**.
- **10.10** **Super Rugby** Double bill.
- **1.45** PM **Rugby Union Retro**
- **2.00** **Boxing Rivalries**
- **3.00** **Froch v Groves – The Fight**
- **4.00** **Super Rugby**
- **5.45** **Rugby Union Retro**
- **6.00** **Super Rugby** Crusaders v Blues.
- **7.45** **Rugby Union Retro** Action from England v New Zealand in 1997.
- **8.00** **101 Greatest Knockouts** Some of the most entertaining fights from the Matchroom stable.
- **10.00** **Bellator MMA**
- **12.00** M'T **Boxing Rivalries**
- **1.00** AM **Tony Tuesday**
- **2.00** **Boxing Rivalries**
- **3.00** **Froch v Groves – The Fight**
- **4.00** **to 7.00** AM **LIVE Super Rugby Hurricanes v Highlanders.** Coverage of the match from the fifth round of fixtures, taking place at Sky Stadium. Kick-off **4.35am**.

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **LIVE ANZ Premiership Netball Steel v Stars.** Coverage of the match from the fifth round of fixtures, taking place at Auckland Netball Centre. Centre-pass **6.00am**.
- **7.30** **Australia v Great Britain 2006 Watchalong**
- **9.30** **ICC Cricket World Cup Final Watchalong** As 7.30pm.
- **12.30** PM **Players Championship 2019 Watchalong** As 10.30pm.
- **2.00** **Lions '09 2nd Test Watchalong**
- **4.00** **ICC Womens World Cup Final Watchalong** England v India: Action from the 2017 final.
- **5.45** **I'm Game**
- **6.00** **ANZ Premiership Netball** Action from Steel v Stars.
- **7.30** **ICC Cricket World Cup Final Watchalong** England v New Zealand: The 2019 final.
- **10.30** **Players Championship 2019 Watchalong** With Rory McIlroy.
- **12.00** M'T **Lions '09 2nd Test Watchalong** With Jamie Roberts.
- **2.00** AM **Australia v Great Britain 2006 Watchalong**
- **4.00** **ICC Cricket World Cup Final Watchalong** As 7.30pm.
- **5.45** **to 6.00** AM **I'm Game**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **College Basketball Classics**
- **7.45** **College Football Classics**
- **10.15** **In Depth with Graham Bensinger** Behind the scenes.
- **10.45** **MLB: Caps Off**
- **11.00** **ESPN FC** Football news.
- **11.30** **30 For 30: Lance – Part 1**
- **1.30** PM **30 For 30: Lance – Part 2**
- **3.30** **The Basketball Tournament** The opening two quarter-finals.
- **7.00** **LIVE The Basketball Tournament** The third quarter-final of the five-on-five, winner-take-all tournament, with a grand prize over $1million.
- **9.00** **LIVE The Basketball Tournament** Coverage of the fourth and concluding quarter-final of the five-on-five, winner-take-all tournament.
- **11.00** **30 For 30: Be Water**
- **1.01** AM **MLB: Letters from Jackie...**
- **2.00** **to 6.00** AM **College Football Classics**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Ultimate Tennis Showdown**
- **8.00** **Tour de France: Froome 2015**
- **11.00** **Ultimate Tennis Showdown**
- **12.00** NOON **Norwegian Football**
- **2.00** PM **Tour de France: Froome 2015** Highlights from the race.
- **5.00** **Speedway European Championship** Action from the second round of the season in Bydgoszcz, Poland.
- **6.00** **Cycling: Virtual Tour de France** Action from stage three of the race, which sees cycling's biggest names e-race on Zwift bikes over a series of stages to replace the postponed 2020 Grand Tour.
- **8.00** **Tour de France: Froome 2015** Highlights of the 14th stage.
- **11.00** **Cycling: Road World Championships**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Hall of Fame – London**
- **2.00** **Tour de France: Froome 2015**
- **5.00** **to 7.00** AM **Snooker: O'Sullivan v Robertson**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Superbikes: MotoAmerica**
- **9.00** **Speedway European Championship** From Poland.
- **10.00** **Superbikes: Vodcast**
- **12.00** NOON **World Superbikes**
- **1.00** PM **Superbikes: MotoAmerica**
- **2.00** **Speedway European Championship** From Poland.
- **3.00** **Ultimate Tennis Showdown**
- **4.00** **LIVE Ultimate Tennis Showdown** Day one.
- **6.35** **Roland Garros: Women's Final**
- **6.55** **Climbing World Champs**
- **7.25** **LIVE Norwegian Football Rosenborg v Stromgodset.** Kick-off **7.30pm**.
- **9.30** **Bennetts British Superbikes**
- **10.00** **Superbikes: BSB Lockdown Lowdown** With Rachel Stringer.
- **12.00** M'T **Cycling: Virtual Tour de France** Stage three of the race.
- **2.00** AM **Hall of Fame – Rio 2016**
- **3.00** **Snooker: Welsh Open**
- **5.00** **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **LIVE NRL Cronulla-Sutherland Sharks v Penrith Panthers.** Kick-off **6.00am**.
- **7.55** **Super League Highlights**
- **8.25** **Super League Gold**
- **8.30** **LIVE NRL Brisbane Broncos v Canterbury-Bankstown Bulldogs.** Kick-off **8.30am**.
- **10.25** **Super League Gold**
- **10.35** **LIVE NRL Canberra Raiders v Melbourne Storm.** Kick-off **10.35am**.
- **12.30** PM **Head To Head: Greenwood v Carragher**
- **1.00** **Super Rugby Classics**
- **3.00** **S/Lge Retro**
- **5.00** **ANZ Premiership Netball**
- **6.30** **Super League Highlights**
- **9.00** **NBA Retro Games: 2002 NBA Finals Game 4: Lakers v Nets.**
- **11.00** **NBA: Brooklyn @ Chicago**
- **1.00** AM **NBA: Clippers @ Lakers**
- **2.30** **NBA Champions: 2010**
- **4.00** **NBA: Golden State @ Brooklyn**
- **5.45** **to 6.00** AM **Super League Gold**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **Highlights**
- **9.20** **LIVE Formula 3** Coverage of race one at the Styrian Grand Prix.
- **10.10** **When Toto Met Lewis**
- **10.45** **LIVE Formula 1** The Styrian Grand Prix third practice session.
- **12.10** PM **Highlights**
- **1.30** **LIVE Formula 1** Coverage of the Styrian Grand Prix qualifying session. Start-time **2.00pm**.
- **3.35** **LIVE Formula 2** Coverage of race one at the Styrian Grand Prix.
- **4.55** **Johnny & Damon Relive '95**
- **5.20** **Williams Stock Car**
- **5.45** **Small Talk with Lewis Hamilton**
- **6.00** **Formula 1**
- **7.15** **Lewis in the W196 with Martin**
- **7.25** **F1 Cars Through 1000 Races**
- **7.30** **Formula 1**
- **9.15** **Small Talk with Lewis Hamilton**
- **9.30** **Indycar: Qualifying**
- **10.00** **LIVE Indycar: Road America Race 1**
- **12.30** **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Sunday

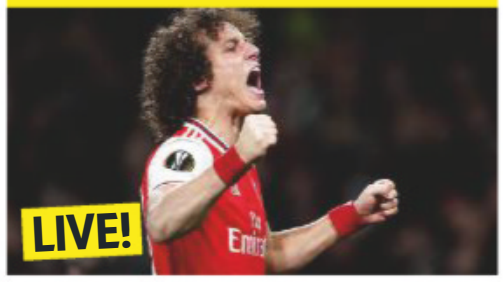
12 July

Evening Planner

Motorsport

F1: Styrian Grand Prix
Sky Sports F1 HD, race starts 2.10pm
The second race of the season held at the Red Bull Ring in Spielberg, Austria, where Lewis Hamilton remains favourite

Football



Premier League
Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm
Tottenham Hotspur take on fierce rivals Arsenal in the north London derby

Documentary

One Day: Sport's Super Sunday
BBC2 HD, 8.30pm
A look at 14 July 2019, with Roger Federer v Novak Djokovic at Wimbledon

Travelogue

...Misadventures from My Sofa
BBC2 HD, 9pm
Romesh Ranganathan looks back on his trips, joined remotely by fellow travellers

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 The Luminaries		10.00 News	10.30 Match of the...
102 BBC2	◂ 6.30 Cuba with...	7.30 Today at the Test: England v West Indies		8.30 One Day...	9.00 Romesh Ranganathan: Misadventures...		10.00 Louis Theroux: Extreme Love – Autism	
103 ITV	7.00 The Durrells		8.00 Maigret – Night at the Crossroads				10.00 News	10.20 The Comedy Years
104 CHANNEL 4	◂ 6.30 Formula 1 Styrian Grand Prix Highlights				9.00 Film: The Festival			
105 CHANNEL 5	7.00 Rich Kids, Skint Holiday		8.00 Filthy Britain SOS		9.00 Rich House, Poor House		10.00 Bargain-Loving Brits in Blackpool	
106 SKY ONE	◂ 6.30 Renault Super Sunday – Live: Bournemouth v Leicester City: From Vitality Stadium (Kick-off 7.00)					9.30 Styrian F1 GP Highlights		10.30 Greg Davies...
ENTERTAINMENT								
116 BBC4	7.00 All Aboard! The Canal Trip				9.00 The Sky at Night	9.30 Othello: Royal Shakespeare Company		
118 ITV2	◂ 6.50 Film: Back to the Future Part II				9.00 Love Island: Australia			10.20 Celebrity Juice
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Grand Designs		9.00 999: On the Front Line – Alcohol and...		10.00 24 Hours in A&E	
135 E4	◂ 6.40 Film: The Hunger Games: Mockingjay – Part 1				9.00 Batwoman		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Ghost Whisperer				9.00 FBI		10.00 Coroner	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 The Sopranos			
110 GOLD	7.00 Only Fools and Horses			8.20 Dad's Army: The Lost...	9.00 Still Open All Hours			10.20 Mrs Brown's Boys
111 DAVE	7.00 Top Gear		8.00 Ross Noble: Off Road		9.00 Have I Got a Bit More News for You		10.00 QI XL	
119 ITV3	◂ 6.00 Midsomer Murders		8.00 Long Lost Family		9.00 Charles: 50 Years a Prince		10.00 Lewis	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Film: Twins					10.05 Film: National Lampoon's Vacation
112 COMEDY CENTRAL	7.00 Film: Leap Year				9.00 Film: Bruce Almighty			
152 SYFY		7.10 Film: Flight of the Navigator			9.00 Film: xXx: State of the Union			
109 W	7.00 999 Rescue Squad				9.00 Inside the Ambulance			
113 SKY COMEDY	7.00 Parks and Recreation				9.00 Film: Couples Retreat			
124 FOX	7.00 NCIS: New Orleans				9.00 Emergence		10.00 American Dad!	10.30 Family Guy
122 SKY ARTS	◂ 6.45 Queen – Live	7.45 Oasis: Live by the Sea			9.00 Florence & the Machine/Andra Day: Austin City...		10.15 Pulp Live	
DOCUMENTARY								
125 DISCOVERY	7.00 How Do Animals Do That		8.00 Urban Predator: Lion on the Loose		9.00 Serial Killer Tiger at Large		10.00 In Search of Monsters	
162 ANIMAL PLANET	7.00 Alaska: The Last Frontier		8.00 Alaskan Bush People		9.00 Homestead Rescue		10.00 Amanda to the Rescue	
129 NAT GEO	7.00 Seconds from Disaster		8.00 No Man Left Behind					
123 SKY HISTORY	7.00 WWII's Most Daring Raids				9.00 The Secret History of the White House		10.00 The Secret History of Air Force One	
155 YESTERDAY	7.00 Train Truckers		8.00 'Allo 'Allo!				10.00 Chris Tarrant: Extreme Railway...	
166 EDEN	7.00 Wonders of Africa		8.00 Tall & Tiny: Nature's Extremes		9.00 Animal Homes		10.00 Rhino Orphanage	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.50 The Last Black Man in San Francisco				9.00 It: Chapter Two			
303 HITS		7.10 The Lego Movie 2: The Second Part			9.00 Rocketman			
304 GREATS	◂ 6.00 The World's End		8.00 Ocean's Thirteen					10.05 Argo
305 DISNEY	◂ 6.00 Incredibles 2		8.00 Hocus Pocus			9.50 Beauty and the Beast		
306 FAMILY	◂ 6.30 Luis and the Aliens		8.00 Mary Poppins Returns					10.15 Mr Bean's Holiday
307 ACTION	◂ 6.20 Journey 2: The Mysterious Island		8.00 The Scorpion King			9.45 Lethal Weapon 3		
308 COMEDY	◂ 6.10 Sister Act 2: Back in the Habit		8.00 The Favourite				10.00 Eurotrip	
309 THRILLER	◂ 6.50 The Bodyguard				9.00 Manhunter			
310 DRAMA	◂ 6.10 This Changes Everything		8.00 About a Boy				10.00 Blue My Mind	
311 SCI-FI	◂ 6.10 Interstellar				9.00 A.I. Artificial Intelligence			
302 BLOCKBUSTERS	◂ 5.40 Star Wars: Episode VI – Return of...		8.00 Star Wars: The Rise of Skywalker					10.30 Terminator 2...
313 FILM4	◂ 6.20 Ghostbusters				9.00 Kingsman: The Secret Service			
315 TCM MOVIES	◂ 6.35 Battleground				9.00 Mad Max			
SPORT								
401 MAIN EVENT	◂ 6.30 Renault Super Sunday – Live: Bournemouth v Leicester City: From Vitality Stadium (Kick-off 7.00)						10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	◂ 6.30 Renault Super Sunday – Live: Bournemouth v Leicester City: From Vitality Stadium (Kick-off 7.00)						10.00 PL Retro	
403 FOOTBALL	7.00 The Women's Football Show		8.00 EFL Greatest Games				10.00 SPFL Greatest...	10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	7.00 AFL				9.00 WWE 24		10.00 WWE SmackDown Highlights	
414 BT SPORT 2	7.00 The WRC...	7.30 Badminton...	8.00 Hakim Ziyech – Wizard Of AMS		9.00 The Football Archives: UCL		10.00 Football Outposts – UK	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Sunday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.55 **Match of the Day** (S)(R)
9.00 **The Andrew Marr Show** (S)
10.15 **Politics England** (S)
10.45 **Sunday Morning Live** New edition Ethical and religious issues. (S)
11.45 **Countryfile Spring Diaries** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** (S)(R)
2.05 **Wimbledon's Greatest Finals** Series finale A panel of experts select the best 10 men's finals of the Open era. (S)
5.05 NEW TO BBC1 **Billie Jean King: Born to Lead** The former tennis player talks to Sue Barker about her sexuality and life as an activist. *Previously on BBC News*. (S)
5.35 **BBC News** (S)
5.50 **Local News** (S)

7.00 Countryfile

6 PM
6.00 NEW **imagine: This House Is Full of Music** Portrait of the Kanneh-Masons, exploring the music-making talents of Stuart and Kadiatu's seven children as well as family life during lockdown. (S)

7 PM
7.00 **Countryfile** New edition Anita Rani and Matt Baker visit the Blean Woods in Kent to learn about a unique wilding project. Plus, a report from Gloucestershire on the elusive pine marten. (S)

8 PM
8.00 **Antiques Roadshow** Fiona Bruce presents the show from The Piece Hall in Halifax, where items featured include a huge sapphire, which the owner is convinced is a fake, and a Chinese imperial robe. (S)(R)

9 PM
9.00 **The Luminaries** New episode *Paradox*: 5/6. The men of Hokitika begin to piece together the events of the night Crosbie died, while Emery and Anna are visited by the ghost of the dead man. (S1) (S)(AD)

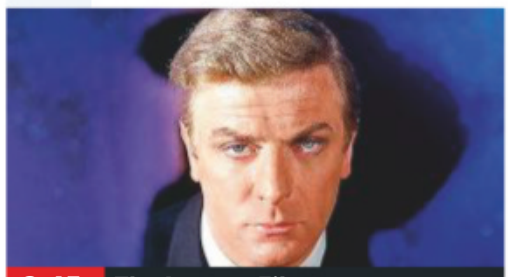
10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** The day's Premier League action, including Tottenham Hotspur v Arsenal. (S)
11.40 NEW TO BBC1 **Looking for Alaska** *Famous Last Words*: 1/8. Drama with Charlie Plummer. (S)
12.30 AM New episode *Tell Them I Said Something – Pancho Villa*: 2/8. *Previously on BBC3 Online*. (S1) (S)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **The Edible Garden** (S)(R)(AD)
6.50 **The Instant Gardener** (S)(R)
7.35 **Countryfile** (S)(R)
8.30 **Gardeners' World** (S)(R)
9.30 **Beechgrove** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Rick Stein's Spain** (S)(R)(AD)
12.30 PM **The Good Cook** (S)(R)(AD)
1.00 **Natural World** (S)(R)
1.55 **The Choir: Singing for Britain** 3/3. Gareth Malone sets out to bring the nation together through music. (S)(R)(AD)
2.55 **Talking Pictures: Michael Caine** Profile of the acting legend. (S)(R)
3.45 FILM **The Ipcress File** Classic spy thriller based on Len Deighton's novel, starring Michael Caine. (S) (AD) (1965, PG, 105min) ★★★★★
5.30 **Saving Lives at Sea** (S)(R)(AD)


3.45 The Ipcress File

6.30 **Cuba with Simon Reeve** Simon heads to the Caribbean to look at the effects of the past two years of economic liberalisation, exploring the impact it has had on Cubans and their society. (S)(R)
7.30 **Today at the Test: England v West Indies** Isa Guha presents highlights from the fifth and final day's play of the first Test in the three-match series, held at the Ageas Bowl, Southampton. (S)
8.30 NEW **One Day: Sport's Super Sunday** A look at a memorable sporting day on 14 July 2019. (S)
9.00 NEW SERIES **Romesh Ranganathan: Misadventures from My Sofa** 1/3. The comedian revisits memorable moments from his travel series. (S)
■ Repeated on Tuesday
10.00 **Louis Theroux: Extreme Love – Autism** 1/2. Louis visits a school in America for children and young adults with autism. (S)(R)(AD)
11.00 FILM **Mum's List** Drama starring Rafe Spall and Emilia Fox. A young father is left to pick up the pieces after his wife succumbs to breast cancer. With Elaine Cassidy. (S) (2016, 12, 100min) ★★★★
12.40 AM **Sign Zone: Ambulance** 5/6. Eric and Emily are called to a suspected assault on a 12-year-old. (S)(R)(AD)
1.40 **Sign Zone: Holby City** (S)(R)(AD)
2.35 **to 6.00** AM **Previews**

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
7.30 **Mighty Mike** (S)(R)
8.30 **Martin & Roman's Sunday Best!** New edition Music and chat. (S)
9.25 **James Martin's Islands to Highlands** From Dorset. (S)(R)
10.25 **John and Lisa's Weekend Kitchen** A taste of the Mediterranean. (S)(R)
11.30 **Beautiful Baking with Juliet Sear** Multi-coloured pinata cake. (S)(R)
12.30 PM **ITV News** (S)
12.40 **The Voice Kids** (S)(R)
2.15 FILM **Chicken Run** Animated comedy adventure with the voices of Mel Gibson and Julia Sawalha. (S)(AD) (2000, U, 105min) ★★★★
4.00 **Tipping Point** Quiz show. (S)(R)
5.00 **The Chase Celebrity Special** With Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan. (S)(R)

2.15 Chicken Run

6.00 **Coronation Street: Stories That Gripped the Nation** 1/8. The soap's most memorable stories. (S)(R)(AD)
6.30 **ITV News** (S)
6.50 **Local News** (S)
7.00 **The Durrells** 2/6. Larry falls dangerously ill, and Theo and his neighbour put their rudimentary medical skills to the task of saving him. Meanwhile, the family's money worries continue. (S1) (S)(R)(AD)
8.00 **Maigret – Night at the Crossroads** Drama starring Rowan Atkinson. The detective interrogates a mysterious Dane who has been caught with a dead body in his car in a rural town – but finds all the locals seem to be hiding something. With Lucy Cohu and Shaun Dingwall. (S2) (S)(R)(AD)
10.00 **ITV News** (S)
10.20 **The Comedy Years** A look back at important comedy milestones of 1998, including the final episodes of *Drop the Dead Donkey* and *Father Ted*. (S)(R)
11.10 **Last Laugh in Vegas** 4/5. The performers wonder whether the show should go on after a tragedy hits Las Vegas. (S)(R)(AD)
12.10 AM **Britain's Brightest Celebrity Family** The two cleverest families go head-to-head in the final. (S)(R)
12.35 **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.00 AM **Everybody Loves Raymond** 9-11/25. (S2) (S)(R)(AD)
7.15 **The Big Bang Theory** (S)(R)(AD)
8.30 **Bake Off: The Professionals** 7/10. The three best teams from both sets of heats join forces to face new rivals. (S)(R)
9.30 **Sunday Brunch** New edition With guests Emily Atack, Russell Kane and Julian Clary. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
1.55 FILM **Stuart Little 2** Children's fantasy adventure sequel. (S)(AD) (2002, U, 90min) ★★★★
3.25 **A Place in the Sun** (S)(R)
3.55 **Best of Crufts: Flying Dogs** New edition The Flyball competition at this year's Crufts. (S)(AD)
5.00 **Jimmy's Forest** New edition 2/4. Jimmy Doherty aims to catch a glimpse of badgers. (S)(AD)

6.30 Formula 1 Styrian Grand Prix...

6.00 **News** (S)
6.30 **Formula 1 Styrian Grand Prix Highlights** Steve Jones presents action from the second round of the season, held at Red Bull Ring in Spielberg, Austria. The season's opener also took place here, making it the first time a country has hosted back-to-back races since Japan held the Pacific and Japanese Grands Prix in 1995. Analysis from Mark Webber and David Coulthard. (S)
9.00 FILM PREMIERE **The Festival** Comedy starring Joe Thomas. A graduate gets dumped by his girlfriend and goes to a music festival to get over it. *See review, page 25*. (S)(AD) (2018, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.50 FILM **Now You See Me 2** Crime thriller sequel starring Jesse Eisenberg. (S)(AD) (2016, 12, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Ramsay's Kitchen Nightmares USA** Gordon visits an an Italian restaurant in Florida. (S)(R)
2.00 **Couples Come Dine with Me** From Newcastle. (S)(R)
2.55 **Undercover Boss Australia** (S)(R)
3.50 **Animal Airport** (S)(R)(AD)
4.45 **Animal Rescue School** (S)(SL)(R)
5.40 **Kirstie's Handmade Treasures** The Devon County Show. (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.15 **SpongeBob SquarePants** (S)
10.25 **Ryan's Mystery Playdate** (S)
10.35 **Access** Showbiz news. (S)
10.40 **WWE Raw Highlights** (S)
11.40 **Friends** 9-11/24. (S1) (S)(R)
1.10 PM **Friends** 12/24. (S1) (S)(R)
1.40 **FILM The Time of Their Lives** Comedy starring Joan Collins. A former Hollywood star enlists the help of a new friend in order to journey from London to France for her ex-lover's funeral. (S) (2017, 12, 125min) ★★
3.45 **FILM Shirley Valentine** Romantic comedy starring Pauline Collins as a bored housewife who finds sun, wine and love on a Greek island. With Tom Conti and Bernard Hill. (S) (1989, 15, 135min) ★★★★

8.00 Filthy Britain SOS

6.00 **Escape to Greece** 1/4. Documentary following British people who have made a fresh start on the Greek Islands, including a family living on a yacht. (S)(R)
6.55 **News** (S)
7.00 **Rich Kids, Skint Holiday** New edition 2/6. Privileged Harry has no experience with children, but bonds with eight-year-old Connor and the Clifford family in a New Forest caravan park. (S)
8.00 **Filthy Britain SOS** New edition 7/10. An Oxford litter-picker discovers the biggest collection of used hypodermic needles yet in one of the city's clandestine drug dens. (S)
9.00 **Rich House, Poor House** 6/6. A millionaire property developer and his adult children swap their London penthouse for the council property of a single mother living on the breadline. (S)(R)
10.00 **Bargain-Loving Brits in Blackpool** 5/6. Claire and Mark await a mystery celebrity guest at their B&B. (S)(R)
10.50 **Me & My 10 Kids: Mega Families** (S)(R)
11.50 **On Benefits: Britain's Most Married Man** (S)(R)
12.50 AM **Wonderful World of Chocolate** A glimpse inside the confectionery world. (S)(R)
1.15 **21.co.uk Live Casino Show**
3.15 **This Week on the Farm** (S)(R)
4.00 **House Doctor** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **Building Britain's Canals** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power** (R)
7.00 **Monkey Business** (S)(R)(AD)
9.00 **Modern Family** (S7) (S)(R)
10.30 **Best PL Goals 2018/19** (S)
11.30 **LIVE Renault Super Sunday** Wolverhampton Wanderers v Everton: Coverage of the Premier League fixture from Molineux. Kick-off is at 12.00.
2.00 PM **The Simpsons** Eight episodes, including at: **4.30** *Lady Bouvier's Lover:* Grandma Bouvier is swept off her feet by Grampa. (S)(R) **5.00** *Secrets of a Successful Marriage:* Homer teaches an adult education course. (S)(R) **5.30** *Bonfire of the Manatees:* Marge begins a new life protecting endangered aquatic creatures. (S)(R)

6.30 Renault Super Sunday

6.00 **The Simpsons** *The Girl Who Slept Too Little:* A graveyard is placed next to the family's house. (S)(R)
6.30 **LIVE Renault Super Sunday** Bournemouth v Leicester City: All the action from the Premier League encounter at the Vitality Stadium. Kick-off is at 7.00.
9.30 **Styrian F1 GP Highlights** Highlights from the second round of the season at Red Bull Ring in Spielberg, Austria.
10.30 **NEW TO SKY ONE Greg Davies: Firing Cheeseballs at a Dog** Greg's sell-out debut solo show. *Previously on Dave.*
11.45 **A League of Their Own: European Road Trip** (S)(R)(AD)
12.45 AM **The Blacklist** 12/18. Red reunites with an old flame on a remote island. (S7) (S)(R)
1.50 **The Force: North East** A burglar is arrested twice. (S)(R)
2.55 **Brit Cops: Rapid Response** Officers in Wiltshire track down drug dealers. (S)(R)(AD)
4.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.00-9.00pm The Twelfth Revisited New edition (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Tudur's TV Flashback (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm The Paddy Raff Show (S)(R) **10.30-11.00pm** Sunday Politics Northern Ireland (S)(R)
WALES
Sky **971**, Freesat **971**
5.30pm Back in Time for the Factory (S)(R) **6.30** Iolo's Street Life (S)(R) **7.00-7.30pm** Saving Lives at Sea (S)(R)(AD)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **8.55** Pen-Blwydd Pwy? New edition **9.00** Cefn Gwlad (AD) **10.00** Blwyddyn y Bugail: Ioan Doyle **10.30** Dechrau Canu Dechrau Canmol **11.00** Oedfa Dechrau Canu Dechrau Canmol New edition **11.30** Dal Ati **12.30pm** Y Sioe Fwyd (AD) **1.00** Heno Aur **1.30** Sgwrs Dan y Lloer **2.00** 04 Wal **2.30** 04 Wal **3.00** Celwydd Noeth **4.00** Ty am Ddim **5.00** Waliau'n Siarad **5.55** Ffermio **6.20** Pobol y Cwm **6.45** Pobol y Cwm **7.15** Newyddion S4C a'r Tywydd **7.30** NEW Goreuon Eisteddfod Llangollen **9.00** Clwb Rygbi: Super Rugby Aotearoa **10.00** Lowri Morgan: Her 333 **10.30-11.35pm** Y Fets (AD)

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **All Aboard! The Canal Trip** A journey down the Kennet & Avon Canal, filmed in real time.
9.00 **The Sky at Night** New edition Chris Lintott looks into the strange dimming of Betelgeuse, while Maggie Aderin-Pocock reports on the recent discovery of the biggest and brightest supernova ever observed.
9.30 **NEW TO BBC4 Othello: Royal Shakespeare Company** Iqbal Khan's groundbreaking 2015 production, starring Hugh Quarshie as Othello and Lucian Msamati as Iago. *Previously on BBC iPlayer.*
12.30 AM **Francesco da Mosto: Shakespeare** Francesco da Mosto reveals how the Mediterranean country of Italy influenced Shakespeare, as he takes a journey of discovery through the Bard's Italy-based plays.
1.30 **to 3.30** AM **Classic EastEnders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Car S.O.S**
11.55 **Come Dine with Me**
2.35 PM **Four in a Bed** The Old Stables in Somerset. **3.10** At Rigsby's Guest House in Hertfordshire. **3.40** Classic seaside entertainment in Blackpool. **4.15** From Dent Station in the Yorkshire Dales. **4.50** The winner is revealed.
5.20 **Come Dine with Me**
6.25 **Come Dine with Me** A German-themed dinner party on the third night. **6.55** Hairdresser Kate hosts the fourth night. **7.25** A Greek-inspired final night in Hastings.
8.00 **Grand Designs** An architect designs an unusual home for his family.
9.00 **999: On the Front Line – Alcohol and Drugs** New edition A selection of stories highlighting the effects of substance abuse on the NHS, including paramedics treating a suspected drink-driver.
10.00 **24 Hours in A&E** A woman knocked over.
11.05 **999: What's Your Emergency?** The lack of respect police officers face.
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.05 **999: On the Front Line – Alcohol and Drugs**
2.10 **24 Hours in A&E**
3.15 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **You've Been Framed! Gold** Comical clips.
7.40 **Ellen DeGeneres Show**
9.10 **Dress to Impress**
11.15 **The Masked Singer US**
12.20 PM **Take Me Out Celebrity Special**
1.20 **You've Been Framed! Hall of Framed**
2.20 **FILM The Perfect Man** Romantic comedy. (2005, PG, 100min) ★★
4.25 **FILM Annie** Musical remake. (2014, PG, 115min) ★★★
6.50 **FILM Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future, where he has to save his son from dire trouble. (1989, PG, 107min) ★★★
9.00 **Love Island: Australia** Feuds ignite as one Islander runs away from the villa, and a controversial challenge spells the end for one couple's romantic connection.
10.20 **Celebrity Juice** Quiz hosted by Keith Lemon, with celebrity guests answering questions on showbiz news.
11.05 **Family Guy**
12.05 AM **American Dad!**
1.05 **The Cleveland Show**
2.05 **Don't Hate the Playaz** With Sabrina Washington.
2.50 **to 3.15** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Don't Tell the Bride**
11.00 **FILM Step Up: All In** Fifth film in the dance drama series, starring Ryan Guzman and Briana Evigan. (2014, PG, 110min) ★★★
1.10 PM **The Goldbergs**
3.10 **The Big Bang Theory** Six episodes including at: **5.40** 3/24. Raj discovers how Bernadette really feels about her pregnancy. (S10)
6.10 **The Big Bang Theory**
6.40 **FILM The Hunger Games: Mockingjay – Part 1** Sci-fi adventure sequel starring Jennifer Lawrence and Philip Seymour Hoffman. Katniss Everdeen becomes the figurehead of a revolution against the despotic Panem regime. (2014, 12, 120min) ★★★★
9.00 **Batwoman** New episode *A Narrow Escape:* 16/20. Alice's limits are tested, and Batwoman encounters a new challenge. (S1)
10.00 **Naked Attraction** Features Bristol fitness fan Rose.
11.00 **Naked Attraction**
12.00 M'T **Supernatural** New episode 16/20. (S14)
1.00 AM **The Big Bang Theory**
2.00 **Gogglebox**
3.00 **Batwoman**
3.50 **Don't Tell the Bride**
4.45 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
9.00 **Paramedics**
10.00 **Sun, Sea and A&E** British tourists hospitalised abroad.
11.00 **Caught on Dashcam** Double bill of the series featuring road disasters captured on video by drivers' dashboard cameras.
1.00 PM **UK Border Force** Officers in Calais search lorries for illegal immigrants.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

10.00 Coroner

7 PM

7.00 **Ghost Whisperer** *Thrilled to Death:* 19/23. Eli confesses his abilities to his neighbour following a haunting in his building.

8 PM

8.00 **Ghost Whisperer** *Stage Fright:* 20/23. A popular soap opera visits Grandview to film an episode. (S4)

9 PM

9.00 **FBI** *Little Egypt:* 1/19. OA goes undercover when a bomb detonates at a restaurant he frequented as a child. (S2)

10 PM

10.00 **Coroner** *All's Well:* 5/8. Jenny's work and personal lives collide when she hosts a Thanksgiving dinner. (S1)
11.00 **Law & Order: Special Victims Unit** 17/23. (S16)
12.00 M'T **Law & Order: Special Victims Unit** 18/23. (S16)
1.00 AM **Ghost Whisperer** As 7.00pm & 8.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Elementary** (S1)
8.00 **CSI** 2-5/24. (S6)
12.00 NOON **CSI** 6/24. (S6)
1.00 PM **CSI** 7-9/24. (S6)
4.00 **Blue Bloods** 22/22. Jamie finally reveals to his family that he has been investigating the Blue Templar. (S1)
5.00 1/22. Frank is asked to publicly downplay the significance of the murder of an event organiser.
6.00 2/22. Danny's actions are closely scrutinised by Internal Affairs. (S2)

10.10 The Sopranos

7.00 **Blue Bloods** *Critical Condition:* 3/22. Danny is shocked to discover a bank robber is an old friend of Frank's.
8.00 **Blue Bloods** *Innocence:* 4/22. Erin reopens an 18-year-old rape case that was originally investigated by Frank. (S2)
9.00 **The Sopranos** *Join the Club*: 2/21. A comatose Tony dreams as Carmela and Meadow hold vigil by his hospital bedside
10.10 **The Sopranos** *Mayham*: 3/21. Paulie and Cary Di Bartolo find a vast amount of cash during a raid. (S6)
11.20 **Dexter** 1/12. (S5)
12.25 AM **Californication** (S7)
12.55 **Perry Mason** 3/8. (S1)
2.00 New episode 4/8. (S1)
3.10 **Richard E Grant's Hotel Secrets** The hideaways of the rich and famous.
4.00 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **dinnerladies diaries**
8.20 **Only Fools and Horses**
1.00 PM **Only Fools and Horses** Eight episodes, including at:
4.20 The Trotters agree to dog-sit while Boycie and Marlene go on holiday.
5.00 Del pays a stripper to attend a party with Rodney.
5.40 Del sees a chance to make a quick profit involving Denzil's redundancy money.
6.20 The Trotters meet a pregnant German woman who is in need of help.

8.20 Dad's Army: The Lost...

7.00 **Only Fools and Horses** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.
8.20 **Dad's Army: The Lost Episodes** Frazer and Jones vie for promotion.
9.00 **Still Open All Hours** Eric and Cyril take up tandem cycling.
9.40 Granville encourages Gastric to enter an art competition.
10.20 **Mrs Brown's Boys** A phone call causes the Brown children to suspect one of them is adopted.
11.00 **I'm Alan Partridge** Alan decides to spend his Bank Holiday weekend watching all the James Bond films.
11.40 **I'm Alan Partridge**
12.55 AM **Still Open All Hours**
2.15 **I'm Alan Partridge**
2.45 **to 4.00** AM **Green Wing**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **That's My Boy**
7.00 **Coronation Street**
8.25 **Emmerdale**
9.55 **A Touch of Frost**
12.05 PM **Agatha Christie's Marple**
2.10 FILM **The Great St Trinian's Train Robbery** Farcical British comedy with Frankie Howerd. (1965, U, 94min) ★★★
4.00 **Agatha Christie's Poirot** *Cat Among the Pigeons:* A girl is embroiled in a mystery.
6.00 **Midsomer Murders** *The Flying Club:* An airfield owner falls to his death from a plane.

8.00 Long Lost Family

Midsomer Murders (started at 6.00pm)
8.00 **Long Lost Family** Helping 74-year-old Ray Jones from West Sussex, who is haunted by a missed opportunity.
9.00 **Charles: 50 Years a Prince** A look at Prince Charles' relationship with Wales, a country that has shaped his life and work.
10.00 **Lewis** *Magnum Opus:* A college dean is found bludgeoned to death in local woodland, following a heated pub debate.
12.00 M'T **The Loch** 6/6. A body is pulled from the loch, and a photograph in the man's wallet provides a vital clue. (S1)
1.00 AM **A Touch of Frost**
3.05 **Agatha Christie's Poirot**
4.05 **Emmerdale**
5.20 **to 5.50** AM **That's My Boy**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Highlights**
7.15 **Auto Mundial**
7.40 **Junk and Disorderly**
8.40 **The Motorbike Show**
9.45 **The Big Match Revisited**
10.50 **Giant Lobster Hunters**
11.45 **River Monsters**
12.15 PM **The Sweeney**
1.25 FILM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
3.10 FILM **The Great Outdoors** Comedy. (1988, PG) ★★
4.55 FILM **Brewster's Millions** Comedy. (1985, PG) ★★★

4.55 Brewster's Millions

7.00 **Tour de France ReCycled: Geraint's Tour** New edition Stage 15 of the 2018 race, a 181.5km journey to Carcassonne.
8.00 FILM **Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito as unlikely twins conceived as part of an experiment in genetic engineering. With Kelly Preston. (1988, PG, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 FILM **National Lampoon's Vacation** Comedy with Chevy Chase. (1983, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Minder** *Bury My Half at Waltham Green:* Terry looks after an ex-convict who is being targeted by old partners wanting a share of money.
1.10 **Take the Tower**
2.15 **to 2.50** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene Classics** New edition Highlights of Andy Murray v Milos Raonic in the 2016 Wimbledon final from the All England Club .
9.00 **Rise of the Clans** 3/3. How the clans plotted against Mary, Queen of Scots, looking at the role of James Stewart.
10.00 **Still Game** 1/6. Victor tags along when Jack pays an action-packed visit to his daughter and her family. (S3)
10.30 **Gary: Tank Commander** 6/6. Charlie starts a rumour about himself that soon gets out of hand, while awful presents threaten Gary's hopes for an enjoyable birthday. (S1)
11.00 PM **to 12.00** M'T **Seven Days**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Triple bill.
10.00 **Babylon 5**
3.00 PM **Stargate SG-1** (S5)
7.00 **Stargate SG-1** *48 Hours:* 14/22. The team seek help from Russia to save Teal'c. (S5)
8.00 **Grey's Anatomy** *Love of My Life:* 19/21. Richard's issues with Catherine get in the way. (S16)
9.00 **Station 19** *No Days Off:* 11/16. Andy and Sullivan's lunch with Pruitt takes a chaotic turn. (S3)
10.00 **Blue Bloods** *Family Secrets:* 19/19. A family secret is unearthed for the Reagans. (S10)
11.00 **9-1-1** 8/18. (S3)
12.00 M'T **How to Get Away with Murder** (S6)
1.00 AM **FBI** 1/19. (S2)
2.00 **Ross Kemp: Extreme World**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Border Patrol**
9.00 **Highway Patrol**
10.30 **Highway Cops**
11.30 LIVE **Renault Super Sunday** Wolverhampton Wanderers v Everton: Kick-off 12.00. *Freesat viewers can only see football on Pick HD.*
2.00 PM **Football's Funniest Moments**
3.45 **Attenborough's Wild City** Triple bill.
6.30 LIVE **Renault Super Sunday** Bournemouth v Leicester City: Kick-off 7.00. *Freesat viewers can only see football on Pick HD.*
9.30 **Ross Kemp: Extreme World** In Austin, Texas.
10.30 **World's Most Evil Killers** Ted Bundy.
11.30 **Murders That Shocked the Nation**
12.20 AM **Killer in My Village**
1.10 **The Force: North East**
2.00 **to 6.00** AM **Highlights**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **Rick Stein: From Venice to Istanbul**
9.00 **Eat Your Heart Out with Nick Helm**
10.00 **Top Gear** Double bill.
12.00 NOON **American Pickers**
1.00 PM **Drug Wars**
2.00 **Storage Hunters**
4.00 **Would I Lie to You?**
6.00 **Scrapyard Supercar**
7.00 **Top Gear**
8.00 **Ross Noble: Off Road**
9.00 **Have I Got a Bit More News for You** Steph McGovern hosts, with guests Ash Sarkar and Josh Widdicombe.
10.00 **QI XL** Extended edition of Sandi Toksvig's first edition as host.
11.00 **Live at the Apollo**
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.35 **Dave Gorman: Modern Life Is Goodish**
3.30 **to 4.00** AM **Red Dwarf**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
2.00 PM **Naughty Toddlers Caught On Camera** A collection of comic clips featuring children that have gone viral.
2.30 **Friends**
7.00 FILM **Leap Year** Romantic comedy starring Amy Adams and Matthew Goode. (2009, PG, 96min) ★
9.00 FILM **Bruce Almighty** Comedy starring Jim Carrey, Morgan Freeman and Jennifer Aniston. (2003, 12, 96min) ★★★
11.00 **Al Murray's Great British Pub Quiz**
12.00 M'T **Jason Manford Live: First World Problems** Stand-up performance recorded in Liverpool in 2014.
1.00 AM **Russell Howard's Good News**
2.00 **South Park** (S6)
4.15 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.15 PM **Income Property**
12.45 **The Real Housewives of New York City**
5.15 **Growing Up Chrisley**
6.15 **Bachelor in Paradise** New edition Nine men and 11 women arrive.
8.00 **Celebrity Dinner Date** With Matt Johnson.
9.00 **The Real Housewives of Atlanta** New edition The ladies continue their celebration.
10.00 **Botched** A personal trainer asks for a scar on his head to be removed.
10.55 **Atlanta Plastic** Dr McKnight-Baron undertakes surgery for a transgender patient.
11.50 PM **to 12.50** AM **Married to Medicine: Houston**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.20 AM **Miss Marple**
9.40 **Death in Paradise** (S1)
12.00 NOON **Inspector George Gently** *Gently & the New Age.*
2.00 PM **The Doctor Blake Mysteries** 7&8/8. (S4)
4.00 **The Coroner** 7/10. Lighthaven are stunned when a girl seems to return from the dead. **5.00** 8/10. The patriarch of the local aristocratic family is found stabbed to death. **6.00** 9/10. An ice-cream factory owner is found dead in a freezer. (S1)

6.00 The Coroner

7.00 **Unforgettable** *Breathing Space:* 8/13. Carrie and Delina go undercover together in an attempt to find a killer. (S4)
8.00 **Reef Break** *The Green Tide:* 5/13. Cat races to find the culprit when a refinery explosion threatens lives. (S1)
9.00 **Stumptown** *The Past and the Furious:* 11/18. Dex works to find a fellow veteran's birth parents. (S1)
10.00 **Murdoch Mysteries** *Toronto the Bad:* 7/18. While moonlighting as a cab driver, Higgins finds a dead passenger. (S13)
11.00 **Murdoch Mysteries** 8/18. Murdoch investigates the death of an actor shot on stage during a performance. (S13)
12.00 M'T **The Doctor Blake Mysteries** 7&8/8. (S4)
2.00 AM **Murdoch Mysteries**
2.45 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **FILM 100 Degrees Below Zero** Disaster drama. (2013, 12, 89min) ★
8.00 **Teleshopping**
11.00 **FILM End of the World** Thriller. (2018, PG) ★★
1.00 PM **FILM My Pet Dinosaur** Adventure with Jordan Dulieu. (2017, PG, 98min) ★★
3.00 **FILM The Librarian: Quest for the Spear** Fantasy. (2004, PG, 90min) ★★★
5.00 **FILM Goosebumps** Fantasy adventure starring Jack Black. (2015, PG, 103min) ★★★

5.00 Goosebumps

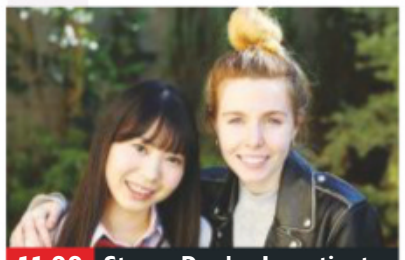
7.10 **FILM Flight of the Navigator** Sci-fi fantasy adventure starring Joey Cramer, Sarah Jessica Parker and Veronica Cartwright. A 12-year-old boy goes on a mission to a distant planet. (1986, U, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM xXx: State of the Union** Action thriller with Ice Cube and Samuel L Jackson. A government spymaster recruits an imprisoned soldier to prevent a military organisation overthrowing the US government. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Spides** 4/8. (S1)
12.10 AM **The Leftovers** (S2)
2.20 **FILM Curse of the Dream Witch** Thriller starring Bobby Campo. (2018, 15, 85min) ★★
4.10 **to 6.00** AM **FILM Earthstorm** Thriller with Stephen Baldwin. (2006, PG, 90min) ★★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **Tipping Point**
11.00 **Doctor Who** 4&5/13. (S6)
1.00 PM **Doctor Who** Four further episodes, including at: **4.00** 9/13. A child's bedroom becomes the scariest place in the universe. (S6)
5.00 **Outnumbered** Karen tries to decide which religion she would like to lead. **5.40** Ben is determined to enter a school talent contest. **6.20** Another guest arrives to stay as the family try to get rid of Auntie Angela.



11.00 Stacey Dooley Investigates

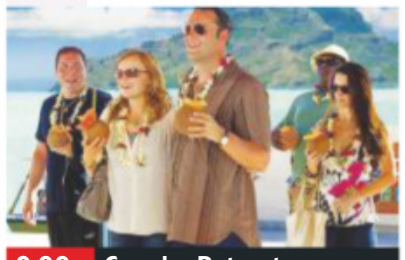
7.00 **999 Rescue Squad** The Yorkshire Ambulance Service Hazardous Area Response Team rescue a man crushed by his car.
8.00 **999 Rescue Squad** The team try to seal a major chemical spill and help a teenager who fell down a chimney.
9.00 **Inside the Ambulance** Nic and Adam help an elderly lady who has been struggling to cope since her husband passed away.
10.00 **Inside the Ambulance** Sam and Hannah assist police with a man they suspect has taken the drug 'Monkey Dust'.
11.00 **Stacey Dooley Investigates** A report on the sexualisation of children in Japan.
12.00 M'T **One Born: What Happened Next?**
1.00 AM **The World According to Kids** The children discuss belief.
1.50 **to 3.00** AM **Top Chef**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 385

8.00 AM **Everybody Hates Chris**
9.30 **The Mindy Project** (S1)
1.30 PM **Parks and Recreation** Eleven episodes, including at: **4.30** 12/22. Andy gets a job playing at a child's party. **5.00** 13/22. Leslie attempts to fulfil one last promise. **5.30** 14/22. Ben surprises Leslie with an anniversary gift. **6.00** 15/22. Leslie's efforts yield unexpected results. **6.30** 16/22. Two radio shock jocks threaten to ruin Leslie's town slogan contest. (S6)



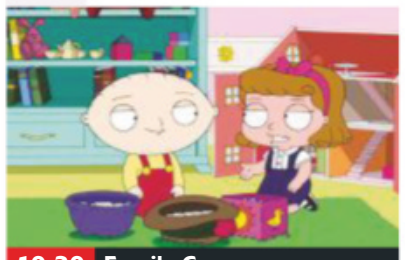
9.00 Couples Retreat

7.00 **Parks and Recreation** 17/22. Tom and Ben attempt to rent a tent. **7.30** 18/22. Leslie plans a large-scale prom. (S6)
8.00 **Parks and Recreation** 19/22. Leslie makes a shocking discovery. **8.30** 20/22. Andy tries to keep a secret. (S6)
9.00 **FILM Couples Retreat** Comedy with Jon Favreau, Vince Vaughn and Jason Bateman. A couple on the verge of divorce sign up for a marital retreat in the South Pacific and coerce their friends into joining them. (2009, 15, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Silicon Valley** 1/8. Comedy starring Thomas Middleditch. **11.50** 2/8. Peter Gregory demands a business plan. (S1)
12.25 AM **Veep** 1&2/10. (S6)
1.35 **The Mindy Project** (S1)
2.30 **Amy Schumer: Live at the Apollo**
3.50 **to 5.00** AM **Everybody Hates Chris**

FOX

124 124 821 | 157 199

8.00 AM **Bull** 1-3/22. (S3)
11.00 **Bones** 17&18/22. (S10)
1.00 PM **The Mentalist** Triple bill of the crime drama, including at: **3.00** 15/24. A murderer helps Jane catch a killer. Guest stars Morena Baccarin. (S4)
4.00 **Bones** 19/22. Brennan turns to Aubrey to protect her from a menacing bookmaker. **5.00** 20/22. Brennan tells Booth to pack up his things. **6.00** 21/22. Booth is desperate to beat his gambling addiction. (S10)



10.30 Family Guy

7.00 **NCIS: New Orleans** *The River Styx – Part Two:* 24/24. Pride is separated from the team and faces grave danger.
8.00 **NCIS: New Orleans** *Desperate Navy Wives:* 12/24. Gregorio joins a social club for military wives. (S5)
9.00 **Emergence** *Killshot – Part One:* 12/13. Jo makes a high-stakes deal to take down Helen and keep Piper safe. (S1)
10.00 **American Dad!** 7/22. Stan feels compelled to right an old wrong. (S16)
10.30 **Family Guy** 19/23. Lois buys twin beds. (S10)
11.00 **Family Guy** Meg is kidnapped while travelling across Europe. **11.30** Peter and his friends have their memories erased.
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S10)
2.30 **American Dad!** (S2)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Sunday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **Murder, She Wrote** *The Scent of Murder:* Jessica learns that her friend Seth Hazlitt's rich cousin has been murdered and vows to get to the bottom of the mystery. **8.00** *Death 'n' Denial:* Jessica tries to clear a friend implicated in the theft of a priceless Egyptian relic – and a murder to boot.
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz hosted by Chris Tarrant.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Hart to Hart: Home Is Where the Hart Is** Mystery drama.
3.30 **Touched by an Angel**
5.00 **Sony Movie News Extra**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Pavarotti: 10th Anniversary Gala**
7.30 **Tales of the Unexpected**
10.00 **Comedy Legends**
1.00 PM **Comedy Legends**
3.00 **John Legend: Live at Baloise Session**
5.00 **BB King: Live in Concert at the Royal Albert Hall**
6.45 **Queen – Live in Milton Keynes**
7.45 **Oasis: Live by the Sea**
9.00 **NEW Florence & the Machine/Andra Day: Austin City Limits** Performances by Florence Welch and her band and the American singer-songwriter.
10.15 **Pulp Live** The band live at Brixton Academy.
11.15 **Distant Sky: Nick Cave & the Bad Seeds – Live in Copenhagen**
1.00 AM **Discovering**
5.00 **to 6.00** AM **Discovering**

+1 hour 252 229

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
11.00 **A Place in the Sun**
1.00 PM **A Place in the Sun**
4.00 **Ramsay's Kitchen Nightmares USA** Five editions including at: **6.00** The chef visits Sushi Ko, a Japanese restaurant in California. **7.00** Gordon helps a restaurant in California. **8.00** A restaurant in Florida receives help.
9.00 **Grand Designs** Mark and Candida Diacono seek to build a plough-shaped home in Devon.
10.00 **Celebrity Gogglebox** Britain's best-loved personalities appraise the week's television.
11.05 **George Clarke's Amazing Spaces**
12.10 AM **Location, Location, Location**
1.15 **Bake Off: The Professionals**
2.20 **to 4.50** AM **Four in a Bed**

+1 hour 209 190

5USA

141 141 153 21 129

9.10 AM **Columbo: Murder, Smoke and Shadows**
11.10 **Columbo: Suitable for Framing** Mystery.
12.40 PM **Columbo: The Most Crucial Game** Mystery.
2.15 **Columbo: The Greenhouse Jungle**
3.50 **Columbo: The Conspirators** Mystery.
5.55 **Columbo: A Deadly State of Mind** Mystery.
7.30 **Columbo: How to Dial Murder** Murder mystery.
9.00 **Law & Order: Criminal Intent** 15/22. (S7)
10.00 **Law & Order: Special Victims Unit** *Heartfelt Passages:* 23/23. The investigation of Gary Munson goes on. (S17) **10.55** *Terrorised:* 1/21. A boy is found alone. (S18)
11.55 **Law & Order: Special Victims Unit** (S17)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun**
8.20 **Two and a Half Men**
10.05 **Can't Pay? We'll Take It Away!**
1.05 PM **Can't Pay? We'll Take It Away!**
4.00 **Nightmare Tenants, Slum Landlords** Alarming tales from all corners of the buy-to-let system.
9.00 **FILM Hercules** Mythological adventure starring Dwayne Johnson, Ian McShane and John Hurt. (2014, 12, 98min) ★★★
11.00 **FILM Blitz** British crime thriller starring Jason Statham and Paddy Considine. (2011, 18, 97min) ★★★
12.55 AM **Car Crime UK: Caught on Camera**
1.55 **Can't Pay? We'll Take It Away!**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **The Bill**
10.00 **Catherine Cookson's A Dinner of Herbs**
4.00 PM **A Place to Call Home** Double bill.
6.00 **Keeping Up Appearances** Hyacinth has plans for Richard. **6.40** Hyacinth tries to buy a country retreat. **7.20** Hyacinth plans a special event.
8.00 **Death in Paradise** *Until Death Do You Part:* 4/8. A bride-to-be is found dead in her bath. (S4)
9.20 **My Life Is Murder** *The Boyfriend Experience:* 1/10. Crime drama with Lucy Lawless. (S1)
10.20 **Taggart** *Bloodsport:* A boxer's murder leads the team into a world of cage fighting, illegal betting and lap dancing.
11.20 **Dalziel & Pascoe**
1.20 **to 4.00** AM **A Place to Call Home**

+1 hour 243 226

SUNDAY

CBS Drama

147 197 67 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **Father Dowling Mysteries** Double bill.
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Vacation – Part One:* 1/19. Lawyer Ben Matlock meets someone from his past. **7.00** *The Vacation – Part Two:* 2/19. Billy Lewis is determined to get revenge, and Leanne suspects one of her friends of murder. **8.00** *The Legacy – Part One:* 3/19. The lawyer defends a man connected to his father. **9.00** *The Legacy – Part Two:* 4/19. Josh Winfield confesses murdering Arthur Kendall. **10.00** *The Ghost:* 5/19. A man asks the attorney to appeal on behalf of his wife. (S7)
11.00 **CSI: Miami** (S3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 **Diagnosis Murder**
11.00 **Perry Mason**
12.05 PM **Scorpion** (S1)
2.00 **NCIS** Five episodes. (S11)
7.00 **Scorpion** *Pilot:* 1/22. Drama following a team of geniuses combating hi-tech threats. **8.00** *Single Point of Failure:* 2/22. The governor's daughter is given a virus. (S1)
9.00 **NCIS: Los Angeles** *Sacrifice:* 5/24. The team investigate a shoot-out at a pawn shop. **10.00** *Lone Wolf:* 6/24. A former navy intelligence officer is found murdered. **11.00** *Honour:* 7/24. A man is accused of rape and murder. (S3)
12.00 M'T **NCIS: Los Angeles**
1.55 AM **Scorpion** (S1)
3.40 **Matlock** 6/25. (S1)
4.30 **Mission: Impossible**
5.20 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune** Nicky Campbell hosts the word puzzle game.
11.30 **Catchphrase**
1.00 PM **Bruce's Price Is Right** Bruce Forsyth invites audience members to come on down and compete for prizes including cars.
2.00 **Bruce Forsyth's Play Your Cards Right** Game show in which host Bruce Forsyth offers contestants the chance to win big cash prizes on the turn of a card.
3.00 **Pointless** Quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions.
5.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Who Wants to Be a Millionaire?**
2.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Bob's Burgers**
2.00 PM **Everybody Loves Raymond**
7.00 **Friends**
8.00 **Friends** 22/24. Monica and Chandler invite a potential sperm donor round for dinner. (S9) **8.30** 2/18. Monica and Chandler learn more about adoption. **9.00** 5/18. Phoebe inadvertently spoils Mike's surprise. (S10)
9.30 **Friends**
11.00 **Gary and His Demons**
12.00 M'T **Bob's Burgers**
1.55 AM **Lee Evans Live**
3.15 **Comedy Store**
3.40 **The Alternative Comedy Experience**
4.30 **Most Ridiculous Party Crashers**
4.50 **Most Ridiculous Dangerous Dads**
5.15 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
9.00 **Discovering**
1.00 PM **Discovering**
1.55 **Hollywood Couples**
2.55 **War Dog: A Soldier's Best Friend**
4.25 FILM **The Cold Blue** An inside look at the life and missions of the Eighth Air Force. (2018, PG, 101min) ★★★★
5.30 **Dan Carter: A Perfect 10** Profile of former New Zealand rugby union international fly-half Dan Carter.
7.15 **The Biggest Little Farm** A modern-day sustainable farm on the edge of Los Angeles.
9.00 **Dennis Hopper: Uneasy Rider**
10.20 **Natalie Wood: What Remains Behind**
12.05 AM **Risky Drinking**
1.40 **Heroin: Cape Cod USA**
3.10 **PL Legends**
3.50 **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Secrets of Wild Australia** Double bill.
9.00 **Ol Pejeta Diaries**
10.00 **Great Blue Wild**
2.00 PM **Surviving the Amazon** Four editions.
6.00 **Bear: Koala Hero**
7.00 **David Attenborough's Conquest of the Skies**
8.00 **Wild Tales from the Farm** New edition The sheep stage a breakout.
9.00 **Dogs: An Amazing Animal Family**
10.00 **Mysteries of the Mekong** Exploring the habitats of Cambodia.
11.00 **David Attenborough's Conquest of the Skies**
12.00 M'T **Wild Tales from the Farm** As 8.00pm.
1.00 AM **Into the Wild: India**
2.00 **Brazil Untamed**
3.00 **Dogs: An Amazing Animal Family**
4.00 **to 6.00** AM **Secrets of Wild Australia**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Botched** A woman with breasts in need of help. **8.00** Terry Dubrow helps a Texas chef with jarring pain from her breast implants.
9.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his supernatural gift.
11.00 **True Hollywood Story** Interviews provide unique insights into what drives reality star Kim Kardashian West, one of the most famous women in the world.
12.00 M'T **Very Cavallari**
1.00 AM **The Platinum Life**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Revenge Body with Khloe Kardashian**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **Barefoot Contessa – Back to Basics**
1.30 **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen's Cake Diaries** Double bill.
3.00 **James Martin: Yorkshire's Finest**
5.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **Nigel Slater's Real Food Show** Double bill.
8.00 **Tom Kerridge's Proper Pub Food** Double bill.
9.00 **Paul Goes To Hollywood** In LA.
10.00 **Paul Hollywood's Bread** Double bill.
11.00 **Diners, Drive-Ins...**
12.00 M'T **Mystery Diners**
1.00 **to 3.30** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
11.15 **Little Women: Atlanta**
3.05 PM **Bring It!**
5.00 **Dance Moms** Never-before-seen dances and drama. **6.00** The newest ADLC members spill the beans on the series. **7.00** A look back at Abby's award-winning choreography. **8.00** Abby prepares to make an important announcement. **9.00** Abby's biggest rival returns before an event.
10.00 FILM **Deadly Lessons** Thriller starring Christie Burson. After their affair is discovered, a college student drops out of school to marry her professor – only to learn he has a shady past. (2017, 15, 92min) ★★
11.45 **Little Women: Atlanta**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **Criminals: Caught on Camera**
10.00 **Police Interceptors**
1.00 PM **Police Interceptors**
3.00 FILM **Coroner Creek** Western starring Randolph Scott and Marguerite Chapman. (1948, PG, 89min) ★★
4.55 FILM **Arrowhead** Western starring Charlton Heston and Jack Palance. (1953, U, 105min) ★★
7.10 FILM **High Noon** Classic Western starring Gary Cooper. (1952, b/w, U, 85min) ★★★★★
9.00 FILM **Jonah Hex** Fantasy Western. (2010, 15, 81min) ★
10.35 FILM **xXx** Action thriller. (2002, 12, 124min) ★★
1.00 AM **19-2**
2.55 **Street Hawk**
4.45 **Now That's Funny!**
5.35 **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Brit Cops: Frontline Crime UK** Double bill.
3.00 **Road Wars** Triple bill.
6.00 **Snapped**
7.00 **Britain's Most Evil Killers** Mick Philpott. **8.00** Raoul Moat.
9.00 **A Killer Uncaged** Series finale 3/3. A convicted murderer's daunting reintroduction into society.
9.35 **World's Most Evil Killers** Dennis Rader. **10.30** Robert Berdella. **11.30** Serial killer Robert Lee Yates.
12.30 AM **Killer Families**
1.30 **A Mother's Murder: Dateline – What They Saw**
2.30 **Road Wars**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

7.00 AM **My Perfect Eyes**
7.30 **Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **Egg Factor** New edition A couple are told they will need an egg donor in order to have a second child.
6.00 **Airline** Double bill.
7.00 **Medical Detectives** The hunt for an elderly woman's murderer. **7.30** How authorities traced a gun without a serial number.
8.00 **Click for Murder**
9.00 **Ice Cold Killers** The murder of an 18-year-old mother. **10.00** An 11-year-old girl vanishes in Alaska.
11.00 **Teens Who Kill**
1.00 AM **Ice Cold Killers**
3.00 **I Survived**
3.50 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In France.
7.00 **Teleshopping**
8.00 **DIY SOS**
9.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
4.00 PM **A Place in the Sun: Winter Sun**
8.00 **Ambulance** A specialist paramedic team attend a stabbing and a machete attack.
9.00 **Embarrassing Bodies** Christian Jessen helps 37-year-old Adam, who has been suffering from a rare penis problem for 10 years.
10.00 **Dr Pimple Popper** Will is worried his shoulder lump will be ripped open at work.
11.00 **Helicopter ER**
12.00 M'T **Kings Cross ER**
1.00 AM **Road Cops**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Ancient Aliens**
8.00 **Wicked Tuna**
9.00 **Swamp People**
10.00 **American Restoration**
11.00 **Hardcore Pawn**
1.00 PM **Storage Wars**
6.00 **WW2 Treasure Hunters: WW1 Special**
7.00 **Ozzy & Jack's American Road Trip** The Osbournes explore Memphis, Tennessee.
8.00 **Captain Cook's Pacific with Sam Neill** Sam Neill travels to Australia, from Botany Bay up the east coast to Cooktown.
9.00 **Search for the Lost Giants** Giant skeletons.
10.00 **Barbarians Rising**
11.05 **Toughest Prisons**
12.05 AM **Air Crash: Disasters Uncovered**
1.05 **Forged with Steele**
2.00 **Parking Wars**
3.00 **Swamp People**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress** Four editions.
3.00 **Say Yes to the Dress: UK** Four editions.
5.00 **Outdaughtered: Busby Quints**
6.00 **90 Day Fiancé** A look back at the series' most shocking reveals. **7.00** A look back at the series' family feuds.
8.00 **90 Day Fiancé: Before the 90 Days** The couples reveal all.
9.00 **90 Day Fiancé** New edition Featuring a woman who met her boyfriend in Samoa.
12.00 M'T **Love After Lock Up**
2.00 AM **90 Day Fiancé**
4.00 **90 Day Fiancé: Before the 90 Days**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **The Gadget Show**
10.05 FILM **The Rainbow Jacket** Drama. (1953, PG, 96min) ★★
12.10 PM FILM **Passport to Pimlico** Ealing comedy starring Stanley Holloway. (1949, b/w, U, 80min) ★★★★★
2.00 **World War II in Colour**
3.00 **Inside World War II**
6.00 **The Battle of Britain: 3 Days That Saved the Nation**
7.00 **The Battle of Britain: The Longest Day**
8.00 **Battle of Britain: Our Finest Hour**
9.00 FILM **Churchill** Historical drama starring Brian Cox. (2017, PG, 105min) ★★
11.00 **Hitler's U-Boats: Draining the Ocean**
12.00 M'T **Mega Containers: Shipping the World**
1.00 **to 4.00** AM **The Dog Rescuers with Alan Davies**

Quest

144 144 831 169 12 114 172

6.00 AM **World's Greatest Motorcycle Rides**
7.00 **Chasing Classic Cars**
8.00 **Vintage Voltage**
9.00 **Salvage Hunters: The Restorers**
10.00 **EFL on Quest**
11.30 **Wheeler Dealers**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **The Repair Shop**
3.00 **Born Mucky: Life on the Farm**
4.00 **Border Control: Spain**
5.00 **Chasing Classic Cars**
6.00 **Plane Reclaimers**
7.00 **Salvage Hunters**
8.00 **Salvage Hunters: The Restorers**
9.00 **The Repair Shop**
10.00 **Aussie Gold Hunters**
11.00 **NASA's Unexplained**
12.00 M'T **Mummies Unwrapped**
1.00 AM **What On Earth?**
2.00 **American Chopper**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes... Atlanta**
6.00 **Long Island Medium**
7.00 **How to Look Good Naked** With Gok Wan.
8.00 **The Nolans Go Cruising**
9.00 **Born to Kill?** British criminal Robert Napper.
10.00 **My 600lb Life: Where Are They Now?**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Richard Hammond's Big** Six editions, including at:
2.00 PM Richard explores the Kölnbrein Dam in Austria.
3.00 Richard visits the *Marie Maersk* container ship.
4.00 Richard ventures beneath the Alps into the world's longest underground railway connection.
5.00 Richard visits the huge Tottenham Hotspur Football Stadium in London.
6.00 Legends of the Wild

9.00 Serial Killer Tiger at Large

7.00 How Do Animals Do That How anteaters are able to eat so quickly.
7.30 A look at why ostriches can run so fast.
8.00 Urban Predator: Lion on the Loose Reports that a carnivorous African lion is stalking the streets of Milwaukee.
9.00 Serial Killer Tiger at Large Hunters head out to find a man-eating tigress in northern India.
10.00 In Search of Monsters DNA evidence that suggests the Yeti resides in the US and comes from an otherworldly source.
11.00 The Alaska Triangle Reports of a secret alien base inside Alaska's highest mountain.
12.00 M'T **Mysteries of the Deep**
1.00 AM **Urban Predator: Lion on the Loose** As 8.00pm.
2.00 Serial Killer Tiger at Large
3.00 Mighty Ships
5.30 to 6.00 AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **My Cat from Hell**
12.00 NOON **The Vet Life** The work of a trio of Houston vets.
4.00 PM **Nature's Strangest Mysteries: Solved** Why a tiger shark hugged a diver.
4.30 The mystery of who or what stole a cow's carcass.
5.00 The Zoo Two sickly newborn fawns form an unbreakable bond as they are hand-reared by the zoo's staff.
6.00 Saved By the Barn Ginger the goat embraces her new prosthetics.

8.00 Alaskan Bush People

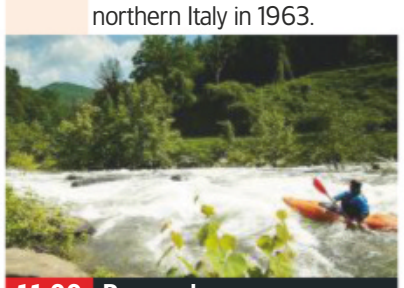
7.00 Alaska: The Last Frontier In preparation for the spring cattle drive, Atz Lee, Otto and August survey the homestead.
8.00 Alaskan Bush People The Browns flee the mountain during a dangerous lightning storm in fire season.
9.00 Homestead Rescue Expert frontiersman Marty Raney and his daughter Misty assist two Montana homesteaders.
10.00 Amanda to the Rescue Amanda Geise goes on a road trip to rescue Jedi, a boxer whose blindness does not affect its energy.
11.00 My Cat from Hell Cat expert Jackson Galaxy comes to the aid of George and Beth, who are virtual prisoners in their own home due to their vicious kitty Reese.
12.00 M'T **My Cat from Hell**
4.40 AM **How Do Animals Do That**
5.10 to 6.00 AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Ice Road Rescue: Highway Havoc!** Four editions.
12.00 NOON **Battleground Brothers** Double bill.
2.00 PM **Situation Critical**
3.00 Seconds from Disaster The sinking of the *HMS Coventry* during the Falklands War.
4.00 The sinking of the *Bismarck* in 1941.
5.00 The Swissair Flight 111 catastrophe in 1998.
6.00 The tragic Vajont dam disaster that struck northern Italy in 1963.



11.00 Rescued

7.00 Seconds from Disaster The fierce storm and deadly ambition that led to the deaths of eight Everest climbers in 1996.
8.00 No Man Left Behind SAS commando Chris Ryan tells of how he evaded Iraqi forces when a 1991 mission went awry.
9.00 No Man Left Behind When a stealth pilot is shot down on a bombing over Belgrade, the race is on for NATO to find him.
10.00 No Man Left Behind A commando squad assigned to kill a terrorist leader in Afghanistan are lured into a trap.
11.00 Rescued Tourists fight to survive when their boat capsizes in rough seas.
12.00 M'T **Rescued** A shipwreck survivor found on the sea bed.
2.00 AM **Ultimate Airport Dubai**
3.00 Car S.O.S
4.00 to 5.00 AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Highway Thru Hell**
8.00 Lost Relics of the Knights Templar Triple bill.
11.00 Eating History
12.00 NOON **The Curse of Oak Island: Top 10 Moments You Never Saw** Some of the moments never before seen.
1.00 PM **Pawn Stars**
6.00 Secrets in the Ice Mysteries that have been frozen in time, from the mummified remains of three Inca children to members of the ancient Yupik people in Alaska.

6.00 Secrets in the Ice

7.00 WWII's Most Daring Raids The efforts of Norwegian resistance fighters to return to their invaded homeland.
8.00 WWII's Most Daring Raids Recounting how British special forces made plans to destroy a Nazi fuel depot in Libya.
9.00 The Secret History of the White House Speculation about what lies beneath the building's magnificent structure.
10.00 The Secret History of Air Force One Rare footage of the world's most protected and recognisable aircraft.
11.00 The Real Vikings
12.00 M'T **Hitler's War**
1.00 AM **The Secret History of the White House** As 9.00pm.
2.00 The Secret History of Air Force One As 10.00pm.
3.00 Secrets in the Ice
4.00 to 6.00 AM **WWII's Most Daring Raids**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Lakes: Walking Through History**
7.10 Cornwall: Walking Through History
8.00 World War Weird
11.00 WW2 – Battles for Europe
1.00 PM **The Architecture The Railways Built** Six editions of the series, including at:
4.00 The architecture of the Stockton & Darlington railway.
5.00 Tim Dunn explores Milan's monumental station.
6.00 Tim explores the ornate St Pancras Station in London.

7.00 Train Truckers

7.00 Train Truckers Documentary following the exploits of a family-run crew of heavy-haulage specialists.
8.00 'Allo 'Allo! Rene, Hans and the Colonel are taken away for interrogation.
8.40 First episode of the World War Two comedy set in occupied France.
9.25 Herr Flick tries to trace a valuable painting, so Rene and the Colonel decide to smuggle it out.
10.00 Chris Tarrant: Extreme Railway Journeys Chris travels along the Alaska Railroad, riding through Anchorage and Eklutna.
11.00 The Architecture The Railways Built A visit to Mount Snowdon's summit station.
12.00 M'T **The Architecture The Railways Built**
1.00 AM **The Lakes: Walking Through History**
2.00 to 3.00 AM **Cornwall: Walking Through History**

+1 hour 255 200 75

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 257

6.00 AM **Reign of the Dinosaurs** Double bill.
8.00 Expedition Unknown
10.00 Secrets Underground
1.00 PM **Secrets Underground**
6.00 Combat Dealers The murky secrets of World War Two spies.
7.00 Eccentric military equipment collector Bruce Compton seeks Moscow's biggest military dealers.
8.00 Bruce heads to a Martello Tower on the Channel Islands.
9.00 Bruce takes Hus on an Italian road-trip.
10.00 Bruce uncovers original plans for the D-Day invasion.
11.00 World War II: Witness to War
1.00 AM **Edge of War**
2.00 Gunslingers
3.00 to 6.00 AM **Cooper's Treasure**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **Animal Homes**
10.00 Rhino Orphanage
1.00 PM **Wonders of Africa**
2.00 Tall & Tiny: Nature's Extremes As 8.00pm.
3.00 Animal Homes
4.00 Rhino Orphanage
7.00 Wonders of Africa
8.00 Tall & Tiny: Nature's Extremes Living and naturally formed things that are very small or big.
9.00 Animal Homes The expert home-building techniques used by various wild animals.
10.00 Rhino Orphanage
1.00 AM **Wonders of Africa**
2.00 Tall & Tiny: Nature's Extremes As 8.00pm.
3.00 Rhino Orphanage
3.50 Wonders of Africa
4.40 Tall & Tiny: Nature's Extremes As 8.00pm.
5.30 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
1.00 PM **Monster Fish** Eight editions, including at:
4.00 Zeb Hogan treks across six continents to find the world rarest fish.
5.00 Zeb Hogan travels to Australia in search of the sawfish.
6.00 North America's giant white sturgeon.
7.00 Searching for the alligator gar.
8.00 The decline of large fish in Thailand.
9.00 Frozen Islands A journey into the sub-Antarctic, a region peppered by tiny islands.
10.00 Featuring footage of Southern right whales and royal penguins.
11.00 Deep Sea Killers: Into the Dark
12.00 M'T **When Sharks Attack** Double bill.
2.00 to 5.00 AM **Monster Fish**

Sky History 2

163 163 894 272 330 390

8.00 AM **Lost Worlds**
9.00 Patton 360
10.00 Empire Builders
12.00 NOON **Engineering an Empire** Four editions.
4.00 PM **Ancient Assassins**
6.00 Ancient Aliens An assessment of whether plagues were brought to Earth by aliens.
7.00 Examining possible alien interference with human DNA.
8.00 Clash of the Gods The story of Beowulf, the Anglo-Saxon warrior.
9.00 Profile of Hades, the Greek god of the underworld.
10.00 The Search for the Tesla Files The life and work of Nikola Tesla.
11.00 History's Most Notorious Casanova.
12.00 M'T **Ancient Aliens**
2.00 AM **Clash of the Gods**
4.00 to 5.00 AM **The Search for the Tesla Files**

PBS America

174 273 91 155

8.00 AM **Plane Resurrection**
11.40 Battle of Britain: The Real Story
1.00 PM **Beautiful Serengeti**
1.35 Code-Breakers: Bletchley Park's Lost Heroes As 8.35pm.
2.40 Dam Busters: The Race to Smash the German Dams As 9.40pm.
4.00 Regimental Stories
7.15 Battle of Britain: The Real Story
8.35 Code-Breakers: Bletchley Park's Lost Heroes A wartime project to unravel the secrets of Hitler's personal code machine.
9.40 Dam Busters: The Race to Smash the German Dams James Holland presents an analysis of the 1943 raids.
11.00 Plane Resurrection
1.30 to 2.00 AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 Unusual Suspects
10.00 Murder for Hire
11.00 A Killer's Mistake
12.00 NOON **Homicide Hunter** Double bill.
2.00 PM **The First 48**
3.00 Buried in the Backyard
7.00 Homicide Hunter
8.00 Crimes That Shook Britain An insight into the crimes of Myra Hindley and Ian Brady.
9.00 The Jail: 60 Days In
10.00 I Am a Killer
11.00 Accused: Guilty or Innocent?
12.00 M'T **Jo Frost on Britain's Killer Kids**
1.00 AM **Kids Who Kill: Evil Up Close** The case of Ayssa Bustamante.
2.00 Crimes That Shook Britain As 8.00pm.
3.00 The First 48
4.00 to 6.00 AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Buffaloed** (2019) ★★★
7.50 **Frozen II** As 5.00pm.
9.45 **PREMIERE The Last Black Man in San Francisco**
12.00 NOON **It: Chapter Two**
3.00 PM **Bad Education** Drama. (2019, 18, 108min) ★★★
5.00 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★
6.50 **PREMIERE The Last Black Man in San Francisco** Drama. (2019, 15, 121min) ★★★
See review, page 23

6.50 The Last Black Man in...

8 PM **The Last Black Man in San Francisco** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **It: Chapter Two** Horror starring Jessica Chastain and James McAvoy. Twenty-seven years after their first encounter with the terrifying Pennywise, the Losers Club return to face their demons. With Bill Hader. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM
11.50 **The Goldfinch** Drama starring Ansel Elgort. A boy is taken in by a rich family after his mother is killed in a bombing. (2019, 15, 149min) ★★★
2.20 AM **The Heist of the Century** Argentinian crime comedy starring Guillermo Francella and Diego Peretti. Subtitled. (2020, 15, 114min) ★★★
4.20 **to 6.00** AM **Okko's Inn** Japanese animated fantasy. (2018, PG, 94min) ★★★

Sky Cinema Disney

305 305 846 405 505

6.05 AM **Ice Princess** Teen drama. (2004, U, 92min) ★★★
7.50 **Beverly Hills Chihuahua 2**
9.20 **Beverly Hills Chihuahua 3: Viva La Fiesta!** Comedy sequel. (2012, U, 85min) ★★
10.55 **Incredibles 2** As 6.00pm.
12.55 PM **Hocus Pocus** As 8.00pm.
2.40 **Beauty and the Beast** (1991)
4.15 **Muppet Treasure Island** Adventure. (1996, U) ★★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★

8.00 Hocus Pocus

8.00 **Hocus Pocus** Comedy starring Bette Midler, Sarah Jessica Parker and Kathy Najimy as a trio of 17th-century witches brought back to life in modern-day America. (1993, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Beauty and the Beast** Animated version of the classic French fairy tale, with the voices of Paige O'Hara, Robby Benson and Richard White. (1991, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Eight Below** Live-action animal adventure starring Paul Walker and Bruce Greenwood. (2006, PG, 120min) ★★★
1.30 AM **Beverly Hills Chihuahua 2** Family comedy adventure featuring the voices of George Lopez and Odette Yustman. (2011, U, 80min) ★
3.05 **Muppet Treasure Island** As shown at 4.15pm.
4.50 **to 6.55** AM **Eight Below** As shown at 11.20pm.

Sky Cinema Family

306 306 847 406 506

7.15 AM **Toys & Pets** As 3.50am.
9.05 **The Big Wish** As 5.40am.
10.50 **Luis and the Aliens** (2018)
12.30 PM **Mary Poppins Returns** Fantasy, as shown at 8.00pm.
2.45 **Mr Bean's Holiday** Comedy, as shown at 10.15pm.
4.30 **Who Framed Roger Rabbit** Comedy thriller mixing live-action and animation. (1988, PG, 103min) ★★★★★
6.30 **Luis and the Aliens** Animation. (2018, U, 86min) ★★

6.30 Luis and the Aliens

8.00 **Mary Poppins Returns** Musical fantasy starring Emily Blunt. In 1930s London, the practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. With Dick Van Dyke. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

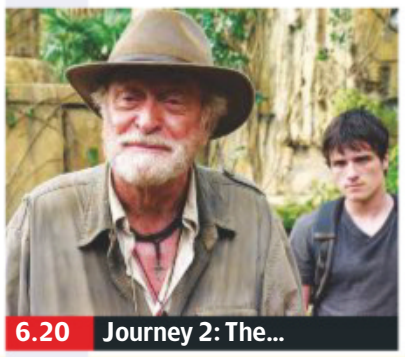
10.15 **Mr Bean's Holiday** Slapstick comedy starring Rowan Atkinson. Accident-prone Mr Bean wins a holiday to the south of France. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Who Framed Roger Rabbit** As shown at 4.30pm.
2.00 AM **Mean Girls 2** Comedy sequel starring Meaghan Jette Martin. (2011, 12, 92min) ★
3.50 **Toys & Pets** Animation. (2017, U, 98min) ★★
5.40 **to 7.20** AM **The Big Wish** Animation. (2019, PG) ★★

Sky Cinema Action

307 307 848 407 507

6.00 AM **The Bourne Legacy** Spy thriller starring Jeremy Renner. (2012, 12, 129min) ★★★
8.25 **Pearl Harbor** Romantic drama. (2001, 12, 183min) ★
11.35 **Lethal Weapon 3** (1992)
1.45 PM **The Rock** Action thriller. (1996, 15, 136min) ★★★★
4.15 **Thor** Fantasy adventure. (2011, 12, 114min) ★★★
6.20 **Journey 2: The Mysterious Island** Fantasy sequel. (2012, PG, 94min) ★★★


6.20 Journey 2: The...

8.00 **The Scorpion King** Fantasy starring The Rock. A skilled Egyptian warrior is hired by the nomadic people of the desert to destroy an evil warlord. With Kelly Hu. (2002, 12, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Lethal Weapon 3** Action thriller sequel starring Mel Gibson and Danny Glover. The mismatched LA cop partners pursue a violent gunrunner. (1992, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Terminator Salvation** Sci-fi action thriller with Christian Bale and Sam Worthington. (2009, 12, 110min) ★★★
1.45 AM **Judge Dredd** Sci-fi action thriller based on stories from the cult comic *2000 AD*, starring Sylvester Stallone. (1995, 15, 95min) ★★
3.25 **The Scorpion King** As 8pm.
5.00 **to 6.40** AM **Journey 2: The Mysterious Island** Fantasy sequel, as shown at 6.20pm.

Sky Cinema Comedy

308 308 849 408 508

6.55 AM **The Favourite** As 8pm.
9.00 **Eurotrip** As 10.00pm.
11.00 **A Simple Wedding** Comedy, as shown at 3.45am.
12.40 PM **Good Morning, Vietnam** As shown at 1.35am.
2.45 **King Ralph** Comedy. (1991, PG, 97min) ★
4.25 **Sister Act** Musical comedy. (1992, PG, 102min) ★★★★
6.10 **Sister Act 2: Back in the Habit** Comedy sequel. (1993, PG, 107min) ★★

6.10 Sister Act 2: Back in the...

8.00 **The Favourite** Black comedy starring Olivia Colman, Emma Stone and Rachel Weisz. In early 18th-century England, a new servant interrupts the dynamic between Queen Anne and Lady Sarah. (2018, 15, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Eurotrip** Comedy starring Scott Mechlowicz. An American teenager tracks down a friend in Berlin. (2004, 15, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Sister Act** As 4.25pm.
1.35 AM **Good Morning, Vietnam** Comedy drama starring Robin Williams as an army disc jockey who boosts morale during the Vietnam War. With Forest Whitaker. (1987, 15, 120min) ★★★★
3.45 **A Simple Wedding** Romantic comedy starring Tara Grammy. (2019, 12, 88min) ★★
5.30 **to 7.15** AM **King Ralph** Comedy, as shown at 2.45pm.

primetime

Sky Cinema Hits

303 403 503

7.25 AM **The Grinch** Animation. (2018, U, 85min) ★★★
8.55 **The Lego Movie 2: The Second Part** As 7.10pm.
10.45 **Prince of Persia: The Sands of Time** Fantasy. (2010) ★★★
12.45 PM **Rocketman** As 9.00pm.
2.50 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
5.10 **Rise of the Planet of the Apes** Sci-fi. (2011, 12, 104min) ★★★★

7.10 **The Lego Movie 2: The Second Part** Animated adventure sequel featuring the voice of Chris Pratt. When Emmet is plagued by a vision of an impending cataclysm, he and Lucy fight to protect their city. (2019, U, 107min) ★★★★
9.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★

11.05 **Annabelle Comes Home** Horror. (2019, 15, 106min) ★★★
1.00 AM **First Man** Drama with Ryan Gosling. (2018, 12) ★★★★
3.25 **The Front Runner** Drama. (2018, 15, 113min) ★★★
5.30 **to 7.30** AM **The Little Stranger** Horror. (2018, 12) ★★★★

Sky Cinema Greats

304 304 845 404 504

6.30 AM **Twins** Action comedy. (1988, PG, 107min) ★★★
8.25 **Ocean's Thirteen** As 8.00pm.
10.30 **Lawrence of Arabia** Biopic. (1962, PG, 221min) ★★★★★
2.10 PM **Shaun of the Dead** Horror comedy. (2004, 15) ★★★★
4.00 **Hot Fuzz** Cop thriller spoof. (2007, 15, 115min) ★★★★★
6.00 **The World's End** Sci-fi comedy. (2013, 15, 109min) ★★★★

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a casino owner. (2007, PG, 122min) ★★★
10.05 **Argo** Fact-based thriller starring Ben Affleck. A CIA agent creates a fake sci-fi movie project as a cover story for his plot to smuggle six fugitive American diplomats out of Iran. (2012, 15, 120min) ★★★★

12.10 AM **Dangerous Minds** Drama. (1995, 15, 101min) ★★★
2.00 **The Hand That Rocks the Cradle** Psychological thriller. (1992, 15, 110min) ★★★★
4.00 **to 6.00** AM **Remember the Titans** Fact-based drama. (2000, PG, 113min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **Sherlock Holmes in Washington** Thriller. (1943) ★★
8.20 **It's a Gift** Comedy of disasters. (1934, b/w, PG, 73min) ★★★★
9.50 **Charro!** Western. (1969, U) ★
11.55 **The Hired Gun** (1957) ★★★
1.15 PM **The Cimarron Kid** (1951)
3.00 **The Texas Kid** (1943) ★★
4.15 **Operation Crossbow** Thriller. (1965, PG, 116min) ★★★

6.35 **Battleground** Classic World War Two drama about a group of American soldiers fighting the Battle of the Bulge. Stars Van Johnson, John Hodiak and Ricardo Montalban. (1949, b/w, PG, 118min) ★★★
9.00 **Mad Max** Cult thriller set in a desolate near future, starring Mel Gibson as a tough cop seeking revenge on the crazed bikers who murdered his wife and child. With Joanne Samuel. (1979, 18, 93min) ★★★★★

11.00 **Demolition Man** (1993) ★★★
1.25 AM **Analyze This** Comedy. (1999, 15, 103min) ★★★★
3.15 **Off Set** With Ben Miller.
3.30 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Glimpses**
6.15 **Force on Thunder Mountain**
8.10 **The Stolen Jools**
8.30 **The Adventures of William Tell**
9.00 **Coastal Command** (1943) ★★
10.30 **Hawkeye & the Last of the Mohicans** 18/39. (S1)
11.00 **Sam Kydd** (S1)
11.25 **Time Gentlemen Please!** (1952)
1.05 PM **Raise the Titanic** (1980)
3.25 **Follow a Star** (1959) ★★★

5.30 **The Adventures of Robin Hood**
6.00 **The Grass is Greener** Romantic comedy starring Cary Grant. (1960, PG, 104min) ★★
8.10 **The Rivals of Sherlock Holmes**
9.00 **Sunday Night at the London Palladium** Jimmy Tarbuck hosts.
10.00 **No Room at the Inn** Drama starring Freda Jackson and Joy Shelton. Two children are evacuated during World War Two and end up in the care of an abusive alcoholic. (1948, b/w, PG, 82min) ★★

11.40 **Tiger in the Smoke** Thriller. (1956, b/w, PG, 94min) ★★
1.40 AM **The Party's Over** Drama. (1965, b/w, 12, 94min) ★★
3.30 **Who Killed Frank Daniels?** Comedy. (1932, b/w, PG) ★★
4.50 **Rudy**
5.55 **to 6.00** AM **Glimpses**

Horror

317 149 70 138

8.00 AM **The Lost Future** Sci-fi adventure starring Sean Bean. (2010, 15, 87min) ★★
10.00 **Star Trek: The Next Generation** 18-22/22. (S2)
3.00 PM **Alien Convergence** Thriller starring Stephen Brown. (2017, 15, 105min) ★★
4.45 **Island of Terror** Sci-fi horror chiller starring Peter Cushing. (1966, PG, 90min) ★★★

6.30 **Torture Garden** Horror starring Burgess Meredith and Jack Palance. (1967, 15, 96min) ★★
8.30 **Tales from the Darkside** *Painkiller:* A backache sufferer finds a miracle cure.
9.00 **Don't Hang Up** Horror starring Gregg Sulkin, Garrett Clayton and Bella Dayne. An evening of drunken prank calls becomes a nightmare for two teenagers. (2016, 15, 83min) ★★
10.40 **Dark Skies** Horror starring Keri Russell. (2013, 15, 97min) ★★★

12.35 AM **Howl** Horror starring Ed Speleers and Holly Weston. (2015, 18, 89min) ★★
2.25 **to 4.30** AM **Creatures the World Forgot** Adventure. (1970, 18, 125min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.00 AM **The Bouncer** As 1.25pm.
7.30 **The Saint** (1997) ★★★
9.30 **Cold Blood Legacy** Action thriller. (2018, 15, 91min) ★★
11.15 **The Bodyguard** As 6.50pm.
1.25 PM **The Bouncer** Thriller. (2018, 15, 94min) ★★★
2.55 **The Intruder** Mystery horror. (2019, 15, 102min) ★★
4.50 **Killerman** Action drama. (2018, 15, 112min) ★★★
6.50 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★

6.50 The Bodyguard

The Bodyguard (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

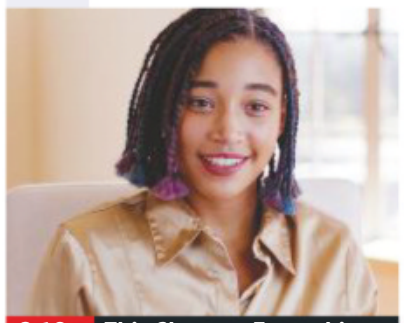
9.00 **Manhunter** Psychological thriller based on the novel *Red Dragon* by Thomas Harris, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Disturbing the Peace** Thriller with Guy Pearce, Devon Sawa and Branscombe Richmond. (2019, 15, 91min) ★
12.50 AM **Marked for Death** Action thriller starring Steven Seagal. (1990, 18, 94min) ★★
2.35 **Kiss of the Dragon** Action thriller starring Jet Li. (2001, 18, 98min) ★★★
4.25 **to 6.10** AM **Angel Flight Down** Fact-based adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Widows** As 4.00pm.
8.15 **This Changes Everything**
10.05 **The Captain** As 11.50pm.
12.05 PM **About a Boy** As 8.00pm.
2.00 **Breakthrough** Fact-based drama. (2019, 12, 116min) ★★
4.00 **Widows** Crime thriller. (2018, 15, 129min) ★★★★
6.10 **This Changes Everything** Documentary exploring gender discrimination in the entertainment industry. (2018, PG, 116min) ★★★


6.10 This Changes Everything

8.00 **About a Boy** Comedy drama based on Nick Hornby's novel, starring Hugh Grant. A hedonistic 38-year-old man becomes involved in the lives of a socially inept 12-year-old boy and his depressed mother. (2002, 12, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

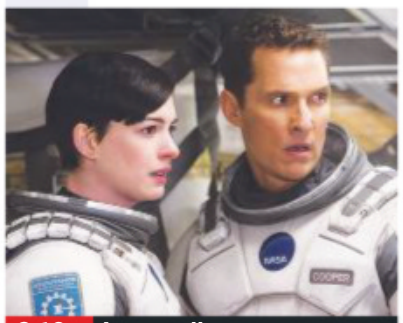
10.00 **Blue My Mind** Swiss drama with Luna Wedler. A teenager faces a bodily transformation. Subtitled. (2017, 18, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Captain** German drama starring Max Hubacher. During World War Two, a German soldier passes himself off as an officer. Subtitled. (2017, 15, 118min) ★★★★
2.05 AM **Breakthrough** Drama, as shown at 2.00pm.
4.15 **to 6.00** AM **A Christmas in Royal Fashion** Romantic drama starring Cindy Busby, Diarmaid Murtagh and Adam Levy. (2018, U, 90min) ★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
8.25 **Interstellar** As 6.10pm.
11.20 **A.I. Artificial Intelligence** Sci-fi fantasy, as 9.00pm.
1.50 PM **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★
4.10 **Gemini Man** Action drama. (2019, 12, 117min) ★★
6.10 **Interstellar** Sci-fi drama with Matthew McConaughey. (2014, 12, 166min) ★★★★


6.10 Interstellar

Interstellar (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment as a robot child who goes on a quest to become a real boy and win his human mother's love. With Frances O'Connor. (2001, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. (2003, 15, 129min) ★★★
1.45 AM **The Ring Two** Horror sequel starring Naomi Watts. (2004, 15, 110min) ★★★
3.40 **Friday the 13th** Horror sequel starring Jared Padalecki. (2009, 18, 97min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.45 AM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
8.30 **Aquaman** (2018) ★★★
11.00 **Fast & Furious Presents Hobbs & Shaw** (2019) ★★★
1.20 PM **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★
3.30 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★
5.40 **Star Wars: Episode VI – Return of the Jedi** (1983)

5.40 Star Wars: Episode VI...

8.00 **Star Wars: The Rise of Skywalker** Sci-fi fantasy adventure starring Daisy Ridley, Adam Driver and Oscar Isaac. Rey and the surviving members of the resistance face the evil First Order once more. With Carrie Fisher. (2019, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

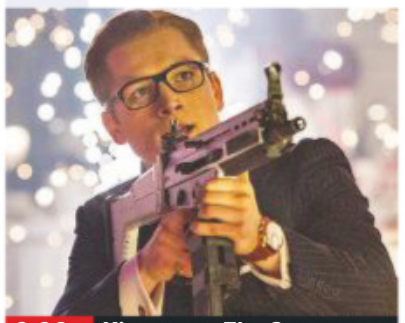
10.30 **Terminator 2: Judgment Day** Sci-fi sequel starring Arnold Schwarzenegger as a cyborg from the future programmed to protect humanity's destined saviour. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Terminator 3: Rise of the Machines** Sci-fi sequel with Arnold Schwarzenegger. (2003, 12, 109min) ★★★
2.45 **to 6.00** AM **King Kong** Fantasy starring Naomi Watts. (2005, 12, 187min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Moomins on the Riviera** Animation. (2014, U) ★★★
12.35 PM **The SpongeBob SquarePants Movie** Animation. (2004, U) ★★★
2.20 **The Emperor's New Clothes** Comedy. (2001, PG) ★★★
4.25 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
6.20 **Ghostbusters** Fantasy. (2016, 12, 116min) ★★★


9.00 Kingsman: The Secret...

Ghostbusters (film started at 6.20pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Kingsman: The Secret Service** Action comedy based on a comic book, starring Colin Firth and Taron Egerton A streetwise teenager is given the opportunity to work with a super-secret spy organisation. (2015, 15, 128min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Let's Be Cops** Comedy starring Jake Johnson. Two friends pose as police officers hoping to enjoy the perks of the job, but end up in over their heads with gangsters. (2014, 15, 101min) ★★ **11 PM**
1.45 **to 3.40** AM **Rams** Drama with Sigurdur Sigurjonsson and Theodor Juliusson. Subtitled. (2015, 15, 93min) ★★★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **The Narrow Margin** Thriller. (1952, b/w, PG, 71min) ★★★★
7.25 **The Affairs of a Rogue** Drama. (1948, PG, 111min) ★★
9.20 **Philadelphia** Legal melodrama. (1993, 12, 122min) ★★★
11.45 **Hanover Street** Wartime love story. (1979, PG, 108min) ★★
1.55 PM **Wuthering Heights** Classic drama starring Laurence Olivier. (1939, b/w, U, 104min) ★★★★

4.05 **Cleopatra** Historical epic starring Elizabeth Taylor as Cleopatra, the legendary queen of the Nile, with Richard Burton as her Roman lover Mark Antony. (1963, PG, 241min) ★★★★
9.00 **Gambit** Suspense caper starring Michael Caine and Shirley MacLaine. A cockney crook hires a Eurasian nightclub singer to help him steal a priceless sculpture. But the heist doesn't go according to plan. (1966, U, 109min) ★★★

11.15 **Awakenings** (1990) ★★★★
1.35 AM **The Thing... from Another World** Sci-fi. (1951, b/w) ★★★
3.15 **Strongroom** (1961) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** Thriller. (1943) ★★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.10 AM **Stolen Dreams** Thriller. (2016, PG, 85min) ★★
11.15 **Demons from Her Past** Thriller. (2007, 15, 93min) ★★
1.15 PM **What About Bob?** Comedy. (1991, PG, 99min) ★★★★
3.20 **Hot Shots!** Action comedy. (1991, PG, 85min) ★★★★
5.05 **Hot Shots! Part Deux** Zany comedy sequel starring Charlie Sheen. (1993, 12, 89min) ★★★

6.55 **Captain Ron** Family comedy starring Kurt Russell and Martin Short. An executive inherits a yacht and takes his family for a cruise, but the skipper he hires turns out to be a drunk. (1992, PG, 100min) ★★★
9.00 **Doom** Sci-fi horror starring Karl Urban and The Rock. A team of Marines are sent to Mars to deal with the aftermath after an experiment at a research station goes wrong. With Rosamund Pike. (2005, 15, 105min) ★★★

11.10 **Resident Evil: Afterlife** Sci-fi thriller. (2010, 15, 96min) ★★★
1.15 AM **A Most Violent Year** Thriller. (2014, 15) ★★★★★
3.45 **to 6.00** AM **The Bad Twin** Thriller. (2016, PG, 90min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Passport to Suez** (1943)
7.30 **Paratroop Command** (1959)
9.00 **Assignment Paris** Thriller. (1952, U, 85min) ★★
10.45 **The War Lover** Melodrama. (1962, b/w, PG, 105min) ★★★
12.55 PM **Operation Cross Eagles** Drama. (1969, PG, 90min) ★★
2.40 **The Mountain Road** Adventure. (1959, U, 120min) ★★
4.50 **Titanic** Drama. (1953) ★★★

6.55 **Cockleshell Heroes** Wartime drama starring Jose Ferrer and Trevor Howard. A commando force undertake the canoe invasion of a French port to blow up enemy battleships. (1955, U, 94min) ★★★
9.00 **Hell Boats** World War Two drama starring James Franciscus. An American officer serving with the Royal Navy plans an assault on a German bomb base in Sicily. With Ronald Allen. (1969, PG, 95min) ★★

10.55 **Sahara** World War Two action drama. (1995, 15, 106min) ★★
1.05 AM **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas by the Book** Drama. (2018, PG, 90min) ★★
9.00 **Christmas Coincidence** (2018)
11.00 **Christmas at Graceland: Home for the Holidays** (2019) ★★
1.00 PM **Northern Lights of Christmas** Drama. (2018) ★★
3.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
5.00 **Double Holiday** Romantic comedy. (2019, PG, 120min) ★★

7.00 **Mingle All the Way** Romance starring Jen Lilley. A new holiday app brings busy professionals together for events, but its founder and a user find much more. (2018, PG, 83min) ★★
9.00 **My Christmas Inn** Festive romance starring Tia Mowry-Hardrict. A woman's life is unexpectedly turned upside down when she inherits a cozy inn in Alaska from her aunt. With Rob Mayes and Jackée Harry (2018, PG, 100min) ★★

11.00 **A Hero's Christmas** Festive drama. (2018, PG, 84min) ★★
1.00 AM **Help for the Holidays** Drama. (2012, PG, 90min) ★★
3.00 **to 5.00** AM **Snow Bride** Drama. (2013, PG, 120min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.40 PM **The Hunger Games: Mockingjay – Part 1** *E4* Sci-fi adventure. ★★★★
6.50 **Back to the Future Part II** *ITV2* Time-travel comedy. ★★★
7.00 **Leap Year** *Comedy Central* ★
7.10 **Flight of the Navigator** *Syfy* Sci-fi fantasy adventure. ★★★
7.10 **High Noon** *Paramount Network* Western starring Gary Cooper and Grace Kelly. ★★★★★
8.00 **Twins** *ITV4* Comedy. ★★★
9.00 **The Festival** *Channel 4* ★★★
9.00 **Hercules** *5STAR* ★★★
9.00 **Churchill** *5SELECT* ★★
9.00 **Couples Retreat** *Sky Comedy* Relationship comedy. ★★★
9.00 **Bruce Almighty** *Comedy Central* Comedy. ★★★
9.00 **xXx: State of the Union** *Syfy* Action thriller. ★★
9.00 **Jonah Hex** *Paramount Network* Fantasy starring Josh Brolin. ★
10.00 **Deadly Lessons** *Lifetime* ★★
10.35 **xXx** *Paramount Network* ★★
10.50 **Now You See Me 2** *C4* ★★★
11.00 **Mum's List** *BBC2* ★★★★
11.00 **Blitz** *5STAR* Crime thriller. ★★★
2.20 AM **Curse of the Dream Witch** *Syfy* Fantasy thriller. ★★

SUNDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **7.00** AM **Total Goals**
- **8.00** **LIVE ANZ Premiership Netball Tactix v Mystics.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
- **9.30** **My Icon**
- **10.00** **The Sunday Supplement**
- **11.30** **LIVE Renault Super Sunday Wolverhampton Wanderers v Everton.** The Premier League clash at Molineux. Kick-off **12noon**.
- **2.00** PM **LIVE Renault Super Sunday Aston Villa v Crystal Palace.** The Premier League clash at Villa Park. Kick-off **2pm**.
- **4.15** **LIVE Renault Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League match at the Tottenham Hotspur Stadium. Kick-off **4.30pm**.
- **6.30** **LIVE Renault Super Sunday Bournemouth v Leicester City.** The Premier League clash at the Vitality Stadium. Kick-off **7.00pm**.
- **10.00** **LIVE PGA Tour Golf** Coverage of the fourth and final day's play of the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio.
- **11.00** PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Premier League Icons**
- **10.00** **The Sunday Supplement**
- **11.30** **LIVE Renault Super Sunday Wolverhampton Wanderers v Everton.** The Premier League clash at Molineux. Kick-off **12noon**.
- **2.00** PM **LIVE Renault Super Sunday Aston Villa v Crystal Palace.** The Premier League clash at Villa Park. Kick-off **2pm**.
- **4.15** **LIVE Renault Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League match at the Tottenham Hotspur Stadium. Kick-off **4.30pm**.
- **6.30** **LIVE Renault Super Sunday Bournemouth v Leicester City.** The Premier League clash at the Vitality Stadium. Kick-off **7.00pm**.
- **10.00** **PL Retro** Manchester United v Everton from 2012.
- **12.00** M'T **PL Retro** West Ham United v Tottenham Hotspur from 2007.
- **2.00** AM **Premier League Years**
- **4.00** **Best PL Goals 94/95**
- **5.00** **Best PL Goals: Manchester Derby** Memorable strikes.
- **5.30** **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **Bielsa: El Loco & Leeds**
- **9.00** **The Women's Football Show**
- **10.00** **The Sunday Supplement** Clare Tomlinson hosts a discussion on the week's major football stories.
- **11.30** **LIVE EFL** A Championship clash.
- **2.30** PM **Championship Highlights**
- **4.15** **LIVE PL Watchalong Tottenham Hotspur v Arsenal.** Coverage of the Premier League match at the Tottenham Hotspur Stadium. Kick-off **4.30pm**.
- **6.30** **Championship Highlights**
- **7.00** **The Women's Football Show**
- **8.00** **Retro C'Ship 13** Action from Watford v Leicester City.
- **10.00** **SPFL Greatest Games**
- **10.30** **SPFL Highlights**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 20** Aston Villa v Manchester City.
- **1.00** AM **EFL Play Off Finals C'Ship 05/06** Leeds United v Watford.
- **2.00** **EFL Play Off Finals L2 18/19**
- **3.00** **Championship Review 15/16**
- **4.00** **to 6.00** AM **EFL Cup Retro 10**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Captain's Log**
- **7.00** **Masterclass: Kevin Pietersen**
- **7.30** **The Cricket Lockdown Vodcast** Marcus Trescothick and Jonathan Trott chat to Nick Knight.
- **8.30** **Test Cricket** England v West Indies: Action from the fourth day of the first Test at the Ageas Bowl.
- **9.30** **Cricket Debate**
- **10.15** **Test Cricket Bitesize**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the fifth and final day of the first Test in the three-match series, held at the Ageas Bowl in Southampton.
- **7.00** PM **Test Cricket Bitesize**
- **7.15** **Cricket Debate** Discussion on England v West Indies.
- **8.00** **Test Cricket** England v West Indies: Action from the fifth and final day of the first Test at the Ageas Bowl in Southampton.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize**
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize**
- **12.00** M'T **Captain's Log**
- **1.00** AM **T20 Blast 2019 Finals Day**
- **5.00** **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **European Tour Golf** The 2017 Aberdeen Asset Management Scottish Open.
- **7.00** **PGA Tour Golf** The third day of the Workday Charity Open.
- **12.00** NOON **PGA Tour Profiles**
- **12.15** PM **Golf Pass with Rory McIlroy** Rory McIlroy discusses his favourite golf courses.
- **12.45** **LIVE PGA Tour Golf** Coverage of the featured groups on the fourth and final day of the Workday Charity Open from Muirfield Golf Club in Ohio.
- **6.00** **LIVE PGA Tour Golf** Further coverage of the fourth and final day of the Workday Charity Open.
- **11.00** **How the 2010 Ryder Cup Was Won** A look back at action from Celtic Manor Resort in Newport.
- **1.00** AM **European Tour Golf** Day four of the 2019 Aberdeen Standard Investments Scottish Open.
- **2.00** **PGA Tour Golf** Highlights of the 2017 John Deere Classic.
- **3.00** **PGA Tour Golf** Highlights of the 2018 John Deere Classic.
- **4.00** **PGA Tour Golf** Highlights of the 2019 John Deere Classic.
- **5.00** **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

- **7.30** AM **ESPN FC** Football news.
- **8.00** **Premier League**
- **11.00** **Bundesliga Special**
- **11.30** **PL 100: Robin van Persie**
- **12.00** NOON **V8 Supercars Highlights** From Sydney.
- **2.00** PM **Bundesliga Special**
- **2.30** **Champions League Magazine**
- **3.00** **LIVE World RX Esports** Professional FIA World Rallycross Championship race drivers compete against YouTubers and professional Esports stars.
- **4.00** **The WRC Magazine**
- **4.30** **Sport In Focus: Jadon Sancho**
- **5.00** **AFL** Action from Carlton Blues v Sydney Swans.
- **7.00** **AFL** North Melbourne Kangaroos v Richmond Tigers.
- **9.00** **WWE 24** The story of Dave Batista, who chased his dreams of becoming a WWE legend and a Hollywood megastar.
- **10.00** **WWE SmackDown Highlights**
- **11.00** **WWE NXT** Wrestling action.
- **12.45** AM **WWE Monday Night Raw**
- **3.15** **Meet The Managers**
- **4.15** **Ligue 1 Goals of the Season**
- **4.30** **BT Sport Goals Reload**
- **5.00** **to 6.00** AM **Fishing: On The Bank**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **UEFA Champions League Magazine** News and features.
- **6.30** **LIVE AFL Carlton v Sydney Swans.** From Melbourne Cricket Ground. Bounce-up **6.35am**.
- **9.00** **LIVE AFL North Melbourne v Richmond.** From Marvel Stadium in Melbourne. Bounce-up **9.10am**.
- **12.00** NOON **BT Sport Mic'd Up**
- **12.30** PM **Inside Sailing**
- **1.00** **The WRC Magazine**
- **1.30** **30 for 30: Into the Wind**
- **2.30** **30 for 30: Silly Little Game**
- **3.30** **ESPN Films: The Little Master**
- **4.30** **Cricket: 2 Nations, 1 Obsession**
- **6.30** **Cricket: Shark Curry**
- **7.00** **The WRC Magazine**
- **7.30** **Badminton Unlimited**
- **8.00** **Hakim Ziyech: Wizard of AMS**
- **8.45** **State of Play: Jadon Sancho**
- **9.00** **Football Archives: UCL 10/11**
- **9.30** **Football Archives: UCL 11/12**
- **10.00** **Football Outposts – UK**
- **11.00** **Football Outposts: When They Were Giants**
- **12.00** M'T **30 for 30: Bernie & Ernie**
- **1.00** AM **Youngstown Boys**
- **3.00** **30 for 30: The Price of Gold**
- **4.30** **The Day the Series Stopped**
- **5.30** **to 6.00** AM **Nixon's National Champs**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **The Big Match Revisited – 1974/75** Triple bill of editions.
- **9.00** **WWE Raw Highlights**
- **10.00** **WWE NXT UK**
- **11.00** **Classic Premier League**
- **12.00** NOON **FA Cup Final Classics**
- **1.30** PM **Emirates FA Cup**
- **2.00** **Football Archives: 1970/71**
- **2.30** **MotoGP Classics: Donington 1992** The British Grand Prix.
- **3.30** **MotoGP Classics: Donington 1993** The British Grand Prix.
- **4.30** **Champions League Extra: Zidane** The best moments of Zinedine Zidane's career from the UEFA Champions League.
- **5.00** **Unforgettable: The 18/19 UCL**
- **6.00** **UEFA Champions League Goals Show Retro** A look back at a memorable match.
- **7.00** **BT Sport Fight Night**
- **9.00** **UFC** A look back at action from UFC 251 at the UFC Fight Island facility on Yas Island, Abu Dhabi.
- **12.00** M'T **UFC Unleashed: Gustafsson v Smith**
- **1.00** AM **UFC Unleashed: Maia v Askren** From Singapore.
- **2.00** **UFC Unleashed: Zabit v Kattar**
- **3.00** **WRC Review: Rally Spain**
- **4.00** **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

- **7.00** AM **Sporting Heroes: Gary Newbon Interviews Phil Taylor**
- **8.00** **World Darts Championship**
- **10.00** **Super Rugby**
- **11.45** **Rugby Union Retro**
- **12.00** NOON **NFL: Wildcard Highlights 18/19**
- **1.00** PM **NFL: Battle To The Super Bowl '18** Five editions.
- **6.00** **NFL: Race To The Super Bowl 18/19** New Orleans Saints v Los Angeles Rams: Action from the NFC Conference Championship at Mercedes-Benz Superdome.
- **7.00** **NFL: Race To The Super Bowl 18/19** Kansas City Chiefs v New England Patriots: Action from the AFC Conference Championship at Arrowhead Stadium.
- **8.00** **NFL Super Bowl LIII** New England Patriots v Los Angeles Rams: Highlights of the 2019 showpiece match from Mercedes-Benz Stadium in Atlanta.
- **10.00** **Super Rugby** Action from Hurricanes v Highlanders.
- **11.45** **Rugby Union Retro**
- **12.00** M'T **Grand Slam of Darts**
- **2.00** AM **World Darts Championship**
- **4.00** **World Matchplay Darts**
- **5.00** **to 6.00** AM **World Cup of Darts**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **LIVE ANZ Premiership Netball Stars v Magic.** Coverage from Auckland Netball Centre. Centre-pass **6.00am**.
- **7.30** **Game Changers Revisited**
- **8.00** **LIVE ANZ Premiership Netball Tactix v Mystics.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
- **9.30** **PL Legends: Jamie Carragher**
- **10.00** **Premier League Years**
- **12.00** NOON **PL Legends: David Ginola** The career of the winger.
- **12.30** PM **Premier League 100 Club**
- **1.00** **NFL: Race To The Super Bowl 18/19** Double bill of action.
- **3.00** **NFL Super Bowl LIII**
- **5.00** **ANZ Premiership Netball** Action from Stars v Magic.
- **6.30** **ANZ Premiership Netball** Action from Tactix v Mystics.
- **8.00** **The Women's Football Show**
- **9.00** **Premier League Years**
- **11.00** **PL Legends: David Ginola**
- **11.30** **PL 100 Club: Harry Kane**
- **12.00** M'T **NFL: Battle To The Super Bowl '18** Double bill.
- **2.00** AM **NFL: Race To The Super Bowl 18/19** Double bill.
- **4.00** **to 6.00** AM **NFL Super Bowl LIII**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **MLB Epic Moments: Wild West 1993**
- **7.00** **MLB Classic: Finished by Frees**
- **7.30** **College Football Classics**
- **9.30** **ESPN FC** Football news.
- **10.00** **MLB: Caps Off**
- **10.15** **MLB Timeline**
- **2.15** **MLB: Greatest Postseason Home Runs** Classic action.
- **3.30** **Haters: Anatomy of a Rivalry**
- **4.30** **2006 World Baseball Classic**
- **5.30** **The Basketball Tournament**
- **9.00** **LIVE The Basketball Tournament** The opening semi-final of the five-on-five, winner-takes-all tournament.
- **11.00** **LIVE The Basketball Tournament** Coverage of the second semi-final.
- **1.00** AM **MLB: Caps Off**
- **1.15** **Mike Trout: Millville to MVP**
- **2.15** **Impossible Dream: Red Sox**
- **3.15** **MLB Prime 9**
- **5.45** **to 6.00** AM **MLB: Caps Off**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Ultimate Tennis Showdown** Round five.
- **8.00** **Tour de France: Froome 2015**
- **11.00** **Speedway European Championship**
- **12.00** NOON **Norwegian Football**
- **1.00** PM **Cycling: Road World Championships**
- **2.00** **Tour de France: Froome 2015**
- **5.00** **Norwegian Football**
- **6.00** **Cycling: Virtual Tour de France** Action from stage four of the race, which sees cycling's biggest names e-race on Zwift bikes over a series of stages to replace the postponed 2020 Grand Tour.
- **8.00** **Tour de France: Froome 2015** Highlights of the 20th stage.
- **11.00** **Cycling: Road World Championships**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Hall of Fame – Rio 2016**
- **2.00** **Tour de France: Froome 2015**
- **5.00** **to 7.00** AM **World Championship Final 2010**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Judo: Season Highlights**
- **10.00** **Superbikes: Whit & Friends**
- **11.00** **Best of Bikes**
- **11.15** **LIVE Porsche Supercup** The second round of the season at the Red Bull Ring in Spielberg, Austria.
- **12.15** PM **WSBK: Phillip Island 2010**
- **1.00** **Superbikes: Whit & Friends**
- **2.00** **Ultimate Tennis Showdown**
- **4.00** **LIVE Ultimate Tennis Showdown** Day two of the fifth round of the competition.
- **6.30** **Tennis: Djokovic v Wawrinka**
- **6.55** **Climbing: Olympics Qualifier**
- **7.25** **LIVE Norwegian Football SK Brann v Sandefjord.** From Brann Stadion. Kick-off **7.30pm**.
- **9.25** **World Superbikes**
- **10.00** **Superbikes: Vodcast**
- **12.00** M'T **Cycling: Virtual Tour de France** Action from stage four.
- **2.00** AM **Hall of Fame – Rio 2016**
- **3.00** **Cycling: Virtual Tour de France**
- **5.00** **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Super League Gold**
- **7.05** **LIVE NRL Newcastle Knights v Parramatta Eels.** At Central Coast Stadium. Kick-off **7.05am**.
- **9.00** **Super League Highlights**
- **9.30** **LIVE NRL St George Illawarra Dragons v Manly-Warringah Sea Eagles.** Kick-off **9.30am**.
- **11.25** **Super League Gold**
- **11.30** **Super League Highlights**
- **12.00** NOON **Rugby League Retro**
- **2.00** PM **Super League Million Pound Game '19 Hlts**
- **3.00** **Netball Superleague**
- **4.00** **ANZ Premiership Netball**
- **7.00** **NBA: Phoenix @ Minnesota**
- **8.45** **NBA Retro Games: 2004 Playoffs W/C Semifinals Game 7: Kings v Timberwolves**
- **10.45** **NBA: Sacramento @ Milwaukee**
- **12.30** AM **Rugby League Retro**
- **2.30** **Super League Highlights**
- **2.45** **Challenge Cup Highlights**
- **3.00** **Super League Highlights**
- **4.00** **to 6.00** AM **Super Rugby**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **Highlights**
- **8.45** **LIVE Formula 3** Coverage of race two at the Styrian Grand Prix.
- **9.30** **Highlights**
- **10.10** **LIVE Formula 2** Coverage of race two at the Styrian Grand Prix.
- **11.00** **Highlights**
- **1.00** PM **LIVE Styrian F1 GP: On The Grid** Build-up to the race.
- **2.05** **LIVE Formula 1** The Styrian Grand Prix: From the Red Bull Ring in Spielberg, Austria. Start-time **2.10pm**. *See feature, page 28.*
- **4.00** **LIVE Styrian F1 GP: Chequered Flag** Reaction.
- **5.00** **The Notebook**
- **5.30** **Box Box Box**
- **6.00** **Indycar: Road America**
- **9.00** **Formula 1**
- **10.00** **The Notebook**
- **10.30** **Carlos Sainz v Lando Norris**
- **11.00** **Styrian F1 GP: On The Grid**
- **12.05** AM **Formula 1**
- **2.00** **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Monday

13 July

Evening Planner

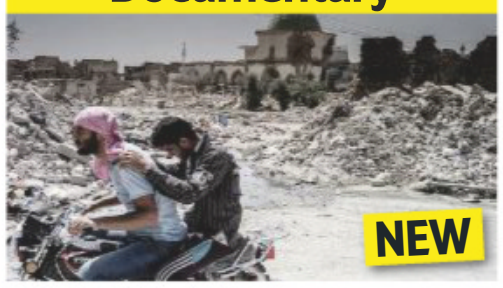
Quiz show

University Challenge
BBC2 HD, 8.30pm
Jeremy Paxman returns with series 51 of the academic quiz, to see who succeeds 2019 victors Imperial College London

Comedy

Miracle Workers: Dark Ages
Sky Comedy HD, 9pm
The cast are back for a Middle Ages-set series, with Daniel Radcliffe as a prince

Documentary



One Upon A Time in Iraq
BBC2 HD, 9pm
The realities of life under ISIS after the fall of Saddam Hussein, featuring personal stories by farmers, musicians and comics

OnDemand

prime

Unraveling Athena
Available today
Women tennis players share their stories of the sport, including Billie Jean King, Kim Clijsters and Chris Evert

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 How Scotland...	8.00 EastEnders...	8.30 Would I Lie to...	9.00 The Secrets She Keeps		10.00 News	
102 BBC2	7.00 Back in Time for Tea		8.00 Our Friend...	8.30 University...	9.00 Once Upon a Time in Iraq			10.15 Mock the Week
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Birds of a...	8.30 Coronation...	9.00 Long Lost Family: What Happened Next		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Devon and Cornwall		9.00 Paramedics: Britain's Lifesavers		10.00 Catching a Killer: A Knock at the Door	
105 CHANNEL 5	7.00 Great Coastal Railway Journeys		8.00 Police Interceptors		9.00 Shoplifters: At War with the Law		10.00 Grand Theft Auto: UK	
106 SKY ONE	7.00 The Simpsons	7.30 MNF – Live: Manchester United v Southampton: From Old Trafford (Kick-off 8.00)						10.30 Film: Final...
ENTERTAINMENT								
116 BBC4	7.00 River Walks...	7.30 The Joy of...	8.00 Rise of the Nazis		9.00 Being Beethoven		10.00 Great...	10.30 Seven Ages of...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.10 Celebrity Juice
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Car S.O.S.		10.00 Sarah Millican: Control Enthusiast	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Film: Mike and Dave Need Wedding Dates			
107 SKY WITNESS	7.00 Paramedics: Australia		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 The InBetween	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Perry Mason			10.15 The Sopranos
110 GOLD		7.15 Dad's Army: The Lost...	8.00 Only Fools and Horses			9.55 Bottom		10.30 Men Behaving...
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo: Christmas Special		10.00 QI	
119 ITV3	◂ 6.55 Downton Abbey		8.00 Endeavour				10.00 Law & Order: UK	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 River Monsters		9.00 Giant Lobster Hunters		10.00 Film: American Sniper	
112 COMEDY CENTRAL	7.00 Friends				9.00 Naughty Toddlers Caught On Camera		10.00 Film: John Tucker Must Die	
152 SYFY	7.00 A Town Called Eureka				9.00 Film: The Babadook			
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 One Born Every Minute		10.00 Louis Theroux's Altered States...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Miracle Workers...	9.30 Flight of the...		10.05 Real Time with Bill Maher
124 FOX	7.00 NCIS				9.00 Emergence		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Exhibition on Screen		8.00 Portrait Artist of the Year 2020		9.00 André Rieu: Welcome to My World		10.00 Sarah Brightman: Hymn	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Texas Metal		9.00 G.A.S. Extreme Customs		10.00 Street Outlaws: Memphis	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Alaska: The Last Frontier				10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Gathering Storm		9.00 X-Ray Earth		10.00 Doomsday Earth	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Flipping Bangers		9.00 Lost Gold of WWII		10.00 Amazon Gold Hunters	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Chris Tarrant: Extreme Railway Journeys		9.00 Bangers and Cash			
166 EDEN	7.00 Madagascar		8.00 Russia from Above		9.00 The Zoo	9.30 Jungle Planet	10.00 Echo: An Unforgettable Elephant...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 The Guardian		8.00 It: Chapter Two					
303 HITS	◂ 6.45 Spider-Man: Far From Home				9.00 Once Upon a Time... in Hollywood			
304 GREATS	◂ 6.00 Blade Runner		8.00 Ghost					10.10 Zero Dark Thirty
305 DISNEY	◂ 6.00 Dumbo		8.00 Inside Out			9.50 101 Dalmatians		
306 FAMILY	◂ 6.00 Four Kids and It		8.00 The Nutcracker and the Four Realms			9.55 A Boy Called Sailboat		
307 ACTION	◂ 6.00 300		8.00 Lethal Weapon 4					10.10 Crank
308 COMEDY	◂ 6.00 The 40 Year-Old Virgin		8.00 Crazy Rich Asians				10.00 Howard... A New Breed of Hero	
309 THRILLER		7.20 Blood on Her Name			9.00 The Untouchables			
310 DRAMA	◂ 5.45 Papillon		8.00 Closer				10.00 Her Smell	
311 SCI-FI	7.00 Star Trek: First Contact				9.00 Star Trek: Insurrection			
302 BLOCKBUSTERS	◂ 5.30 The Da Vinci Code		8.00 Angels & Demons					10.20 Pacific Rim
313 FILM4	◂ 6.25 The Second Best Exotic Marigold Hotel				9.00 Assassin's Creed			
315 TCM MOVIES	◂ 6.20 Air Force				9.00 The Outlaw Josey Wales			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News	7.30 MNF – Live: Manchester United v Southampton: From Old Trafford (Kick-off 8.00)						10.30 News
402 PREMIER LEAGUE	◂ 4.00 Premier...	7.30 MNF – Live: Manchester United v Southampton: From Old Trafford (Kick-off 8.00)						10.30 Gary Neville's...
403 FOOTBALL	7.00 EFL League 1 Play-off Final – Live: Coverage of the match at Wembley Stadium (Kick-off 7.30)						10.00 SPFL Greatest Games	
404 CRICKET	7.00 Test Cricket		8.00 Cricket Debate	8.45 Masterclass	9.15 Test Cricket Bitesize			10.30 Masterclass
413 BT SPORT 1	◂ 6.00 FIM CEV Repsol				9.00 Fishing: On The Bank		10.00 World RX Esports	
414 BT SPORT 2	7.00 What Went Down: David Haye				9.00 BT Sport Fight Night			

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

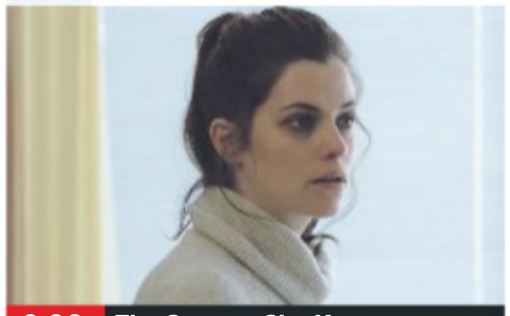
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 6/15. Creating artwork for lottery winners. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 6/15. The UK's espionage history though three items restored on the show. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 The Secrets She Keeps

7 PM

7.00 **The One Show**
The first visit of the week to *The One Show* studio. (S)
7.30 **How Scotland Cut Violent Crime – Panorama**
New edition How Scotland has dramatically reduced violent crime in the past 15 years. (S)

8 PM

8.00 **EastEnders: Secrets from the Square**
New edition 4/14. With Max Bowden and Tony Clay. (S)(AD)
8.30 **Would I Lie to You?**
With James Acaster, Dani Dyer, Oti Mabuse and Fred Sirieix. (R)

9 PM

9.00 **The Secrets She Keeps**
New episode 3/6. Meghan prepares for the birth of the baby. (S1) (S)(AD)
■ Continues tomorrow
9.45 **Staged**
3/6. An actor who dropped out of the play returns. (S1) (S)(R)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **I May Destroy You**
New episode 11/12. Arabella continues staking out the scene of her attack. (S1) (S)(AD)
■ Concludes tomorrow

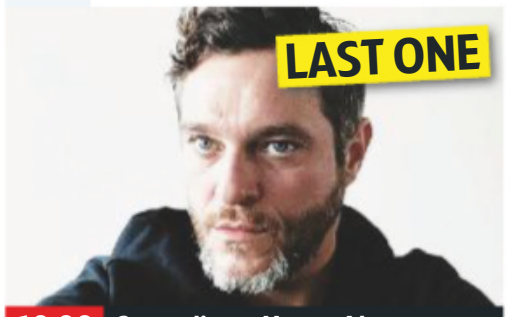
11.20 **Canada's Drag Race** New edition 2/10. The contestants are put into teams and act their way into Canada's drag her-story. (S)
12.20 AM **Peter Crouch: Save Our Summer** With Tinie Tempah, Mo Farah and Jessica Ennis-Hill. (S)(R)
1.05 **Weather for the Week Ahead** (S)
1.10 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Home Is Where the Art Is** (R)
6.45 **The Repair Shop: Fixing Britain** 5/15. Three barn fixes. (S)(R)(AD)
7.30 **Sign Zone: Blue Planet Revisited** 1/2. Why the Bahamas provide a sanctuary for sharks. (S)(R)(AD)
8.30 **The Week in Parliament** (S)(R)
9.00 **Into the Wild with Gordon Buchanan** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **The Hairy Bakers** (S)(R)
2.00 **The A to Z of TV Cooking** (S)(R)
2.20 **Ingrid Bergman: Talking Pictures** The actor's TV appearances. (S)(R)
2.55 **FILM Joan of Arc** Historical drama. (S) (1948, PG, 140min) ★★★
5.15 **Flog It!** In Aberystwyth. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Great Australian Railway Journeys** 1/10. A trip to Darwin. (S)(R)



10.00 Comedians: Home Alone

7.00 **Back in Time for Tea**
1/6. Sara Cox and the Ellis family discover how life has changed for working families in north England over the past 100 years, beginning in 1918 as World War One came to a welcome end. (S)(R)(AD)

8.00 **Our Friend Victoria**
1/6. The comedy of Victoria Wood is celebrated. (S)(R)
8.30 NEW SERIES **University Challenge**
The University of Glasgow take on the University of Exeter. (S)

9.00 NEW SERIES **Once Upon a Time in Iraq**
1/5.The realities of life under ISIS, with personal input by civilians and soldiers from both sides of the conflict. *See feature, page 20.* (S)(AD)
■ Repeated on Wednesday

10.00 **Comedians: Home Alone**
Series finale 7/7. With actor Mathew Horne. (S)
10.15 **Mock the Week**
With Angela Barnes, Ed Byrne and Suzi Ruffell. (S)(R)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **Britannia's Burning: Fire on the Bridge** Archive footage and eyewitness accounts tell the story of the blaze 50 years ago. (S)(R)
12.30 AM **Sign Zone: Countryfile** The Grand Union Canal. (S)(R)
1.30 **Sign Zone: Saving Our Nurses** A nurse who recently arrived in the UK from the Philippines. (S)(R)(AD)
2.15 **Sign Zone: Celebrity MasterChef** 1/15. With John Barnes. (S)(R)(AD)
3.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Celebrity interviews and studio debate. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** The dealers are in Staffordshire, where a watch hidden in a suitcase could tick all the right boxes for Stewart Hofgartner. (S)(R)
3.00 **Tenable** Five London Underground workers take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street: Weddings

7.00 **Emmerdale**
Jamie struggles to take in the news that Moira has been the victim of a hit-and-run. (S)(AD)
7.30 **Coronation Street**
Yasmeen is stunned by Geoff's latest move. (S)(AD)

8.00 **Birds of a Feather**
3/8. The sisters learn Dorien has a secret. (S11) (S)(R)(AD)
8.30 **Coronation Street: Weddings**
New edition 2/8. Memorable big days on the soap. (S)(AD)

9.00 **Long Lost Family: What Happened Next**
New edition Davina McCall and Nicky Campbell follow the story of reunited siblings Geoffrey and Barbara as they investigate a mystery and try to trace a missing sister. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Broadchurch**
6/8. Hardy is told to scale back resources and feels his hope of catching Danny's killer is slipping away. (S1) (S)(R)(AD)

11.45 **European Cup Winners: Nottingham Forest** How Brian Clough shocked Europe by winning the European Cup twice. (S)(R)
12.35 AM **All Elite Wrestling: Dynamite** The latest wrestling action. (S)
1.25 **Ideal World**
3.00 **Who's Doing the Dishes?** With Jan Leeming. (S)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 15&16/27. (S9) (S)(R)
7.20 **Mike & Molly** (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 18-20/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** (R)
5.00 **Four in a Bed** (S)(R)
5.30 **Come Dine with Me** Dog-lover Becci hosts the first dinner party from the Midlands. (S)(R)
6.00 **The Simpsons** *All About Lisa:* Lisa gets her own TV show. (S)(R)(AD)
6.30 **Hollyoaks** The day of Kyle's funeral arrives, and Brooke worries about the words she has written for Kyle. (S)(AD)

9.00 Paramedics: Britain's Lifesavers

7.00 **News** (S)

8.00 **Devon and Cornwall**
New edition 2/8. The Alfords await the TB testing of their cattle in Devon, while on the northern Jurassic coast, adventurers Mark and George take on the climb of Blackchurch Rock. (S)(AD)

9.00 NEW SERIES **Paramedics: Britain's Lifesavers**
1/3. Following West Midlands Ambulance Service at the peak of the COVID-19 pandemic in April, from the perspectives of crews and the control room. (S)
■ Repeated tomorrow

10.00 **Catching a Killer: A Knock at the Door**
Following Thames Valley Police's investigation into the murder of Hang Yin Leung, who died after being assaulted during a burglary at her Milton Keynes home. (S)(R)(AD)

11.25 **24 Hours in A&E** (S)(R)(AD)
12.25 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.15 **Couples Come Dine with Me** (R)
2.10 **Bake Off: The Professionals** 7/10. (S)(SL)(R)(AD)
3.05 **Kirstie: Keep Crafting and Carry On** A spring wreath. (S)(SL)(R)
4.00 **The Fantastical Factory of Curious Craft** (S)(SL)(R)(AD)
4.50 **Grand Designs Australia** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

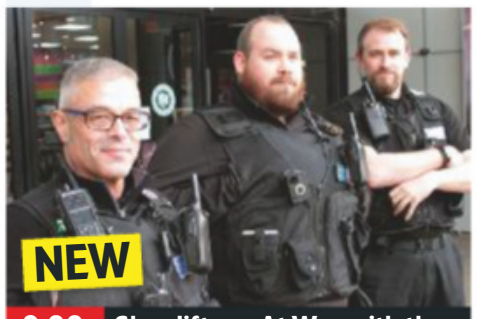
+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.20 **Can't Pay? We'll Take It Away!** Debt collection. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **The Beach Murders: Garage Sale Mystery** Drama starring Lori Loughlin. (S)(R)
4.00 **Friends** 13&14/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Tensions boil over between Susan and Karl while they are on holiday. (S)(R)(AD)
6.00 **Home and Away** Evan caves under pressure and agrees to the music night. (S)(R)(AD)
6.30 **News** (S)



9.00 Shoplifters: At War with the...

7.00 **Great Coastal Railway Journeys** A train ride along the most attractive coastlines in Europe, meeting the characters who live and work along these most scenic lines. (S)(R)

8.00 **Police Interceptors** Documentary following the work of a high-speed police interception unit. (S)(R)

9.00 **NEW SERIES Shoplifters: At War with the Law** 1/6. Documentary following shopping centre security teams who are locked in a cat-and-mouse battle to catch criminals. (S)
■ Repeated on Wednesday

10.00 **Grand Theft Auto: UK** People who make a living from crimes involving cars, from those who steal vehicles to order to others who stage-manage car crashes to cash in on the resulting insurance claims. (S)(R)

11.05 **FILM Homefront** Action thriller. (S) (2013, 15, 115min) ★★★
1.00 AM **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Police Interceptors** (S)(R)
4.00 **The Railways That Built Britain with Chris Tarrant** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **Building Britain's Great Canals: A Transport Revolution** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** 21/23. (S1) (S)(R)
9.00 **Supergirl** 1/22. (S2) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S6) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S2) (S)(R)(AD)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Naturama:* A trio of wildlife documentaries reimagining the crew as various creatures. (S)(R)
6.00 *2-D Blacktop:* The gang are transported to a mysterious 2D universe. (S)(R)
6.30 **The Simpsons** *Milhouse of Sand and Fog:* Milhouse's estranged parents consider a reconciliation. (S)(R)

10.00 The Simpsons

7.00 **The Simpsons** *See Homer Run:* Lisa goes on a rampage at school. (S)(R)

7.30 **LIVE Monday Night Football** Manchester United v Southampton: All the action from the Premier League encounter at Old Trafford. Kick-off is at 8.00.

10.30 **FILM Final Score** Action drama starring Dave Bautista. (S) (2018, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.30 AM **Condor** *Within a Dark Wood:* 7/10. Sharla comes face-to-face with Joe. (S)(R)
1.30 *A Question of Compromise:* 8/10. Bob deploys a capture mission. (S1) (S)(R)
2.30 **Karl Pilkington: The Moaning of Life** Professional success.
3.30 **Manifest** 13/13. (S2) (R)
4.30 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm Northern Ireland on The One Show (S)(R) **11.15** I May Destroy You New episode (S)(AD) **11.50** Canada's Drag Race New edition (S) **12.50am** Peter Crouch: Save Our Summer (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt New edition (S)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S) **8.30-9.00** Gareth Edwards' Great Welsh Adventure (S)(R) **12.20am** Hot Property (S)(R) **12.55-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm Tír na nÓg (S)(R) **10.30-10.45** Comedians: Home Alone Series finale (S) **11.30pm-12.30am** Louis Theroux: Extreme Love – Autism (S)(R)(AD)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Cymoedd Roy Noble **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Ar Werth (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cofio: Hogia'r Wyddfa (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Clwb Rygbi: Super Rugby Aotearoa **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Sgwrs Dan y Lloer New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **9.30** Rygbi: Clasuron Bermuda **10.00** Drych **11.00-11.35pm** Y Ditectif (AD)

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **River Walks: The Dart** Jemma Woodman goes on a tour of the River Dart.
7.30 **The Joy of Painting** New edition A cabin in a woodside setting.
8.00 **Rise of the Nazis** 1/3. Examining how Hitler's party seized power in Germany during the 1930s.
9.00 **Being Beethoven** New edition 2/3. A look at the composer's return to the town of Heiligenstadt.
10.00 **Great Continental Railway Journeys**
10.30 **Seven Ages of Britain** 7/7. Focusing on artefacts reflecting the shift in values during the 20th century.
11.30 **The Trial of Ratko Mladic – Storyville** The war crimes trial of the Bosnian Serb general.
1.00 AM **A History of Art in Three Colours**
2.00 **The Joy of Painting**
2.30 **River Walks: The Dart**
3.00 **to 4.00** AM **Being Beethoven**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A fun bedroom.
9.20 **A Place in the Sun: Winter Sun** In Spain.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.15 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet** Noel operates on two poodles.
6.55 **Escape to the Chateau: DIY** Jonny and Ashley continue the search for their dream chateau.
7.55 **Grand Designs** A couple with a love of gothic architecture and horror movies plan to use their budget of £400,000 to build an *Addams Family*-style house.
9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1983 Citroën 2CV.
10.00 **Sarah Millican: Control Enthusiast** A stand-up performance by the comedian, covering topics including road rage, IBS and her favourite word.
11.05 **8 Out of 10 Cats Does Countdown** Double bill.
1.15 AM **Ramsay's Kitchen Nightmares USA** A failing restaurant in New Orleans.
2.10 **8 Out of 10 Cats Does Countdown**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed! Gold** Comical clips.
8.00 **Roswell, New Mexico** New episode *Good Mother:* 3/13. Alex and Michael attempt to unravel the mystery surrounding the night Nora's spaceship crashed in 1947. (S2)
9.00 **Love Island: Australia** As the finale approaches, the final four couples go on intimate dates
10.10 **Celebrity Juice**
10.55 **Family Guy** A special tribute marking the show's 100th episode.
11.25 **Family Guy** 16/18. Chris is expelled from school. (S5)
11.55 **American Dad!**
12.50 AM **The Cleveland Show**
1.50 **Through the Keyhole**
2.50 **to 3.15** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** Warren meets up with his childhood carer.
7.30 **Married at First Sight Australia** New edition The second commitment ceremony sees the couples return to the couch to explain all to the experts and decide whether to stay or leave the experiment.
9.00 **FILM Mike and Dave Need Wedding Dates** Comedy starring Zac Efron and Anna Kendrick. Two party-loving brothers try to find respectable dates for their sister's Hawaii wedding. (2016, 15, 98min) ★★
11.00 **Buffy the Vampire Slayer**
12.00 M'T **The Big Bang Theory**
1.00 AM **Gogglebox**
2.00 **First Dates**
3.00 **Derry Girls**
3.55 **The Big Bang Theory**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

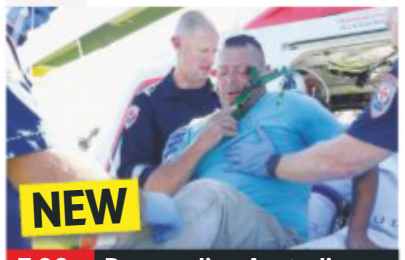
MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **UK Border Force**
10.00 **Blue Bloods** 6/22. (S2)
11.00 **Elementary** 10/24. (S3)
12.00 NOON **Law & Order** (S15)
1.00 PM **Blue Bloods** 7/22. (S2)
2.00 **CSI** 1/23. Part one of two. The team suspect two serial killers are on the loose. (S4)
3.00 **Air Ambulance ER**
4.00 **Nothing to Declare** Six editions following the work of customs officers in Australia.



7.00 Paramedics: Australia

7 PM
7.00 NEW SERIES **Paramedics: Australia** Following Australia's emergency service heroes as they battle to save lives.

8 PM
8.00 **Ghost Whisperer** *Homecoming:* 6/22. A teenage ghost vents his spleen on Melinda when she tries to help him. (S1)

9 PM
9.00 **Criminal Minds** *The Pact:* 2/24. The team find a cryptic connection between two murder victims. (S8)

10 PM
10.00 **The InBetween** *Pilot:* 1/10. Supernatural drama. A woman who can communicate with the dead helps the police. (S1)
11.00 **Criminal Minds** 1/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **9-1-1** 8/18. (S3)
2.00 **Coroner** 5/8. (S1)
3.00 **Law & Order** 24/24. (S15)
4.00 **The Good Doctor** 7/18. (S2)
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** In Tokyo, Japan.
9.00 **Elementary** 10/24. (S1)
10.00 **CSI** 7-9/24. (S6)
1.00 PM **Elementary** 11/24.(S1)
2.00 **Blue Bloods** (S2)
4.00 **CSI** Triple bill, including at: **5.00** 11/24. A man with a peculiar health condition is found murdered. **6.00** 12/24. The team delve into the private life of a murder victim's girlfriend. (S6)

9.00 Perry Mason

7.00 **Blue Bloods** *A Night on the Town:* 5/22. Danny juggles work and his love life as he spends a weekend with Linda.

8.00 **Blue Bloods** *Black and Blue:* 6/22. Jamie and Renzulli are prevented from entering a church by its security team. (S2)

9.00 **Perry Mason** New episode *Chapter 4:* 4/8. Mason and Strickland lean on Virgil for legal assistance. (S1)

10.15 **The Sopranos** *The Fleshy Part of the Thigh:* 4/21. Jason Barone's father dies, leaving him to make a huge decision. (S6)
11.30 **True Blood** 7/12. **12.45** AM 8/12. (S4)
2.00 **Richard E Grant's Hotel Secrets** The actor explores the hospitality industry.
3.10 **Elementary** 12/24. (S1)
4.00 **Storm City**
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.05 AM **Still Open All Hours**
7.35 **The Green Green Grass**
8.05 **Porridge**
8.40 **Only Fools and Horses**
10.00 **Are You Being Served?**
10.40 **Last of the Summer Wine**
12.35 PM **Dad's Army: Lost Episodes**
1.20 **Porridge**
2.00 **Are You Being Served?**
2.35 **The Green Green Grass**
3.15 **Dad's Army: Lost Episodes**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.35 **The Green Green Grass**

9.55 Bottom

7.15 **Dad's Army: The Lost Episodes** Frazer and Jones vie for promotion.

8.00 **Only Fools and Horses** Part two of two. The Trotters arrive in America and promptly suffer a setback when their camper van is burgled, and a local Mafia gang target Del Boy. Guest stars Barry Gibb.

9.55 **Bottom** Eddie hatches a get-rich-quick scheme that actually works.

10.30 **Men Behaving Badly** A road-rage incident leaves Gary looking a coward.

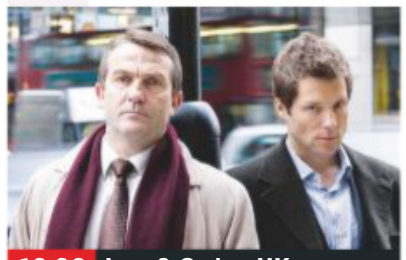
11.10 **Only Fools and Horses** As shown at 8.00pm.
1.05 AM **Bottom** As 9.55pm.
1.45 **Snuff Box** Rich's two brothers pay an unwelcome visit.
2.15 **Men Behaving Badly**
2.45 **The Rebel**
3.15 **to 4.00** AM **Snuff Box**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.05 **Classic Emmerdale**
8.00 **Heartbeat**
9.00 **Bless This House**
10.05 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Bread and Circuses:* Merton tries to track down porcelain figures stolen during a crime spree in Whitby.


10.00 Law & Order: UK

6.55 **Downton Abbey** 7/8. Secrets could be exposed as Rosamund arrives at Downton following Edith's shock departure. (S5)

8.00 **Endeavour** *Pylon:* The detective has been assigned to a quiet rural area in 1969, but is reunited with his former CID colleagues when he discovers the body of a missing schoolgirl.

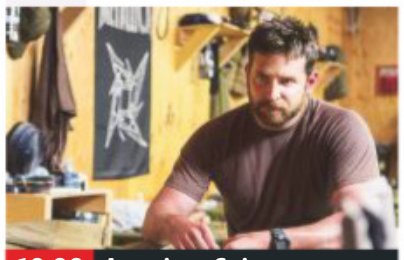
10.00 **Law & Order: UK** *Care:* 1/7. The evacuation of a London hospital leads to the discovery of a suspicious death. (S1)
11.00 **Scott & Bailey** 1/6. First episode of the detective drama with Lesley Sharp. (S1)
12.05 AM **A Touch of Frost** *Private Lives:* A hit-and-run has devastating repercussions.
2.10 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
8.10 **The Saint**
9.15 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.35 PM **The Saint**
1.40 **Robin of Sherwood**
2.45 **Dempsey and Makepeace** The duo investigate murder and caviar smuggling.
4.50 **Minder** As 12.40am.
5.55 **The Professionals** Doyle is targeted by an old enemy.


10.00 American Sniper

7.00 **Tour de France ReCycled: Geraint's Tour** New edition In Carcasonne, the riders enjoy the second rest day of the race.

8.00 **River Monsters** Extreme angler Jeremy Wade goes in search of the real creature behind the sea serpent legend.

9.00 **Giant Lobster Hunters** New edition The last week of the winter rock lobster hunting season arrives.

10.00 FILM **American Sniper** Biopic starring Bradley Cooper and Sienna Miller. (2014, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Minder** *Rembrandt Doesn't Live Here Any More:* Terry takes a job at a strip club, while a chance meeting with an old acquaintance gives Arthur an idea to make money out of art forgeries.
1.40 **to 2.45** AM **The Sweeney**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
1.30 PM **Sign Zone: The Last Explorers**
2.30 **Sign Zone: Beechgrove**
3.00 **Sign Zone: The Mart**
3.30 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Beechgrove**
7.30 **Mini Disco Divas**
8.00 **Scottish Vets Down Under** New edition 8/12. Australia's deadliest snake.
8.30 **Born to Be Wild**
9.00 **The Nine**
10.00 **River City Rewind** New episode Scarlett hides the seriousness of her illness from her family.
11.00 **Short Stuff** New episode Comic sketches.
11.15 **Nico's Menu Mission** The move to Liverpool.
11.45 PM **to 12.00** M'T NEW **Jealous Alan**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.40 PM **RSPCA Animal Rescue** Documentary.
1.10 **America's Next Top Model** Double bill.
3.00 **Babylon 5**
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
7.00 **Stargate SG-1** *Summit:* 16/22. Part one of two. Jackson is recruited by the Tok'ra. (S5)
8.00 **Road Wars** Double bill.
10.00 **NCIS: Los Angeles** *Pushback:* 7/24. The team find new evidence about the attempt on Callen's life. (S1)
11.00 **Caribbean Cops**
2.00 AM **Duck Quacks Don't Echo** Highlights show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Frontline Police**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** (S5)
7.00 **999 Frontline**
7.30 LIVE **MNF** Manchester United v Southampton: Kick-off 8.00. *Freesat viewers can only see football on Pick HD.*
10.30 **CSI** 8/25. (S5)
11.30 **Brit Cops: Law & Disorder**
12.30 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Lisbon.
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo: Christmas Special** Hosted by Sara Pascoe.
10.00 **QI** Double bill.
11.15 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **QI** With Dara O Briain.
1.40 **Red Dwarf** 1/6. (S3)
2.25 **Live at the Apollo: Christmas Special**
3.15 **to 4.00** AM **Red Dwarf**

+1 hour 211 131

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** 4&5/26. (S3)
11.00 **The King of Queens**
12.00 NOON **Fresh Off the Boat** 17&18/23. (S3)
1.00 PM **Friends** (S5&6)
7.00 **Friends** 4/25. Ross tries his hand at teaching. **7.30** 5/25. Joey is mistaken for the owner of a Porsche. **8.00** 6/25. Rachel and Ross annul their marriage. **8.30** 7/25. A dancer moves in with Joey. (S6)
9.00 **Naughty Toddlers Caught On Camera**
10.00 FILM **John Tucker Must Die** Teen comedy starring Brittany Snow. (2006, 12, 90min) ★★
12.00 M'T **Bob's Burgers**
1.00 AM **Al Murray One Man, One Guvnor**
2.50 **Two and a Half Men**
3.20 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of Beverly Hills**
1.10 **Million Dollar Listing: NYC** Fredrik tries to land a new building in SoHo.
2.10 **The Only Way Is Marbs**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Chrisley Knows Best** Savannah gets to be in charge of Todd. **9.30** Faye wants to fix her diction.
10.00 **Botched by Nature**
11.00 **Marriage Boot Camp: Reality Stars**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 8/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S1)
3.00 **Murdoch Mysteries** Triple bill of the drama, including at: **5.00** 14/18. A killer strikes on a secluded island. (S7)
6.00 **Major Crimes** 17/19. Detective Sanchez becomes a person of interest in a murder case. (S3)

9.00 Unforgettable

7.00 **Unforgettable** *Spirited Away:* 11/22. The body of a ghost hunter is discovered at an abandoned asylum. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *The Fairest Show Means Most Deceit:* 7/10. (S1)
9.00 **Unforgettable** *Shelter from the Storm:* 9/13. Carrie and Al seek refuge from a hurricane in a run-down precinct house. (S4)
10.00 **Strike – The Cuckoo's Calling** 1/3. Crime thriller, based on books by JK Rowling, with Tom Burke and Holliday Grainger. (S1)
11.20 **New Tricks** *Blue Flower:* The team investigate the murder of an East German immigrant.
12.40 AM **Maisie Raine** 6/6. (S1)
1.40 **Strike – The Cuckoo's Calling** As 10.00pm.
2.45 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S4)
3.00 **Star Trek: Deep Space Nine** 15&16/26. Double bill. (S4)
5.00 **Star Trek: The Next Generation** *Data's Day:* 11/26. Data learns about emotions. **6.00** *The Wounded:* 12/26. Picard investigates claims from a Cardassian captain that one of their science stations has been destroyed by a Federation vessel. (S4)

11.00 Battle Star Wars

7.00 **A Town Called Eureka** *Friendly Fire:* 5/14. Carter and Allison's day out is interrupted by a giant fireball.
8.00 **A Town Called Eureka** *Jack of All Trades:* 6/14. Zane reboots the program that had him, Allison, Jo and Carter trapped. (S5)
9.00 **FILM The Babadook** Horror thriller starring Essie Davis and Noah Wiseman. A stressed single mother begins to believe that the imaginary monster her son lives in constant terror of may be real. (2014, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Battle Star Wars** Sci-fi drama starring Alyson Gorske. (2019, 12, 86min) ★★
1.00 AM **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Spides** 4/8. (S1)
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill of the game show.
4.00 **My Dream Home** A couple search for their perfect suburban home that is close to their family and friends. **5.00** A family hope to find their perfect home.
6.00 **Tipping Point** Game show hosted by Ben Shephard.

7.00 Top Chef

7.00 **NEW SERIES Top Chef** 1/14. Pad Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** Paramedics treat a man whose flat has filled up with toxic smoke and a girl with an erratic heart rate.
9.00 **One Born Every Minute** Couple Jody and Chris, who struggled with infertility, await the arrival of their first child.
10.00 **Louis Theroux's Altered States: Choosing Death** The documentary-maker reports on euthanasia in California.
11.00 **Inside the Ambulance** A young man has a seizure, and a police officer is involved in a car accident.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux's Altered States: Choosing Death**
1.50 **to 3.00** AM **Top Chef**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** Triple bill. (S5)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6&7)
5.00 **30 Rock** 6/23. Liz's father arrives in New York. **5.30** 7/23. Jenna tries to sabotage Tracy's chance to win a Golden Globe. **6.00** 8/23. The writers play a trick on Pete. (S5)
6.30 **Modern Family** 9/24. (S1)

9.00 Miracle Workers: Dark...

7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 10/24. Mindy's brother announces plans to become a rapper. (S1)
8.00 **The Mindy Project** 11/24. With guest star Allison Williams. **8.30** 12/24. Danny goes on a date with Jillian. (S1)
9.00 **NEW SERIES Miracle Workers: Dark Ages** 1/10. *See feature, page 8.* (S2)
9.30 **Flight of the Conchords** 6/10. Jemaine and Bret fall for the same girl. (S2)
10.05 **Real Time with Bill Maher** New edition Political discussion.
11.15 **Girls** 3/12. Adam's eccentric sister Caroline turns up unannounced. (S3)
11.50 **Entourage** 10/20. Vince meets a girl he really likes – but she is not interested. (S3)
12.30 AM **Vice Principals** (S1)
1.10 **Bored to Death** (S2)
1.50 **Parks and Recreation**
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 20/22. (S10)
10.00 **Bull** 3/22. (S3)
11.00 **NCIS** 14/20. (S17)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 15/24. (S4)
3.00 **NCIS** 15/20. (S17)
4.00 **Bull** 4/22. (S3)
5.00 **Bones** 1/22. Brennan investigates Booth's disappearance. (S11)
6.00 **The Mentalist** 16/24. The CBI team confront an old adversary. Guest stars Malcolm McDowell. (S4)

9.00 Emergence

7.00 **NCIS** *Ephemera:* 16/20. The team look into the suicide of a retired navy officer who donated a rare coin to a museum.
8.00 **NCIS** *In a Nutshell:* 17/20. The team investigate the death of an officer murdered in the same way as his parents. (S17)
9.00 **Emergence** Series finale *Killshot – Part Two:* 13/13. Piper recruits an unexpected team of allies. (S1)
10.00 **NCIS: New Orleans** *X:* 13/24. The team investigate the disappearance of a navy entomologist. (S5)
11.00 **American Dad!** (S3)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S10)
3.00 **American Dad!** (S2&3)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Monday

7 PM
8 PM
9 PM
10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 9/24. (S1)
7.10 **Hart to Hart** (S4)
9.10 **Days of Our Lives**
10.00 **Sony Movie News Extra**
10.10 **Due South** (S1)
1.00 PM **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S4)
7.00 **M*A*S*H** 19/24. A Korean family set up home in the middle of the camp. **7.30** 20/24. The 4077th are overrun with casualties. (S2)
8.00 **Randall and Hopkirk (Deceased)** 6/26. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S9)
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 3/24. (S3)
3.30 **Due South** 11/18. (S2)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Nat King Cole: Afraid of the Dark**
8.00 **The Movie Music of Spike Lee**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2014**
11.00 **NEW SERIES Wander**
11.05 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist of the Year 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Exhibition on Screen**
8.00 **Portrait Artist of the Year 2020**
9.00 **André Rieu: Welcome to My World**
10.00 **Sarah Brightman: Hymn** A 2018 concert.
12.00 M'T **What She Said: The Art of Pauline Kael**
2.00 AM **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Winter Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S3)
4.00 **Couples Come Dine...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location...**
9.00 **Amazing Spaces**
10.00 **The Man with the 10-Stone Testicles**
11.05 **How to Build British: Aston Martin**
12.10 AM **Devon and Cornwall**
1.15 **Best of Crufts: Flying Dogs**
2.20 **Jimmy's Forest**
3.25 **Sun, Sea and Selling...**
4.20 **to 4.50** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Castle** 22/23. (S7)
11.05 **Law & Order**
1.05 PM **Law & Order**
5.00 **NCIS** 2&3/24. (S13)
7.00 **NCIS** *Lockdown:* 5/24. Armed men storm a pharmaceutical lab. **8.00** *Viral:* 6/24. A petty officer appears to have become the latest victim of a serial killer. (S13) **9.00** *Dark Secrets:* 12/24. A Navy Lieutenant JAG lawyer is found dead. (S15)
10.00 **Law & Order: Special Victims Unit** *Making a Rapist:* 2/21. A man who was cleared of rape is drawn into a murder case. (S18)
10.55 **Law & Order: Special Victims Unit** (S18&17)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill. (S6&3)
9.10 **My Wife and Kids** (S2)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Benefits Britain: Life on the Dole**
8.00 **On Benefits: Cashing In for Xmas**
9.00 **FILM Ghost Rider** Comic book adventure. (2006, 12, 109min) ★★
11.15 **FILM Drive Angry** Action thriller. (2011, 18, 104min) ★★★
1.20 AM **Good Girls' Guide to Kinky Sex**
2.20 **Can't Pay? We'll Take It Away!**
3.15 **to 4.00** AM **Will & Grace**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!** Rene arranges his own funeral.
7.20 **Last of the Summer Wine** Foggy believes he has discovered a giant woodpecker.
8.00 **Dalziel & Pascoe** *Project Aphrodite:* A chemist suffocates in a sealed university lab
10.00 **New Tricks**
11.25 **Silent Witness**
1.35 AM **The Bill**
2.30 **London's Burning**
3.30 **to 4.00** AM **Birds of a Feather**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY

Documentaries

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 24/24. (S3)
12.00 NOON **CSI: NY** (S1)
1.00 PM **Bonanza** (S11)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Wicked Game – Part Two:* 10/16. Allison investigates Cynthia's daughter's disappearance. (S4)
10.00 **CSI: Miami** *From the Grave:* 1/25. Horatio and the team investigate when a prisoner attending his mother's funeral is killed by a gunman who springs from the coffin. (S4)
11.00 **Unsolved Mysteries**
12.00 M'T **Judge Judy**
1.00 AM **ER** 19/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Karma's a B****
5.00 to 6.00 AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **CSI: Cyber** 13/13. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 12/26. (S3)
2.05 **CSI: Miami** 22/24. (S5)
3.00 **NCIS** 16/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S1)
6.00 **Perry Mason**
7.05 **NCIS** 19/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **CSI: NY** *Heroes:* 23/24. A Marine corporal is found stabbed to death in Central Park. (S2)
10.00 **NCIS: Los Angeles** *The Debt:* 10/24. Deeks shoots and kills an unarmed man. (S3)
11.00 **NCIS** 20/24. (S10)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **CSI: NY** As 9.00pm.
2.00 **NCIS** As 11.00pm.
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** (S1)
4.45 **Mission: Impossible**
5.35 to 6.00 AM **Dog Patrol**

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce Forsyth's Play Your Cards Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!**
12.00 M'T **The Chase**
4.00 AM **Golden Balls**
5.00 to 6.00 AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends** (S4)
1.00 PM **Bob's Burgers**
3.10 **The King of Queens**
5.00 **The Middle**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell Howard's Good News** The comedian's perspective on the news.
10.00 **Gary and His Demons** 4/8. Gary tries to help his usually uptight boss Leslie confront her issues, then he spends a day with his niece. (S1)
10.30 **South Park**
12.00 **Russell Howard's Good News** Triple bill.
3.00 AM **Two and a Half Men** 7&8/22. (S7)
3.45 **Tosh.0** (S10)
4.05 **Bob's Burgers** (S2)
4.30 **Fresh Off the Boat**
5.15 to 6.00 AM **The Middle**

+1 hour 227

Sky Documentaries
114 114 814 277 353 368

6.00 AM **FILM The September Issue** (2009, 12) ★★★
7.45 **My Icon**
8.00 **Ava Gardner...**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The British**
12.00 NOON **Hollywood Couples**
1.00 PM **Richard E Grant's Hotel Secrets**
2.00 **FILM September Issue**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **The British**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **NEW Well Groomed**
10.50 **3½ Minutes, 10 Bullets**
12.40 AM **Dennis Hopper: Uneasy Rider**
2.00 **Off Camera**
3.15 **PL Legends**
3.55 **Discovering**
5.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

Sky Nature
130 130 893 279 385 372

6.00 AM **City Wildlife Rescue** New editions
7.00 **Monkey Life**
8.00 **Living Beach** New edition
9.00 **Zambia Untamed**
10.00 **Wildest New Zealand**
11.00 **Wild Birds of Australia** New edition
12.00 NOON **Wild Rockies** New edition
1.00 PM **Monkey Life**
2.00 **Living Beach**
3.00 **Zambia Untamed**
4.00 **Wildest New Zealand**
5.00 **Wild Birds of Australia**
6.00 **Wild Rockies**
7.00 **Monkey Life**
8.00 **Into the Wild: India** New edition
9.00 **Brazil Untamed** New edition The capybara.
10.00 **Wild Rockies**
11.00 **Wild Birds of Australia**
12.00 M'T **Amazing Animal Friends**
1.00 AM **Land of Primates**
2.00 to 6.00 AM **Highlights**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **Botched**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
2.30 **In the Room**
3.00 **Khloe and Lamar**
4.00 **Hollywood Medium with Tyler Henry**
6.00 **Keeping Up with the Kardashians** Six editions, including at: **9.30** Kim suffers from exhaustion.
10.00 **Botched** Help for a woman whose breasts failed to develop. **11.00** Paul Nassif sends a 'dinosaur nose' back to the Jurassic era.
12.00 M'T **Temptation Island**
1.00 AM **Wags Atlanta**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 to 5.00 AM **Stewarts and Hamiltons**

Food Network
140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** Double bill.
8.00 **Giada in Italy** New editions Double bill.
9.00 **Val's Home Cooking**
10.00 **Farmhouse Rules**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **James Martin: Sweet** Double bill.
3.00 **Ainsley's Market Menu**
4.00 **Burgers, Brew & 'Que** New editions Double bill.
5.00 **The Pioneer Woman**
6.00 **Heston Blumenthal: In Search of Perfection**
7.00 **Rick Stein's Spain**
8.00 **River Cottage Veg**
9.00 **Ramsay's Ultimate Home Cooking**
10.00 **John Torode's Korean Food Tour**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 to 3.30 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **Knightfall**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 **Police Patrol**
1.40 AM **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 to 4.00 AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.10 AM **The A-Team**
11.15 **Knight Rider**
12.20 PM **FILM The Denver and Rio Grande** Western adventure. (1952, U, 89min) ★★★
2.10 **FILM The Kansan** Western adventure. (1943, U, 100min) ★★
4.00 **The A-Team** (S5)
6.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Trucking Hell**
9.00 **FILM Tango & Cash** Thriller starring Sylvester Stallone. (1989, 18, 100min) ★★★
11.10 **FILM Born to Raise Hell** Action adventure. (2010, 18, 92min) ★★
1.05 AM **19-2**
2.55 **Airwolf**
3.45 **Star**
4.30 **Now That's Funny!**
5.20 **Criminals: Caught on Camera**
5.50 to 6.00 AM **Access**

+1 hour 250 94

Sky Crime
121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Lovers**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked...**
9.00 **Killer Families** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
2.00 AM **Snapped**
3.00 **Murders That Shocked...**
4.00 **Brit Cops**
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** How the FBI identified a St Louis serial killer. **7.30** The hunt for a pyromaniac who police believed was responsible for torching more than 100 homes.
8.00 **Something's Killing Me** Investigations into medical mysteries.
9.00 **It Takes a Killer**
10.00 **Evidence of Evil** A forensic investigation was needed to lead police to those responsible after a body was found in a canal.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** As 1.00pm.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** In Cumbria.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ambulance**
10.00 **Helicopter ER** New edition The crew rush to the scene of a bike crash on the motorway.
11.00 **Paranormal Lockdown UK** A haunted hotel.
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
10.00 **Ancient Aliens**
11.00 **Air Crash: Disasters Uncovered**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **WW2 Treasure Hunters** Digging up the remains of a Boulton Paul Defiant plane.
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 to 6.00 AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
7.00 **Say Yes to the Dress: The Big Day Updated**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Vegas Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Outdaughtered: Busby Quints** New edition
9.00 **Say Yes... UK**
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **Outdaughtered: Busby Quints**
1.00 AM **Say Yes... UK**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM **FILM Dating to Kill** Thriller with Clare Kramer and Mia Topalian. (2019, 12, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **The Highland Vet** New edition The work of vets.
10.00 **Secret Scotland with Susan Calman**
11.00 **The Dog Rescuers with Alan Davies**
1.05 **Conspiracy: Pearl Harbor Cover-Up**
2.05 **World's Deadliest Weather: Caught on Camera** Clip show.
3.10 to 4.00 AM **The Dog Rescuers with Alan Davies**

Quest
144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Le Salvager**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **The Repair Shop**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Gold Divers**
11.00 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 to 6.00 AM **Highlights**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Faking It: Tears of a Crime**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **The Nolans Go Cruising**
9.00 **My 4 Wives**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 to 6.00 AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A backyard oasis.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 **G.A.S. Extreme Customs**

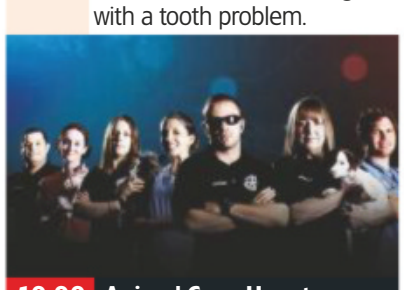
7.00 **Supertruckers** The firm stand to attention with two huge military moves – which include shifting 17 armoured vehicles.
8.00 **Texas Metal** Bill and the team transform a rusted 1968 Bronco roadster into a high-powered off-roading truck.
9.00 **G.A.S. Extreme Customs** New edition Dave Shuten gets his chance to compete at the Grand National Roadster Show.
10.00 **Street Outlaws: Memphis** New edition JJ gets a call out from Chris Bromley and his Fox Body Mustang drivers.
11.00 **Fast N' Loud** The Monkeys race to finish the Datsun.
12.00 M'T **G.A.S. Extreme Customs**
1.00 AM **Street Outlaws: Memphis** As 10.00pm.
2.00 **Deadliest Catch**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Great White Appetite**
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** Coyote views jaguars.
2.30 **Meet the Penguins**
3.00 **Miami Animal Police**
4.00 **Dr Dee: Alaska Vet**
5.00 **The Zoo** A look at daily life in the Bronx Zoo.
6.00 **Bondi Vet** A Sumatran tiger with a tooth problem.



10.00 **Animal Cops Houston**

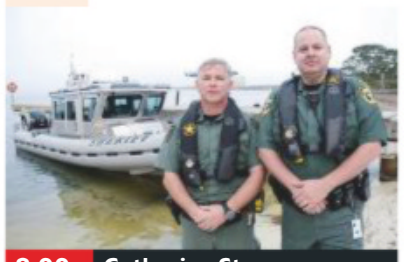
7.00 **Animal Cops Philadelphia** Vet Rachel Lee is determined to save an injured dog that has a deep wound on its neck.
8.00 **Alaska: The Last Frontier** With predators closing in, Otto creates a calf caboose for his spring cattle drive.
9.00 **Alaska: The Last Frontier** Atz Lee and Jane build a makeshift greenhouse from cast-off supplies.
10.00 **Animal Cops Houston** SPCA's investigators are called to an affluent suburb in the Houston area to rescue horses.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Reach for the Stars**
9.00 **Supercars** The Lexus LFA.
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Sunken Treasures Revealed: Drain the Ocean**
4.00 **Car S.O.S** Fuzz and Tim restore a Japanese off-roader. **5.00** Fuzz and Tim secretly restore a Fiat 500.
6.00 **Drain the Oceans: Deep Dive** The undersea sites of ancient lost civilisations.



8.00 **Gathering Storm**

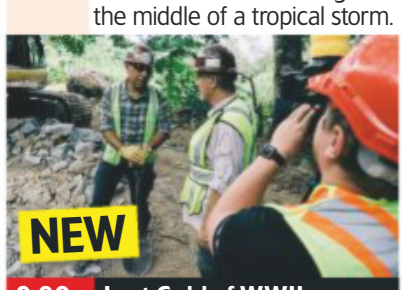
7.00 **Air Crash Investigation** How Captain Frank Geib saved Northwest Airlines Flight 85 from a disaster in 2002.
8.00 **Gathering Storm** New edition Investigating what level of devastation three major storms will wreak on the USA's Gulf coast.
9.00 **X-Ray Earth** A look at the world's largest volcano, located underneath Yellowstone National Park.
10.00 **Doomsday Earth** Experts examine the likelihood of a natural disaster in the wake of the Japanese earthquake of 2011.
11.00 **Mayday**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** Agents stop a couple travelling to Punta Cana.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Counting Cars**
11.00 **Ancient Aliens**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick and Chumlee snap up some iconic set pieces from *The Terminator* movie in LA.
6.00 **Swamp People** Troy risks a treacherous lake crossing in the middle of a tropical storm.



9.00 **Lost Gold of WWII**

7.00 **Forged in Fire** Four smiths pay homage to US presidents by forging George Washington's colichemarde.
8.00 **Flipping Bangers** British car enthusiasts Will and Gus head to London to buy a 1973 Mk 4 Spitfire to flip for a profit.
9.00 **NEW SERIES Lost Gold of WWII** John Casey returns with a new team to search for General Yamashita's buried gold.
10.00 **NEW SERIES Amazon Gold Hunters** A group of unemployed construction workers travel to the Amazon to hunt for gold.
11.00 **Storage Wars** Jarrod and Ivy battle between buying sprees.
11.30 **Storage Wars**
12.00 M'T **The UnXplained with William Shatner**
1.00 AM **Flipping Bangers**
2.00 **Ancient Aliens**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Ice Bridge: Expedition Across the Atlantic**
7.10 **Abandoned Engineering**
8.00 **Royal Murder Mysteries**
9.00 **Nazi Hunters**
10.00 **The Architecture The Railways Built**
11.00 **Abandoned Engineering**
12.00 NOON **The Architecture...**
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The...**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters**

9.00 **Bangers and Cash**

7.00 **Great British Railway Journeys** Michael Portillo visits Morecambe Bay. **7.30** The history of the Settle-Carlisle line. **7 PM**
8.00 **Chris Tarrant: Extreme Railway Journeys** Chris rides through Argentina, starting his journey in Buenos Aires. **8 PM**
9.00 **Bangers and Cash** Behind the scenes of a North Yorkshire-based, family-run historic car auction business. **9 PM**
10.00 **Bangers and Cash** A Chevy panel van and a 1980s Brooklands Capri tempt auctioneer Derek out of Yorkshire. **10 PM**
11.00 **Open All Hours** Arkwright tries to make Nurse Gladys Emmanuel jealous.
11.35 **Open All Hours**
12.20 AM **Open All Hours**
1.00 **WW2 – Battles for Europe**
2.00 **to 3.00** AM **Ice Bridge: Expedition Across the Atlantic**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **American Revolution**
10.00 **How Trains Changed the World**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Falklands Hero: Bravo November**
5.00 **How Trains Changed...**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Against the Odds**
11.00 **Bullet Points**
12.00 M'T **Expedition...**
1.00 AM **America: Facts...**
2.00 **Against the Odds**
3.00 **Bullet Points**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Echo: Unforgettable Elephant**
11.00 **Galapagos**
12.00 NOON **Natural Curiosities**
1.00 PM **Madagascar**
2.00 **Russia from Above**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Echo: Unforgettable...**
5.00 **Galapagos**
6.00 **Natural Curiosities**
7.00 **Madagascar**
8.00 **Russia from Above**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Echo: Unforgettable...**
11.00 **Galapagos**
12.00 M'T **Natural Curiosities**
1.00 AM **Madagascar**
2.00 **Russia from Above**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Out There With Jack Randall** Triple bill.
12.00 NOON **Wild Animal A&E** Treating opossums.
1.00 PM **Africa's Wild Side**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Fish** Examining reports of freshwater sharks found in the Amazon river.
8.00 **NEW Volcano Sharks** An island in the Indian Ocean that has become a hot spot for sharks.
9.00 **NEW Shark Vs Surfer** Harrowing cases of shark attacks on surfers.
10.00 **Cannibal Sharks** Analysing astonishing evidence of sharks attacking each other.
11.00 **Sharkatraz**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Wild Side**

Sky History 2

163 163 894 272 330 390

8.00 AM **Custer: The Final Mystery**
9.00 **The Colour of War**
10.00 **Sean Bean on Waterloo**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Wild West Tech**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **WW2 Treasure Hunters** Stories behind wartime artefacts.
8.00 **In Search Of** Investigating Facebook's AI project, which was shut down in 2017.
9.00 **Empires of Blood** The Celtic warlords.
10.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Empires of Blood**
3.00 **WW2 Treasure Hunters** As 7.00pm.
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.35 **Genghis Khan**
9.45 **The Civil War**
11.50 **Plane Resurrection**
1.00 PM **China Quake**
2.05 **Genghis Khan**
3.15 **The Civil War**
5.20 **Plane Resurrection**
6.30 **Genghis Khan** Profile of the Asian conqueror, suggesting it was his ability as a statesman and ruler that propelled him into the history books as one of the greatest military leaders.
7.45 **The Civil War** Exploring the origins of the American Civil War.
9.50 **Plane Resurrection** A look at a restored example of the clipped-wing version of the Spitfire.
11.00 **The Civil War**
1.05 **to 2.00** AM **China Quake**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
9.00 **The First 48: The Detective Speaks**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **What the Killer Did Next**
1.00 PM **Nightmare in Suburbia**
2.00 **Shallow Grave**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **999: Killer on the Line**
10.00 **Crimes That Shook Britain** Joanna Dennehy.
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in...**
2.00 **What the Killer Did...**
3.00 **Shallow Grave**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Sprinter** Drama. (2018, 15, 114min) ★★★
8.00 **The Goldfinch** Drama. (2019, 15, 149min) ★★★
10.30 **The 2020 Top Ten Show**
10.45 **PREMIERE The Guardian**
12.45 PM **It: Chapter Two** (2019)
3.45 **The Runaways** Drama. (2019, 12, 113min) ★★★
5.45 **Preview Trolls World Tour**
6.00 **PREMIERE The Guardian** Drama. (2020, 12) ★★★
See review, page 22

6.00 The Guardian

8 PM

8.00 **It: Chapter Two** Concluding part of the adaptation of Stephen King's horror novel, starring Jessica Chastain, James McAvoy and Bill Hader. Twenty-seven years after their first encounter with the terrifying Pennywise, the Losers Club have grown up and moved away, until a devastating phone call brings them back to face their demons. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11 PM

11.00 **The Last Black Man in San Francisco** Drama with Jimmie Fails. (2019, 15, 121min) ★★★
1.15 AM **Bad Education** Drama starring Hugh Jackman. (2019, 18, 108min) ★★★
3.15 **The 2020 Top Ten Show**
3.30 **The Heist of the Century** Argentinian comedy starring Guillermo Francella. Subtitled. (2020, 15, 114min) ★★
5.30 **to 6.00** AM **Monster Family: Special**

Sky Cinema Disney

305 305 846 405 505

6.55 AM **Bedknobs and Broomsticks** As 11.45pm.
8.55 **101 Dalmatians** As 9.50pm.
10.45 **Dumbo** As shown at 6.00pm.
12.40 PM **Inside Out** As 8.00pm.
2.20 **The Sword in the Stone** Animated adventure. (1963, U, 75min) ★★★
3.45 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
6.00 **Dumbo** Fantasy adventure starring Colin Farrell. (2019, PG, 112min) ★★★

3.45 National Treasure

8.00 **Inside Out** Animation featuring the voice of Amy Poehler. The team in charge of a girl's emotions face a crisis when she has to move to a new city. (2015, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **101 Dalmatians** Live-action adventure starring Glenn Close as a fashion victim with plans to make a coat out of Dalmatian puppies. (1996, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Bedknobs and Broomsticks** Fantasy combining live action and animation, starring Angela Lansbury and David Tomlinson. (1971, U, 117min) ★★★★
1.45 AM **Recess: School's Out** Animated comedy featuring the voice of James Woods. (2000, U, 83min) ★★
3.20 **The Sword in the Stone** As shown at 2.20pm.
4.50 **to 7.10** AM **National Treasure** As shown at 3.45pm.

Sky Cinema Family

306 306 847 406 506

7.20 AM **Mission: Panda** Animation, as 1.25am.
9.00 **Four Kids and It** As 6.00pm.
11.00 **Bernie the Dolphin** As shown at 3.05am.
12.40 PM **An Elephant's Journey** Drama. (2018, PG) ★★★
2.30 **A Boy Called Sailboat** Drama, as shown at 9.55pm.
4.10 **Rio** As shown at 11.35pm.
6.00 **Four Kids and It** Fantasy starring Matthew Goode. (2020, PG, 110min) ★★★

6.00 Four Kids and It

8.00 **The Nutcracker and the Four Realms** Fantasy starring Mackenzie Foy. A girl is transported into a magical world of gingerbread soldiers and an army of mice. (2018, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **A Boy Called Sailboat** Family drama starring JK Simmons, Jake Busey and Noel Gugliemi. (2017, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Rio** Animated comedy featuring the voices of Jesse Eisenberg and Anne Hathaway. (2011, U, 95min) ★★★★
1.25 AM **Mission: Panda** Animated adventure featuring the voices of Pauly Shore and Drake Bell. (2019, PG, 84min) ★
3.05 **Bernie the Dolphin** Adventure. (2018, U) ★★
4.45 **to 6.40** AM **The Nutcracker and the Four Realms** As shown at 8.00pm.

Sky Cinema Action

307 307 848 407 507

6.40 AM **The Wolf's Call** Thriller. (2019, 15, 115min) ★★★
8.40 **Never Grow Old** Western. (2019, 15, 105min) ★★★★
10.25 **The Kid** Western adventure. (2018, 15, 100min) ★★★
12.10 PM **Lethal Weapon 4** As 8pm.
2.20 **Jarhead: Law of Return** War drama. (2019, 15, 103min) ★
4.15 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
6.00 **300** Fantasy adventure. (2006, 15, 116min) ★★★★

4.15 300: Rise of an Empire

8.00 **Lethal Weapon 4** Action thriller sequel starring Mel Gibson and Danny Glover. The maverick LA cop duo tangle with a gangster from the Hong Kong underworld who is smuggling Chinese immigrants into the US. (1998, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Crank** Thriller starring Jason Statham and Jose Pablo Cantillo. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Desperado** Action thriller with Antonio Banderas and Salma Hayek. A stranger arrives in a small Mexican town to avenge his girlfriend's death at the hands of a local drugs lord. (1995, 18, 105min) ★★★
1.35 AM **Doom: Annihilation** Fantasy starring Amy Manson. (2019, 15, 96min) ★★
3.15 **300** As shown at 6.00pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.15 AM **Tootsie** As 1.30am.
9.15 **Lez Bomb** Comedy. (2018, 12, 90min) ★★
10.50 **Crazy Rich Asians** As 8pm.
12.55 PM **Howard... A New Breed of Hero** As 10.00pm.
2.55 **Summer Rental** Comedy. (1985, PG, 88min) ★★
4.30 **Arizona** Dark comedy. (2017, 15, 85min) ★★
6.00 **The 40 Year-Old Virgin** Comedy starring Steve Carell. (2005, 15, 116min) ★★★★

6.00 The 40 Year-Old Virgin

8.00 **Crazy Rich Asians** Comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Howard... A New Breed of Hero** Comedy fantasy starring Lea Thompson and Tim Robbins. (1986, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Arizona** Dark comedy, as shown at 4.30pm.
1.30 AM **Tootsie** Comedy starring Dustin Hoffman as an actor who lands a role by pretending to be a woman and becomes a soap opera star. With Jessica Lange. (1982, 15, 116min) ★★★★
3.30 **The 40 Year-Old Virgin** As shown at 6.00pm.
5.30 **to 7.10** AM **Summer Rental** As shown at 2.55pm.

primetime

Sky Cinema Hits

303 403 503

7.30 AM **Bad Times at the El Royale** Thriller. (2018, 15) ★★★★
10.00 **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
12.15 PM **All Is True** Period drama. (2018, 12, 105min) ★★★
2.00 **Armageddon** Sci-fi adventure. (1998, 12, 151min) ★★
4.45 **Tolkien** JRR Tolkien biopic. (2019, 12, 112min) ★★★★

6.45 **Spider-Man: Far From Home** Superhero adventure sequel starring Tom Holland. The webslinger's vacation leads to a battle with elemental monsters from another dimension. (2019, 12, 129min) ★★★★
9.00 **Once Upon a Time... in Hollywood** Drama starring Leonardo DiCaprio. A TV actor and his stunt double strive to achieve success during the final years of Hollywood's Golden Age. (2019, 18, 161min) ★★★★★

11.45 **Speed** Thriller starring Keanu Reeves. (1994, 15) ★★★★★
1.45 AM **The Fast and the Furious** Thriller. (2001, 15, 107min) ★★★
3.40 **Happy Death Day 2U** Comedy. (2019, 15, 100min) ★★★★
5.30 **to 7.20** AM **Juliet, Naked** Comedy. (2018, 15) ★★★

Sky Cinema Greats

304 304 845 404 504

6.00 AM **2001: A Space Odyssey** Sci-fi. (1968, U) ★★★★★
8.45 **Star Wars: Episode I – The Phantom Menace** (1999) ★★★
11.15 **Ghost** As shown at 8.00pm.
1.30 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★
3.30 **Clear and Present Danger** Thriller. (1994, 12, 141min) ★★★
6.00 **Blade Runner** Sci-fi thriller. (1982, 15, 117min) ★★★★★

8.00 **Ghost** Romantic fantasy starring Patrick Swayze and Demi Moore. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. With Whoopi Goldberg. (1990, 12, 127min) ★★★★★
10.10 **Zero Dark Thirty** Fact-based starring Jessica Chastain. Following the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for the Osama bin Laden. (2012, 15, 157min) ★★★★★

12.50 AM **Psycho** Alfred Hitchcock's notorious horror chiller. (1960, b/w, 15, 109min) ★★★★★
2.45 **The Gambler** Suspense drama. (1974, 18, 111min) ★★★
4.45 **to 6.15** AM **Robin Hood** Animated children's adventure. (1973, U, 80min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.30 **Off Set**
7.50 **Sherlock Holmes and the Spider Woman** (1944) ★★★
9.00 **Action in the North Atlantic**
11.40 **The Quick Gun** (1964) ★★
1.30 PM **The Adventures of Sherlock Holmes** (1939)
3.20 **The Hound of the Baskervilles** Mystery. (1939) ★★★★★
5.00 **Badlands of Dakota** (1941)

6.20 **Air Force** World War Two aviation drama about the crew of a B-17 Flying Fortress in the aftermath of the Japanese attack on Pearl Harbor. Stars John Garfield and Gig Young. (1943, b/w, PG, 125min) ★★★
8.40 **Off Set**
9.00 **The Outlaw Josey Wales** Western starring Clint Eastwood. A Missouri farmer joins a band of Confederate guerrillas after his wife and child are killed. (1976, 18, 130min) ★★★★★

11.45 **Night of the Living Dead** (1968)
1.35 AM **Frantic** (1988) ★★★★
3.40 **Hollywood's Best Directors**
5.00 **Close Up** Jennifer Lawrence.
5.30 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Cast a Dark Shadow** (1955)
7.40 **Man from Tangier** (1957) ★★
9.00 **Sir Francis Drake** 5/26. (S1)
9.30 **Piccadilly Third Stop** Thriller. (1960, b/w, PG, 90min) ★★
11.15 **Profile** Thriller. (1954) ★★
12.35 PM **High Tide at Noon** Drama. (1957, b/w, PG, 111min) ★★
2.40 **Barnacle Bill** (1957) ★★★
4.25 **The Magnet** Ealing comedy. (1950, U, 79min) ★★★

6.00 **Johnny Come Lately** Drama starring James Cagney as a wanderering journalist who helps a small-town publisher expose corrupt local politicians. (1943, b/w, U, 97min) ★★
8.00 **Hannay** 4/6. (S1)
9.00 **Special Branch** 7/13. (S4)
10.00 **The Gentle Touch** 6/7. (S1)
11.00 **Fools' Parade** Comedy starring James Stewart. Three ex-cons tangle with a crooked bank manager and their ex-guard. (1971, 12, 98min) ★★★

1.00 AM **The Magic Christian** Satirical comedy starring Peter Sellers. (1969, 15, 101min) ★★
2.50 **Subway in the Sky** Thriller. (1958, b/w, PG, 85min) ★★
4.35 **Date with Disaster** Drama. (1957, b/w, U, 61min) ★★
5.50 **to 6.00** AM **Fiddlers All**

Horror

317 149 70 138

8.00 AM **Under the Dome** 2/13. (S3)
9.00 **Star Trek: The Next Generation** 22/22. (S2)
10.00 **Star Trek** 22/24. (S3)
11.00 **Torture Garden** (1967, 15) ★★
1.00 PM **The Mummy** Horror. (1959, PG, 88min) ★★★
3.00 **Space 1999** 19/24. (S2)
4.00 **End of the World** Disaster thriller. (2018, PG, 88min) ★★
6.00 **Star Trek** 23/24. (S3)

7.00 **Star Trek: The Next Generation** *Evolution:* 1/26. The crew are in mortal danger. (S3)
8.00 **First Wave** *The Plan:* 10/22. Mabus prepares to battle Acolyte generals. (S3)
9.00 **Mary Shelley's Frankenstein** Kenneth Branagh's horror co-starring Robert De Niro. Victor Frankenstein builds a living being from stolen body parts, but when he rejects his creation, the creature vows revenge. (1994, 15, 123min) ★★★

11.20 **Summer Camp** Horror. (2015, 15, 81min) ★★★
1.00 AM **Exists** Horror. (2013) ★★
2.35 **to 4.30** AM **Dr Terror's House of Horrors** Horror thriller. (1964, PG, 98min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.10 AM **Strange But True** Drama. (2018, 12, 96min) ★★
8.00 **Killers Anonymous** (2019) ★
9.50 **The Untouchables** As 9pm.
12.00 NOON **Spider in the Web** Thriller. (2019, 15, 113min) ★★
2.05 PM **The Operative** Thriller. (2019, 15, 116min) ★★★
4.05 **Ride** Thriller. (2017, 15) ★★
5.35 **Poseidon** Disaster thriller. (2006, 12, 98min) ★★★
7.20 **Blood on Her Name** Thriller. (2019, 15, 85min) ★★★

9.00 The Untouchables

Blood on Her Name (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Untouchables** Brian De Palma's gangster thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. With Andy Garcia. (1987, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **A Good Woman Is Hard to Find** Crime thriller starring Sarah Bolger, Edward Hogg and Andrew Simpson. (2019, 18, 97min) ★★★★
12.50 AM **Grand Isle** Thriller starring Nicolas Cage, Kelsey Grammer and KaDee Strickland. (2019, 15, 97min) ★★
2.40 **Poseidon** As 5.35pm.
4.30 **to 6.15** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Tyrel** As 4.00pm.
7.45 **Papillon** As 5.45pm.
10.00 **Corpus Christi** As 12.20am.
11.55 **Her Smell** As 10.00pm.
2.10 PM **Being Frank** Comedy. (2018, 12, 109min) ★★
4.00 **Tyrel** Comedy starring Jason Mitchell and Christopher Abbott. (2018, 15, 86min) ★
5.45 **Papillon** Drama starring Charlie Hunnam, Rami Malek and Michael Socha. (2017, 15, 133min) ★★★

10.00 Her Smell

8.00 **Closer** Relationship drama starring Jude Law, Julia Roberts, Natalie Portman and Clive Owen as four strangers who become romantically entangled after a series of chance meetings in modern-day London. (2004, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Her Smell** Drama starring Elisabeth Moss. A self-destructive punk rocker struggles with sobriety while trying to recapture the creative inspiration that led her band to success. (2018, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Corpus Christi** Polish drama starring Bartosz Bielenia. Subtitled. (2019, 15, 115min) ★★★★
2.20 **Being Frank** As 2.10pm.
4.20 **to 6.00** AM **A Wedding for Christmas** Romantic drama. (2018, PG, 90min) ★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **The Nun** As 1.20pm.
7.50 **The Curse of La Llorona**
9.35 **Prey** Horror. (2018) ★★★
11.15 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★
1.20 PM **The Nun** Horror thriller. (2018, 15, 96min) ★★★
3.10 **The Curse of La Llorona** Horror. (2018, 15, 93min) ★★
5.00 **Star Trek: Generations** Sci-fi. (1994, PG, 118min) ★★★
7.00 **Star Trek: First Contact** Sci-fi. (1996, 12, 110min) ★★★★

7.00 Star Trek: First Contact

Star Trek: First Contact (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Trek: Insurrection** Sci-fi adventure starring Patrick Stewart. The crew of the *Enterprise* set out to defend the population of a magical planet. With Brent Spiner. (1998, PG, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Star Trek: Nemesis** Sci-fi adventure starring Patrick Stewart and Jonathan Frakes. (2002, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Satanic Panic** Comedy horror. (2019, 18) ★★★
2.20 **Slender Man** Horror thriller. (2018, 15, 90min) ★
4.00 **Evil Dead 2** Horror comedy. (1987, 18, 85min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.00 AM **The Amazing Spider-Man** As 12.35am.
8.20 **The Amazing Spider-Man 2**
10.45 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★
1.00 PM **Star Wars: The Rise of Skywalker** Fantasy adventure. (2019, 12, 142min) ★★★
3.25 **Twilight** Fantasy thriller. (2008, 12, 122min) ★★★
5.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★

10.20 Pacific Rim

8.00 **Angels & Demons** Thriller with Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Pacific Rim** Sci-fi action thriller starring Charlie Hunnam and Idris Elba. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Amazing Spider-Man** Fantasy. (2012, 12, 136min) ★★★
2.55 **The Amazing Spider-Man 2** Fantasy. (2014, 12) ★★★
5.20 **to 7.05** AM **Tarzan** Animation. (1999, U, 88min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **McLintock!** Comedy Western, an updated version of *The Taming of the Shrew*. (1963, U, 127min) ★★★
1.40 PM **Flying Tigers** Adventure. (1942, b/w, PG, 103min) ★★
3.55 **The Professionals** Western. (1966, PG, 117min) ★★★★
6.25 **The Second Best Exotic Marigold Hotel** Comedy drama sequel with Dev Patel. (2015, PG, 122min) ★★★

11.10 Macbeth

Gods of Egypt (film started at 6.25pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Assassin's Creed** Action adventure with Michael Fassbender and Marion Cotillard. A convict is transported into the body of his 15th-century ancestor, an assassin battling a secret society. (2016, 12, 115min) ★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.10 **Macbeth** Shakespeare's tragedy, with Michael Fassbender and Marion Cotillard. A Scottish nobleman usurps the throne, but is consumed by paranoia as he strives to maintain his rule. (2015, 15, 110min) ★★★★★ **11 PM**
1.25 **to 3.35** AM **The Purge: Anarchy** Horror sequel. (2014, 15, 101min) ★★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Bad For Each Other** Drama. (1953, U, 83min) ★★
7.45 **Nocturne** Detective thriller. (1946, b/w, PG, 88min) ★★★
9.35 **Lady Luck** (1946, PG) ★★★
11.30 **The Wrong Box** Black comedy. (1966, U, 101min) ★★★
1.40 PM **Wuthering Heights** Drama. (1939, b/w, U, 104min) ★★★★
3.50 **Georgy Girl** Drama. (1966, b/w, 15, 100min) ★★★

5.55 **A Farewell to Arms** World War One drama based on Ernest Hemingway's novel, starring Rock Hudson and Jennifer Jones. A hospitalised American Red Cross ambulance driver falls in love with his English nurse. (1957, PG, 150min) ★★
9.00 **Young Winston** Biopic starring Simon Ward as a young Winston Churchill during his years as a war correspondent. With Robert Shaw and Anne Bancroft. (1971, PG, 157min) ★★★

11.50 **Awakenings** (1990) ★★★★
2.10 AM **Anything for a Friend** Western. (1973, 12, 90min) ★★
4.00 **The War in the Jungle**
5.00 **to 6.00** AM **The War in the Desert**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Menu for Murder** Mystery. (1990, PG, 96min) ★★
11.00 **Sins of The Preacher** Thriller. (2013, 15, 100min) ★★
1.00 PM **Lost Letter Mysteries: From the Heart** (2016) ★★
2.50 **The Boy She Met Online** Crime mystery. (2010, PG, 89min) ★★
4.50 **Groundhog Day** Fantasy comedy starring Bill Murray. (1993, PG, 103min) ★★★★★

6.55 **What About Bob?** Comedy starring Richard Dreyfuss as an egotistical psychiatrist whose life is turned upside down by a neurotic patient. With Bill Murray and Julie Hagerty. (1991, PG, 99min) ★★★★
9.00 **Sleeping with the Enemy** Suspense thriller starring Julia Roberts as a battered wife who flees her psychopathic husband. With Patrick Bergin, Elizabeth Lawrence and Kevin Anderson. (1991, 15, 100min) ★★

11.00 **Summer of Sam** Drama. (1999, 18, 142min) ★★★★
1.50 AM **Criminal Activities** Thriller. (2015, 15, 94min) ★★★
3.55 **to 6.00** AM **I Spy** Comedy. (2002, 12, 96min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Anything for a Friend** Western. (1973, 12, 90min) ★★
7.50 **The Thing... from Another World** Sci-fi. (1951, b/w) ★★★
9.30 **The Body Snatcher** (1945)
11.05 **The Great Train Robbery**
1.00 PM **Age of the Gunslinger** Western. (2009, 12) ★★
3.15 **Ike: Countdown to D-Day** Drama. (2004, PG) ★★★
5.05 **The War Lover** (1962) ★★★

7.15 **Deadly Skies** Thriller starring Antonio Sabato Jr. A scientist tries to convince the Earth that it is in imminent danger from an asteroid strike before it is too late. With Rae Dawn Chong. (2006, PG, 89min) ★★
9.00 **Belly of the Beast** Action thriller starring Steven Seagal as an ex-CIA agent attempting to rescue his daughter from kidnappers in Thailand. With Byron Mann and Monica Lo. (2003, 15, 88min) ★★★

10.50 **Drive** Thriller with Ryan Gosling. (2011, 18, 100min) ★★★★★
12.50 AM **Breakout** Action thriller. (2013, 15, 85min) ★
2.35 **to 4.00** AM **Runaway** Thriller. (2014, 12, 84min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Second Chance Christmas** Comedy. (2017, PG, 120min) ★★
9.00 **The Christmas Cure** Festive drama. (2017, PG, 87min) ★★
11.00 **Miss Christmas** (2017) ★★
1.00 PM **Christmas Pen Pals** Festive drama. (2018, PG, 90min) ★★
3.00 **Christmas Joy** Romantic drama. (2018, PG, 90min) ★★
5.00 **The Christmas Card** Romantic drama. (2006, PG, 84min) ★★

7.00 **Switched at Christmas** Festive drama with Candace Cameron Bure and Eion Bailey. Polar-opposite twins swap places in the run-up to Christmas, and begin to appreciate their own lives. (2017, PG, 90min) ★★
9.00 **Finding Santa** Festive romance starring Jodie Sweetin. An event planner must persuade a real-life Scrooge to find his festive spirit and become Santa in time for a Christmas parade. (2017, PG, 90min) ★★

11.00 **Christmas Next Door** Festive drama. (2017, PG, 86min) ★★
1.00 AM **Love Always, Santa** Festive drama. (2016, PG, 99min) ★★
3.00 **to 5.00** AM **Holiday for Heroes** Drama. (2019, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Mike and Dave Need Wedding Dates** *E4* Comedy starring Zac Efron, Anna Kendrick and Adam Devine. ★★
9.00 **Ghost Rider** *5STAR* Adventure starring Nicolas Cage. ★★
9.00 **The Babadook** *Syfy* Horror starring Essie Davis and Noah Wiseman. ★★★★
9.00 **Tango & Cash** *Paramount Network* Action thriller. ★★★
10.00 **American Sniper** *ITV4* Biopic about sniper Chris Kyle, starring Bradley Cooper. ★★★★
10.00 **John Tucker Must Die** *Comedy Central* Revenge comedy starring Jesse Metcalfe, Brittany Snow and Ashanti. ★★
10.30 **Final Score** *Sky One* Action drama with Dave Bautista. ★★★
11.00 **Battle Star Wars** *Syfy* Sci-fi drama starring Alyson Gorske and Aimee Stolte. ★★
11.05 **Homefront** *Channel 5* Thriller with Jason Statham. ★★★
11.10 **Born to Raise Hell** *Paramount Network* Action thriller. ★★
11.15 **Drive Angry** *5STAR* Supernatural action thriller starring Nicolas Cage and Amber Heard. ★★★

MONDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News** The latest sports news and updates.
7.00 **Sky Sports News** The latest sports news and developments.
8.00 **LIVE ANZ Premiership Netball Tactix v Magic.** Coverage of the match from the fifth round of fixtures, taking place at Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **My Icon: Johnny Nelson** The former world champion boxer discusses the individuals that have inspired him in his life and career.
10.00 **The Football Show**
12.00 NOON **Sky Sports News** The latest sports news and updates.
1.00 PM **Sky Sports News** The latest sports news and developments.
7.00 **Sky Sports News** A round-up of this evening's sports news.
7.30 **LIVE MNF Manchester United v Southampton.** All the action from the Premier League clash at Old Trafford. Kick-off **8.00pm**.
10.30 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Ian Wright**
7.30 **Premier League** Wolverhampton Wanderers v Everton.
10.00 **The Football Show**
12.00 NOON **PL Best Goals 14/15**
1.00 PM **PL Greatest Games**
1.15 **Best PL Goals: Man City v Liverpool** Memorable strikes.
1.45 **Premier League** Action from Tottenham Hotspur v Arsenal.
4.00 **Premier League** Action from Bournemouth v Leicester City.
7.30 **LIVE MNF Manchester United v Southampton.** All the action from the Premier League clash at Old Trafford. Kick-off **8.00pm**.
10.30 **Gary Neville's Soccerbox** With guest Matt Le Tissier.
11.00 **MNF Extra: Terry & Souness**
12.00 M'T **PL Best Goals 14/15**
1.00 AM **Premier League Years** Classic games, infamous blunders and moments of skill from the 2000/2001 season.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 15/16**
5.00 **Best PL Goals: Man City v Liverpool** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Final L2 15/16**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Play Off Final L2 16/17**
3.30 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **EFL Championship Highlights**
7.00 **LIVE EFL League 1 Play-off Final** Coverage from Wembley Stadium. Kick-off **7.30pm**.
10.00 **SPFL Greatest Games**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 08**
1.00 AM **EFL Play Off Finals**
3.00 **Championship Review 16/17**
4.00 **to 6.00** AM **EFL Cup Retro 11**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Windies**
8.00 **Captain's Log**
12.00 NOON **Test Cricket**
1.00 PM **Cricket Debate**
1.45 **Test Cricket**
2.45 **Cricket Debate**
3.30 **Test Cricket**
4.30 **Cricket Debate**
5.15 **Test Cricket**
6.15 **Cricket Debate**
7.00 **Test Cricket** England v West Indies: Action from the fifth and final day of the first Test at the Ageas Bowl in Southampton.
8.00 **Cricket Debate** Discussion on England v West Indies.
8.45 **Cricket Masterclass**
9.15 **Test Cricket Bitesize**
10.30 **Cricket Masterclass**
11.00 **Mind Games: The Zone**
11.30 **Mind Games: Good Enough?**
12.00 M'T **Mind Games: The Hard Yards** Exploring what it takes to be a bowler at the highest level.
12.30 AM **Mind Games: The Next Frontier** Investigating what the future holds for cricket.
1.00 **Best of the 2014 Blast**
5.00 **Masterclass: Curtly Ambrose**
5.30 **to 6.00** AM **Masterclass: Kevin Pietersen**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
8.00 **Hall or Nothing: Georgia's Story** The story of Georgia Hall.
9.00 **Nick Dougherty's Tee Time Tips** Golf tips from the Ryder Cup.
9.30 **Golf Pass with Rory McIlroy**
10.00 **PGA Tour Golf** The final day of the Workday Charity Open.
3.00 PM **Chronicles of a Champion Golfer** Double bill of editions.
4.00 **Feherty Talks To**
5.00 **PGA Tour Golf** Action from the 2014 Memorial Tournament.
6.00 **PGA Tour Golf** Action from the 2015 Memorial Tournament.
7.00 **PGA Tour Golf** A review of the Workday Charity Open.
8.00 **1999: The Toughest Open** Highlights from Carnoustie.
9.00 **How the 2016 Open Was Won** From Royal Troon Golf Club.
11.00 **PGA Tour Golf** As 7.00pm.
12.00 M'T **1999: The Toughest Open**
1.00 AM **How the 2016 Open Was Won** As shown at 9.00pm.
3.00 **1999: The Toughest Open**
4.00 **Feherty Talks To**
5.00 **Nick Dougherty's Tee Time Tips** Golf tips from the Ryder Cup.
5.30 **to 6.00** AM **Golf Pass with Rory McIlroy**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Champions League Magazine** News and features.
6.30 **Bundesliga Special: Top Goals**
7.00 **WWE SmackDown Highlights**
8.00 **ESPN FC** Football news.
8.30 **Premier League Review**
9.30 **Bundesliga Special**
10.30 **Sport in Focus: Cal Crutchlow**
10.45 **LIVE FIM CEV Repsol** Coverage of race one of the second round of the FIM CEV Repsol International Championship from the Algarve, Portugal.
3.00 PM **World RX Esports**
4.00 **ESPN FC** Football news.
4.30 **Champions League Magazine**
5.00 **Premier League Review**
6.00 **FIM CEV Repsol** Highlights of race one of the second round from the Algarve, Portugal.
9.00 **Fishing: On The Bank**
10.00 **World RX Esports**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Monday Night Raw** The latest wrestling coverage from America.
4.15 **Ligue 1 Goals of the Season**
4.30 **BT Sport Goals Reload**
5.00 **to 6.00** AM **Bundesliga Special**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **Moto3: Grand Prix of Japan**
7.30 **Moto2: Grand Prix of Japan**
8.30 **MotoGP: Grand Prix of Japan**
9.30 **MotoGP Films: MotoGP 2013 Review** A look back at the 2013 MotoGP season.
10.30 **World Rallycross Highlights**
11.30 **Inside Sailing**
12.30 PM **In Depth with Graham Bensinger** With Albert Pujols.
1.00 **Premier League Review**
2.00 **Hakim Ziyech: Wizard of AMS**
2.45 **What I Wore: Jamie Vardy**
3.00 **30 for 30: Bad Boys**
5.00 **30 for 30: Four Falls of Buffalo** Behind the scenes of Buffalo Bills' four trips to the Super Bowl during the early 1990s.
7.00 **What Went Down: David Haye** A look back at some of the biggest and most memorable fights involving David Haye.
9.00 **BT Sport Fight Night**
11.00 **30 for 30: The Two Escobars**
1.00 AM **30 for 30: Playing For The Mob** Documentary.
2.30 **30 for 30: Rand University**
3.30 **I Hate Christian Laettner**
5.00 **to 6.00** AM **ESPN Films: The Dotted Line**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1978/79** Four editions.
10.00 **Classic Premier League**
11.00 **Premier League: Best Goals 2015/16** Memorable strikes.
12.00 NOON **Football Archives: 1972/73** Classic action.
12.30 PM **Football Archives: 1973/74** Classic action.
1.00 **Football Archives: 1977/78**
1.30 **Playback – Football's Greatest Rivalries** The Merseyside Derby.
2.30 **Football Archives: UCL 92/93**
3.00 **Football Archives: UCL 93/94**
3.30 **MotoGP Classics: Shah Alam 1994** The Malaysian Grand Prix.
4.30 **MotoGP Classics: Assen 1993**
5.30 **UEFA Champions League Goals Show Retro**
6.30 **Ashes Classics – 1986/87**
9.00 **Dan Hardy's Open Mat**
9.30 **UFC** A look back at action from UFC 251 at the UFC Fight Island facility on Yas Island, Abu Dhabi.
12.30 AM **UFC Main Event: Diaz v Condit** Nick Diaz v Carlos Condit.
1.30 **UFC: The Ultimate Fighter**
2.30 **Dan Hardy's Open Mat**
3.00 **WRC Review: Rally Australia 2018**
4.00 **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **MVG Monday**
10.00 **Fight Night Classics**
12.00 NOON **NFL: Weekday Wildcards** Double bill.
2.00 PM **NFL Highlights** Green Bay Packers v Philadelphia Eagles.
3.00 **NFL: Rookies In Action 2018** Action from Philadelphia Eagles v New York Giants.
4.00 **NFL: Wildcard Highlights 18/19** Action from Chicago Bears v Philadelphia Eagles.
5.00 **NFL: Atlanta @ Philadelphia 2018** Philadelphia Eagles v Atlanta Falcons: Action from the NFC Divisional play-off match at Lincoln Financial Field.
6.00 **MVG Monday**
8.00 **NFL: A Football Life** Focusing on Cris Collinsworth.
9.00 **Pound 4 Pound: Golovkin** Action from Gennady Golovkin v Sergiy Derevyanchenko.
12.00 M'T **NFL Highlights** New Orleans Saints v Los Angeles Rams.
1.00 AM **NFL: America's Game** Revisiting New England Patriots' 2001 Super Bowl triumph.
2.00 **MVG Monday**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Fighting Fit 2020**
7.30 **Fit In 5: Abs & Core 1**
7.40 **Fit In 5: High Intensity Interval Training 2**
7.50 **Fit In 5 3**
8.00 **LIVE ANZ Premiership Netball Tactix v Magic.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Game Changers Revisited**
10.00 **PGA Tour Golf**
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5: Abs & Core 1**
5.40 **Fit In 5: High Intensity Interval Training 2**
5.50 **Fit In 5 3**
6.00 **ANZ Premiership Netball**
7.30 **Test Cricket** Action from England v West Indies at the Ageas Bowl.
12.30 AM **How the 2016 Open Was Won** From Royal Troon, Ayrshire.
2.30 **1999: The Toughest Open**
3.30 **Feherty Talks To**
4.30 **Nick Dougherty's Tee Time Tips**
5.00 **Masterclass: Curtly Ambrose**
5.30 **to 6.00** AM **Masterclass: Kevin Pietersen**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Graham Bensinger** Highlights show.
7.00 **ESPN SportsCenter**
7.15 **College Football Classics**
10.45 **ESPN SportsCenter**
11.00 **Haters: Anatomy of a Rivalry**
12.00 NOON **ESPN FC** Football show.
12.30 PM **In Depth with Graham...**
1.00 **ESPN SportsCenter**
1.15 **College Football Classics**
5.00 **ESPN SportsCenter: 25 Years**
6.00 **In Depth with Graham...**
6.30 **ESPN SportsCenter**
6.45 **ESPN Special**
7.15 **College Football Classics**
11.00 **The Basketball Tournament**
2.30 AM **MLB Prime 9: Animal Nicknames**
3.00 **MLB: Letters from Jackie...**
4.00 **MLB Classic: All-Star 1970**
4.30 **MLB Classic: All-Star 1971**
5.00 **MLB Classic: All-Star 1972**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Roland-Garros: Best of 2019** French Open highlights.
8.00 **Tour de France: Froome 2015**
11.00 **Superbikes: Vodcast**
1.00 PM **Athletics: Diamond League**
2.00 **Tour de France: Thomas 2018**
5.00 **Cycling: Road World Championships** Highlights from Richmond, Virginia.
6.00 **Superbikes: Vodcast** Interviews from the sport's leading riders and a look back at classic races.
8.00 **Tour de France: Thomas 2018** Action from stage six of the most prestigious race on the calendar, featuring an undulating 181km journey from Brest to Mûr de Bretagne Guerlédan.
11.00 **Tennis: Berlin Bett1 Aces**
12.00 M'T **World Poker Tour: Alpha 8**
1.00 AM **Hall of Fame – Greatest Cyclists**
2.00 **Tour de France: Thomas 2018**
5.00 **to 7.00** AM **Snooker: Trump v Higgins** The 2011 world final.

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Welsh Open 2014: O'Sullivan v Ding**
10.00 **Ultimate Tennis Showdown**
11.00 **LIVE Tennis: Berlin Bett1 Aces** Coverage of the quarter-finals of the exhibition at Steffi Graf Stadium in Berlin.
7.00 PM **Tennis: Berlin Bett1 Aces**
8.00 **WTCR Virtual Championship** Round five from Macau.
9.00 **Superbikes: MotoAmerica** Round two from Wisconsin.
10.00 **Best of Bikes – Brands Hatch 2007** Action from the classic British Superbikes race.
10.30 **Superbikes: Whit & Friends** Carl Fogarty looks back at memorable races.
11.30 **World Superbikes: Hockenheim 1996**
12.00 M'T **World Championship Final**
2.00 AM **Hall of Fame – London**
3.00 **Cycling: Virtual Tour de France**
5.00 **to 8.00** AM **Tour de France: Thomas 2018**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Super Rugby Classics**
8.00 **LIVE ANZ Premiership Netball Tactix v Magic.** Centre-pass **8.00am**.
9.30 **Netball World Cup**
11.15 **WNBA: Connecticut @ Washington**
1.00 PM **Super Rugby**
3.00 **Betfred Super League**
4.15 **Netball World Cup**
6.00 **ANZ Premiership Netball**
7.30 **NBA Retro Games: 2002 NBA Finals Game 4: Los Angeles Lakers Vs. New Jersey Nets**
9.30 **NBA: LA Lakers @ Dallas**
11.30 **NBA: Kidd & Hill**
12.00 M'T **Betfred Super League**
1.00 AM **Sporting Heroes: Gary Newbon Interviews Stirling Moss** A chat with the F1 great.
2.00 **Netball World Cup**
3.45 **WNBA: Connecticut @ Washington**
5.30 **to 6.00** AM **NBA: Kidd & Hill**

Sky Sports F1

406 406 860 | 516 506

As a result of the coronavirus pandemic, the sporting calendar has been distrupted.

At the time of going to press, Sky Sports was unable to supply accurate schedules for Sky Sports F1 this week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Tuesday

14 July

Evening Planner

Documentary

Amazing Hotels: Life Beyond the Lobby
BBC2 HD, 8pm
Giles Coren and Monica Galetti go hi-tech in Macau for Chinese New Year

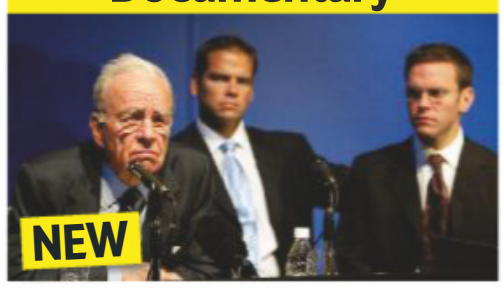
Drama

Lost on Everest
National Geographic HD, 9pm
A group of elite climbers go in search of Andrew Irvine's body and the camera film that could reveal what happened in 1924

Drama

The Plot Against America
Sky Atlantic HD, 9pm & 10.10pm
Charles Lindbergh becomes president in an alternative US history based on the Philip Roth novel, starring John Turturro

Documentary



The Rise of the Murdoch Dynasty
BBC2 HD, 9pm
Looking at the family's influence on politics, focusing on Tony Blair's election

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders...	8.00 Holby City		9.00 The Secrets She Keeps		10.00 News	
102 BBC2	7.00 Back in Time for Tea		8.00 Amazing Hotels: Life Beyond the Lobby		9.00 The Rise of the Murdoch Dynasty		10.00 Live at the Apollo	
103 ITV	7.00 Doc Martin		8.00 Who Wants to Be a Millionaire?		9.00 The Secret Mediterranean with Trevor...		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 Shocking Emergency Calls UK	
105 CHANNEL 5	7.00 Dogs Behaving (Very) Badly		8.00 This Week on the Farm		9.00 Our Yorkshire Farm		10.00 Prince Harry: The Troubled Prince	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own: European...		9.00 Film: Pacific Rim			
ENTERTAINMENT								
116 BBC4	7.00 River Walks...	7.30 The Joy of...	8.00 Rise of the Nazis		9.00 Ancient Invisible Cities		10.00 United Skates – Storyville	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island Australia: The Final			10.15 Celebrity Juice
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Britain's Most Historic Towns		10.00 999: On the Front Line – Alcohol and...	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Inbetweeners			10.05 Derry Girls
107 SKY WITNESS	7.00 Paramedics: Australia		8.00 Ghost Whisperer		9.00 9-1-1		10.00 Coroner	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 The Plot Against America			
110 GOLD	◂ 6.05 Only Fools and Horses					9.30 Bottom		10.05 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 This Country	
119 ITV3	◂ 6.30 Downton Abbey		8.00 Midsomer Murders				10.00 Law & Order: UK	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Giant Lobster Hunters		9.00 Gordon, Gino and Fred: American...		10.00 Film: Coogan's Bluff	
112 COMEDY CENTRAL	7.00 Friends		8.00 Film: The Dukes of Hazzard				10.00 Al Murray's Great British Pub Quiz	
152 SYFY	7.00 A Town Called Eureka				9.00 Spides		10.00 Film: Kill Bill: Vol. 1	
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 Inside the Vets		10.00 Louis Theroux: Gambling in Las Vegas	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Insecure	9.35 Betty		10.15 Girls
124 FOX	7.00 NCIS				9.00 American Dad!	9.30 Family Guy		
122 SKY ARTS	7.00 Tate Britain's Great British Walks		8.00 Landscape Artist of the Year 2019		9.00 Portrait Artist of the Year 2020		10.00 Florence & the Machine/Andra Day...	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Deadliest Catch		10.00 All on the Line	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 The Zoo		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Expedition Everest		9.00 Lost on Everest		10.00 Seconds from Disaster	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Flipping Bangers		9.00 The UnXplained		10.00 Mystery Weapons	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 David Jason: Planes, Trains and...		9.00 Open All Hours			
166 EDEN	7.00 Madagascar		8.00 Russia from Above		9.00 The Zoo	9.30 Jungle Planet	10.00 Fox Tales	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.05 Bad Education		8.00 The Parts You Lose			9.45 It: Chapter Two		
303 HITS	7.00 Men in Black 3				9.00 Men in Black: International			
304 GREATS	◂ 5.45 Unforgiven		8.00 Dirty Harry			9.45 The French Connection		
305 DISNEY	◂ 6.00 Maleficent: Mistress of Evil		8.00 Ratatouille				10.00 Tomorrowland: A World Beyond	
306 FAMILY	◂ 6.55 Dr Seuss' The Lorax			8.35 Underdog				10.10 Herbie Rides Again
307 ACTION	◂ 6.05 Twister		8.00 The Meg				10.00 Jaws	
308 COMEDY	◂ 6.20 Family		8.00 Drunk Parents			9.45 CRSHD		
309 THRILLER		7.15 Greta			9.00 Layer Cake			
310 DRAMA	◂ 5.45 Sorry Angel		8.00 Philadelphia					10.20 Motherhood
311 SCI-FI	◂ 6.25 Superman Returns				9.00 Batman v Superman: Dawn of Justice			
302 BLOCKBUSTERS	◂ 6.00 The Lion King		8.00 The Matrix					10.20 The Matrix Reloaded
313 FILM4	◂ 6.35 Life of Pi				9.00 Deadpool			
315 TCM MOVIES	◂ 6.30 Darby's Rangers				9.00 The Shepherd			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
403 FOOTBALL	7.00 EFL Championship Highlights				9.00 EFL Play Off Finals League 1 18/19		10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET	7.00 ICC World Cup Final Watchalong					9.45 World Cup Bitesize		
413 BT SPORT 1	7.00 The WRC...	7.30 Bundesliga Special		8.30 UEFA...	9.00 WWE Monday Night Raw			
414 BT SPORT 2	7.00 30 for 30: Believeland			8.30 Mic'd Up...	9.00 BT Sport Films: Stop The Tour			

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

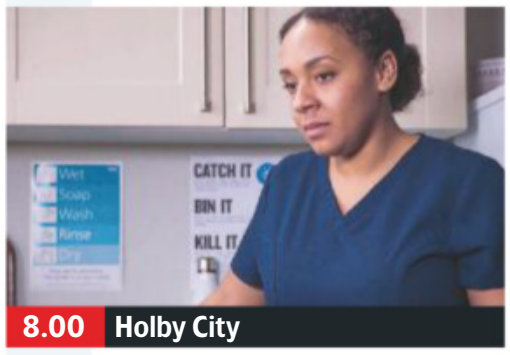
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 7/15. Artists create pieces for buyers in Cheddar. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 7/15. An insight into the maritime history of three items restored on the show. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Holby City

7 PM

7.00 **The One Show** A mix of nationwide reports and live studio-based chat. (S)
7.30 **EastEnders: Pride** A classic episode from 2019 featuring Walford's first Gay Pride. (S)(R)(AD)

8 PM

8.00 **Holby City** Nicky wakes up in hospital to find her mother interfering in both her work and personal life, while Fletch and Essie befriend a cancer patient, but the relationship forces all three to confront ugly truths. (S)(AD)

9 PM

9.00 **The Secrets She Keeps** New episode 4/6. A media campaign is launched to find the kidnapped baby. (S1) (S)(AD)
9.45 **Staged** 4/6. David and Michael struggle to regain each other's trust. (S1) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **I May Destroy You** Series finale 12/12. Arabella encounters her attacker, and asks Terry and Theo to help her get revenge. (S1) (S)(AD)
11.25 **How's Your Head, Hun? With Michelle Visage** New edition *The Prom:* 2/8. Michelle chats to Alan Carr and Joel McHale. (S)
12.00 M'T **Ambulance** 5/6. Chelsey and Dave treat a drink-driver. (S)(R)
1.00 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Home Is Where the Art Is** (R)
7.15 **The Repair Shop: Fixing Britain** 6/15. Espionage history. (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** Joe Swift meets Will Young. (S)(R)
9.00 **Into the Wild with Gordon Buchanan** 5/5. (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Best Bakes Ever** (S)(R)
2.30 **Wild China** (S)(R)(AD)
3.30 NEW **Sporting Legends: Lindsay Vonn** Profile of the skier. (S)
3.35 NEW SERIES **Olympics Rewind: Beijing 2008** 1/3. A look back at the 2008 Olympic Games. (S)
5.15 **Flog It!** (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Great Australian Railway Journeys** 2/10. A rail trip from Alice Springs to Darwin. (S)(R)

8.00 Amazing Hotels: Life Beyond...

7 PM

7.00 **Back in Time for Tea** 2/6. The Ellis family enter the late 1940s in high spirits, following the end of World War Two. Joined by two new family members, they live through an era of rations, rock 'n' roll and coronation cake. (S)(R)(AD)

8 PM

8.00 NEW SERIES **Amazing Hotels: Life Beyond the Lobby** 1/6. Giles Coren and Monica Galetti visit a hotel in Macau, exploring a secret set of suites, where it takes more than just money to book a room. (S)(AD)

9 PM

9.00 NEW SERIES **The Rise of the Murdoch Dynasty** 1/3. Documentary about the media mogul's influence on politics and the power struggles within his family, first focusing on Tony Blair's election. (S)(AD)
■ Repeated on Thursday

10 PM

10.00 **Live at the Apollo** Frankie Boyle plays host at the Apollo in Hammersmith, introducing routines by Simon Evans and Aisling Bea. (S)(R)
10.45 **Newsnight** (S)
11.25 **Weather** (S)
11.30 **Romesh Ranganathan: Misadventures from My Sofa** 1/3. Revisiting memorable moments from the travel series. (S)(R)
12.30 AM **Sign Zone: The Great British Sewing Bee** 10/10. (S)(R)(AD)
1.30 **Sign Zone: Beechgrove** (S)(R)
2.00 **Sign Zone: Celebrity MasterChef** 2/15. The four remaining contenders battle for a place in the semi-finals. (S)(R)(AD)
3.00 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** A mix of celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Buxton, where items include a teddy bear and Incredible Hulk merchandise. (S)(R)
3.00 **Tenable** Five IT workers from London take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Secret Mediterranean...

7 PM

7.00 **Doc Martin** *Accidental Hero:* 6/8. Penhale decides to have a police open day to raise community awareness, while Morwenna and Al head for a weekend away at Hannah's new glamping site. (S8) (S)(R)(AD)

8 PM

8.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the big-prize quiz, inviting another line-up of contestants to answer questions that could change their lives. (S)(R)

9 PM

9.00 **The Secret Mediterranean with Trevor McDonald** 3/4. Trevor visits Mount Vesuvius on the west coast of Italy, takes a spin in a supercar on Spain's Costa Brava and steps back in time with Morocco's ancient Berber tribes. (S)(R)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Manhunt: The Raoul Moat Story** Nicky Campbell looks back at the search for murder suspect Raoul Moat in 2010. (S)(R)(AD)
11.45 **Tenable** Warwick Davis hosts as five firefighters from Lincoln answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
12.35 AM **Ideal World**
3.00 **Who's Doing the Dishes?** With Tessa Sanderson. (S)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 17&18/27. (S9) (S)(R)
7.20 **Mike & Molly** (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 21-23/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** Sharon and Shaun Garner have an interesting challenge on their hands with a retired couple. (S)(R)
5.00 **Four in a Bed** (S)(R)
5.30 **Come Dine with Me** An evening of Spanish food. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Warren meets up with his childhood carer Cormac, in the hope of finding answers. (S)(AD)

8.00 Bake Off: The Professionals

7 PM

7.00 **News** (S)

8 PM

8.00 **Bake Off: The Professionals** New edition 8/10. Liam Charles and Tom Allen host the quarter-final, with the five best teams working on a showpiece that incorporates a game for the judges to play. (S)(AD)
■ Rptd tomorrow on 4seven

9 PM

9.00 **24 Hours in A&E** New edition An 89-year-old man needs treatment for acute abdominal pain, and a three-year-old boy who has fallen off a trampoline breaks his leg – but his sister thinks he is faking it. (S)(AD)

10 PM

10.00 **Shocking Emergency Calls UK** A distressing call is taken by emergency call handlers when a young woman finds her flat mate murdered in their home in Gateshead. (S)(R)(AD)
11.05 **Paramedics: Britain's Lifesavers** Documentary. (S)(R)(AD)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **Couples Come Dine with Me** (R)
1.55 FILM **The Nile Hilton Incident** Crime drama starring Fares Fares. Subtitled. (2017, 15, 110min) ★★★
3.45 **Undercover Boss Australia** (S)(R)
4.40 **Grand Designs Australia** (S)(R)
5.35 **Kirstie's Handmade Treasures** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.20 **Can't Pay? We'll Take It Away!** A £3,500 debt. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM My Daughter Is Innocent** Thriller with Victoria Pratt. (S) (2017, PG, 105min) ★★
4.00 **Friends** 15&16/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Shaun comes to Elly's rescue when a journalist hounds her. (S)(R)(AD)
6.00 **Home and Away** Ziggy learns that her dad has been seeing Gemma. (S)(R)(AD)
6.30 **News** (S)

9.00 Our Yorkshire Farm

7.00 Dogs Behaving (Very) Badly 1/6. Trainer Graeme Hall tries to solve dog behavioural problems, meeting a woman whose two Labradors pull her along at break-neck speed. (S)(R)

8.00 This Week on the Farm New edition 5/6. A newborn alpaca is causing problems, and Rob and Dave have a go at making scones. Plus, Bear the Swiss Valais Blacknose ram awaits a visit from the scanner man. (S)

9.00 NEW SERIES Our Yorkshire Farm 1/6. Return of the series following shepherds Amanda and Clive and their nine children, beginning as they bid farewell to Raven as she leaves for university. (S)

10.00 Prince Harry: The Troubled Prince Charting the Duke of Sussex's life from childhood to the present day, looking at his struggle to align his desire for independence with the need for duty. (S)(R)

11.05 **When TV Goes Horribly Wrong** Clip show. (S)(R)
1.00 AM **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Wormwood Scrubs: Violence Behind Bars** (S)(R)
4.00 **OMG! Boy Beauty Addicts** Documentary. (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **Building Britain's Canals** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** 22/23. (S1) (S)(R)
9.00 **Supergirl** 2/22. (S2) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** 19/20. (S2) (R)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** *The Girl Who Slept Too Little:* The town's graveyard is moved. (S)(R)
5.30 **Futurama** *Fry and Leela's Big Fling:* Fry and Leela organise a romantic getaway. (S)(R)
6.00 *T: The Terrestrial:* Fry gets left behind on a distant planet after a mission. (S)(R)
6.30 **The Simpsons** *The Last of the Red Hat Mamas:* Marge joins a women's group. (S)(R)

9.00 Pacific Rim

7.00 The Simpsons *The Italian Bob:* On a tour of Italy in Mr Burns' new car, the family encounter Sideshow Bob. (S)(R) **7.30** *Homer's Paternity Coot:* Homer discovers Grampa may not be his father. (S)(R)

8.00 A League of Their Own: European Road Trip Jamie Redknapp and Andrew Flintoff head to Monaco, where Novak Djokovic is waiting to umpire a doubles match with Josh Widdicombe and Geri Horner. (S)(R)(AD)

9.00 FILM Pacific Rim Epic sci-fi action drama starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. With Ron Perlman. (S) (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Condor** 9/10. Deacon's past comes into focus. (S)(R) **12.30** AM 10/10. Joe's morality faces the ultimate test as he tries to stop the plague from being released. (S1) (S)(R)
1.30 **Road Wars** (S)(R)
2.00 **Stop, Search, Seize** (S)(R)(AD)
3.10 **Hawaii Five-0** (S3) (S)(R)
4.05 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm The Chronicles of Erne (S)(R) **11.15** I May Destroy You Series finale (S)(AD) **11.55** How's Your Head, Hun? With Michelle Visage New edition (S) **12.30am** Ambulance (S)(R) **1.30-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.30pm-12.30am The Road to the Open – At Royal Portrush (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Codi Hwyl **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Y Fets (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Natur a Ni **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm: Cewri Cwmderi **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** NEW Pandemic 1918/2020 **10.00** Tewach Na Dwr New episode **11.00-11.35pm** Bad Achub Porthdinllaen (AD)

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **River Walks: The Lea** Sean Fletcher walks an industrial eight-mile route along the river.
7.30 **The Joy of Painting** New edition Bob Ross paints a rugged mountain scene with a brook flowing through it.
8.00 **Rise of the Nazis** 2/3. Hitler calls a general election to increase Nazi representation in parliament.
9.00 **Ancient Invisible Cities** 3/3. Istanbul's ancient palaces and aqueducts.
10.00 NEW **United Skates – Storyville** Documentary exploring the campaign to save the US's last-standing roller rinks from closure.
11.25 **Being Beethoven** 2/3. How the composer's return to the town of Heiligenstadt sparked his creativity.
12.25 AM **Dan Cruickshank: At Home with the British**
1.25 **The Joy of Painting**
1.55 **River Walks: The Lea**
2.25 **to 3.25** AM **Ancient Invisible Cities**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Dressing a table.
9.20 **A Place in the Sun: Winter Sun** In Granada.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.15 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet** The team examine a Bengal cat.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge searches for a stash of wine hidden in World War Two.
7.55 **Grand Designs** A couple building a house in the Midlothian countryside.
9.00 **Britain's Most Historic Towns** 2/6. Alice Roberts explores the Georgian era in Bristol, taking a horse-drawn carriage ride, sampling backstreet gin and learning the story of the world's first chocolate factory.
10.00 **999: On the Front Line – Alcohol and Drugs** Stories highlighting the effects of substance abuse on the NHS.
11.05 **8 Out of 10 Cats Does Countdown**
12.05 AM **Emergency Helicopter Medics**
1.10 **Ramsay's Kitchen Nightmares USA**
2.10 **999: On the Front Line...**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed! Gold** Comical clips.
8.00 **Roswell, New Mexico** New episode *What If God Was One of Us?* 4/13. Liz is on the verge of a breakthrough in her attempt to save Max – but she needs a favour from Kyle. (S2)
9.00 **Love Island: Australia The Final** The winning couple are revealed.
10.15 **Celebrity Juice**
10.55 **Family Guy** *Padre de Familia:* 6/12. (S6)
11.25 **Family Guy**
11.55 **American Dad!**
12.50 AM **The Cleveland Show**
1.20 **The Almost Impossible Gameshow**
2.20 **Joel Dommett: Finding Emo**
3.10 **to 3.25** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** Martine demands to know what is going on with Felix.
7.30 **Married at First Sight Australia** New edition The wives get a glimpse of the lives their husbands lead in their home towns, Sean and Susan's differences are laid bare, while Sharon becomes even closer to Nick.
9.00 **The Inbetweeners** 3/6. Will plans to celebrate his birthday with a dinner party. **9.35** 4/6. The friends go clubbing in London. (S2)
10.05 **Derry Girls** 5&6/6. Double bill of the comedy. (S2)
11.10 **Buffy the Vampire Slayer**
12.10 AM **The Big Bang Theory**
1.10 **Gogglebox**
2.10 **The Inbetweeners**
3.10 **8 Out of 10 Cats**
3.55 **The Big Bang Theory**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

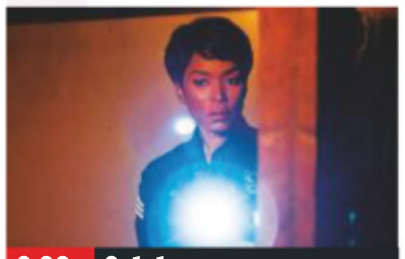
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 7/22. (S2)
11.00 **Elementary** 11/24. (S3)
12.00 NOON **Law & Order** 24/24. A car parked across a railway line causes a fatal crash. (S15)
1.00 PM **Blue Bloods** 8/22. (S2)
2.00 **CSI** 2/23. (S4)
3.00 **Paramedics: Australia**
4.00 **Nothing to Declare** Six editions following the work of customs officers in Australia.



9.00 9-1-1

7 PM
7.00 **Paramedics: Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM
8.00 **Ghost Whisperer** *Hope and Mercy:* 7/22. Melinda helps the spirit of a woman who died during surgery. (S1)

9 PM
9.00 **9-1-1** New episode *Fallout:* 9/18. Debris from a meteor shower crashes into an apartment building. (S3)

10 PM
10.00 **Coroner** *Confetti Heart:* 6/8. McAvoy asks tough questions as Jenny conducts an inquest into a police shooting. (S1)
11.00 **Criminal Minds** 2/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **Grey's Anatomy** (S16)
2.00 **Station 19** 11/16. (S3)
3.00 **The Good Doctor** 8/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** Hotels in Venice.
9.00 **Elementary** 11/24. (S1)
10.00 **CSI** 10-12/24. (S6)
1.00 PM **Elementary** 17/24. (S1)
2.00 **Blue Bloods** (S2)
4.00 **CSI** 13/24. With guest star Faye Dunaway.
5.00 14/24. A criminal is involved in a car crash.
6.00 15/24. A murdered girl is found with a number branded on her arm. (S6)

9.00 The Plot Against America

7.00 **Blue Bloods** *Lonely Hearts Club:* 7/22. A serial killer has been murdering prostitutes in hotel rooms.

8.00 **Blue Bloods** *Thanksgiving:* 8/22. Henry suffers a heart attack during the Thanksgiving celebrations. (S2)

9.00 **NEW SERIES The Plot Against America** *Part 1:* 1/6. Drama starring Winona Ryder. *See feature, page 6.*

10.10 **The Plot Against America** New episode *Part 2:* 2/6. *All episodes available on Sky Box sets and NOW TV.* (S1)
11.20 **Six Feet Under** 7/13. Brenda attends her father's funeral.
12.25 AM 8/13. Claire tires of being Olivier's assistant. (S3)
1.35 **Penny Dreadful: City of Angels** 2/10. (S1)
2.40 **Elementary** 13&14/24. (S1)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **Porridge**
7.45 **The Green Green Grass**
8.20 **Porridge**
9.00 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.40 **Porridge**
12.20 PM **Are You Being Served?**
1.00 **The Green Green Grass**
1.40 **Only Fools and Horses**
3.35 **Last of the Summer Wine**
5.30 **Are You Being Served?**
6.05 **Only Fools and Horses** Part two of two. The Trotter brothers arrive in America.

10.05 Men Behaving Badly

Only Fools and Horses (started at 6.05pm)

8.00 **Only Fools and Horses** Christmas special from 1992. Del Boy goes eco-friendly and decides to launch a bottled-water business
9.30 **Bottom** The duo steal a car and discover the tickets for the owner's honeymoon inside.

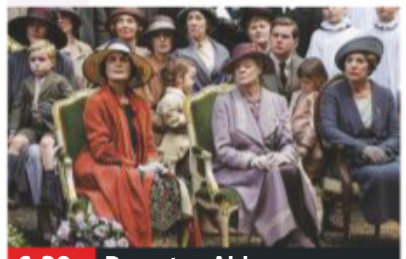
10.05 **Men Behaving Badly** Tony gets a tattoo in a bid to impress Deborah.
10.45 Tony and Gary go on a night out to a rave.
11.20 **Only Fools and Horses**
12.50 AM **Bottom** As 9.25pm.
1.30 **Men Behaving Badly**
2.35 **The Rebel** Charles' ex-wife is arrested for possession of drugs, so he and Henry raise money for her defence.
3.05 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.00 **Bless This House**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **That's My Boy**
4.30 **Agatha Christie's Poirot**
5.30 **Heartbeat**
6.30 **Downton Abbey** 8/8. Branson makes a difficult decision. (S5)



6.30 Downton Abbey

Downton Abbey (started at 6.30pm)

8.00 **Midsomer Murders** *The Dagger Club:* The unveiling of a newly discovered novel by a deceased writer is jeopardised when the manuscript is stolen and an artist is electrocuted by a lethal roulette wheel.

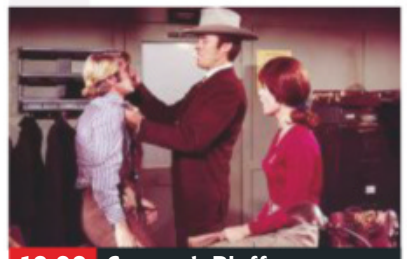
10.00 **Law & Order: UK** *Unloved:* 2/7. A teenager is found kicked to death at Euston Station. Guest stars Dervla Kirwan. (S1)
11.00 **Scott & Bailey** 2/6. Horrific events unfold following a killer's arrest. (S1)
12.05 AM **A Touch of Frost** *Keys to the Car:* A stolen car is found with a body in the boot.
2.05 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.15 **Dempsey and Makepeace**
10.15 **Minder**
11.25 **The Professionals**
12.25 PM **The Sweeney**
1.35 **The Saint**
2.40 **Robin of Sherwood**
3.45 **Dempsey and Makepeace**
4.50 **Minder**
5.55 **The Professionals** East German agents try to blackmail a government employee.



10.00 Coogan's Bluff

7.00 **Tour de France ReCycled: Geraint's Tour** New edition Action from stage 16, the first of three days in the Pyrenees.

8.00 **Giant Lobster Hunters** The powerful Bass Strait tide is dragging the *Ella Rose* dangerously close to razor-sharp rocks.

9.00 **Gordon, Gino and Fred: American Road Trip** Gordon Ramsay, Gino D'Acampo and Fred Sirieix visit San Francisco.

10.00 **FILM Coogan's Bluff** Crime thriller starring Clint Eastwood. (1968, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **FILM National Lampoon's Vacation** Comedy with Chevy Chase and Beverly D'Angelo. A vacationing family encounter a series of disasters on a cross-country car trip. (1983, 15, 95min) ★★
2.10 **to 3.00** AM **Lethal Weapon**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Great Escapes with Colin and Justin** 1/8.
7.25 **Beechgrove Repotted** A guide to using weeds in cooking.
7.30 **The Great Food Guys** 1/8. Nick Nairn and Dougie Vipond celebrate the best food Scotland has to offer, beginning their focus on Asian fusion. (S2)
8.00 **Corner Shop Cook-Off** 2/6. Chef Gary Maclean goes up against Indian street food specialist Rachna Dheer as they compete to make the best three-course meal for £15.
9.00 **The Nine**
10.00 **Brian Cox's Russia** 1/2. The actor learns about the Scots who made Russia their home.
11.00 PM **to 12.00** M'T **Rise of the Clans**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **America's Next Top Model** Double bill.
3.00 **Babylon 5**
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** 17&18/22. (S5)
8.00 **The Flash** *Fallout:* 14/23. Ronnie and Dr Stein agree to go their separate ways. (S1)
9.00 **SEAL Team** 8/22. (S1)
10.00 **In the Long Run** (S1)
11.00 **Ross Kemp: Extreme World** In South Africa.
12.00 M'T **9-1-1** 9/18. (S3)
1.00 AM **Caribbean Cops**
2.00 **Duck Quacks Don't Echo** With Ross Kemp.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 23/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** 10/13. (S4)
9.00 **Killer Colleagues**
10.00 **Britain's Most Evil Killers** Cannibal cop killer Stefano Brizzi.
11.00 **CSI** 9/25. (S5)
12.00 M'T **Brit Cops: Law & Disorder**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** Copenhagen.
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo** With Sarah Millican, Russell Kane and Steve Hughes.
10.00 **This Country** (S1)
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **QI** With Jo Brand.
1.20 **Red Dwarf** 2/6. (S3)
2.00 **This Country** (S1)
3.00 **Red Dwarf** 3/6. (S10)
3.30 **to 4.00** AM **QI**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** 6&7/26. (S3)
11.00 **The King of Queens**
12.00 NOON **Fresh Off the Boat** 18&19/23. (S3)
1.00 PM **Friends** (S6)
8.00 **FILM The Dukes of Hazzard** Action comedy starring Seann William Scott, Johnny Knoxville and Jessica Simpson. (2005, 15, 104min) ★
10.00 **Al Murray's Great British Pub Quiz** With guest captains James May and Andy Parsons.
11.00 **Al Murray: The Only Way Is Epic** Stand-up perfomance, recorded in 2012 at Brighton's Theatre Royal.
12.00 M'T **Bob's Burgers**
1.00 AM **8 Out of 10 Cats**
2.00 **Two and a Half Men**
2.55 **The Daily Show** New edition Talk show.
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Documentary.
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** Reality show.
10.00 **Marriage Boot Camp: Reality Stars** New edition An emergency at Boot Camp causes resentment letters to resurface.
11.00 **Don't Be Tardy**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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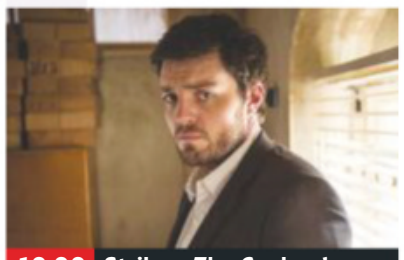
Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 9/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** As shown at 8.00pm.
3.00 **Murdoch Mysteries** 15-17/18. Triple bill of the drama. (S7)
6.00 **Major Crimes** 18/19. Part one of two. The team race against the clock to save the lives of three women. (S3)



10.00 Strike – The Cuckoo's...

7.00 **Unforgettable** *Butterfly Effect:* 12/22. Carrie and Al investigate the murder of an ironworker on a construction site. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** 8/10. Frank and Lu struggle to protect a troubled teenager. (S1)
9.00 **The Coroner** *Dirty Dancing:* 10/10. A woman dies in the build-up to a Latin dance festival, but her body vanishes. (S1)
10.00 **Strike – The Cuckoo's Calling** 2/3. The private detective learns that Lula was looking for her biological family. (S1)
11.20 **New Tricks** *Glasgow Ucos:* Gerry and Steve investigate the murder of a bookie.
12.40 AM **Maisie Raine** 1/6. (S2)
1.50 **Strike – The Cuckoo's Calling** As 10.00pm.
3.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S4)
3.00 **Star Trek: Deep Space Nine** 17&18/26. Double bill. (S4)
5.00 **Star Trek: The Next Generation** *Devil's Due:* 13/26. Picard challenges the authority of a woman who claims to be a galactic devil. **6.00** *Clues:* 14/26. The crew lose consciousness for an entire day after passing through a wormhole. (S4)

9.00 Spides

7.00 **A Town Called Eureka** *Worst Case Scenario:* 7/14. Holly is distraught when she learns Fargo is unable to release her.
8.00 **A Town Called Eureka** *Ex-machina:* 8/14. Fargo is convinced Holly is still inside the Matrix computer. (S5)
9.00 **Spides** New episode *Contact:* 5/8. David shackles Mitosch, and Sara leaves Robert Prokopp. (S1)
10.00 **FILM Kill Bill: Vol. 1** Quentin Tarantino's epic action thriller. (2003, 18, 110min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Spides** As 9.00pm.
1.10 **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Fact or Faked: Paranormal Files** Ghostly images and a mortuary mystery.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill of the game show.
4.00 **My Dream Home** A couple adopt a new approach to their house hunt. **5.00** A pair of animal lovers are looking for the perfect modern property.
6.00 **Tipping Point** Game show hosted by Ben Shephard.

10.00 Louis Theroux: Gambling...

7.00 **Top Chef** New edition 2/14. Pad Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** A hospital patient is found wandering the streets, and a man suffers breathing difficulties.
9.00 **Inside the Vets** A bearded dragon has a serious bowel problem, and a puppy is suffering from a heart condition
10.00 **Louis Theroux: Gambling in Las Vegas** Louis takes a trip to Sin City to experience a long night on the blackjack table.
11.00 **Inside the Ambulance** A motorcyclist needs urgent treatment, and a baby's high heart rate is causing concern.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux: Gambling in Las Vegas** As 10.00pm.
1.50 **to 3.00** AM **Top Chef**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6&7)
10.30 **30 Rock** Triple bill. (S5)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S7)
5.00 **30 Rock** 9/23. Liz re-evaluates her romance with Carol. **5.30** 11/23. Jack discovers he has accidentally married Liz. **6.00** 12/23. With guest star Robert De Niro. (S5)
6.30 **Modern Family** 11/24. (S1)

9.35 Betty

7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 13/24. Mindy finds herself attracted to a handsome university lecturer. (S1)
8.00 **The Mindy Project** 14/24. Mindy finds a date for Danny on Valentine's Day. **8.30** 15/24. Beverly returns to work. (S1)
9.00 **Insecure** New episode 4/10. Issa has a crisis over a block party. (S4)
9.35 **Betty** Series finale 6/6. The girls gather for a skating session. (S1)
10.15 **Girls** 4/12. (S3)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.50 **Entourage** 11/20. Drama has a panic attack on the set of his new pilot. (S3)
12.30 AM **Vice Principals** 2/9. Gamby and Russell begin their campaign against the new principal. (S1)
1.10 **Bored to Death** (S2)
1.50 **Parks and Recreation** (S7)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 22/22. (S10)
10.00 **Bull** 4/22. (S3)
11.00 **NCIS: New Orleans** (S5)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 16/24. (S4)
3.00 **NCIS** 17/20. (S17)
4.00 **Bull** 5/22. (S3)
5.00 **Bones** 3/22. A body is discovered missing several internal organs. (S11)
6.00 **The Mentalist** 17/24. Lisbon and the team suspect a billionaire of murdering a Shakespeare enthusiast. (S4)

9.00 American Dad!

7.00 **NCIS** *Schooled:* 18/20. The body of a well-regarded technician in the naval reserves is found floating in a lake.
8.00 **NCIS** *Blarney:* 19/20. Kasie and Jimmy are held hostage in a diner after a jewellery store robbery goes awry. (S17)
9.00 **American Dad!** New episode 8/22. One of Roger's characters falls in love with Dick. (S16) **9.30** **Family Guy** 17/18. (S5)
10.00 **Family Guy** 18/18. Peter goes back to 1984. (S5) **10.30** 2/12. Stewie interferes with Brian and Jillian's relationship. (S6)
11.00 **American Dad!** 6&7/19. Double bill of episodes. (S3)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S10&11)
3.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Tuesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 10/24. (S1)
7.10 **Hart to Hart** (S4)
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 3/22. (S5)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S4)
7.00 **M*A*S*H** (S2)
8.00 **Randall and Hopkirk (Deceased)** *Murder Ain't What It Used to Be:* 7/26. The ghost of a gangster settles old scores. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S9)
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 4/24. (S3)
3.30 **Due South** 12/18. (S2)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Mario Lanza: Legends of Opera**
7.00 **Michael Tilson Thomas Conducts Matthews, Gershwin and Shostakovich**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist 2014**
11.00 **Wander** (S1)
11.05 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Tate Britain's Great British Walks**
8.00 **Landscape Artist 2019**
9.00 **Portrait Artist 2020**
10.00 **Florence & the Machine/Andra Day: Austin City Limits**
11.15 **Bronx Gothic**
1.00 AM **What Was Virginia Woolf Afraid Of?**
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S3)
4.00 **Couples Come Dine...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **How to Build British: Aston Martin**
9.00 **Celebrity Gogglebox**
10.00 **Naked Attraction**
11.05 **Celebrity First Dates Hotel for SU2C**
12.10 AM **Amazing Spaces**
1.15 **Catching a Killer: A Knock at the Door**
2.45 **Celebrity Snoop Dogs**
3.15 **Sun, Sea and Selling...**
4.15 **to 4.45** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Castle** 23/23. (S7)
11.05 **Law & Order**
1.05 PM **Law & Order**
5.00 **NCIS** 4&5/24. (S13)
7.00 **NCIS** *16 Years:* 7/24. Ducky reveals he has been helping to solve crimes in his spare time. **8.00** *Saviours:* 8/24. DiNozzo helps old flame Jeanne Benoit rescue her husband. (S13)
9.00 **Law & Order: Criminal Intent** *Vanishing Act:* 17/22. A magician disappears during a live-burial stunt. (S7)
10.00 **Law & Order: Special Victims Unit** *Heightened Emotions:* 4/21. An aspiring athlete claims she is a rape victim. (S18)
10.55 **Law & Order: Special Victims Unit** (S18&17)
1.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill. (S6&3)
9.10 **My Wife and Kids** (S2)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!** Triple bill.
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Thieves & Thugs: Caught on Camera**
8.00 **Criminals: Caught on Camera** Documentary.
9.00 **Fare Dodgers: At War with the Law**
10.00 **Pickpockets & Proud**
11.00 **FILM The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black.* (2004, 15, 119min) ★★★
1.20 AM **Can't Pay? We'll Take It Away!**
2.20 **Will & Grace** (S7)
3.10 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy tries to fashion a sailboard.
8.00 **Dalziel & Pascoe** *Under Dark Stars:* The trial of a child murderer collapses.
10.00 **New Tricks** *Eyes Down for a Full House:* Standing loses £10,000 in a high-stakes poker game.
11.20 **Silent Witness**
1.30 AM **The Bill**
2.30 **London's Burning**
3.30 **to 4.00** AM **Birds of a Feather**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY

Documentaries

Tuesday

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 1/25. (S4)
12.00 NOON **CSI: NY** (S1)
1.00 PM **Bonanza** (S11)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Lady Killer:* 11/16. Allison teams up with Scanlon. (S4)
10.00 **CSI: Miami** *Blood in the Water:* 2/25. The team investigate an accident after a family's yacht is engulfed by fire. (S4)
11.00 **Unsolved Mysteries** Animals that appear to have sensed when people were in danger, and a woman who fainted, only to wake up with no memory.
12.00 M'T **Judge Judy**
1.00 AM **ER** 20/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Karma's a B****
5.00 to 6.00 AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 13/26. (S3)
2.05 **CSI: Miami** 23/24. (S5)
3.00 **NCIS** 17/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S1)
6.00 **Perry Mason**
7.05 **NCIS** 20/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **CSI: NY** *Charge of This Post:* 24/24. A routine investigation turns into a race to stay one step ahead of a bomber. (S2)
10.00 **NCIS: Los Angeles** *Higher Power:* 11/24. The team hunt a device that could destroy LA. (S3)
11.00 **NCIS** 21/24. (S10)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **CSI: NY** As 9.00pm.
2.00 **NCIS** As 11.00pm.
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** (S1)
4.45 **Mission: Impossible**
5.35 to 6.00 AM **Dog Patrol**

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce Forsyth's Play Your Cards Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!**
12.00 M'T **The Chase**
4.00 AM **Golden Balls**
5.00 to 6.00 AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Wipeout USA**
10.00 **Wipeout USA: All Stars**
11.00 **Friends** (S10)
1.00 PM **Bob's Burgers**
3.10 **The King of Queens**
5.00 **The Middle**
5.30 **Two and a Half Men**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell's Good News**
10.00 **Gary and His Demons** 5/8. Gary goes undercover. (S1)
10.30 **South Park**
12.00 M'T **Russell Howard's Good News**
1.00 AM **RuPaul's Drag Race**
2.00 **Lee Evans Live: The Different Planet Tour**
3.20 **Two and a Half Men**
3.45 **Tosh.0**
4.05 **Bob's Burgers**
4.30 **Fresh Off the Boat**
4.50 to 6.00 AM **The Middle**

+1 hour 227

Sky Documentaries
114 114 814 277 353 368

6.00 AM **Irene's Ghost**
7.40 **My Icon**
8.00 **Richard E Grant's Hotel Secrets**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The British**
12.00 NOON **Hollywood Couples**
1.00 PM **Richard E Grant's Hotel Secrets**
2.00 **Irene's Ghost**
3.40 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **The British**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **NEW Saudi Women's Driving School**
10.15 **The Biggest Little Farm**
12.00 M'T **The Trade**
2.10 AM **Off Camera with Sam Jones**
3.25 **PL Legends**
4.00 **Discovering**
5.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

Sky Nature
130 130 893 279 385 372

6.00 AM **City Wildlife Rescue** New editions
7.00 **Monkey Life**
8.00 **Shark Squad** New editions
12.00 NOON **Wild Rockies** New edition
1.00 PM **Monkey Life**
2.00 **Shark Squad**
6.00 **Wild Rockies**
7.00 **Monkey Life**
8.00 **Macro Worlds** New edition Exploring what insects do to survive the winter.
9.00 **Land of Primates** New edition The gelada, a rare monkey that lives in the Simien Mountains.
10.00 **Wild Rockies**
11.00 **Shark Squad**
12.00 M'T **Arabian Inferno**
1.00 AM **Africa's Hidden Kingdoms**
2.00 **Macro Worlds**
3.00 **Land of Primates**
4.00 to 6.00 AM **Shark Squad**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Khloe and Lamar**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Botched by Nature**
6.00 **Keeping Up with the Kardashians** Five editions of the series.
10.00 **Botched** A woman asks the doctors to fix her scarred stomach and popped implant.
11.00 **Nightly Pop**
11.30 **Dating: No Filter**
12.00 M'T **Temptation Island**
1.00 AM **Wags Atlanta**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 to 5.00 AM **Stewarts and Hamiltons**

Food Network
140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** Double bill.
8.00 **Giada On The Beach**
9.00 **Val's Home Cooking**
10.00 **Farmhouse Rules**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **Martin: Sweet**
3.00 **River Cottage Veg**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
6.00 **Ramsay's Ultimate Home Cooking**
7.00 **Rick Stein's Spain**
8.00 **River Cottage Veg**
9.00 **Ramsay's Ultimate Home Cooking**
9.30 **Gordon's Ultimate Seasonal Specials**
10.00 **John Torode's Korean Food Tour**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 to 3.30 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **Black Sails**
10.15 **Storage Wars**
11.15 **Hardcore Pawn**
12.15 AM **Pawn Stars**
1.10 **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 to 4.00 AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.05 AM **Criminals: Caught on Camera**
9.35 **The A-Team**
10.35 **Knight Rider**
11.45 **FILM The Key** World War Two romantic drama. (1958, b/w, 12, 134min) ★★★
2.20 PM **FILM Ten Wanted Men** Western. (1955, U, 80min) ★★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Sewermen**
10.00 **Car Crash TV**
11.00 **Desert Prison: Hell on Earth**
12.00 M'T **Airport Security: Peru**
1.00 AM **19-2**
3.00 **The Virginian: Men from Shiloh**
4.20 **Remington Steele**
5.10 to 6.00 AM **Now That's Funny!**

+1 hour 250 94

Sky Crime
121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Lovers**
2.00 **Murders That Shocked the Nation: Moors Murders**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked the Nation**
9.00 **World's Most Evil Killers** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **Britain's Most Evil**
2.00 **Snapped**
3.00 **Murders That Shocked...**
4.00 to 6.00 AM **Highlights**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The hunt for a Philadelphia rapist. **7.30** A healthy family contract three separate deadly illnesses.
8.00 **Something's Killing Me** A man takes over a medical practice from the doctor who murdered his own father.
9.00 **It Takes a Killer** A look at murder cases from recent years.
10.00 **Evidence of Evil** The mutilated bodies of two women sparked a massive police manhunt.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Durham.
9.00 **A Place in the Sun: Winter Sun** In Spain.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Salvage Hunters**
10.00 **Born Mucky: Life on the Farm** Following three British farmers trying to run three very different family farms.
11.00 **Paranormal Lockdown**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash Special**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers** Mike and Frank visit the former home of a circus.
9.00 **Wicked Tuna**
10.00 **Swamp People**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 to 6.00 AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes... The Big Day Updated**
7.00 **Randy's Wedding Rescue** With bridal guru Randy Fenoli.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Vegas Dress** A sexy dress.
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Dr Pimple Popper**
9.00 **sMothered** New edition
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
1.00 AM **sMothered**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM **FILM Murder In-Law** Thriller. (2019, 12, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers** Double bill.
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Mega Containers: Shipping the World** Series finale Loading and unloading cargo.
10.00 **The World's Biggest Battleship: Draining the Ocean**
11.05 **The Dog Rescuers**
1.05 **World's Deadliest Weather: Caught on Camera** Clip show.
2.05 **Cruising with Jane McDonald**
3.05 to 4.00 AM **Secrets of the Gladiators: Rome Unwrapped**

Quest
144 144 831 169 12 114 172

6.00 AM **Le Salvager**
7.00 **EFL on Quest**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Plane Reclaimers** New edition
10.00 **Border Control: Spain** New editions
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 to 6.00 AM **Highlights**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Faking It: Tears of a Crime**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?** New edition
10.00 **The Nolans Go Cruising** New edition
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 to 6.00 AM **Say Yes to the Dress: Bridesmaids**

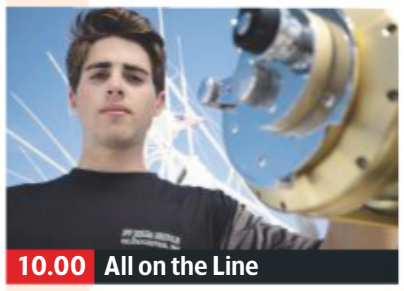
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A Rockies-style lagoon.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 **All on the Line**

7.00 **Outback Truckers** Nick and Jo risk one last supply to a remote settlement as the wet season looms large.
8.00 **Mighty Ships** The *Ibn Battuta*, named after the Moroccan explorer, which is one of the strongest dredgers of its type.
9.00 **Deadliest Catch** New edition Facing a vast Siberian storm, Josh takes a big risk to keep the *Cornelia Marie* crew safe.
10.00 **All on the Line** New edition Eighteen-year-old Captain Danny Smith Jr makes his mark on the fleet with a massive tuna.
11.00 **Homestead Rescue** The Raneys assist two Montana homesteaders.
12.00 M'T **Deadliest Catch**
1.00 AM **All on the Line**
2.00 **Deadliest Catch**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Great White Abyss**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Meet the Penguins**
3.00 **Miami Animal Police**
4.00 **Dr Dee: Alaska Vet** A macaw needs its beak trimming.
5.00 **The Zoo**
6.00 **Bondi Vet** Dr Chris Brown attempts a complex surgery.

8.00 **The Zoo**

7.00 **Animal Cops Philadelphia** An investigation into large-scale commercial breeding kennels.
8.00 **The Zoo** New edition An endangered species of gecko welcomes her first hatchling, and Penny the rhino undergoes tests.
9.00 **Alaska: The Last Frontier** Eivin and Eve's cannibal hen strikes again, while Atz begins his summer riding season.
10.00 **Animal Cops Houston** Investigator Deborah Turner's team try to rescue a litter of puppies trapped in a church drain.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **The World's Biggest Battleship: Draining the Ocean** The site of one of the largest naval battles in history.
4.00 **Car S.O.S** Tim and Fuzz fix up their first rally car. **5.00** A classic 1960s car.
6.00 **Drain the Oceans: Deep Dive** The remains of treasure ships sunk by storms.

8.00 **Expedition Everest**

7.00 **Air Crash Investigation** A reconstruction of Korean Air Cargo Flight 8509's accident in December 1999.
8.00 **NEW Expedition Everest** Scientists investigate what Everest can reveal about the impact of climate change.
9.00 **NEW Lost on Everest** A team of climbers search for the body of missing 1920s explorer Andrew Irvine.
10.00 **Seconds from Disaster** Investigation into the deaths of eight climbers during their descent of Mount Everest in 1996.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A teenager risks everything for his sick mother.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Flipping Bangers**
11.00 **Ancient Aliens**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick finds himself in the presence of one of Marlon Brando's most prized possessions.
6.00 **Swamp People** Troy, RJ and Bruce answer an urgent call from friends in Texas.

10.00 **Mystery Weapons**

7.00 **Forged in Fire** For the programme's 100th episode special, four bladesmiths compete to forge an epic O-Katana.
8.00 **Flipping Bangers** Car enthusiasts Will and Gus head to the West Country to buy a Golf GTI, which Gus hates on sight.
9.00 **The UnXplained with William Shatner** New edition The actor looks into why people worship rocks and stones.
10.00 **Mystery Weapons** New edition Looking at rumoured weapons of the past and theoretical weapons of the future.
11.00 **Ancient Aliens**
12.00 M'T **Jesse James' Hidden Treasure** This documentary questions the motivations for outlaw Jesse James' extreme extent of theft.
2.00 AM **Flipping Bangers**
3.00 **Ancient Aliens**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Living Universe**
7.10 **Abandoned Engineering**
8.00 **Royal Murder Mysteries**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture**
The Railways Built
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters**

9.00 **Open All Hours**

7.00 **Great British Railway Journeys** A two-day tour of the Lake District. **7.30** Michael Portillo visits Gretna Green.
8.00 **David Jason: Planes, Trains and Automobiles** The actor flies into a volcano, and hits the road with an American trucker.
9.00 **Open All Hours** Arkwright tries to make Nurse Gladys jealous. **9.40** Granville decides a makeover is needed to impress Stephanie from the local boutique. **10.20** Nurse Gladys poses as a critic from the *Good Shop Guide*.
11.00 **The Green Green Grass** Marlene wants to renew her marriage vows and tries to make contact with old friends.
11.35 **Porridge**
12.35 AM **What a Carry On!**
1.00 **WW2 – Battles for Europe**
2.00 **to 3.00** AM **The Living Universe**

+1 hour 255 200 75

Tuesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **Falklands Hero: Bravo November**
10.00 **How Trains Changed the World**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Falklands Hero...**
5.00 **Wings of War**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **Against the Odds**
11.00 **Bullet Points**
12.00 M'T **Expedition...**
1.00 AM **America: Facts vs...**
2.00 **Against the Odds**
3.00 **Bullet Points**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Fox Tales**
11.00 **Galapagos**
12.00 NOON **Natural Curiosities**
1.00 PM **Madagascar**
2.00 **Russia from Above**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Fox Tales**
5.00 **Galapagos**
6.00 **Natural Curiosities**
7.00 **Madagascar**
8.00 **Russia from Above**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Fox Tales**
11.00 **Galapagos**
12.00 M'T **Natural Curiosities**
1.00 AM **Madagascar**
2.00 **Russia from Above**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **Fox Tales**
4.40 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Snakes In The City: Best Of** Triple bill.
12.00 NOON **Wild Animal A&E** Treating raccoons.
1.00 PM **Africa's Hidden Wonders** Triple bill.
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Fish**
8.00 **NEW Sharks of the Bermuda Triangle** Documentary about underwater predators hunting in the infamous ocean region.
9.00 **NEW World's Biggest Tiger Shark** Marine biologist Kori Garza sets out to find a giant tiger shark.
10.00 **Volcano Sharks**
11.00 **Eyewitness Shark Attack**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Hidden Wonders**

Sky History 2

163 163 894 272 330 390

8.00 AM **Wild West Tech**
9.00 **The Colour of War**
10.00 **WW2 Treasure Hunters**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Wild West Tech**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **WW2 Treasure Hunters** Souvenirs left by the Duxford Fliers.
8.00 **In Search Of** The site of the fabled city of Atlantis.
9.00 **Moon Landing: The Lost Tapes** The minds of the astronauts before and after the mission.
10.00 **Epic Warrior Women**
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Moon Landing: The Lost Tapes** As 9.00pm.
3.00 **Epic Warrior Women**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **10 Modern Marvels That Changed America**
9.15 **Britain's Lost Colosseum**
10.20 **The Civil War**
11.55 **Plane Resurrection**
1.00 PM **Inside the Megafire**
2.15 **Britain's Lost Colosseum**
3.20 **The Civil War**
4.55 **10 Modern Marvels That Changed America**
6.05 **Plane Resurrection**
7.15 **Britain's Lost Colosseum** The history of Chester's Roman amphitheatre.
8.20 **The Civil War**
9.50 **Plane Resurrection** A look at a restored example of the Westland Lysander.
11.00 **The Civil War**
12.25 AM **Britain's Lost Colosseum** As 7.15pm.
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **What the Killer Did Next**
1.00 PM **Nightmare in Suburbia**
2.00 **Shallow Grave**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **Murder Masterminds**
10.00 **Accused: Guilty or Innocent?**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Murder Masterminds**
2.00 **Accused: Guilty or Innocent?**
3.00 **Shallow Grave**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Okko's Inn** (2018) ★★★
7.40 **Buffaloed** Comedy drama. (2019, 15, 95min) ★★★
9.20 **Sprinter** Drama. (2018) ★★★
11.20 **PREMIERE The Parts You Lose** As shown at 8.00pm.
1.00 PM **It: Chapter Two**
4.00 **Free Preview Trolls World Tour** A preview of the movie.
4.15 **The Guardian** Comedy. (2020, 12, 105min) ★★★
6.05 **Bad Education** Drama. (2019, 18, 108min) ★★★

8.00 The Parts You Lose

8 PM

8.00 **PREMIERE The Parts You Lose** Drama starring Aaron Paul. A young boy in a North Dakota town befriends a potentially dangerous fugitive. (2019, 12, 93min) ★★★ *See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **It: Chapter Two** Horror starring Jessica Chastain and James McAvoy. Twenty-seven years after their first battle, the Losers Club return to fight the evil Pennywise once more. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.45 AM **The Last Black Man in San Francisco** Drama starring Jimmie Fails. (2019, 15, 121min) ★★★
3.00 **The 2020 Top Ten Show**
3.15 **The Runaways** Drama. (2019, 12, 113min) ★★★
5.15 **Top Ten: James Bond**
5.30 **to 6.00** AM **Jacqueline Wilson: Four Kids, It and Me**

Sky Cinema Disney

305 305 846 405 505

7.10 AM **Old Dogs** As 1.50am.
8.50 **The Aristocats** As 12.20am.
10.20 **Maleficent: Mistress of Evil**
12.25 PM **Ratatouille** As 8.00pm.
2.20 **Tinker Bell and the Lost Treasure** Animated fantasy. (2009, U, 81min) ★★★
3.50 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★
6.00 **Maleficent: Mistress of Evil** Fantasy adventure sequel. (2019, PG, 119min) ★★★

8.00 Ratatouille

8.00 **Ratatouille** Animated comedy adventure with the voices of Patton Oswalt and Lou Romano. A rat who dreams of becoming a gourmet chef teams up with a kitchen boy to take Paris by storm. (2007, U, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Tomorrowland: A World Beyond** Fantasy starring George Clooney. A gifted teenage inventor discovers a futuristic world, and attempts to uncover its secrets. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Aristocats** Animation. (1970, U, 78min) ★★★★★
1.50 **Old Dogs** Family comedy. (2009, PG, 84min) ★
3.25 **Tinker Bell and the Lost Treasure** As 2.20pm.
4.50 **to 7.00** AM **National Treasure: Book of Secrets** As shown at 3.50pm.

Sky Cinema Family

306 306 847 406 506

6.40 AM **An Elephant's Journey** Drama. (2018, PG) ★★★
8.25 **Underdog** As 8.35pm.
10.00 **Tooth Fairy** As shown at 5pm.
11.45 **Dr Seuss' The Lorax**
1.15 PM **Monster Family** Animation, as shown at 1.50am.
3.00 **Strike** As shown at 11.50pm.
5.00 **Tooth Fairy** Fantasy comedy. (2010, PG, 101min) ★★
6.55 **Dr Seuss' The Lorax** Animated comedy adventure. (2012, U, 82min) ★★★

6.55 Dr Seuss' The Lorax

8.35 **Underdog** Comedy starring Jim Belushi. A beagle with super powers is befriended by an ex-cop's son, who persuades him to put his skills to use to fight crime. (2007, U, 78min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Herbie Rides Again** Comedy starring Helen Hayes, Stefanie Powers and Keenan Wynn. (1974, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Strike** Animation featuring the voices of Ken Stott and Lizzie Waterworth. A young mole wants to become a footballer. (2018, PG, 100min) ★★★
1.50 AM **Monster Family** Animated comedy with the voices of Emily Watson and Jason Isaacs. (2017, PG, 96min) ★★
3.40 **Herbie Rides Again** Comedy, as shown at 10.10pm.
5.20 **to 7.20** AM **Strike** Animation, as shown at 11.50pm.

Sky Cinema Action

307 307 848 407 507

6.00 AM **Twister** As 6.05pm.
8.00 **Jaws** As shown at 10.00pm.
10.10 **The Meg** As shown at 8pm.
12.10 PM **The Bourne Identity** Spy thriller starring Matt Damon. (2002, 12, 119min) ★★★★★
2.10 **The Bourne Supremacy** Spy thriller sequel. (2004, 12, 108min) ★★★★
4.05 **The Bourne Ultimatum** Thriller. (2007, 12) ★★★★
6.05 **Twister** Disaster thriller. (1996, PG, 114min) ★★★

8.00 The Meg

8.00 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark, known as the Megalodon. With Rainn Wilson and Bingbing Li. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Jaws** Steven Spielberg's blockbuster monster thriller starring Roy Scheider and Robert Shaw. A shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Starship Troopers** Sci-fi. (1997, 18, 129min) ★★
2.15 **District 9** Sci-fi action thriller. (2009, 15, 112min) ★★★★
4.15 **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.10 AM **Family** As 6.20pm.
8.45 **You Don't Mess with the Zohan** As shown at 4.15pm.
10.50 **CRSHD** As shown at 9.45pm.
12.25 PM **Drunk Parents** As 8pm.
2.15 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
4.15 **You Don't Mess with the Zohan** Slapstick comedy. (2008, 12, 112min) ★★★
6.20 **Family** Comedy starring Taylor Schilling and Kate McKinnon. (2018, 15, 85min) ★★★

6.20 Family

8.00 **Drunk Parents** Comedy starring Alec Baldwin. Two inebriated parents attempt to hide their financial difficulties from their social circle. (2019, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **CRSHD** Comedy drama starring Isabelle Barbier. A college student attends an exclusive 'Crush Party' in a last-ditch attempt to lose her virginity before the freshman year ends. (2018, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Jackass: The Movie** Slapstick comedy based on the MTV show, with Johnny Knoxville. (2002, 18, 87min) ★
12.50 AM **Jackass Number Two** Slapstick comedy sequel. (2006, 18, 92min) ★★
2.30 **Jackass 2.5** Slapstick comedy sequel. (2007, 18, 64min) ★
3.45 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
5.30 **to 7.20** AM **Father of the Bride** As shown at 2.15pm.

primetime

Sky Cinema Hits

303 403 503

7.20 AM **Miss Congeniality** (2000)
9.20 **Miss Congeniality 2: Armed and Fabulous** (2005) ★★
11.25 **Spider-Man: Far From Home** Adventure. (2019, 12) ★★★★
1.40 PM **Men in Black: International** As 9.00pm.
3.40 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
5.25 **Men in Black II** Sci-fi comedy. (2002, PG, 88min) ★★★

7.00 **Men in Black 3** Sci-fi comedy with Will Smith and Tommy Lee Jones. Wisecracking Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. (2012, PG, 105min) ★★★★
9.00 **Men in Black: International** Fantasy sequel starring Chris Hemsworth. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 114min) ★★

11.00 **Captain Marvel** Fantasy. (2019, 12, 123min) ★★★
1.15 AM **Escape Room** Psychological thriller. (2019, 15, 99min) ★★★
3.05 **2 Fast 2 Furious** Action thriller sequel. (2003, 12, 108min) ★★
5.00 **to 6.35** AM **Gulliver's Travels** Comedy. (2010, PG, 84min) ★★

Sky Cinema Greats

304 304 845 404 504

6.15 AM **Snow White and the Seven Dwarfs** (1937) ★★★★★
7.45 **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002) ★★
10.10 **Evita** Musical. (1996) ★★★
12.30 PM **The Bridge on the River Kwai** Drama. (1957) ★★★★★
3.15 **The Great Gatsby** Drama. (2013, 12, 143min) ★★★
5.45 **Unforgiven** Western. (1992, 15, 130min) ★★★★★

8.00 **Dirty Harry** Thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan pursues a psychotic sniper who is holding the city to a ransom. With Harry Guardino. (1971, 18, 103min) ★★★★★
9.45 **The French Connection** Oscar-winning thriller starring Gene Hackman and Roy Scheider. A New York police detective wages a one-man war on a drugs syndicate. (1971, 18, 104min) ★★★★★

11.35 **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
2.05 AM **Boys Don't Cry** Drama. (1999, 18, 117min) ★★★★
4.05 **to 6.45** AM **The Guns of Navarone** Wartime adventure. (1961, PG, 150min) ★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.30 **To Each His Own** (1946) ★★★
9.55 **The Oklahoman** (1956) ★★
11.40 **Cherokee Strip** (1940) ★★
1.30 PM **Sherlock Holmes and the Secret Weapon** (1942) ★★
2.55 **Sherlock Holmes and the Voice of Terror** Thriller. (1942, b/w, U, 65min) ★★
4.15 **The Man Who Knew Too Much** Drama. (1956, PG) ★★★★

6.30 **Darby's Rangers** World War Two action adventure starring James Garner. A US Army major trains a group of commandos. (1958, b/w, PG, 120min) ★★★
8.50 **Off Set** *Jamie Cullum – Part Two:* Singer-songwriter Jamie Cullum discusses his influences.
9.00 **The Shepherd** Action thriller with Jean-Claude Van Damme. A border officer becomes obsessed with bringing down a drug-smuggling operation. (2008, 15, 91min) ★★

11.00 **Resident Evil: Apocalypse** Sci-fi. (2004, 15, 94min) ★★★
1.00 AM **Dark City** (1998) ★★★★
3.00 **Close Up**
5.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Under a Cloud** Drama. (1937, b/w, PG, 67min) ★★
7.20 **The True Glory**
9.00 **The Adventures of William Tell**
9.30 **Father's Doing Fine** (1952)
11.10 **Appointment with Crime**
12.55 PM **Jig-Saw: Careless Talk...**
1.15 **Flight of the Doves** (1971) ★★★
3.15 **The Hypnotist** (1956) ★★
5.00 **The Secret of the Incas** Adventure. (1954, PG) ★★

7.00 **The Man Who Finally Died** Drama starring Stanley Baker. A musician travels to Germany to investigate the possibility that his dead father may still be alive. (1962, PG, 100min) ★★
9.00 **Budgie** The small-time crook comes into some money.
10.00 **The Man Who Could Cheat Death** Hammer horror with Anton Diffring. An artist achieves eternal youth by replacing a gland in his body. (1959, 12, 83min) ★★

11.45 **What a Crazy World** Musical. (1963, b/w, PG, 88min) ★★★
1.30 AM **His Excellency** Comedy. (1951, b/w, U, 80min) ★★
3.10 **Hot Target** Crime thriller. (1985, 18, 91min) ★★
5.00 **to 6.00** AM **Target: The Corruptors**

Horror

317 149 70 138

8.00 AM **Under the Dome** 3/13. (S3)
9.00 **Star Trek: The Next Generation** 1/26. (S3)
10.00 **Star Trek** 23/24. (S3)
11.00 **End of the World** (2018) ★★
1.00 PM **Age of Ice** Disaster thriller. (2014, 15, 85min) ★★
2.35 **Tales from the Darkside** (S1)
3.00 **Space 1999** 17/24. (S2)
4.00 **Solar Flare** Sci-fi thriller. (2008, PG, 87min) ★★

6.00 **Star Trek** 24/24. (S3)
7.00 **Star Trek: The Next Generation** *The Ensigns of Command:* 2/26. (S3)
8.00 **First Wave** *Wednesday's Child:* 11/22. Mabus uses a child as bait to lure Jordan Ratcliffe. (S3)
9.00 **Burying the Ex** Comedy horror starring Anton Yelchin. A young man's dead ex-girlfriend returns from the grave to ruin his new relationship with the woman of his dreams. With Ashley Greene. (2014, 15, 89min) ★★

10.50 **Bound** Thriller starring Jennifer Tilly. (1996, 18, 118min) ★★★
12.55 AM **Discarnate** Horror. (2018, 18, 84min) ★★
2.40 **to 4.30** AM **Skyline** Sci-fi thriller. (2010, 15, 92min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.15 AM **Searching** As 5.30pm.
8.00 **Out of Blue** Drama. (2018, 15, 109min) ★★★
9.55 **The Vanishing** Thriller. (2018, 15, 107min) ★★★
11.45 **Greta** As shown at 7.15pm.
1.25 PM **Layer Cake** As 9.00pm.
3.15 **The Hate U Give** Drama. (2018, 12, 133min) ★★★★
5.30 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★
7.15 **Greta** Thriller. (2018, 15, 98min) ★★★★

9.00 Layer Cake

Greta (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer, hired by a Mob boss, finds himself in trouble when the deal goes sour. With Dexter Fletcher. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. (2018, 15, 123min) ★★★★
1.05 AM **The Wedding Guest** Thriller starring Dev Patel. (2018, 15, 94min) ★★★
2.55 **Rise of the Footsoldier: Marbella** Action comedy. (2019, 18, 85min) ★
4.35 **to 6.20** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Through the Fire** Drama. as shown at 3.45pm.
8.00 **Sorry Angel** As 5.45pm.
10.15 **Philadelphia** As 8.00pm.
12.25 PM **Motherhood** As 10.20pm.
1.55 **Summer Night** Coming-of-age romantic comedy. (2018, 12, 98min) ★★★
3.45 **Through the Fire** Drama. (2018, 15, 116min) ★★★
5.45 **Sorry Angel** Drama starring Vincent Lacoste. Subtitled. (2018, 15, 132min) ★★

8.00 Philadelphia

8.00 **Philadelphia** Oscar-winning drama starring Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. With Jason Robards. (1993, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Motherhood** Comedy with Christina Hendricks. Two couples and a surrogate face the complications of bringing new life into the world. (2017, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Serenity** Thriller starring Matthew McConaughey. (2019, 15, 106min) ★★★
1.55 AM **Damsel** Comedy starring Robert Pattinson and David Zellner. (2018, 15, 113min) ★★
4.00 **to 6.00** AM **Father Goose** Comedy starring Cary Grant. (1964, U, 116min) ★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Superman Returns**
8.45 **Batman v Superman: Dawn of Justice** As shown at 9pm.
11.30 **Superman** As 11.35pm.
2.05 PM **Superman II** Fantasy adventure sequel. (1980, PG, 127min) ★★★
4.15 **Superman III** Fantasy starring Christopher Reeve. (1983, PG, 123min) ★★★
6.25 **Superman Returns** Superhero adventure. (2006, 12, 154min) ★★★

6.25 Superman Returns

Superman Returns (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

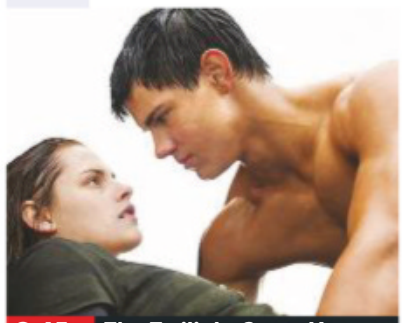
9.00 **Batman v Superman: Dawn of Justice** Action adventure starring Ben Affleck and Henry Cavill. The two superheroes' mutual distrust leads them into a battle to the death manipulated by an evil billionaire. (2016, 12, 164min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Superman** Sci-fi adventure starring Christopher Reeve, Margot Kidder and Marlon Brando. A baby boy from the planet Krypton is sent by his parents to Earth, where his dense molecular structure gives him superhuman powers. With Gene Hackman. (1978, PG, 143min) ★★★★
2.00 AM **Superman II** As 2.05pm.
4.10 **to 6.20** AM **Superman III** As shown at 4.15pm.

Sky Cinema Blockbusters

302 402 502

7.05 AM **The Lion King** As 6pm.
9.10 **The Chronicles of Narnia: The Voyage of the Dawn Treader** As shown at 4.35am.
11.10 **I Am Legend** As 2.50am.
1.00 PM **2012** Epic disaster thriller. (2009, 12, 151min) ★★
3.45 **The Twilight Saga: New Moon** Romantic fantasy. (2009, 12, 125min) ★★★
6.00 **The Lion King** Animation with the voice of Donald Glover. (2019, PG, 118min) ★★★



3.45 The Twilight Saga: New...

8.00 **The Matrix** Sci-fi thriller with Keanu Reeves. A computer hacker learns that he is destined to save humanity from enslavement by a network of computers. With Laurence Fishburne and Carrie-Anne Moss. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

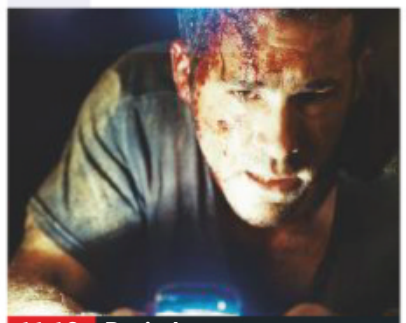
10.20 **The Matrix Reloaded** Sci-fi with Keanu Reeves. With only 36 hours to go before a machine army overwhelms the city of Zion, hope rests on the messiah-like Neo. (2003, 15, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Matrix Revolutions** Sci-fi. (2003, 15) ★★★
2.50 **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
4.35 **to 6.35** AM **The Chronicles of Narnia: The Voyage of the Dawn Treader** Fantasy. (2010, PG, 112min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Destroyer** War drama. (1943, b/w, U, 99min) ★★
1.05 PM **7th Cavalry** Western. (1956, U, 77min) ★★★
2.45 **The Great Sioux Massacre** Western about Custer and the Battle of Little Big Horn. (1965, U, 91min) ★★
4.50 **Carry On Constable** Comedy. (1960, b/w, U, 86min) ★★★
6.35 **Life of Pi** Oscar-winning epic. (2012, PG, 127min) ★★★★★



11.10 Buried

Life of Pi (film started at 6.35pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Deadpool** Comedy adventure with Ryan Reynolds and Morena Baccarin. A disfigured mercenary develops superhuman powers, which he uses to get payback on the man who ruined his life. (2016, 15, 104min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Buried** Thriller starring Ryan Reynolds. A truck driver wakes up to discover that he's been buried alive inside a coffin. With the voice of Robert Paterson. (2010, 15, 94min) ★★★★ 10 PM
1.00 **to 3.30** AM **Sicilian Ghost Story** Drama starring Julia Jedlikowska and Gaetano Fernandez. Subtitled. (2017, 15, 122min) ★★★ 11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Sirocco** Thriller. (1951) ★★
8.05 **Convicted** Prison drama. (1950, b/w, PG, 91min) ★★★
10.00 **The Last Hurrah** Drama. (1958, b/w, U, 121min) ★★★
12.25 PM **All the King's Men** Drama. (1949, b/w, PG) ★★★★★
2.40 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
4.50 **Born Free** Adventure. (1965, U, 95min) ★★★★

6.45 **Boy on a Dolphin** Adventure starring Alan Ladd. A penniless sponge-diver discovers a valuable statue, and an American archaeologist competes with an unscrupulous collector to get his hands on it. (1957, U, 106min) ★★
9.00 **Billion Dollar Brain** Thriller starring Michael Caine. A rebellious spy tries to thwart a crazed Texan's planned invasion of Russia. With Karl Malden. (1967, PG, 111min) ★★★

11.10 **The Big Chill** (1983) ★★★★
1.15 AM **The Long Haul** (1957) ★★★
3.00 **Appointment in London** Adventure. (1952, U) ★★★
4.35 **to 6.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Perfect Bride** Thriller. (1991, 15, 94min) ★★
10.50 **Murder in My House** Mystery thriller. (2006, 15, 93min) ★★
1.00 PM **Lost Letter Mysteries: One in a Million** Drama with Eric Mabius. (2016, PG, 84min) ★★
2.50 **Gone Missing** Mystery thriller. (2013, 12, 80min) ★★
4.30 **Autumn in New York** Romantic drama. (2000, 15, 105min) ★

6.35 **Little Women** Screen version of Louisa May Alcott's classic tale of four sisters living in New England during the American Civil War, starring Winona Ryder, Susan Sarandon and Gabriel Byrne. (1994, U, 114min) ★★★
9.00 **The Colony** Drama with Emma Watson and Daniel Brühl. A woman joins a cult during a revolution in 1970s Chile in the hope of discovering what has happened to her boyfriend. (2015, 15, 106min) ★★★

11.15 **The White King** Drama. (2016, 12, 89min) ★★
1.15 AM **First Kill** Action thriller. (2017, 15, 97min) ★★
3.20 **to 6.00** AM **Seven Years in Tibet** Adventure. (1997) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Trail Street** (1947) ★★
7.40 **Crossfire** Thriller. (1947) ★★★★
9.20 **The Las Vegas Story** Thriller. (1952, b/w, PG, 88min) ★★
11.05 **The Great Train Robbery**
1.00 PM **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
2.55 **One Minute to Zero** Drama. (1952, b/w, PG, 106min) ★★
5.05 **The Mountain Road** Thriller. (1959, U, 120min) ★★

7.15 **Solar Flare** Sci-fi thriller starring Tracey Gold. A maths prodigy discovers a new technique to predict solar flares and realises the Earth is to be hit by a huge force from the Sun. (2008, PG, 87min) ★★
9.00 **Submerged** Action thriller starring Steven Seagal. A mercenary and his team go to the rescue of a group of US Marines who have been brainwashed by an evil terrorist. (2005, 15, 96min) ★

10.55 **Sniper: Ghost Shooter** Thriller. (2016, 15, 99min) ★★
12.55 AM **The Exterminators** Sci-fi adventure. (2013, 15, 90min) ★
2.35 **to 4.00** AM **Stranger in My Bed** Thriller. (2005, 15) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Snowmance** (2017) ★★
9.00 **Northern Lights of Christmas** Drama. (2018, PG, 120min) ★★
11.00 **Once Upon a Christmas Miracle** Drama. (2018) ★★
1.00 PM **Help for the Holidays** Drama. (2012, 90min) ★★
3.00 **Christmas Coincidence** Drama. (2018, PG, 120min) ★★
5.00 **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★

7.00 **Christmas by the Book** Drama with Chelsea Kane. A lifestyle guru tries to make a success of a family's holiday gala, while pretending to be in love with a TV producer. With Drew Seeley. (2018, PG, 90min) ★★
9.00 **Road to Christmas** Romance starring Jessy Schram and Chad Michael Murray. A television producer plans to reunite the stars of a popular Christmas show during a live broadcast. (2018, U, 120min) ★★

11.00 **Last Christmas at Home** Drama. (2018, PG, 76min) ★★
1.00 AM **Mingle All the Way** Romance. (2018, PG) ★★
3.00 **to 5.00** AM **Hometown Holiday** Drama. (2017) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **The Dukes of Hazzard** *Comedy Central* Action comedy based on the popular TV series, starring Seann William Scott. ★
9.00 **Pacific Rim** *Sky One* Epic sci-fi action movie starring Charlie Hunnam and Idris Elba. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. ★★★
10.00 **Coogan's Bluff** *ITV4* Thriller starring Clint Eastwood as an Arizona cop on the trail of an escaped killer. With Susan Clark and Don Stroud. ★★★
10.00 **Kill Bill: Vol. 1** *Syfy* Quentin Tarantino's epic action thriller starring Uma Thurman. ★★★★
11.00 **The Chronicles of Riddick** *5STAR* Sci-fi adventure sequel to Pitch Black, starring Vin Diesel and Colm Feore. ★★★
12.05 AM **National Lampoon's Vacation** *ITV4* Comedy starring Chevy Chase, Beverly D'Angelo and Imogene Coca. ★★
1.55 **The Nile Hilton Incident** *C4* Crime drama starring Fares Fares, Mari Malek and Yasser Ali Maher. Subtitled. ★★★

TUESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News** The latest sports news and updates.
8.00 **Fighting Fit 2020**
8.30 **Fit In 5: Strength** A challenging advanced workout, designed to build strength.
8.40 **Fit In 5: Abs & Core 2** An advanced workout focusing on building abs and core strength.
8.50 **Fit In 5: Challenger** Marvin Ambrosius leads us through body weight exercises.
9.00 **Sky Sports News** The latest sports news and updates.
10.00 **The Football Show**
12.00 NOON **Sky Sports News** The latest sports news and updates.
5.30 PM **LIVE Premier League** Action from the Premier League.
8.00 **LIVE Premier League** Action from the Premier League.
10.45 **PL Greatest Games** A look back at highlights of Liverpool v Newcastle United from the 1995/1996 season at Anfield.
11.00 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Robert Pires**
7.30 **PL Legends: Thierry Henry**
8.00 **Best PL Goals: Newcastle v Liverpool** Memorable strikes.
8.30 **Best PL Goals: Liverpool v Man Utd** Memorable goals.
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Premier League Icons**
1.30 PM **Premier League Review**
2.30 **MNF** A re-run of Manchester United v Southampton.
5.30 **LIVE Premier League** Action from the Premier League.
8.00 **LIVE Premier League** Action from the Premier League.
10.45 **Gary Neville's Soccerbox** The host talks to Alan Shearer.
11.15 **PL Greatest Games**
11.30 **Premier League Icons**
12.00 M'T **Gary Neville's Soccerbox** The host talks to Dimitar Berbatov.
12.30 AM With John Barnes.
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 98/99**
5.00 **Best PL Goals: Chelsea v Arsenal** Memorable goals.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Final L1 15/16**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **LIVE MLS Inter Miami CF v Chicago Fire.** From ESPN Wide World of Sports Complex, Florida.
4.10 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **EFL Play Off Final L1 19/20**
7.00 **Championship Highlights**
9.00 **EFL Play Off Finals L1 18/19**
10.00 **SPFL Greatest Games**
10.30 **Old Firm Derby 2016/17**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 09**
1.00 AM **EFL Play Off Finals**
2.00 **EFL Play Off Finals L1 12/13**
3.00 **One2Eleven**
3.15 **to 6.00** AM **EFL Cup Retro 12**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **ICC World Cup 2019**
8.00 **The Road to the World Cup**
9.00 **Best of Joe Root: West Indies 2019** England v West Indies.
10.00 **ICC World Cup 2019**
2.00 PM **The Road to the World Cup**
3.00 **ICC World Cup 2019**
4.00 **Best of 2019: ICC World Cup Final** England v New Zealand.
5.00 **The World Cup Through Their Eyes** A look back at England's victorious 2019 World Cup through the eyes of the players.
7.00 **ICC World Cup Final Watchalong** England v New Zealand: A chance to relive the final of the 2019 ICC World Cup.
9.45 **World Cup Bitesize**
10.45 **ICC World Cup 2019**
11.00 **World Cup Bitesize**
12.00 M'T **ICC W Cup 2019 Semi Final Bitesize** Australia v England.
12.15 AM **World Cup Bitesize**
12.45 **The World Cup Through Their Eyes** As shown at 5.00pm.
2.45 **ICC Cricket World Cup**
3.45 **Best of 2019: ICC World Cup Final** England v New Zealand.
4.45 **Eoin Morgan: On Top of the World** An interview with the star.
5.30 **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Best of the Open Zone 2016** From Royal Troon.
7.00 **Golf Academy**
7.30 **School of Golf**
8.00 **British Masters Masterclass**
9.00 **PGA Tour Golf**
10.00 **Best of the Open Zone 2016**
11.00 **Golf Pass with Rory McIlroy**
11.30 **The Golf Fitness Show**
12.00 NOON **Golf Academy**
1.00 PM **School of Golf**
2.00 **British Masters Masterclass**
3.00 **PGA Tour Golf**
4.00 **Golf Pass with Rory McIlroy**
4.30 **The Golf Fitness Show**
5.00 **Golf Academy**
5.30 **School of Golf**
6.00 **Nick Dougherty's Tee Time Tips**
7.00 **PGA Tour Golf**
8.00 **Miracle at Medinah – The Story of the 2012 Ryder Cup**
10.00 **Golf Academy**
11.00 **School of Golf**
12.00 M'T **Golf Pass with Rory McIlroy**
12.30 AM **The Golf Fitness Show**
1.00 **Best of the Open Zone 2016**
2.00 **British Masters Masterclass**
3.00 **Golf Academy**
4.00 **School of Golf**
5.00 **to 6.00** AM **British Masters Masterclass**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE Friday Night SmackDown** Wrestling action.
8.45 **BT Sport Goals Reload**
9.00 **ESPN FC** Football news.
9.30 **FIM CEV Repsol** Action from race one of the second round of the FIM CEV Repsol International Championship in the Algarve, Portugal.
12.30 PM **V8 Supercars Highlights** Races seven, eight and nine of the Virgin Australia Supercars Championship from Sydney.
2.30 **World RX Esports**
3.30 **Bundesliga Special**
4.30 **ESPN FC** Football news.
5.00 **Premier League Review** The latest top-flight action.
6.00 **Fishing: On The Bank**
7.00 **The WRC Magazine**
7.30 **Bundesliga Special** A review of the 2019/2020 season.
8.30 **UEFA Champions League Magazine** News and features.
9.00 **WWE Monday Night Raw**
11.30 **WWE NXT** Wrestling action.
1.15 AM **BT Sport Goals Reload**
1.30 **Fishing: On The Bank**
2.30 **FIM CEV Repsol**
5.30 **to 6.00** AM **Bundesliga Special**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **Moto3: GP of Australia**
7.30 **Moto2: GP of Australia**
8.30 **MotoGP: GP of Australia**
9.30 **In Depth with Graham Bensinger** With Steve-O.
10.00 **World Rallycross Highlights**
11.00 **Inside Sailing**
12.00 NOON **Nixon's National Champs** Documentary.
12.30 PM **AFL** Action from Essendon Bombers v Western Bulldogs.
2.30 **AFL** Action from Carlton Blues v Sydney Swans.
4.30 **AFL** North Melbourne Kangaroos v Richmond Tigers.
6.30 **ESPN Films: Two Points, One Title** Documentary.
7.00 **30 for 30: Believeland**
8.30 **Mic'd Up: Gareth Ainsworth**
9.00 **BT Sport Films: Stop The Tour**
10.45 **State of Play: Thomas Hitzlsperger** The issue of homophobia in football.
11.00 **The Prince of Pennsylvania**
12.00 M'T **30 for 30: Trojan War**
1.30 AM **The Gospel According to Mac** Documentary.
3.30 **30 for 30: Chasing Tyson**
5.00 **to 6.00** AM **ESPN Films: The Little Master**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1978/79** Four editions.
10.00 **Classic Premier League**
12.00 NOON **Football Archives: 1978/79** Classic action.
12.30 PM **Football Archives: 1979/80** Classic action.
1.00 **Football Archives: 1980/81**
1.30 **Playback – Football's Greatest Rivalries** The Merseyside Derby.
2.30 **MotoGP Classics: Suzuka 1993** The Japanese Grand Prix.
3.30 **MotoGP Classics: Barcelona 1992** The European Grand Prix.
4.30 **Football Archives: UCL 94/95**
5.00 **Football Archives: UCL 95/96**
5.30 **Champions League Final 2000** Real Madrid v Valencia.
6.00 **UCL Greatest Nights: Man Utd**
7.00 **Ashes Classics – 1986/87**
9.00 **UFC** Action from UFC 251 on Yas Island, Abu Dhabi.
12.00 M'T **UFC Main Event: Holm v Shevchenko**
1.00 AM **UFC: The Ultimate Fighter**
2.00 **UFC Profiles In Combat: Cerrone** Donald Cerrone.
2.30 **UFC Profiles In Combat: Bisping** Profile of Michael Bisping.
3.00 **WRC Classic**
4.00 **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **Phil Taylor: The Greatest**
9.00 **Taylor Tuesday**
10.00 **Fight Night Classics**
12.00 NOON **NFL: Weekday Wildcards** Double bill.
2.00 PM **Phil Taylor: The Power & The Glory** A profile of Phil Taylor.
4.00 **Darts at Home: Taylor v Barneveld**
4.45 **Taylor Tuesday**
5.00 **Paddy Power's Darts at Home**
5.45 **Taylor Tuesday**
6.00 **Phil Taylor: The Greatest**
7.00 **Taylor Tuesday**
8.00 **NFL: Divisional Play Offs 16/17** New England Patriots v Houston Texans: Action from the second divisional play-off match, held at Gillette Stadium in Foxborough, Massachusetts.
9.00 **Million Dollar Monday** Anthony Crolla v Jorge Linares: A re-run of the WBA World Lightweight title bout at Manchester Arena.
12.00 M'T **NFL Highlights** New England Patriots v Green Bay Packers.
1.00 AM **NFL: America's Game**
2.00 **Phil Taylor: The Greatest**
3.00 **Taylor Tuesday**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Greats**
7.30 **School of Golf**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5 4**
8.40 **Fit In 5: Intro To Fit In 5**
8.50 **Fit In 5 6**
9.00 **Motorsport Mundial**
9.30 **Wildfly Fishing**
10.30 **World Surf League**
11.30 **Red Bull Ultimate Rush**
12.00 NOON **Formula 1** Triple bill.
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5 4**
5.40 **Fit In 5: Intro To Fit In 5**
5.50 **Fit In 5 6**
6.00 **Motorsport Mundial**
6.30 **Wildfly Fishing**
7.30 **World Surf League** Highlights of the Gold Coast Pro from Burleigh Heads, Queensland.
8.30 **Red Bull Ultimate Rush**
9.00 **Formula 1** Triple bill.
12.00 M'T **Motorsport Mundial**
12.30 AM **Wildfly Fishing**
1.30 **World Surf League**
2.30 **Red Bull Ultimate Rush**
3.00 **to 6.00** AM **Formula 1**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **Pardon the Interruption**
7.00 **ESPN SportsCenter**
7.15 **College Football Classics**
11.15 **ESPN SportsCenter**
11.30 **ESPN FC** Football news.
12.00 NOON **Pardon the Interruption**
12.30 PM **ESPN SportsCenter**
12.45 **MLB Classic** Back-to-back editions featuring All-Star Highlights from 1971 to 1985.
7.30 **The Basketball Tournament** Action from the semi-finals.
11.00 **Backstory – The Decision**
12.00 M'T **LIVE The Basketball Tournament** Coverage of the final of the five-on-five, winner-takes-all tournament, with a grand prize of over $1million.
2.00 AM **MLB Classic: All-Star 1986**
2.30 **MLB Classic: All-Star 1987**
3.15 **MLB Classic: All-Star 1989**
3.45 **College Football Classics**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Tennis: Berlin Bett1 Aces**
8.00 **Tour de France: Thomas 2018**
11.00 **Superbikes: MotoAmerica**
12.00 NOON **Speedway European Championship** As 6.00pm.
1.00 PM **Athletics: Diamond League**
2.00 **Tour de France: Thomas 2018**
5.00 **Hall of Fame: Greatest Cyclists**
6.00 **Speedway European Championship** Action from round two in Bydgoszcz, Poland.
7.00 **Superbikes: MotoAmerica** Round two from Wisconsin.
8.00 **Tour de France: Thomas 2018** Highlights of stage nine, the last one before the first rest day, featuring a hilly 156.5km journey from Arras Citadelle to Roubaix.
11.00 **Tennis: Berlin Bett1 Aces**
12.00 M'T **World Poker Tour: Alpha 8**
1.00 AM **Hall of Fame: Greatest Gymnasts**
2.00 **Tour de France: Thomas 2018**
5.00 **to 7.00** AM **Snooker: World Champs Final 2012**

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Snooker: Welsh Open**
10.00 **Tennis: Berlin Bett1 Aces**
11.00 **LIVE Tennis: Berlin Bett1 Aces** Coverage of the semi-finals of the exhibition tournament from the Steffi Graf Stadium in Berlin.
3.00 PM **LIVE Tennis: Berlin Bett1 Aces** Further coverage of the semi-finals of the exhibition tournament from Berlin.
7.00 **Tennis: Berlin Bett1 Aces** Highlights of the semi-finals.
8.00 **Porsche Supercup**
9.00 **Bennetts British Superbikes**
10.00 **Superbikes: Whit & Friends**
12.00 M'T **Snooker: Trump v Higgins** Judd Trump v John Higgins: The 2011 World Championship final.
2.00 AM **Hall of Fame – Beijing 2008** A look at some of the outstanding athletes from the 2008 Olympics in Beijing.
3.00 **Cycling: Virtual Tour de France**
5.00 **to 8.00** AM **Tour de France: Thomas 2018**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Super Rugby**
9.00 **Netball World Cup 2019**
10.30 **WNBA Finals: Washington @ Connecticut**
12.15 PM **NBA Special: Making It Rain** Documentary.
1.00 **Super Rugby**
3.00 **Betfred Super League**
4.00 **NBA: LA Lakers @ Dallas**
6.00 **Sporting Heroes: Gary Newbon Interviews AP McCoy**
7.00 **NRL Try Time**
8.00 **The Golden Point Vodcast**
8.30 **Betfred Super League**
9.00 **International Rugby Union** Triple bill of action from 2018.
12.00 M'T **Betfred Super League**
1.00 AM **Sporting Heroes: Suzanne Dando Interviews Olga Korbut**
2.00 **Netball World Cup 2019**
3.30 **WNBA Finals: Washington @ Connecticut**
5.15 **to 6.00** AM **NBA Special: Making It Rain**

Sky Sports F1

406 406 860 | 516 506

As a result of the coronavirus pandemic, the sporting calendar has been distrupted.

At the time of going to press, Sky Sports was unable to supply accurate schedules for Sky Sports F1 this week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Wednesday 15 July

Evening Planner

Documentary

Paul O'Grady's For the Love of Dogs...
ITV HD, 8pm
A special follows the team as they rehomed pups when lockdown kicted in

Documentary

Bears About the House
BBC2 HD, 8pm
Giles Clark joins a sanctuary project in Laos, and helps care for Mary, a five-month-old orphaned sun bear

Drama

Mrs America
BBC2 HD, 9pm & 9.45pm
Phyllis Schlafly promotes her movement nationally, while Shirley Chisholm makes a groundbreaking bid for president

Drama

Condor
Sky One HD, 9pm
Joe is approached by a Russian agent hoping to strike a deal as the Max Irons-starring thriller returns for series two

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 6.55 MOTD – Live		8.00 The Repair Shop		9.00 Celebrity MasterChef		10.00 News	
102 BBC2	7.00 Back in Time for Tea		8.00 Bears About the House		9.00 Mrs America			10.35 Grand...
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Paul O'Grady's For the Love of Dogs...		9.00 Benidorm		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 Naked Attraction	
105 CHANNEL 5	7.00 Great British Bike Rides		8.00 Traffic Cops		9.00 The Railway 24/7		10.00 Shoplifters: At War with the Law	
106 SKY ONE	◂ 5.30 Premier League – Live		8.00 Rob & Romesh vs Ballet		9.00 Condor		10.10 Premier League's Greatest...	
ENTERTAINMENT								
116 BBC4	7.00 River Walks...	7.30 The Joy of...	8.00 Rise of the Nazis		9.00 Ian Hislop's Stiff Upper Lip...		10.00 All New Top...	10.30 Germaine...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: All the Dramz		10.05 Maura Higgins: You're Joking Me!	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 24 Hour Baby Hospital		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 Celebrity Gogglebox USA		10.00 Celebrity Gogglebox	
107 SKY WITNESS	7.00 Paramedics: Australia		8.00 Ghost Whisperer		9.00 Grey's Anatomy		10.00 Station 19	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Penny Dreadful: City of Angels		10.10 Perry Mason	
110 GOLD	◂ 6.35 Only Fools and Horses							10.35 Men...
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 Big Zuu's Big Eats	
119 ITV3	◂ 6.00 Downton Abbey		8.00 Lewis				10.00 Law & Order: UK	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Junk and Disorderly		9.00 Film: Crimson Tide			
112 COMEDY CENTRAL	7.00 Friends				9.00 When Chat Shows Go Horribly Wrong			
152 SYFY	7.00 A Town Called Eureka				9.00 Film: xXx: State of the Union			
109 W	7.00 Top Chef		8.00 Inside the Ambulance				10.00 Louis Theroux: Dark States – Murder...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Silicon Valley		10.15 Girls	
124 FOX	7.00 NCIS				9.00 APB		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Treasures of the British Library		8.00 The Animated World of Halas and...		9.00 Landscape Artist of the Year 2019		10.00 Josephine Baker: The Story of an...	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Gold Divers		10.00 Outback Truckers	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Saved By the Barn		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Witness to Disaster		9.00 Rescued		10.00 Wicked Tuna	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Flipping Bangers		9.00 Treasures Decoded		10.00 Secret History of Humans	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Britain's Biggest Warship Goes to Sea		9.00 The Green Green...	9.35 Porridge		10.35 What a...
166 EDEN	7.00 Thailand: Earth's Tropical Paradise		8.00 Russia from Above		9.00 The Zoo	9.30 Jungle Planet	10.00 Natural World	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 The Parts You Lose		8.00 Olympic Dreams			9.30 It: Chapter Two		
303 HITS	7.10 The Predator				9.00 Downton Abbey			
304 GREATS	◂ 5.40 Star Wars: Episode VI – Return of...		8.00 Full Metal Jacket				10.00 The Royal Tenenbaums	
305 DISNEY	◂ 6.00 Frozen II		8.00 Pocahontas			9.35 Mary Poppins Returns		
306 FAMILY	◂ 6.00 Hop	7.50 Nanny McPhee				9.40 Race to Witch Mountain		
307 ACTION	◂ 5.50 Glass		8.00 Star Wars: The Rise of Skywalker					10.35 Days of...
308 COMEDY	◂ 6.00 Crazy, Stupid, Love		8.00 Instant Family				10.00 Extra Time	
309 THRILLER	7.10 The Intruder				9.00 Killerman			
310 DRAMA	◂ 6.15 Love After Love		8.00 About Time				10.15 Hot Air	
311 SCI-FI	◂ 6.50 Captain America: The First Avenger				9.00 Avengers: Endgame			
302 BLOCKBUSTERS	◂ 6.00 Ant-Man		8.00 Pokémon Detective Pikachu				10.00 Ocean's Eleven	
313 FILM4	◂ 6.35 Star Trek				9.00 War for the Planet of the Apes			
315 TCM MOVIES	7.15 The Hired Hand				9.00 Executive Decision			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
403 FOOTBALL	7.00 EFL Championship Highlights				9.00 EFL Play Off Final C'Ship 18/19		10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET	◂ 2.00 ICC Women's World Cup 2017 Final							10.30 Winning Over...
413 BT SPORT 1	7.00 World RX Esports		8.00 Fishing: On The Bank		9.00 True Grit		10.00 WWE NXT UK	
414 BT SPORT 2	◂ 6.00 30 for 30...	7.30 30 for 30: June 17th, 1994		8.30 BT Sport Films...	9.00 Daniel Dubios...	9.30 What Went Down: Tyson Fury		

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 8/15. Artists create pieces for buyers in St Albans. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 8/15. How the invention of clockwork continues to influence modern life. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 The Repair Shop: Fixing...

7 PM

6.55 **LIVE MOTD** Concluding coverage of a Premier League fixture. (S)

8 PM

8.00 **The Repair Shop** Jay Blades and the team tackle a radio that survived Dunkirk, a battered leather gaming case, a grandfather clock with a poignant history and a pair of Viking statues. (S)(R)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 7/15. Felicity Montagu, Lady Leshurr, Amar Latif, Gethin Jones and Jeff Brazier enter the studios to demonstrate their culinary skills. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **Match of the Day** Gary Lineker presents highlights from the latest Premier League matches. (S)

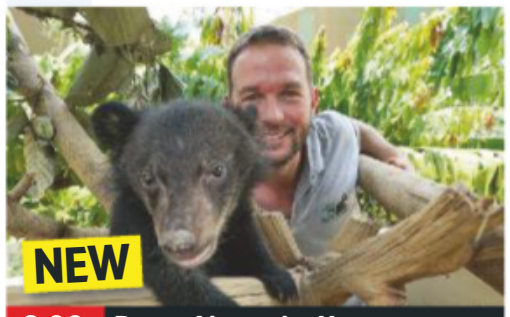
11.55 **A Question of Sport** With sprinter Imani-Lara Lansiquot, four-time World Superbikes champion Carl Fogarty, Taekwondo star Bianca Walkden and former England striker Kevin Phillips. (S)(R)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Home Is Where the Art Is** 7/15. From Cheddar. (S)(R)(AD)
7.15 **The Repair Shop: Fixing Britain** 7/15. Maritime history. (S)(R)(AD)
8.00 **Sign Zone: Great Asian Railway Journeys** In Thailand. (S)(R)(AD)
9.00 **Jungle Atlantis** (S)(R)(AD)
10.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **The Hairy Bikers' Bakeation** A trip through Austria. (S)(R)(AD)
2.45 **Wild China** (S)(R)(AD)
3.45 **NEW Sporting Legends: Simone Biles** A profile of the gymnast. (S)
3.55 **Olympics Rewind: Beijing 2008** New edition 2/3. A look back at the 2008 Olympic Games. (S)
5.30 **LIVE MOTD** Coverage of a Premier League fixture. *Coverage continues on BBC1*. (S)



8.00 Bears About the House

7 PM

7.00 **Back in Time for Tea** 3/6. The Ellis family enjoy the new freedoms of the 1960s, from steak and chips to caravan holidays and muscleman competitions. Plus, John puts in a shift down the pit, and the girls try a recipe service. (S)(R)(AD)

8 PM

8.00 **NEW SERIES Bears About the House** 1/2. Conservationist Giles Clark embarks on his biggest mission to date – taking on the illegal wildlife trade and helping to build a new bear sanctuary in Laos, South East Asia. (S)(AD)

9 PM

9.00 **Mrs America** New episode *Shirley:* 3/9. Phyllis's campaign to stop the ratification of the Equal Rights Amendment gathers support and momentum. (S)(AD)
9.45 New episode *Betty:* 4/9. The Supreme Court makes a historic judgement legalising abortion in America. *See feature, page12.* (S1) (S)(AD)

10 PM

10.35 **Grand Tours of Scotland** New edition Paul Murton travels to the summit of Ben Nevis. (S)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **Once Upon a Time in Iraq** 1/5. Examining the realities of war and life under ISIS. (S)(R)(AD)
12.30 AM **Sign Zone: You Are What You Wear** 4/4. Volunteers include husband-and-wife slimmer of the year champions. (S)(R)(AD)
1.30 **Sign Zone: Inside Monaco: Playground of the Rich** (S)(R)
2.30 **Sign Zone: Celebrity MasterChef** Previous contenders return. (S)(R)
3.00 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit the Old Granada Studios, where David Ford finds a collection of gold, and a pencil sketch takes the auction by storm. (S)(R)
3.00 **Tenable** Five air traffic controllers take part in the quiz. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7 PM

7.00 **Emmerdale** Nicola advises Bob as he tries to run the cafe. (S)(AD)
7.30 **Coronation Street** Kevin urges Abi to meet up with the twins before they leave for Australia. (S)(AD)

8 PM

8.00 **NEW Paul O'Grady's For the Love of Dogs: Back in Business** Paul returns to Battersea Dogs & Cats Home to see how staff have coped during the COVID-19 pandemic. (S)(AD)

9 PM

9.00 **Benidorm** 6/7. Amber and the staff hatch a plan to cheer Les up, Troy thinks he is being stalked by his ex Gavin, and a case of mistaken identity gets Rob, Joey and Tiger into trouble with the law. (S8) (S)(R)(AD)

10 PM

10.00 **ITV News** (S)
10.35 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

11.45 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell follow the story of reunited siblings Geoffrey and Barbara as they investigate a family mystery and try to trace a missing sister. (S)(R)(AD)
12.35 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 19&20/27. (S9) (S)(R)
7.20 **Mike & Molly** (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** (S3&4) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** A couple look to swap Scotland for Spanish sunshine. (S)(R)
5.00 **Four in a Bed** The third visit of the week takes place at Mallard House in North Yorkshire. (S)(R)
5.30 **Come Dine with Me** Hezron hopes to wow his guests with a Caribbean-inspired menu. (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

9.00 Grand Designs

7 PM

7.00 **News** (S)

8 PM

8.00 **Location, Location, Location** Kirstie Allsopp tries to help Matthew and Kieran find a bigger property in Blackpool, while Phil Spencer helps Diana, a climber from Scotland who wants a new home in the Lake District. (S)(R)

9 PM

9.00 **Grand Designs** Kevin McCloud meets Spanish architect Jaime and his wife Mimi as they embark on a mission to convert a Grade II-listed folly into a family home in Buckinghamshire – on a tight six-month deadline. (S)(R)(AD)

10 PM

10.00 **Naked Attraction** Anna Richardson hosts as a 25-year-old estate agent and a 29-year-old transsexual each choose a date after seeing what their potential partners have to offer on a purely physical level. (S)(R)(AD)

11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.10 AM **Wife Swap USA** (S)(R)
1.00 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(R)
1.50 **Couples Come Dine with Me** (R)
2.45 **FILM The Family** Dark comedy. (S)(SL) (2013, 15, 110min) ★★★
4.35 **Grand Designs Australia** An underground bunker. (S)(R)(AD)
5.30 **Kirstie's Fill Your House for Free** A suburban semi. (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.20 **Can't Pay? We'll Take It Away!** In east London. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **The Killer Trainer** Thriller starring Hannah Barefoot. (S) (2018, 12, 105min) ★★
4.00 **Friends** 17&18/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Ned treats Yashvi at a posh restaurant. (S)(R)(AD)
6.00 **Home and Away** Bella and Colby bump into each other with unexpected consequences. (S)(R)(AD)
6.30 **News** (S)

9.00 **The Railway 24/7**

7.00 **Great British Bike Rides** Highlights of Larry and George Lamb's trips around the nation. (S)(R)

8.00 **Traffic Cops** A police officer is on the lookout for a car reported to be driving dangerously, when it suddenly comes out of a side road in front of him and a high-speed pursuit ensues. (S)(R)

9.00 **The Railway 24/7** New edition 5/6. British Transport Police launch an operation in Hull to disrupt county lines drug dealing on the network, while would-be train driver Matt is put through his paces. (S)

10.00 **Shoplifters: At War with the Law** 1/6. Documentary following shopping centre security teams who are locked in a cat-and-mouse battle to catch criminals. (S)(R)

11.05 **Criminals Caught on Camera** A fake robbery. (S)(R)
12.05 AM **Robbing Your Relatives: Families at War** (S)(R)
1.00 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Red Arrows: Kings of the Sky**
4.00 **OMG! My Midlife Plastic Crisis**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** 23/23. (S1) (S)(R)
9.00 **Supergirl** 3/22. (S2) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** *A Leopard on the Prowl*: 20/20. Rick's father figure Icepick, gets double-crossed. (S2) (R)
4.00 **Modern Family** 19/22. Jay finds himself in a pickle. (S)(R) **4.30** 20/22. Phil and Gloria confront Alice about stealing a hot sauce recipe. (S7) (S)(R)
5.00 **The Simpsons** *Milhouse of Sand and Fog:* Milhouse's parents consider a reconciliation. (S)(R)
5.30 LIVE **Premier League** Action from the Premier League.

9.00 **Condor**

LIVE **Premier League** (started at 5.30pm)

8.00 **Rob & Romesh vs Ballet** 1/4. Comedians Romesh Ranganathan and Rob Beckett team up again, beginning by examining the world of ballet and taking part in a performance of *Swan Lake*. (R)

9.00 NEW SERIES **Condor** *Exile Is a Dream:* 1/10. While traveling through Europe, Joe is approached by a Russian intelligence officer who offers to reveal the identity of a mole in exchange for protection. (S2)

10.10 **Premier League's Greatest Moments** From 11-goal thrillers to embarrassing misses, Jamie Carragher reveals his greatest Premier League moments. (S)(R)

12.10 AM **A League of Their Own: European Road Trip** A visit to Monaco. (S)(R)(AD)
1.10 **The Blacklist** 12/18. Red meets an old flame. (S7) (S)(R)
2.05 **Micky Flanagan Thinking Aloud** The topics that keep the comic awake at night. (S)(R)(AD)
3.05 **Hawaii Five-0** (S3) (S)(R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
11.55pm The Paddy Raff Show (S)(R) **12.25am** A Question of Sport (S)(R) **12.55-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.30pm-12.30am Britannia's Burning: Fire on the Bridge (S)(R)

WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions (S) **2.35** Wild China (S)(R)(AD) **3.35-3.45pm** Coast (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Caru Siopa (AD) **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Natur a Ni **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ty Cymreig **6.30** Gêm Gartre **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Heno Aur New edition **8.25** Y Sioe Fwyd New edition **8.55** Newyddion S4C a'r Tywydd **9.00** NEW SERIES Pawb a'i Farn **10.00** Miwsig Fy Mywyd (AD) **11.00pm-12.00m't** Clwb Rygbi

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **River Walks: The Nidd** Blind adventurer Amar Latif follows a trail along the Nidd.
7.30 **The Joy of Painting** New edition A place of respite for the weary traveller.
8.00 **Rise of the Nazis** 3/3. The infamous Night of the Long Knives in 1934.
9.00 **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain** 3/3. How the British expressed their feelings throughout the 20th century.
10.00 **Top of the Pops** A compilation of classic Kylie Minogue performances.
10.30 **Germaine Bloody Greer** Profile of the writer.
11.30 **Virago: Changing the World One Page at a Time** The publishing house.
12.30 AM **Andrew Marr's Great Scots: The Writers Who Shaped a Nation**
1.30 **The Joy of Painting**
2.00 **River Walks: The Nidd**
2.30 **to 3.30** AM **Ian Hislop's Stiff Upper Lip...**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A memory quilt.
9.20 **A Place in the Sun: Winter Sun** In Nerja.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.15 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet** An operation on a rabbit's broken leg.
6.55 **Escape to the Chateau: DIY** It is crunch time for Jonathan and Michael as they face their investors.
7.55 **Grand Designs** A couple build a modernist home in Bath, opting for an environmentally friendly prefabricated kit house.
9.00 **24 Hour Baby Hospital** New edition A couple brace themselves for their baby's arrival, but the experience is bittersweet, as they remember their first child, who died shortly after birth.
10.00 **24 Hours in A&E** A woman is rushed to A&E after being flung from a go-kart at speed.
11.05 **24 Hours in A&E**
12.10 AM **8 Out of 10 Cats Does Countdown** With Sarah Millican, Bob Mortimer and Alex Horne.
1.15 **24 Hour Baby Hospital**
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **You've Been Framed!**
12.55 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
2.55 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
6.30 **You've Been Framed! Gold** Comical clips.
8.00 **Roswell, New Mexico** New episode *I'll Stand by You:* 5/13. Liz, Michael and Isobel are forced to face up to the reality that they might not be able to save Max. Meanwhile, Maria and Alex make amends. (S2)
9.00 NEW **Love Island: All the Dramz** Revisiting the juiciest and most memorable *Love Island* moments.
10.05 NEW **Maura Higgins: You're Joking Me!** The *Love Island* star prepares to compete in the gruelling 5km Spartan Race.
11.05 **Family Guy** Double bill of the animated comedy.
12.00 M'T **American Dad!**
1.00 AM **The Cleveland Show**
2.00 **Iain Stirling's CelebAbility**
2.45 **to 3.25** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode The soap's 2000 male rape storyline.
7.30 **Married at First Sight Australia** New edition The grooms' homestays have come to an end and the couples return to Sydney.
9.00 **Celebrity Gogglebox USA** New edition The celebrities cast an eye over *America's Got Talent* and *Good Morning America*.
10.00 **Celebrity Gogglebox** Shows including *Countdown*, *Titanic*, *First Dates* and *Serengeti* are appraised.
11.00 **Buffy the Vampire Slayer**
12.00 M'T **The Big Bang Theory**
1.00 AM **Gogglebox**
2.05 **First Dates**
3.00 **8 Out of 10 Cats**
3.40 **The Big Bang Theory**
4.30 **How I Met Your Mother**
5.20 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 28 | 123

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 8/22. (S2)
11.00 **Elementary** 12/24. (S3)
12.00 NOON **Law & Order** 1/24. The team look into a boy's death in a house fire. (S11)
1.00 PM **Blue Bloods** 9/22. (S2)
2.00 **CSI** 3/23. The mummified body of a woman is discovered in a closet. (S4)
3.00 **Paramedics: Australia**
4.00 **Nothing to Declare**

9.00 Grey's Anatomy

7 PM

7.00 **Paramedics: Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM

8.00 **Ghost Whisperer** *On the Wings of a Dove:* 8/22. Melinda helps the spirit of an ex-convict who begins to haunt Jim. (S1)

9 PM

9.00 **Grey's Anatomy** New episode *Sing It Again:* 20/21. Owen and Link treat a woman who cannot stop singing. (S16)

10 PM

10.00 **Station 19** New episode *I'll Be Seeing You:* Things get complicated as the crew battle a fire at a storage facility. (S3)
11.00 **Criminal Minds** 3/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **FBI** 1/19. (S2)
2.00 **How to Get Away with Murder**
3.00 **The Good Doctor** 9/18. (S2)
4.00 **CSI** 20/23. (S4)
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **The Guest Wing**
9.00 **Elementary** 17/24. (S1)
10.00 **CSI** 13-15/24. (S6)
1.00 PM **Elementary** 18/24. (S1)
2.00 **Blue Bloods** (S2)
4.00 **CSI** 16/24. The team look into a body found in a chimney. **5.00** 17/24. The CSIs are featured on a reality TV series. **6.00** 18/24. A high-school's homecoming queen is murdered, and a classmate admits his guilt. (S6)

9.00 Penny Dreadful: City of...

7.00 **Blue Bloods** *Moonlighting:* 9/22. A killer agrees to show Danny where he dumped his victims' bodies.

8.00 **Blue Bloods** *Whistle Blower:* 10/22. Erin needs help to find the killer of an informant who had been helping her. (S2)

9.00 **Penny Dreadful: City of Angels** New episode *Wicked Old World:* 3/10. Tiago and Molly visit Santa Monica Pier. (S1)

10.10 **Perry Mason** *Chapter 4:* 4/8. Mason and Strickland lean on Virgil for legal assistance. (S1)
11.20 **The Sopranos** *Mr & Mrs John Sacrimoni Request:* 5/21. Johnny Sack is granted temporary leave. (S6)
12.30 AM **Get Shorty** (S3)
1.40 **Californication** (S7)
2.15 **Elementary** 15&16/24. (S1)
4.00 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.05 AM **Porridge**
7.35 **The Green Green Grass**
8.40 **Porridge**
9.15 **Are You Being Served?**
10.00 **Last of the Summer Wine**
12.00 NOON **Porridge**
12.35 PM **Are You Being Served?**
1.20 **The Green Green Grass**
1.55 **Only Fools and Horses**
3.20 **Last of the Summer Wine**
5.15 **Are You Being Served?**
6.00 **The Green Green Grass**
6.35 **Only Fools and Horses** Del Boy goes eco-friendly.

11.15 The Young Ones

Only Fools and Horses (started at 6.35pm)

8.00 **Only Fools and Horses** Christmas special from 1993. Toothache forces Del Boy to visit the dentist, but the prospect of receiving a filling is the last thing on his mind when the receptionist falls for him. **9.55** Rodney unwittingly causes a family crisis by bringing home a stranger who claims to be an old friend of Del's.
10.35 **Men Behaving Badly** Tony feels depressed.
11.15 **The Young Ones** Squalid students Vyvyan, Rick, Neil and Mike try to liven up a boring day with a trip to the pub. With guest stars Madness.
12.00 M'T **Only Fools and Horses**
1.50 AM **Only Fools and Horses**
2.25 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.05 **That's My Boy**
10.40 **Agatha Christie's Poirot**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Poirot**
5.00 **Heartbeat**
6.00 **Downton Abbey** Christmas special from 2014. A secret threatens the Sinderbys' party.

5.00 Heartbeat

Downton Abbey (started at 6.00pm)

8.00 **Lewis** *Dark Matter:* The master of Gresham College, an amateur astronomer, is found dead at the Oxford University observatory, and Lewis finds there are numerous suspects. Guest stars Sophie Ward, Diana Quick and Robert Hardy

10.00 **Law & Order: UK** *Vice:* 3/7. A former vice cop is found beaten to death. Guest stars Sean Pertwee and Lesley Manville. (S1)
11.00 **Scott & Bailey** 3/6. A man acquitted of rape and murder is found dead. (S1)
12.05 AM **A Touch of Frost** *Hidden Truth:* Frost investigates a woman's near-fatal shooting.
2.10 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.10 **Dempsey and Makepeace**
9.15 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.30 PM **The Saint**
1.35 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.40 **Minder**
4.50 **The Professionals**
5.55 **Golf: PGA Tour Highlights** The Workday Charity Open.

9.00 Crimson Tide

7.00 **Tour de France ReCycled: Geraint's Tour** New edition Action from stage 17, a mountainous route that covered 65km.

8.00 **Junk and Disorderly** Henry Cole and Sam Lovegrove look to make a profit at one of their favourite autojumbles.

9.00 **FILM Crimson Tide** Thriller starring Denzel Washington and Gene Hackman. With the world on the brink of nuclear war, the commander and second-in-command of a US submarine struggle for control of the vessel. (1995, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM Blue Streak** Crime comedy with Martin Lawrence. A fast-talking jewel thief poses as an LAPD cop in order to retrieve a stolen diamond. (1999, 12, 94min) ★★
1.05 AM **Fishing Impossible**
2.10 **to 2.45** AM **The Protectors**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Fish Town**
7.30 **Scottish Vets Down Under**
8.00 **Great Escapes with Colin and Justin** New edition 2/8. Three homeowners who set about their projects in very different ways.
8.25 **Beechgrove Repotted** Carole Baxter visits a willow weaving farm.
8.30 **Test Drive** Three teams tour Stirling on their way to a mystery destination.
9.00 **The Nine**
10.00 **Rab C Nesbitt** A visit to Buckfast Abbey Brewery.
10.30 **Taken Down** 4/6. Abeni is placed under police surveillance. (S1)
11.20 **Scotland Unsolved** Squire and McGill look into UFO sightings.
11.30 PM **to 12.00** M'T **Des Doesn't Do – Dogs**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **America's Next Top Model** Double bill.
3.00 **Babylon 5**
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *Out of Time:* 15/23. A meta known as the Weather Wizard rolls into town. (S1)
9.00 **SEAL Team** 9/22. (S1)
10.00 **In the Long Run** (S1)
11.00 **Ross Kemp: Extreme World** Ross visits the dangerous Honduran city of San Pedro Sula.
12.00 M'T **Condor** 1/10. (S2)
1.10 AM **Grey's Anatomy**
2.05 **Station 19** (S3)
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.30 **Neighbourhood Blues**
5.30 **Road Wars**
8.00 **Merlin** *The Hunter's Heart:* 11/13. Arthur's plans for the future are disrupted by the return of Gwen. (S4)
9.00 **The Good Doctor** (S1)
10.00 **Paramedics: Life on the Line**
11.00 **CSI** 10/25. (S5)
12.00 M'T **Brit Cops: War on Crime**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** From Cadiz.
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo**
10.00 **Big Zuu's Big Eats**
10.40 **Taskmaster**
11.40 **QI** With Andy Hamilton.
12.20 AM **Mock the Week**
1.00 **QI** With John Sessions.
1.40 **Red Dwarf** 3/6. (S3)
2.25 **Sliced** 2/3. (S1)
2.55 **Red Dwarf** 4/6. (S10)
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S3)
11.00 **The King of Queens**
12.00 NOON **Most Ridiculous Party Crashers**
12.30 PM **Most Ridiculous Dangerous Dads**
1.00 **Friends** (S6)
8.00 **Friends** 22/25. Guest stars Bruce Willis. **8.30** 23/25. Chandler asks Phoebe to help choose an engagement ring for Monica. (S6)
9.00 **When Chat Shows Go Horribly Wrong** A compilation of talk show disasters.
12.00 M'T **Bob's Burgers**
1.00 AM **8 Out of 10 Cats**
2.00 **RuPaul's Drag Race** New edition
3.20 **RuPaul's Drag Race: Untucked!** New edition
3.45 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Documentary.
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date** New edition Adam from Edinburgh chooses three blind dates.
9.00 **Totally Unbelievable** Counting down eye-popping celebrity fashion fails.
10.00 **Botched**
11.00 **Atlanta Plastic**
11.55 PM **to 12.40** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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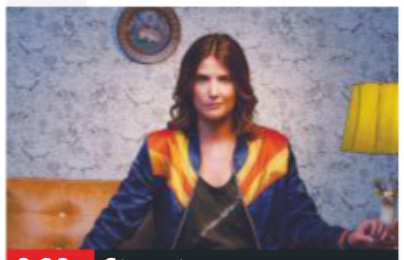
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 10/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S1)
3.00 **Murdoch Mysteries** Triple bill of the crime drama. (S7&8)
6.00 **Major Crimes** 19/19. Part two of two. The division desperately work to stop a serial killer who has been targeting female sex workers. (S3)



9.00 Stumptown

7.00 **Unforgettable** *Brotherhood:* 13/22. The team are called to investigate when a college student is murdered. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *The Rascal Cook:* 9/10. A case of culinary sabotage. (S1)
9.00 **Stumptown** New episode *Dirty Dexy Money:* 12/18. Grey helps Hoffman and his new partner on the carjacking case. (S1)
10.00 **Strike – The Cuckoo's Calling** 3/3. Strike and Robin face danger as they close in on Lula Landry's killer. (S1)
11.20 **New Tricks** *Part of a Whole:* Sandra and the team try to unmask an assassin.
12.40 AM **Maisie Raine** 2/6. (S2)
1.50 **Strike – The Cuckoo's Calling** As 10.00pm.
3.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S5)
3.00 **Star Trek: Deep Space Nine** 19&20/26. Double bill. (S4)
5.00 **Star Trek: The Next Generation** *First Contact:* 15/26. Picard and Troi try to help Riker when he is critically injured and stranded on a developing planet. **6.00** *Galaxy's Child:* 16/26. The crew encounter an orphaned alien creature. (S4)

11.10 Guardian

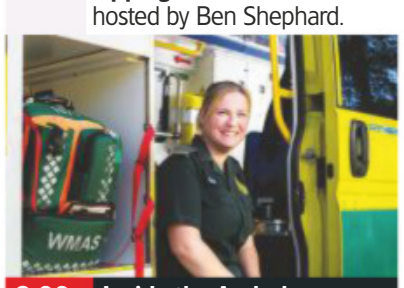
7.00 **A Town Called Eureka** *In Too Deep:* 9/14. Carter and Allison face a race against time to escape a sinking marine lab.
8.00 **A Town Called Eureka** *Smarter Carter:* 10/14. Allison tries to find out why Carter has become more intelligent. (S5)
9.00 **FILM xXx: State of the Union** Action thriller with Ice Cube and Samuel L Jackson. A government spymaster recruits an imprisoned soldier to prevent a military organisation overthrowing the US government. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM Guardian** Horror thriller starring Mario Van Peebles. (2000, 15, 86min) ★
1.00 AM **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Pandora** 8/13. (S1)
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill.
4.00 **My Dream Home** A couple hope to leave their one-bedroom rental. **5.00** Helping a couple who moved to Nashville to pursue a dream job, but are living in a friend's studio apartment.
6.00 **Tipping Point** Game show hosted by Ben Shephard.



8.00 Inside the Ambulance

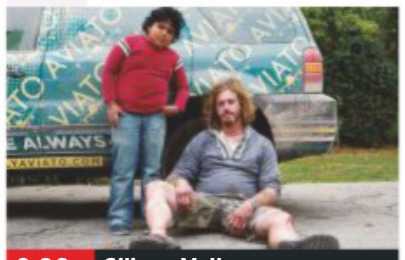
7.00 **Top Chef** New edition 3/14. Pad Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** A woman suffers the most serious nose bleed the paramedics have ever seen.
9.00 **Inside the Ambulance** Nic and Adam help an elderly lady who has been struggling to cope since her husband passed away.
10.00 **Louis Theroux: Dark States – Murder in Milwaukee** Louis examines gun crime and racial tensions in the city.
11.00 **Inside the Ambulance** Paramedics treat a young girl with an erratic heart rate.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux: Dark States – Murder in Milwaukee** As 10.00pm.
1.50 **to 3.00** AM **Top Chef**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S7)
10.30 **30 Rock** Triple bill. (S5)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S7)
5.00 **30 Rock** 13/23. Liz fakes a pregnancy to help Avery land a big promotion. **5.30** 14/23. Avery goes into labour in Canada. **6.00** 15/23. Liz decides to embrace being a spinster. (S5)
6.30 **Modern Family** 13/24. (S1)



9.00 Silicon Valley

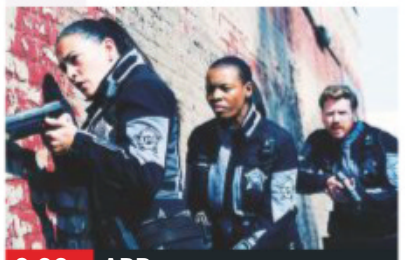
7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 16/24. Mindy gets back in touch with an old flame. With Seth Rogen. (S1)
8.00 **The Mindy Project** 17/24. Mindy's colleagues throw her a surprise party. **8.30** 18/24. Guest stars Dan Castellaneta. (S1)
9.00 **Silicon Valley** 3/8. Richard encounters yet another glitch. **9.35** 4/8. The Pied Piper boys attend a party thrown by Peter Gregory. (S1)
10.15 **Girls** 5/12. (S3)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.50 **Entourage** 12/20. Ari learns a disgruntled Vince has decided to fire him and sign up with another agent. (S3)
12.30 AM **Vice Principals** 3/9. Gamby attempts to impress his crush. (S1)
1.10 **Bored to Death** 8/8. (S2)
1.50 **Parks and Recreation** (S7)
3.30 **to 5.00** AM **30 Rock**

+1 hour 113 113 813 | 122 121

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 2/22. (S11)
10.00 **Bull** 5/22. (S3)
11.00 **NCIS** 18/20. (S17)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 17/24. (S4)
3.00 **NCIS** 19/20. (S17)
4.00 **Bull** 6/22. (S3)
5.00 **Bones** 5/22. Brennan and Booth receive help with a headless body. (S11)
6.00 **The Mentalist** 18/24. A wealthy man who had just weeks left to live is found murdered. (S4)



9.00 APB

7.00 **NCIS** *The Arizona:* 20/20. A man claims he served on the *USS Arizona* during the attack on Pearl Harbor. (S17)
8.00 **NCIS** *Stop the Bleeding:* 1/24. Gibbs fights for his life on board a US Navy hospital ship after being shot. (S13)
9.00 **APB** New episode *Signal Loss:* 4/12. Brandt is sent on an undercover mission to find black market arms dealers. (S1)
10.00 **NCIS: New Orleans** *The River Styx – Part Two:* 24/24. Pride is separated from the team and faces grave danger. (S5)
11.00 **American Dad!** (S3)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S10&11)
3.00 **American Dad!** (S3)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Wednesday

7 PM
8 PM
9 PM
10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 11/24. (S1)
7.10 **Hart to Hart** (S4)
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 4/22. (S5)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S4)
7.00 **M*A*S*H** (S2)
8.00 **Randall and Hopkirk (Deceased)** *Whoever Heard of a Ghost Dying?* 8/26. A clairvoyant tries to exorcise Marty. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show hosted by Chris Tarrant.
1.00 AM **M*A*S*H** (S9)
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 5/24. (S3)
3.30 **Due South** 13/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Celtic Woman: A New Journey**
7.15 **Mario Lanza: The Best of Everything**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist 2014**
11.00 **Wander** (S1)
11.05 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Treasures of the British Library**
8.00 **The Animated World of Halas and Batchelor**
9.00 **Landscape Artist 2019**
10.00 **Josephine Baker: The Story of an Awakening**
11.00 **Sinatra: The Man and His Music**
12.00 M'T **The Directors**
1.00 AM **Bafta: Life in Pictures** 2/6. (S1)
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S3)
4.00 **Couples Come Dine...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Bake Off: The Professionals**
9.00 **FILM The Festival** Comedy. (2018) ★★★
11.05 **Celebrity Snoop Dogs**
11.40 **Catching a Killer: A Knock at the Door**
1.05 AM **Location, Location...**
2.10 **Bake Off: The Professionals**
3.15 **Sun, Sea and Selling...**
4.15 **to 4.45** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Rookie Blue** 1/13. (S4)
11.05 **Law & Order**
5.00 PM **NCIS** 6&7/24. (S13)
7.00 **NCIS** *Day in Court:* 9/24. A petty officer is accused of murder. **8.00** *Blood Brothers:* 10/24. The Secretary of the US Navy seeks to save the life of a sailor with leukaemia. (S13)
9.00 **Law & Order: Criminal Intent** *Ten Count:* 18/22. A boxer is killed while trying to stop a brawl. (S7)
10.00 **Law & Order: Special Victims Unit** *Broken Rhymes:* 6/21. The CEO of a record label and his protégé are questioned over an assault. (S18)
10.55 **Law & Order: Special Victims Unit** (S18&17)
1.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill. (S6&3)
9.10 **My Wife and Kids** (S2)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Britain's Gypsy Claimers**
8.00 **Benefit House: Me & My 26 Kids**
9.00 **FILM Dirty Dancing** Romantic drama. (1987, 12, 96min) ★★★★
11.05 **FILM Dirty Dancing 2: Havana Nights** Drama sequel. (2004, PG) ★★★
12.55 AM **Iceland: Britain's Biggest Budget Supermarket**
1.55 **Can't Pay? We'll Take...**
2.55 **Will & Grace** (S7)
3.40 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.35 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy ropes Compo and Clegg into reconstructing a battle.
8.00 **Inspector George Gently** *Gently with Honour:* Bacchus and Gently delve into a world of military secrets.
10.00 **New Tricks** *Fluke of Luck:* The team track a possible serial killer.
11.20 **Silent Witness**
1.35 AM **The Bill**
2.35 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 2/25. (S4)
12.00 NOON **CSI: NY** (S1)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Partners in Crime:* 12/16. Joe gives a presentation on his new invention. Guest stars Kelly Preston. (S4)
10.00 **CSI: Miami** *Prey:* 3/25. A teenage girl is sexually assaulted and strangled to death in a park. (S4)
11.00 **Unsolved Mysteries** The case of a missing mother and daughter and an investigation into black market babies.
12.00 M'T **Judge Judy**
1.00 AM **ER** 21/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Karma's a B****
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 14/26. (S3)
2.05 **CSI: Miami** 24/24. (S5)
3.00 **NCIS** 18/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S1)
6.00 **Perry Mason**
7.05 **NCIS** 21/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *The Spider and the Fly:* 1/24. The team get close to tracking down a drug kingpin. (S8)
10.00 **NCIS: Los Angeles** *The Watchers:* 12/24. Nell goes undercover at the Department of Defence. (S3)
11.00 **NCIS** 22/24. (S10)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS**
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** (S1)
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce Forsyth's Play Your Cards Right**
11.30 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!**
12.00 M'T **The Chase**
4.00 AM **Golden Balls**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
6.40 **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **Wipeout USA: All Stars**
10.00 **Wipeout USA**
11.00 **Friends** (S1)
1.00 PM **Bob's Burgers**
3.10 **The King of Queens**
5.00 **The Middle** (S1)
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell Howard's Good News** The comedian's perspective on the news, in an edition from November 2012.
10.00 **Gary and His Demons** 6/8. Gary tries to help his brother with his marriage problems. (S1)
10.30 **South Park**
12.00 M'T **Russell Howard's Good News**
3.45 AM **Tosh.0**
4.05 **Bob's Burgers** (S2)
4.30 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **Dan Carter: A Perfect 10**
7.45 **My Icon**
8.00 **Richard E Grant's Hotel Secrets**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The British**
12.00 NOON **Hollywood Couples**
1.00 PM **Richard E Grant's Hotel Secrets**
2.00 **Dan Carter: A Perfect 10**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **The British**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **The Trade** New editions
11.05 **Natalie Wood: What Remains Behind**
12.50 AM **Unknown Known**
2.45 **The Putin Interviews**
3.55 **Discovering**
5.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **City Wildlife Rescue** New editions
7.00 **Monkey Life**
8.00 **Living Beach** New edition
9.00 **Zambia Untamed**
10.00 **Wildest New Zealand**
11.00 **Wild Birds of Australia** New edition
12.00 NOON **Wild Rockies** New edition
1.00 PM **Monkey Life**
2.00 **Living Beach**
3.00 **Zambia Untamed**
4.00 **Wildest New Zealand**
5.00 **Wild Birds of Australia**
6.00 **Wild Rockies**
7.00 **Monkey Life**
8.00 **Arabian Inferno** New edition
9.00 **Africa's Hidden Kingdoms** New edition
10.00 **Wild Rockies**
11.00 **Wild Birds of Australia**
12.00 M'T **Mysteries of the Mekong**
1.00 AM **Coastal Africa**
2.00 **Arabian Inferno**
3.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Khloe and Lamar**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Very Cavallari**
6.00 **Keeping Up with the Kardashians**
10.00 **Botched** Help for a woman who spun into a chain link fence in a motorcycle accident. **11.00** Terry helps a desperate patient downsize her breasts.
12.00 M'T **Temptation Island**
1.00 AM **Wags Atlanta**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Kourtney & Kim Take Miami**

Food Network

140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** A special dinner. **7.30** NEW SERIES
8.00 **Giada On The Beach**
9.00 **Val's Home Cooking**
10.00 **Farmhouse Rules**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **James Martin: Sweet** Double bill.
3.00 **River Cottage Veg**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
6.00 **Ramsay's Ultimate Home Cooking**
6.30 **Gordon's Ultimate Seasonal Specials**
7.00 **Rick Stein's Spain**
8.00 **River Cottage Veg**
9.00 **Jerusalem on a Plate**
10.00 **Torode's Korean Food**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 **to 3.30** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **X-Company**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.05 AM **The A-Team**
11.10 **Knight Rider**
12.10 PM **FILM Ride Beyond Vengeance** Western. (1966, 15, 96min) ★★
2.15 **FILM Hangman's Knot** Western with Randolph Scott and Donna Reed. (1953, PG, 81min) ★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **FILM Code of Silence** Action thriller. (1985, 18, 101min) ★★
11.10 **FILM Next of Kin** Drama starring Patrick Swayze. (1989, 15, 109min) ★
1.25 AM **WWE – NXT UK** New edition
2.25 **19-2**
4.10 **Army Recruits: Squaddies at Breaking Point**
5.00 **Caught on Camera: Funniest Moments**
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Lovers**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked...**
9.00 NEW SERIES **Killer in My Village**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **Killer in My Village**
2.00 **Snapped**
3.00 **Murders That Shocked...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A renowned surgeon is found murdered. **7.30** Police suspect a woman of murdering her husband.
8.00 **Something's Killing Me** Hope Ybarra, a woman who faked her own illness and the illness of her young daughter.
9.00 **It Takes a Killer**
10.00 **Evidence of Evil** The murder investigation surrounding the death of a young, defenceless woman led police to another case.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Derby.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **The Hotel Inspector** Alex Polizzi tries to turn around a hotel in dire financial straits.
10.00 **Dr Pimple Popper**
11.00 **Paranormal Lockdown UK** From Liverpool.
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash Special**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers** Mike and Frank find a house is packed with rare collectibles.
9.00 **In Search Of**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Randy's Wedding Rescue** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Vegas Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Unpolished**
8.00 **90 Day Fiancé: The Other Way** New edition
9.00 **90 Day Fiancé: The Other Way – Pillow Talk** New edition
10.00 **Cake Boss: Family Secrets**
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé...**
2.00 AM **Cake Boss: Family...**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM A Daughter's Deception** Drama. (2019, 12, 85min) ★★
11.00 **Ben Fogle: New Lives in the Wild Down Under**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Walking Britain's Roman Roads** New edition Roman road Dere Street.
10.00 **Sacred Sites**
11.05 **The Dog Rescuers with Alan Davies**
1.05 AM **Cruising with Jane McDonald**
2.05 **Hitler's U-Boats: Draining the Ocean**
3.05 **to 4.00** AM **Secret Scotland with Susan Calman**

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Le Salvager**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers** New edition
10.00 **Salvage Hunters: Bitesize** In Exeter.
10.30 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Faking It: Tears of a Crime**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **My Extreme Excess Skin**
10.00 **How to Look Good Naked** With Gok Wan.
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philly**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A waterfront paradise.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 Gold Divers

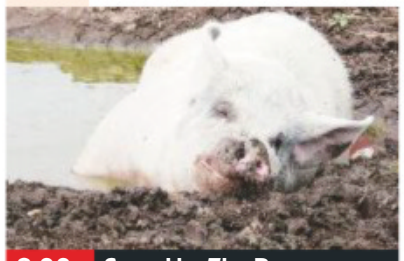
7.00 **Outback Truckers** Brother and sister team Robbie and Ashleigh hit house removal hell on a mud-bogged mission.
8.00 **Mighty Ships** *Wind Surf*, the largest sailing yacht in the world, which is large enough to accommodate some 312 guests.
9.00 **Gold Divers** New edition Emily brings her father aboard *The Eroica*, and Vernon recruits his daughter Elaine.
10.00 **Outback Truckers** New edition Australia's toughest drivers hit the open road and reveal the adventure of trucking.
11.00 **Homestead Rescue**
12.00 M'T **Gold Divers** As 9.00pm.
1.00 AM **Outback Truckers** As shown at 10.00pm.
2.00 **Deadliest Catch**
3.00 **Gold Divers** As 9.00pm.
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Great White Invasion**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Meet the Penguins**
3.00 **Miami Animal Police**
4.00 **Dr Dee: Alaska Vet**
5.00 **The Zoo** A look at daily life in the Bronx Zoo.
6.00 **Bondi Vet** A West Highland Terrier dislikes skateboarders.



8.00 Saved by The Barn

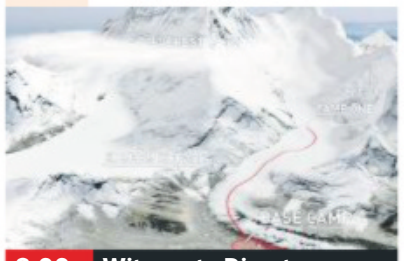
7.00 **Animal Cops Philadelphia** A dog whose vision was being restricted by its matted fur receives help.
8.00 **Saved by the Barn** New edition The staff join forces with a charity to find homes for four neglected calves.
9.00 **Alaska: The Last Frontier** The guys must build a cattle fence and rebuild a cabin in under 48 hours.
10.00 **Animal Cops Houston** Investigator Max Mixson visits a house where more than 100 dogs are reportedly confined.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Drain the Ocean: Egypt's Lost Wonder** Discoveries at the bottom of the Nile.
4.00 **Car S.O.S** Fuzz and Tim restore a Japanese rally car. **5.00** A Caterham 7.
6.00 **Drain the Oceans: Deep Dive** The remains of ships from both world wars.



8.00 Witness to Disaster

7.00 **Air Crash Investigation** The 1978 accident over San Diego, in which a PSA flight crashed into a private Cessna.
8.00 **Witness to Disaster** Featuring survival stories from the avalanches triggered by the 2015 Nepal earthquake.
9.00 **Rescued** A kayaker fights to save his drowning friend, and a helicopter crew rescue a hiker on a remote peak.
10.00 **Wicked Tuna** Tyler McLaughlin hands out pineapples as good luck charms to his fellow Gloucester captains.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A freelance trafficker offers information to agents.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Flipping Bangers**
11.00 **Ancient Aliens**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Corey hopes to flip a limited edition Dodge Demon car.
6.00 **Swamp People** The Cajun Cartel tries to tag out Texas hunters that are affected by Hurricane Harvey.

10.00 Secret History of Humans

7.00 **Forged in Fire** The blacksmiths are tasked with recreating the beastly Austro-Hungarian Hussar Saber.
8.00 **Flipping Bangers** Will and Gus look to make some quick cash as they fix and wrap a sporty Toyota MR2 MK2.
9.00 **Treasures Decoded** Experts analyse writing etched on the Turin Shroud – in an attempt to verify its origins.
10.00 NEW SERIES **Secret History of Humans** The story of how 12 surprising forces have shaped human civilisation.
11.00 **American Pickers** Mike and Danielle continue their team effort to take on Frank and Robbie for bragging rights.
12.00 M'T **Forged in Fire**
1.00 AM **Flipping Bangers**
2.00 **Ancient Aliens**
4.00 **Swamp People** As 6.00pm.
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Living Universe**
7.10 **Abandoned Engineering**
8.00 **History Hunters**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters**

8.00 Britain's Biggest...

7.00 **Great British Railway Journeys** Michael Portillo travels to Kirkcaldy. **7.30** Brunel's Great Western Railway.
8.00 **Britain's Biggest Warship Goes to Sea** The *HMS Queen Elizabeth* sets out on its first transatlantic crossing.
9.00 **The Green Green Grass** Marlene wants to renew her marriage vows.
9.35 **Porridge** Christmas special from 1975. The inmates plan a Christmas escape.
10.35 **What a Carry On!** Classic moments from the comedy favourites.
11.00 **Abandoned Engineering**
12.00 M'T **Nazi Hunters** The hunt for commandant Franz Stangl.
1.00 AM **WW2 – Battles for Europe** As the Allies' advances stall, the Canadians seize Hitler's island fortress.
2.00 **to 3.00** AM **The Living Universe**

+1 hour 255 200 75

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Islands of Indonesia**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **Falklands Hero: Bravo November**
10.00 **Wings of War**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Greatest Events of World War II**
5.00 **Wings of War**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **Against the Odds**
11.00 **Bullet Points**
12.00 M'T **Expedition...**
1.00 AM **America: Facts vs...**
2.00 **Against the Odds**
3.00 **Bullet Points**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Natural World**
11.00 **Galapagos**
12.00 NOON **Natural Curiosities**
1.00 PM **Thailand: Earth's Tropical Paradise**
2.00 **Russia from Above**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Natural World**
5.00 **Galapagos**
6.00 **Natural Curiosities**
7.00 **Thailand: Earth's...**
8.00 **Russia from Above**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Natural World**
11.00 **Galapagos**
12.00 M'T **Natural Curiosities**
1.00 AM **Thailand: Earth's...**
2.00 **Russia from Above**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **The Incredible Dr Pol**
12.00 NOON **Wild Animal A&E** A baby skunk.
1.00 PM **Okavango: River of Dreams** Triple bill.
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Fish** Deadly fish lurking in Australia's rivers.
8.00 NEW **Most Wanted Sharks** The most photographed sharks in the world.
9.00 NEW **Sharks Vs Dolphins: Blood Battle** The relationship between sharks and dolphins.
10.00 **Shark Vs Surfer** Harrowing cases of shark attacks on surfers.
11.00 **Forecast: Shark Attack**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Okavango: River of Dreams**

Sky History 2

163 163 894 272 330 390

8.00 AM **Wild West Tech**
9.00 **The Colour of War**
10.00 **WW2 Treasure Hunters** Souvenirs left by Douglas Bader.
11.00 **How the Earth Was Made** A look at Hawaii.
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Wild West Tech**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **WW2 Treasure Hunters** Uncovering the stories behind wartime artefacts.
8.00 **In Search Of**
9.00 **Who Killed Tupac?**
10.00 **Einsatzgruppen: Nazi Death Squads**
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Who Killed Tupac?**
3.00 **Einsatzgruppen: Nazi Death Squads**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **10 Monuments That Changed America**
9.15 **The Lost Civilisation of Peru** As 7.05pm.
10.20 **The Civil War**
11.55 **Plane Resurrection**
1.00 PM **Decoding Da Vinci**
2.05 **The Lost Civilisation of Peru** As 7.05pm.
3.10 **The Civil War**
4.50 **10 Monuments That Changed America**
6.00 **Plane Resurrection**
7.05 **The Lost Civilisation of Peru** The story of the Moche civilisation, who vanished without trace.
8.15 **The Civil War** The emancipation of America's slaves.
9.50 **Plane Resurrection** The team flies a monoplane built by Louis Bleriot.
11.00 **The Civil War** As shown at 8.15pm.
12.40 **to 2.00** AM **The Lost Civilisation of Peru**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **What the Killer Did Next**
1.00 PM **Nightmare in Suburbia**
2.00 **Shallow Grave**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **Cruise Ship Killers**
10.00 **Sex, Lies and Murder**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Cruise Ship Killers**
2.00 **What the Killer Did Next** Sian Roberts.
3.00 **Shallow Grave**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday primetime

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Buffaloed** Comedy. (2019, 15, 95min) ★★★
7.45 **The Guardian** Comedy. (2020, 12, 105min) ★★★
9.40 **The Runaways** Drama. (2019, 12, 113min) ★★★
11.40 **PREMIERE Olympic Dreams** As shown at 8.00pm.
1.10 PM **It: Chapter Two**
4.10 **The Last Black Man in San Francisco** (2019) ★★★
6.20 **The Parts You Lose** Drama. (2019, 12, 93min) ★★★

8.00 Olympic Dreams

8 PM **8.00** **PREMIERE Olympic Dreams** Comedy starring Nick Kroll. During the Winter Olympic Games, a love story develops between two lonely hearts.(2019, 12, 85min) ★★★ *See review, pg 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.30** **It: Chapter Two** Horror starring Jessica Chastain. Twenty-seven years after their first battle, the Losers Club return to fight the evil Pennywise once more. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.25 AM **Bad Education** Drama. (2019, 18, 108min) ★★★
2.20 **The Heist of the Century** Comedy starring Guillermo Francella. Thieves perform one of the most famous bank heists in Argentina's history. (2020, 15, 114min) ★★★
4.20 **to 6.00** AM **Okko's Inn** Japanese animated fantasy. (2018, PG, 94min) ★★★

Sky Cinema Disney

305 305 846 405 505

7.00 AM **Ice Princess** As 11.55pm.
8.45 **The Emperor's New Groove** Animation. (2000, U) ★★★
10.10 **Frozen II** As shown at 6pm.
12.10 PM **Pocahontas** As 8.00pm.
1.40 **Tinker Bell and the Great Fairy Rescue** (2010) ★★★
3.00 **Hercules** (1997) ★★★★
4.40 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
6.00 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

4.40 The Many Adventures of...

8.00 **Pocahontas** Animation featuring the voices of Irene Bedard and Mel Gibson. The daughter of an American Indian chief falls for an English sailor. (1995, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Mary Poppins Returns** Fantasy with Emily Blunt. The practically perfect nanny returns, using her magical skills to dazzle the Banks family. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Ice Princess** Drama starring Michelle Trachtenberg and Joan Cusack. A brainy high-school student decides to do a science project combining her knowledge of physics with her passion for ice skating. (2004, U, 92min) ★★★
1.45 AM **Hercules** As 3.00pm.
3.30 **Tinker Bell and the Great Fairy Rescue** As 1.40pm.
5.00 **to 7.20** AM **Mary Poppins Returns** As 9.35pm.

Sky Cinema Family

306 306 847 406 506

7.20 AM **Race to Witch Mountain**
9.10 **Toys & Pets** As 11.30pm.
11.00 **Hop** As shown at 6.00pm.
12.50 PM **Nanny McPhee**
2.35 **Beverly Hills Chihuahua 2**
4.15 **Beverly Hills Chihuahua 3: Viva La Fiesta!** Comedy sequel. (2012, U, 85min) ★★
6.00 **Hop** Partly animated comedy. (2011, U, 94min) ★★★
7.50 **Nanny McPhee** Comedy fantasy with Emma Thompson. (2004, U, 98min) ★★★

7.50 Nanny McPhee

Nanny McPhee (film started at 7.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Race to Witch Mountain** Sci-fi adventure starring Dwayne Johnson. A pair of fugitive aliens disguised as teens persuade a cab driver to help them reach their spaceship. (2009, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Toys & Pets** Animated adventure featuring the voice of Jason Kesser. A group of clay figurines head off on a magical quest to find a fabled mystic. (2017, U, 98min) ★★
1.20 AM **Beverly Hills Chihuahua 2** Canine comedy sequel. (2011, U, 80min) ★
3.00 **Beverly Hills Chihuahua 3: Viva La Fiesta!** As 4.15pm.
4.45 **to 6.35** AM **Toys & Pets** As shown at 11.30pm.

Sky Cinema Action

307 307 848 407 507

6.00 AM **Glass** As 5.50pm.
8.10 **Star Wars: The Rise of Skywalker** As shown at 8pm.
10.35 **Pearl Harbor** World War Two drama. (2001, 12, 183min) ★
1.40 PM **Days of Thunder** As shown at 10.35pm.
3.35 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
5.50 **Glass** Fantasy thriller with James McAvoy, Bruce Willis and Samuel L Jackson. (2019, 15, 129min) ★★★

10.35 Days of Thunder

8.00 **Star Wars: The Rise of Skywalker** Fantasy adventure starring Daisy Ridley, Adam Driver and Oscar Isaac. Rey and the surviving members of the resistance face the evil First Order once more. With Carrie Fisher. (2019, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Days of Thunder** High-speed drama starring Tom Cruise, Robert Duvall and Nicole Kidman. (1990, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Bourne Legacy** As shown at 3.35pm.
3.00 **Judge Dredd** Sci-fi thriller starring Sylvester Stallone. (1995, 15, 95min) ★★
4.50 **to 6.25** AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** Animation with Nolan North. (2016, U, 75min) ★★

Sky Cinema Comedy

308 308 849 408 508

7.20 AM **You, Me and Him** Comedy, as shown at 3.05am.
9.00 **Crazy, Stupid, Love** As 6pm.
11.00 **Instant Family** As 8.00pm.
1.00 PM **Extra Time** As 10.00pm.
2.45 **Grand-Daddy Day Care** As shown at 11.50pm.
4.25 **Sword of Trust** Comedy. (2019, 15, 88min) ★★★
6.00 **Crazy, Stupid, Love** Comedy starring Steve Carell, Ryan Gosling and Julianne Moore. (2011, 12, 117min) ★★★★

4.25 Sword of Trust

8.00 **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her two siblings. With Isabela Merced. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Extra Time** Comedy drama starring Damian Callinan, Kate Mulvany and John Howard. (2018, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Grand-Daddy Day Care** Slapstick comedy starring Danny Trejo and Reno Wilson. (2019, 12, 96min) ★
1.30 AM **Sword of Trust** Comedy, as shown at 4.25pm.
3.05 **You, Me and Him** Comedy with David Tennant and Lucy Punch. (2017, 15, 98min) ★★
4.55 **to 6.55** AM **The Bromley Boys** Comedy starring Brenock O'Connor. (2018, PG, 106min) ★★★

Sky Cinema Hits

303 403 503

6.35 AM **Journey 2: The Mysterious Island** Adventure. (2012) ★★★
8.15 **Little** Comedy. (2019, 12) ★★
10.10 **The Nutcracker and the Four Realms** Fantasy adventure. (2018, PG, 99min) ★★★
12.00 NOON **Downton Abbey**
2.10 PM **King Kong** Monster thriller. (2005, 12, 187min) ★★★★
5.20 **Whiplash** Music drama. (2014, 15, 104min) ★★★★★

7.10 **The Predator** Sci-fi starring Boyd Holbrook. A band of former soldiers and a scientist attempt to defeat an extra-terrestrial warrior. With Trevante Rhodes and Jacob Tremblay. (2018, 15, 107min) ★★★
9.00 **Downton Abbey** Drama based on the TV series, starring Hugh Bonneville and Maggie Smith. In 1927, King George V and Queen Mary visit Downton Abbey during a royal tour. (2019, PG, 122min) ★★★★

11.10 **Ma** Horror. (2019, 15) ★★★
1.00 AM **The Fast and the Furious: Tokyo Drift** Thriller. (2006) ★★
2.50 **BlacKkKlansman** Drama. (2018, 15, 135min) ★★★★
5.10 **to 7.35** AM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★

Sky Cinema Greats

304 304 845 404 504

6.45 AM **Star Wars: Episode III – Revenge of the Sith** (2005)
9.10 **The Blind Side** (2009) ★★★
11.20 **The Goonies** (1985) ★★★★
1.20 PM **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
3.30 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★
5.40 **Star Wars: Episode VI – Return of the Jedi** (1983) ★★

8.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama with Matthew Modine as a GI in the thick of the action at the battle for Hue in 1968. With Adam Baldwin and R Lee Ermey. (1987, 15, 115min) ★★★★★
10.00 **The Royal Tenenbaums** Comedy with Gene Hackman and Anjelica Huston. The errant father of three former child prodigies tries to worm his way back into the family home. (2001, 15, 110min) ★★★

12.00 M'T **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic. (1990, 15, 162min) ★★★
3.00 AM **Red Heat** Action thriller. (1988, 18, 106min) ★★★
5.00 **to 7.20** AM **Vertigo** Thriller. (1958, PG, 128min) ★★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **Off Set**
7.10 **To Each His Own** (1946) ★★★
9.25 **Battleground** (1949) ★★★
11.55 **Gunsmoke in Tucson** (1958)
1.30 PM **Sherlock Holmes in Washington** (1943, b/w) ★★
3.00 **Sherlock Holmes Faces Death** Mystery. (1943, b/w, U) ★★
4.25 **The Quick Gun** Western. (1964, PG, 87min) ★★

6.05 **Sherlock Holmes and the House of Fear** Mystery thriller starring Basil Rathbone. (1945, b/w, U, 68min) ★★★
7.15 **The Hired Hand** Western with Peter Fonda and Warren Oates. (1971, 12, 93min) ★★★
9.00 **Executive Decision** Action thriller starring Kurt Russell. A US special forces team try to thwart a gang of Arab terrorists that have taken over a Washington-bound 747. (1996, 15, 132min) ★★★

11.45 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
2.00 AM **Hollywood's Best Directors**
2.30 **Close Up**
5.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Street Song** (1935) ★★
7.15 **Meet Mr Callaghan** (1954) ★★
9.00 **The Adventures of Robin Hood**
9.30 **Jet Storm** Thriller. (1959) ★★
11.15 **A Day Begins in Manchester**
11.45 **Jazz Boat** Comedy. (1960) ★★
1.45 PM **Dilemma** Thriller. (1962) ★★
3.05 **You Can't Do Without Love** Musical. (1944, b/w, U) ★★
4.35 **Dial-A-Bus in Harlow**
5.00 **The Grass is Greener** (1960)

7.10 **Escape from Zahrain** Adventure drama starring Yul Brynner as a political prisoner who escapes from an Arab jail and flees across the desert. (1961, PG, 93min) ★★
9.00 **Rumpole of the Bailey**
10.05 **Home of the Brave** World War Two drama starring James Edwards. A black soldier on a dangerous recon mission must brave the enemy and also the bigotry of his own squad. (1949, b/w, PG, 86min) ★★

11.50 **No Trees in the Street** Crime drama starring Sylvia Syms. (1959, b/w, PG, 98min) ★★
1.50 AM **The Day of the Triffids** Sci-fi. (1962, 12, 95min) ★★
3.50 **Hole Lot of Trouble**
4.25 **to 6.00** AM **Keep It Clean** Comedy. (1956, b/w, U) ★

Horror

317 149 70 138

8.00 AM **Under the Dome** 4/13. (S3)
9.00 **Star Trek: The Next Generation** 2/26. (S3)
10.00 **Star Trek** 24/24. (S3)
11.00 **Solar Flare** Sci-fi thriller. (2008, PG, 87min) ★★
1.00 PM **Sharknado 2: The Second One** Comedy. (2014, 15) ★★
3.00 **Space 1999** 18/24. (S2)
4.00 **The Body Stealers** Weird sci-fi drama. (1969, PG, 105min) ★★

6.00 **Star Trek** 2/30. (S1)
7.00 **Star Trek: The Next Generation** 3/26. A Federation planet requests help. (S3)
8.00 **First Wave** *Unearthed:* 12/22. Jordan and Eddie search for a mythical artefact. (S3)
9.00 **Doom** Sci-fi horror starring Karl Urban and The Rock. A team of tough Marines are sent to Mars to deal with the aftermath after an experiment at a research station goes wrong. (2005, 15, 105min) ★★★

11.05 **Quarries** Horror starring Leisha Hailey. (2016, 15, 83min) ★★
12.40 AM **Ultraviolet** Sci-fi action thriller. (2006, 15, 87min) ★★★
2.25 **to 4.30** AM **Ibiza Undead** Horror. (2016, 15, 95min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.20 AM **The Intruder** As 7.10pm.
8.15 **State Like Sleep** (2018) ★★
10.15 **Eye for an Eye** (2019) ★
12.05 PM **November Criminals** Drama. (2016, 12, 86min) ★★
1.45 **The Bouncer** Action thriller. (2018, 15, 94min) ★★★
3.25 **Galveston** Action thriller. (2018, 15, 91min) ★★★
5.10 **Inside Man: Most Wanted** Thriller. (2019, 15, 105min) ★★
7.10 **The Intruder** Mystery horror. (2019, 15, 102min) ★★

7.10 The Intruder

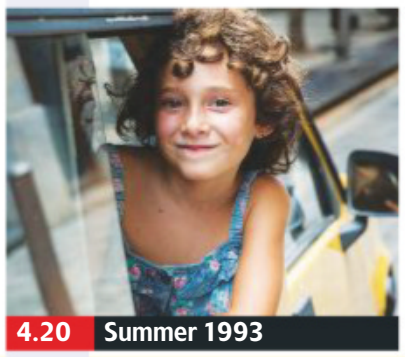
The Intruder (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Killerman** Action drama starring Liam Hemsworth. When a money launderer in New York City wakes up with millions in stolen cash and drugs, and no memory of how he got it, he tries to find answers. With Emory Cohen. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Disturbing the Peace** Thriller with Guy Pearce, Devon Sawa and Branscombe Richmond. (2019, 15, 91min) ★
12.40 AM **Come to Daddy** Comedy thriller starring Elijah Wood. (2019, 18, 96min) ★★★
2.20 **Cold Blood Legacy** Action thriller. (2018, 15, 91min) ★★
3.55 **We Die Young** Drama. (2018, 15, 95min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 851 410 510

6.00 AM **The Music of Silence** Biopic starring Toby Sebastian. (2017, PG, 115min) ★★
8.10 **Love After Love** As 6.15pm.
9.55 **About Time** As 8.00pm.
12.15 PM **Hot Air** As 10.15pm.
2.15 **Hands of Stone** As 12.10am.
4.20 **Summer 1993** Drama with Laia Artigas and Paula Robles. (2017, 12, 97min) ★★★★
6.15 **Love After Love** Drama starring Andie MacDowell. (2017, 15, 91min) ★★★★


4.20 Summer 1993

8.00 **About Time** Romantic comedy fantasy from writer director Richard Curtis, starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. With Bill Nighy. (2013, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Hot Air** Drama starring Steve Coogan. A radio DJ is forced to confront his past when his teenage niece arrives and turns his life upside down. (2018, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Hands of Stone** Boxing biopic starring Robert De Niro and Edgar Ramírez. (2016, 15, 111min) ★★★
2.10 **Summer 1993** As 4.20pm.
4.00 **to 6.00** AM **I Can Only Imagine** Drama starring J Michael Finley and Madeline Carroll. (2018, PG, 110min) ★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.20 AM **Star Wars: The Clone Wars** Animation. (2008) ★★
8.05 **Captain America: The First Avenger** As 6.50pm.
10.15 **Avengers: Endgame** As 9pm.
1.20 PM **Terminator Salvation** Sci-fi. (2009, 12) ★★★
3.20 **Gravity** Thriller. (2013) ★★★★
5.00 **Pet Sematary** Horror thriller. (2019, 15, 101min) ★★★
6.50 **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★

5.00 Pet Sematary

Captain America: The First Avenger (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Avengers: Endgame** Fantasy adventure with Robert Downey Jr and Chris Evans. Iron Man, Captain America, Thor and the reunited heroes make a last stand against the evil Thanos after he wiped out half of all life in the galaxy. With Chris Hemsworth, Mark Ruffalo, Jeremy Renner, Scarlett Johansson and Josh Brolin. (2019, 12, 181min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **The Dark Red** Horror. (2019, 15, 101min) ★★★★
1.50 **Halloween** Horror thriller. (2018, 18, 106min) ★★★★
3.40 **Halloween** Classic horror. (1978, 18, 92min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.35 AM **Inside Out** As 2.10pm.
8.15 **Pokemon Detective Pikachu** As shown at 8.00pm.
10.05 **Ocean's Eleven** As 10.00pm.
12.05 PM **Godzilla** As 12.00m't.
2.10 **Inside Out** Animated fantasy. (2015, U, 102min) ★★★★★
3.50 **The Twilight Saga: Eclipse** Supernatural romance thriller. (2010, 12, 123min) ★★★
6.00 **Ant-Man** Fantasy starring Paul Rudd and Michael Douglas. (2015, 12, 117min) ★★★

10.00 Ocean's Eleven

8.00 **Pokemon Detective Pikachu** Fantasy starring Justice Smith and the voice of Ryan Reynolds. A student sets out to find his missing father by teaming up with a wise-cracking Pikachu. With Kathryn Newton. (2019, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Ocean's Eleven** Thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Godzilla** Monster thriller with Aaron Taylor-Johnson. (2014, 12, 123min) ★★★
2.10 AM **Ant-Man** As 6.00pm.
4.15 **to 8.00** AM **Gone With the Wind** Epic romance. (1939, PG, 224min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Night Passage** Western. (1957, U, 90min) ★★
12.50 PM **Freedom Radio** Thriller. (1941, b/w, PG, 89min) ★★★
2.45 **Gun Fury** Western starring Rock Hudson and Donna Reed. (1953, U, 83min) ★★★
4.20 **Gallipoli** Australian war drama starring Mel Gibson. (1981, PG, 111min) ★★★★
6.35 **Star Trek** Sci-fi adventure. (2009, 12, 121min) ★★★★★

6.35 Star Trek

Star Trek (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM **9.00** **War for the Planet of the Apes** Sci-fi adventure sequel starring Andy Serkis and Woody Harrelson. A devastating conflict erupts between humans and intelligent primates in a post-apocalyptic future. (2017, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **The Gunman** Crime drama starring Sean Penn, Idris Elba and Ray Winstone. After spending years in hiding, a mercenary becomes the latest target of his former colleagues. (2015, 15, 115min) ★★★
2.00 **to 3.55** AM **Nico, 1988** Biopic with Trine Dyrholm and Anamaria Marinca. (2017, 15, 93min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Prisoners of the Casbah**
7.35 **Watch It, Sailor!** (1961) ★★
9.20 **The Affairs of a Rogue** Drama. (1948, PG, 111min) ★★
11.15 **Footsteps in the Fog** Thriller. (1955, PG, 90min) ★★★
1.05 PM **Passport to China** Drama. (1960, U, 75min) ★★
2.40 **Road to Rio** (1947) ★★★★
4.45 **Murderers' Row** Spy spoof. (1966, 108min) ★★

6.55 **My Stepmother Is an Alien** Sci-fi comedy starring Dan Aykroyd and Kim Basinger. A widowed scientist unwittingly marries an alien who has come to Earth to save her planet. (1988, 15, 107min) ★★★
9.00 **The Misfits** Arthur Miller's contemporary Western drama starring Clark Gable, Marilyn Monroe and Montgomery Clift. An ageing cowboy drifts into the company of three other misfits. (1961, b/w, PG, 123min) ★★★★
11.25 **Suddenly Last Summer** Gothic drama. (1959, 15, 114min) ★★★
1.40 AM **Prisoners of the Casbah**
3.15 **Strongroom** (1961) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** Thriller. (1943) ★★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Murder in My House** Thriller. (2006, 15, 93min) ★★
11.05 **Maid of Honor** Thriller. (2006, 12, 90min) ★★
1.00 PM **Lost Letter Mysteries: Lost Without You** Mystery thriller starring Eric Mabius.
2.50 **The Perfect Marriage** Thriller. (2006, PG, 91min) ★★
4.50 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★

7.10 **Armored** Heist thriller starring Columbus Short and Matt Dillon. A security guard attempts to pull himself out of a financial quagmire by getting involved in a fake hijacking. (2009, 12, 88min) ★★★
9.00 **Aftermath** Drama starring Arnold Schwarzenegger. A construction worker is forced to deal with loss and grief when his family are killed in a plane crash. With Scoot McNairy. (2016, 15, 94min) ★★
10.50 **Drone** Thriller starring Sean Bean. (2017, 15, 91min) ★★
12.50 AM **Enemy at the Gates** Drama. (2001, 15) ★★★★
3.35 **to 6.00** AM **Fly Away Home** Adventure. (1996, U) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Wagon Master** (1950)
7.40 **Berlin Express** (1948) ★★★
9.20 **Culloden 1746** (1994) ★★
11.10 **The Anderson Tapes** Heist thriller. (1971, 15, 98min) ★★★
1.05 PM **Return of the Bad Men** Western. (1948, b/w, PG) ★★
2.55 **Hell Boats** War drama. (1969, PG, 95min) ★★
4.50 **Cockleshell Heroes** War drama. (1955, U, 94min) ★★★

6.55 **The Hot Potato** Comedy crime caper starring Ray Winstone and Jack Huston. A couple of chancers try to offload a lump of uranium. Inspired by a true story. (2010, PG, 95min) ★★
9.00 **The Foreigner** Action thriller starring Steven Seagal as a freelance agent who tangles with deadly assailants when he is hired to transport a mysterious package from France to Germany. With Max Ryan. (2003, 15, 92min) ★
11.05 **Sniper: Legacy** Action thriller sequel. (2014, 15, 94min) ★★
1.05 AM **Get Out Alive** Thriller. (2016, PG, 87min) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
9.00 **Romance at Reindeer Lodge** Drama. (2017, PG, 90min) ★★
11.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
1.00 PM **Snow Bride** (2013) ★★
3.00 **A Hero's Christmas** Drama. (2018, PG, 84min) ★★
5.00 **Love Always, Santa** Romance. (2016, PG, 99min) ★★

7.00 **My Christmas Inn** Festive romance starring Tia Mowry-Hardrict. A woman's life is unexpectedly turned upside down when she inherits a cozy inn in Alaska from her aunt. (2018, PG, 100min) ★★
9.00 **Christmas Wonderland** Festive drama starring Emily Osment and Ryan Rottman. Artist Heidi returns to her hometown for Christmas and finds herself charmed by the place and its people. (2018, PG, 120min) ★★
11.00 **Christmas Pen Pals** Romantic drama. (2018, PG, 90min) ★★
1.00 AM **A Christmas Visitor** Drama. (2002, PG, 100min) ★★
3.00 **to 5.00** AM **The Christmas Cure** Drama. (2017, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Crimson Tide** *ITV4* Submarine thriller. ★★★★
9.00 **Dirty Dancing** *5STAR* Romantic musical drama starring Patrick Swayze as a dance instructor at a stuffy Catskills resort who teaches an idealistic teenager about life and love. ★★★★
9.00 **The Festival** *4Seven* Comedy starring Joe Thomas. ★★★
9.00 **xXx: State of the Union** *Syfy* Action sequel starring Ice Cube, and Samuel L Jackson. ★★
9.00 **Code of Silence** *Paramount Network* Thriller starring Chuck Norris as a hard-nosed Chicago cop who learns that the department's code of silence is tougher than the mob. ★★
11.05 **Dirty Dancing 2: Havana Nights** *5STAR* Drama. ★★★
11.10 **Blue Streak** *ITV4* Comedy starring Martin Lawrence. ★★
11.10 **Guardian** *Syfy* Horror starring Mario Van Peebles, James Remar and Stacy Oversier. ★
11.10 **Next of Kin** *Paramount Network* Crime drama starring Patrick Swayze and Liam Neeson. ★
2.45 AM **The Family** *Channel 4* Dark crime comedy. ★★★

WEDNESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

15 July

Wednesday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News** The latest sports news and updates.
- **7.00** **Total Goals** A round-up of the latest football action.
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5: Intro To Series 2**
- **8.40** **Fit In 5: Lisa & Marvin: Abs, Core & Strength**
- **8.50** **Fit In 5: Lisa & Marvin: High Intensity Interval Training**
- **9.00** **Total Goals** A round-up of the latest football action.
- **10.00** **The Football Show**
- **12.00** NOON **Sky Sports News**
- **1.00** PM **Sky Sports News** The latest sports news and developments.
- **5.30** **LIVE Premier League** Action from the Premier League.
- **8.00** **LIVE Premier League** Action from the Premier League.
- **10.45** **PL Greatest Games** A look back at Newcastle United v Arsenal from the 2010/2011 season at St James' Park.
- **11.00** **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.
- **12.00** M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: Ruud van Nistelrooy**
- **7.30** **PL Legends: Paul Ince**
- **8.00** **Best PL Goals: Chelsea v Man Utd** Memorable strikes.
- **8.30** **Best PL Goals: Man Utd v Newcastle** Memorable goals.
- **9.00** **Premier League 100 Club**
- **10.00** **The Football Show**
- **12.00** NOON **Best PL Goals 1999/2000** Memorable strikes.
- **1.00** PM **Premier League Years**
- **3.00** **PL Best Goals 01/02**
- **4.00** **PL Greatest Games**
- **5.00** **Premier League 100 Club**
- **5.30** **LIVE Premier League** Action from the Premier League.
- **8.00** **LIVE Premier League** Action from the Premier League.
- **10.45** **Premier League World**
- **11.15** **PL Greatest Games**
- **11.30** **Premier League Icons**
- **12.00** M'T **Gary Neville's Soccerbox**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 01/02**
- **5.00** **Best PL Goals: Man Utd v Everton** Memorable strikes.
- **5.30** **to 6.00** AM **PL 100 Club: England's Finest**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Football Years**
- **11.00** **Play Off Final C'Ship 15/16**
- **12.00** NOON **EFL Greatest Games**
- **12.45** PM **SPFL Greatest Games**
- **1.00** **Football's Greatest Players**
- **1.30** **Football Countdowns**
- **2.00** **Retro C'Ship 10** Action from Cardiff City v Leicester City.
- **4.30** **Football's Greatest Players**
- **5.00** **Football Countdowns**
- **5.30** **Football Years**
- **6.00** **EFL Championship Highlights**
- **9.00** **Play Off Final C'Ship 18/19**
- **10.00** **SPFL Greatest Games**
- **10.30** **SPFL Highlights**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 12**
- **1.00** AM **EFL Play Off Finals C'Ship 08/09** Burnley v Sheffield United.
- **2.00** **EFL Play Off Finals L 2 12/13**
- **3.00** **Championship Review 17/18**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **England's Road To The 17 World Cup** Back-to-back action.
- **12.00** NOON **ICC Women's World Cup 2017** England v West Indies: Action from the group-stage clash at the County Ground in Bristol.
- **1.00** PM **ICC Women's World Cup 2017** England v South Africa: Action from the first semi-final at the County Ground in Bristol.
- **2.00** **ICC Women's World Cup 2017 Final** England v India: A replay of the 2017 final, which took place at Lord's, as the teams looked to succeed Australia as champions.
- **10.30** **Winning Over The World** A look back at how the England women's cricket team won the 2017 World Cup.
- **11.30** **ICC Womens World Cup Final Watchalong** A look back at the 2017 final between England and India at Lord's.
- **1.00** AM **ICC Women's World Cup 2017** As shown at 1.00pm.
- **2.00** **ICC Women's World Cup 2017 Final** Action from England v India.
- **3.00** **Winning Over The World**
- **4.00** **ICC Women's World Cup 2017**
- **5.00** **to 6.00** AM **ICC Women's World Cup 2017 Final**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **PGA Tour Golf** Action from the final day of the 2010 Memorial Tournament.
- **11.00** **How the 2016 Open Was Won** A review of the Major from Royal Troon Golf Club in Ayrshire.
- **1.00** PM **How the 2017 Open Was Won** Action from Royal Birkdale Golf Club in Southport.
- **3.00** **How the 2018 Open Was Won** A look back at the best of the action from Carnoustie.
- **5.00** **How the 2019 Open Was Won** A look back at the Major from Royal Portrush Golf Club.
- **7.00** **Golf Vodcast** Golf discussion with some of the biggest names from the sport.
- **8.00** **PGA Tour: The Cut** A look behind the scenes of the tour.
- **8.30** **Chronicles of a Champion Golfer** A profile of Phil Mickelson.
- **9.00** **Feherty Talks To** The pundit chats to Charles Schwab.
- **10.00** **Golf Vodcast** As 7.00pm.
- **11.00** **PGA Tour: The Cut**
- **11.30** **How the 2019 Open Was Won**
- **1.30** AM **PGA Tour: The Cut**
- **2.00** **Feherty Talks To**
- **3.00** **How the 2016 Open Was Won**
- **5.00** **to 6.00** AM **Feherty Talks To**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Champions League Magazine** News and features.
- **6.30** **Ligue 1 Goals of the Season**
- **7.00** **WWE Monday Night Raw**
- **9.30** **ESPN FC** Football news.
- **10.00** **Fishing: On The Bank**
- **11.00** **Bundesliga Special**
- **12.00** NOON **Hakim Ziyech: Wizard of AMS**
- **12.45** PM **What I Wore**
- **1.00** **BT Sport Fight Night**
- **3.00** **Daniel Dubios – KO King**
- **3.30** **Champions League Magazine**
- **4.00** **What Went Down**
- **4.30** **Bundesliga Special**
- **5.00** **WWE SmackDown Highlights**
- **6.00** **WWE Raw Highlights**
- **7.00** **World RX Esports**
- **8.00** **Fishing: On The Bank**
- **9.00** **True Grit** Docmentary.
- **10.00** **WWE NXT UK**
- **11.00** **WWE NXT Highlights**
- **12.00** M'T **WWE Raw Highlights**
- **1.00** AM **LIVE WWE NXT** The next generation of wrestling stars showcase their talents.
- **3.15** **WWE: Broken Skull Sessions**
- **5.15** **What Went Down: WWE – Royal Rumble**
- **5.45** **to 6.00** AM **State of Play: Thomas Hitzlsperger**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **Moto3: GP of Malaysia**
- **7.30** **Moto2: GP of Malaysia**
- **8.30** **MotoGP: GP of Malaysia**
- **9.30** **In Depth with Graham Bensinger** With Charles Schwab.
- **10.00** **World Rallycross Highlights**
- **11.00** **Inside Sailing**
- **12.00** NOON **Marc Marquez: Trophy Collector** The story of six-time MotoGP champion Marc Marquez.
- **1.00** PM **ESPN Films: The Clemente Effect** A look at the life and career of Roberto Clemente.
- **2.30** **30 for 30: This Magic Moment**
- **4.30** **30 for 30: Tommy**
- **6.00** **30 for 30: What Carter Lost**
- **7.30** **30 for 30: June 17th, 1994**
- **8.30** **BT Sport Films Shorts**
- **9.00** **Daniel Dubios – KO King**
- **9.30** **What Went Down: Tyson Fury** A look back at some of the biggest fights involving Tyson Fury.
- **11.00** **BT Sport Fight Night**
- **1.00** AM **LIVE UFC** Coverage of the UFC Fight Night Prelims.
- **3.00** **to 6.30** AM **LIVE UFC Calvin Kattar v Dan Ige.** Coverage of the featherweight title bout from UFC Fight Island on Yas Island, Abu Dhabi, plus the undercard.

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **The Big Match Revisited – 1978/79** Four editions.
- **10.00** **Classic Premier League**
- **12.00** NOON **Football Archives: 1981/82** Classic action.
- **12.30** PM **The Football Archives: 1982/83** Classic action.
- **1.00** **Football Archives: 1983/84**
- **1.30** **Playback – Football's Greatest Rivalries** The Merseyside Derby.
- **2.30** **MotoGP Classics: Assen 1992**
- **3.30** **MotoGP Classics: Laguna Seca 2009** The 2009 US Grand Prix.
- **4.30** **Football Archives: UCL 96/97**
- **5.00** **Football Archives: UCL 97/98**
- **5.30** **UEFA Champions League – Classics** Manchester United v FC Porto from 1996/1997.
- **6.00** **UCL Greatest Nights: Liverpool** A look back at some of Liverpool's most unforgettable Champions League matches.
- **7.00** **Ashes Classics – 1986/87**
- **9.00** **UEFA Champions League Magazine** News and features.
- **9.30** **UEFA Champions League Goals Show Retro** Double bill.
- **11.30** **Premier League 100**
- **12.00** M'T **UFC: The Ultimate Fighter**
- **1.00** AM **FIM CEV Repsol**
- **4.00** **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **8.00** **World Championship Wednesdays** Darts action.
- **10.00** **Fight Night Classics**
- **12.00** NOON **NFL: Wildcard Highlights 16/17**
- **2.00** PM **Anthony Joshua: 1989–2014** Memorable action.
- **4.00** **Fight Night** Action from Anthony Joshua v Alexander Povetkin.
- **6.00** **World Championship Wednesdays** The 2001 PDC World Darts Championship. **6.30** Action from the 2003 PDC World Darts Championship. **7.00** Action from the 2005 PDC World Darts Championship. **7.30** Action from the 2007 PDC World Darts Championship.
- **8.00** **NFL: A Football Life**
- **9.00** **Pound 4 Pound** Rocky Fielding v Saul 'Canelo' Alvarez.
- **11.00** **Motorsport Mundial**
- **11.30** **Wildfly Fishing**
- **12.00** M'T **NFL Highlights** Action from San Francisco 49ers v Oakland Raiders.
- **1.00** AM **NFL: America's Game**
- **2.00** **World Championship Wednesdays** Darts action.
- **4.00** **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **My Icon**
- **7.00** **Sporting Greats**
- **7.30** **School of Golf**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5**
- **8.40** **Fit in 5: Fit In 5 8**
- **8.50** **Fit In 5 9**
- **9.00** **NBA Classic Games: Bulls @ Sixers 2012**
- **10.00** **Allen Iverson: The Answer**
- **11.00** **NFL: America's Game**
- **1.00** PM **Netball World Cup**
- **2.45** **My Icon**
- **4.00** **Sporting Greats**
- **4.30** **School of Golf**
- **5.00** **Fighting Fit 2020**
- **5.30** **Fit In 5**
- **5.40** **Fit in 5: Fit In 5 8**
- **5.50** **Fit In 5 9**
- **6.00** **NBA: San Antonio @ Utah**
- **8.00** **NBA: LA Lakers @ Milwaukee**
- **10.00** **NFL: Sunday Saints**
- **11.00** **Why Lamar Jackson Won MVP '19** Ravens v Jets.
- **12.00** M'T **NFL: Patriots Playback**
- **1.00** AM **NFL: America's Game**
- **2.00** **NBA Classic Games: Nuggets @ Lakers 2012**
- **3.00** **Allen Iverson: The Answer**
- **4.00** **Netball World Cup**
- **5.45** **to 6.00** AM **My Icon**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Pardon the Interruption**
- **7.00** **ESPN SportsCenter**
- **7.15** **MLB: 2003 Home Run Derby**
- **9.15** **ESPN SportsCenter**
- **11.30** **The WRC Magazine**
- **12.00** NOON **ESPN FC** Football news.
- **12.30** PM **Pardon the Interruption**
- **1.00** **ESPN SportsCenter**
- **1.15** **MLB: Caps Off**
- **1.30** **Roy Halladay Perfect Game**
- **3.15** **ESPN Special**
- **3.45** **College Football Classics**
- **5.30** **The WRC Magazine**
- **6.00** **In Depth with Graham Bensinger** With Bode Miller.
- **6.30** **ESPN SportsCenter**
- **6.45** **College Basketball Classics**
- **10.00** **MLB Classic: Baseball Seasons 2001** The 2001 MLB season.
- **11.30** **In Depth with Graham...**
- **12.00** M'T **The Basketball Tournament**
- **1.45** AM **MLB Classic**
- **5.00** **ESPN Special**
- **5.30** **to 6.00** AM **In Depth with...**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Tennis: Berlin Bett1 Aces**
- **8.00** **Tour de France: Thomas 2018**
- **11.00** **Football**
- **12.00** NOON **Superbikes: MotoAmerica**
- **1.00** PM **Athletics: Diamond League**
- **2.00** **Tour de France: Thomas 2018**
- **5.00** **Cycling: Road World Championships**
- **6.00** **LIVE Speedway European Championship** Coverage of the third round of the campaign from Rybnik, Poland.
- **8.30** **Tour de France: Thomas 2018** Action from stage 11 as the riders continued in the mountains, on a 108.5km route from Albertville to La Rosière Espace San Bernardo.
- **11.30** **Olympics – Greatest Tennis Players** Profiles of Olympians.
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Hall of Fame – Jumpers**
- **2.00** **Tour de France: Thomas 2018**
- **5.00** **to 7.00** AM **Snooker: O'Sullivan v Hawkins**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Snooker: Welsh Open**
- **10.00** **Tennis: Berlin Bett1 Aces**
- **11.00** **LIVE Tennis: Berlin Bett1 Aces** Coverage of the third-place play-offs in the exhibition at Steffi Graf Stadium in Berlin.
- **3.00** PM **LIVE Tennis: Berlin Bett1 Aces 2020 Final** Coverage of the finals in the exhibition at Steffi Graf Stadium in Berlin.
- **7.00** **Tennis: Berlin Bett1 Aces** Highlights from the final of the exhibition in Berlin
- **8.00** **Superbikes: MotoAmerica** Round two from Wisconsin.
- **9.00** **Superbikes: Whit & Friends** A look back at the Magny-Cours round of the 2004 World Superbikes campaign.
- **11.00** **Best of Bikes: Hill v Hopkins**
- **12.00** M'T **Snooker: World Final**
- **2.00** AM **Hall of Fame – Athens**
- **3.00** **Cycling: Virtual Tour de France**
- **5.00** **to 8.00** AM **Tour de France: Thomas 2018**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Super League Gold**
- **7.00** **Super Rugby**
- **9.00** **Netball World Cup 2019**
- **10.45** **WNBA Finals**
- **12.30** PM **NBA Classic Games: Splash Bros and Bad Boys Part 2**
- **1.00** **Super Rugby Classics**
- **2.00** **NRL Try Time**
- **3.00** **The Golden Point Vodcast**
- **3.30** **Betfred Super League**
- **4.00** **Wildfly Fishing**
- **4.30** **NBA: Utah @ Washington**
- **6.00** **NBA Retro Games: 2004 Playoffs W/C Semi-finals Game 7: Sacramento Kings v Minnesota Timberwolves**
- **8.00** **NBA Heatcheck**
- **12.00** M'T **Wildfly Fishing**
- **12.30** AM **Betfred Super League**
- **1.00** **Sporting Heroes**
- **2.00** **Netball World Cup 2019**
- **3.45** **WNBA Finals**
- **5.30** **to 6.00** AM **NBA Classic Games: Splash Bros and Bad Boys Part 2**

Sky Sports F1

406 406 860 | 516 506

As a result of the coronavirus pandemic, the sporting calendar has been distrupted.

At the time of going to press, Sky Sports was unable to supply accurate schedules for Sky Sports F1 this week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Thursday

16 July

Evening Planner

Cricket

England v West Indies
Sky Sports Cricket HD & Sky Sports Main Event HD, 10.30am
The opening day of the second Test in the three-Test series, from Old Trafford

Factual

Stephen Lawrence: Has Britain Changed?
ITV HD, 8pm
Rageh Omaar and Anushka Asthana host a debate examining racial inequality

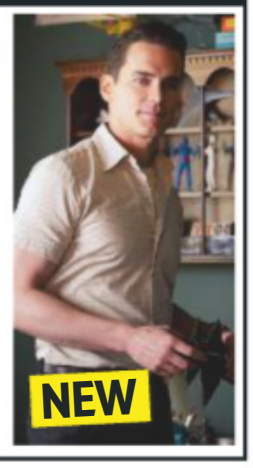
Documentary

The Hunt for Cleopatra's Tomb
Channel 5 HD, 9pm
Egyptologists hope to identify the burial place of the ruler after new discoveries

OnDemand

STARZPLAY

Doom Patrol
Available today
In series two, Matt Bomer's Negative Man and co are stranded on a toy race track in tiny form and trying to protect a newbie



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Lifting the...†	8.00 Celebrity MasterChef		9.00 Ambulance		10.00 News	
102 BBC2	7.00 Today at the Test: England v West Indies		8.00 Glow Up: Britain's Next Make-Up Star		9.00 QI	9.30 There She Goes	10.00 What We Do in the Shadows	
103 ITV	7.00 You've Been...	7.30 Generation...†	8.00 Stephen Lawrence: Has Britain...		9.00 The Murder of Stephen Lawrence			
104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 National Treasure		10.00 Celebrity Gogglebox	
105 CHANNEL 5	7.00 Railway Journeys with Chris Tarrant		8.00 The River Thames: Then & Now		9.00 The Hunt for Cleopatra's Tomb		10.00 10 Mistakes That Sank the Titanic	
106 SKY ONE	7.00 The Simpsons		8.00 Freddie Down Under		9.00 The Blacklist		10.00 Film: Final Score	
ENTERTAINMENT								
116 BBC4	7.00 River Walks...	7.30 The Joy of...	8.00 Emma		9.00 Jane Austen: Behind Closed Doors		10.00 My Friend Jane	10.30 The Sky at...
118 ITV2	7.00 Supermarket Sweep		8.00 Roswell, New Mexico		9.00 Love Island: All the Feels		10.05 Celebrity Juice	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Outlander		10.15 8 Out of 10 Cats Does...	
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 The Big Bang Theory		10.00 Good Place	10.30 Brooklyn...
107 SKY WITNESS	7.00 Paramedics: Australia		8.00 Ghost Whisperer		9.00 FBI		10.00 How to Get Away with Murder	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Get Shorty		10.10 Penny Dreadful: City of Angels	
110 GOLD	◂ 6.05 Only Fools and Horses						10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.35 QI			9.00 Live at the Apollo		10.00 Famalam	10.30 Sliced
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Midsomer Murders				10.00 Law & Order: UK	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 The Motorbike Show		9.00 Film: Logan Lucky			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bruce Almighty			
152 SYFY	7.00 A Town Called Eureka				9.00 Pandora		10.00 Film: Kill Bill: Vol. 1	
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Louis Theroux's Altered States: Take...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Dana Carvey: Squatting Monkeys Tell No Lies		10.15 Girls	
124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 Family Guy	
122 SKY ARTS	7.00 Bafta: Life in Pictures		8.00 Great Film Composers: The Music of...		9.00 The Directors		10.00 Film: Corman's World: Exploits of a...	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Mysteries of the Deep		10.00 Naked and Afraid XL	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Dr Jeff: Rocky Mountain Vet		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Food Factory		9.00 Superstructures: Engineering Marvels		10.00 Gathering Storm	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Flipping Bangers		9.00 Forged in Fire		10.00 Eating History	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Abandoned Engineering		9.00 Train Truckers		10.00 The World at War	
166 EDEN	7.00 Thailand: Earth's Tropical Paradise		8.00 Russia from Above		9.00 The Zoo	9.30 Jungle Planet	10.00 Meet the Sloths	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.30 Olympic Dreams		8.00 It: Chapter Two					
303 HITS		7.15 Dora and the Lost City of Gold			9.00 Gemini Man			
304 GREATS	◂ 5.40 The Rock		8.00 Chinatown				10.15 No Country for Old Men	
305 DISNEY	◂ 6.00 Ralph Breaks the Internet		8.00 Incredibles 2				10.00 Bedtime Stories	
306 FAMILY	7.00 Luis and the Aliens			8.40 School Spirits			10.15 Homeward Bound: The...	
307 ACTION	◂ 6.00 300		8.00 The Kid Who Would Be King				10.00 Gladiator	
308 COMEDY	◂ 6.15 Anchorman: The Legend of Ron...		8.00 Holmes & Watson			9.40 The Other Guys		
309 THRILLER	◂ 6.45 The Bodyguard				9.00 Manhunter			
310 DRAMA	◂ 6.00 The Pursuit of Happyness		8.00 Along Came Polly			9.45 Puzzle		
311 SCI-FI	◂ 6.50 Batman				9.00 Batman Returns			
302 BLOCKBUSTERS	◂ 6.30 The Secret Life of Pets 2		8.00 E.T. The Extra Terrestrial				10.00 Transformers	
313 FILM4	◂ 6.35 Ender's Game				9.00 Kingsman: The Secret Service			
315 TCM MOVIES	◂ 6.25 Action in the North Atlantic				9.00 Payback			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Coverage of two matches in the top-flight							
403 FOOTBALL	7.00 EFL Championship Highlights				9.00 Championship Season Review 18/19		10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	◂ 5.30 Premier League – Live: Action from the Premier League							10.30 PL Tonight
414 BT SPORT 2	◂ 5.45 Premier League – Live		8.15 Hakim Ziyech – Wizard Of...		9.00 WWE NXT			

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Thursday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 9/15. Three artists travel pitch ideas to celebrate a couple's wedding. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 9/15. The importance of music in people's lives. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM

7.00 **The One Show** A mixture of celebrity chat and stories of interest. (S)
7.30 **Lifting the Lockdown: Panorama** New edition A report from Salford as the city prepares to lift the lockdown. (S)

8 PM

8.00 **Celebrity MasterChef** New edition 8/15. Phil Vickery, Lisa Faulkner and John Partridge lend their thoughts as John Torode and Gregg Wallace judge the four remaining contestants battling for semi-final places. (S)
■ Continues tomorrow

9 PM

9.00 **Ambulance** Series finale 6/6. Call-handler Brogan has to guide a caller through lifesaving CPR, and there is a full emergency at John Lennon Airport when a plane loses contact with air traffic control. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **Match of the Day** Gary Lineker presents highlights from the latest Premier League matches. (S)

11.35 **The Coronavirus Newscast** Adam Fleming, Laura Kuenssberg and Fergus Walsh discuss the latest on the coronavirus pandemic. (S)
12.10 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **Home Is Where the Art Is** (R)
7.15 **The Repair Shop: Fixing Britain** 8/15. The influence of the invention of clockwork. (S)(R)(AD)
8.00 **Sign Zone: Inside the Factory: Keeping Britain Going** (S)(R)(AD)
9.00 **Jungle Atlantis** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **Chronicles of a Champion Golfer** A look at how Tiger Woods, Tom Watson and Jack Nicklaus have fared at The Open. (S)(R)
2.00 **Coast** Spectacular sea cliffs. (S)(R)
2.20 **Wild China** (S)(R)(AD)
3.20 **Olympics Rewind: Beijing 2008** Series finale 3/3. A look back at the 2008 Olympic Games. (S)
5.15 **Flog It!** At Allerton Castle. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Great Australian Railway Journeys** 3/10. (S)(R)

9.30 There She Goes

7 PM

7.00 **Today at the Test: England v West Indies** Isa Guha presents highlights from the opening day's play of the second Test in the three-game series, taking place at Old Trafford. (S)

8 PM

8.00 **NEW TO BBC2 Glow Up: Britain's Next Make-Up Star** 1/8. Stacey Dooley presents the return of the contest in which aspiring make-up artists battle it out, beginning with an advertising campaign for JD. *Previously on BBC3 Online*. (S)

9 PM

9.00 **QI** New edition 8/11. With guest panellists Joe Lycett, Zoe Lyons and Liza Tarbuck. (S)
9.30 **There She Goes** New episode 2/5. Rosie develops a Christmas obsession – in February. (S2) (S)(AD)

10 PM

10.00 **What We Do in the Shadows** New episode 9/10. Nandor and Laszlo are abducted. (S)(AD)
10.20 Series finale 10/10. The housemates prepare for an exclusive event. (S2) (S)(AD)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **The Rise of the Murdoch Dynasty** 1/3. Documentary examining the media mogul's influence on international politics and the power struggles within his family, first focusing on Tony Blair's election. (S)(R)(AD)
12.30 AM **Sign Zone: Dragons' Den: Best Ever Pitches** (S)(R)(AD)
1.30 **Sign Zone: Italy's Frontline: A Doctor's Diary** (S)(R)(AD)
2.30 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the dealers are in Llandudno, where James Layte battles to get his hands on an Omega watch and Mark Stevens puts his money down on a Clarice Cliff vase. (S)(R)
3.00 **Tenable** Five housemates from London take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Murder of Stephen...

7 PM

7.00 **You've Been Framed!** New edition A man's beard gets caught in a power tool. (S)
7.30 **Generation Covid: Our Children in Crisis? Tonight** New edition The impact of the lockdown on children. (S)

8 PM

8.00 **NEW Stephen Lawrence: Has Britain Changed?** In the wake of the global protests triggered by the killing of George Floyd, Rageh Omaar and Anushka Asthana host a debate to examine racial equality in the UK. (S)

9 PM

9.00 **The Murder of Stephen Lawrence** Paul Greengrass's 1999 dramatisation of Doreen and Neville Lawrence's struggle to bring their 18-year-old son's killers to justice, exposing the flaws in the system that had failed them. Marianne Jean-Baptiste and Hugh Quarshie star as the bereaved parents, with David Calder as Metropolitan Police Chief Sir Paul Condon. (S)(R)(AD)

11.05 **ITV News** (S)
11.45 **Local News** (S)
11.55 **NEW European Cup Winners: The British Pioneers** A look back at the early achievements of British clubs in Europe. (S)
12.50 AM **Ideal World**
3.00 **Generation Covid: Our Children in Crisis? Tonight** As 7.30pm. (R)
3.25 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.30 AM **Cheers** 21&22/27. (S9) (S)(R)
7.20 **Mike & Molly** (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 3-5/24. (S4) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** Sharon and Shaun Garner help a couple find a villa with a pool. (S)(R)
5.00 **Four in a Bed** The final visit is to the Bryn Derwen B&B in Rhayader, Powys. (S)(R)
5.30 **Come Dine with Me** Lorna serves up a second Caribbean menu in as many days. (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

8.00 The Supervet: Noel Fitzpatrick

7 PM

7.00 **News** (S)

8 PM

8.00 **The Supervet: Noel Fitzpatrick** New edition More memorable cases, including an 18-month-old chihuahua with a crushed pelvis and a three-legged cat having trouble with its sole back leg. (S)(AD)

9 PM

9.00 **National Treasure** 2/4. Paul and his family have to deal with the pressure of mounting allegations against him, and Dee confronts her former babysitter, Christina, now one of the star's main accusers. (S1) (S)(R)(AD)

10 PM

10.00 **Celebrity Gogglebox** Some of Britain's best-loved personalities become the country's most opinionated viewers as they critique popular TV shows. (S)(R)(AD)

11.05 **First Dates** (S)(R)(AD)
12.10 AM **How to Lose Weight Well: Get Fit for Summer** (S)(SL)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(R)
1.55 **Couples Come Dine with Me** Three parties in Manchester. (S)(R)
2.50 **Flirty Dancing** (S)(R)(AD)
3.45 **Animal Airport** (S)(R)(AD)
4.40 **Animal Rescue School** (S)(SL)(R)
5.35 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.20 **Can't Pay? We'll Take It Away!** Unpaid legal fees. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Good Morning Murder** Thriller with Chrishell Hartley. (S) (2019, 12, 105min) ★★
4.00 **Friends** 19&20/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Toadie decides to tell Dee about her biological father. (S)(R)(AD)
6.00 **Home and Away** Bella has problems involving Colby and Nikau. (S)(R)(AD)
6.30 **News** (S)

1.15 Home and Away

7.00 **Railway Journeys with Chris Tarrant** 2/5. Chris sets out on a mission to cross Estonia, Latvia and Lithuania entirely by rail, uncovering stories and dark secrets from the states' Soviet-era past. (S)(R)

8.00 **The River Thames: Then & Now** 2/5. Exploring London's Docklands. A boat captain whose family have hauled cargo along the river for six generations recalls his grandfather's talents. (S)(R)

9.00 **NEW The Hunt for Cleopatra's Tomb** An investigation into the mystery of Egypt's most elusive queen, aiming to find out more about her life and possibly even discover the site of her burial. (S)

10.00 **10 Mistakes That Sank the Titanic** Examining the chain of events that led to the sinking of the ship in 1912, when it struck an iceberg and went down with approximately 1,500 passengers and crew. (S)(R)

11.30 **Draining Alcatraz: The Impossible Escape** (S)(R)
12.25 AM **The World's Worst Engineering Disasters** (S)(R)
1.15 **21.co.uk Live Casino Show**
3.15 **Ben Fogle: New Lives in the Wild Down Under** (S)(R)(AD)
4.00 **Funny Thing About Holidays**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** 1/23. (S2) (S)(R)
9.00 **Supergirl** 4/22. (S2) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Brit Cops: Frontline Crime UK** A domestic incident. (S)(R)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** *See Homer Run:* Lisa goes on a rampage. (S)(R)
5.30 **Futurama** *Saturday Morning Fun Pit:* The gang star in Saturday morning-style cartoons. (S)(R) **6.00** *Calculon 2.0:* Bender and Fry resurrect celebrated robot actor Calculon. (S)(R)
6.30 **The Simpsons** *We're on the Road to D'ohwhere:* Marge is arrested. (S)(R)

9.00 The Blacklist

7.00 **The Simpsons** *My Fair Laddy:* Groundskeeper Willie is made homeless and moves in with the family. (S)(R) **7.30** *The Seemingly Never-Ending Story:* Homer gets trapped in a cave. (S)(R)

8.00 **Freddie Down Under** 1/6. Former cricketer Andrew Flintoff and his friend Rob Penn set off in their custom-made food truck along the east coast of Australia on an epic barbecue adventure. (S)(R)(AD)

9.00 **The Blacklist** New episode *Newton Purcell:* 13/18. The Task Force investigate a series of attacks on data centres. Meanwhile, Glen tries to prove his value following a shipping mishap. (S7)

10.00 **FILM Final Score** Action drama starring Dave Bautista. An ex-soldier is forced into action when armed terrorists take control of a packed football stadium. (S) (2018, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Road Wars** Video footage of highway dangers. (R)
1.00 AM **Manifest** *Icing Condition:* 13/13. Michaela and Ben risk it all in a rescue attempt. (S2) (R)
2.00 **Brit Cops: Rapid Response** Following a rapid response team of police officers. (S)(R)(AD)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Disclosure: The Care Home Scandal New edition (S) **11.35** Lifting the Lockdown: Panorama New edition (S) **12.05am** The Coronavirus Newscast (S)(HD) **12.35** Weather for the Week Ahead (S) **12.40-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Ar y Bysus **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Garddio a Mwy **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cefn Gwlad (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ar Werth (AD) **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm: Cewri Cwmderi **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Y Fets Series finale (AD) **10.00** Goreuon Priodas Pum Mil (AD) **11.00-11.35pm** Lwp: Curadur

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **River Walks: The Severn** Shobna Gulati takes a stroll along the Severn.
7.30 **The Joy of Painting** Series finale A landscape featuring a lake, tall trees and a majestic mountain.
8.00 **Emma** 1/4. Dramatisation of Jane Austen's novel, starring Romola Garai, Jonny Lee Miller and Tamsin Greig.
9.00 **Jane Austen: Behind Closed Doors** Lucy Worsley visits some of the many locations that helped inspire Jane Austen's work.
10.00 **My Friend Jane** The lives of self-proclaimed Jane Austen super-fans.
10.30 **The Sky at Night**
11.00 **Britain's Star Men: Heroes of Astronomy**
12.00 M'T **Art, Passion & Power: The Story of the Royal Collection**
1.00 AM **Bought with Love**
2.00 **The Joy of Painting**
2.30 **River Walks: The Severn**
3.00 **to 4.00** AM **Jane Austen: Behind Closed Doors**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A crocheted jellyfish.
9.20 **A Place in the Sun: Winter Sun** In Spain.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.15 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet** A bulldog has problems with its legs.
6.55 **Escape to the Chateau: DIY** A couple make plans to enhance their property by building a swimming pool.
7.55 **Grand Designs** A couple whose new home is being fabricated in Germany, then transported to Surrey to be assembled within a week.
9.00 **Outlander** New episode *If Not for Hope:* 11/13. Jamie, Claire and Young Ian embark on a journey to rescue Roger, while Brianna is sent to be cared for by Jocasta at River Run. (S4)
10.15 **8 Out of 10 Cats Does Countdown** With Joe Wilkinson, Seann Walsh, Danny Dyer and Bill Bailey.
11.20 **Father Ted**
12.20 AM **24 Hours in A&E**
1.25 **Emergency Helicopter Medics** A boating accident ends with a woman losing part of her foot.
2.30 **8 Out of 10 Cats Does Countdown**
3.30 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
7.00 **Supermarket Sweep** Rylan Clark-Neal hosts a revival of the game show.
8.00 **Roswell, New Mexico** New episode *Sex and Candy:* 6/13. Liz is dealt a devastating blow. (S2)
9.00 **NEW Love Island: All the Feels** Revisiting some of the juiciest and most memorable *Love Island* moments.
10.05 **Celebrity Juice** Comedy quiz hosted by Keith Lemon.
10.50 **Family Guy** *Stewie Kills Lois:* 4/12. Stewie decides to murder Lois. (S6)
11.15 **Family Guy**
12.15 AM **American Dad!**
1.10 **Timewasters**
1.40 **Iain Stirling's CelebAbility**
2.25 **to 3.20** AM **Release the Hounds: Famous & Freaked**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode From 2000.
7.30 **Married at First Sight Australia** New edition The husbands each visit their new wives' homes.
9.00 **The Big Bang Theory**
10.00 **The Good Place** New episode 2/13. Michael hopes Eleanor, Chidi, Tahani and Jason will improve as people. (S3)
10.30 **Brooklyn Nine-Nine**
11.00 **Buffy the Vampire Slayer**
12.00 M'T **Rick and Morty**
12.30 AM **Robot Chicken** New edition Animation.
12.45 **The Jellies!** New episode
1.00 **Rick and Morty**
1.30 **The Big Bang Theory**
2.25 **Gogglebox**
3.20 **The Good Place**
3.45 **Brooklyn Nine-Nine**
4.10 **The Big Bang Theory**
5.00 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Thursday primetime

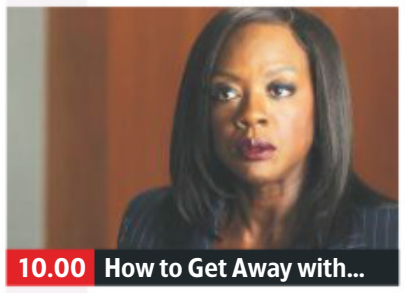
THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 9/22. (S2)
11.00 **Elementary** 13/24. (S3)
12.00 NOON **Law & Order** 2/24. A woman is bludgeoned to death in a subway station. (S11)
1.00 PM **Blue Bloods** 10/22. (S2)
2.00 **CSI** 4/23. An infant dies in a car during a heatwave. (S4)
3.00 **Paramedics: Australia**
4.00 **Nothing to Declare** Six editions of the documentary.



10.00 How to Get Away with...

7 PM

7.00 **Paramedics: Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM

8.00 **Ghost Whisperer** *Voices:* 9/22. Melinda is alarmed to hear the voice of a spirit communicating through her car radio. (S1)

9 PM

9.00 **FBI** New episode *The Lives of Others:* 2/19 The son of a blogger goes missing giving the team a long list of suspects. (S2)

10 PM

10.00 **How to Get Away with Murder** New episode *I'm the Murderer:* 7/15. Annalise tries to derail Tegan's plans. (S6)
11.00 **Criminal Minds** 4/22. (S13)
12.00 M'T **Ghost Whisperer** As shown at 8.00pm.
1.00 AM **CSI** 23/24. (S9)
2.00 **CSI** 9/24. (S6)
3.00 **The Good Doctor** (S2)
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **The Guest Wing**
9.00 **Elementary** 18/24. (S1)
10.00 **CSI** 16-18/24. (S6)
1.00 PM **Elementary** 19/24. (S1)
2.00 **Blue Bloods** (S2)
4.00 **CSI** 19/24. The team investigate the shooting of a psychic in her occult shop. **5.00** 20/24. Three teen rappers are found shot dead. **6.00** 21/24. The team are called to a wedding after the groom's mother is killed. (S6)

9.00 Get Shorty

7 PM

7.00 **Blue Bloods** *The Uniform:* 11/22. Danny and Jackie find a police officer is a suspect in a shooting at a diner.

8 PM

8.00 **Blue Bloods** *The Job:* 12/22. Danny's wife and sons are caught up in a chase involving a gunman. (S2)

9 PM

9.00 **Get Shorty** New episode *Dark Roast, Oat Milk, Two Splendas:* 2/7. Miles settles into his assistant job at Budd E. (S3)

10 PM

10.10 **Penny Dreadful: City of Angels** *Wicked Old World:* 3/10. Tiago and Molly visit Santa Monica Pier. (S1)
11.15 **The Sopranos** 6/21. Gossip is rife about Vito's secret life. **12.25** AM 7/21. Guest starring Ben Kingsley and Lauren Bacall. (S6)
1.35 **My Brilliant Friend** (S2)
4.00 **The Guest Wing**
5.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Green Green Grass**
8.10 **Porridge**
9.30 **Are You Being Served?**
10.10 **Last of the Summer Wine**
12.10 PM **Porridge**
12.50 **Are You Being Served?**
1.30 **The Green Green Grass**
2.10 **Only Fools and Horses**
2.50 **Last of the Summer Wine**
4.50 **Are You Being Served?**
5.30 **The Green Green Grass**
6.05 **Only Fools and Horses** Christmas special from 1993. Del Boy visits the dentist.

6.05 Only Fools and Horses

7 PM

Only Fools and Horses (started at 6.05pm)

8 PM

8.00 **Only Fools and Horses** The council reject Del's application for a home improvement grant, but his spirits are raised by news of a fancy-dress party. **9.20** A weeping statue in the local church gives Del an idea for a miraculous money-making scheme.

9 PM

10 PM

10.00 **Men Behaving Badly** Tony feels depressed. **10.40** Deborah and Dorothy go away for a sailing weekend.
11.15 **Only Fools and Horses**
12.45 AM **Only Fools and Horses**
1.20 **Green Wing** Statham meets the attractive chaplain.
2.25 **The Rebel** Burglars steal the ashes of Henry's dead wife.
2.55 **to 4.00** AM **My Favourite Sketch**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Bless This House**
10.05 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Hung for a Sheep:* Ventress thinks Mike's replacement PC Steve Crane is too keen to prove his worth.

11.00 Scott & Bailey

7 PM

7.00 **Agatha Christie's Poirot** *The Dream:* A well-known eccentric contacts the sleuth when he is haunted by suicidal nightmares.

8 PM

8.00 **Midsomer Murders** *A Vintage Murder:* A sparkling wine launch ends in disaster when guests sampling the vintage start to collapse, and Barnaby must investigate a possible connection to a hit-and-run.

9 PM

10 PM

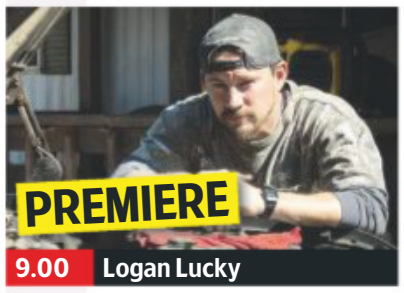
10.00 **Law & Order: UK** *Unsafe:* 4/7. A body is found in a shallow grave near the Thames. Guest stars Iain Glen. (S1)
11.00 **Scott & Bailey** 4/6. A porn star is suspected of murdering her husband. (S1)
12.05 AM **A Touch of Frost** *Close Encounters:* An autistic teenager is arrested for murder.
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.15 **Dempsey and Makepeace**
9.20 **Minder**
10.25 **The Professionals**
11.30 **The Sweeney**
12.35 PM **The Saint**
1.35 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.45 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** Regan and Carter stake out a garage.



9.00 Logan Lucky

7 PM

7.00 **Tour de France ReCycled: Geraint's Tour** New edition Stage 18 action, a flat journey from Trie-sur-Baise to Pau.

8 PM

8.00 **The Motorbike Show** Henry Cole rides through Andalucia and meets up with Zef Eisenberg back in the UK.

9 PM

9.00 **FILM PREMIERE Logan Lucky** Crime caper starring Channing Tatum and Adam Driver. Two brothers attempt to pull off an ambitious money heist during a NASCAR race in North Carolina. (2017, 12, 118min) ★★★★ *See review, pg 27*
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM National Lampoon's European Vacation** Slapstick comedy starring Chevy Chase, Beverly D'Angelo and Eric Idle. (1985, 15, 94min) ★
1.15 AM **The Sweeney**
2.20 **to 2.50** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Grand Tours of Scotland's Lochs**
7.30 **Beechgrove** New edition George Anderson shows off his Joppa allotment.
8.00 **The Great Food Guys** New edition 2/8. Nick Nairn and Dougie Vipond cook gnocchi with smoked haddock.
8.30 **Fight Like a Girl** Documentary about wrestler Kimberly Benson, aka Viper.
9.00 **The Nine**
10.00 **Frankie Boyle's Tour of Scotland** Frankie goes from Oban to Glasgow.
10.30 **Nico's Menu Mission** Series finale 4/4. Seve wants to push the opening back by weeks.
11.00 **Mirror Mirror** Scots abroad and accents.
11.30 PM **to 12.00** M'T **TUNE Stays In** New edition

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **America's Next Top Model** Double bill.
3.00 **Babylon 5**
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *Rogue Time:* 16/23. The speedy hero faces a trio of supervillains. (S1)
9.00 **SEAL Team** 10/22. (S1)
10.00 **In the Long Run**
11.00 **Ross Kemp: Extreme World** Ross interviews migrants in Calais.
12.00 M'T **The Blacklist** (S7)
1.00 AM **FBI** 2/19. (S2)
2.00 **How to Get Away with Murder** 7/15. (S6)
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 24/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** *The Sword in the Stone: Part1:* 12/13. (S4)
9.00 **Magnum P.I.** (S1)
10.00 **Double Murder: The Inside Story**
11.00 **CSI** 11/25. (S5)
12.00 M'T **Brit Cops: War on Crime**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** Thessaloniki.
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.35 **QI** Double bill.
9.00 **Live at the Apollo**
10.00 **Famalam** Sketch show.
10.30 **Sliced** 2/3. (S1)
11.05 **Taskmaster**
12.10 AM **Mock the Week**
12.55 **QI** With Phil Kay.
1.30 **Red Dwarf** 4/6. (S3)
2.10 **Famalam**
2.35 **Red Dwarf** 5/6. (S10)
3.15 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S3)
11.00 **The King of Queens**
12.00 NOON **Fresh Off the Boat** 20&21/23. (S3)
1.00 PM **Friends** (S6&7)
8.00 **Friends** 5/24. Joey takes Tag out on the town. **8.30** 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **FILM Bruce Almighty** Comedy starring Jim Carrey. A discontented TV news reporter is invited by God to take his job and see if he can do any better. (2003, 12, 96min) ★★★
11.00 **Bob's Burgers** (S10)
12.00 M'T **Russell Howard's Good News** From 2013.
1.00 AM **8 Out of 10 Cats**
2.00 **Two and a Half Men**
2.55 **The Daily Show** New edition Talk show.
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Fredrik tries to sell a unit in his mega-tower.
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Don't Be Tardy** Brielle attempts to move out and live on her own. **9.30** The family head to Miami for a holiday.
10.00 **Botched by Nature**
11.00 **Married to Medicine: Houston** Reality series.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** 11/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S1)
3.00 **Murdoch Mysteries** Triple bill of the drama, including at: **5.00** 5/18. Murdoch and Ogden uncover a threat to Teddy Roosevelt's life. (S8)
6.00 **Major Crimes** 1/23. The squad investigate two homicides. (S4)

9.00 My Life Is Murder

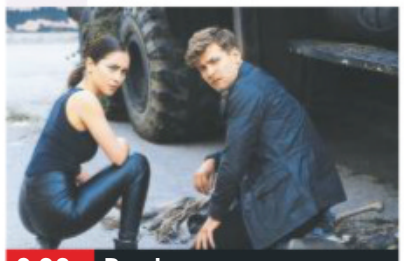
7.00 **Unforgettable** *Carrie's Caller:* 14/22. Carrie receives a call from a killer who tells her he will strike within minutes. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *Ill Met by Moonlight:* 10/10. The duo must recover a jewel. (S1)
9.00 **My Life Is Murder** *The Boyfriend Experience:* 1/10. Crime drama starring Lucy Lawless and Bernard Curry. (S1)
10.00 **Strike – The Silkworm** 1/2. Adaptation of JK Rowling's detective novel, starring Tom Burke and Holliday Grainger. (S2)
11.20 **New Tricks** *The Rock – Part One:* The team investigate a 1982 murder in Gibraltar.
12.30 AM **Maisie Raine** 3/6. (S2)
1.35 **Strike – The Silkworm** As shown at 10.00pm.
2.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager**
3.00 **Star Trek: Deep Space Nine** 21&22/26. Double bill. (S4)
5.00 **Star Trek: The Next Generation** *Night Terrors:* 17/26. The team suffer hallucinations while investigating the deaths of a Federation science vessel crew. **6.00** *Identity Crisis:* 18/26. A parasite tries to transform Geordi into an alien being. (S4)



9.00 Pandora

7.00 **A Town Called Eureka** *The Honeymooners:* 11/14. Carter tries to give Allison a romantic honeymoon.
8.00 **A Town Called Eureka** *Mirror, Mirror:* 12/14. A cloud of smart dust disrupts communications in Eureka. (S5)
9.00 **Pandora** New episode *It Ain't Me Babe:* 9/13. Sci-fi drama starring Priscilla Quintana. (S1)
10.00 **FILM Kill Bill: Vol. 1** Quentin Tarantino's epic action thriller. (2003, 18, 110min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Pandora** As 9.00pm.
1.00 **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Fact or Faked: Paranormal Files** Ghostly images and a mortuary mystery.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are?**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill of the game show.
4.00 **My Dream Home** A single mother looks for a manageable home in which she can raise her infant son. **5.00** A woman searches for an eclectic Nashville pad.
6.00 **Tipping Point** Game show hosted by Ben Shephard.

9.00 999 Rescue Squad

7.00 **Top Chef** New edition 4/14. Pad Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** Paramedics help a man bleeding heavily from his arm, and a woman shows signs of having sepsis.
9.00 **999 Rescue Squad** The response teams rush to save the life of a man who has been shot in the chest at a Doncaster pub.
10.00 **Louis Theroux's Altered States: Take My Baby** Louis explores how adoption is a big business in California.
11.00 **Inside the Ambulance** A hospital patient is found wandering the streets.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux's Altered States: Take My Baby** As shown at 10.00pm.
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S7)
10.30 **30 Rock** Triple bill. (S5)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S7)
5.00 **30 Rock** 16/23. A website accuses *TGS* of hating women. **5.30** 17/23. Angie films an episode of her reality TV show at the *TGS* studio. **6.00** 18/23. Jack is forced to ask Devon Banks for help. (S5)
6.30 **Modern Family** 15/24. (S1)

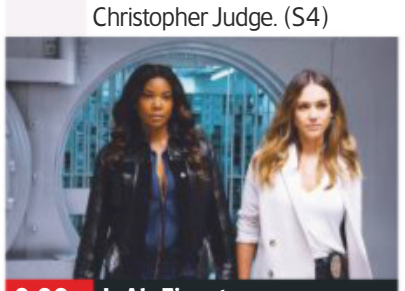
10.50 The Tonight Show...

7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 19/24. Mindy goes on a date with a minister. Guest stars Moby. (S1)
8.00 **The Mindy Project** 20/24. Mindy gives a male prostitute a makeover. **8.30** 21/24. Mindy heads to Santa Fe. (S1)
9.00 **Dana Carvey: Squatting Monkeys Tell No Lies** The comedian performs a stand-up special in front of a live audience in Santa Rosa, California.
10.15 **Girls** 6/12. (S3)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.50 **Entourage** 13/20. Vince's agent tries to convince him to do a period drama. (S3)
12.30 AM **Vice Principals** 4/9. Gamby and Russell push Dr Brown to breaking point. (S1)
1.10 **Bored to Death** 1/8. Comedy with Jason Schwartzman. (S3)
1.50 **Parks and Recreation** (S7)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 4/22. (S11)
10.00 **Bull** 6/22. (S3)
11.00 **NCIS** 20/20. (S17)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 18/24. (S4)
3.00 **NCIS** 1/24. (S13)
4.00 **Bull** 7/22. (S3)
5.00 **Bones** 7/22. The body of a young escapologist is found in the woods. (S11)
6.00 **The Mentalist** 19/24. Jane sets up a robbery to catch a murderer. Guest stars Christopher Judge. (S4)



9.00 L.A's Finest

7.00 **NCIS** *Personal Day:* 2/24. Gibbs calls on the team to assist DEA Agent Luis Mitchell to bring down a drug dealer.
8.00 **NCIS** *Incognito:* 3/24. Bishop and McGee pose as a married couple to investigate a US Marine's murder. (S13)
9.00 **L.A.'s Finest** *My Lovely:* 6/13. The Bens investigate the killing of the trans woman. (S1)
10.00 **Family Guy** 21/23. Peter joins the Tea Party. (S10) **10.30** 21/22. Stewie tries out his new teleportation machine. (S11)
11.00 **American Dad!** (S3)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S11)
3.00 **American Dad!** (S3)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Thursday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 12/24. (S1)
7.10 **Hart to Hart** (S5)
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 7/22. (S5)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S5)
7.00 **M*A*S*H** 1&2/24. (S3)
8.00 **Randall and Hopkirk (Deceased)** *The House on Haunted Hill:* 9/26. Marty is frightened by a haunted house that hides a sinister secret. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S10)
2.00 **Charlie's Angels** (S5)
3.00 **M*A*S*H** 6/24. (S3)
3.30 **Due South** 14/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Giselle**
8.00 **Exhibition on Screen**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist 2014**
11.00 **Wander** (S1)
11.05 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Bafta: Life in Pictures**
8.00 **Great Film Composers: The Music of the Movies** The 1970s.
9.00 **The Directors** New edition Martin Scorsese.
10.00 **FILM Corman's World: Exploits of a Hollywood Rebel** Documentary. (2011, 15, 86min) ★★★★
11.45 **Queen – Live in MK**
12.45 AM **Paul Simon: Live**
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S3)
4.00 **Couples Come Dine with Me**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Jimmy's Forest**
9.00 **Devon and Cornwall**
10.00 **Paramedics: Britain's Lifesavers**
11.05 **Naked Attraction**
12.10 AM **Grand Designs**
2.20 **The Supervet: Noel Fitzpatrick**
3.25 **Sun, Sea and Selling Houses**
4.25 **to 4.55** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Rookie Blue**
11.05 **Law & Order**
1.05 PM **Law & Order**
5.00 **NCIS** 8&9/24. (S13)
7.00 **NCIS** *Spinning Wheel:* 11/24. Ducky is assaulted by a man who has information about his long-dead half-brother. **8.00** *Sister City – Part One:* 12/24. The first of a two-part crossover with *NCIS: New Orleans*. (S13)
9.00 **Law & Order: Special Victims Unit** *Chasing Demons:* 14/24. Cassidy's testimony causes a mistrial. (S19) **10.00** *Chasing Theo:* 8/21. A six-year-old boy goes missing. (S18)
10.55 **Law & Order: Special Victims Unit** (S18&17)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill. (S6&3)
9.10 **My Wife and Kids** (S2)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **FILM The First Wives Club** Comedy. (1996, PG, 102min) ★★★
9.00 **NEW SERIES Skin A&E** 1/3. Documentary.
10.00 **Good Girls' Guide to Kinky Sex**
11.00 **FILM The Commuter** Thriller. (2018, 15) ★★★
1.05 AM **Nightmare Tenants, Slum Landlords**
2.05 **Iceland: Britain's Biggest Budget Supermarket**
3.05 **Will & Grace** (S7)
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.35 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** A stranger gives the trio an old van.
8.00 **Inspector Alleyn Mysteries** *Scales of Justice:* A World War One veteran is murdered.
10.05 **New Tricks** *17 Years of Nothing:* A Home Office pathologist joins the team. Guest stars Jane Asher and Timothy West.
11.25 **Silent Witness**
1.35 AM **The Bill**
2.45 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 3/25. (S4)
12.00 NOON **CSI: NY** (S1)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *A Cure for What Ails You:* 13/16. Allison's health is jeopardised as she tries to find a connection between several seemingly accidental deaths. (S4)
10.00 **CSI: Miami** *48 Hours to Life:* 4/25. Horatio is unconvinced when Tripp pressures a suspect into confessing to the murder of a divorcee killed on her boat. (S4)
11.00 **Unsolved Mysteries**
12.00 M'T **Judge Judy**
1.00 AM **ER** 22/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Karma's a B****
5.00 to 6.00 AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 15/26. (S3)
2.05 **CSI: Miami** 1/21. (S6)
3.00 **NCIS** 19/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S1)
6.00 **Perry Mason**
7.05 **NCIS** 22/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Worst Nightmare:* 2/24. The grandfather of a kidnapped girl proves difficult to deal with. (S8)
10.00 **NCIS: Los Angeles** *Exit Strategy:* 13/24. A vehicle transporting Jada Khaled is ambushed. (S3)
11.00 **NCIS** 23/24. (S10)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS**
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** (S1)
4.45 **Mission: Impossible**
5.35 to 6.00 AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz show presented by Alexander Armstrong.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
4.00 AM **Golden Balls**
5.00 to 6.00 AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends** (S1&2)
1.00 PM **Bob's Burgers**
3.10 **The King of Queens**
5.00 **Two and a Half Men**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell's Good News**
10.00 **Lee Evans Live: The Different Planet Tour** Lee Evans chases his rogue piano around the stage, and wonders why all mums can pick up hot things.
11.30 **Comedy Store**
12.00 M'T **The Alternative Comedy Experience**
1.00 AM **Russell Howard's Good News**
2.55 **Lee Evans Live: The Different Planet Tour**
4.05 **Bob's Burgers**
4.30 **Fresh Off the Boat**
5.15 to 6.00 AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **In Vogue: The Editor's Eye**
7.20 **PL Legends**
8.00 **Richard E Grant's Hotel Secrets**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The British**
12.00 NOON **Hollywood Couples**
1.00 PM **Richard E Grant's Hotel Secrets**
2.00 **In Vogue: The Editor's Eye**
3.20 **PL Legends**
4.00 **Discovering**
5.00 **The Directors**
6.00 **The British**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **The Putin Interviews**
10.10 **Divide and Conquer: Story of Roger Ailes**
12.10 AM **Well Groomed**
2.00 **Off Camera**
3.20 **PL Legends**
4.00 **Discovering**
5.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **City Wildlife Rescue** New editions
7.00 **Monkey Life**
8.00 **Living Beach** New edition
9.00 **Zambia Untamed**
10.00 **Wildest New Zealand** New edition
11.00 **Wild Birds of Australia** New edition
12.00 NOON **Wild Rockies** New edition
1.00 PM **Monkey Life**
2.00 **Living Beach**
3.00 **Zambia Untamed**
4.00 **Wildest New Zealand**
5.00 **Wild Birds of Australia**
6.00 **Wild Rockies**
7.00 **Monkey Life**
8.00 **Mysteries of the Mekong** New edition
9.00 **Coastal Africa** New edition
10.00 **Wild Rockies**
11.00 **Wild Birds of Australia**
12.00 M'T **Bear: Koala Hero**
1.00 AM **Guardians of the Wild**
2.00 to 6.00 AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Khloe and Lamar**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Botched**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **8.00** Khloe must co-exist with her ex. **9.00** Scott must make sure both Kourtney and Sofia are happy.
10.00 **The Soup**
10.30 **Nightly Pop**
11.00 **Botched**
12.00 M'T **Temptation Island**
1.00 AM **Wags Atlanta**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 to 5.00 AM **Kourtney & Kim Take New York**

Food Network

140 285 41 148

6.00 AM **Jamie and Jimmy's Friday Night Feast**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada On The Beach**
9.00 **Valerie's Home Cooking** Double bill.
10.00 **Farmhouse Rules**
12.00 NOON **Jamie and Jimmy's Friday Night Feast** Double bill.
2.00 PM **James Martin: Sweet** Double bill.
3.00 **River Cottage Veg**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
6.00 **Jerusalem on a Plate**
7.00 **Rick Stein's Spain**
8.00 **River Cottage Veg**
9.00 **Rachel Khoo's Simple Pleasures** New editions
10.00 **Torode's Korean Food**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 to 3.30 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **Vikings**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 to 4.00 AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider** 1/24. (S2)
12.00 NOON **FILM King Solomon's Mines** Adventure spoof. (1985, PG, 100min) ★★★
2.05 PM **FILM The Sea Shall Not Have Them** Drama. (1954, b/w, U) ★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Trucking Hell** New edition
10.00 **Army Recruits: Squaddies at Breaking Point** The soldiers join their chosen regiments.
11.00 **Airport Security: Peru**
12.00 M'T **Gangs & Guns: Caught On Camera**
1.00 AM **19-2**
3.00 **Street Hawk**
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 to 6.00 AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Lovers**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked...**
9.00 **In Defense Of**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **A Mother's Murder: Dateline – What They Saw**
2.00 **Snapped**
3.00 **Murders That Shocked...**
400 to 6.00 AM **Highlights**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman appeals against a conviction for killing her mother. **7.30** The apprehension of a sniper in Virginia.
8.00 **Something's Killing Me** Patients try to find a cure to a are genetic disease that prevents sufferers from sleeping.
9.00 **It Takes a Killer**
10.00 **Evidence of Evil** The case of a killer who caused a manhunt which lasted nearly three decades.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **Scandal Made Me Famous** Lorena Bobbit.
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In London.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ghost Nation** New edition A Pennsylvania couple believe a tree is haunting their 19th-century house.
11.00 **Paranormal Lockdown UK** At Margam Castle.
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash Special**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **World's Toughest Prisons** Colombia's Carcel Distrital prison.
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 to 6.00 AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Randy's Wedding Rescue** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes: Wedding SOS**
12.00 NOON **Say Yes... Atlanta**
1.00 PM **Dr Pimple Popper**
2.00 **Sister Wives**
4.00 **90 Day Fiancé** New edition
7.00 **90 Day Fiancé: Happily Ever After?** New edition
9.00 **90 Day Fiancé: Happily Ever After? (Pillow Talk)** New edition
10.00 **Dr Pimple Popper**
11.00 **Cake Boss**
12.00 M'T **90 Day Fiancé: Happily Ever After?**
2.00 AM **90 Day Fiancé... (Pillow Talk)**
3.00 **Cake Boss**
3.30 **Say Yes... UK**
4.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM Cradles for Cash** Mystery starring Adrienne Frantz. (2019, 12, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Highland Vet**
9.00 **Princess Anne: The Daughter Who Should Be Queen**
10.35 **Inside Kensington Palace** The history of the royal residence.
11.35 **The Dog Rescuers with Alan Davies**
1.30 AM **The Hotel Inspector**
2.30 **WWI Wrecks: Draining the Ocean**
3.25 **Criminals: Caught on Camera** CCTV footage.
3.50 to 4.00 AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **Le Salvager**
7.00 **EFL on Quest**
8.30 **Wheeler Dealers: Stripped Down**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Vintage Voltage** New edition
10.00 **Chasing Classic Cars**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 to 6.00 AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Faking It: Tears of a Crime**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **The Nolans Go Cruising**
10.00 **Born to Kill?**
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 to 6.00 AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A giant double-pool.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

10.00 Naked and Afraid XL

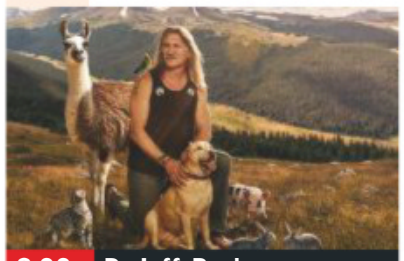
7.00 **Outback Truckers** Trucking legend Steve and his dog Bella take a load cross-country from Alice Springs to Perth.
8.00 **Mighty Ships** How the *Avataq* cargo ship provides Canada's remote regions with supplies including explosives.
9.00 **Mysteries of the Deep** New edition Jeremy Wade explores the loss of a NASA space capsule deep in the Atlantic.
10.00 **NEW SERIES Naked and Afraid XL** Twelve survivalists enter a punishing African location for their 40-day test.
12.00 M'T **Mysteries of the Deep**
1.00 AM **Deadliest Catch** On the *Wizard*, a mutinous crew face off with Captain Keith.
2.00 **Naked and Afraid XL**
3.50 **Kindig Customs** Dave is given a Hummer to upgrade.
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Return to the Isle of Jaws** Investigating an unusual lack of females at a great white shark breeding ground.
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Meet the Penguins**
3.00 **Miami Animal Police**
4.00 **Dr Dee: Alaska Vet**
5.00 **The Zoo**
6.00 **Bondi Vet**



8.00 Dr Jeff: Rocky...

7.00 **Animal Cops Philadelphia** A dead horse is found at a farm, where 13 other horses are in dreadful conditions.
8.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs rare surgery on a puppy, and a dog bought online fights a deadly disease.
9.00 **Alaska: The Last Frontier** The Kilchers need to catch hundreds of pounds of fish for them to eat and barter with.
10.00 **Animal Cops Houston** Investigator Scott Wernick is unable to save the life of an emaciated horse.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston** As shown at 10.00pm.
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **WW1 Wrecks: Draining the Ocean** Wreckage of ships from the Battle of Jutland.
4.00 **Car S.O.S** Tim and Fuzz work to restore a bubble car. **5.00** Fuzz and Tim restore a former soldier's army truck.
6.00 **Drain the Oceans: Deep Dive** Spanish treasure.

9.00 Superstructures...

7.00 **Air Crash Investigation** Exploring why a Nigeria Airways flight crashed at Saudi Arabia's King Abdulaziz Airport.
8.00 **Food Factory** Canadian whiskey, brioche and vegetable soup. **8.30** Making ginger snaps and apple juice.
9.00 **Superstructures: Engineering Marvels** The engineering of the world's largest plane, the Antonov AN-255.
10.00 **Gathering Storm** Investigating what level of devastation three oncoming storms will wreak on the Gulf coast.
11.00 **Air Crash Investigation** A Chinese plane that crashed minutes from touching down.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Flipping Bangers**
11.00 **Ancient Aliens**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick Dale helps the team restore an antique game from the 1900s.
6.00 **Swamp People** Willie employs a new strategy. Stringbean steps up, and Jay Paul struggles with a dilemma.

10.00 Eating History

7.00 **Forged in Fire** Four bladesmiths are tasked to forge a blade using steel harvested from a vintage pinball machine.
8.00 **Flipping Bangers** British car enthusiasts Will and Gus get to work on a Citroën in an attempt to double their selling price.
9.00 **Forged in Fire** New edition Four smiths are tasked with forging Japanese Natas using a traditional technique.
10.00 **Eating History** New edition Three generations of sandwich cookies. **10.30** Series finale A notorious military ration.
11.00 **Brothers in Arms** Rocco raises the stakes when he wants to rush the upgrade of a 1930s-era Tommy Gun.
12.00 M'T **Secret Wars Uncovered**
1.00 AM **Flipping Bangers**
2.00 **Ancient Aliens**
4.00 **Swamp People** As 6.00pm.
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Living Universe**
7.10 **Abandoned Engineering**
8.00 **History Hunters**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters** Albert Speer.

8.00 Abandoned Engineering

7.00 **Great British Railway Journeys** The Strawberry line to Cheddar. **7.30** Michael travels from Torquay to Totnes. — 7 PM
8.00 **Abandoned Engineering** New edition A ghost island once belonging to a secretive country on the fringes of Europe. — 8 PM
9.00 **Train Truckers** Eric Harrison and Chris Case move an iconic diesel, better known as The Royal Highland Fusilier. — 9 PM
10.00 **The World at War** How German U-boats were used to try to starve Britain in the battle for control of the Atlantic. — 10 PM
11.00 **Porridge** The inmates face a day of digging ditches. **11.40** Fletch is desperate to get out of making fishing nets. **12.20** AM Fletcher becomes an agony aunt for the inmates.
1.00 **WW2 – Battles for Europe**
2.00 **to 3.00** AM **The Living Universe**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Wildest Islands of Indonesia**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **Greatest Events of World War II**
10.00 **Wings of War**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Greatest Events of...**
5.00 **Wings of War**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **Against the Odds**
11.00 **Bullet Points**
12.00 M'T **Expedition...**
1.00 AM **America: Facts...**
2.00 **Against the Odds**
3.00 **Bullet Points**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Meet the Sloths**
11.00 **Zoo Quest to Guiana**
12.00 NOON **Natural Curiosities**
1.00 PM **Thailand: Earth's Tropical Paradise**
2.00 **Russia from Above**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Meet the Sloths**
5.00 **Zoo Quest to Guiana**
6.00 **Natural Curiosities**
7.00 **Thailand: Earth's...**
8.00 **Russia from Above**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Meet the Sloths**
11.00 **Zoo Quest to Guiana**
12.00 M'T **Natural Curiosities**
1.00 AM **Thailand: Earth's...**
2.00 **Russia from Above**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Fishing for Giants**
12.00 NOON **Wild Animal A&E** Helping squirrels.
1.00 PM **Wild Congo**
2.00 **Man-Eater of the Congo** Hunting an aggressive crocodile.
3.00 **Real Black Panther**
4.00 **Animal Fight Club**
5.00 **Monster Fish of the Congo**
6.00 **Snakes in the City**
7.00 **Monster Fish**
8.00 **NEW Raging Bullshark**
9.00 **NEW Secrets of the Bullshark** Cameras track bull sharks.
10.00 **Sharks of the Bermuda Triangle**
11.00 **Shark Alley**
12.00 M'T **The Incredible Dr Pol** New editions
2.00 AM **Wild Congo**
3.00 **Man-Eater of the Congo** As 2.00pm.
4.00 **to 5.00** AM **The Real Black Panther**

Sky History 2

163 163 894 272 330 390

8.00 AM **Wild West Tech**
9.00 **The Colour of War**
10.00 **WW2 Treasure Hunters** A tank is found in a vineyard.
11.00 **How the Earth Was Made** Iceland.
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Wild West Tech**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **WW2 Treasure Hunters** Relics from the USA's elite 82nd airborne infantry division.
8.00 **In Search Of** The concept of mind control.
9.00 **Last Days of the Nazis**
10.00 **The Lost Evidence**
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Last Days of the Nazis**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **10 Streets That Changed America**
9.15 **The Lost Tribes of Humanity** As 7.30pm.
10.25 **The Civil War**
11.50 **Plane Resurrection**
1.00 PM **Beautiful Serengeti**
1.35 **Mata Hari: The Naked Spy**
2.40 **The Lost Tribes of Humanity** As 7.30pm.
3.50 **The Civil War**
5.10 **10 Streets That Changed America**
6.20 **Plane Resurrection**
7.30 **The Lost Tribes of Humanity** An insight into research that sheds new light on humanity's ancient ancestors.
8.35 **The Civil War**
9.50 **Plane Resurrection**
11.00 **The Civil War**
12.20 AM **The Lost Tribes of Humanity** As 7.30pm.
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **What the Killer Did Next**
1.00 PM **Nightmare in Suburbia**
2.00 **Shallow Grave**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **The First 48** A father-of-three is shot dead.
10.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **What the Killer Did Next** Kate Prout.
3.00 **Shallow Grave**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **The Guardian** (2020)
8.00 **PREMIERE Two Tails**
9.30 **Free Preview Trolls World...**
9.45 **The Heist of the Century** Comedy. (2020, 12) ★★★
11.45 **It: Chapter Two** As 8.00pm.
2.45 PM **Bad Education** (2019)
4.45 **PREMIERE Two Tails** Animation. (2018, U, 75min) ★ *See review, page 23*
6.15 **The 2020 Top Ten Show**
6.30 **Olympic Dreams** Comedy. (2019, 12, 85min) ★★★

4.45 Two Tails

8 PM

8.00 **It: Chapter Two** Concluding part of the adaptation of Stephen King's horror novel, starring Jessica Chastain, James McAvoy and Bill Skarsgärd. Twenty-seven years after their first encounter with the terrifying Pennywise, the Losers Club have grown up and moved away, until a devastating phone call brings them back to face their demons. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

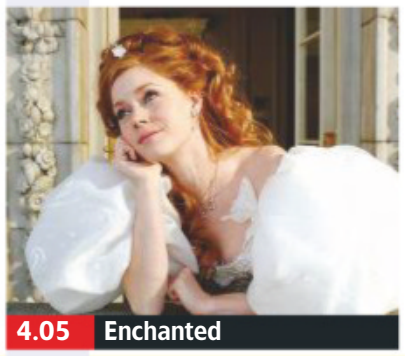
11 PM

11.00 **The Parts You Lose** Crime drama starring Aaron Paul. (2019, 12, 93min) ★★★
12.45 AM **The Last Black Man in San Francisco** Drama. (2019, 15, 121min) ★★★
3.00 **The Runaways** Drama. (2019, 12, 113min) ★★★
5.00 **The 2020 Top Ten Show**
5.15 **Top Ten: Must-see Movies**
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky Cinema Disney

305 305 846 405 505

7.20 AM **The Return of Jafar**
8.45 **Enchanted** As 4.05pm.
10.35 **Ralph Breaks the Internet** As shown at 6.00pm.
12.30 PM **Incredibles 2** As 8.00pm.
2.30 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
4.05 **Enchanted** Romantic fantasy. (2007, PG, 107min) ★★★★★
6.00 **Ralph Breaks the Internet** Animated adventure. (2018, PG, 112min) ★★★★


4.05 Enchanted

8.00 **Incredibles 2** Animated adventure featuring the voices of Holly Hunter Craig T Nelson and Samuel L Jackson. The superheroes face a new enemy, as Mr Incredible copes with being a stay-at-home dad. (2018, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bedtime Stories** Fantasy adventure comedy with Adam Sandler, Keri Russell and Guy Pearce. (2008, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Dinosaur** Animated prehistoric adventure with the voice of DB Sweeney. (2000, PG, 82min) ★★★★
1.20 AM **The Return of Jafar** Animated sequel to *Aladdin*, featuring the voices of Dan Castellaneta and Scott Weinger. (1994, U, 66min) ★★
2.40 **The Haunted Mansion** As shown at 2.30pm.
4.20 **to 6.10** AM **Bedtime Stories** As shown at 10.00pm.

Sky Cinema Family

306 306 847 406 506

6.35 AM **Bernie the Dolphin**
8.10 **Luis and the Aliens** As 7pm.
9.40 **Nanny McPhee & The Big Bang** As shown at 5.00pm.
11.35 **Homeward Bound: The Incredible Journey**
1.15 PM **Homeward Bound II: Lost in San Francisco**
3.00 **Annie** Musical. (2014) ★★★
5.00 **Nanny McPhee & The Big Bang** Fantasy. (2010, U) ★★★
7.00 **Luis and the Aliens** Animation. (2018, U, 86min) ★★

8.40 School Spirits

8.40 **School Spirits** Comedy starring Alysia Reiner and Audrey Whitby. A teen relocates to a small town filled with secrets and spooky activity. (2017, PG, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Homeward Bound: The Incredible Journey** Family adventure. (1992, U, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Homeward Bound II: Lost in San Francisco** Disney adventure sequel featuring the voices of Michael J Fox, Sally Field and Ralph Waite. (1996, U, 88min) ★★
1.40 AM **Annie** As shown at 3pm.
3.50 **School Spirits** As 8.40pm.
5.30 **to 7.10** AM **Bernie the Dolphin** Family adventure starring Lola Sultan, Logan Allen and Kevin Sorbo. (2018, U, 88min) ★★

Sky Cinema Action

307 307 848 407 507

6.25 AM **King Arthur** Adventure. (2004, 12, 126min) ★★★
8.45 **Robert the Bruce** As 12.40am.
11.00 **The Kid Who Would Be King** As shown at 8.00pm.
1.15 PM **Gladiator** As 10.00pm.
4.00 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
6.00 **300** Epic adventure starring Gerard Butler, Lena Headey and David Wenham. (2006, 15, 116min) ★★★★

8.00 The Kid Who Would Be...

8.00 **The Kid Who Would Be King** Fantasy adventure starring Louis Ashbourne Serkis. A young boy meets legendary wizard Merlin and faces up to a tense battle with the evil Morgana. With Rebecca Ferguson and Tom Taylor. (2019, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Gladiator** Director Ridley Scott's ancient Roman epic with Russell Crowe, Joaquin Phoenix, Connie Nielsen and Oliver Reed. A Roman general becomes a gladiator, intent on avenging his murdered family. (2000, 15, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Robert the Bruce** Drama with Angus Macfadyen, Jared Harris and Anna Hutchison. (2019, 15, 124min) ★★★
2.50 **300** As shown at 6.00pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

6.55 AM **Step Brothers** As 2.40pm.
8.55 **Holmes & Watson** As 8pm.
10.35 **The Other Guys** As 9.40pm.
12.35 PM **Talladega Nights: The Ballad of Ricky Bobby** Comedy, as shown at 11.35pm.
2.40 **Step Brothers** Comedy. (2008, 15, 97min) ★★★★
4.40 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
6.15 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★

6.15 Anchorman: The Legend...

8.00 **Holmes & Watson** Mystery comedy starring Will Ferrell and John C Reilly. The detective duo attempt to foil a plot to kill Queen Victoria. (2018, 12, 90min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Other Guys** Crime comedy with Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops see action after they uncover a financial conspiracy. (2010, 12, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Talladega Nights: The Ballad of Ricky Bobby** Comedy with Will Ferrell, John C Reilly and Sacha Baron Cohen. (2006, 15, 108min) ★★★
1.40 AM **Anchorman: The Legend of Ron Burgundy** Comedy, as shown at 6.15pm.
3.30 **Zoolander** As 4.40pm.
5.10 **to 7.00** AM **That Touch of Mink** Romantic comedy starring Cary Grant and Doris Day. (1962, U, 99min) ★★★★

primetime

Sky Cinema Hits

303 403 503

7.35 AM **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★
9.20 **Night School** Comedy starring Kevin Hart and Tiffany Haddish. (2018, 15, 111min) ★★
11.25 **Dora and the Lost City of Gold**
1.15 PM **Gemini Man** As 9.00pm.
3.15 **Venom** As shown at 11.00pm.
5.15 **What Men Want** Romantic comedy starring Taraji P Henson. (2019, 15, 117min) ★★

7.15 **Dora and the Lost City of Gold** Live-action adventure starring Isabela Moner. Dora finds herself leading a quest to save her parents and solve the mystery behind a lost city of gold. (2019, PG, 102min) ★★★
9.00 **Gemini Man** Action drama starring Will Smith and Mary Elizabeth Winstead. An ageing assassin is targeted by a mysterious enemy that seems able to anticipate his every move. (2019, 12, 117min) ★★

11.00 **Venom** Fantasy. (2018) ★★★
1.00 AM **Fast & Furious** Thriller. (2009, 12, 107min) ★★★
2.50 **Mary Queen of Scots** Drama. (2018, 15, 124min) ★★
5.00 **to 7.25** AM **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002, PG, 142min) ★★

Sky Cinema Greats

304 304 845 404 504

7.20 AM **Armageddon** (1998) ★★
10.05 **Sister Act** Comedy drama. (1992, PG, 102min) ★★★★
11.50 **Sister Act 2: Back in the Habit** Comedy. (1993, PG) ★★
1.45 PM **Elizabeth: The Golden Age** Drama. (2007, 12, 114min) ★★★
3.50 **3 Men and a Baby** Comedy. (1987, PG, 98min) ★★★★
5.40 **The Rock** Action thriller. (1996, 15, 136min) ★★★★

8.00 **Chinatown** Director Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. A private investigator takes a routine matrimonial case and stumbles into a web of deceit. (1974, 15, 131min) ★★★★★
10.15 **No Country for Old Men** Dark crime thriller starring Tommy Lee Jones. A dogged lawman and a ruthless killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★

12.20 AM **Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★
2.35 **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★
4.40 **to 6.45** AM **Bedknobs and Broomsticks** Fantasy. (1971, U, 117min) ★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.30 **Off Set**
7.45 **The Adventures of Sherlock Holmes** (1939) ★★★★★
9.20 **The Big Sleep** (1946) ★★★★★
11.45 **Black Patch** (1957) ★★
1.30 PM **Sherlock Holmes and the Spider Woman** (1944) ★★★
2.50 **The Pearl of Death** (1944)
4.25 **The Left-Handed Gun** Western. (1958, b/w, PG, 102min) ★★★

6.25 **Action in the North Atlantic** World War Two drama starring Humphrey Bogart and Raymond Massey. Officers on board an American oil tanker rally their crew when the ship is torpedoed by a U-boat in the Atlantic. (1943, b/w, PG, 127min) ★★★
9.00 **Payback** Action thriller starring Mel Gibson as a professional crook who goes gunning for the partner who betrayed him. With Gregg Henry and Maria Bello. (1998, 18, 101min) ★★

11.10 **Mad Max** (1979) ★★★★★
1.05 AM **The Outlaw Josey Wales** Western. (1976, 18) ★★★★★
3.30 **Close Up**
4.00 **Hollywood's Best Directors**
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Marilyn** Thriller. (1953) ★★
7.20 **Glimpses**
7.25 **Those People Next Door** (1952)
9.00 **The Adventures of Sir Lancelot**
9.30 **The Franchise Affair** (1950) ★★
11.15 **The Courtneys of Curzon Street**
1.30 PM **A Day Begins in Manchester**
2.00 **Rooms** 51/61. (S2) ★★
2.30 **The Eternal Sea** (1955) ★★
4.35 **Saloon Bar** Comedy. (1940) ★★
6.05 **Stars from the Screen**

6.20 **John and Julie** Comedy with Colin Gibson. Two children run away to London to watch the coronation of Elizabeth II. (1953, U, 80min) ★★
8.00 **The Beauty Jungle** Drama starring Janette Scott as a manipulative beauty queen who is out for all she can get. (1963, PG, 114min) ★★
10.15 **Man in the Middle** World War Two legal drama starring Robert Mitchum and Trevor Howard. (1964, b/w, U, 94min) ★★

12.05 AM **The Siege of Pinchgut** Crime thriller starring Aldo Ray. (1959, b/w, PG) ★★★
2.15 **It's a Wonderful World** Musical. (1956, U, 89min) ★★
4.00 **Glimpses**
4.10 **to 6.00** AM **Great Day in the Morning** Western. (1955) ★★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 5/13. (S3)
9.00 **Star Trek: The Next Generation**
10.00 **Star Trek** 2/30. (S1)
11.00 **The Body Stealers** Sci-fi drama. (1969, PG, 105min) ★★
1.00 PM **The Revenge of Frankenstein** Hammer horror. (1958, 12, 86min) ★★★
3.00 **Space 1999** 20/24. (S2)
4.00 **Megaconda** Horror with Dylan Vox. (2010, 12, 86min) ★★

6.00 **Star Trek** *Charlie X:* 3/30. The ship picks up a teenager. (S1)
7.00 **Star Trek: The Next Generation** *Who Watches the Watchers:* 4/26. Picard is mistaken for a god. (S3)
8.00 **First Wave** *Shadowland:* 13/22. Foster suffers nightmares. (S3)
9.00 **Escape Room** Horror thriller starring Skeet Ulrich and Sean Young. Four friends are trapped in a Los Angeles escape room with a demonically possessed killer. (2017, 15, 86min) ★

10.45 **Habit** Horror with Elliot James Langridge. (2017, 18, 96min) ★★
12.40 AM **Urban Legends: Bloody Mary** Horror. (2005, 15) ★★
2.30 **to 4.30** AM **A Lonely Place to Die** Thriller. (2011, 15) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.00 AM **Unstoppable** Thriller. (2018, 15, 116min) ★★★
8.10 **Argo** As shown at 4.40pm.
10.20 **The Bodyguard** As 6.45pm.
12.35 PM **Spider in the Web** Thriller. (2019, 15, 113min) ★★
2.40 **The Hand That Rocks the Cradle** As shown at 12.35am.
4.40 **Argo** Fact-based thriller. (2012, 15, 120min) ★★★★
6.45 **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★

4.40 Argo

The Bodyguard (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Manhunter** Psychological thriller based on a novel by the author of *The Silence of the Lambs*, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Ride** Thriller with Bella Thorne, Jessie T Usher and Will Brill. (2017, 15, 79min) ★★
12.35 AM **The Hand That Rocks the Cradle** Thriller starring Rebecca DeMornay, Matt McCoy and Annabella Sciorra. (1992, 15, 110min) ★★★★
2.35 **The Padre** Crime drama. (2018, 15, 98min) ★★★
4.20 **to 6.05** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Flight** As 3.40pm.
8.20 **Shoplifters** As 11.45pm.
10.25 **Along Came Polly** As 8pm.
12.00 NOON **Ashes in the Snow** Drama. (2018, 15) ★★★
1.50 PM **The Flood** Drama. (2019, 15, 99min) ★★★
3.40 **Flight** Melodrama. (2012, 15, 138min) ★★★★
6.00 **The Pursuit of Happyness** Rags-to-riches drama based on a true story, with Will Smith. (2006, 12, 117min) ★★★

6.00 The Pursuit of Happyness

8.00 **Along Came Polly** Romantic comedy with Ben Stiller. A cautious risk assessor begins dating a free-spirited young woman whose approach to life couldn't be further removed from his own. (2003, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Puzzle** Drama with Kelly Macdonald. A wife and mother sneak away to New York City for a puzzle tournament. (2018, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Shoplifters** Drama starring Lily Franky. A poverty-stricken group living in Tokyo take a troubled little girl under their wing. With Sakura Ando and Mayu Matsuoka. (2018, 15, 121min) ★★★★★
2.00 AM **The Pursuit of Happyness** As shown at 6pm.
4.15 **to 6.00** AM **I'll Be Home for Christmas** Comedy starring Jonathan Taylor Thomas. (1998, PG, 85min) ★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Batman Forever** Fantasy, as shown at 1.40am.
8.15 **Batman & Robin** As 3.55am.
10.25 **Batman** As 6.50pm.
12.40 PM **Batman Returns** As 9pm.
2.55 **Batman: The Killing Joke** Animated comic-book thriller. (2016, 15, 75min) ★★
4.25 **Batman Begins** As 11.10pm.
6.50 **Batman** Tim Burton's fantasy adventure with Michael Keaton and Jack Nicholson. (1989, 15, 121min) ★★★★

6.50 Batman

Batman (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Batman Returns** Comic-book adventure sequel starring Michael Keaton, Michelle Pfeiffer and Danny DeVito. Batman must combat a trio of fiendish villains who are terrorising the people of Gotham City. (1992, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Batman Begins** Comic-book thriller tracing the origins of Batman, starring Christian Bale, Liam Neeson, Cillian Murphy and Michael Caine. (2005, 12, 140min) ★★★★★
1.40 AM **Batman Forever** Fantasy adventure starring Val Kilmer and Tommy Lee Jones. (1995, 12, 121min) ★★★
3.55 **to 6.10** AM **Batman & Robin** Fantasy adventure sequel. (1997, PG, 125min) ★★

Sky Cinema Blockbusters

302 402 502

8.00 AM **The Secret Life of Pets 2**
9.40 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
12.00 NOON **E.T. The Extra Terrestrial** As shown at 8pm.
2.00 PM **Transformers** As 10pm.
4.30 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural thriller. (2011, 12, 117min) ★★
6.30 **The Secret Life of Pets 2** Animated adventure featuring the voice of Patton Oswalt. (2019, U, 86min) ★★★

8.00 E.T. The Extra Terrestrial

8.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas and Drew Barrymore. A young LA boy befriends an alien who has been left behind by his spaceship. With Dee Wallace. (1982, U, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Transformers** Blockbuster sci-fi action adventure starring Shia LaBeouf. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Django Unchained** Western. (2012, 18) ★★★★
3.10 **Thor** Fantasy adventure. (2011, 12, 114min) ★★★
5.10 **to 6.40** AM **The Grinch** Animation. (2018, U) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Fighting Kentuckian** Western with John Wayne. (1949, b/w, U, 99min) ★★★
1.05 PM **Appointment with Danger** Vintage thriller. (1949, b/w, PG, 89min) ★★
2.55 **Comanche Station** Western. (1960, PG, 74min) ★★
4.30 **Funeral in Berlin** Spy thriller. (1966, PG, 100min) ★★★
6.35 **Ender's Game** Adventure. (2013, 12, 111min) ★★★

6.35 Ender's Game

Ender's Game (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Kingsman: The Secret Service** Action comedy based on a comic book starring Colin Firth and Taron Egerton. A streetwise teenager is given the opportunity to work with a super-secret spy organisation. (2015, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **Escape Plan** Action thriller starring Sylvester Stallone. (2013, 15, 113min) ★★★
1.50 **to 3.40** AM **Anomalisa** Stop-motion animated drama, with the voices of David Thewlis and Jennifer Jason Leigh. A motivational speaker is snapped out of his empty routine. (2015, 15, 88min) ★★★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **They Live By Night** (1948)
7.55 **Road to Bali** Musical comedy. (1952, U, 91min) ★★★★
9.50 **Convicted** Prison drama. (1950, b/w, PG, 91min) ★★★
11.45 **Affair in Trinidad** Thriller. (1952, b/w, PG, 98min) ★★
1.50 PM **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
4.45 **Billion Dollar Brain** Espionage thriller. (1967, PG, 111min) ★★★

7.05 **How to Marry a Millionaire** Comedy with Marilyn Monroe, Lauren Bacall, Betty Grable and William Powell. Three New York models pool their resources in order to trap wealthy bachelors. (1953, U, 95min) ★★★★
9.00 **Stir Crazy** Offbeat comedy with Gene Wilder and Richard Pryor as two unfortunates who are thought to be bank robbers. With JoBeth Williams and Georg Stanford Brown. (1980, 15, 110min) ★★★

11.20 **The Blue Lagoon** Adventure. (1980, 15, 101min) ★
1.25 AM **Big Trouble** (1986) ★★
3.10 **What a Carve Up!** (1961) ★★
4.35 **to 6.00** AM **The Warrior and the Slave Girl** (1958) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Her Perfect Spouse** Thriller. (2004, 12, 94min) ★★
11.05 **Secret Liaison** Thriller. (2013, PG, 85min) ★★
1.00 PM **Lost Letter Mysteries: Higher Ground** Drama starring Eric Mabius.
2.50 **Christie's Revenge** Thriller. (2007, 12, 130min) ★★
5.00 **I Spy** Espionage comedy. (2002, 12, 96min) ★★★

6.55 **The Rundown** Action comedy with Dwayne Johnson and Seann William Scott. A bounty hunter on a rescue mission in the rainforest is drawn into a quest for a legendary artefact. (2003, 12, 99min) ★★
9.00 **Doom** Sci-fi horror starring Karl Urban and The Rock. A team of tough Marines get sent to Mars to deal with the aftermath after an experiment at a research station goes wrong. (2005, 15, 105min) ★★★

11.10 **Resident Evil: Afterlife** Sci-fi. (2010, 15, 96min) ★★★
1.05 AM **Girl, Interrupted** Drama. (1999, 15, 127min) ★★★
3.40 **to 6.00** AM **Little Women** Drama. (1994, U, 114min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Station West** (1948) ★★★
7.50 **The Fighting Lady** War documentary. (1944, U) ★★
9.10 **Cornered** Thriller. (1945) ★★★
11.10 **One Minute to Zero** (1952) ★★
1.20 PM **The Last Posse** Western. (1953, b/w, U, 73min) ★★
2.55 **Young Winston** Biopic. (1971, PG, 157min) ★★★
5.45 **Passport to Suez** Thriller. (1943, b/w, PG, 72min) ★★

7.15 **The Philadelphia Experiment** Sci-fi remake starring Nicholas Lea. A vanished World War Two ship reappears decades later, carrying only one surviving crew member who hasn't aged at all. (2012, 15, 89min) ★★
9.00 **The Order** Supernatural horror with Heath Ledger, Mark Addy and Shannyn Sossamon. A member of a religious sect is drawn into a mystery following the death of the head of his order. (2002, 15, 98min) ★★

10.50 **Half Past Dead** Action thriller. (2002, 15, 98min) ★
12.50 AM **Jetstream** Disaster thriller. (2012, 12, 88min) ★★
2.30 **to 4.00** AM **4 Minute Mile** Drama. (2014, 15, 96min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Finding Father Christmas** Drama. (2016, U, 83min) ★★
9.00 **Christmas Joy** (2018) ★★
11.00 **Holiday for Heroes** Romantic drama. (2019, PG, 120min) ★★
1.00 PM **Finding Santa** Festive romance. (2017, U, 90min) ★★
3.00 **Christmas Next Door** Family drama. (2017, U, 86min) ★★
5.00 **Mingle All the Way** Romance. (2018, PG, 83min) ★★

7.00 **Once Upon a Christmas Miracle** Drama starring Aimee Teegarden and Brett Dalton. An organ donor and the recipient are brought into each other's lives by a transplant surgery. (2018, PG, 83min) ★★
9.00 **Holiday Date** Comedy starring Matt Cohen. When Brooke's boyfriend breaks up with her just before the holidays, she agrees to go home with an actor who will pose in his place. (2019, PG, 120min) ★★

11.00 **Miss Christmas** Festive romance. (2017, U, 90min) ★★
1.00 AM **A Hobo's Christmas** Drama. (1987, U, 100min) ★★
3.00 **to 5.00** AM **Switched at Christmas** Drama. (2017) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **The First Wives Club** *5STAR* Comedy starring Goldie Hawn and Bette Midler. ★★★
9.00 **Logan Lucky** *ITV4* Steven Soderberg's crime caper, starring Channing Tatum, Adam Driver and Daniel Craig. Two brothers attempt to pull off a heist during a NASCAR race in North Carolina. ★★★★
9.00 **Bruce Almighty** *Comedy Central* Comedy starring Jim Carrey, Morgan Freeman and Jennifer Aniston. ★★★
10.00 **Final Score** *Sky One* Action drama, starring Dave Bautista and Pierce Brosnan. ★★★
10.00 **Kill Bill: Vol. 1** *Syfy* Quentin Tarantino's epic action thriller starring Uma Thurman. Left for dead on her wedding day, a woman awakens from a coma four years later and goes in search of revenge. ★★★★
11.00 **The Commuter** *5STAR* Thriller with Liam Neeson, Vera Farmiga and Patrick Wilson. ★★★
11.10 **National Lampoon's European Vacation** *ITV4* Farcical comedy sequel starring Chevy Chase and Beverly D'Angelo. ★

THURSDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **7.00** **Total Goals**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5: Lisa & Marvin: Full Body Tone**
- **8.40** **Fit In 5: Sarah-Jane & Marvin: Full Body Blast**
- **8.50** **Fit In 5: Sarah-Jane & Marvin: Core Cardio**
- **9.00** **Total Goals**
- **10.00** **My Icon: Shaun Gayle**
- **10.15** **My Icon: Pam Cookey**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the opening day's play of the second Test in the three-match series, taking place at Old Trafford.
- **5.30** PM **LIVE Premier League** Action from the Premier League.
- **8.00** **LIVE Premier League** Action from the Premier League.
- **10.45** **LIVE PGA Tour Golf** The opening day of the Memorial Tournament from the Muirfield Village Golf Club in Dublin, Ohio.
- **11.30** **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.
- **12.00** M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: Teddy Sheringham**
- **7.30** **PL Legends: David Seaman**
- **8.00** **Best PL Goals: Manchester United** Memorable strikes.
- **8.30** **Best PL Goals: Manchester City** Memorable goals.
- **9.00** **Premier League 100 Club**
- **10.00** **The Football Show**
- **12.00** NOON **PL Best Goals 05/06**
- **1.00** PM **Premier League Years** The 2008/2009 season.
- **3.00** **PL Best Goals 03/04**
- **4.00** **PL Greatest Games**
- **5.00** **Premier League 100 Club**
- **5.30** **LIVE Premier League** Action from the Premier League.
- **8.00** **LIVE Premier League** Action from the Premier League.
- **10.45** **Premier League World**
- **11.15** **PL Greatest Games**
- **11.30** **Premier League Icons**
- **12.00** M'T **Gary Neville's Soccerbox**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 03/04**
- **5.00** **Best PL Goals: Newcastle v Liverpool** Memorable strikes.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Football Years**
- **11.00** **Championship Review 15/16**
- **12.00** NOON **EFL Greatest Games**
- **12.45** PM **SPFL Greatest Games**
- **1.00** **Football's Greatest Players**
- **1.30** **Football Countdowns**
- **2.00** **LIVE MLS Atlanta United v FC Cincinnati.** Kick-off 2.00pm.
- **4.10** **One2Eleven**
- **4.30** **Football's Greatest Players**
- **5.00** **Football Countdowns**
- **5.30** **Football Years**
- **6.00** **Championship Highlights**
- **9.00** **Championship Review 18/19**
- **10.00** **SPFL Greatest Games**
- **10.30** **Old Firm Derby 2016/17**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 13**
- **1.00** AM **EFL Play Off Finals**
- **2.30** **Best Goals: Carabao Cup 19/20**
- **3.00** **Championship Review 18/19**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Best of England v Windies**
- **6.20** **Viv Richards: Through His Eyes**
- **7.50** **Best of Sky Cricket Vodcast**
- **8.50** **Cricket Masterclass**
- **9.15** **Test Cricket Bitesize** England v West Indies: Action from the opening Test in the three-match series, held at the Ageas Bowl.
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the opening day's play of the second Test in the three-match series, held at Old Trafford.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on England v West Indies.
- **8.00** **Test Cricket** England v West Indies: Action from day one of the second Test in the three-match series, held at Old Trafford.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize** As 7pm.
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize** As 7pm.
- **12.00** M'T **The Story of a Genius**
- **12.30** AM **Ashes in the 80s**
- **1.00** **Best of The 2014 Blast**
- **5.00** **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **PGA Tour Profiles** A profile of Adam Scott.
- **6.15** **Golf Vodcast** Discussion.
- **7.15** **PGA Tour Golf** The final day of the 2012 Memorial Tournament.
- **10.45** **European Challenge Tour Golf** Action from the Austrian Open.
- **11.45** **LIVE PGA Tour Golf** Coverage of the featured groups on opening day's play of the Memorial Tournament from the Muirfield Village Golf Club in Dublin, Ohio.
- **7.30** PM **LIVE PGA Tour Golf** Further coverage of the opening day of the Memorial Tournament at the Muirfield Village Golf Club.
- **11.30** **European Challenge Tour Golf** Action from the Austrian Open.
- **12.30** AM **How the 2016 Open Was Won** A review of the Major from Royal Troon Golf Club in Ayrshire.
- **2.30** **PGA Tour Golf** Action from the 2015 Memorial Tournament at Muirfield Village Golf Club.
- **3.30** **PGA Tour Golf** Action from the 2016 Memorial Tournament at Muirfield Village Golf Club.
- **4.30** **Chronicles of a Champion Golfer** Double bill of editions.
- **5.30** **to 6.00** AM **Golf Pass with Rory McIlroy**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **UEFA Champions League Magazine** News and features.
- **6.30** **WWE Monday Night Raw**
- **9.00** **Premier League Review**
- **10.00** **BT Sport Goals Reload**
- **10.15** **The Aussie Rules Show**
- **10.30** **LIVE AFL Essendon Bombers v Hawthorn Hawks.** At Marvel Stadium. Bounce-up 10.40am.
- **1.30** PM **The Aussie Rules Show**
- **1.45** **What I Wore: Gary Lineker**
- **2.00** **Ligue 1 Goals of the Season**
- **3.00** **Fishing: On The Bank**
- **4.00** **Premier League Review**
- **5.00** **ESPN FC** Football news.
- **5.30** **LIVE Premier League** Action from the Premier League.
- **8.00** **LIVE Premier League** Action from the Premier League.
- **10.30** **Premier League Tonight** Jake Humphrey is joined by an expert panel to round-up all the big talking points, along with manager and player reaction.
- **11.30** **AFL** Action from Essendon Bombers v Hawthorn Hawks.
- **1.30** AM **Ligue 1 Goals of the Season**
- **2.30** **Fishing: On The Bank**
- **3.30** **The Outdoor Sports Show**
- **4.00** **to 6.00** AM **AFL**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.30** AM **Moto3: GP of Valencia '19**
- **7.30** **Moto2: GP of Valencia '19**
- **8.30** **MotoGP: GP of Valencia '19**
- **9.30** **In Depth with Graham Bensinger** With Sean Payton.
- **10.00** **World Rallycross Highlights**
- **11.00** **World Sailing**
- **12.00** NOON **Premier League Review**
- **1.00** PM **UEFA Champions League Magazine** News and features.
- **1.30** **30 for 30: One and Not Done**
- **3.30** **30 for 30: 42 to 1**
- **4.30** **Ligue 1 Goals of the Season**
- **4.45** **Bundesliga Special**
- **5.45** **LIVE Premier League** Action from the Premier League.
- **8.15** **Hakim Ziyech: Wizard of AMS**
- **9.00** **WWE NXT** Wrestling action.
- **10.45** **30 for 30: Nature Boy** Documenting the career of pro wrestling legend Ric Flair.
- **12.15** AM **30 for 30: The '85 Bears**
- **2.15** **30 for 30: Deion's Double Play** Documentary.
- **3.15** **State of Play: Ramsey & Ferdinand** With Les Ferdinand, Chris Ramsey and Michael Calvin.
- **3.30** **30 for 30: The Year of the Scab** Documentary.
- **5.00** **to 6.00** AM **ESPN Films: Son of the Congo**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **Premier League Review**
- **7.00** **The Big Match Revisited – 1978/79** Triple bill.
- **10.00** **Classic Premier League**
- **12.00** NOON **Football Archives: 1984/85** Classic action.
- **12.30** PM **Football Archives: 1985/86** Classic action.
- **1.00** **Football Archives: 1986/87**
- **1.30** **Playback – Football's Greatest Rivalries** The Manchester Derby.
- **2.30** **MotoGP Classics: Barcelona 2009** The Catalunya Grand Prix.
- **3.30** **MotoGP Classics: Jerez 2010**
- **4.30** **Football Archives: UCL 98/99** A look back at the 1998/1999 Champions League campaign.
- **5.00** **WWE Friday Night SmackDown** Wrestling action.
- **6.30** **WWE Monday Night Raw** The latest wrestling action.
- **9.00** **UFC** Calvin Kattar v Dan Ige: A re-run of the featherweight title bout from UFC Fight Island on Yas Island, Abu Dhabi.
- **12.00** M'T **UFC Main Event** A look back at UFC 173 in Las Vegas.
- **1.00** AM **UFC: The Ultimate Fighter**
- **2.00** **UFC Profiles In Combat**
- **3.00** **WRC Greatest Moments**
- **4.00** **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **8.00** **Throwback Thursday**
- **10.00** **Fight Night Classics**
- **12.00** NOON **NFL: Wildcard Highlights 16/17** Green Bay Packers v New York Giants.
- **1.00** PM **NFL: Wildcard Highlights 16/17** Action from Houston Texans v Oakland Raiders.
- **2.00** **Inside the Huddle**
- **3.00** **Darts Special: A Little Bit of Fry and Waddell**
- **4.00** **Throwback Thursday**
- **4.30** **Rob Cross: 2018 World Champion** Profile of the 2018 PDC World Darts Champion.
- **5.00** **Throwback Thursday**
- **5.15** **Barney Meets Klopp**
- **5.30** **Throwback Thursday**
- **8.00** **Inside the Huddle**
- **9.00** **Fight Night** Kell Brook v Errol Spence Jr: Action from the IBF World Welterweight title bout.
- **11.00** **Ringside Special** A profile of former boxer Joe Calzaghe.
- **12.00** M'T **Inside the Huddle**
- **1.00** AM **NFL: America's Game** The story of Pittsburgh Steelers' 2008 Super Bowl success.
- **2.00** **Throwback Thursday**
- **4.00** **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **Highlights**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5**
- **9.00** **Betfred Super League**
- **9.30** **S/Lge Retro**
- **11.30** **Betfred Super League**
- **11.45** **Ladbrokes Challenge Cup**
- **12.00** NOON **Darts at Home**
- **12.45** PM **The Darts Show**
- **1.15** **Darts at Home**
- **2.00** **Phil Taylor: The Greatest**
- **3.00** **My Icon**
- **4.00** **Sporting Greats**
- **4.30** **School of Golf**
- **5.00** **Fighting Fit 2020**
- **5.30** **Fit In 5**
- **6.00** **Betfred Super League**
- **6.30** **S/Lge Retro**
- **8.30** **Betfred Super League**
- **8.45** **Ladbrokes Challenge Cup**
- **9.00** **Darts at Home**
- **9.45** **The Darts Show**
- **10.15** **Darts at Home**
- **11.00** **Phil Taylor: The Greatest**
- **12.00** M'T **Betfred Super League**
- **12.30** AM **S/Lge Retro**
- **2.30** **Betfred Super League**
- **2.45** **Ladbrokes Challenge Cup**
- **3.00** **Darts at Home**
- **3.45** **Taylor Tuesday**
- **4.00** **to 6.00** AM **Highlights**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Pardon the Interruption**
- **7.00** **ESPN SportsCenter**
- **7.15** **MLB: Caps Off**
- **7.30** **College Basketball Classics**
- **9.15** **College Football Classics**
- **11.00** **ESPN Special**
- **11.30** **Pardon the Interruption**
- **12.00** NOON **ESPN FC** Football news.
- **12.30** PM **In Depth with Graham Bensinger**
- **1.00** **ESPN SportsCenter**
- **1.15** **MLB: Caps Off**
- **1.30** **Kobe Bryant – Italian Imports**
- **1.45** **The Basketball Tournament**
- **7.00** **College Basketball Classics**
- **10.45** **MLB Classic**
- **11.45** **MLB: Caps Off**
- **12.00** M'T **ESPN SportsCenter**
- **12.15** AM **College Football Classics**
- **2.15** **College Basketball Classics**
- **3.30** **The WRC Magazine**
- **4.00** **MLB Epic Moments**
- **4.30** **MLB Classic**
- **5.30** **to 6.00** AM **In Depth with...**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Tennis: Berlin Bett1 Aces**
- **8.00** **Tour de France: Thomas 2018**
- **11.00** **Speedway European Championship** As 7.00pm.
- **12.00** NOON **Best of Bikes: Hill v Hopkins**
- **1.00** PM **Athletics: Diamond League**
- **2.00** **Tour de France: Thomas 2018**
- **5.00** **Cycling: Road World Championships** From 2016.
- **6.00** **Best of Bikes: Hill v Hopkins**
- **7.00** **Speedway European Championship** Action from the third round in Rybnik, Poland.
- **8.00** **Tour de France: Thomas 2018** Highlights of stage 12, a 175.5km route from Bourg-Saint-Maurice Les Arcs to Alpe d'Huez.
- **11.00** **Tennis: Berlin Bett1 Aces**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Hall of Fame – Greatest Sprinters**
- **2.00** **Tour de France: Thomas 2018**
- **5.00** **to 7.00** AM **Snooker: World Champs Final 2014**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Snooker: Welsh Open Final**
- **10.00** **Hall of Fame – Greatest Gymnasts**
- **11.00** **Tennis: Berlin Bett1 Aces**
- **4.00** PM **Tennis: Djokovic v Wawrinka** A classic encounter.
- **4.25** **Snooker Vodcast: The Debate**
- **4.55** **LIVE Norwegian Football** Coverage of an Eliteserien encounter. Kick-off 5.00pm.
- **6.55** **Snooker Vodcast: The Debate**
- **7.25** **LIVE Norwegian Football** An Eliteserien clash. Kick-off 7.30pm.
- **9.25** **Speedway European Championship** Action from the third round in Rybnik, Poland.
- **10.25** **British Superbikes – 2018 Review** A look back at the season.
- **12.00** M'T **Snooker: O'Sullivan v Hawkins** Action from the 2013 World Championship final.
- **2.00** AM **Hall of Fame: Sydney 2000**
- **3.00** **Cycling: Virtual Tour de France**
- **5.00** **to 8.00** AM **Tour de France: Thomas 2018**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Wildfly Fishing**
- **6.30** **Super League Gold**
- **7.00** **Super Rugby**
- **9.00** **Netball World Cup**
- **10.45** **Super League Gold**
- **10.50** **LIVE NRL Sydney Roosters v Canberra Raiders.** From Sydney Cricket Ground. Kick-off 10.50am.
- **12.45** PM **Super League Gold**
- **1.00** **NBA Heatcheck**
- **2.00** **Super Rugby Classics**
- **3.00** **Wildfly Fishing**
- **3.30** **Betfred Super League**
- **4.30** **NBA: Boston @ Milwaukee**
- **6.30** **Netball World Cup 2019**
- **8.00** **Rugby Championship 2016**
- **12.00** M'T **Betfred Super League**
- **12.30** AM **Wildfly Fishing**
- **1.00** **Sporting Heroes: Greg Rutherford Interviews Lynn Davies** The Olympic long jump champions meet.
- **2.00** **Netball World Cup 2019**
- **4.00** **Players Only: Kobe & Shaq**
- **5.00** **to 6.00** AM **NBA Heatcheck**

Sky Sports F1

406 406 860 | 516 506

As a result of the coronavirus pandemic, the sporting calendar has been distrupted.

At the time of going to press, Sky Sports was unable to supply accurate schedules for Sky Sports F1 this week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Friday

17 July

Evening Planner

Sci-fi

Ad Astra
Sky Premiere HD, 11.10am & 8pm
Brad Pitt's astronaut undertakes a solo mission to Neptune in search of a threat to Earth's stability and his missing father

Comedy

Jack Whitehall's Sporting Nation
BBC1 HD, 8.30pm (times vary)
Recalling David Beckham's free kicks, Zola Budd's fall and Andy Murray's slog

Crime drama

NCIS: New Orleans
FOX HD, 9pm
As series six begins, Pride cuts his break short when Hannah is suspended for breaking protocol during an FBI inquiry

OnDemand

NETFLIX

Cursed
Available today
A retelling of the Arthurian legend told from the point of view of Nimue, the Lady in the Lake, starring Katherine Langford

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 A Question of...	8.00 Celebrity...	8.30 Jack... †	9.00 The Other One	9.30 Peter Kay's...	10.00 News	
102 BBC2	7.00 Today at the Test: England v West Indies		8.00 Gardeners' World		9.00 The North York Moors: A Wild Year		10.00 I Love 1981	10.35 State of...
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Vera				10.00 News	
104 CHANNEL 4	7.00 News		8.00 Jamie's Quick...	8.30 Celebrity...	9.00 Celebrity Gogglebox		10.00 First Dates: Celebrity Special for SU2C	
105 CHANNEL 5	7.00 The Gadget Show		8.00 The World's Most Scenic Railway...		9.00 A Greek Odyssey with Bettany Hughes		10.00 Film: Love Actually	
106 SKY ONE	7.00 The Simpsons		8.00 Modern Family		9.00 Greg Davies: Firing Cheeseballs at a Dog			10.15 Micky Flanagan Thinking...
ENTERTAINMENT								
116 BBC4	7.00 Nigel Kennedy at the BBC		8.00 FA Cup TOTP2	8.30 Top of the Pops: 1989		9.30 Huey Morgan's Latin Music Adventure		10.30 Latin Music...
118 ITV2	7.00 Funniest Ever You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: All the LOLs		10.05 Family Guy	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Code 37: Sex Crimes			10.15 24 Hours in A&E
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 Film: Bad Neighbours 2			
107 SKY WITNESS	7.00 Paramedics: Australia		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 CSI	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Film: The Theory of Everything			
110 GOLD	◂ 6.40 Only Fools and Horses						10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 Big Zuu's Big Eats	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Doc Martin				10.00 Law & Order: UK	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Junk and Disorderly		9.00 Film: The Outlaw Josey Wales			
112 COMEDY CENTRAL	7.00 Friends		8.00 Film: John Tucker Must Die				10.00 Al Murray's Great British Pub Quiz	
152 SYFY	7.00 A Town Called Eureka				9.00 The Leftovers			
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 The Shift: Women on the Force		10.00 Louis Theroux: America's Most Hated...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Veep			10.15 Girls
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 Emergence	
122 SKY ARTS	7.00 CMA Fest 2019				9.00 Shania Twain: Still the One – Live in Las Vegas			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 The Alaska Triangle		10.00 Expedition Unknown	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Pit Bulls & Parolees		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Border Wars		9.00 Alaska State Troopers		10.00 No Man Left Behind	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Flipping Bangers		9.00 Secret Wars Uncovered		10.00 Hitler's War	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Wonders of the Solar System		9.00 Porridge			
166 EDEN	7.00 Thailand: Earth's Tropical Paradise		8.00 Russia from Above		9.00 The Zoo	9.30 Jungle Planet	10.00 Nature's Wildest Weapons: Horns...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Bad Education		8.00 Ad Astra					10.15 It: Chapter Two
303 HITS	7.00 Spider-Man: Into the Spider-Verse				9.00 Spider-Man: Far From Home			
304 GREATS	◂ 6.00 Lethal Weapon		8.00 Lethal Weapon 2				10.00 The Green Mile	
305 DISNEY	◂ 5.50 Aladdin		8.00 Tangled			9.50 Remember the Titans		
306 FAMILY	7.00 Dumbo				9.00 Prince of Persia: The Sands of Time			
307 ACTION	◂ 5.35 Godzilla: King of the Monsters		8.00 Crawl			9.30 Pacific Rim		
308 COMEDY	7.00 The Naked Gun			8.40 The Naked Gun 2½: The Smell of Fear				10.15 The Naked Gun 33⅓...
309 THRILLER	◂ 6.55 Ocean's Thirteen				9.00 The Wolf of Wall Street			
310 DRAMA	◂ 5.45 Erin Brockovich		8.00 Notting Hill				10.05 Once Upon a Time... in Hollywood	
311 SCI-FI	◂ 6.45 The Matrix Revolutions				9.00 Annabelle Comes Home			
302 BLOCKBUSTERS	◂ 6.00 Maleficent: Mistress of Evil		8.00 The Dark Knight					10.35 The Dark...
313 FILM4	7.00 Fantastic Four				9.00 The Ritual			
315 TCM MOVIES		7.15 The Oklahoman			9.00 Shadow Man			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights						10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 PL Match Pack	7.30 PL World	8.00 PL Retro				10.00 Gary Neville's Soccerbox	
403 FOOTBALL	7.00 EFL Cup Retro				9.00 EFL Cup Final 19		10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	7.00 AFL				9.00 PL Match Pack	9.30 PL Preview	10.00 WWE NXT UK	
414 BT SPORT 2	◂ 6.00 Winning...	7.30 Badminton...	8.00 The FA Cup...	8.30 UEFA Champions League...	9.15 Hakim Ziyech – Wizard Of...		10.00 E:60 FIFA and Sepp Blatter	

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Friday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** Series finale (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 10/15. A buyer from Lincolnshire seeks a special gift for her husband. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 10/15. World War One's legacy on the UK today. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Other One

7 PM

7.00 **The One Show** Another mix of reports and live studio-based chat. (S)
7.30 **A Question of Sport** New edition With Terri Harper, Colin Jackson, Paul Sculthorpe and Hal Robson-Kanu. (S)

8 PM

8.00 **Celebrity MasterChef** New edition 9/15. Four contenders battle for a place in the semi-finals. (S)(AD)
8.30 **Jack Whitehall's Sporting Nation** New edition 2/6. Britain's attitude towards its sporting heroes. (S)

9 PM

9.00 **The Other One** Series finale 7/7. The sisters go on their own honeymoon, and Colin's will is found. (S1) (S)(AD)
9.30 **Peter Kay's Car Share** 3/4. Kayleigh fancies taking the day off work. (S2) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **London 2012: Opening Ceremony** A look back at the show produced by *Trainspotting* and *Slumdog Millionaire* director Danny Boyle, which marked the start of the London 2012 Olympic Games. (S)(R)
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Home Is Where the Art Is** (R)
7.15 **The Repair Shop: Fixing Britain** 9/15. The importance of music. (R)
8.00 **Sign Zone: Great American Railroad Journeys** (S)(R)(AD)
9.00 **Wild China** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** (S)(R)
1.45 **Chronicles of a Champion Golfer** A look at how Darren Clarke, Nick Faldo and Rory McIlroy have fared at The Open. (S)(R)
2.00 **Coast** (S)(R)
3.05 **One Night In 2012: An Imagine Special** The 2012 Olympics opening ceremony. (S)(R)(AD)
4.45 **Britain's Olympic Torch Story** (R)
5.15 **Flog It!** From Ushaw. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Great Australian Railway Journeys** 4/10. (S)(R)

8.00 Gardeners' World

7.00 **Today at the Test: England v West Indies** Isa Guha presents highlights from day two of the second Test in the three-game series, taking place at Old Trafford. (S)

8.00 **Gardeners' World** New edition Adam Frost provides an update on his garden, while in Devon, Toby Buckland shares tips on dealing with damaged shrubs, tree pruning and transplanting perennials. (S)

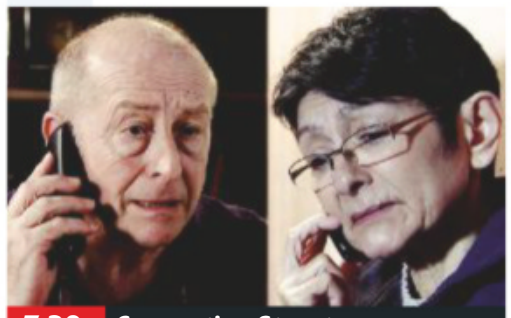
9.00 **The North York Moors: A Wild Year** Series finale 3/3. Exploring the upland area of North Yorkshire, where heather-clad uplands and sheltered dales have been shaped both by the elements and by its people. (S)(AD)

10.00 **I Love 1981** Adam Ant takes look at the pop culture of the year. (S)(R)
10.30 **State of the Union** 2/10. Louise learns something troubling about Tom. (S1) (S)(R)
10.45 **Newsnight** (S)
11.15 **Weather** (S)
11.20 FILM **20th Century Women** Comedy drama starring Annette Bening, Elle Fanning, Greta Gerwig and Lucas Jade Zumann. (S) (2016, 15, 110min) ★★★★
1.10 AM **Sign Zone: How Scotland Cut Violent Crime – Panorama** How Scotland has reduced violent crime in the past 15 years. (S)(R)
1.40 **Sign Zone: What We Do in the Shadows** 9&10/10. (S2) (S)(R)(AD)
2.25 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Bradford, where Tim Hogarth appraises an amplifier and a terracotta dog piques Cheryl Hakeney's interest. (S)(R)
3.00 **Tenable** Five friends from Somerset play the game. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.30 Coronation Street

7.00 **Emmerdale** Nate and Rhona try to calm Cain as Kim threatens to bring down Butlers Farm. (S)(AD)
7.30 **Coronation Street** Geoff promises Yasmeen things will be different. (S)(AD)

8.00 **Vera** *Muddy Waters:* When a man's body is dredged up from a slurry pit on a remote farm, Vera and her team must connect the dots between the victim and a wounded illegal immigrant who has been working there. Guest stars Mark Bonnar, Mark Womack and Jim Sturgeon. (S)(R)(AD)

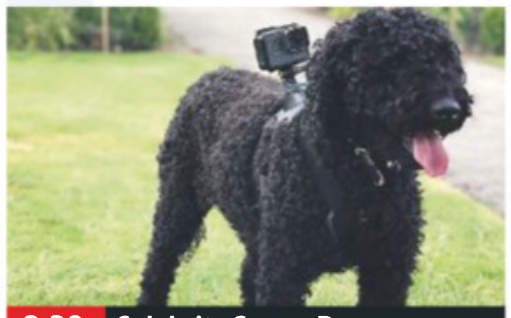
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Piers Morgan's Life Stories** Bee Gees star Barry Gibb reflects on his life and his illustrious 50-year career as a songwriter and singer. (S)(R)
11.40 **The Masked Singer US** Nick Cannon introduces Rottweiler, Ladybug, Penguin, Flower and Tree, as more mystery stars battle it out in the singing contest dressed in elaborate costumes. (S)(R)
12.30 AM **Ideal World**
3.00 **1000 Heartbeats** Quiz show hosted by Vernon Kay. (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 23&24/27. (S9) (S)(R)
7.20 **Mike & Molly** (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 6-8/24. (S4) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** A couple living in a motorhome look for something permanent. (S)(R)
5.00 **Four in a Bed** The owners learn what they have been paid. (S)(R)
5.30 **Come Dine with Me** Business owner Ian hopes to scoop the prize by whisking his guests off to the Canary Islands. (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)



8.30 Celebrity Snoop Dogs

7.00 **News** (S)

8.00 **Jamie's Quick & Easy Food** New edition A quick-prep lamb stew that boasts seriously deep flavours. (S)(AD)
8.30 **Celebrity Snoop Dogs** New edition Inside the homes of a Labradoodle and two American spaniels. (S)(AD)

9.00 **Celebrity Gogglebox** New edition Some of Britain's best-loved personalities become the country's most opinionated viewers as they critique the week's TV. (S)(AD)

10.00 **First Dates: Celebrity Special for SU2C** A special edition in which singer Sinitta, MP Michael Fabricant, DJ Roman Kemp and ex-newsreader Jan Leeming go on blind dates with members of the public. (S)(R)(AD)
11.05 FILM **Why Him?** Comedy starring Bryan Cranston and James Franco. A protective dad is far from thrilled when his daughter begins dating a foul-mouthed playboy millionaire. (S)(AD) (2016, 15, 125min) ★★
1.10 AM **Come Dine with Me** (S)(R)
3.30 **Food Unwrapped** (S)(R)(AD)
3.55 **Undercover Boss Australia** (S)(R)
4.50 **Grand Designs Australia** (S)(R)
5.45 **to 6.00** AM **Jamie's Comfort Food** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.20 **Can't Pay? We'll Take It Away!** A £2,000 debt. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 NEW **Morning Show Mystery: Murder on the Menu** Drama with Holly Robinson Peete. (S)
4.00 **Friends** 21&22/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Kyle's family and friends are worried. (S)(R)(AD)
6.00 **Home and Away** Nikau opens up to Gemma about his problems, and Leah is attacked by a hooded figure. (S)(R)(AD)
6.30 **News** (S)

7.00 The Gadget Show

7.00 The Gadget Show New edition 6/12. Jon Bentley tests a cheap DSLR camera to see if it can capture the essence of a great British holiday, while Ortis Deley looks into the world of e-sports. (S)

8.00 The World's Most Scenic Railway Journeys 4/6. Bill Nighy narrates a trip through Wales' highest peaks and deepest valleys, taking in locations including Porthmadog, Portmeirion and Aberdovey. (S)(R)

9.00 A Greek Odyssey with Bettany Hughes Series finale 6/6. The historian discovers Corfu has a close connection to the UK, before her epic journey ends on Odysseus' home island of Ithaca. (S)

10.00 FILM Love Actually Romantic comedy written and directed by Richard Curtis, starring Hugh Grant, Bill Nighy, Liam Neeson, Colin Firth and Alan Rickman. (S) (2003, 15, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.45 AM **Every Day Is Christmas Day!** Eccentrics who are always in the festive spirit. (S)(R)
1.30 **21.co.uk Live Casino Show**
3.30 **Ben Fogle: New Lives in the Wild** Ben meets a couple who made their home on a floating island in Canada. (S)(R)
4.20 In north Africa. (S)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** 2/23. (S2) (S)(R)
9.00 **Supergirl** 5/22. (S2) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Brit Cops: Frontline Crime UK** In Devon and Cornwall. (S)(R)
4.00 **Modern Family** (S8) (S)(R)
5.00 **The Simpsons** *The Last of the Red Hat Mamas:* Marge joins a women's group. (S)(R)
5.30 **Futurama** *Assie Come Home:* Thieves make off with most of Bender's body parts. (S)(R)
6.00 *Leela and the Genestalk:* Leela grows tentacles. (S)(R)
6.30 **The Simpsons** *Bart Has Two Mommies:* Bart is kidnapped by a chimpanzee. (S)(R)

8.30 Modern Family

7.00 The Simpsons *Homer Simpson, This Is Your Wife:* Featuring the voice of Ricky Gervais. (S)(R) **7.30** *Million Dollar Abie:* Grampa becomes a matador – much to the dismay of Lisa. (S)(R)

8.00 Modern Family 13/24. Mitchell convinces Jay that one of his friends might be gay. (S)(R) **8.30** 14/24. Claire is made to feel inadequate when an old friend visits. Guest stars Minnie Driver. (S1) (S)(R)

9.00 Greg Davies: Firing Cheeseballs at a Dog The sell-out debut solo show by Greg Davies, in which he sets out to chronicle the significant issues surrounding modern life in his own irreverent style. (S)(R)

10.15 Micky Flanagan Thinking Aloud 2/6. The comedian explores the British obsession with class as he tries to understand where he fits into the social strata. (S)(R)(AD)

11.15 **Karl Pilkington: The Moaning of Life** (S)(R)(AD)
12.15 AM **Rob & Romesh vs Ballet** 1/4. The duo perform in *Swan Lake*. (S)(R)(AD)
1.10 **A League of Their Own** (S)(R)
2.10 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
3.05 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Highway Patrol** (S)(R)(AD)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
No variations
N. IRELAND
Sky 953, Virgin 863, Freesat 957
No variations
WALES
Sky 952, Virgin 864, Freesat 964
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S) **8.30** Tudur's TV Flashback New edition (S) **9.00** Rhod Gilbert's Work Experience (S)(R) **9.30-10.00** Jack Whitehall's Sporting Nation New edition (S) **10.45** The Other One Series finale (S)(AD) **11.15** Peter Kay's Car Share (S)(R)(AD) **11.45** London 2012: Opening Ceremony (S) **2.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 972, Freesat 969
No variations
WALES
Sky 971, Freesat 971
No variations

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Ysgol Ddawns Anti Karen **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Y Sioe Fwyd (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Miwsig Fy Mywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Mamwlad Gyda Ffion Hague **6.30** Garddio a Mwy **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Gêm Gartre New edition **8.25** Hwyl y Noson Lawen (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Ras E-Seiclo Tim Ineos **10.00** Sgwrs Dan y Lloer **10.30-11.35pm** Sioe Fach Fawr (AD)

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Nigel Kennedy at the BBC** A compilation of the musician's performances.
8.00 **FA Cup TOTP2** Songs produced to mark the final round of the FA Cup.
8.30 **Top of the Pops: 1989** Performances by Van Morrison and Cliff Richard. **9.00** Bros and Band Aid II.
9.30 **Huey Morgan's Latin Music Adventure** Series finale 3/3. Huey hunts down the roots of salsa in the capital of Puerto Rico.
10.30 **Latin Music: A Session with Edwin Colón Zayas** Series finale 3/3. A performance by the world-renowned cuatro player.
11.00 **Roy Orbison: One of the Lonely Ones** A profile.
12.00 M'T **Southern Rock at the BBC** Archive performances.
1.00 AM **The Defiant Ones**
1.45 **Huey Morgan's Latin Music Adventure**
2.45 **to 3.15** AM **Latin Music: A Session with Edwin Colón Zayas**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Wedding rings.
9.20 **A Place in the Sun: Winter Sun** In Spain.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.15 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet** A bulldog with multiple issues.
6.55 **Escape to the Chateau: DIY** A wedding is threatened by a sewage problem.
7.55 **Grand Designs** A couple who built an earth-sheltered home in Cumbria.
9.00 **Code 37: Sex Crimes** New episode *Between Us:* A woman is found naked in her car, and Hannah's subsequent investigation leads to colleagues of the Ghent financial squad. Subtitled. (S3)
10.15 **24 Hours in A&E** A look at the specialist team dedicated to caring for people when they suffer the potentially devastating consequences of a stroke.
11.15 **24 Hours in A&E** Families come to terms with life-changing events, including the relatives of an eight-year-old with an open leg fracture.
12.20 AM **Ramsay's Kitchen Nightmares USA**
1.15 **24 Hours in A&E**
3.20 **to 3.45** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **You've Been Framed!**
12.55 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
2.55 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
7.00 **Funniest Ever You've Been Framed! Gold** Camcorder calamities.
8.00 **Roswell, New Mexico** New episode *Como La Flor:* 7/13. Michael urges Maria to seek help after she experiences a vision. (S2)
9.00 NEW **Love Island: All the LOLs** Recalling some of the memorable characters who have called the villa home.
10.05 **Family Guy** *McStroke:* 8/12. Peter puts out a fire at a fast-food restaurant. (S6) **10.30** *I Dream of Jesus:* 2/16. Peter becomes obsessed with a hit song from 1963. (S7)
11.00 **Family Guy**
11.30 **American Dad!**
12.30 AM **The Cleveland Show**
1.25 **The Almost Impossible Gameshow**
2.25 **to 3.25** AM **Release the Hounds**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode A verdict is reached in the rape trial.
7.30 **Married at First Sight Australia** New edition The homestay phase ends as Andrew's disastrous visit to Cheryl's dad leads to a big betrayal of trust.
9.00 FILM **Bad Neighbours 2** Comedy starring Seth Rogen and Zac Efron. A couple seek the aid of a former rival in fighting back against the college sorority that moves in next door to them. (2016, 15, 90min) ★★
11.00 **Buffy the Vampire Slayer**
12.00 M'T **The Big Bang Theory**
1.00 AM **Gogglebox**
2.05 **8 Out of 10 Cats**
2.45 **First Dates**
3.40 **The Big Bang Theory**
4.30 **How I Met Your Mother**
5.20 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 28 | 123

Friday primetime

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

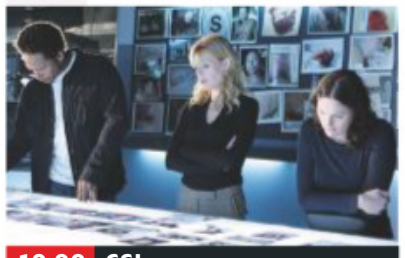
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 10/22. (S2)
11.00 **Elementary** 14/24. (S3)
12.00 NOON **Law & Order** 3/24. Briscoe and Green investigate the murder of a violinist. (S11)
1.00 PM **Blue Bloods** 11/22. (S2)
2.00 **CSI** 5/23. Nick and Sara are called to a crime scene in a warehouse freezer. (S4)
3.00 **Paramedics: Australia**
4.00 **Nothing to Declare**



10.00 CSI

7 PM

7.00 **Paramedics: Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM

8.00 **Ghost Whisperer** *Ghost Bride:* 10/22. A woman is tormented by the ghost of her fiancé's wife who died in a car crash. (S1)

9 PM

9.00 **Criminal Minds** *Lucky Strikes:* 5/22. Garcia is hit by anxiety over a case with a personal connection to her. (S13)

10 PM

10.00 **CSI** *Still Life:* 10/24. Grissom reveals the truth behind his father's death, and Nick's past comes back to haunt him. (S6)
11.00 **Criminal Minds** 4/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **The InBetween** 1/10. (S1)
2.00 **Law & Order** 4/24. (S11)
3.00 **CSI** 6/23. (S4)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Storm City** 1/4. (S1)
8.00 **The Guest Wing**
9.00 **Elementary** 19/24. (S1)
10.00 **CSI** 19–21/24. (S6)
1.00 PM **Elementary** 21/24. (S1)
2.00 **Blue Bloods** (S2)
4.00 **CSI** 22/24. A blackjack player is murdered following a win. **5.00** 23/24. A suspect takes a woman hostage in a casino. **6.00** 24/24. Jim Brass fights for his life, and the team investigate the death of a man decapitated on a railway. (S6)

9.00 The Theory of Everything

7.00 **Blue Bloods** *Leap of Faith:* 13/22. A case takes a turn when a murder victim's daughter claims God revealed the killer.

8.00 **Blue Bloods** *Parenthood:* 14/22. The Reagans consider how far they would go to protect one another. (S2)

9.00 **FILM The Theory of Everything** Biopic of Stephen Hawking, exploring his relationship with wife Jane and groundbreaking work in the face of poor health. With Eddie Redmayne and Felicity Jones. (2014, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Boardwalk Empire** 12/12. Nucky cedes control of one of his assets to Rothstein. (S3) **12.40** AM 1/12. Nucky makes a peace offering. (S4)
1.55 **Dexter** 2/12. (S5)
3.00 **Elementary**
4.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **dinnerladies diaries**
8.05 **The Green Green Grass**
9.20 **Porridge**
10.00 **Are You Being Served?**
10.40 **Last of the Summer Wine**
12.40 PM **Porridge**
1.20 **Are You Being Served?**
2.00 **The Green Green Grass**
2.35 **Only Fools and Horses**
3.15 **Last of the Summer Wine**
5.20 **Are You Being Served?**
6.00 **The Green Green Grass** Boycie builds a distillery.
6.40 **Only Fools and Horses**

6.00 The Green Green Grass

Only Fools and Horses (started at 6.40pm)

8.00 **Only Fools and Horses** Del buys a new manual to show him how to make positive decisions, but it only succeeds in helping the Trotters' finances hit an all-time low. **9.20** An old friend offers Del a share in his business empire in Australia.

10.00 **Men Behaving Badly** Deborah and Dorothy take a weekend break.
10.40 **The Young Ones** Mike gets hold of a bomb.
11.25 **Only Fools and Horses**
12.50 AM **Only Fools and Horses**
1.30 **My Favourite Sketch** Paul Whitehouse takes a journey through his favourite sketches. **2.25** Jessica Hynes reveals her favourite sketches.
3.15 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.00 **Bless This House**
10.10 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple** *The Body in the Library:* A corpse is found in a stately home.
5.55 **Heartbeat** *The Third Man:* Shiner investigates a gold raid.

3.55 Agatha Christie's Marple

7.00 **Agatha Christie's Poirot** *Problem at Sea:* A woman is murdered on a cruise ship, presenting Poirot with a host of suspects.

8.00 **Doc Martin** *The Wrong Goodbye:* 8/8. The doctor bids farewell to old friends and prepares to leave Portwenn. (S4)

9.00 **Doc Martin** *Preserve the Romance:* 1/8. The curmudgeonly GP tries to come to terms with his new role as a father. (S5)

10.00 **Law & Order: UK** *Buried:* 5/7. A child's body is found buried inside a wall. Guest stars Colin Salmon and Keith Barron. (S1)
11.00 **Scott & Bailey** 5/6. Janet moves closer to tracking down Veronica's killer. (S1)
12.05 AM **A Touch of Frost** *Held in Trust:* Jack investigates the murder of a child.
2.10 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.10 **Dempsey and Makepeace**
9.15 **Minder**
10.25 **The Professionals**
11.25 **The Sweeney**
12.35 PM **The Saint**
1.40 **Robin of Sherwood**
2.45 **Dempsey and Makepeace**
3.45 **Minder**
4.50 **The Professionals** CI5 encounter the KGB.
5.55 **The Sweeney**

9.00 The Outlaw Josey Wales

7.00 **Tour de France ReCycled: Geraint's Tour** New edition Stage 19 action, a 200.5km route from Lourdes to Laruns.

8.00 **Junk and Disorderly** Henry Cole and Sam Lovegrove experience mixed results at the Stafford Show.

9.00 **FILM The Outlaw Josey Wales** Western directed by and starring Clint Eastwood. A Missouri farmer joins a band of Confederate guerrillas after his wife and child are killed by Union raiders. With Sondra Locke. (1976, 18, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley.
1.50 **to 3.00** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Sportscene Classics** New edition Action from the 2016 Rio Olympics, when Andy Murray took on Juan Martin Del Potro in the gold medal match.
9.00 **The Nine**
10.00 **Still Game** 2/6. Jack and Victor go back to school in the hope their knowledge will be useful in the pub quiz. (S3)
10.30 **Mirror Mirror** New edition 7/12. In New Cumnock, young bride Lauren savours the morning of her big day, with Pamela. (S2)
11.00 **Gary: Tank Commander** 1/6. Gary is stranded in an aircraft hangar with Jacko, Charlie and Adam. (S2)
11.30 PM **to 12.00** M'T **Frankie Boyle's Tour of Scotland**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **America's Next Top Model** Double bill.
3.00 **Babylon 5**
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **The Flash** *Tricksters:* 17/23. Convicted criminal mastermind the Trickster helps track a copycat killer. (S1)
9.00 **SEAL Team** *Containment:* 11/22. The unit is sent to intercept the sale of nuclear weapons. (S1)
10.00 **Ross Kemp: Extreme World**
12.00 M'T **Caribbean Cops**
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 25/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** 13/13. (S4)
9.00 **Frontline Police**
10.00 **The Force: North East** A burglar is arrested twice in just a few days.
11.00 **CSI** 12/25. (S5)
12.00 M'T **Brit Cops: War on Crime**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Palermo.
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo**
10.00 **Big Zuu's Big Eats** Series finale 10/10. Big Zuu cooks for Lou Sanders.
10.40 **Taskmaster**
11.40 **QI** With Sean Lock.
12.20 AM **Mock the Week**
1.00 **QI** With Rich Hall.
1.40 **Red Dwarf** 5/6. (S3)
2.25 **Live at the Apollo**
3.15 **to 4.00** AM **Red Dwarf**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S3)
11.00 **The King of Queens**
12.00 NOON **Fresh Off the Boat** 22&23/23. (S3)
1.00 PM **Friends**
8.00 **FILM John Tucker Must Die** Comedy starring Brittany Snow. Three schoolgirls persuade the new girl to break the heart of a three-timing basketball captain. (2006, 12, 90min) ★★
10.00 **Al Murray's Great British Pub Quiz** With guest captains James May and Andy Parsons.
11.00 **Bob's Burgers**
12.00 **Russell Howard's Good News**
1.00 AM **8 Out of 10 Cats**
2.00 **Two and a Half Men**
3.00 **South Park** (S6)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Ryan lands a $25million listing.
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **FILM How to Lose a Guy in 10 Days** Romantic comedy starring Kate Hudson and Matthew McConaughey. (2003, 12, 116min) ★★★
11.25 **Chrisley Knows Best**
11.55 PM **to 12.40** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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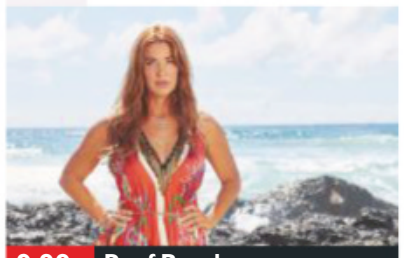
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S1)
9.00 **Father Brown**
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** 12/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S2)
3.00 **Murdoch Mysteries** 6/18. A lawyer is found dead. **4.00** 7/18. A skeleton is found under concrete. **5.00** 8/18. Murdoch looks into the murder of an inventor. (S8)
6.00 **Major Crimes** 2/23. (S4)



9.00 Reef Break

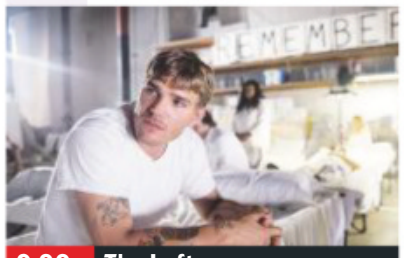
7.00 **Unforgettable** *The Following Sea:* 15/22. Al and Carrie must find a missing witness in a murder trial. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *Outrageous Fortune:* 1/10. A pampered dog runs away. (S2)
9.00 **Reef Break** New episode *The Two O'Clock Fight:* 6/13. A group of criminals hijack a plane and land on The Reef. (S1)
10.00 **Strike – The Silkworm** 2/2. Strike and Robin become suspicious of Fancourt after he makes a revealing mistake. (S2)
11.20 **New Tricks** *The Rock – Part Two:* The team come closer to solving the Gibraltar murders.
12.30 AM **Maisie Raine** 4/6. (S2)
1.30 **Strike – The Silkworm** As shown at 10.00pm.
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S5)
3.00 **Star Trek: Deep Space Nine** 23&24/26. Double bill. (S4)
5.00 **Star Trek: The Next Generation** *The Nth Degree:* 19/26. A crew member threatens the fate of the *Enterprise* after gaining superhuman intelligence. **6.00** *Qpid:* 20/26. Romance is in the air for Picard when he encounters an old flame. (S4)



9.00 The Leftovers

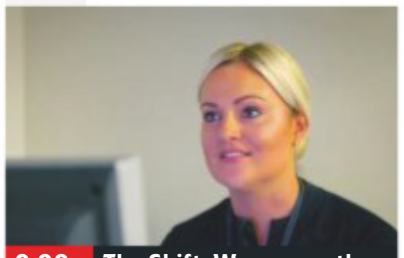
7.00 **A Town Called Eureka** *Double-Take:* 13/14. The locals start being kidnapped and replaced by body doubles.
8.00 **A Town Called Eureka** *Just Another Day:* 14/14. The entire town is threatened by unstable wormholes. (S5)
9.00 **The Leftovers** *Off Ramp:* 3/10. Laurie writes a tell-all book, while Tom helps rescue a Guilty Remnant recruit, but his infiltration of the cult uncovers new problems. **10.10** *Orange Sticker:* 4/10. An earthquake hits and Kevin goes missing. (S2)
11.20 **Spides** 5/8. (S1)
12.20 AM **FILM Battle Star Wars** Sci-fi drama starring Alyson Gorske. (2019, 12, 86min) ★★
2.10 **Star Trek: The Next Generation** As 5pm & 6pm.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are?**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill of the game show.
4.00 **My Dream Home** Helping a woman who hopes to find a Nashville pad of her own. **5.00** Helping a pair of empty-nesters who are looking for a deluxe retreat.
6.00 **Tipping Point** Game show hosted by Ben Shephard.



9.00 The Shift: Women on the...

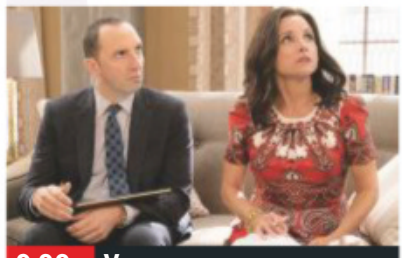
7.00 **Top Chef** New edition 5/14. Pad Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** A patient with suspected sepsis and a girl who is reluctant to let medics examine her head injury.
9.00 **The Shift: Women on the Force** Response PC Becci deals with the emotional fall out of a drink-drive case.
10.00 **Louis Theroux: America's Most Hated Family in Crisis** Louis pays a return visit to the Westboro Baptist Church.
11.00 **Inside the Ambulance** A woman suffers the most serious nose bleed the paramedics have ever seen.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux: America's Most Hated Family in Crisis**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S7)
10.30 **30 Rock** Triple bill. (S5)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S7)
5.00 **30 Rock** 19/23. Kenneth and Liz search New York for Tracy. **5.30** 20/23. *TGS* is threatened with cancellation. **6.00** 21/23. Liz tries to help Tracy ruin his reputation. (S5)
6.30 **Modern Family** 17/24. (S1)



9.00 Veep

7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 22/24. Danny's ex-wife seeks a reconciliation. With Chloë Sevigny. (S1)
8.00 **The Mindy Project** 23/24. Casey announces he is going to work in Haiti. **8.30** 24/24. Mindy goes on a camping trip. (S1)
9.00 **Veep** 1/10. Selina writes her memoir. **9.35** 2/10. Selina attends the opening of President Hughes' library. (S6)
10.15 **Girls** 7/12. The friends head to Long Island. (S3)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.50 **Entourage** 14/20. Eric and Sloane plan a trip without Vince, unaware he intends to invite himself along. (S3)
12.30 AM **Vice Principals** 5/9. Russell encounters difficulties with a bully. (S1)
1.10 **Bored to Death** (S3)
1.50 **Parks and Recreation** (S7)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 6/22. (S11)
10.00 **Bull** 7/22. (S3)
11.00 **NCIS** 2/24. (S13)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 19/24. (S4)
3.00 **NCIS** 3/24. (S13)
4.00 **Bull** 8/22. (S3)
5.00 **Bones** 9/22. (S11)
6.00 **The Mentalist** 20/24. Jane hopes the relationship between the director of a school play and the lead actor might offer an insight into a popular teacher's murder. (S4)

9.00 NCIS: New Orleans

7.00 **NCIS** *Double Trouble:* 4/24. Vance investigates the murder of a young navy officer that seems to be connected to his past.
8.00 **NCIS** *Lockdown:* 5/24. Abby visits a pharmaceutical lab to investigate a murder case. (S13)
9.00 NEW SERIES **NCIS: New Orleans** *Judgement Call:* 1/20. Hannah is suspended for breaking protocol. (S6)
10.00 **Emergence** *Killshot – Part Two:* 13/13. With Helen's mysterious plan progressing, Piper recruits a team of allies. (S1)
11.00 **American Dad!** (S3)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S3)
2.00 **Family Guy** (S11)
3.00 **American Dad!** (S3)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Friday

7 PM
8 PM
9 PM
10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 13/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 8/22. (S5)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S5)
7.00 **M*A*S*H** 3&4/24. (S3)
8.00 **Randall and Hopkirk (Deceased)** *When Did You Start to Stop Seeing Things?* 10/26. Jeff loses the ability to see Marty. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S10)
2.00 **Charlie's Angels** (S5)
3.00 **M*A*S*H** 7/24. (S3)
3.30 **Due South** 15/18. (S2)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Darbar Festival**
7.00 **Sarah Brightman: Hymn** A concert.
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2014**
11.00 **Wander** New edition
11.05 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist of the Year 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **CMA Fest 2019**
9.00 **Shania Twain: Still the One – Live in Las Vegas**
11.00 **Kings of Leon: Live at the O2**
1.00 AM **Freddie Mercury: The Tribute Concert**
2.45 **The Rolling Stones Return to Hyde Park – Sweet Summer Sun**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S3)
4.00 **Couples Come Dine...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Supervet: Noel Fitzpatrick**
9.00 **24 Hours in A&E**
10.00 **Shocking Emergency Calls UK** Documentary.
11.05 **Celebrity Gogglebox**
12.10 AM **Naked Attraction**
1.15 **The Fantastical Factory of Curious Craft**
2.20 **Flirty Dancing**
3.15 **Sun, Sea and Selling...**
4.15 **to 4.45** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Rookie Blue** 3/13. (S4)
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS** 10&11/24. (S13)
7.00 **NCIS** *Déjà Vu:* 13/24. A seaman's murder is linked to a resurgent human trafficking ring. **8.00** *Decompressed:* 14/24. A deep-sea diver is murdered by one of his co-workers. (S13)
9.00 **Private Eyes** *Cut and Run:* 3/14. Nora is back with a beau who hires Shade and Everett. (S3)
10.00 **Law & Order: Special Victims Unit** *Motherly Love:* 10/21. A woman makes a false accusation, leaving her son with a deadly choice. (S18)
11.00 **Law & Order: Special Victims Unit** (S18&17)
1.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill. (S6&3)
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Can't Pay? We'll Take It Away!**
3.00 PM **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Nightmare Tenants, Slum Landlords**
8.00 **The Nightmare Neighbour Next Door**
9.00 **FILM Good Will Hunting** Oscar-winning drama starring Matt Damon, Robin Williams and Ben Affleck. (1997, 15, 126min) ★★★★
11.35 **FILM Scream 2** Comedy horror sequel starring Neve Campbell. (1997, 18, 115min) ★★★
2.00 AM **Impact Wrestling**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Howard discovers an outbreak of a household pest.
8.00 **Shakespeare & Hathaway – Private Investigators** *Ill Met by Moonlight:* 10/10. (S1)
9.00 **The Coroner** 10/10. (S2)
10.00 **New Tricks**
11.20 **Silent Witness**
1.30 AM **The Bill**
2.35 **London's Burning**
3.25 **to 4.00** AM **Birds of a Feather**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 4/25. (S4)
12.00 NOON **CSI: NY** (S1)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Car Trouble:* 14/16. Allison meets Joe's new business partner. (S4)
10.00 **CSI: Miami** *Three-Way:* 5/25. A pool boy dies at a five-star hotel, and when it appears he had had relations with all three women staying in the penthouse, the team has no shortage of suspects. (S4)
11.00 **Unsolved Mysteries**
12.00 M'T **Judge Judy**
1.00 AM **ER** 1/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Karma's a B****
5.00 to 6.00 AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 16/26. (S3)
2.05 **CSI: Miami** 2/21. (S6)
3.00 **NCIS** 20/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S1)
6.00 **Perry Mason**
7.05 **NCIS** 23/24. (S10)
8.00 **Walker, Texas Ranger** *El Coyote – Part Two:* 18/26. Walker continues his mission. (S3)
9.00 **NCIS** *Short Fuse:* 3/24. A robber is shot. (S8)
10.00 **NCIS: Los Angeles** *Partners:* 14/24. A diplomatic service van is hijacked. (S3)
11.00 **NCIS** 24/24. (S10)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS**
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** (S1)
4.45 **Mission: Impossible**
5.35 to 6.00 AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune** Three contestants compete to solve word puzzles in the spin-the-wheel game show.
5.00 **Catchphrase**
6.00 **Bullseye** Double bill.
7.00 **Pointless** Quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
4.00 AM **Golden Balls**
5.00 to 6.00 AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **Friends** (S5)
6.20 **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
3.10 **The King of Queens**
4.05 **Two and a Half Men**
6.00 **Everybody Loves Raymond** (S3)
8.00 **Most Ridiculous Off the Leash** New edition
8.30 **Most Ridiculous: The Fast and the Foolish** New edition
9.00 **Russell Howard's Good News**
10.00 **South Park**
11.00 **Russell Brand – Messiah Complex**
1.00 AM **Gary and His Demons** Double bill.
2.00 AM **Impractical Jokers**
3.00 **Takeshi's Castle**
3.50 **Nathan for You**
4.30 **Fresh Off the Boat**
5.15 to 6.00 AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **Jane Fonda In Five Acts** An intimate portrait.
8.30 **Richard E Grant's Hotel Secrets** In Las Vegas.
9.30 **Discovering**
10.30 **The Directors**
11.30 **The British**
12.30 PM **Richard E Grant's Hotel Secrets**
1.30 **Jane Fonda In Five Acts** As 6.00am.
4.00 **Discovering**
5.00 **The Directors**
6.00 **The British**
7.00 **Robert Mitchum: Hollywood's Bad Boy**
8.00 **The Sixties**
9.00 NEW **I Am Durán**
10.45 NEW **Foreman**
12.30 AM **John McEnroe: In The Realm of Perfection**
2.20 **Off Camera with Sam Jones**
3.35 **My Icon**
4.00 **Discovering**
5.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **City Wildlife Rescue** Series finale
7.00 **Monkey Life**
8.00 **Living Beach** New edition
9.00 **Zambia Untamed**
10.00 **Pridelands: Wilderness Reborn**
11.00 **Wild Birds of Australia** New edition
12.00 NOON **Wild Rockies** New edition
1.00 PM **Monkey Life**
2.00 **Living Beach**
3.00 **Zambia Untamed**
4.00 **Pridelands: Wilderness Reborn**
5.00 **Wild Birds of Australia**
6.00 **Wild Rockies**
7.00 **Monkey Life**
8.00 **Dogs with Extraordinary Jobs**
9.00 **Guardians of the Wild** New edition
10.00 **Wild Rockies**
11.00 **Wild Birds of Australia**
12.00 M'T **Africa's Claws and Jaws**
1.00 to 6.00 AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Meet the Frasers**
6.00 **Keeping Up with the Kardashians**
10.00 **Botched** A British patient with a 'duck butt' and bulging belly asks Terry Dubrow to perform a two-stage revision to restore her 24-year-old body.
11.00 **Nightly Pop**
11.30 **Dating: No Filter**
12.00 M'T **Temptation Island**
1.00 AM **Wags Atlanta**
2.00 **Teleshopping**
3.00 **Hollywood Cycle**
4.00 to 5.00 AM **Khloe and Lamar**

Food Network

140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada On The Beach**
8.30 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Farmhouse Rules**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **Martin: Sweet**
2.30 **Martin Digs Deep**
3.00 **River Cottage Veg**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
6.00 **Rachel Khoo's Simple Pleasures** Double bill.
7.00 **Rick Stein's Taste of Italian Opera**
8.00 **River Cottage Veg**
9.00 **James Martin's United Cakes of America**
10.00 **Torode's Korean Food**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 to 3.30 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 FILM **Deadly Lessons** Thriller. (2017, 15) ★★
10.45 **Storage Wars**
11.35 **Hardcore Pawn**
12.30 AM **Pawn Stars**
1.20 **Police Patrol**
1.45 **Flipping Virgins**
2.40 **Hardcore Pawn**
3.30 to 4.00 AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.10 AM **The A-Team**
11.15 **Knight Rider**
12.10 PM FILM **Coroner Creek** Western starring Randolph Scott. (1948, PG, 89min) ★★
2.15 FILM **Tomahawk** Western with Van Heflin and Yvonne De Carlo. (1950, PG, 82min) ★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Traffic Cops: Manhunt**
10.00 **Infested: Inside the World's Most Dangerous Prison**
11.00 **Car Crash TV**
12.00 M'T **Sewermen**
1.00 AM **19-2**
3.00 **Airwolf** 15/22. (S2)
3.50 **Knight Rider** (S2)
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 to 6.00 AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Lovers**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked...**
9.00 NEW **The Murder of Brittany Eldridge**
10.00 **A Killer Uncaged**
10.35 **Snapped**
11.30 **World's Most Evil**
12.30 AM **Killer Families**
1.30 **Snapped**
2.30 **Murders That Shocked...**
3.30 **Brit Cops**
4.30 to 6.00 AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A murderer sends his victim's family her last will and testament. **7.30** Toxicologists try to determine whether a man was poisoned.
8.00 **Something's Killing Me** Patients die mysteriously during a critical care nurse's shifts.
9.00 **It Takes a Killer** A look at murder cases from recent years.
10.00 **Evidence of Evil** Detectives try to trace the killer of a 60-year-old woman.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Derby.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition The crew are in Globe, Arizona.
10.00 **Haunted Towns**
11.00 **Help! My House Is Haunted**
12.00 M'T **Ghost Adventures**
1.00 AM **Celebrity Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash Special**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **Air Crash: Disasters Uncovered** A BA flight crippled after take-off.
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 to 6.00 AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Randy's Wedding Rescue** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes: Wedding SOS**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Lancashire**
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress**
1.00 AM **Say Yes to the Dress: Lancashire**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM FILM **Lethal Admirer** Thriller starring Karissa Lee Staples. (2018, 12, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **Walking Britain's Roman Roads** Roman road Dere Street.
9.00 **World War II in Colour**
10.00 FILM **Churchill** Historical drama starring Brian Cox, John Slattery and Miranda Richardson. (2017, PG, 105min) ★★
12.00 M'T **The Dog Rescuers with Alan Davies**
2.00 AM **The Pearl Harbor Conspiracy**
3.00 to 4.00 AM **Sacred Sites**

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **The Salvager**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **NASA's Unexplained**
10.00 **Mummies Unwrapped**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 **Dirty Jobs**
5.00 to 6.00 AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes... Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Faking It: Tears of a Crime**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **How to Look Good Naked** With Gok Wan.
9.00 **Nurses Who Kill**
10.00 **Dr G: Medical Examiner**
11.00 **My Murder Story** New edition
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 to 6.00 AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A Caribbean pool.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

10.00 Expedition Unknown

7.00 **Outback Truckers** Russell's 30-year-old truck feels the strain on a run from Alice Springs to central Queensland.
8.00 **Mighty Ships** A profile of the *Hawk*, which has the ability to sink down in the water, submerging her expansive deck.
9.00 **The Alaska Triangle** New edition A cryptozoologist hunts for proof of Bigfoot in the Alaskan wilderness.
10.00 **Expedition Unknown** New edition Josh Gates embarks on a mission into Puerto Rico in search of the Chupacabra.
11.00 **Homestead Rescue** A home under constant threat of fire.
12.00 M'T **The Alaska Triangle**
1.00 AM **Expedition Unknown**
2.00 **Deadliest Catch**
3.00 **The Alaska Triangle**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Crikey! It's the Irwins**
12.00 NOON **Into the Shark Bite**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Meet the Penguins**
3.00 **Miami Animal Police**
4.00 **Dr Dee: Alaska Vet** Dr Dee treats a border collie with a congenital issue.
5.00 **The Zoo**
6.00 **Bondi Vet** Dr Chris is reunited with an old friend.

8.00 Pit Bulls & Parolees

7.00 **Animal Cops Philadelphia** Investigators have police back-up on a dangerous assignment to arrest a dog breeder.
8.00 **Pit Bulls & Parolees** A couple who recently lost their dog are looking for a new companion to join their family.
9.00 **Alaska: The Last Frontier** Atz Lee and Eivin travel 160 miles and brave the bears of 'Terrible Island' to hunt deer.
10.00 **Animal Cops Houston** A litter of puppies face a struggle for survival, and a malnourished horse has trouble giving birth.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Mayday**
12.00 NOON **Air Crash Investigation**
1.00 PM **Hitler's Last Stand** The Allied invasion of Germany.
2.00 **Nazi Megastructures**
3.00 **The Mystery of MH370: Draining the Ocean** The case of Malaysia Airlines Flight 370.
4.00 **Car S.O.S** Double bill.
6.00 **Drain the Oceans: Deep Dive** Tactics used to sink ships.

9.00 Alaska State Troopers

7.00 **Air Crash Investigation** How a former airline employee managed to smuggle a gun through airport security in 1987.
8.00 **Border Wars** Methods used by drug dealers to get their goods across the US-Mexico border, including decoy cars.
9.00 **Alaska State Troopers** The troopers race to end a sibling dispute, and catch illegal fur trappers in the Denali wilderness.
10.00 **No Man Left Behind** True stories of warfare beginning with the Battle of Mogadishu and a pilot who was held captive.
11.00 **Air Crash Investigation** A discovery that had far-reaching effects for commercial aviation.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Flipping Bangers**
11.00 **Ancient Aliens**
12.00 NOON **Egypt's Unexplained Files** Belief and superstition in the land of the Pharaohs.
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** A signed BB King guitar gets the team excited.
6.00 **Swamp People**

9.00 Secret Wars Uncovered

7.00 **Forged in Fire** Bladesmiths salvage steel from a rusty pick-up truck to recreate the exotic Javanese Kris.
8.00 **Flipping Bangers** Gus and Will hunt down an affordable Italian car, and eventually find an Alfa Romeo 155 in a barn.
9.00 **Secret Wars Uncovered** New edition Revealing the shocking facts behind battles that were fought covertly.
10.00 **Hitler's War** An insight into the Germans' perspective of events as they invaded Russia and battled Stalin's troops.
11.00 **Pawn Stars** While in Chicago, Rick has a run-in with a wrestling legend.
12.00 M'T **Lost Gold of WWII**
1.00 AM **Flipping Bangers**
2.00 **Egypt's Unexplained Files**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Living Universe**
7.10 **Abandoned Engineering**
8.00 **History Hunters**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters** Josef Mengele.

9.40 Porridge

7.00 **Great British Railway Journeys** The largest clay mine in the world. **7.30** Michael Portillo reaches Penzance.
8.00 **Wonders of the Solar System** Professor Brian Cox examines the physics through which the solar system was formed.
9.00 **Porridge** The inmates face a day of digging drains on the moorland . **9.40** Fletch is desperate to get out of the chore of making fishing nets. **10.20** Fletcher takes on the role of agony aunt and ends up writing letters for the inmates.
11.00 **Abandoned Engineering**
12.00 M'T **Nazi Hunters** The search for Josef Mengele.
1.00 AM **WW2 – Battles for Europe** Hitler's launch of his counter-offensive against the unsuspecting Allies.
2.00 **to 3.00** AM **The Living Universe**

+1 hour 255 200 75

Friday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Islands of Indonesia**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **Greatest Events of World War II**
10.00 **Wings of War**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Greatest Events of...**
5.00 **Wings of War**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **Against the Odds**
12.00 M'T **Expedition...**
1.00 AM **America: Facts...**
2.00 **Against the Odds**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Nature's Wildest Weapons: Horns, Tusks and Antlers**
11.00 **Zoo Quest to Guiana**
12.00 NOON **Natural Curiosities**
1.00 PM **Thailand: Earth's Tropical Paradise**
2.00 **Russia from Above**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Nature's Wildest...**
5.00 **Zoo Quest to Guiana**
6.00 **Natural Curiosities**
7.00 **Thailand: Earth's...**
8.00 **Russia from Above**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Nature's Wildest...**
11.00 **Zoo Quest to Guiana**
12.00 M'T **Natural Curiosities**
1.00 AM **Thailand: Earth's...**
2.00 **Russia from Above**
3.00 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Rise of Dragonzilla**
10.00 **Rise of Snakezilla**
11.00 **Rise of Croczilla**
12.00 NOON **Wild Animal A&E**
1.00 PM **Predator In Paradise** Triple bill.
4.00 **Animal Fight Club: Best Of** Highlights from the series.
5.00 **Monster Fish of the Amazon**
6.00 **Snakes in the City**
7.00 **Monster Fish**
8.00 **NEW Shark Vs Whale** Marine biologist Ryan Johnson investigates shark attacks on humpback whales.
9.00 **NEW What The Shark?** A side to sharks that is rarely seen.
10.00 **Most Wanted Sharks**
11.00 **Shark Kill Zone: The Hunt** Ten of the world's most ferocious sharks.
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Predator In Paradise**

Sky History 2

163 163 894 272 330 390

8.00 AM **Wild West Tech**
9.00 **The Colour of War**
10.00 **WW2 Treasure Hunters**
11.00 **How the Earth Was Made** New York.
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Wild West Tech**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **WW2 Treasure Hunters** The relics of US bombers in Suffolk.
8.00 **In Search Of**
9.00 **Lost Worlds** The origins of airship transport.
10.00 **The Lost Evidence** The Allied armies' first major attack on Hitler's Fortress Europe in Sicily.
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Lost Worlds**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.35 **The Search for Alfred the Great**
9.45 **The Civil War**
11.50 **Plane Resurrection**
1.00 PM **Beautiful Serengeti**
1.35 **Nazi Creatures**
2.40 **The Search for Alfred the Great**
3.50 **The Civil War**
5.40 **Plane Resurrection**
6.50 **The Search for Alfred the Great** A team trying to locate the remains of ninth-century English king Alfred the Great.
7.55 **The Civil War** A recount of the Battle of Gettysburg, fought over three days in July 1863.
9.50 **Plane Resurrection** Enthusiasts restore a De Havilland Canada DHC-4 Caribou.
11.00 **The Civil War**
12.55 **to 2.00** AM **Plane Resurrection**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
9.00 **The First 48: The Detective Speaks**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **What the Killer Did Next**
1.00 PM **Nightmare in Suburbia**
2.00 **Shallow Grave**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **PD Cam**
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **PD Cam**
2.00 **What the Killer Did...**
3.00 **Shallow Grave**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Okko's Inn** (2018) ★★★
7.40 **The Guardian** Comedy. (2020, 12, 105min) ★★★
9.30 **The Parts You Lose** Drama. (2019, 12, 93min) ★★★
11.10 **PREMIERE Ad Astra** As shown at 8.00pm.
1.20 PM **It: Chapter Two**
4.15 **Two Tails** Animation. (2018, U, 75min) ★
5.45 **The 2020 Top Ten Show**
6.00 **Bad Education** Drama. (2019, 18, 108min) ★★★

8.00 Ad Astra

8 PM

8.00 **PREMIERE Ad Astra** Sci-fi drama starring Brad Pitt. An astronaut embarks on a daring mission to Neptune to uncover the truth about his missing father and a strange power surge. (2019, 12, 123min) ★★★ *See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **It: Chapter Two** Horror starring Jessica Chastain. Twenty-seven years after their first battle, the Losers Club return to fight the evil Pennywise once more. (2019, 15, 169min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

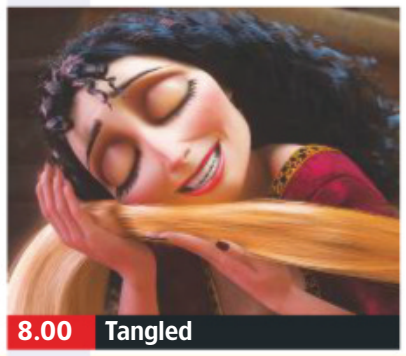
11 PM

1.15 AM **The 2020 Top Ten Show**
1.30 **Olympic Dreams** Comedy. (2019, 12, 85min) ★★★
3.00 **The Last Black Man in San Francisco** Drama. (2019) ★★★
5.15 **The 2020 Top Ten Show**
5.30 **to 6.00** AM **Hotel Mumbai: Special**

Sky Cinema Disney

305 305 846 405 505

6.10 AM **Mulan II** As 11.50pm.
7.40 **Prom** As shown at 1.15am.
9.40 **Aladdin** As 5.50pm.
11.50 **Tangled** As 8.00pm.
1.45 PM **Sanjay's Super Team**
2.05 **Remember the Titans** As shown at 9.50pm.
4.05 **The Nutcracker and the Four Realms** Fantasy. (2018, PG, 99min) ★★★
5.50 **Aladdin** Fantasy starring Will Smith and Mena Massoud. (2019, PG, 128min) ★★★★


8.00 Tangled

8.00 **Tangled** Animation featuring the voices of Mandy Moore. A princess with magical hair escapes from confinement with the help of a thief. (2010, PG, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

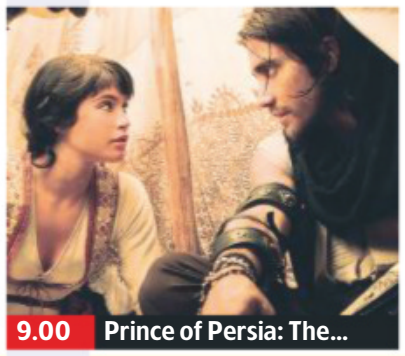
9.50 **Remember the Titans** Drama starring Denzel Washington. A black football coach fights prejudice when he takes charge of the team at a newly integrated school. (2000, PG, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Mulan II** Animated sequel featuring the voices of Ming-Na and BD Wong. (2004, U, 75min) ★★★
1.15 AM **Prom** Teen comedy starring Aimee Teegarden. (2011, U, 103min) ★★★
3.05 **Herbie Goes to Monte Carlo** Comedy adventure. (1977, U, 105min) ★★
4.55 **to 6.40** AM **The Nutcracker and the Four Realms** Fantasy, as shown at 4.05pm.

Sky Cinema Family

306 306 847 406 506

7.10 AM **A Boy Called Sailboat**
8.50 **Mary Poppins Returns** Fantasy, as shown at 4.40pm.
11.10 **Dumbo** As shown at 7.00pm.
1.10 PM **Mission: Panda**
2.50 **Star Wars: The Clone Wars** Computer-animated sci-fi. (2008, PG, 98min) ★★
4.40 **Mary Poppins Returns** Musical fantasy adventure. (2018, U, 130min) ★★★★
7.00 **Dumbo** Fantasy adventure. (2019, PG, 112min) ★★★


9.00 Prince of Persia: The...

Dumbo (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

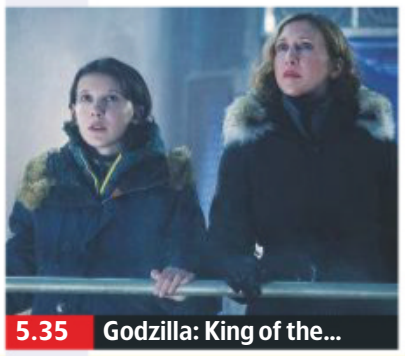
9.00 **Prince of Persia: The Sands of Time** Fantasy starring Jake Gyllenhaal. In ancient Persia, a young prince seizes a dagger that can turn back time but must go on the run after being framed. With Gemma Arterton. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Mission: Panda** Animation featuring the voice of Pauly Shore. A stork delivers a baby panda to the wrong home. (2019, PG, 84min) ★
12.45 AM **A Boy Called Sailboat** Family drama starring JK Simmons and Jake Busey. (2017, 12, 92min) ★★★
2.25 **Prince of Persia: The Sands of Time** As shown at 9.00pm.
4.30 **to 6.20** AM **Star Wars: The Clone Wars** As 2.50pm.

Sky Cinema Action

307 307 848 407 507

6.00 AM **Godzilla** As 12.50pm.
8.30 **The Incredible Hulk** Fantasy, as shown at 1.30am.
10.25 **Pacific Rim** As 9.30pm.
12.50 PM **Godzilla** Monster thriller. (1998, PG, 139min) ★★★
3.20 **Godzilla** Monster thriller starring Aaron Taylor-Johnson. (2014, 12, 123min) ★★★
5.35 **Godzilla: King of the Monsters** Fantasy adventure sequel starring Kyle Chandler. (2019, 12, 132min) ★★★


5.35 Godzilla: King of the...

8.00 **Crawl** Horror thriller starring Kaya Scodelario. A woman attempts to save her father during a hurricane, but finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Pacific Rim** Sci-fi thriller starring Charlie Hunnam. Giant robots repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Reign of Fire** Sci-fi fantasy starring Christian Bale and Matthew McConaughey. A team try to save the world from fire-breathing dragons. (2002, 12, 102min) ★★★
1.30 AM **The Incredible Hulk** Sci-fi fantasy with Edward Norton, Liv Tyler and Tim Roth. (2008, 12, 107min) ★★★
3.25 **Crawl** As shown at 8.00pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.00 AM **The Naked Gun** As 7pm.
8.40 **The Naked Gun 2½: The Smell of Fear** As 8.40pm.
10.20 **The Naked Gun 33⅓: The Final Insult** As 10.15pm.
11.55 **A Simple Wedding**
1.35 PM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
3.20 **Drunk on Love** (2016) ★★★
5.00 **Identity Thief** Comedy. (2013, 15, 107min) ★★★
7.00 **The Naked Gun** Comedy. (1988, 15, 85min) ★★★★

5.00 Identity Thief

8.40 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen as the world's least competent cop. With Priscilla Presley and OJ Simpson. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Naked Gun 33⅓: The Final Insult** Spoof comedy sequel. (1994, 12, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **A Simple Wedding** Romantic comedy with Tara Grammy. A young Iranian-American woman goes to great lengths to appease her parents and their need to see her settled down. With Christopher O'Shea. (2019, 12, 88min) ★★
1.30 AM **Drunk on Love** Comedy, as shown at 3.20pm.
3.10 **Identity Thief** As 5.00pm.
5.10 **to 6.50** AM **The Golden Child** As shown at 1.35pm.

Sky Cinema Hits

303 403 503

7.25 AM **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★
9.50 **Johnny English** (2002) ★★★
11.20 **Johnny English Reborn** Comedy. (2011, PG) ★★★
1.05 PM **Johnny English Strikes Again** Comedy. (2018) ★★★
2.40 **Captain America: The First Avenger** Fantasy. (2011) ★★★
4.50 **Captain Marvel** (2019) ★★★

Sky Cinema Greats

304 304 845 404 504

6.45 AM **Enemy of the State** Thriller. (1998, 15, 127min) ★★★★
9.00 **Ben-Hur** Oscar-winning epic. (1959, PG, 212min) ★★★★★
12.45 PM **Spartacus** Roman epic. (1960, PG, 184min) ★★★★★
4.00 **William Shakespeare's Romeo + Juliet** Romantic drama. (1996, 12, 120min) ★★★★
6.00 **Lethal Weapon** Action thriller. (1987, 18, 110min) ★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up**
7.00 **Hollywood's Best Directors**
7.35 **Sherlock Holmes and the Voice of Terror** (1942) ★★
8.45 **How the West Was Won** (1962)
11.50 **Cave of Outlaws** (1951) ★★
1.30 PM **Sherlock Holmes and the House of Fear** (1945) ★★★
2.55 **Sherlock Holmes in Dressed to Kill** Mystery. (1946) ★★★
4.30 **Murder Most Foul** (1964) ★★★

Talking Pictures

328 445 81 306

6.00 AM **The Butler's Dilemma**
7.30 **The Singing Cops**
7.40 **The Broken Horseshoe** (1953)
9.15 **Nine, Dalmuir West**
9.30 **A Man About the House** (1947)
11.20 **The Sound Barrier** (1952)
1.40 PM **Fully Fitted Freight**
2.00 **Rooms** 52/61. (S2)
2.30 **One Good Turn** (1954) ★★★
4.30 **The Scarlet Web** (1954) ★
5.40 **The Atomic City** (1952) ★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 6/13. (S3)
9.00 **Star Trek: The Next Generation** 4/26. (S3)
10.00 **Star Trek** 3/30. (S1)
11.00 **Megaconda** Horror. (2010) ★★
1.00 PM **Mega Shark vs. Crocosaurus** Monster thriller sequel. (2010, 12, 88min) ★★
3.00 **Space 1999** 21/24. (S2)
4.00 **Witchville** Fantasy adventure. (2010, 12, 120min) ★★

primetime

7.00 **Spider-Man: Into the Spider-Verse** Animation with the voices of Shameik Moore. A student becomes a version of Spider-Man and meets with those from other dimensions. (2018, PG, 117min) ★★★★
9.00 **Spider-Man: Far From Home** Superhero adventure sequel starring Tom Holland and Jake Gyllenhaal. The webslinger's European vacation leads to a battle with elemental monsters. (2019, 12, 129min) ★★★★

11.15 **Fast & Furious 5** Action thriller sequel. (2011, 12, 130min) ★★★
1.30 AM **Stuber** Action comedy. (2019, 15, 93min) ★★
3.10 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★
5.05 **to 7.35** AM **The Karate Kid** Drama. (2010, PG) ★★★

8.00 **Lethal Weapon 2** Violent action thriller starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. With Joe Pesci. (1989, 15, 110min) ★★★★
10.00 **The Green Mile** Supernatural prison drama with Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death row inmate who possesses a magical gift. (1999, 18, 189min) ★★★★

1.05 AM **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
3.45 **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★
5.20 **to 6.55** AM **Robin Hood** Disney's animated adventure. (1973, U, 80min) ★★★

6.10 **Gold Fever** Western drama. (1952, b/w, U, 63min) ★★
7.15 **The Oklahoman** Western with Joel McCrea. A doctor is the target of gossip when he hires a Native American as his housekeeper. With Barbara Hale. (1956, U, 80min) ★★
8.50 **Off Set**
9.00 **Shadow Man** Thriller starring Steven Seagal. A former CIA agent finds himself caught up in a hunt for a stolen biological weapon. (2006, 15, 92min) ★

11.05 **Carrie** Horror shocker. (1976, 18, 94min) ★★★★
1.15 AM **Night of the Living Dead** Horror. (1968, b/w, 15) ★★★★
3.00 **Hollywood's Best Directors**
5.00 **to 5.30** AM **Close Up**

+1 hour 316 417

7.20 **Conflict of Wings** Drama starring John Gregson and Muriel Pavlow. Norfolk villagers try to stop the RAF turning a bird sanctuary into a firing range. (1954, U, 84min) ★★★
9.00 **Van der Valk**
10.00 **Straight On Till Morning** Offbeat thriller starring Rita Tushingham, Tom Bell and Shane Briant. A young woman travels down to London for adventure and meets a killer. (1972, 18, 96min) ★★

12.00 M'T **The Skull** Eerie horror chiller. (1965, 18, 83min) ★★★
1.40 AM **Rock City** (1973, PG) ★★
3.45 **Farewell Topsails 1937**
4.00 **The Hills of Donegal** Thriller. (1947, b/w, PG, 85min) ★★
5.40 **to 6.00** AM **IWM: Tyneside Story**

6.00 **Star Trek** *Where No Man Has Gone Before:* 4/30. (S1)
7.00 **Star Trek: The Next Generation** *The Bonding:* 5/26. One of Worf's team is killed leaving an orphaned son. (S3)
8.00 **First Wave** *Legacy:* 14/22. Jordan discovers the truth. (S3)
9.00 **The Pact** Mystery thriller starring Caity Lotz and Haley Hudson. A woman becomes convinced that her dead mother's house is haunted. (2012, 15, 85min) ★★★

10.50 **The Evil Dead** Horror comedy. (1982, 18, 85min) ★★★★
12.30 AM **No One Lives** Horror. (2012, 18, 86min) ★★
2.15 **to 4.30** AM **Communion** Sci-fi thriller. (1989, 15, 105min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.05 AM **The Counterfeiter** Thriller. (2018, 15, 130min) ★★★
8.30 **The Hummingbird Project** Drama. (2018, 15) ★★★★
10.35 **Paycheck** As 12.00m't.
12.45 PM **Billionaire Boys Club** Drama. (2018, 15, 108min) ★
2.45 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
4.45 **Ocean's Twelve** Caper thriller. (2004, 12, 125min) ★★★★
6.55 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★

9.00 The Wolf of Wall Street

Ocean's Thirteen (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Wolf of Wall Street** Martin Scorsese's fact-based drama starring Leonardo DiCaprio and Jonah Hill. A New York stockbroker rises from unemployment to live a life of wealth and debauchery as he gets rich through illegal trading. With Matthew McConaughey and Margot Robbie. (2013, 18, 176min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Paycheck** Sci-fi thriller starring Ben Affleck, Uma Thurman and Aaron Eckhart. (2003, 12, 119min) ★★★
2.00 AM **The Gambler** Suspense melodrama with James Caan. (1974, 18, 111min) ★★★
3.55 **to 6.00** AM **Ocean's Thirteen** As 6.55pm.

Sky Cinema Drama

310 310 851 410 510

6.00 AM **The Keeper** As 3.45pm.
8.00 **Euphoria** As 2.50am.
9.40 **Erin Brockovich** As 5.45pm.
11.50 **Notting Hill** As 8.00pm.
1.55 PM **JT LeRoy** As 12.45am.
3.45 **The Keeper** Biopic starring David Kross and Freya Mavor. (2019, 15, 120min) ★★★★
5.45 **Erin Brockovich** True-story drama with Julia Roberts as a single mother who becomes an environmental crusader. (2000, 15, 133min) ★★★★

10.05 Once Upon a Time...

8.00 **Notting Hill** Romantic comedy starring Julia Roberts and Hugh Grant. A divorced Notting Hill bookshop owner and an American movie star lead very different lives, until a chance encounter throws them together. (1999, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 **Once Upon a Time... in Hollywood** Drama with Leonardo DiCaprio. A faded TV actor and his stunt double strive to achieve success in the film industry during the final years of Hollywood's Golden Age. (2019, 18, 161min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.45 AM **JT LeRoy** Drama. (2018, 15, 108min) ★★★
2.50 **Euphoria** Drama. (2017, 15, 104min) ★★★
4.30 **to 6.00** AM **Memories of Christmas** Romantic drama. (2018, U, 120min) ★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.10 AM **The Little Stranger** Horror. (2018, 12) ★★★★
8.15 **Annabelle Comes Home**
10.15 **Little Monsters** Comedy. (2019, 15, 93min) ★★★★
12.05 PM **The Dead Don't Die**
2.05 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
4.25 **The Matrix Reloaded** Sci-fi. (2003, 15, 137min) ★★★
6.45 **The Matrix Revolutions** Sci-fi thriller starring Keanu Reeves (2003, 15, 129min) ★★★

2.05 The Matrix

The Matrix Revolutions (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Annabelle Comes Home** Horror thriller starring Mckenna Grace and Madison Iseman. A demonically possessed doll terrorises a young girl and her friends. (2019, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **The Dead Don't Die** Comedy horror starring Bill Murray and Adam Driver. A town finds itself battling a zombie horde. (2019, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Happy Death Day 2U** Comedy. (2019, 15) ★★★★
2.25 **Hell Is Where the Home Is** Horror. (2018, 18, 88min) ★★
3.55 **Lifechanger** Horror thriller. (2018, 15, 84min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.40 AM **Maleficent: Mistress of Evil** As shown at 6.00pm.
8.40 **The Dark Knight** As 8.00pm.
11.15 **The Dark Knight Rises**
2.00 PM **Meet the Fockers** Comedy, as shown at 1.20am.
4.00 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance with Kristen Stewart. (2012, 12, 110min) ★★★
6.00 **Maleficent: Mistress of Evil** Fantasy adventure sequel. (2019, PG, 119min) ★★★

8.00 The Dark Knight

8.00 **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.35 **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. (2012, 12, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.20 AM **Meet the Fockers** Comedy. (2004, 12) ★★
3.20 **Rise of the Planet of the Apes** Sci-fi. (2011, 12) ★★★★
5.10 **to 6.45** AM **Tarzan** Animation. (1999, U, 88min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Professionals** Western adventure. (1966, PG, 117min) ★★★★
1.20 PM **Hell Below Zero** Drama. (1953, U, 87min) ★★
3.10 **The Last Frontier** Western. (1955, PG, 97min) ★★
5.10 **The Two Faces of January** Thriller with Viggo Mortensen. (2014, 12, 94min) ★★★
7.00 **Fantastic Four** Adventure. (2015, 12, 100min) ★★

9.00 The Ritual

Fantastic Four (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Ritual** Horror starring Rafe Spall. A group of college friends reunite for a trip to the forest, but encounter a menacing presence. (2017, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **The Business** British gangster drama set in the 1980s, starring Danny Dyer and Tamer Hassan. (2004, 18, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **The Pyramid** Horror, starring Ashley Hinshaw. (2014, 15, 85min) ★★★
2.25 **to 4.00** AM **Smashed** Relationship drama starring Mary Elizabeth Winstead, Aaron Paul and Megan Mullally. (2012, 15, 78min) ★★★

+1 hour 314 430 45 301

Friday

8 PM | 9 PM | 10 PM | 11 PM

Sony Movies Classic

319 424 50 303

6.00 AM **Watch It, Sailor!** (1961) ★★
7.40 **Passport to China** (1960) ★★
9.15 **Footsteps in the Fog** (1955)
11.05 **Gideon of Scotland Yard** Drama. (1958, PG, 91min) ★★
12.55 PM **Dead Reckoning** Thriller. (1947, b/w, U, 97min) ★★★★
3.00 **Sirocco** Romantic thriller. (1951, b/w, PG, 98min) ★★
5.05 **The African Queen** Adventure. (1951, U, 100min) ★★★★★

7.15 **Submarine Seahawk** War drama starring John Bentley as a navy tactical instructor with little command experience who is made commander of the submarine *Seahawk*. With Brett Halsey. (1959, U, 83min) ★★
9.00 **Das Boot** Director's cut of Wolfgang Petersen's epic German World War Two drama starring Jürgen Prochnow. The crew of a U-boat hunt Allied ships in the Atlantic. Subtitled. (1981, 12, 149min) ★★★★★
11.55 **Marine Raiders** War drama. (1944, b/w, PG, 90min) ★★
1.40 AM **Bad For Each Other** (1953)
3.20 **Operation Dames** (1959) ★★
4.35 **to 6.00** AM **Machine-Gun Kelly** Drama. (1958, 15) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Bad Twin** Thriller. (2016, PG, 90min) ★★
11.05 **Final Verdict** Crime drama. (2009, PG, 115min) ★★
1.00 PM **Framed for Murder: A Fixer Upper Mystery** Thriller. (2017, PG, 83min) ★★
2.50 **Wandering Eye** Thriller. (2011, PG, 105min) ★★
4.35 **Fun with Dick and Jane** Comedy. (2005, 12, 90min) ★★

6.25 **Stepmom** Drama starring Julia Roberts. A woman struggles to overcome the hostility of her boyfriend's ex-wife and win acceptance from his two children. With Susan Sarandon. (1998, 12, 121min) ★★★
9.00 **Braveheart** Oscar-winning epic historical drama starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a ragged but courageous army against the English enemy. (1995, 15, 177min) ★★★★
12.35 AM **Seraphim Falls** Western. (2006, 15, 111min) ★★★★
2.50 **Autumn in New York** Romantic drama. (2000, 15, 105min) ★
4.50 **to 6.00** AM **A Monster Christmas** (2012) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Rattler Kid** (1967) ★★
7.40 **Underwater!** (1955) ★★
9.40 **The Body Snatcher** (1945)
11.15 **The Thing... from Another World** Sci-fi. (1951, b/w) ★★★
1.00 PM **Station West** Western. (1948, b/w, PG, 92min) ★★★
2.55 **Assignment Paris** Thriller. (1952, U, 85min) ★★
4.40 **Triple Cross** Spy thriller. (1966, PG, 126min) ★★

7.10 **Earth's Final Hours** Sci-fi thriller starring Julia Benson and Robert Knepper. A team of scientists must identify a way to save the planet when Earth is hit by dense matter from space. (2011, 12, 84min) ★★
9.00 **Nowhere to Run** Romantic action thriller starring Jean-Claude Van Damme and Rosanna Arquette. An escaped convict seeks refuge with a young widow and her two children. (1993, 15, 95min) ★★
10.55 **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
12.55 AM **The Art of War III: Retribution** Thriller. (2009) ★★
2.40 **to 4.00** AM **The Last Rites of Ransom Pride** (2010) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Cupcakes** (2018)
9.00 **Help for the Holidays** Family drama. (2012, PG, 90min) ★★
11.00 **My Christmas Inn** Romance. (2018, PG, 100min) ★★
1.00 PM **Hometown Holiday** Drama. (2017, PG, 84min) ★★
3.00 **Road to Christmas** Romance. (2018, U, 120min) ★★
5.00 **Romance at Reindeer Lodge** Drama. (2017, PG, 90min) ★★

7.00 **Christmas in the Air** Festive romance starring Catherine Bell and Eric Close. A business consultant helps a widowed toy inventor to balance work with his duties as a father ahead of Christmas. (2017, U, 90min) ★★
9.00 **Snow Bride** Drama with Katrina Law and Patricia Richardson. A reporter in search of a story accidentally gets invited to spend Christmas with the members of a political dynasty. (2013, PG, 120min) ★★
11.00 **Entertaining Christmas** Romance. (2018, PG) ★★
1.00 AM **Snowmance** Romantic fantasy. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas Pen Pals** Drama. (2018, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **John Tucker Must Die** *Comedy Central* Teen revenge comedy starring Brittany Snow and Jesse Metcalfe. ★★
9.00 **The Outlaw Josey Wales** *ITV4* Western directed by and starring Clint Eastwood. A Missouri farmer joins a band of Confederate guerrillas after his wife and child are killed by Union raiders. ★★★★★
9.00 **Bad Neighbours 2** *E4* Comedy starring Seth Rogan. ★★
9.00 **Good Will Hunting** *5STAR* Oscar-winning drama starring Matt Damon. ★★★★
9.00 **Deadly Lessons** *Lifetime* Thriller starring Christie Burson and Ryan Scott Greene. ★★
10.00 **Love Actually** *Channel 5* Romantic comedy. ★★★
10.00 **Churchill** *5SELECT* Historical drama starring Brian Cox. ★★
11.05 **Why Him?** *Channel 4* Comedy starring Bryan Cranston. ★★
11.20 **20th Century Women** *BBC2* Comedy drama. ★★★★
11.35 **Scream 2** *5STAR* Comedy horror thriller sequel. ★★★
12.20 AM **Battle Star Wars** *Syfy* Sci-fi drama with Alyson Gorske. ★★

Friday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **8.00** **LIVE ANZ Premiership Netball Mystics v Stars.** Coverage from the Trusts Arena in Auckland. Centre-pass **8.00am**.
- **9.30** **My Icon: Anthony Joshua** The boxer talks about his idol.
- **9.45** **My Icon: Nasser Hussain** The former England cricket captain discusses the individuals that have inspired him in his career.
- **10.00** **My Icon: Maggie Alphonsi** The former rugby union player talks about her idol.
- **10.15** **My Icon: Martin Offiah** The ex-rugby league star talks about the people that have inspired him.
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of day two of the second Test in the three-match series, which comes from Old Trafford.
- **7.00** PM **Sport Highlights**
- **10.00** **LIVE PGA Tour Golf** Coverage of the second day of the Memorial Tournament from the Muirfield Village Golf Club in Dublin, Ohio.
- **11.30** **Sky Sports News** A round-up of the day's talking points.
- **12.00** M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: Paolo Di Canio**
- **7.30** **PL Legends: Andrew Cole**
- **8.00** **Best PL Goals: Liverpool**
- **8.30** **Best PL Goals: Chelsea**
- **9.00** **Premier League 100 Club**
- **10.00** **The Football Show**
- **12.00** NOON **PL Best Goals 09/10**
- **1.00** PM **Premier League Years**
- **3.00** **PL Best Goals 10/11**
- **4.00** **PL Greatest Games**
- **5.00** **Premier League 100 Club**
- **6.00** **PL Legends: Andrew Cole**
- **6.30** **PL Legends: Jamie Carragher**
- **7.00** **Premier League Match Pack**
- **7.30** **Premier League World**
- **8.00** **PL Retro** Manchester United v Liverpool from 2008/2009.
- **10.00** **Gary Neville's Soccerbox** The host is joined by John Barnes. **10.30** With Matt Le Tissier.
- **11.00** **Premier League Match Pack**
- **11.30** **Premier League World**
- **12.00** M'T **PL Best Goals 09/10**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 10/11**
- **5.00** **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **Highlights**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Football Years**
- **11.00** **EFL Cup Final 16**
- **12.00** NOON **EFL Greatest Games**
- **12.45** PM **SPFL Greatest Games**
- **1.00** **Football's Greatest Players**
- **1.30** **Football Countdowns**
- **2.00** **Football Years**
- **2.30** **EFL Cup Final 17**
- **3.30** **EFL Greatest Games**
- **4.15** **SPFL Greatest Games**
- **4.30** **Football's Greatest Players**
- **5.00** **Football Countdowns**
- **5.30** **Football Years**
- **6.00** **EFL Championship Highlights**
- **7.00** **EFL Cup Retro**
- **9.00** **EFL Cup Final 19**
- **10.00** **SPFL Greatest Games**
- **10.30** **Old Firm Derby 2016/17**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 14**
- **1.00** AM **EFL Play Off Finals**
- **3.00** **Championship Review 13/14**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **The Story of a Genius**
- **6.30** **Ashes in the 80s**
- **7.00** **Mind Games: The Zone**
- **7.30** **The Cricket Lockdown Vodcast**
- **8.30** **Test Cricket**
- **9.30** **Cricket Debate**
- **10.15** **Test Cricket Bitesize**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of day two of the second Test in the three-match series, which comes from Old Trafford.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on day two of the second Test between England and West Indies.
- **8.00** **Test Cricket** England v West Indies: Action from day two of the second Test in the three-match series, held at Old Trafford.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize** As 7pm.
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize** As 7pm.
- **12.00** M'T **The Story of a Genius**
- **12.30** AM **Ashes in the 80s**
- **1.00** **Best of the 2014 Blast**
- **5.00** **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **PGA Tour Golf** Action from the opening day of the Memorial Tournament at the Muirfield Village Golf Club in Dublin, Ohio.
- **10.00** **European Challenge Tour Golf** Action from the Austrian Open.
- **11.00** **Chronicles of a Champion Golfer** Profile of Henrik Stenson.
- **11.30** **PGA Tour Profiles**
- **11.45** **LIVE PGA Tour Golf** Coverage of the featured groups on the second day's play of the Memorial Tournament from the Muirfield Village Golf Club in Dublin, Ohio.
- **7.30** PM **LIVE PGA Tour Golf** Further coverage of the second day of the Memorial Tournament at the Muirfield Village Golf Club.
- **11.30** **How the 2017 Open Was Won** A review of the Major at Royal Birkdale Golf Club in Southport.
- **1.30** AM **PGA Tour Golf** Action from the 2017 Memorial Tournament.
- **2.30** **PGA Tour Golf** Action from the 2018 Memorial Tournament.
- **3.30** **PGA Tour Golf** Action from the 2019 Memorial Tournament.
- **4.30** **Chronicles of a Champion Golfer** Double bill of editions.
- **5.30** **to 6.00** AM **Golf Pass with Rory McIlroy**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Premier League**
- **10.30** **Premier League 100**
- **11.00** **LIVE AFL Geelong Cats v Collingwood Magpies.** Coverage from the Optus Stadium. Bounce-up **11.10am**.
- **2.00** PM **Premier League 100**
- **2.30** **ESPN FC** Football news.
- **3.00** **Emirates FA Cup Preview**
- **3.30** **Ligue 1 Goals of the Season**
- **4.00** **The Outdoor Sports Show**
- **4.30** **Premier League Match Pack**
- **5.00** **WWE NXT Highlights**
- **6.00** **UEFA Champions League Magazine** News and features.
- **6.30** **Premier League Preview**
- **7.00** **AFL** Action from Geelong Cats v Collingwood Magpies.
- **9.00** **Premier League Match Pack**
- **9.30** **Premier League Preview**
- **10.00** **WWE NXT UK**
- **11.00** **WWE NXT Highlights**
- **12.00** M'T **WWE SmackDown Highlights** Wrestling action.
- **1.00** AM **LIVE WWE Friday Night SmackDown** Wrestling coverage from America.
- **3.00** **MotoGP: ICYMI**
- **3.15** **AFL** As shown at 7.00pm.
- **5.15** **to 6.00** AM **Hakim Ziyech: Wizard of AMS**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **MotoGP Films: Unlimited**
- **8.00** **LIVE MotoGP** Free Practice One of the Grand Prix of Spain.
- **10.45** **MotoGP Films: The Age of 27**
- **12.00** NOON **LIVE MotoGP** Coverage of Free Practice Two ahead of the Grand Prix of Spain.
- **3.00** PM **Marc Marquez: Unseen**
- **4.30** **World Sailing**
- **5.00** **What Went Down**
- **5.30** **Ligue 1 Goals of the Season**
- **6.00** **Winning Time: Reggie Miller vs The NY Knicks**
- **7.30** **Badminton Unlimited**
- **8.00** **Emirates FA Cup Preview**
- **8.30** **Champions League Magazine**
- **9.00** **MotoGP: ICYMI**
- **9.15** **Hakim Ziyech: Wizard of AMS**
- **10.00** **E:60 FIFA and Sepp Blatter**
- **11.00** **Premier League Match Pack**
- **11.30** **Premier League Preview**
- **12.00** M'T **Champions League Magazine** News and features.
- **12.30** AM **The Roy Halladay Story**
- **1.30** **Rodman: For Better or Worse**
- **3.30** **ESPN Films: Clemente Effect**
- **5.00** **Ali: The Mission**
- **5.15** **In Depth with Graham Bensinger** With Stephen Curry.
- **5.45** **to 6.00** AM **Arthur & Johnnie**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **The Outdoor Sports Show**
- **6.30** **Bundesliga Special: Top Goals**
- **7.00** **WWE Raw Highlights**
- **8.00** **WWE NXT** Wrestling action.
- **9.45** **BT Sport Goals Reload**
- **10.00** **Classic Premier League**
- **11.00** **Premier League: Best Goals 2012/13** Memorable strikes.
- **12.00** NOON **Premier League** Triple bill of top-flight action.
- **4.30** PM **Emirates FA Cup Preview** A look ahead to the semi-finals, as Arsenal face Manchester City and Manchester United play Chelsea.
- **5.00** **MotoGP Classics: Le Mans 2010** The French Grand Prix.
- **6.00** **MotoGP Classics: Valencia 2010** The Valencia Grand Prix
- **7.00** **Meet The Managers**
- **8.00** **ESPN Classic Boxing** A look back at the 1967 bout between Muhammad Ali and Zora Folley.
- **9.00** **UFC Fight Camp**
- **9.30** **UFC 239 – Jones v Santos**
- **10.30** **UFC 242 – Khabib v Poirier**
- **11.30** **UFC Fight Camp**
- **12.00** M'T **UFC: The Ultimate Fighter**
- **3.00** AM **WRC Review: Monte Carlo**
- **4.00** **Irish Rally Review**
- **5.30** **to 6.00** AM **Badminton Unlimited**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **8.00** **Sherrock: WDC 2019**
- **10.00** **LIVE Super Rugby Reds v Western Force.** From Suncorp Stadium. Kick-off **10.05am**.
- **11.45** **Rugby Union Retro**
- **12.00** NOON **NFL Wildcard Hlts 17/18**
- **2.00** PM **NFL Highlights**
- **3.00** **NFL: Rookies In Action 2019** Action from Kansas City Chiefs v Green Bay Packers.
- **4.00** **NFL: Race To The Super Bowl 19/20** Action from Green Bay Packers v Seattle Seahawks.
- **5.00** **Motorsport Mundial**
- **5.30** **Wildfly Fishing**
- **6.00** **Super Rugby** Another chance to see Reds v Western Force.
- **7.45** **Rugby Union Retro**
- **8.00** **NFL: A Football Life**
- **9.00** **Fight Night** Katie Taylor v Karina Kopinska: Action from the bout at Wembley Arena.
- **11.00** **Ringside Special** Including an interview with Sugar Ray Leonard.
- **12.00** M'T **NFL: Pittsburgh @ Baltimore 2018** Baltimore Ravens v Pittsburgh Steelers.
- **1.00** AM **NFL: America's Game**
- **2.00** **Sherrock: WDC 2019**
- **4.00** **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **My Icon**
- **7.00** **Fighting Fit 2020**
- **7.30** **Fit in 5**
- **8.00** **LIVE ANZ Premiership Netball Mystics v Stars.** Coverage from the Trusts Arena in Auckland. Centre-pass **8.00am**.
- **9.30** **Super Rugby** Double bill.
- **1.00** PM **Fight Night** Action from Kell Brook v Errol Spence Jr.
- **3.00** **My Icon**
- **4.00** **Sporting Greats**
- **4.30** **School of Golf**
- **5.00** **Fighting Fit 2020**
- **5.30** **Fit in 5**
- **6.00** **ANZ Premiership Netball** Action from Mystics v Stars.
- **7.30** **Autumn Classics** England v New Zealand: Action from the 1997 meeting at Twickenham.
- **9.00** **Pro Box Classics** Action from Chris Eubank v Michael Watson.
- **10.00** **Bellator MMA** Rafael Carvalho v Gegard Mousasi.
- **12.00** M'T **Super Rugby** Action from Crusaders v Blues.
- **12.00** AM **Super Rugby** Action from Hurricanes v Highlanders.
- **1.45** **Fight Night** As 1.00pm.
- **5.30** **to 6.00** AM **Top 10 Great Boxing Upsets**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Pardon the Interruption**
- **7.00** **ESPN SportsCenter**
- **7.15** **MLB Classic** Four editions.
- **11.30** **Pardon the Interruption**
- **12.00** NOON **ESPN FC** Football news.
- **12.30** PM **In Depth with Graham Bensinger** With Alex Smith.
- **1.00** **ESPN SportsCenter**
- **1.15** **MLB Classic**
- **3.15** **College Football Classics**
- **5.15** **MLB: Caps Off**
- **5.30** **The Outdoor Sports Show**
- **6.00** **In Depth with Graham...**
- **6.30** **ESPN SportsCenter**
- **6.45** **College Football Classics**
- **10.15** **MLB: Most Memorable Tirades**
- **10.45** **Atlanta Rules: 1990's Braves**
- **11.45** **ESPN SportsCenter**
- **12.00** M'T **In Depth with Graham...**
- **12.30** AM **The Outdoor Sports Show**
- **1.00** **ESPN SportsCenter**
- **3.00** **ESPN Special**
- **3.30** **MLB Classic**
- **5.30** **to 6.00** AM **In Depth with...**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Tennis: Berlin Bett1 Aces**
- **8.00** **Tour de France: Thomas 2018**
- **11.00** **Football**
- **1.00** PM **Athletics: Diamond League**
- **2.00** **Tour de France: Thomas 2018**
- **4.30** **Cycling: Cancellara – The Day When** The 2006 Paris-Roubaix.
- **5.00** **Hall of Fame – Sprinters**
- **6.00** **Speedway European Championship** The third round of the season in Rybnik, Poland.
- **7.00** **Superbikes: MotoAmerica** Round two from Wisconsin.
- **8.00** **Tour de France: Thomas 2018** Action from stage 17.
- **10.30** **Cycling: Cancellara – The Day When** The 2006 Paris-Roubaix.
- **11.00** **Tennis: Berlin Bett1 Aces**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Hall of Fame – Swimmers**
- **2.00** **Tour de France: Thomas 2018**
- **4.30** **Cycling: Irish Road Championships**
- **5.00** **to 7.00** AM **Snooker: World Champs Final 2018**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Snooker: UK Final 2016**
- **10.00** **Tennis: Berlin Bett1 Aces**
- **11.00** **LIVE Tennis: Berlin Bett1 Aces** Coverage of the opening quarter-finals of the exhibition at Tempelhof Airport in Berlin.
- **7.00** PM **Tennis: Berlin Bett1 Aces** Highlights from the quarter-finals at Tempelhof Airport in Berlin, where the second exhibition tournament takes place.
- **8.00** **Football: Eliteserien** Action from Norway's top flight.
- **10.00** **Darts: BDO World Masters** The final at Circus Tavern.
- **12.00** M'T **Snooker: World Championship Final 2014** Ronnie O'Sullivan and Mark Selby. The key moments of the match at the Crucible Theatre in Sheffield.
- **2.00** AM **Hall of Fame – Atlanta 1996** A look at the Games.
- **3.00** **Cycling: Virtual Tour de France**
- **5.00** **to 7.30** AM **Tour de France: Thomas 2018**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Super League Gold**
- **6.30** **Wildfly Fishing**
- **7.00** **Super Rugby**
- **9.00** **LIVE NRL Melbourne Storm v Gold Coast Titans.** From AAMI Park. Kick-off **9.00am**.
- **10.55** **LIVE NRL Wests Tigers v Brisbane Broncos.** All the action from Campbelltown Stadium. Kick-off **10.55am**.
- **12.50** PM **Super League Gold**
- **1.00** **Super Rugby**
- **3.00** **Super League 2019 Rewind**
- **4.00** **NBA: Clippers @ New Orleans**
- **6.00** **ANZ Premiership Netball**
- **7.30** **Betfred Super League**
- **8.00** **Rugby League Retro**
- **10.00** **Betfred Super League**
- **1.00** AM **Sporting Heroes: Gary Newbon Interviews Phil Taylor**
- **2.00** **Netball World Cup 2019**
- **3.30** **WNBA Finals: Connecticut @ Washington**
- **5.30** **to 5.55** AM **NBA: Sounds of the Finals 2016**

Sky Sports F1

406 406 860 | 516 506

As a result of the coronavirus pandemic, the sporting calendar has been distrupted.

At the time of going to press, Sky Sports was unable to supply accurate schedules for Sky Sports F1 this week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

11–17 July

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

613 613 646 | 701 | 201 204 | 607 600

SATURDAY

7.00am Arthur **7.10** Shaun the Sheep **7.20** Danger Mouse **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** Match of the Day Kickabout New **8.05** The Playlist New **8.25** Newsround **8.30** Deadly 60 **9.00** Dragons: Race to the Edge **9.25** Boy Girl Dog Cat Mouse Cheese **9.35** She-Ra **10.00** Odd Squad **10.10** Show Me What You're Made Of **10.40** Diddy TV **10.55** The Dog Ate My Homework **11.25** Hey You What If?
11.30 The Dumping Ground **11.45** Nikki Lilly Bakes **11.55** 4 O'Clock Club **12.25pm** A Week to Beat the World **12.50** Newsround **1.00** Jamie Johnson **1.30** My Life **1.55** Newsround **2.05** Got What It Takes? **6.05** All Over the Place: Asia **6.35** Marrying Mum and Dad **7.05** Show Me What You're Made Of **7.35** Step Up to the Plate **8.05** Operation Ouch! **8.30-9.00pm** Horrible Histories

SUNDAY As Saturday except:

7.45am The Zoo **7.55** Diddy Bits **8.05** Class Dismissed **8.20** Nikki Lilly Bakes **8.30** The Dengineers **9.00** Blue Peter: Six Badges of Summer **9.30** Craft Party **9.45** Newsround **9.50** Matilda and the Ramsay Bunch **10.05** Gym Stars **10.30** My Life **10.55** Odd Squad **11.20** Horrible Histories **11.50** Newsround
11.55 Deadly 60 **12.25pm** All Over the Place: Asia **12.55** Operation Ouch! **1.20** Show Me What You're Made Of **1.50** Newsround **2.00** The Dumping Ground **2.40** Got What It Takes? **4.40** My Life **5.10** Lifebabble **5.15** The Playlist **5.35** Gym Stars **6.00** The Demon Headmaster **6.30** Malory Towers **6.55** Mustangs FC **7.20** Jamie Johnson **7.45** The Dumping Ground **8.30** The Next Step **8.55-9.00pm** Lifebabble

MONDAY

7.00am Arthur **7.15** NEW Dennis & Gnasher Unleashed! **7.25** Little Big Awesome **7.35** Boy Girl Dog Cat Mouse Cheese **7.50** Odd Squad New **8.05** The Next Step **8.30** Marrying Mum and Dad **9.00** Do Try This at Home **9.15** Newsround **9.25** Absolute Genius: Monster Builds **9.50** Operation Ouch! **10.20** Blue Peter Challenges **10.25** Gym Stars **12.10pm** Newsround
12.20 Gym Stars **2.00** Nikki Lilly Meets **2.10** Deadly 60 **2.35** The Next Step **3.00** Danger Mouse **3.10** Diddy TV **3.25** Dennis & Gnasher Unleashed! **3.40** Little Big Awesome **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.15** Odd Squad **4.25** Danny & Mick **4.40** The Pets Factor New **5.00** The Demon Headmaster **5.30** Horrible Histories **6.05** The Deep **6.25** Operation Ouch! **6.55** Nine Minute Ninja **7.05** Deadly 60 **7.35** Horrible Histories **8.05** Millie Inbetween **8.30-9.00pm** The Demon Headmaster

TUESDAY As Monday except:

2.05-2.35pm Blue Peter: Six Badges of Summer **4.05-4.10** Hey You What If? **5.00** NEW Mystic **5.30-6.00** My Life **6.25** Deadly 60 **6.50** Nikki Lilly Meets **7.00** Horrible Histories **7.25** My Life **7.55** Nikki Lilly Meets **8.05** The Next Step **8.30-9.00pm** Mystic

WEDNESDAY As Monday except:

2.10-2.15pm Nikki Lilly Meets **3.20-3.25** Diddy Bits **4.05-4.15** Hey You What If? **4.25-4.40** Jamie Johnson's All-Star Banter New **5.00** Next Step New **5.25** My Perfect Landing **5.50** Gym Stars New **6.15** Little Big Awesome **6.55** Horrible Histories **7.25** Hank Zipzer **7.50** Art Ninja **8.10** Gym Stars **8.35-9.00pm** Next Step

THURSDAY As Monday except:

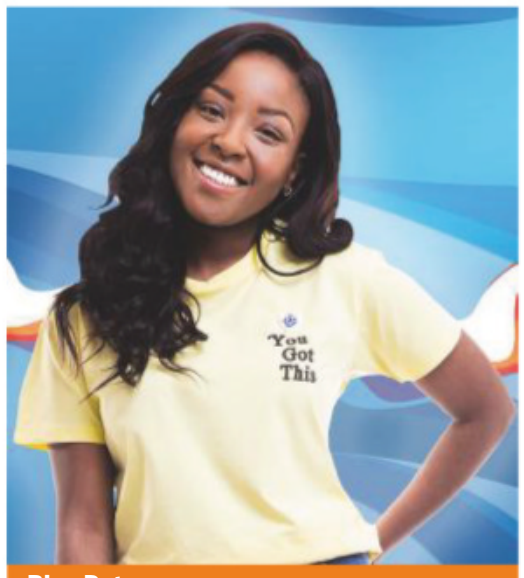
10.20am-12.10pm Gym Stars **3.45-4.00** Boy Girl Dog Cat Mouse Cheese **4.05-4.10** Hey You What If? **5.00** Jamie Johnson New **5.30-6.00** Blue Peter: Six Badges of Summer New **7.05** Horrible Histories **7.30** Blue Peter: Six Badges of Summer **8.00** The Dumping Ground **8.30-9.00pm** Jamie Johnson

FRIDAY As Monday except:

3.30pm Little Big Awesome **3.45-3.50** Sketchy Comedy **4.05-4.15** Hey You What If? **5.00** The Dumping Ground **5.30** Nikki Lilly Bakes New **5.40** She-Ra **6.05-6.25** Kung Fu Panda: Secrets of the Furious Five **6.55** Nikki Lilly Meets **7.00** Horrible Histories **7.30** She-Ra **7.55** Nikki Lilly Bakes **8.00** So Awkward **8.30-9.00pm** The Dumping Ground

CBEEBIES

614 614 647 | 702 | 202 205 | 608 601



Blue Peter

SATURDAY

6.00am Show Me Show Me **6.25** Baby Jake **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.10** Octonauts **8.25** Timmy Time **8.30** Tee and Mo **8.35** The Furchester Hotel **8.50** Biggleton **9.00** Something Special **9.20** Nick Cope's Popcast New **9.25** The Baby Club at Home New **9.30** Ugly Duckling **10.10** Tee and Mo Songtime **10.15** Band Jam **10.30** Justin's House **10.55** Dinosaur Adventures **11.10** Catie's Amazing Machines **11.25** Waffle the Wonder Dog **11.35** Molly and Mack **11.50** Topsy and Tim **12.00noon** My World Kitchen
12.15pm Apple Tree House **12.30** Melody **12.35** Patchwork Pals **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** My Pet and Me **1.40** Footy Pups **1.55** Olobob Top **2.00** Something Special **2.20** Aquatic Adventures **2.35** Maddie's Do You Know? **2.50** Grace's Amazing Machines **3.05** Go Jetters **3.15** JoJo & Gran Gran **3.25** Waffle the Wonder Dog **3.40** Vet Tales **3.55** Let's Go for a Walk **4.10** Baby Club **4.20** Magic Hands **4.30** Treasure Champs **4.45** Tinga Tinga Tales **5.00** Safari Adventures **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except:

9.20-9.25am Story Time with Mr Tumble **9.35** Numberblocks **9.40-10.15** Go Jetters **3.30-3.40pm** Waffle the Wonder Dog

MONDAY-THURSDAY

6.00am Something Special **6.20** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **6.55** Numberblocks **7.00** Bing **7.15** Hey Duggee **7.30** Go Jetters **7.40** Peter Rabbit **7.55** Bitz & Bob **8.05** Octonauts **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Raa Raa the Noisy Lion **9.10** Kiri & Lou **9.15** Dog Loves Books **9.25** Bing **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.35** Hey Duggee **10.40** School of Roars **10.45** Let's Play **11.05** Let's Go for a Walk New **11.20** Pablo **11.35** Patchwork Pals **11.40** Our Family **11.50** Tinga Tinga Tales
12.00noon My World Kitchen **12.15pm** Waffle the Wonder Dog **12.25** Timmy Time **12.30** Molly and Mack **12.45** Sarah & Duck **1.00** Tee and Mo **1.05** Alphablocks **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special **2.05** Teletubbies **2.20** Mister Maker at Home **2.30** Vet Tales **2.45** What's the Big Idea? **2.50** Our Family **3.00** Amazing Machines **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Love Monster **4.05** Prehistoric Adventures **4.20** Maddie's Do You Know? **4.35** Bitz & Bob **4.50** Go Jetters **5.00** Band Jam **5.15** Waffle the Wonder Dog **5.25** JoJo & Gran Gran **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

FRIDAY As Monday except:

5.00-5.30pm Blue Peter: Six Badges of Summer New **5.40-5.45pm** Woolly & Tig

CITV

621 | 734 711 | 203 | 602

SATURDAY

6.00am Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Mission Employable **7.05** Mr Magoo **7.30** Mighty Mike **7.40** Buck & Buddy **7.45** Mr Bean: The Animated Series **8.00** NinjaGo: Secrets of the Forbidden Spinjitzu: Animation. **8.15** Ben 10 **8.30** Drop Dead Weird New episode **9.25** Mr Bean: The Animated Series **10.25** Buck & Buddy **10.30** Mighty Mike **11.00** The Epic Tales of Captain Underpants **11.25** Be Cool, Scooby-Doo! Animated adventures. **12.45pm** Scooby-Doo's Monsters
1.10 Scooby-Doo's Ghosts **1.40** Scrambled! Bites **1.45** Robozuna **2.10** Thunderbirds Are Go **2.35** The Rubbish World of Dave Spud **3.15** Mr Bean: The Animated Series **4.10** Mr Magoo **4.45** Mighty Mike **5.15** Hotel Transylvania **6.00** Gormiti 3D: The Herald of Gorm **6.25** NinjaGo: Hunted **6.50** Buck & Buddy **6.55** The Epic Tales of Captain Underpants: Cartoon adventures with George and Harold. **7.20** The Bagel and Becky Show **8.00** Drop Dead Weird **8.25** Bear Grylls Survival School **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:

8.15-8.30am Ben 10: Slapback **8.30-9.25** The Rubbish World of Dave Spud **11.55am-12.20pm** Scooby-Doo: Best of Shaggy **12.20-1.40pm** Be Cool, Scooby-Doo!

MONDAY-THURSDAY

6.00am Dino Dana **6.25** ToonMarty **6.50** Ben 10 **7.20** Craig of the Creek **7.45** Buck & Buddy **7.50** Mr Magoo **8.25** Scrambled! Bites **8.30** Be Cool, Scooby-Doo! **9.25** Mr Bean: The Animated Series **10.30** Mighty Mike **11.00** Hotel Transylvania **11.40** Dare Master **11.45** LEGO Jurassic World **12.10pm** Thunderbirds Are Go **12.35** Nicky, Ricky, Dicky & Dawn **1.00** Scrambled! Bites
1.05 Hunter Street **1.30** NinjaGo: Rise of the Spinjitzu Master **1.55** The Rubbish World of Dave Spud **2.30** Mr Magoo **3.00** Mr Bean: The Animated Series **4.10** Be Cool, Scooby-Doo! **5.00** Nicky, Ricky, Dicky & Dawn **5.30** Scrambled! Bites **5.35** Hunter Street **6.05** Ben 10 **6.35** Robozuna **7.05** LEGO Jurassic World **7.30** Buck & Buddy **7.35** The Rubbish World of Dave Spud **8.00** Spy School **8.30** The Haunted Hathaways **8.55-9.00pm** Dare Master

FRIDAY As Monday except:

8.55-9.25am Scooby-Doo's Ghosts **1.30-1.55pm** NinjaGo: Sons of Garmadon **4.35-5.00pm** Scooby-Doo's Ghosts

NICK JR

615 648 | 715 | 484

SATURDAY & SUNDAY

6.00am Paw Patrol: Animation following a squad of six heroic puppies. **6.30** Ben and Holly's Little Kingdom **7.00** Peppa Pig **7.30** The Adventures of Paddington **8.00** Paw Patrol **9.00** Ryan's Mystery Playdate **9.30** Blaze and the Monster Machines: A monster truck and his human driver go on adventures together while learning about science, technology, engineering and math. **10.00** Blue's Clues & You **10.30** Paw Patrol **11.30** The Adventures of Paddington
12.00noon Ben and Holly's Little Kingdom **12.30pm** Peppa Pig **1.00** Paw Patrol **3.30** Abby Hatcher **4.00** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **6.30** Peppa Pig **7.30** The Adventures of Paddington **8.30** Paw Patrol **9.00** Peppa Pig **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi: Milli, Geo and Bot entertain and educate younger viewers. **2.00** Dora the Explorer: Adventurous escapades with the diminutive heroine. **2.30** Paw Patrol **4.00** Blue's Clues & You **4.30** Blaze and the Monster Machines **5.00-6.00am** Paw Patrol

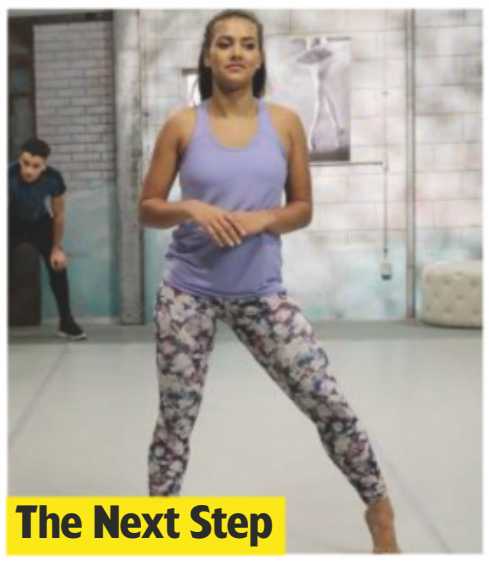
MONDAY-FRIDAY

6.00am Paw Patrol **6.30** Ben and Holly's Little Kingdom **7.00** Peppa Pig **7.30** The Adventures of Paddington New episode **8.00** Paw Patrol: Animated adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **8.30** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Paw Patrol **10.00** Ricky Zoom **10.30** Paw Patrol **11.00** The Adventures of Paddington **11.30** Butterbean's Cafe **12.00noon** Ben and Holly's Little Kingdom **12.30pm** Peppa Pig
1.30 Paw Patrol **3.30** Ricky Zoom **4.00** Calvin & Kaison's Play Power **4.15** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **5.30** Blue's Clues & You **6.00** Blaze and the Monster Machines **6.30** Peppa Pig: Cartoon adventures. **7.00** Calvin & Kaison's Play Power **7.15** Peppa Pig **7.30** Butterbean's Cafe **8.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies: Cartoon adventures with turbocharged Gil, leader Molly and drama queen Deema. **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Rusty Rivets **5.00-6.00am** Paw Patrol

+1 hour 628

Highlights

Tue, CBBC HD, 5pm
A New Zealand drama based on the *Pony Club Secrets* books, starring Macey Chipping as the new girl in town who joins a group of horse-mad friends.



Wed, CBBC HD, 5pm
The dance drama reaches its 200th episode, with A-Troupe losing their best dancer. Cast video chat parties are available on BBC iPlayer, too.

Coming soon

Muppets Now

The gang reunite for a colourful entertainment extravaganza

FIRST LOOK

It's time to play the music, it's time to light the lights with this exciting sneak peek at the latest outing for the Muppets.

In *Muppets Now*, airing on Disney+ from 31 July, Kermit, Miss Piggy, Fozzie Bear and co will take part in their first unscripted six-part series. It follows gofer Scooter as he tries his best to meet delivery deadlines and ensure that the episodes are ready to be uploaded. But along the way, he faces setbacks and challenges galore from his Muppet pals.

The series also sees each of the Muppets take a turn in the spotlight, with diva Miss Piggy offering lifestyle tips in her own inimitable style, while Dr Bunsen Honeydew and his assistant Beaker conduct a range of crazy experiments and Pepé the King Prawn and Uncle Deadly team up for a game show.

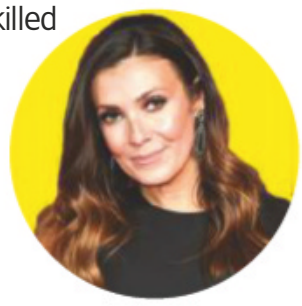
A range of famous faces will also guest star in the series and subject themselves to being interviewed by the Muppets, including Hollywood actor Seth Rogen, *Drag Race*'s RuPaul, *Dead to Me*'s Linda Cardellini, *Parks and Recreation*'s Aubrey Plaza and *Empire*'s Taye Diggs.

'The Muppets are getting together to make some fun things,' reveals Kermit. 'It's an incredible new show. It's going to be wild and funny and it's going to feature some new friends.'

WHAT'S NEXT FOR...

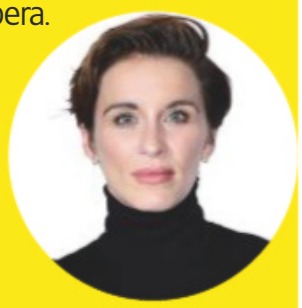
Kym Marsh

She will front Crime + Investigation's documentary **Murder at My Door**. The series examines cases in which people were killed in their own homes, and detectives and the victims' loved ones share fresh insight.



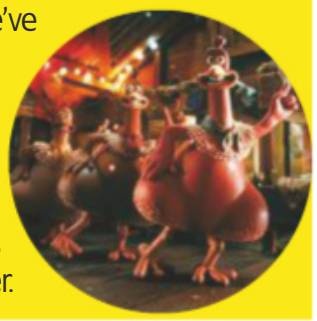
Coming Back

In BBC1's **Vicky McClure's Dementia Revolution**, the actor stages a concert with the English National Opera. 'I look forward to filling people's hearts with music,' says McClure.



Blistering Sky Atlantic thriller **Gangs of London**, which starred Joe Cole as the son of a mobster, returns for a second run in 2022. 'We're thrilled to continue this epic journey,' reveals executive producer Thomas Benski.

Netflix's sequel to the 2000 Aardman animated film **Chicken Run** will see the flock leave their island sanctuary to face a new threat. 'We've found the perfect story,' says Peter Lord, Aardman's co-founder.



Next week *On sale Tuesday 14 July*

In the Long Run

Idris Elba returns in Sky One's 80s-set comedy as Walter's mum (Ellen Thomas) arrives.

The Young Offenders

Rogues Jock (Chris Walley) and Conor (Alex Murphy) are back in the BBC3 Online comedy.

Madeleine McCann

A revealing ITV documentary looks into recent developments in the hunt for Madeleine.

FA Cup semi-finals

Catch all the thrilling behind-closed-doors action on BBC1 and BT Sport.

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